



Supportive Systems

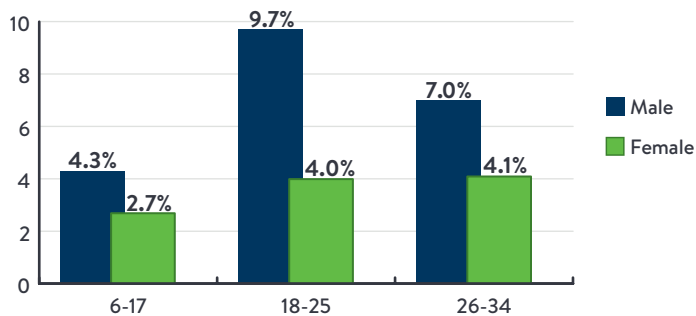
EQUITABLE AND SUPPORTIVE SYSTEMS

Systems and structures to support adolescents must be well-resourced and coordinated to be effective. It is important to ensure that Minnesota has a **structure** that supports a comprehensive network of adolescent health resources.

For example, youth without insurance have less access to needed health care services. Adolescents (ages 10-25) who are uninsured report their mental health was not good **two times** as many days as adolescents on private insurance. These numbers are similar for physically unhealthy days.



Young adult men ages 18-25 were the group **most likely not to have health insurance** coverage in Minnesota (2021).



In school districts where

40%

or more of students are eligible for free and reduced lunches...

students are

3x

less likely to have access to nursing or health services in schools.

School-based health centers

A comprehensive **school-based health center** is a safety net health care delivery model located in or near a school facility and that offers comprehensive medical care, including preventive and behavioral health services.

Characteristics

- In or near a school.
- Serves students first.
- Ensures equity by turning no child away for their ability to pay.
- Eases access to care that helps kids learn and communities thrive.

For more information, read the complete [Adolescent Health Data Book](http://www.health.state.mn.us/people/adolescent/youth/databook.html) (www.health.state.mn.us/people/adolescent/youth/databook.html).

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