



Learn more about your child with Minnesota's



Follow Along Program

- Every few months, you will get a form asking how your child is playing, talking, growing, moving, and acting.
- Fill out the form and send it back to us.
- You will get the results with fun activities for you and your child to do together.
- If there are any concerns, we'll get in touch with you and work together on next steps.



Sign up online today!
It's FREE!

www.health.state.mn.us/mnfap

For questions or to have an enrollment form mailed to you, call 1-800-728-5420 or email health.cyshn@state.mn.us.

You can also contact your local program coordinator at:

