



*2026 Minnesota Department of Health Annual Network Maps*

Medica Insurance Company

Essentia Choice Care with Medica – MNN010

Map Completion Date: July 7, 2025

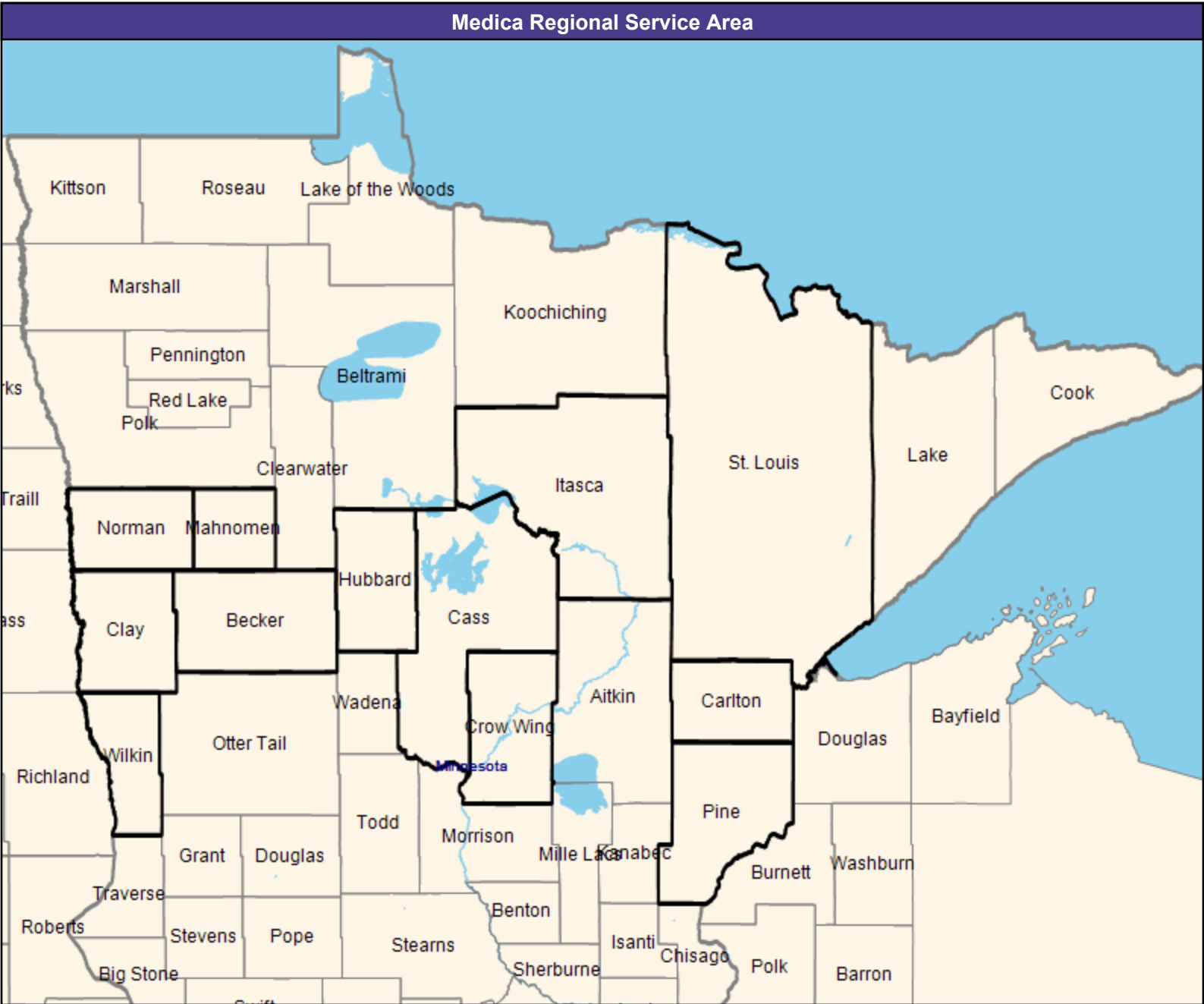
Service Area Map/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Service Areas  
☐ Essentia Choice Care with Medica MNN010

43.02 miles



Acupuncture/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Acupuncture

4 providers at 3 locations

All providers

Acupuncture

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Acupuncture (Medica  
Regional Service Area)

4,125 enrollee locations

With access (707)

Without access (3,418)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Acupuncture (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Acupuncture (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Acupuncture (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

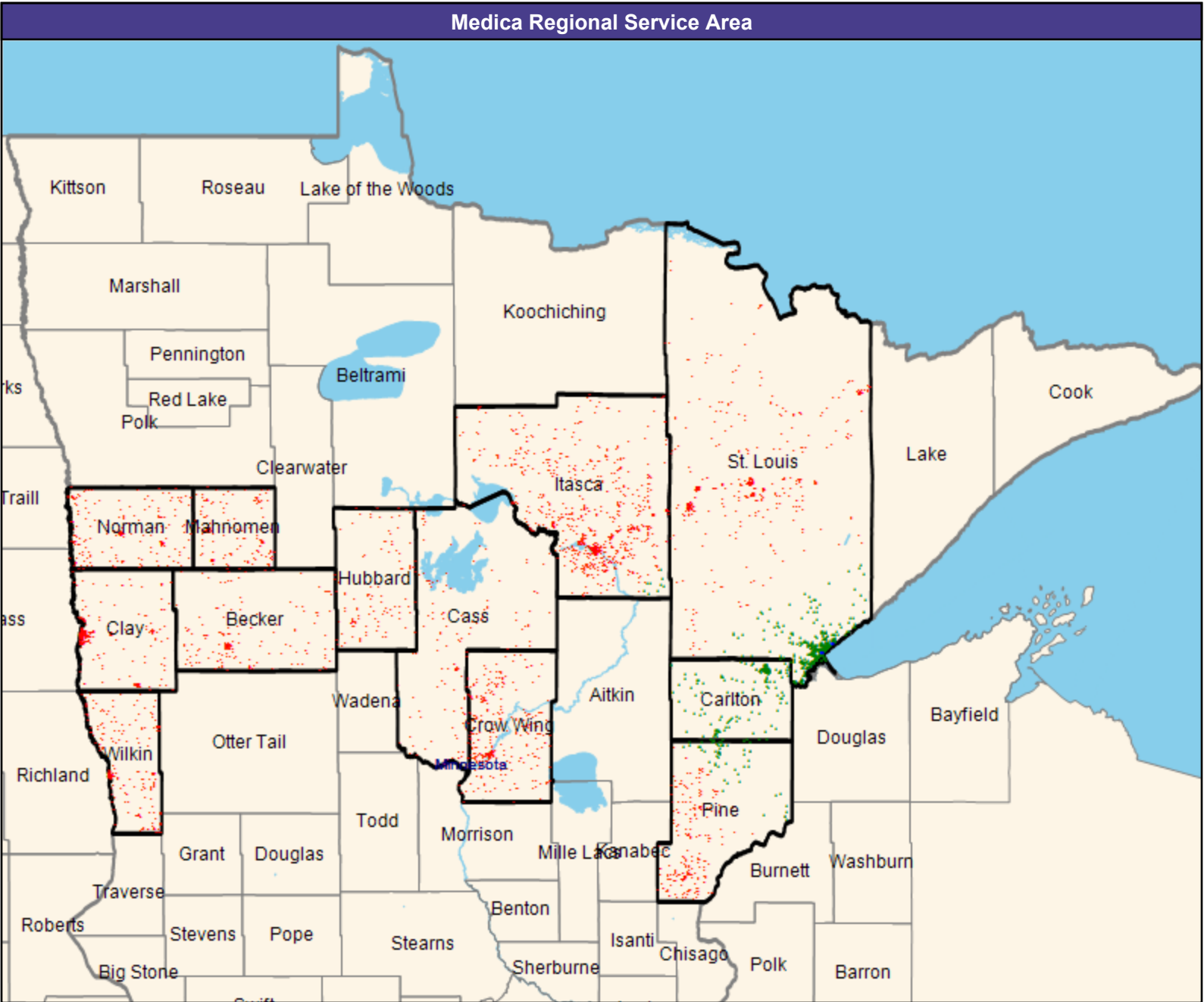
1 (Essentia Choice Care with Medica  
MNN010 Acupuncture (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Acupuncture (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010





Allergy and Immunology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Allergy and Immunology

7 providers at 6 locations

■ All providers

Allergy and Immunology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Allergy and Immunology  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (3,168)

● Without access (957)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

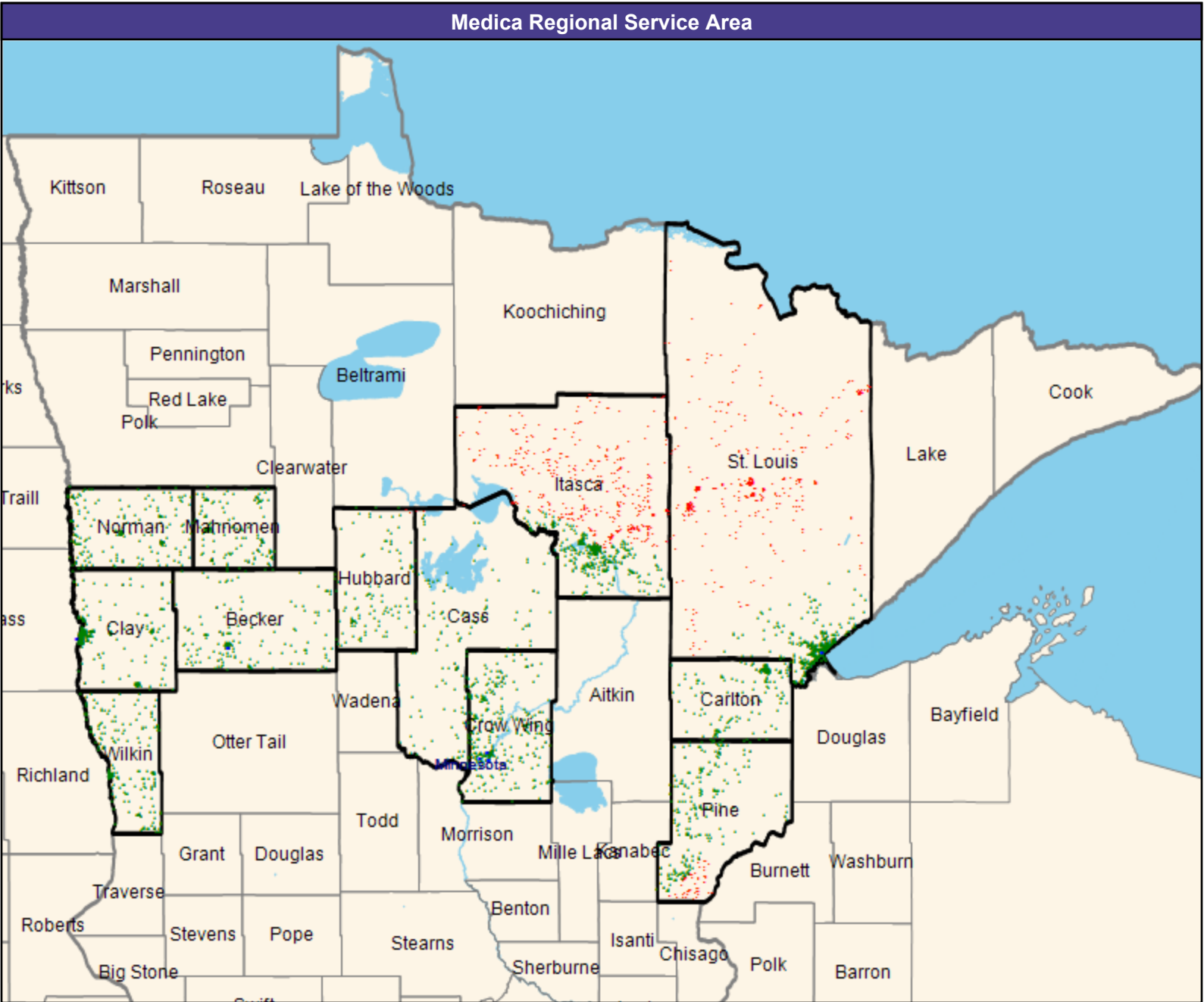
1 (Essentia Choice Care with Medica  
MNN010 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 75 miles and 90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 110 miles and 125  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010





# Anesthesiology Physicians and CRNAs/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Anesthesiology Physicians and  
CRNAs

337 providers at 29 locations

■ All providers

Anesthesiology Physicians and CRNAs

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Anesthesiology Physicians  
and CRNAs (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (3,930)

● Without access (195)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Anesthesiology Physicians  
and CRNAs (Medica Regional  
Service Area)) provider in 10 miles  
and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Anesthesiology Physicians  
and CRNAs (Medica Regional  
Service Area)) provider in 20 miles  
and 30 minutes

