

Longitudinal Follow-up for Newborn Screening Conditions

What is Longitudinal Follow-up?

The Minnesota Department of Health (MDH) Longitudinal Follow-up program collaborates with families, healthcare providers, educators, local public health nurses, community organizations and others to develop and maintain a systems-based approach to understand and promote health and well-being after children are confirmed to have a condition included in Minnesota Newborn Screening.

What are the goals of Longitudinal Follow-up?

- Ensure information, services, and supports for families are accessible, timely, and effective.
- Advance understanding of outcomes for children with conditions included in Minnesota Newborn Screening through the collection, integration, and evaluation of key data.
- Evaluate and build newborn screening system capacity and promote equitable access to interventions.

How are families connected to information and resources?

- MDH sends information and resources after their child is confirmed to have a condition included in Minnesota Newborn Screening.
- MDH refers children to family supports, including Minnesota local public health. A local Public Health Nurse (PHN) then attempts to connect with the family to assess and share additional information and resources of interest.
 - Topics and resources that may be discussed include, but are not limited to: financial assistance, medical insurance, transportation, housing, food and nutrition, and childcare.
- Longitudinal Follow-up activities are offered at no cost to families. Families may choose to decline participation at any time.

Scan the QR code to review MDH information and resources available to families.



www.health.state.mn.us/cyshn

For More Information

For questions about this fact sheet or to obtain this information in a different format, call 651-201-3650 or 800-728-5420. You may also email health.cyshn@state.mn.us.

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