

Kev Kuaj Pom Muaj Mob:

Kev Ceeb Toom Txog Yam Kuaj Pom Ntawm Qhov Kev Kuaj Xyuas Qauv Ntshav

Khoos Kas Kuaj Xyuas
Menyuam Mos Hauv
Minnesota



Elevated IRT and 1 CFTR Variant Identified, Family Fact Sheet—Hmong

Cov Trypsinogen Twv Nrog Kev Tiv Thaiv Kab Mob Nce Siab (IRT) thiab 1 CFTR Yam Hloov Uas Taw Qhia

Pom muaj dab tsi saum qhov kev kuaj xyuas menyuam mos?

Qhov kev kuaj xyuas menyuam mos uas sau tau thaum yug tau pom tias koj tus menyuam muaj qib IRT siab. IRT yog ib hom protein uas yog cov txiav tsim tawm. IRT tuaj yeem nce siab nyob rau ntau yam laj thawj, uas xam muaj kab mob cystic fibrosis (CF). Vim tias IRT tau nce siab, yog li ntawd koj tus menyuam cov qauv ntshav yuav raug muab kuaj saib 39 yam kev hloov pauv uas muaj ntau tshaj plaws (cov kev hloov) rau cov roj ntsha uas ua rau muaj CF (roj ntsha CFTR). Tau tshawb pom tias koj tus menyuam muaj ib yam kev hloov pauv hauv cov roj ntsha cystic fibrosis.

Qhov no txhais tau li cas?

Thaum tsuas pom muaj ib yam kev hloov pauv hauv cov roj ntsha cystic fibrosis nkaus xwb, ces feem ntau yog koj tus menyuam yuav yog ib tug neeg coj CF (tsis raug cuam tshuam). Ob yam kev hloov pauv hauv cov roj ntsha cystic fibrosis yog yam tsim nyog muaj los mus tsim CF kom nws thiaj muaj feem tsawg rau qhov uas koj tus menyuam muaj cystic fibrosis (cuam tshuam). Vim tias qhov kev kuaj xyuas menyuam mos yuav tsis kuaj txog txhua yam kev hloov pauv hauv cov roj ntsha cystic fibrosis, yog li ntawd nws tseem muaj feem hais tias koj tus menyuam muaj ib qhov hloov pauv thib ob hauv nws cov roj ntsha cystic fibrosis uas yuav ua rau muaj CF tau.

Yuav muaj dab tsi tshwm sim txuas ntxiv mus?

Koj tus menyuam tus kws kho mob yuav pab npaj kom muaj kev kuaj ntxiv nyob rau ntawm lub chaw kho mob cystic fibrosis nrog cov kws paub txog CF zoo. Cov kws kho mob tshwj xeeb yuav ua qhov kev kuaj hws kom paub hais tias koj tus menyuam puas muaj CF. Kev kuaj hws ntxim li yuav raug muab teev sijhawm rau thaum koj tus menyuam muaj hnuv nyooq li ntawm ib hlis. Cov menyuam mos hnuv nyooq qis dua ib hlis tsis tshua tawm hws zoo, yog li ntawd zoo dua mas yuav tau tos kom txog thaum tus menyuam muaj hnuv nyooq ntau me ntsis. Koj yuav tuaj yeem nrog tus kws pab tswv yim sab roj ntsha tham txog lub ntsiab lus ntawm cov kev kuaj pom rau koj tsev neeg.

Kab mob cystic fibrosis yog dab tsi?

CF yog ib yam kab mob uas ua rau cov hnoos qeev tuab, nplaum muaj ntau tuaj. Cov hnoos qeev no tuaj yeem ua rau muaj teeb meem kev ua pa thiab mob ntsws. Cov hnoos qeev no kuj tseem tuaj yeem ua rau lub cev zom zaub mov nyuaj dua tuaj thiab.

Nws yuav tuaj yeem ua rau muaj teeb meem kev noj qab haus huv dab tsi?

CF nyob rau ntawm txhua tus menyuam muaj qhov sib txawv. CF yog ib yam kab mob nyob mus ib txhis uas tej zaum kuj yuav ua rau muaj teeb meem kev noj qab haus huv loj thiab. Cov menyuam uas muaj CF tuaj yeem tsim muaj:

- Qhov hnyav nce tsis zoo
- Qhov raws plab ua ntswg lej lossis muaj roj nplau
- Kev loj hlob tsis zoo
- Hnoos thiab hawb pob
- Mob ntsws

Cov menyuam uas muaj CF tuaj yeem tau txais txiaj ntsig pab los ntawm kev kho sai thiab muaj kev ceev faj.

Cov kev xaiv ntawm kev kho mob yog muaj dab tsi?

Txawm hais tias CF yog yam mob uas tsis tuaj yeem kho kom zoo tu qab tau los yeej kho tau cov yam ntxwv mob. Cov kev kho mob uas muaj feem kho tau muaj xws li:

- Siv cov tshuaj enzyme los pab ua kom nqus tau zaub mov zoo dua
- Noj cov khoom noj uas ua rau muaj dag zog, muaj calorie siab
- Cov vitamin
- Cov tshuaj tiv thaiv kab mob thiab pab rau kev ua pa
- Cov hauv kev pab ua kom tshem tau cov hnoos qeev tawm ntawm lub ntsws mus

Cov menyuam uas muaj CF yuav tsum mus ntsib lawv tus kws kho mob yam xwm yeem thiab tus kws kho mob uas paub txog tus kab mob CF zoo.

Cov Kev Pab Txhawb

Ntaub Ntawv Pov Thawj Tom
Tsev Hais Txog Caj Ceg:
<http://ghr.nlm.nih.gov>

Cawm Menyuam Mos Raws Kev Pab Kuaj Xyuas:
www.savebabies.org

Tus Me Nyuam Mos Qhov
Kev Kuaj Thawj Zaug:
www.babysfirsttest.org