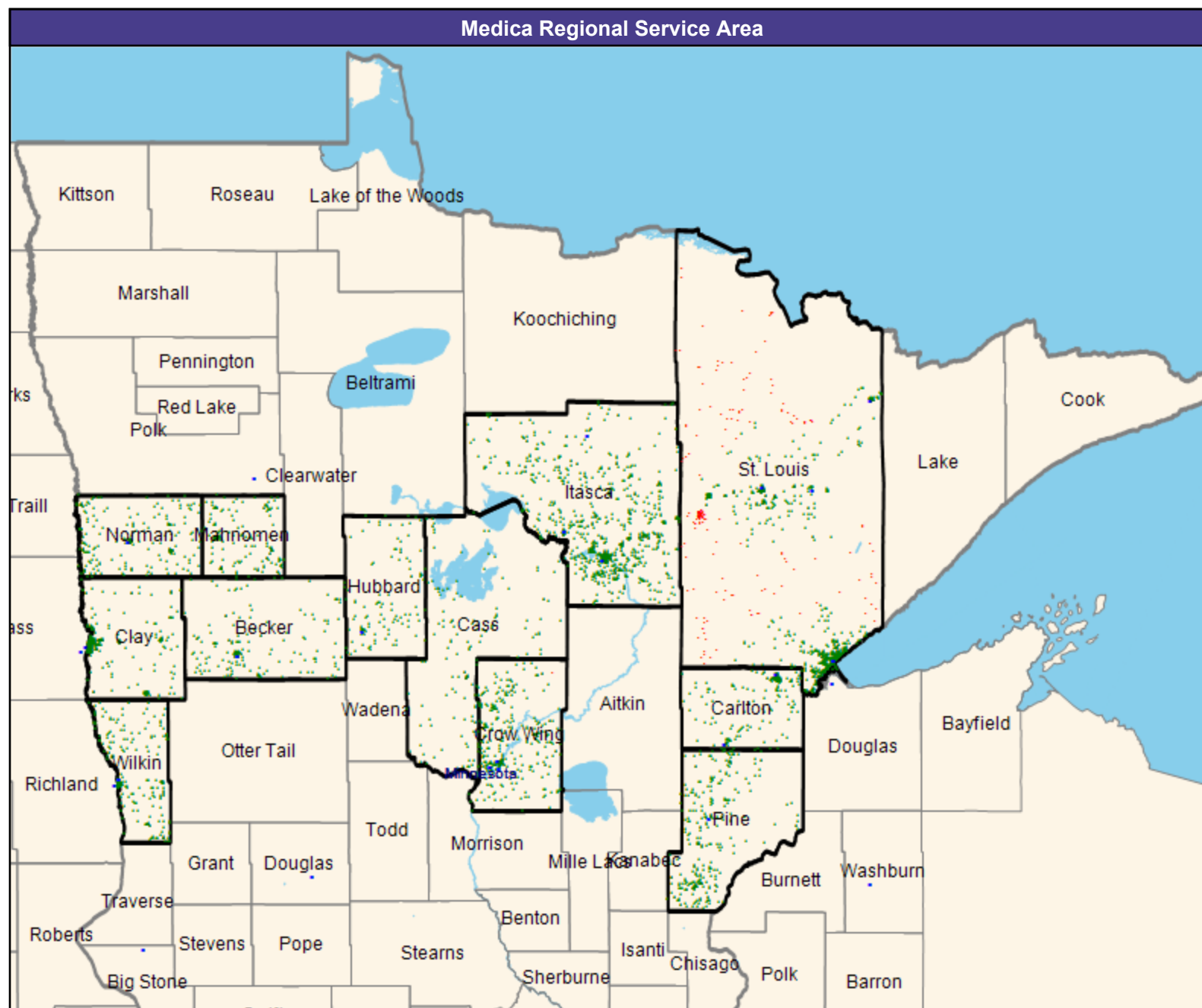
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Anesthesiology Physicians  
and CRNAs (Medica Regional  
Service Area)) provider in 35 miles  
and 50 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Anesthesiology Physicians  
and CRNAs (Medica Regional  
Service Area)) provider in 60 miles  
and 75 minutes

CEAC areas...







Cardiology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Cardiology

112 providers at 32 locations

All providers

Cardiology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Cardiology (Medica Regional  
Service Area)

4,125 enrollee locations

With access (3,989)

Without access (136)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiology (Medica  
Regional Service Area)) provider in  
20 miles and 30 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiology (Medica  
Regional Service Area)) provider in  
35 miles and 50 minutes

Rural areas...

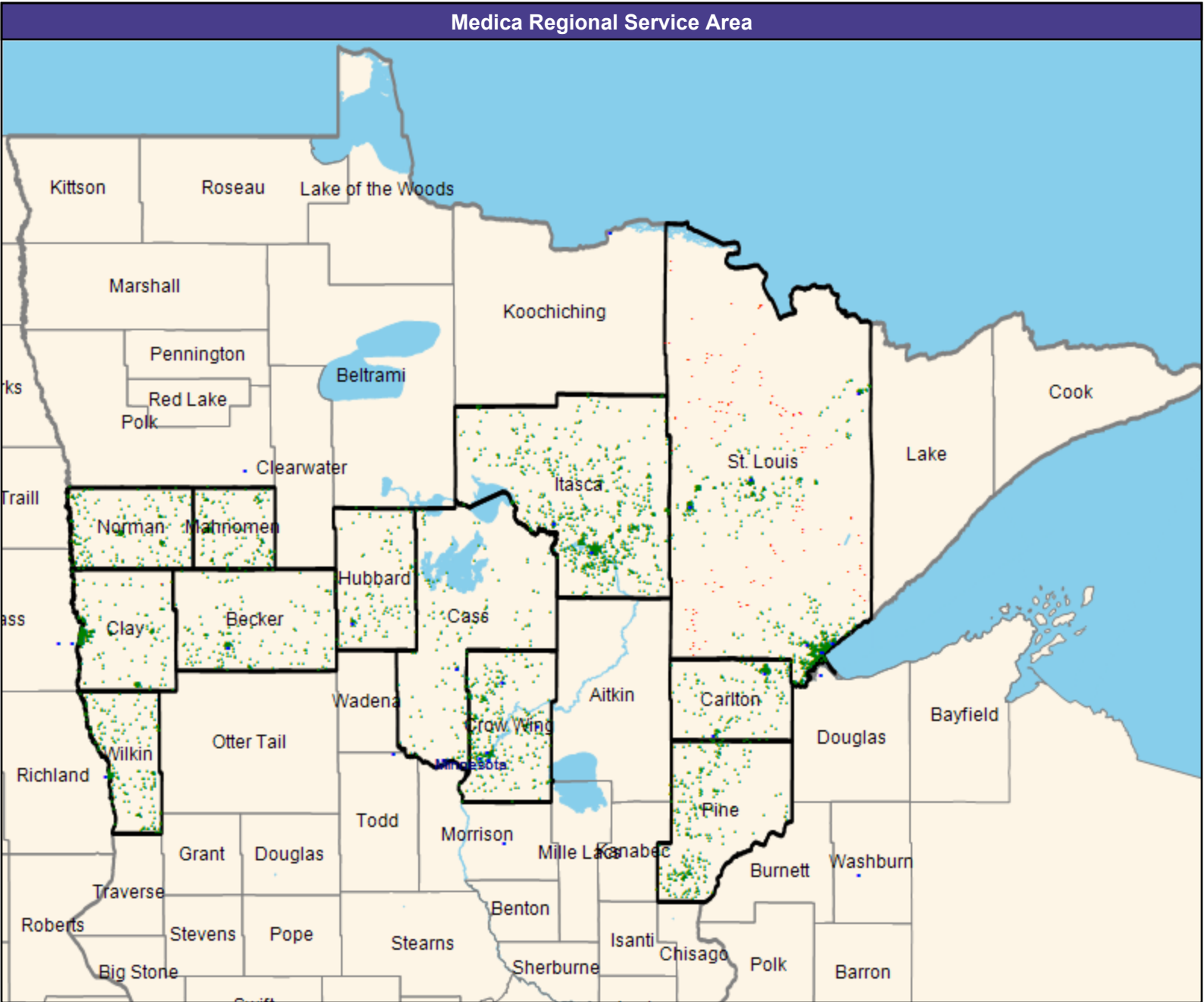
1 (Essentia Choice Care with Medica  
MNN010 Cardiology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiology (Medica  
Regional Service Area)) provider in  
85 miles and 95 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



Access Detail By County

July 7, 2025

Created by...  
Medica

Access Analysis  
Cardiology

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Cardiology (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 60 miles and 75 mins	15	181	100.0	0	0.0	11.0	12.0
	Carlton	177	1 in 60 miles and 75 mins	14	177	100.0	0	0.0	6.7	7.3
	Cass	146	1 in 60 miles and 75 mins	6	146	100.0	0	0.0	16.9	18.4
	Clay	328	1 in 35 miles and 50 mins	0	325	99.1	3	0.9	12.5	16.1
	Crow Wing	344	1 in 35 miles and 50 mins	48	344	100.0	0	0.0	6.7	7.3
	Hubbard	109	1 in 60 miles and 75 mins	13	109	100.0	0	0.0	17.1	18.6
	Itasca	858	1 in 60 miles and 75 mins	25	858	100.0	0	0.0	13.5	14.7
	Mahnomen	213	1 in 85 miles and 95 mins	0	213	100.0	0	0.0	23.8	25.9
	Norman	281	1 in 85 miles and 95 mins	0	281	100.0	0	0.0	36.8	43.8
	Pine	293	1 in 60 miles and 75 mins	0	293	100.0	0	0.0	30.7	33.5
Grand Totals	St. Louis	912	1 in 20 miles and 30 mins	129	779	85.4	133	14.6	8.9	9.9
	Wilkin	283	1 in 85 miles and 95 mins	0	283	100.0	0	0.0	13.3	14.6

Cardiothoracic Surgery/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Cardiothoracic Surgery

112 providers at 32 locations

■ All providers

Cardiothoracic Surgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Cardiothoracic Surgery  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (4,109)

● Without access (16)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiothoracic Surgery  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiothoracic Surgery  
(Medica Regional Service Area))  
provider in 40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiothoracic Surgery  
(Medica Regional Service Area))  
provider in 75 miles and 100 minutes

Rural areas...

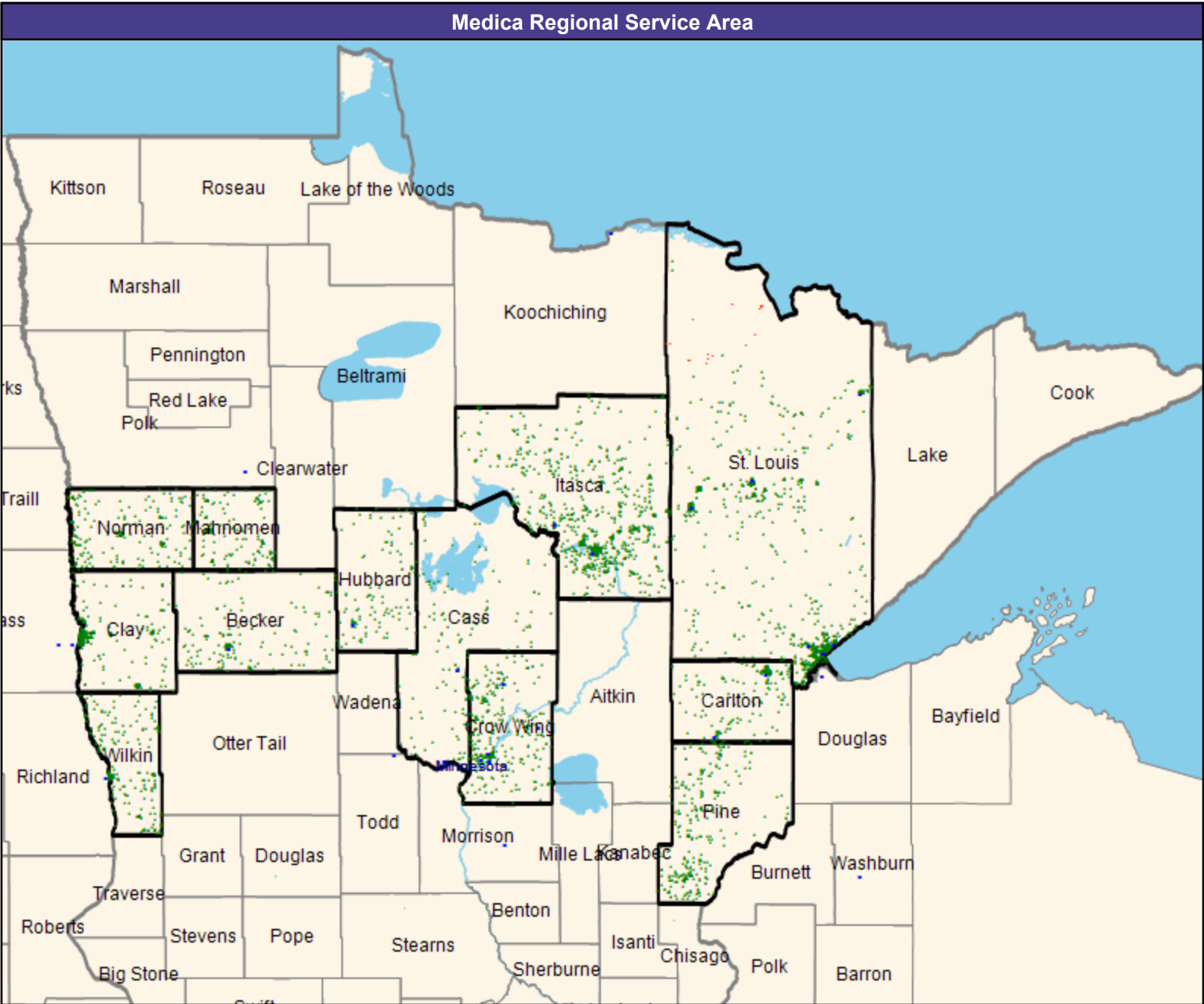
1 (Essentia Choice Care with Medica  
MNN010 Cardiothoracic Surgery  
(Medica Regional Service Area))  
provider in 90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiothoracic Surgery  
(Medica Regional Service Area))  
provider in 130 miles and 145  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Cardiothoracic Surgery  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNNO10)  
Essentia Choice Care with Medica  
MNNO10 Cardiothoracic Surgery  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Chiropractic Services/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Chiropractic Services

1,886 providers at 1,364 locations

■ All providers

Chiropractic Services

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Chiropractic Services  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (4,037)

● Without access (88)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Chiropractic Services  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Chiropractic Services  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Chiropractic Services  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

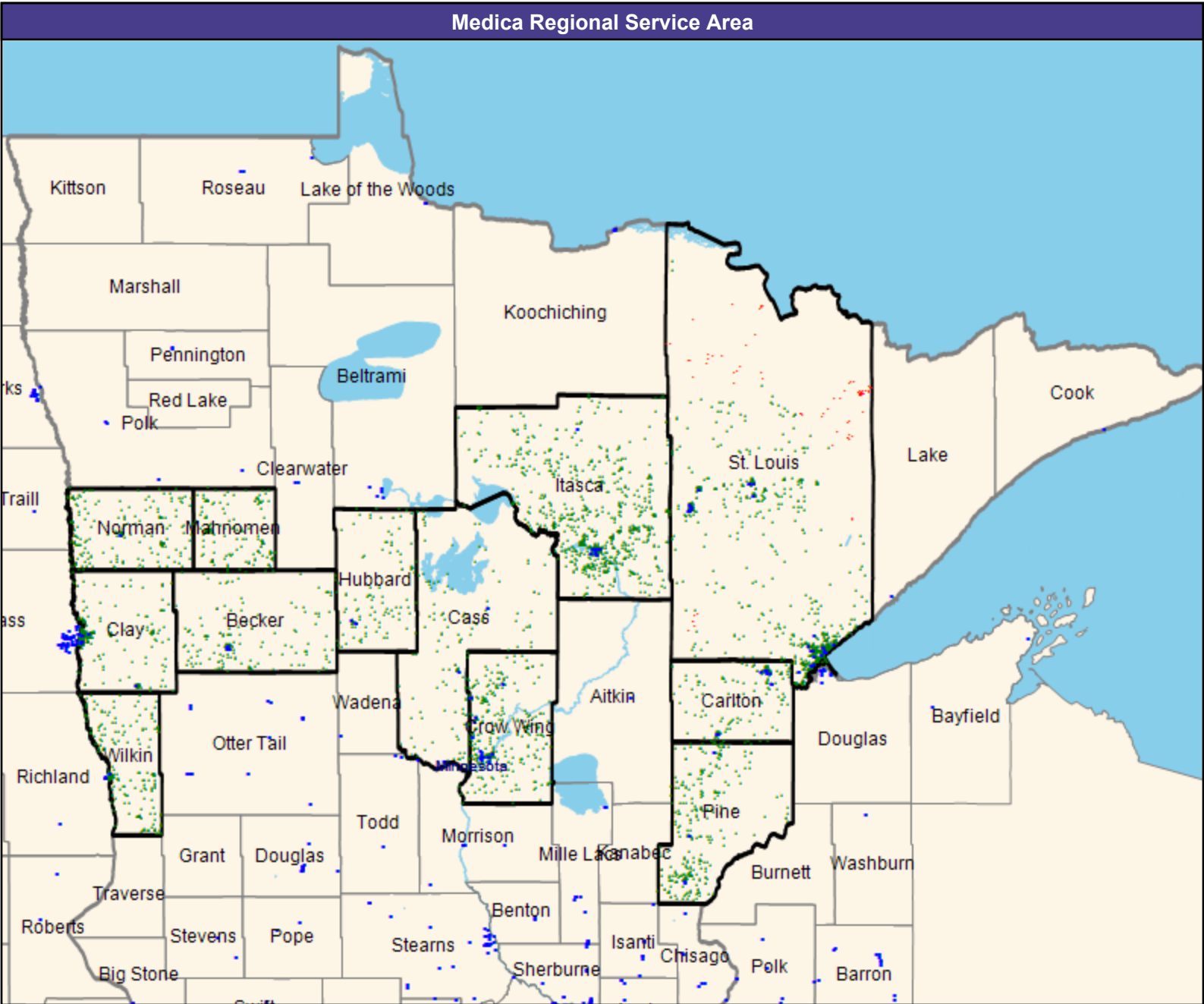
1 (Essentia Choice Care with Medica  
MNN010 Chiropractic Services  
(Medica Regional Service Area))  
provider in 75 miles and 90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Chiropractic Services  
(Medica Regional Service Area))  
provider in 110 miles and 125  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

## Colon and Rectal/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN010 Colon and Rectal

2 providers at 3 locations

■ All providers

Colon and Rectal

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Colon and Rectal (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (810)

● Without access (3,315)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Colon and Rectal (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Colon and Rectal (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Colon and Rectal (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

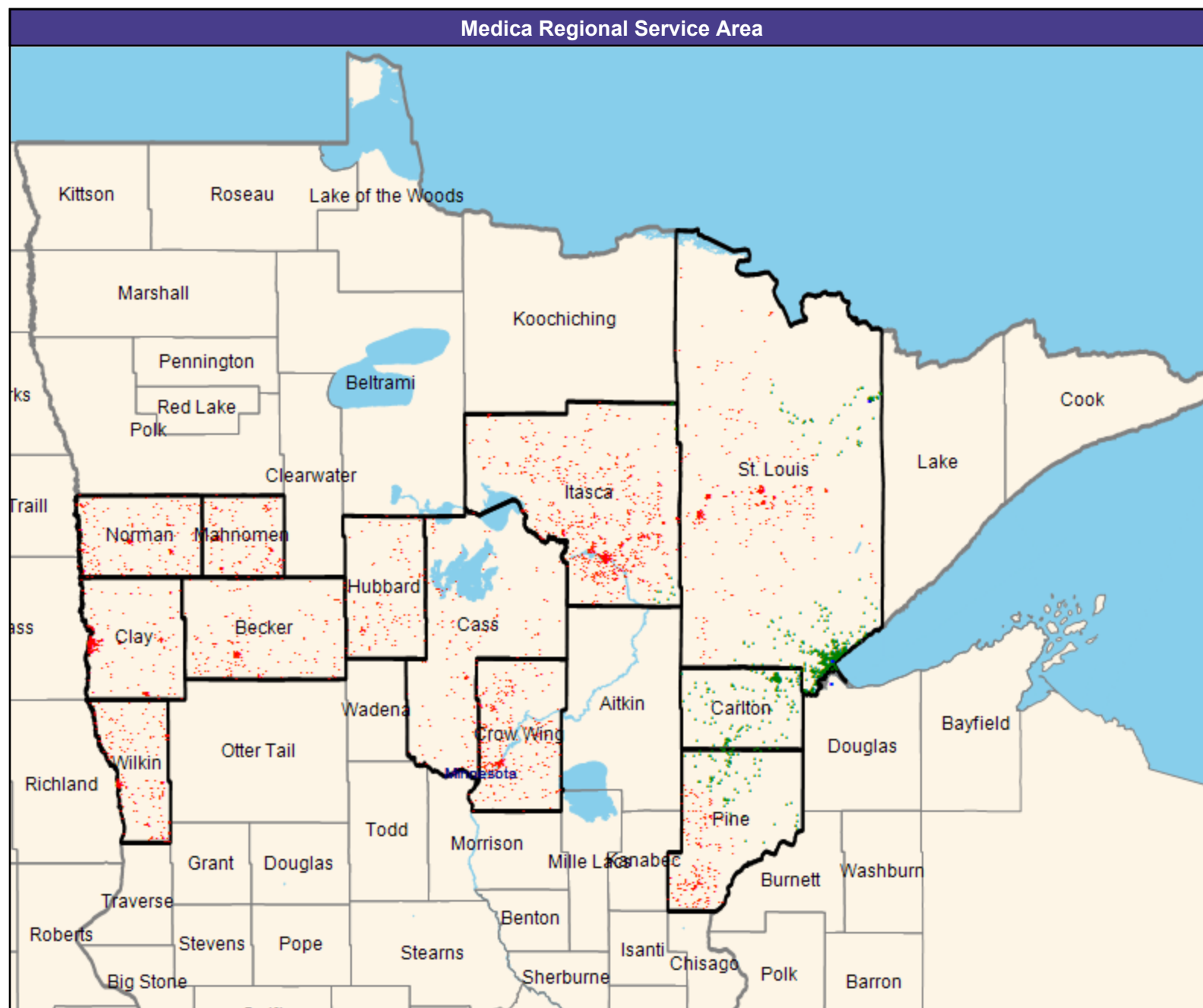
Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Colon and Rectal (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Colon and Rectal (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010

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July 7, 2025

Created by...  
Medica

Access Analysis  
Colon and Rectal

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Colon and Rectal (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]



**Dental Providers Pediatric/Essentia Choice Care with Medica/MNN010**

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Pediatric dental benefits are not offered by  
Medica Insurance Company for Essentia Choice Care with Medica – MNN010

Dermatology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Dermatology

34 providers at 28 locations

■ All providers

Dermatology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Dermatology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,014)

● Without access (111)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Dermatology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Dermatology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Dermatology (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

Rural areas...

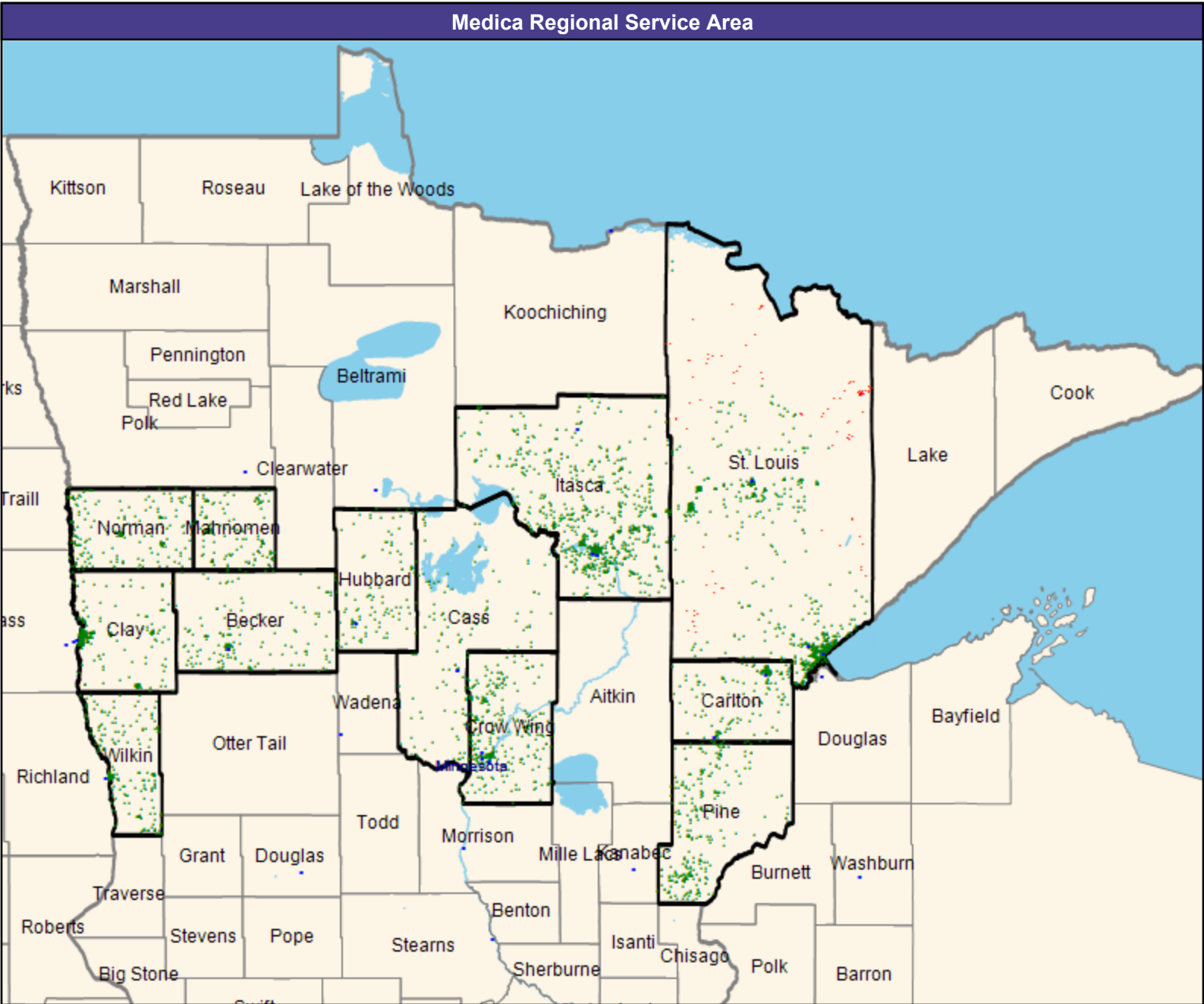
1 (Essentia Choice Care with Medica  
MNN010 Dermatology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Dermatology (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Dermatology  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNNO10)  
Essentia Choice Care with Medica  
MNNO10 Dermatology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Emergency Medicine/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Emergency Medicine

676 providers at 21 locations

All providers

Emergency Medicine

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Emergency Medicine (Medica  
Regional Service Area)

4,125 enrollee locations

With access (4,071)

Without access (54)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Emergency Medicine  
(Medica Regional Service Area))  
provider in 10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Emergency Medicine  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Emergency Medicine  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

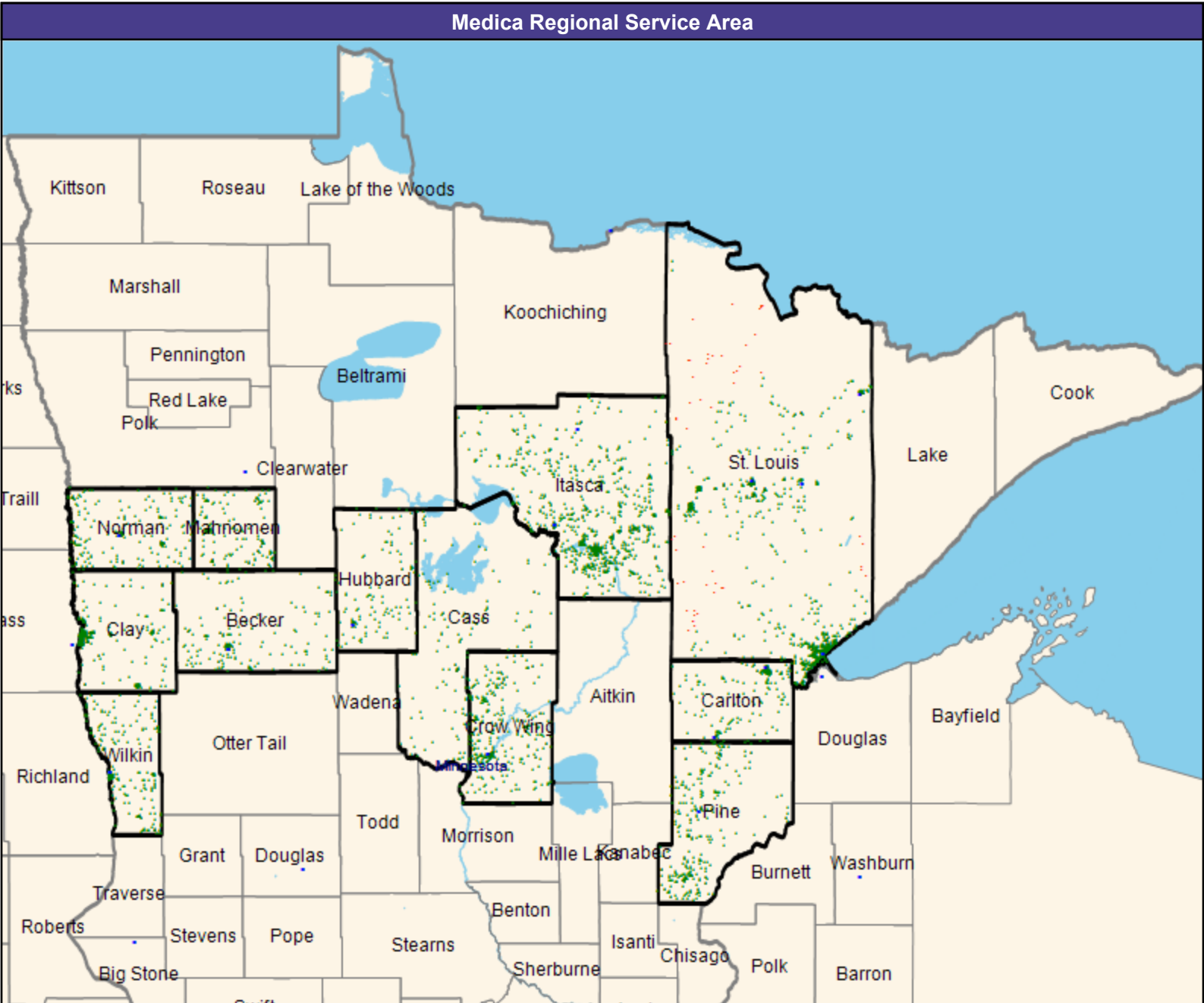
1 (Essentia Choice Care with Medica  
MNN010 Emergency Medicine  
(Medica Regional Service Area))  
provider in 60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Emergency Medicine  
(Medica Regional Service Area))  
provider in 100 miles and 110  
minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Emergency Medicine  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MN010)  
Essentia Choice Care with Medica  
MN010 Emergency Medicine  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Endocrinology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Endocrinology

21 providers at 17 locations

■ All providers

Endocrinology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Endocrinology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,107)

● Without access (18)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Endocrinology (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Endocrinology (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Endocrinology (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

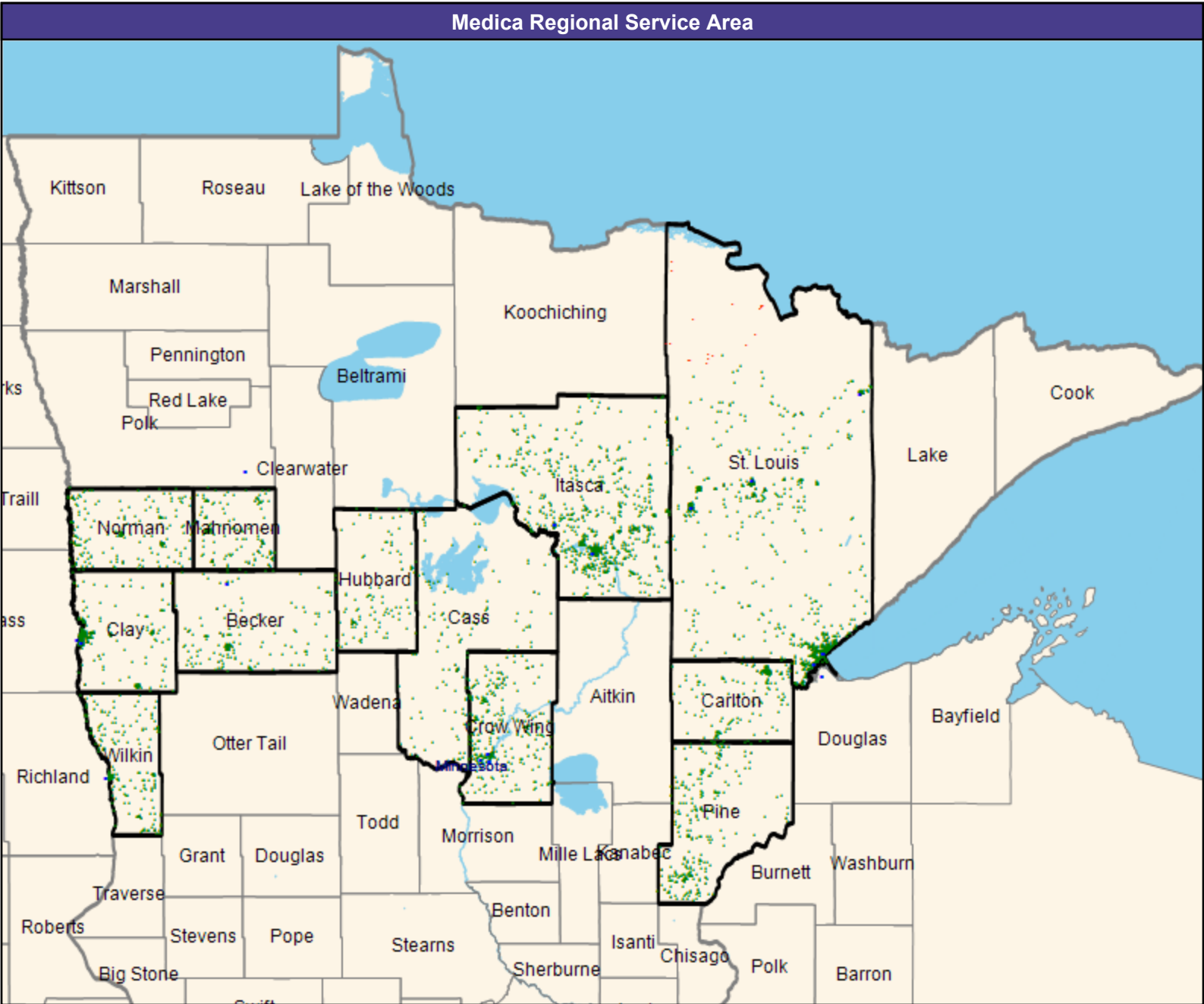
1 (Essentia Choice Care with Medica  
MNN010 Endocrinology (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Endocrinology (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Endocrinology

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Essentia Choice Care with Medica  
MNN010 Endocrinology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

ENT/Otolaryngology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 ENT/Otolaryngology

32 providers at 29 locations

■ All providers

ENT/Otolaryngology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 ENT/Otolaryngology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,068)

● Without access (57)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 80 minutes

Rural areas...

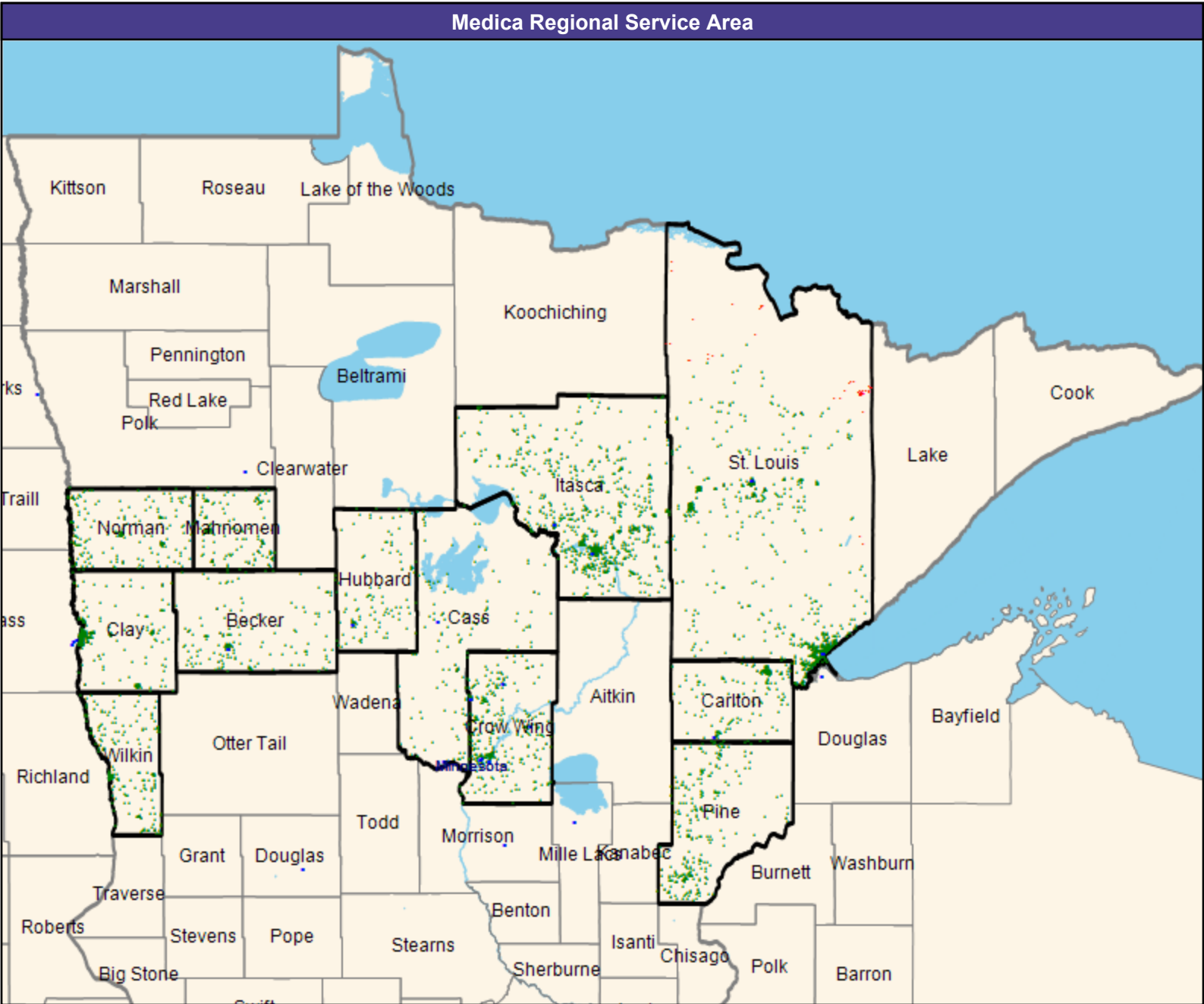
1 (Essentia Choice Care with Medica  
MNN010 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 125 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010





Access Detail By County

July 7, 2025

Created by...  
Medica

Access Analysis  
ENT/Otolaryngology

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 ENT/Otolaryngology  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees											
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Time		
		#	Standard <sup>1</sup>	#	#	%	#	%	1	2	3
Minnesota	Becker	181	R 1 in 90 mins	6	181	100.0	0	0.0	12.0	12.0	12.0
	Carlton	177	R 1 in 90 mins	1	177	100.0	0	0.0	16.9	27.4	27.4
	Cass	146	R 1 in 90 mins	2	146	100.0	0	0.0	14.9	24.9	27.2
	Clay	328	I 1 in 80 mins	0	328	100.0	0	0.0	13.7	13.7	13.7
	Crow Wing	344	I 1 in 80 mins	11	344	100.0	0	0.0	6.5	11.6	14.8
	Hubbard	109	R 1 in 90 mins	5	109	100.0	0	0.0	17.1	18.6	18.6
	Itasca	858	R 1 in 90 mins	4	858	100.0	0	0.0	15.9	19.8	19.9
	Mahnomen	213	C 1 in 125 mins	0	213	100.0	0	0.0	25.9	25.9	39.8
	Norman	281	C 1 in 125 mins	0	281	100.0	0	0.0	43.1	43.1	47.4
	Pine	293	R 1 in 90 mins	0	293	100.0	0	0.0	32.3	47.6	60.4
Grand Totals	St. Louis	912	M 1 in 45 mins	21	855	93.8	57	6.2	16.9	17.1	17.1
	Wilkin	283	C 1 in 125 mins	0	283	100.0	0	0.0	54.7	56.5	56.7
		1,764	R 1 in 90 mins	18	1,764	100.0	0	0.0	18.3	24.7	27.1
		672	I 1 in 80 mins	11	672	100.0	0	0.0	10.0	12.6	14.3
		777	C 1 in 125 mins	0	777	100.0	0	0.0	42.6	43.2	48.7
		912	M 1 in 45 mins	21	855	93.8	57	6.2	16.9	17.1	17.1

Gastroenterology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Gastroenterology

50 providers at 13 locations

■ All providers

Gastroenterology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Gastroenterology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,686)

● Without access (439)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Gastroenterology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Gastroenterology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Gastroenterology (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

Rural areas...

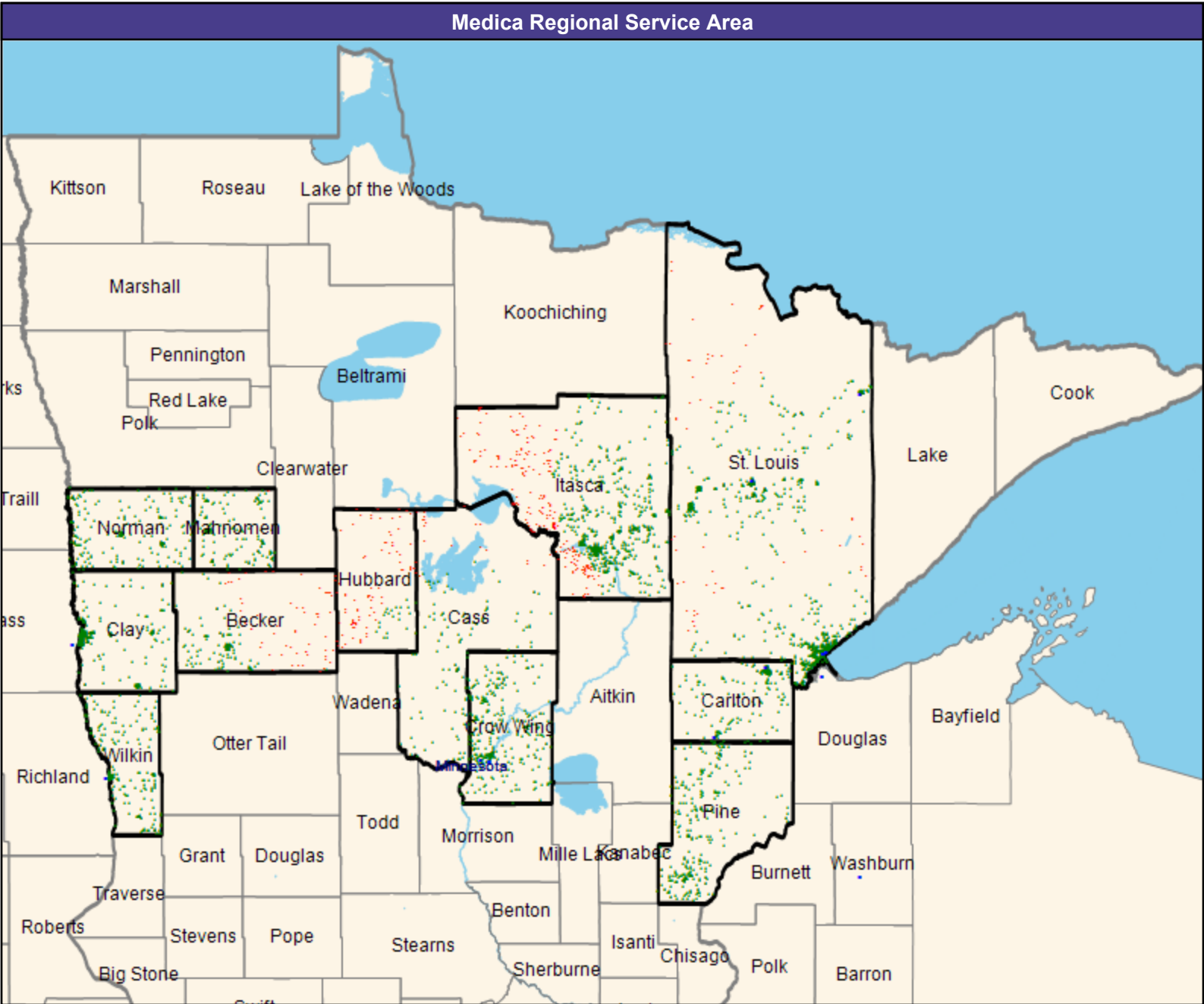
1 (Essentia Choice Care with Medica  
MNN010 Gastroenterology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Gastroenterology (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



July 7, 2025

Access Analysis  
Gastroenterology

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Gastroenterology (Medica  
Regional Service Area)

[illegible]

General Surgery/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 General Surgery

88 providers at 46 locations

All providers

General Surgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 General Surgery (Medica  
Regional Service Area)

4,125 enrollee locations

With access (4,007)

Without access (118)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 General Surgery (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 General Surgery (Medica  
Regional Service Area)) provider in  
20 miles and 30 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 General Surgery (Medica  
Regional Service Area)) provider in  
35 miles and 50 minutes

Rural areas...

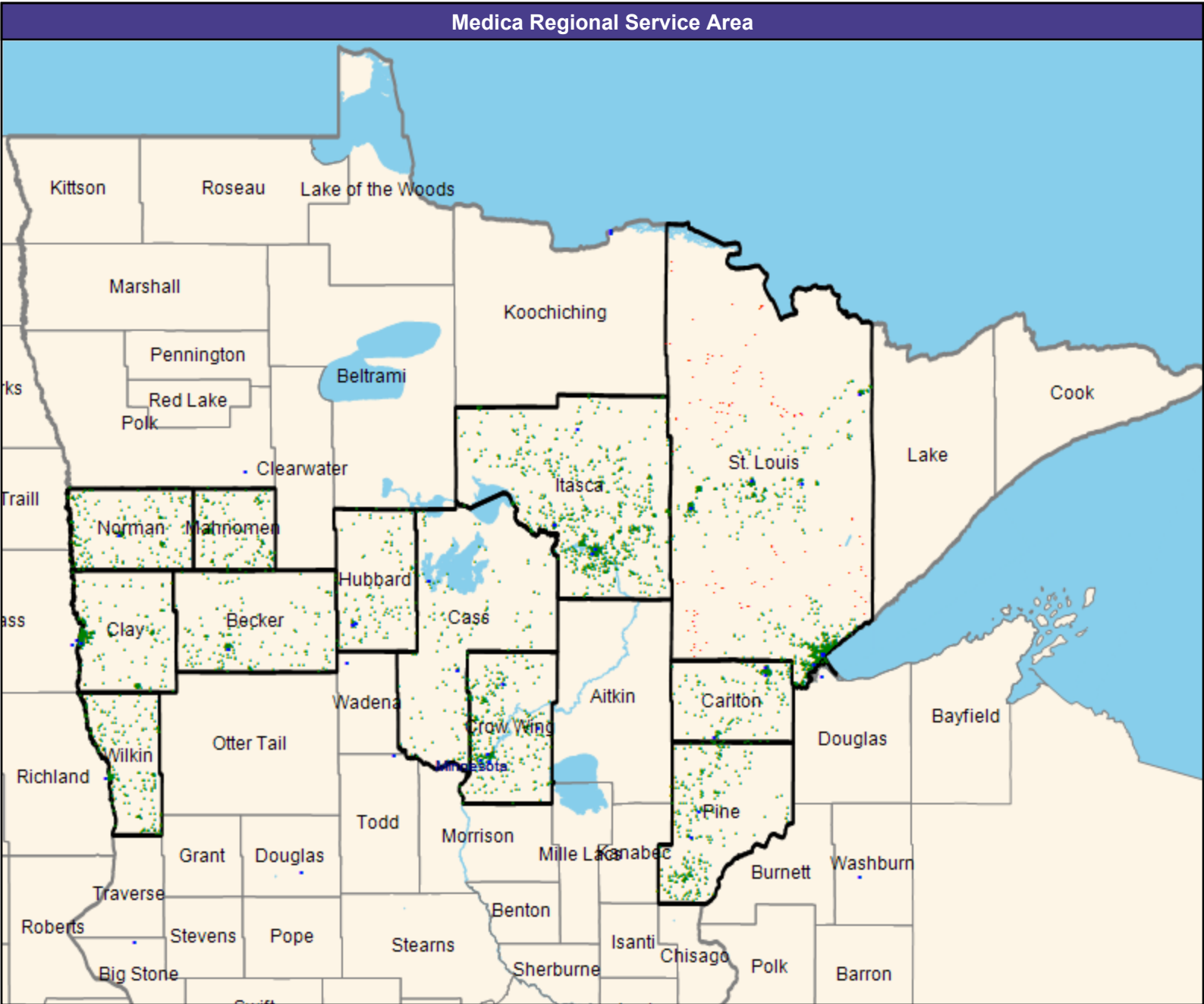
1 (Essentia Choice Care with Medica  
MNN010 General Surgery (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 General Surgery (Medica  
Regional Service Area)) provider in  
85 miles and 95 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 General Surgery (Medica  
Regional Service Area)

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Gynecology, OB/GYN/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Gynecology, OB/GYN

183 providers at 61 locations

■ All providers

Gynecology, OB/GYN

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Gynecology, OB/GYN  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (3,528)

● Without access (597)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 5 miles and 10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 10 miles and 15 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 20 miles and 30 minutes

Rural areas...

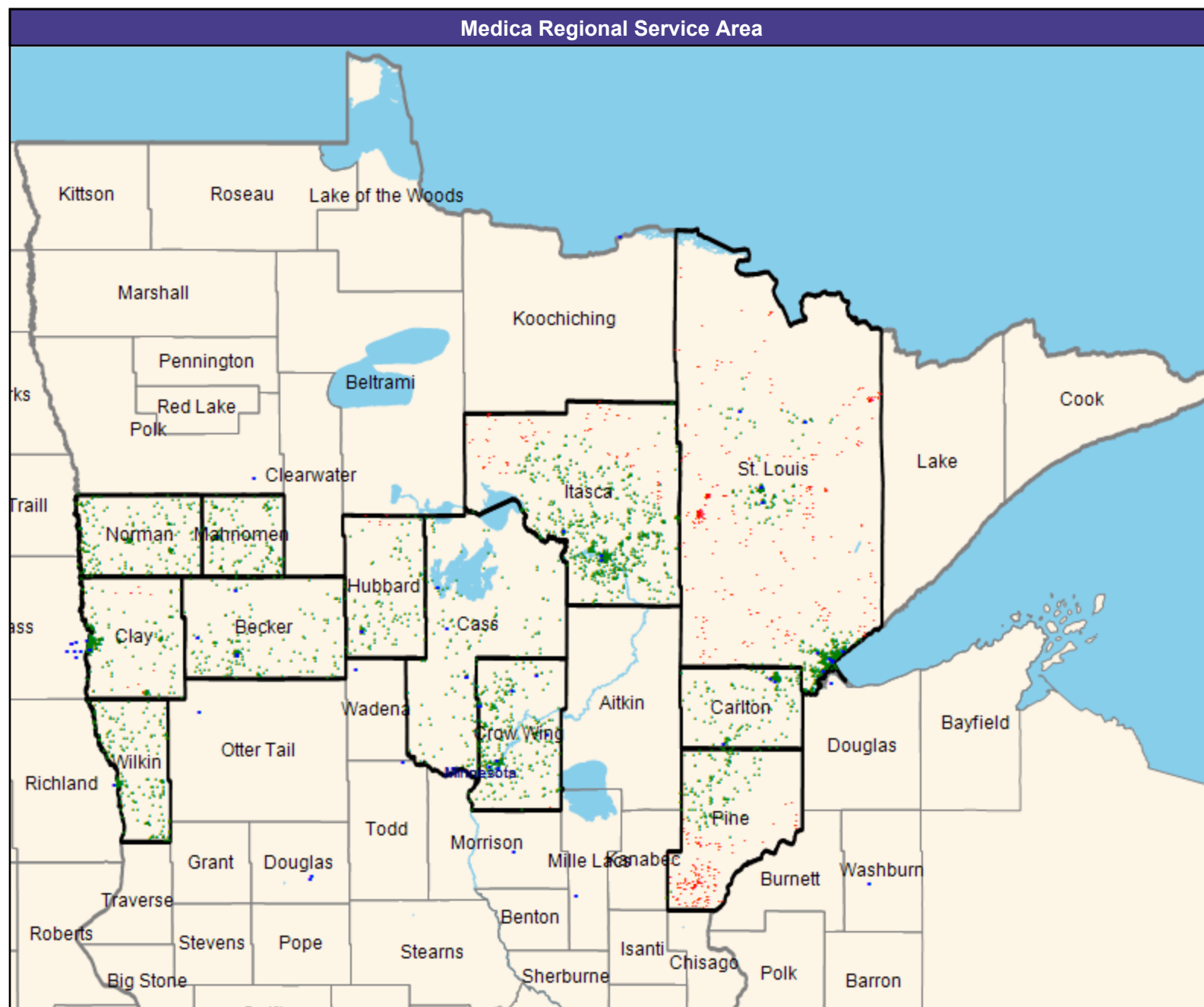
1 (Essentia Choice Care with Medica  
MNN010 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 30 miles and 40 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 60 miles and 70 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



Access Detail By County

July 7, 2025

Created by...  
Medica

Access Analysis  
Gynecology, OB/GYN

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Gynecology, OB/GYN  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 30 miles and 40 mins	25	181	100.0	0	0.0	7.8	8.5
	Carlton	177	1 in 30 miles and 40 mins	19	177	100.0	0	0.0	6.4	7.0
	Cass	146	1 in 30 miles and 40 mins	14	146	100.0	0	0.0	9.6	10.4
	Clay	328	1 in 20 miles and 30 mins	38	315	96.0	13	4.0	6.9	7.5
	Crow Wing	344	1 in 20 miles and 30 mins	44	343	99.7	1	0.3	5.5	6.0
	Hubbard	109	1 in 30 miles and 40 mins	13	103	94.5	6	5.5	12.8	13.9
	Itasca	858	1 in 30 miles and 40 mins	27	781	91.0	77	9.0	14.0	15.2
	Mahnomen	213	1 in 60 miles and 70 mins	1	213	100.0	0	0.0	8.5	9.2
	Norman	281	1 in 60 miles and 70 mins	0	281	100.0	0	0.0	25.1	27.4
	Pine	293	1 in 30 miles and 40 mins	0	133	45.4	160	54.6	27.5	29.9
Grand Totals	St. Louis	912	1 in 10 miles and 15 mins	155	572	62.7	340	37.3	9.4	10.4
	Wilkin	283	1 in 60 miles and 70 mins	0	283	100.0	0	0.0	12.0	13.0
		1,764	1 in 30 miles and 40 mins	98	1,521	86.2	243	13.8	14.4	15.7
		672	1 in 20 miles and 30 mins	82	658	97.9	14	2.1	6.2	6.7
		777	1 in 60 miles and 70 mins	1	777	100.0	0	0.0	15.8	17.2
		912	1 in 10 miles and 15 mins	155	572	62.7	340	37.3	9.4	10.4

# Infectious Diseases/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Infectious Diseases

14 providers at 3 locations

■ All providers

Infectious Diseases

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Infectious Diseases (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (2,851)

● Without access (1,274)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Infectious Diseases (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Infectious Diseases (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Infectious Diseases (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

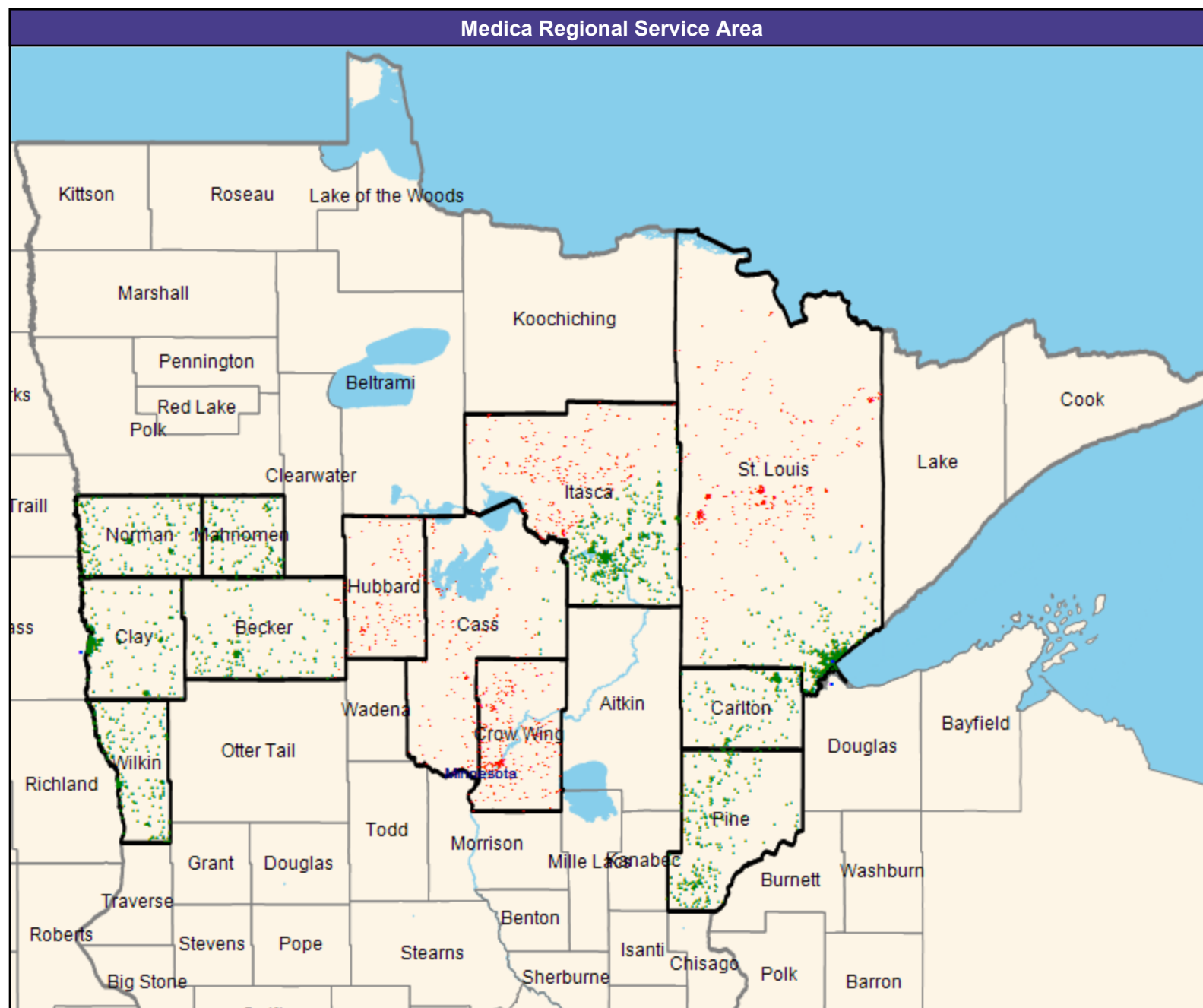
1 (Essentia Choice Care with Medica  
MNN010 Infectious Diseases (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Infectious Diseases (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



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## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Mental Health Providers (outpatient therapy)/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN010 Mental Health Providers  
(outpatient therapy)

3,951 providers at 966 locations

■ All providers

Mental Health Providers (outpatient  
therapy)

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)

4,125 enrollee locations

◆ With access (3,916)

● Without access (209)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)) provider in 5 miles and  
10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)) provider in 10 miles  
and 15 minutes

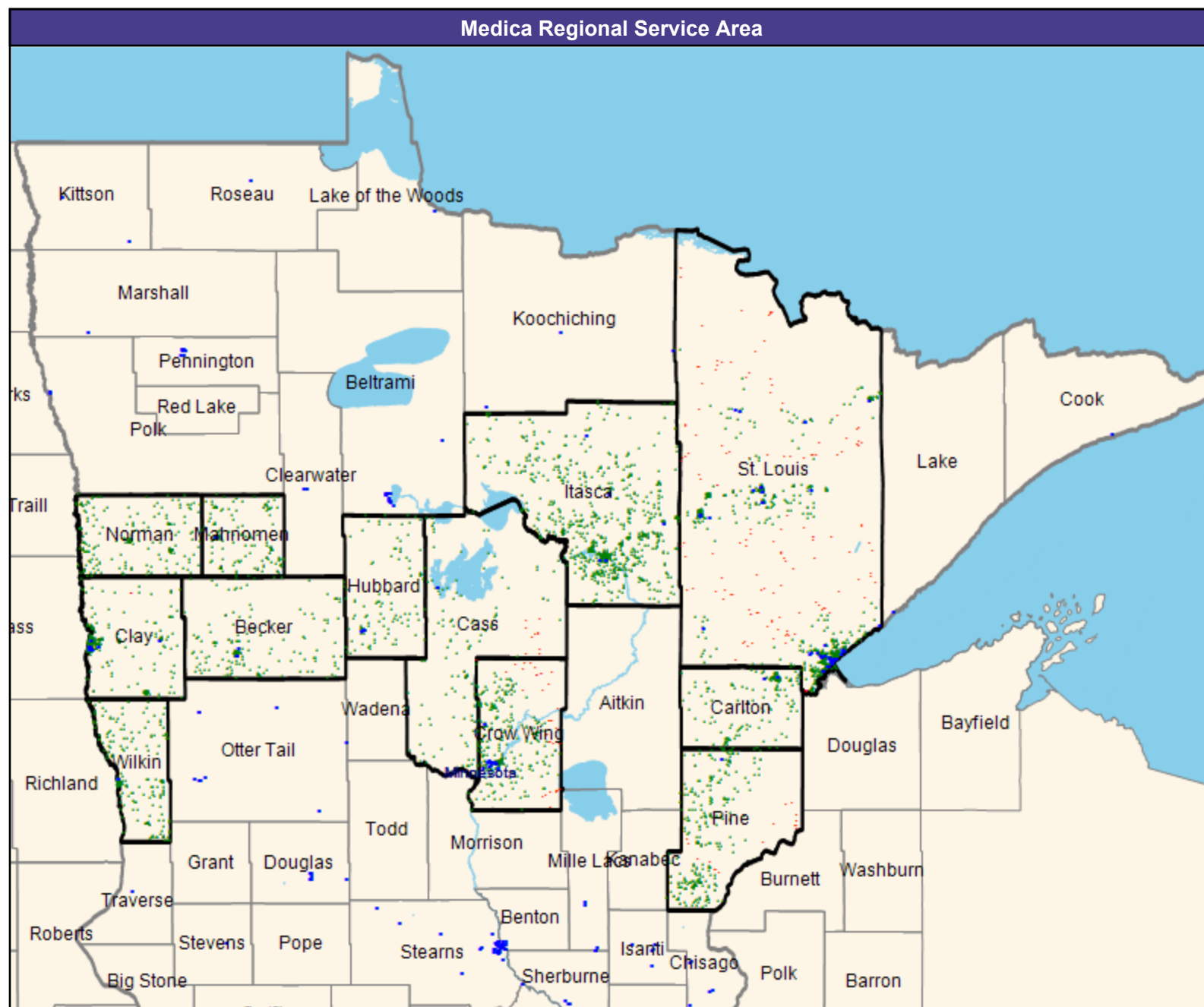
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)) provider in 20 miles  
and 30 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)) provider in 30 miles  
and 40 minutes

CEAC areas...



July 7, 2025

Created by...  
Medica

Access Analysis

Mental Health Providers (outpatient therapy)

### Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Mental Health Providers  
(outpatient therapy) (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

[illegible]

Mental Health Provider Prescribers/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Mental Health Provider  
Prescribers

1,319 providers at 457 locations

■ All providers

Mental Health Provider Prescribers

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,110)

● Without access (15)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)) provider in 10 miles and 20  
minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)) provider in 30 miles and 45  
minutes

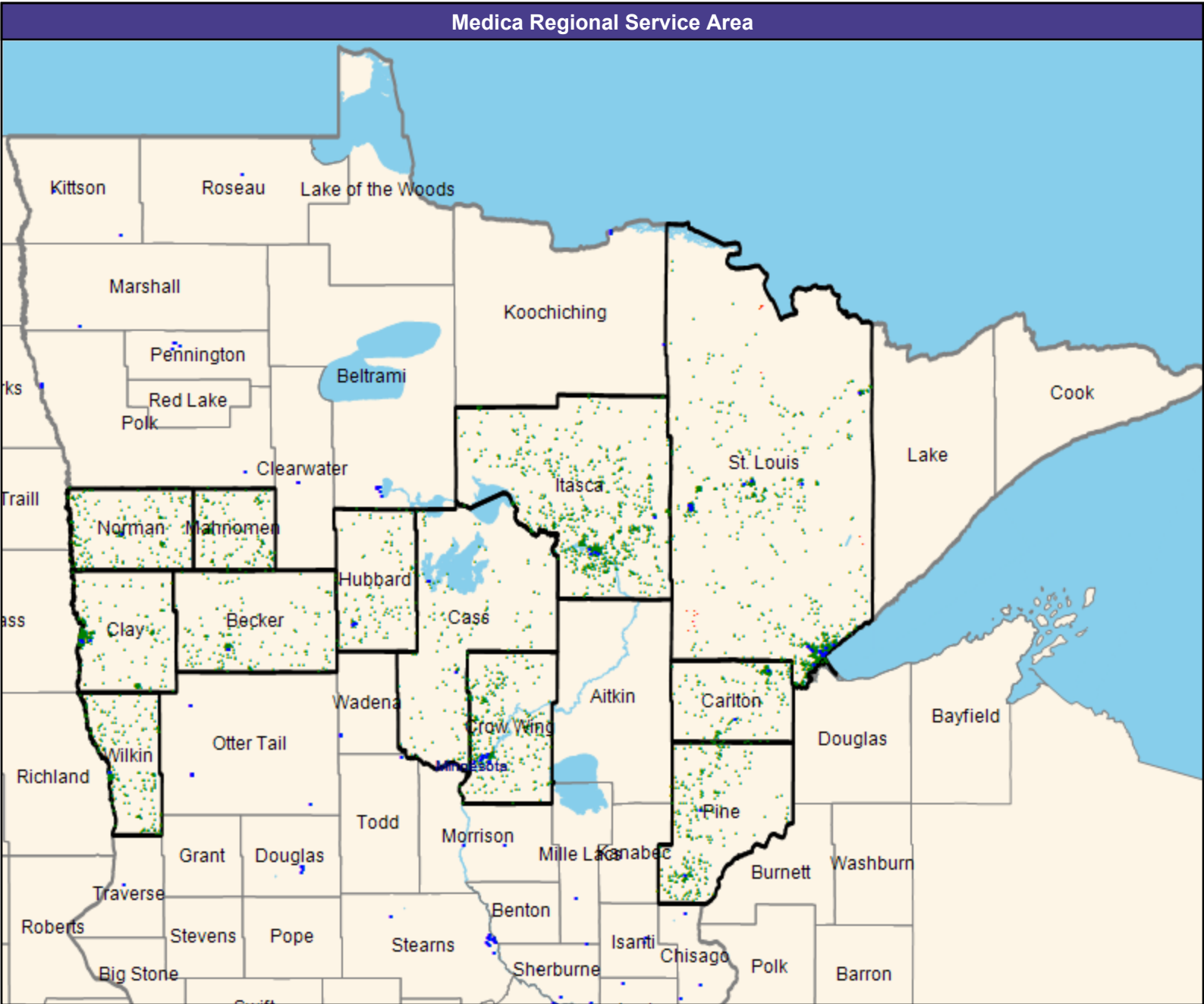
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)) provider in 45 miles and 60  
minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)) provider in 60 miles and 75  
minutes

CEAC areas...



