

Harm Reduction Assessment

Overview

- Every drug use circumstance is unique.
- Each drug use circumstance has different conditions and different strategies to reduce the harms of the drug use.
- Overdose prevention means preventing the harms associated with each unique drug use circumstance.
- Even if you have talked to a client about overdose prevention in general, there is benefit in speaking about each drug use circumstance.



Exploring the Condition of Use



DRUG:

- What type of drug(s) is/are being used?
- In what manner (e.g., smoke, snort, inject, bump)?
- What is it cut with?



SETTING:

- What is the environment like (e.g., party, with a few friends, on the street, alone)?
- How do others feel about their use?
- What do they anticipate will happen?



BODY:

- What is their tolerance?
- How is their emotional well-being?
- How much sleep have they gotten lately?
- What is the headspace that they are using in?