

Designed to engage health care personnel with quick, practical, and interactive activities to reinforce best practices in a memorable way.

1 Why is hand hygiene important?



Engage staff during team huddle to share and reinforce the importance of hand hygiene.

Hand hygiene is especially important in health care as patients/residents/clients are vulnerable to infection.

- Germs on our hands can spread to those we care for or objects we touch.
- Hands have many places where germs can live and grow.
- Cleaning your hands stops the spread of germs.

2 When to perform hand hygiene



Designed to highlight and focus on one important area of hand hygiene per day.



Day 1: Before entering AND after exiting room or environment.



Day 2: Before donning AND immediately after doffing personal protective equipment.



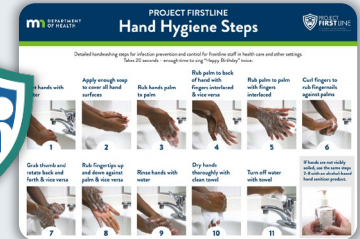
Day 3: Moving from a soiled body site to a clean body site.



Day 4: Before performing aseptic task or handling invasive medical devices.

3 Technique check

Have staff demonstrate hand rub or hand wash technique (includes duration and sufficient product to cover hands).



Areas of the hands frequently missed

Day 1: Focus on fingertips when performing hand hygiene.

Day 2: Focus on thumbs and wrists when performing hand hygiene.

Day 3: Focus between fingers when performing hand hygiene.



4 MISSION: Hand hygiene



Keep staff engaged in hand hygiene by completing three daily missions that focus on hand hygiene.



Dispenser Detectives

Identify up to 2 areas where adding a hand hygiene dispenser would be helpful.



Germiest Object Game

Ask: What is the germiest thing we touch?



Two Truths and a Gergy Lie

LIE: Alcohol-based hand sanitizer (ABHS) kills norovirus

TRUTH: ABHS is the most effective product for reducing the number of germs on the hands of health care workers

TRUTH: ABHS is preferred for cleaning your hands in most clinical situations

5 TOP TIPS: Hand hygiene



Share facility's infection prevention & control policies and ensure staff consistently follow facility-specific hand hygiene protocols.



Germs can live under items like jewelry, rings, and watches. Clean these areas well.



Artificial nail extenders should not be worn in high-risk areas.



Nail polish worn in health care setting should be intact – as chipped or cracked nail polish becomes difficult to clean.



Keep nail tips less than ¼ inch long.

Hand hygiene is a team effort that helps build a strong culture of safety and infection prevention! Take a moment to recognize staff who consistently model excellent hand hygiene practices.

BONUS

Celebrate a hand hygiene hero



THANK A HAND HYGIENE HERO

Task: Write a quick note or share a shoutout highlighting what they do well (e.g., modeling good technique).

Activity: Post note on a recognition board or share during today's huddle. Use the cards below or create your own!

Discussion: How has this week impacted your hand hygiene practices?

BONUS

Pledge to be a hand hygiene hero



Task: Commit to upholding the highest standards of hand hygiene to protect your patients, clients, residents, and colleagues.

Activity: Post signed pledges on a recognition board. Use our PFL "Hand Hygiene Hero Pledge" or create your own!



Discussion: How will you uphold your pledge in daily activities?



Who is your hand hygiene hero?

Your Name: _____
(optional)

Hero's Name: _____



Why they're a Hand Hygiene Hero:

- Demonstrates proper hand hygiene technique every time
- Quickly addresses lapses in hand hygiene with kindness
- Leads by example during shift
- Supports infection prevention efforts beyond hand hygiene

Other/Tell us more:



Who is your hand hygiene hero?

Your Name: _____
(optional)

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