

Yam Kuaj Pom Ntawm Ciam:

Khoos Kas Kuaj Xyuas
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Kev Ceeb Toom Txog Yam Kuaj Pom Ntawm Qhov Kev Kuaj Xyuas Qauv Ntshav



Borderline Elevation of TSH, Family Fact Sheet—Hmong

Cov Hormone Txhawb Thyroid (TSH) Siab Dua Tus Ciam

Pom muaj dab tsi saum qhov kev kuaj xyuas menyuam mos?

Qhov kev kuaj xyuas menyuam mos uas sau tau thaum yug los pom tau tias koj tus menyuam muaj qib TSH siab me ntsis.

Qhov no txhais tau li cas?

Cov TSH uas siab dua tus ciam yog yam muaj ntau thiab koj tus menyuam yeej yuav muaj dag zog zoo. Txawm li cas los xij, nws yeej muaj feem hais tias tej zaum koj tus menyuam tuaj yeem muaj cov thyroid (CH) raws roj ntsha los muaj thiab. CH yog ib hom kab mob thyroid. Yam kuaj pom ntawm ciam tsis tau txhais hais tias koj tus menyuam muaj kab mob thyroid, tab sis yuav tsum tau kuaj ntxiv kom paub tseeb.

Yuav muaj dab tsi tshwm sim txuas ntxiv mus?

Koj tus menyuam tus kws kho mob yuav thov kom muaj kev kuaj ntxiv. Feem ntau yuav muaj ob qhov chaw kuaj mob ntawm koj tus menyuam lub chaw kho mob. Ob lub chaw kuaj mob no hu ua TSH thiab T4 (thyroxine) pub dawb. Nws yog qhov muaj feem uas lawv tsuas thov qhov kev kuaj xyuas menyuam mos zaum ob xwb. Feem ntau qhov kev kuaj rov qab kuaj dua yuav rov qab los zoo li ib txwm muaj lawm.

Yog tias cov kev kuaj pom los ntawm qhov kev kuaj ntxiv no tawm los zoo li qhov ib txwm muaj, ces tsis tas yuav muaj kev kuaj lossis kev kho mob dab tsi ntxiv lawm.

Yog tias cov kev kuaj pom ntawm qhov kev kuaj ntxiv no tseem nce siab, ces koj tus menyuam tus kws kho mob yuav qhia rau koj paub tias yuav tsim nyog muaj kev kuaj lossis kev kho li cas ntxiv. Koj yuav tsum raug xa mus rau tus kws kho mob endocrine menyuam yaus uas saib xyuas cov menyuam yaus uas muaj kab mob thyroid.

Kab mob hypothyroid raws roj ntsha (Congenital hypothyroidism, CH) yog dab tsi?

CH yog ib tug mob tshwm sim hauv tus menyuam thaum yug los uas cuam tshuam rau lub cev cov qog thyroid, uas yog ib yam khoom nruab nrog cev me-me hauv lub caj dab theem qis. Lub qog thyroid yuav tsim cov hormone thyroid. Cov neeg uas muaj CH yuav tsis tuaj yeem tsim tau cov hormone thyroid kom txaus. Cov hormone thyroid uas tsim nyog muaj rau kev loj hlob thiab kev paub tab yam muaj dag zog.

Nws yuav tuaj yeem ua rau muaj teeb meem kev noj qab haus huv dab tsi?

CH yog ib tug mob nyob mus tag ib txhis. Yog tias tsis kho, nws tuaj yeem ua rau:

- Daj ntseg (tawv nqaij daj lossis ob lub qhov muag dawb)
- Cov nqaij tsis muaj zog
- Muaj kev tsis taus sab kev kawm paub
- Muaj kev loj hlob qeeb thiab rog qeeb

Cov menyuam yaus uas muaj CH tuaj yeem tau txais txiaj ntsig los ntawm kev kho sai thiab muaj kev ceev faj.

Cov kev xaiv ntawm kev kho mob yog muaj dab tsi?

Txawm hais tias CH yog yam uas tsis tuaj yeem kho kom zoo tu qab tau los yeej tuaj yeem kho tau qee yam. Hom kev kho mob uas muaj ntau tshaj plaws rau CH yog cov tshuaj uas hloov cov hormone thyroid uas tsis tuaj yeem muab ua kom yog. Yog tias muab kho ua ntej yuav muaj cov yam ntxwv mob, ces cov menyuam tuaj yeem muaj kev loj hlob thiab kev paub tab yam muaj dag zog.

Cov menyuam uas muaj CH yuav tsum mus ntsib lawv tus kws kho mob yam xwm yeem thiab tus kws kho mob uas paub zoo txog tus kab mob thyroid (tus kws kho mob endocrine).

Cov Kev Pab Txhawb

Ntaub Ntawv Pov Thawj Tom
Tsev Hais Txog Caj Ceg:
<http://ghr.nlm.nih.gov>

Cawm Menyuam Mos Raws Kev Pab Kuaj Xyuas:
www.savebabies.org

Tus Me Nyuam Mos Qhov
Kev Kuaj Thawj Zaug:
www.babysfirsttest.org