



Health Literacy

ACCESS TO HIGH-QUALITY, YOUTH-FRIENDLY
HEALTH CARE AND INFORMATION

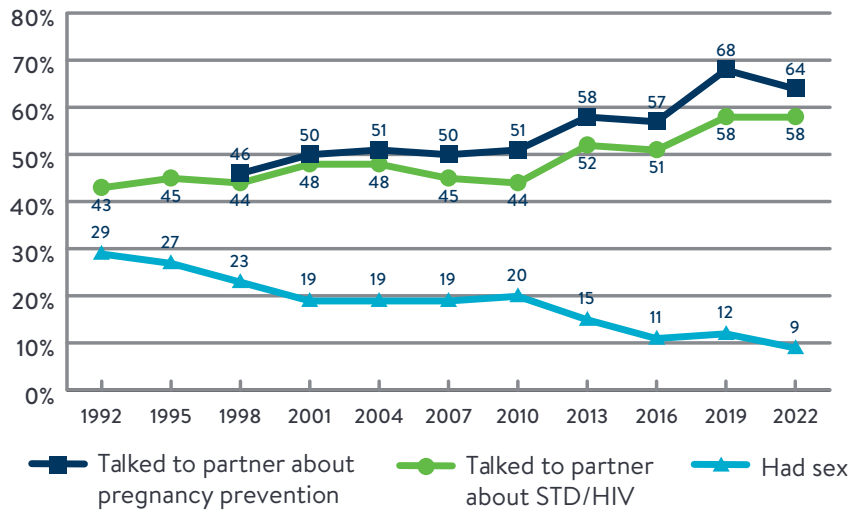
Sexual and reproductive health

The rate of sexual activity among adolescents is declining, while the rates of talking to partners are increasing.

Two-thirds of all ninth and 11th graders who completed the Minnesota Student Survey report that they had never had sex.

Health education

- Delays sexual activity.
- Lowers teen pregnancy and birth rates.
- Increases access to confidential contraception and STI testing for minors.



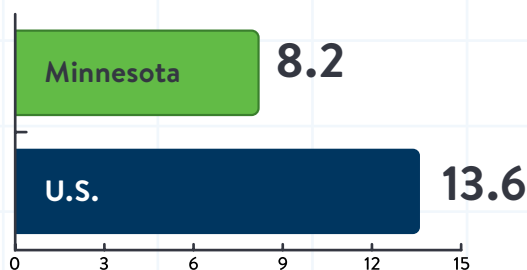
Health
education
contributes to
health literacy.

75 to
100%

of schools in Minnesota require two or more health classes, though the curriculum taught is not currently standardized. K-12 Health Standards are currently in development in Minnesota.

Minnesota's
teen birth rate
is well below the
national average.

Teen birth rates per 1,000



Disparities in teen pregnancy and birth rates exist in Minnesota by geography, race, ethnicity, and country of origin. Although progress has been made, inequities persist due to continued structural barriers.

For more information, read the complete [Adolescent Health Data Book](http://www.health.state.mn.us/people/adolescent/youth/databook.html) (www.health.state.mn.us/people/adolescent/youth/databook.html).

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