

# Kev Kuaj Pom Muaj Mob:

Kev Ceeb Toom Txog Yam Kuaj Pom Ntawm Qhov Kev Kuaj Xyuas Qauv Ntshav

Khoos Kas Kuaj Xyuas  
Menyuam Mos Hauv  
Minnesota



Elevated C5 Acylcarnitine, Family Fact Sheet—Hmong

## Kev Nce Siab ntawm C5 Acylcarnitine

### Pom muaj dab tsi saum qhov kev kuaj xyuas menyuam mos?

Qhov kev kuaj xyuas menyuam mos uas sau tau thaum yug los tau pom tias koj tus menyuam muaj qib C5 acylcarnitine nce siab.

### Qhov no txhais tau li cas?

Cov qib C5 acylcarnitine uas nce siab tuaj yeem qhia tau tias koj tus menyuam muaj teeb meem kev ua kom khoom noj yaj. Yog tias koj tus menyuam muaj qhov teeb meem kev ua kom khoom noj yaj, yuav tsum tau muaj kev kuaj ntxiv kom paub seb nws yog hom twg ntawm teeb meem kev ua kom khoom noj yaj. Cov teeb meem kev ua kom khoom noj yaj tau uas muaj ntau tshaj plaws uas muaj qib C5 acylcarnitine nce siab yog isovaleric acidemia (IVA) thiab kev muaj cov acyl-CoA dehydrogenase luv/ceg (short/branched chain acyl-CoA dehydrogenase, SBCAD) tsis txaus. Qhov kev kuaj pom muaj mob tsis tau txhais hais tias koj tus menyuam muaj IVA, kev muaj SBCAD tsis txaus, lossis lwm yam teeb meem kev ua kom khoom noj yaj, tab sis yuav tau kuaj ntxiv kom paub tseeb.

### Yuav muaj dab tsi tshwm sim txuas ntxiv mus?

Koj tus menyuam tus kws kho mob lossis tus kws kho mob tshwj xeeb sab kev ua kom khoom noj yaj tau yuav pab npaj rau kev kuaj ntxiv. Ib tug kws kho mob tshwj xeeb sab kev ua kom khoom noj yaj tau los kuj yuav ntsib koj tus menyuam thiab.

### Kev muaj IVA thiab SBCAD tsis txaus yog dab tsi?

Kev muaj IVA thiab SBCAD tsis txaus yog ib feem ntawm cov teeb meem uas hu ua cov teeb meem kua tom yaj tau. Nrog kev muaj IVA thiab SBCAD tsis txaus, lub cev tsis muaj peev xwm zom tau qee cov protein los ntawm cov khoom noj. Thaum lub cev tsis muaj peev xwm zom tau cov protein no, ces nws tuaj yeem ua rau muaj cov tshuaj txhaum uas muaj kev puas tsuaj los tsim thiab ua rau muaj teeb meem kev noj qab haus huv.

### Nws yuav tuaj yeem ua rau muaj teeb meem kev noj qab haus huv dab tsi?

Qee leej menyuam uas muaj IVA kuj muaj teeb meem kev noj qab haus huv tsawg, tab sis qee leej yuav muaj cov teeb meem loj heev. Yog tias tsis kho, nws tuaj yeem ua rau:

- Noj mis tsis zoo
- Kev pw tsaug zog
- Kev ntuav
- Kev tsaus muag

Muaj tsawg leej menyuam heev uas muaj SBCAD tsis txaus uas yuav muaj teeb meem kev noj qab haus huv. Cov teeb meem kev noj qab haus huv uas muaj feem yuav muaj xws li:

- Ntshav qab zib tsawg
- Kev pw tsaug zog
- Noj mis tsis zoo

**Cov neeg uas muaj SBCAD tsis txaus feem ntau uas yog caj ces Neeg Hmoob thiab tsis muaj teeb meem kev noj qab haus huv.**

Cov menyuam uas muaj cov teeb meem no tuaj yeem tau txais txiaj ntsig los ntawm kev kho sai thiab muaj kev ceev faj.

### Cov kev xaiv ntawm kev kho mob yog muaj dab tsi?

Txawm hais tias kev muaj IVA thiab SBCAD tsis txaus yog yam tsis muaj peev xwm kho kom zoo tu qab tau los yeej tuaj yeem kho tau qee yam. Kev kho mob rau qhov muaj IVA thiab SBCAD tsis txaus (yog tias tsim nyog) yuav muaj cov khoom noj uas muaj protein tsawg.

Cov menyuam uas muaj IVA thiab SBCAD tsis txaus yuav tsum mus ntsib lawv tus kws kho mob ib txwm thiab tus kws kho mob tshwj xeeb sab kev ua kom khoom noj yaj.

## Cov Kev Pab Txhawb

Ntaub Ntawv Pov Thawj Tom  
Tsev Hais Txog Caj Ceg:  
<http://ghr.nlm.nih.gov>

Cawm Menyuam Mos Raws Kev Pab Kuaj Xyuas:  
[www.savebabies.org](http://www.savebabies.org)

Tus Me Nyuam Mos Qhov  
Kev Kuaj Thawj Zaug:  
[www.babysfirsttest.org](http://www.babysfirsttest.org)