

Sexual and Reproductive Health Services Program STATISTICAL REPORT FOR JANUARY 1, 2024 TO DECEMBER 31, 2024

Minnesota Department of Health Sexual and Reproductive Health Services PO Box 64882 St. Paul, MN 55155-0882 651-201-3650 SRHS.MDH@state.mn.us www.health.state.mn.us

To obtain this information in a different format, call: #651-201-3650.

SEXUAL AND REPRODUCTIVE HEALTH SERVICES STATISTICAL REPORT

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Overview

Established by the Minnesota Legislature in 1978, the Family Planning Special Projects grant funds support essential pre-pregnancy sexual and reproductive health services for people with the least access, due to structural inequities. In 2023, the program name was changed to Sexual and Reproductive Health Services (SRHS). Grants are awarded to counties, cities, and non-profit organizations to provide services in communities throughout the state. SRHS funds can be used for public information, outreach, counseling, contraceptive method provision, and referrals and follow-up care. All data presented in the report reflects clients served in 2024; additional facts can be view on the <u>SRHS 2024 fact sheet</u>.

Outreach

Outreach activities include one-to-one and group activities designed to inform members of the target population about family planning and all family planning services available in the geographic area. This includes presentations at places such as group homes or colleges that provide factual information on reproductive and sexual health, including pregnancy prevention and all contraceptive methods. It also includes meeting individuals at events such as health fairs and providing information on a one-to-one basis.

Number of people served by both group and one to one meetings: 145,073

Number of group sessions convened: 4,604

Counseling

Contraceptive counseling means providing, on an individual basis, of factual information on pregnancy planning and all contraceptive methods, and the use of non-directive interview techniques to promote optimum health relative to pregnancy planning and contraception.

Unduplicated number of clients receiving family planning counseling services by age and self-reported gender, for whom a client chart exists, 2024.

Age	Female	Male	Trans/nonbinary*	Total
14 and under	195	51	12	258
15 – 17	1,862	343	44	2,249
18 - 19	2,034	389	104	2,527
20 – 24	5,595	959	275	6,829
25 – 29	3,913	692	216	4,821
30 – 34	2,915	483	94	3,492
35 – 39	1,971	384	28	2,383
40 – 44	1,271	285	9	1,565
45 and over	1,128	573	7	1,708
Age Unknown	1	3	3	7
TOTAL	20,885	4,162	792	25,839

*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

Contraceptive method services

Method services means providing a client with their contraceptive method of choice, following counseling.

Unduplicated clients by primary method and age, 2024

Primary Method	<15	15- 17	18- 19	20- 24	25- 29	30- 34	35- 39	40- 44	>44	Age Unknown	Total
Tubal ligation/occlusion	0	0	0	1	13	21	27	34	62	0	158
IUD - copper	1	10	38	119	107	108	66	44	25	0	518
IUD - hormonal	5	73	138	336	239	177	123	87	53	0	1,231
Implant	21	195	218	510	380	270	141	75	34	1	1,845
Depo-Provera	31	277	259	586	455	328	246	190	147	0	2,519
Oral contraceptive pills	63	509	520	1127	740	474	295	209	124	0	4,061
Hormonal patch	9	129	98	172	105	70	40	21	5	0	649
Vaginal ring	0	37	27	100	63	47	26	16	6	0	322
Internal condom ("female" condom)	0	20	9	19	7	8	3	3	7	150	226
Cervical cap/diaphragm	0	0	0	0	1	1	0	0	0	0	2
Fertility awareness methods	0	0	2	15	17	11	6	2	0	6	59
Sponge	0	0	0	0	0	0	0	0	0	0	0
Emergency Contraception Pill (ECP) as only method	20	285	293	699	212	102	62	15	16	0	1,704
Spermicide used alone	0	0	0	1	0	2	1	0	0	0	4
Withdrawal	0	13	22	101	89	48	22	19	8	0	322
Other method	1	11	32	101	94	80	76	46	77	60	578
Vasectomy	0	0	0	6	5	8	3	3	5	0	30
External condom ("male" condom)	29	473	484	1,239	839	474	284	184	206	1,508	5,720
Abstinence	6	15	20	77	82	54	44	35	34	0	367
Total	186	2,047	2,160	5,209	3,448	2,283	1,465	983	809	1,725	20,315

^{*}This may include patients who wish to become pregnant or who are not at risk for pregnancy.