## Access Detail By County

Created by...  
Medica

National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Mental Health Provider  
Prescribers (Medica Regional  
Service Area)

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Nephrology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Nephrology

21 providers at 14 locations

All providers

Nephrology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Nephrology (Medica Regional  
Service Area)

4,125 enrollee locations

With access (3,874)

Without access (251)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Nephrology (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Nephrology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Nephrology (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

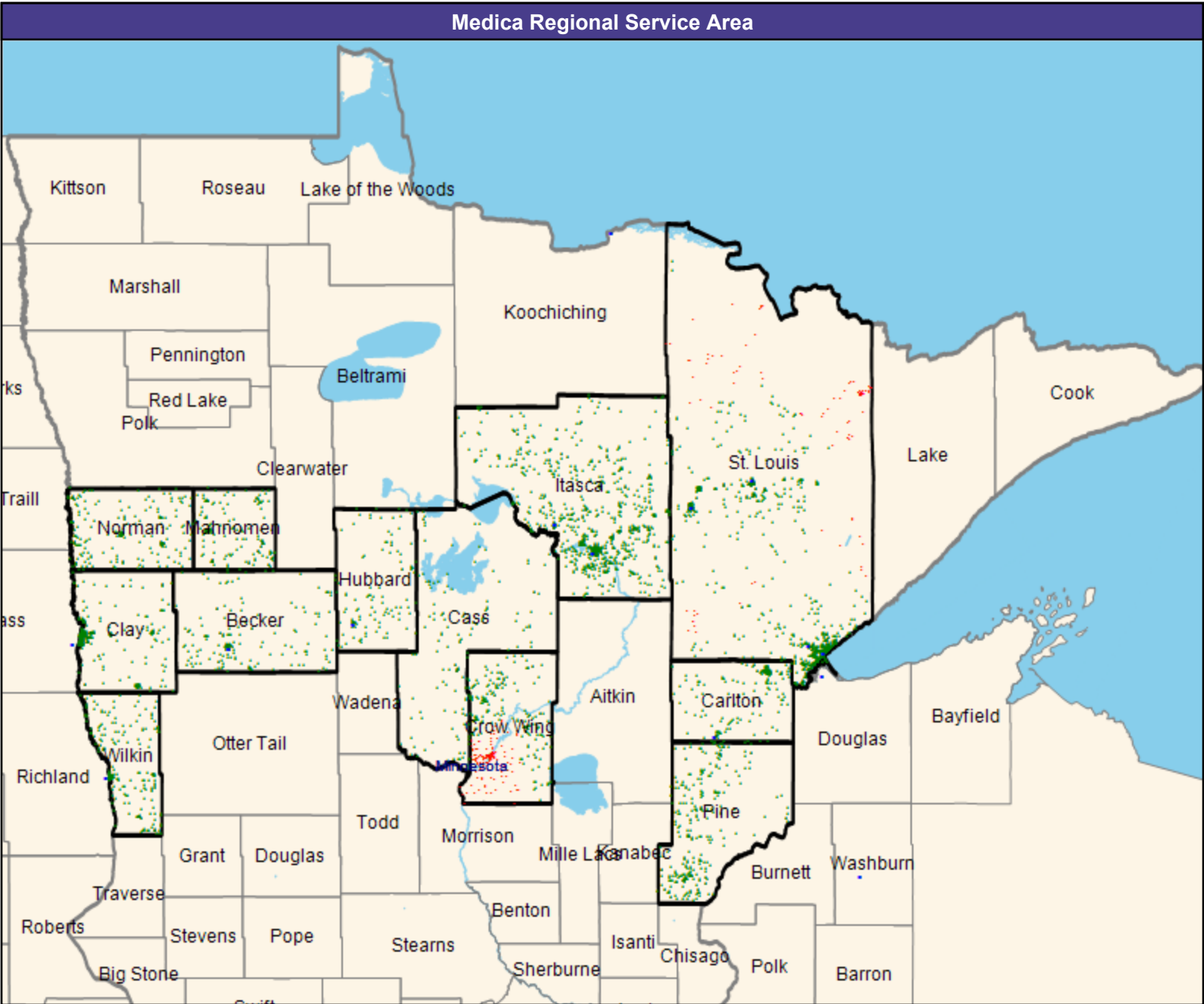
1 (Essentia Choice Care with Medica  
MNN010 Nephrology (Medica  
Regional Service Area)) provider in  
75 miles and 90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Nephrology (Medica  
Regional Service Area)) provider in  
110 miles and 125 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Nephrology

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNNO10)

Essentia Choice Care with Medica  
MNNO10 Nephrology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Neurology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Neurology

68 providers at 22 locations

All providers

Neurology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Neurology (Medica Regional  
Service Area)

4,125 enrollee locations

With access (4,076)

Without access (49)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Neurology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Neurology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Neurology (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

Rural areas...

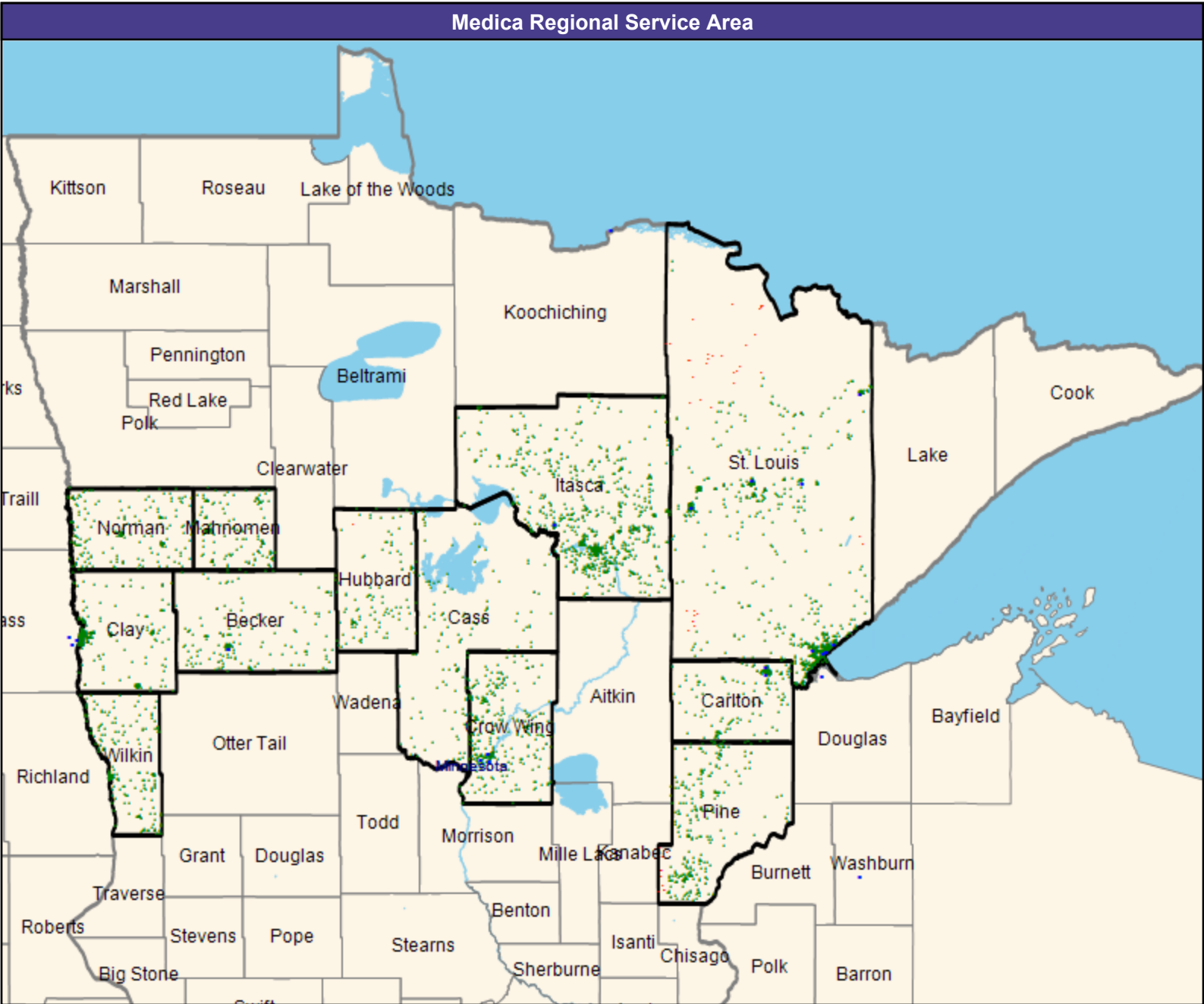
1 (Essentia Choice Care with Medica  
MNN010 Neurology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Neurology (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010





July 7, 2025

Access Analysis  
Neurology

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Essentia Choice Care with Medica  
MNN010 Neurology (Medica  
Regional Service Area)

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Neurosurgery/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Neurosurgery

27 providers at 6 locations

■ All providers

Neurosurgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Neurosurgery (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,823)

● Without access (302)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Neurosurgery (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Neurosurgery (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Neurosurgery (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

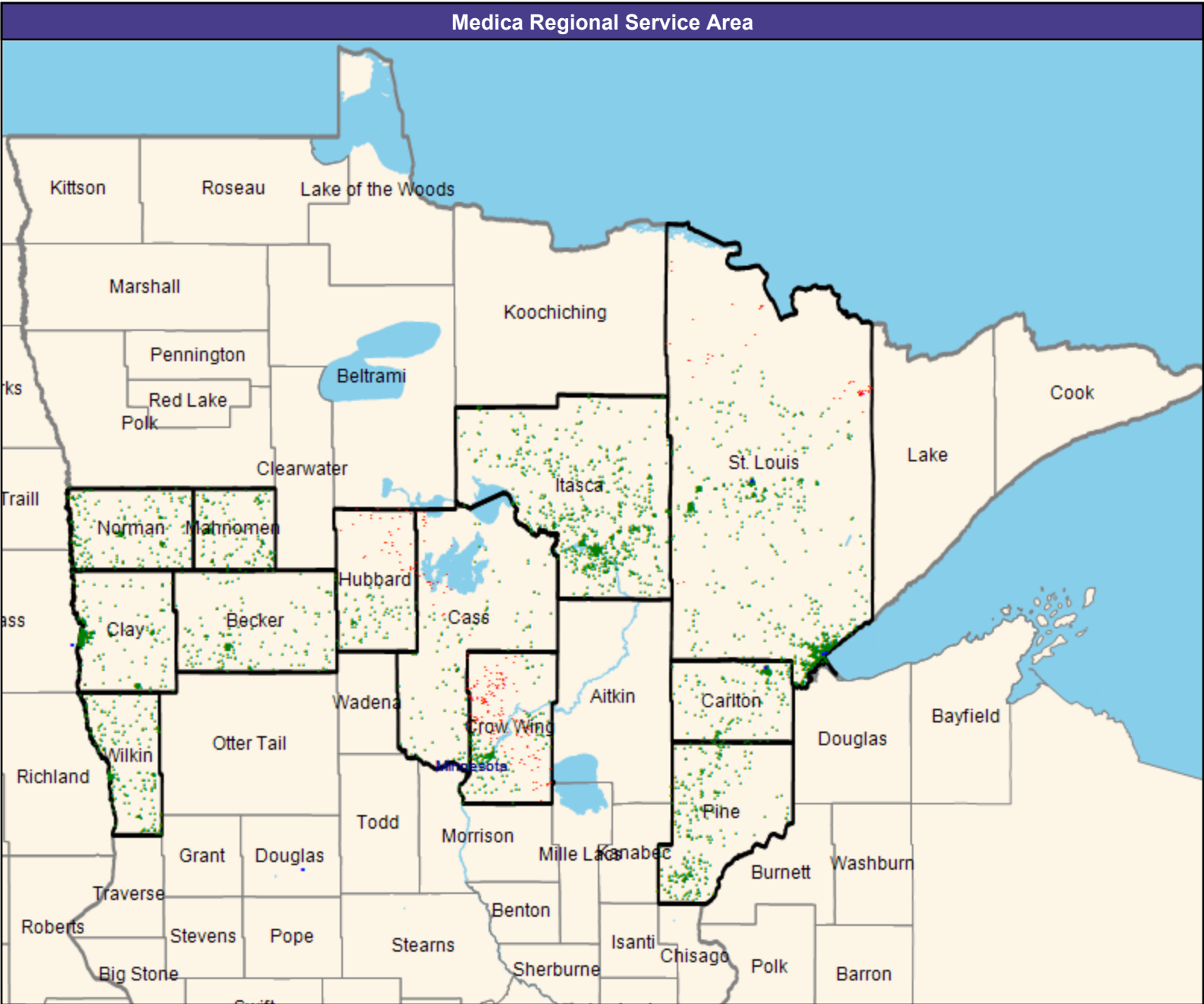
1 (Essentia Choice Care with Medica  
MNN010 Neurosurgery (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Neurosurgery (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



