

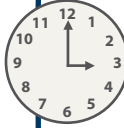
# Kev Tshuaj Ntsuam Xyuas Me Nyuam Yug Tshiab

## Nws ua hauj lwm li cas?



Koj tus me nyuam  
yug los lawm!

tom qab yug  
24-48 teev



3 qhov kev kuaj uas tau ua  
tiav los kuaj xyuas koj tus  
me nyuam txoj kev noj qab  
haus huv:



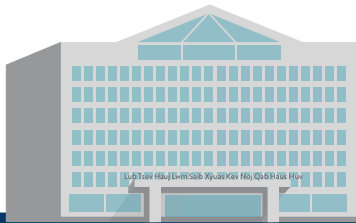
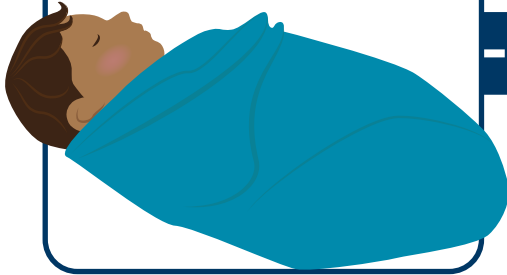
Kev tshuaj ntsuam xyuas kev hnov lus



Kev tshuaj ntsuam xyuas lub plawv



Kev tshuaj ntsuam xyuas cov tee ntshav



### Kev tshuaj ntsuam xyuas cov tee ntshav

siv sij hawm li ob peb hnuv. Koj tus me nyuam cov tee ntshav qhuav yuav raug xa mus rau Minnesota Lub Tsev Hauj Lwm Saib Xyuas Kev Noj Qab Haus lub chav kuaj mob rau kev kuaj.

Kev tshuaj ntsuam xyuas kev hnov lus thiab kev tshuaj ntsuam xyuas lub plawv tsuas yog siv sij hawm li ob peb hnuv xwb. Nug koj tus me nyuam mos cov txiaj ntsig kuaj tau los thaum kuaj tiav.



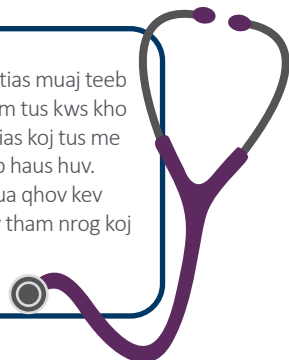
Nyob rau ntawm chav kuaj, cov tee ntshav yuav raug txiaj ua ntau voj me-me rau txhua qhov kev kuaj. Koj tus me nyuam mos **yuav tau txais kev kuaj xyuas kev noj qab haus huv ntau tshaj li 60 yam mob.**



**Cov Txiaj Ntsig Tau Los Pom Tias Tsis Muaj Mob:** Yog tias txhua yam zoo, cov txiaj ntsig tau los yuav raug xa mus rau koj tus me nyuam tus kws kho mob. Nug koj tus me nyuam mos cov txiaj ntsig kuaj tau los thaum coj tus me nyuam yug tshiab mus ntsib kws kho mob thawj zaug!



**Cov Txiaj Ntsig Tau Los Pom Tias Muaj Mob:** Yog tias muaj teeb meem, lub chaw kuaj mob yuav hu rau koj tus me nyuam tus kws kho mob. Kev tshuaj ntsuam tsuas tuaj yeem qhia peb yog tias koj tus me nyuam mos tej zaum yuav muaj teeb meem kev noj qab haus huv. Peb yuav tsis paub meej txog thaum cov kws kho mob ua qhov kev kuaj ntau dua. Koj tus me nyuam tus kws kho mob yuav tham nrog koj txog yam yuav tsum tshwm sim tom ntej.



# Keu Tshuaj Ntsuam Xyuas Tom Qab Tus Me Nyuam Yug Tshiab

Yuav muaj dab tsi tshwm sim rau cov tee ntshav uas seem thiab cov txiaj ntsig tau los?

Cov niam txiv tuaj yeem xaiv tias yuav tshwm sim dab tsi nrog cov tee ntshav uas seem thiab cov txiaj ntsig tau los.



Txhua cov tee ntshav nws me dua qhov loj ntawm lub nyiaj npib.

## Qhov Kev Xaiv A: Qhov Chaw Khaws Cia

Cov tee ntshav uas seem thiab cov txiaj ntsig yuav raug muab khaws cia kom ruaj ntseg ntawm Minnesota Lub Tsev Hauj Lwm Saib Xyuas Kev Noj Qab Haus Huv.

