

Learn more about your child with Minnesota's

# Follow Along Program

- Every few months, you will get a form asking how your child is playing, talking, growing, moving and acting.
- Fill out the form and send it back to us.
- You will get the results with fun activities for you and your child to do together.
- If there are any concerns, we'll get in touch with you and work together on next steps.



For questions about the program or to have an enrollment form mailed to you, call 1-800-728-5420 or email [health.cyshn@state.mn.us](mailto:health.cyshn@state.mn.us).

**Sign up online today! It's free!**  
[www.health.state.mn.us/mnfap](http://www.health.state.mn.us/mnfap)