Percent of total methods that were long-acting reversible contraceptives (LARC) = 17.7%

Total Number of Unduplicated Clients Served: 20,315

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Total number of emergency contraception pills (ECP) provided by age, 2024

Emergency Contraception	<15	15- 17	18- 19	20- 24	25- 29	30- 34	35- 39	40- 44	>44	Unknown Age	Total
Progestin-only pills (e.g., Plan B)	77	1272	1868	3980	1981	1177	600	331	286	1015	12,587
Ulipristal acetate pills (Ella)	2	261	469	1428	1004	561	293	104	82	0	4,204
Total ECP	79	1,533	2,337	5,408	2,985	1,738	893	435	368	1,015	16,791

Percent of total number of contraceptive clients by ethnicity and race, 2024

Race/Ethnicity	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Hispanic**
Total	40.3%	18.82%	2.98%	4.61%	0.26%	3.8%	29.24%	29.48%

Unduplicated female contraceptive clients by ethnicity, race and age, 2024

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Total	Hispanic**
14 and under	63	45	8	11	1	6	23	157	46
15 - 17	599	485	73	191	6	77	368	1799	449
18 - 19	776	431	67	125	6	84	346	1835	454
20 - 24	1,910	876	138	218	12	234	1,006	4394	1345
25 - 29	1,341	447	90	120	4	114	762	2878	1147
30 - 34	888	287	58	89	3	69	539	1933	751
35 - 39	597	170	38	41	4	38	348	1236	509
40 - 44	402	108	35	28	0	16	238	827	390
45 and over	304	73	16	27	2	16	173	611	299
Age Unknown	0	0	0	0	0	0	174	174	0
Total (All Ages)	6,880	2,922	523	850	38	654	3,977	15,844	5,390

^{**}Patients identifying as Hispanic may also identify as another racial identity.

Unduplicated male clients by ethnicity, race and age, 2024

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Total	Hispanic**
14 and under	6	6	1	0	0	0	17	30	16
15 - 17	77	102	10	4	0	9	71	273	65
18 - 19	72	87	13	5	1	10	54	242	58
20 - 24	210	256	6	11	3	23	92	601	112
25 - 29	152	169	9	12	1	15	75	433	94
30 - 34	108	110	9	14	1	10	35	287	62
35 - 39	112	57	10	8	2	5	22	216	48
40 - 44	75	33	6	5	1	2	24	146	28
45 and over	110	59	13	9	4	0	23	218	61
Age Unknown	1	0	0	0	0	0	1,492	1,493	0
Total (All Ages)	923	879	77	68	13	74	1,905	3,939	544

^{**}Patients identifying as Hispanic may also identify as another racial identity.

Unduplicated clients who identify as trans* by ethnicity, race and age, 2024

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Total	Hispanic
14 and under	5	1	1	0	0	0	1	8	1
15 - 17	22	1	0	2	0	4	5	34	7
18 - 19	51	4	1	3	0	7	2	68	2
20 - 24	132	8	1	5	0	12	16	174	18
25 - 29	111	5	2	7	0	13	11	149	18
30 - 34	44	3	1	2	1	5	2	58	5
35 - 39	12	1	0	0	0	2	0	15	2
40 - 44	4	0	0	0	0	0	1	5	0
45 and over	0	0	0	0	0	0	1	1	1
Age Unknown	0	0	0	0	0	0	20	20	0
Total (All Ages)	381	23	6	19	1	43	59	532	54

^{*}Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

Chlamydia screening

Unduplicated clients tested for chlamydia by age and gender, 2024

Age Group	Females	Males	Trans/nonbinary*	Total
14 and under	172	64	4	240
15-17	1,618	529	29	2,176
18-19	1,535	517	58	2,110
20-24	3,964	1,239	285	5,488
25 and over	7,396	3,797	520	11,713
Unknown Age	11	0	80	91
Total Tests	14,696	6,146	976	21,818

^{*}Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

Unduplicated clients who tested positive for chlamydia by age and gender, 2024

Age Group	Females	Males	Trans/nonbinary*	Total
14 and under	12	0	0	12
15-17	188	81	1	270
18-19	208	91	3	302
20-24	373	197	5	575
25 and over	266	224	11	501
Unknown Age	0	0	1	1
Total Positives	1,047	593	21	1,661

^{*}Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

Percent of Chlamydia tests that were positive: 7.7%

Income level

Unduplicated clients by income level, 2024

Income Level is calculated using the Federal Poverty Guidelines produced annually by the Department of Health and Human Services (HHS).¹

Income levels	Number of clients	Percent of total
Under 100%	10,674	53%
101-150%	2288	11%
151-200%	1934	10%
201-250%	974	5%
Over 250%	971	5%
Unknown	3,474	17%
Total	20,3015	-

¹ For updated poverty guidelines, visit the U.S. Department of Health and Human Services' website at <u>2022 Poverty Guidelines | ASPE (hhs.gov)</u>