Qhov no yog yam uas tshwm sim ua ntej ntawd yog tias koj tsis xaiv **Qhov Kev Xaiv B** los sis **Qhov Kev Xaiv C**.

## Qhov Kev Xaiv B: Qhov Chaw Khaws Cia + Kev Tshawb Fawb

Koj tuaj yeem xaiv kom tau txais koj tus me nyuam cov tee ntshav uas seem thiab cov ntaub ntawv tsis qhia npe siv hauv kev tshawb fawb txog kev noj qab haus huv rau pej xeem.

Txhawm rau xaiv qhov kev xaiv no, koj yuav tsum txais kev tso cai los ntawm kev kos npe rau daim ntawv tso cai pom zoo.

## Qhov Kev Xaiv C: Kev Rhuav Tshem los sis Xa Rov Qab

Cov tee ntshav uas tseem tshuav thiab cov ntaub ntawv tuaj yeem raug rhuav tshem tom qab kev kuaj tau ua tiav los sis koj tuaj yeem xa nws rov qab tuaj rau koj.

Yog tias koj xaiv qhov kev xaiv no, cov tee ntshav yuav tsis muaj rau kev kuaj yog tias koj los sis koj tus kws kho mob xav tau nws.

Yog tias koj xaiv **Qhov Kev Xaiv A: Qhov Chaw Khaws Cia** los sis **Qhov Kev Xaiv B: Qhov Chaw Khaws Cia + Kev Tshawb Fawb**, koj tuaj yeem hloov koj lub siab thiab xaiv qhov kev xaiv sib txawv txhua lub sijhawm. Tsuas yog tiv tauj rau Lub Tsev Hauj Lwm Saib Xyuas Kev Noj Qab Haus Huv.



Thov daim foos uas xav tau rau koj tus kws kho mob, tus kws tu neeg mob, los sis tus kws yug me nyuam rau **Qhov Kev Xaiv B: Qhov Chaw Khaws Cia + Kev Tshawb Fawb** los sis **Qhov Kev Xaiv C: Kev Rhuav Tshem los sis Xa Rov Qab**. Tuaj yeem nrhiav cov foos hauv online ntawm [www.health.state.mn.us/newbornscreening](http://www.health.state.mn.us/newbornscreening).

Keu khaws cov teev ntshav uas tseem tshuav thiab cov txiaj ntsig tau los ntawm Lub Tsev Hauj Lwm Saib Xyuas Kev Noj Qab Haus Huv tuaj yeem pab tau, txhawm rau:

**Keu Txhim Kho Kev Kuaj:** Txhawm rau kom ntseeg tau tias peb pom txhua tus me nyuam mos uas yuav muaj teeb meem txog kev noj qab haus huv no, peb yuav tsum xyuas kom meej tias peb cov kev kuaj thiab cov cuab yeej siv tau ua hauj lwm raws li lawv qhov yuav tsum tau ua. Cov txheej txheem no yog hu ua kev tswj xyuas los sis kev lav ris qhov ua tau zoo.

**Cov Kev Xav Tau Ntawm Tsev Neeg:** Qee tsev neeg thov kom lawv ua kev kuaj tom qab seb lawv tus me nyuam puas muaj mob. Kev saib cov tee ntshav tuaj yeem pab qhia tau tias qee yam uas tshwm sim ua rau tus me nyuam mob thaum yug los.

**Keu Txhim Kho Kev Kuaj Tshiab:** Peb siv lawv los pab tsum kho cov kev kuaj tshiab kom cov me nyuam mos uas muaj lwm yam teeb meem txog kev noj qab haus huv tuaj yeem nrhiav pom thiab kho tau thaum ntxov. Tag nrho cov tee ntshav uas tau siv los kuaj tshiab tsis qhia npe, txhais tau hais tias tus me nyuam lub npe, hnub yug, los sis lwm yam ntaub ntawv uas txheeb xyuas tsis txuas nrog cov tee ntshav.



## Puas xav paub ntau ntxiv?

Hu rau peb: 1-800-664-7772

Email rau peb: [health.newbornscreening@state.mn.us](mailto:health.newbornscreening@state.mn.us)

Mus saib peb: [www.health.state.mn.us/newbornscreening](http://www.health.state.mn.us/newbornscreening)

Soj qab taug lw peb:



Xav tau cov ntaub ntawv no ua lwm hom, hu rau (800) 664-7772



Luam tawm rau ntawm daim ntawv uas raug tsum rov qab los siv dua tau