

# RUG-IV: What is Rehabilitation? (RAA, RAB, RAC, RAD, & RAE)

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## RUG-IV Case Mix Review Fact Sheet #6

### What is Case Mix?

Minnesota Case Mix is a system that classifies residents into distinct groups, called Resource Utilization Groups (RUGs), based on the resident's condition and the care the resident received at the time of the assessment. A value is assigned to each group, which is then used to calculate the daily rate of payment.

The **Rehabilitation** resource utilization group (RUG) includes residents who received assistance with activities of daily living (ADLs), such as eating, bed mobility, transferring from one surface to another, and toileting. There are five levels of Rehabilitation depending on the amount of ADL assistance received by the resident. (See "What is an ADL Score?" fact sheet.) In addition, in the **seven days prior to the assessment**, residents classified in the **Rehabilitation** group received:

- Five days or more (15 minutes minimum per day) and a total of 150 minutes or more in any combination of speech, occupational, or physical therapy, OR
- Three days or more (15 minutes minimum per day) and a total of 45 minutes or more in any combination of speech, occupational, or physical therapy AND at least two restorative nursing services that must be provided by facility staff for 15 minutes a day or six or more days a week and include:
  - Passive and/or active range of motion.
  - Bed mobility training and/or walking training.
  - Splint or brace assistance.
  - Transfer training.
  - Dressing and/or grooming training.
  - Eating and/or swallowing training.
  - Amputation/prosthesis.
  - Communication training.
  - Current toileting program, trial toileting program and/or bowel toileting program.

## WHAT IS REHABILITATION?

**Notes:** Therapies provided outside the facility after admission to the nursing facility count equally with therapies provided within the nursing facility. There may also be a separate charge for the actual therapy.

If you believe an assessment is inaccurate for the period of time covered by that assessment, you may submit a request for reconsideration. (See separate fact sheet for “Requesting a Reconsideration.”)

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