

# Minnesota Department of Health Project Firstline Rash Education Bundle

A rash is an abnormal area of skin that may appear red, irritated, or broken, often with bumps, spots, or blisters. Rashes can be caused by viruses, allergies, injuries, or infections that may spread through touch or the air. Some viruses (like chickenpox or measles) are highly contagious, travel long distances in the air, and can spread by breathing or by disturbing the rash. Even rashes from allergic reaction or bites can carry germs that spread by touch.



Resources available:

- Recorded trainings
- Interactive & multimedia resources
- English & Spanish language resources

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## MDH Recorded Trainings

20 min

### [Environmental Cleaning and Disinfection Recorded Training](https://survey.vovici.com/se/56206EE36A1D5B40)

(<https://survey.vovici.com/se/56206EE36A1D5B40>)

30 min

### [Personal Protective Equipment: Start from the Top Recorded Training](https://survey.vovici.com/se/56206EE334563F66)

(<https://survey.vovici.com/se/56206EE334563F66>)

30 min

### [Recognizing Risk Using Reservoirs \(A Review\) Recorded Training](https://survey.vovici.com/se/56206EE34681EA64)

(<https://survey.vovici.com/se/56206EE34681EA64>)



What should you do when you see a patient with a rash?

## CDC Interactive and Multimedia Resources

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### [Rash Micro-Learn \(PDF\)](http://www.cdc.gov/project-firstline/media/pdfs/Micro-Learns-Rash-508.pdf)

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### [Measles Micro-Learn \(PDF\)](http://www.cdc.gov/project-firstline/media/pdfs/PEL-Measles/MicroLearn.pdf)

([www.cdc.gov/project-firstline/media/pdfs/PEL-Measles/MicroLearn.pdf](http://www.cdc.gov/project-firstline/media/pdfs/PEL-Measles/MicroLearn.pdf))

15 sec

### [Did you Know? Germs Live on Broken Skin \(YouTube\)](https://youtu.be/kLYA7HCWg5w)

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## Print Materials and Other Resources

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### [Donning and Doffing Personal Protective Equipment \(PDF\)](http://www.cdc.gov/infection-control/media/pdfs/Toolkits-PPE-Sequence-P.pdf)

([www.cdc.gov/infection-control/media/pdfs/Toolkits-PPE-Sequence-P.pdf](http://www.cdc.gov/infection-control/media/pdfs/Toolkits-PPE-Sequence-P.pdf))

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### [Germs Live on the Skin \(PDF\)](http://www.health.state.mn.us/facilities/patientsafety/infectioncontrol/pfl/training/fsskin.pdf)

([www.health.state.mn.us/facilities/patientsafety/infectioncontrol/pfl/training/fsskin.pdf](http://www.health.state.mn.us/facilities/patientsafety/infectioncontrol/pfl/training/fsskin.pdf))