July 7, 2025

Created by...  
Medica

Access Analysis  
Neurosurgery

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNNO10)

Essentia Choice Care with Medica  
MNNO10 Neurosurgery (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Occupational Therapy/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Occupational Therapy

102 providers at 40 locations

■ All providers

Occupational Therapy

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Occupational Therapy  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (4,040)

● Without access (85)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Occupational Therapy  
(Medica Regional Service Area))  
provider in 10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Occupational Therapy  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Occupational Therapy  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

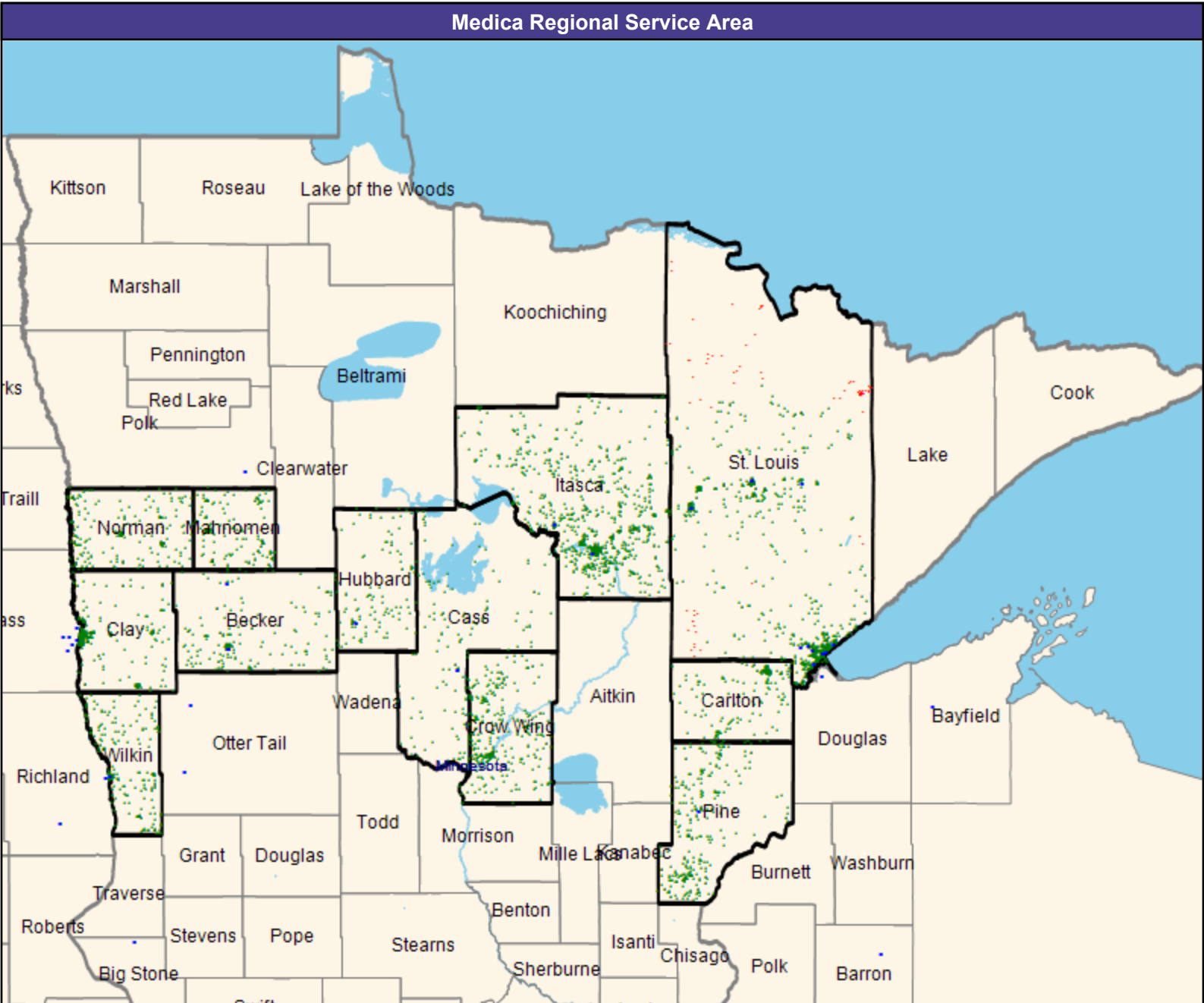
1 (Essentia Choice Care with Medica  
MNN010 Occupational Therapy  
(Medica Regional Service Area))  
provider in 60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Occupational Therapy  
(Medica Regional Service Area))  
provider in 100 miles and 110  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Occupational Therapy  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MN010)  
Essentia Choice Care with Medica  
MN010 Occupational Therapy  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Oncology - Medical & Surgical/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Oncology - Medical & Surgical

44 providers at 23 locations

■ All providers

Oncology - Medical & Surgical

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,023)

● Without access (102)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)) provider in 10 miles and 20  
minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)) provider in 30 miles and 45  
minutes

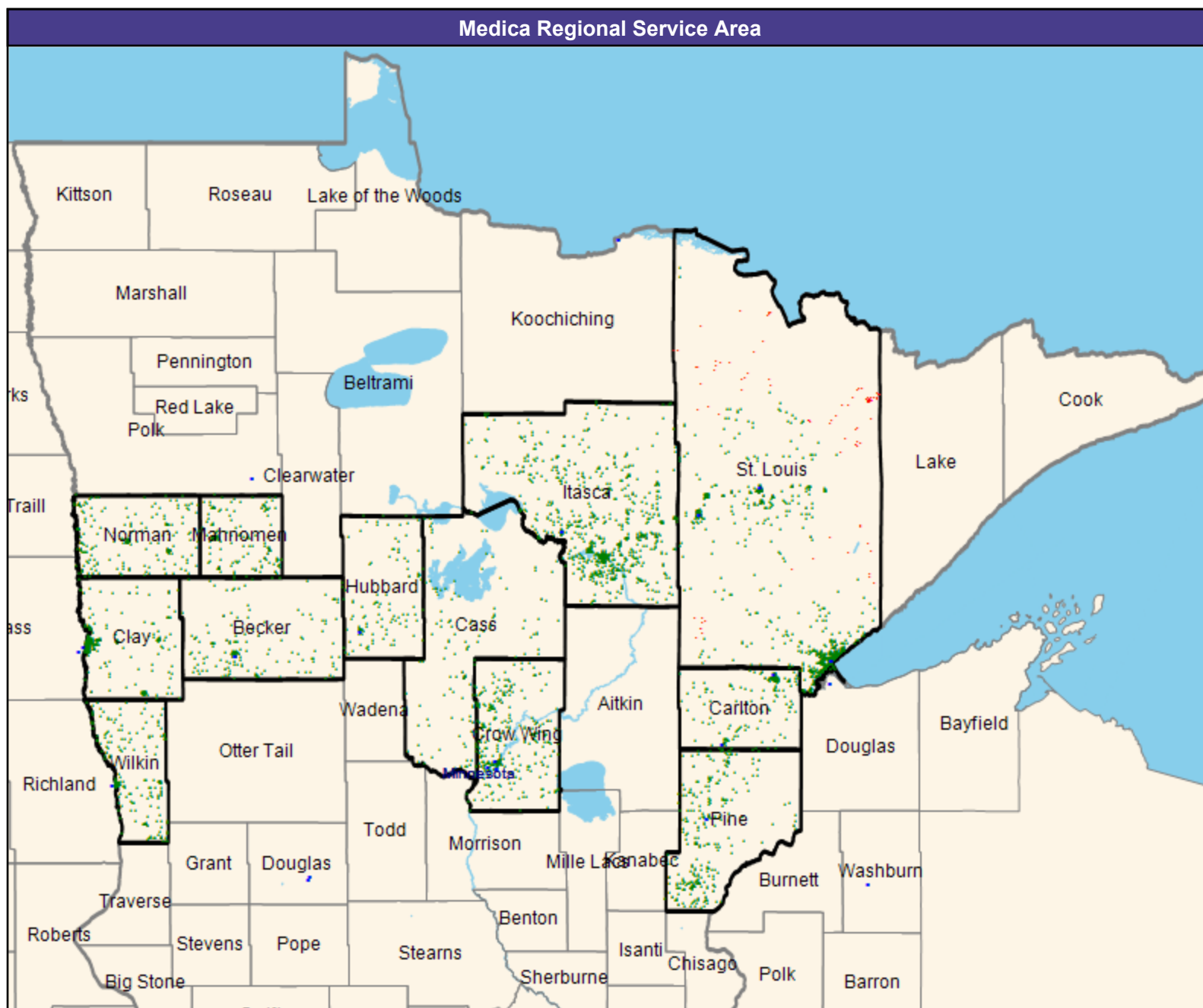
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)) provider in 45 miles and 60  
minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)) provider in 60 miles and 75  
minutes

CEAC areas...



## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Oncology - Radiation/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Oncology - Radiation

29 providers at 4 locations

■ All providers

Oncology - Radiation

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Oncology - Radiation (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,568)

● Without access (557)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 75 miles and 100 minutes

Rural areas...

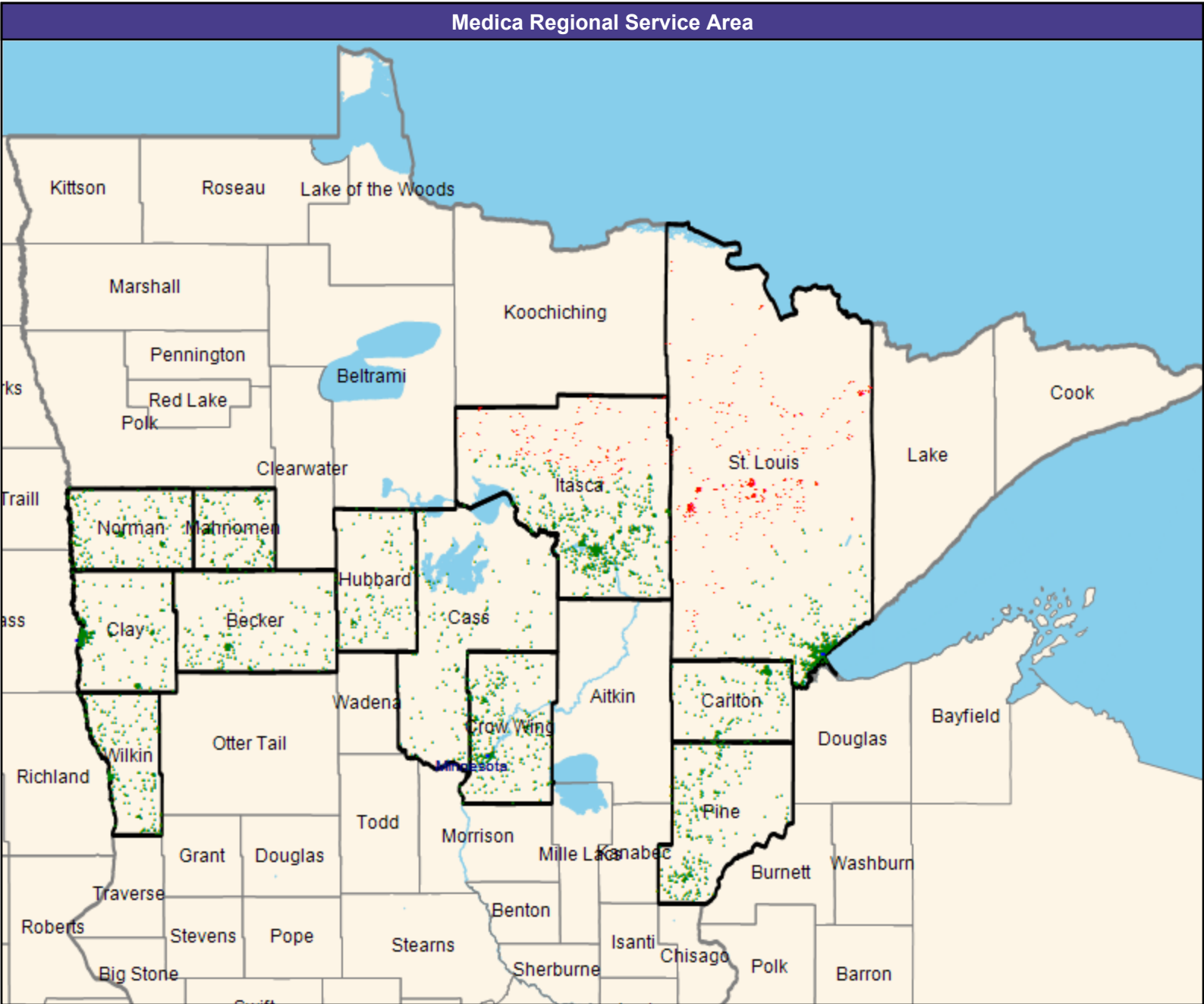
1 (Essentia Choice Care with Medica  
MNN010 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 130 miles and 145  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010





July 7, 2025

Access Analysis  
Oncology - Radiation  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNNO10)  
Essentia Choice Care with Medica  
MNNO10 Oncology - Radiation  
(Medica Regional Service Area)

[illegible]

Ophthalmology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Ophthalmology

143 providers at 76 locations

All providers

Ophthalmology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Ophthalmology (Medica  
Regional Service Area)

4,125 enrollee locations

With access (4,011)

Without access (114)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Ophthalmology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Ophthalmology (Medica  
Regional Service Area)) provider in  
20 miles and 30 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Ophthalmology (Medica  
Regional Service Area)) provider in  
35 miles and 50 minutes

Rural areas...

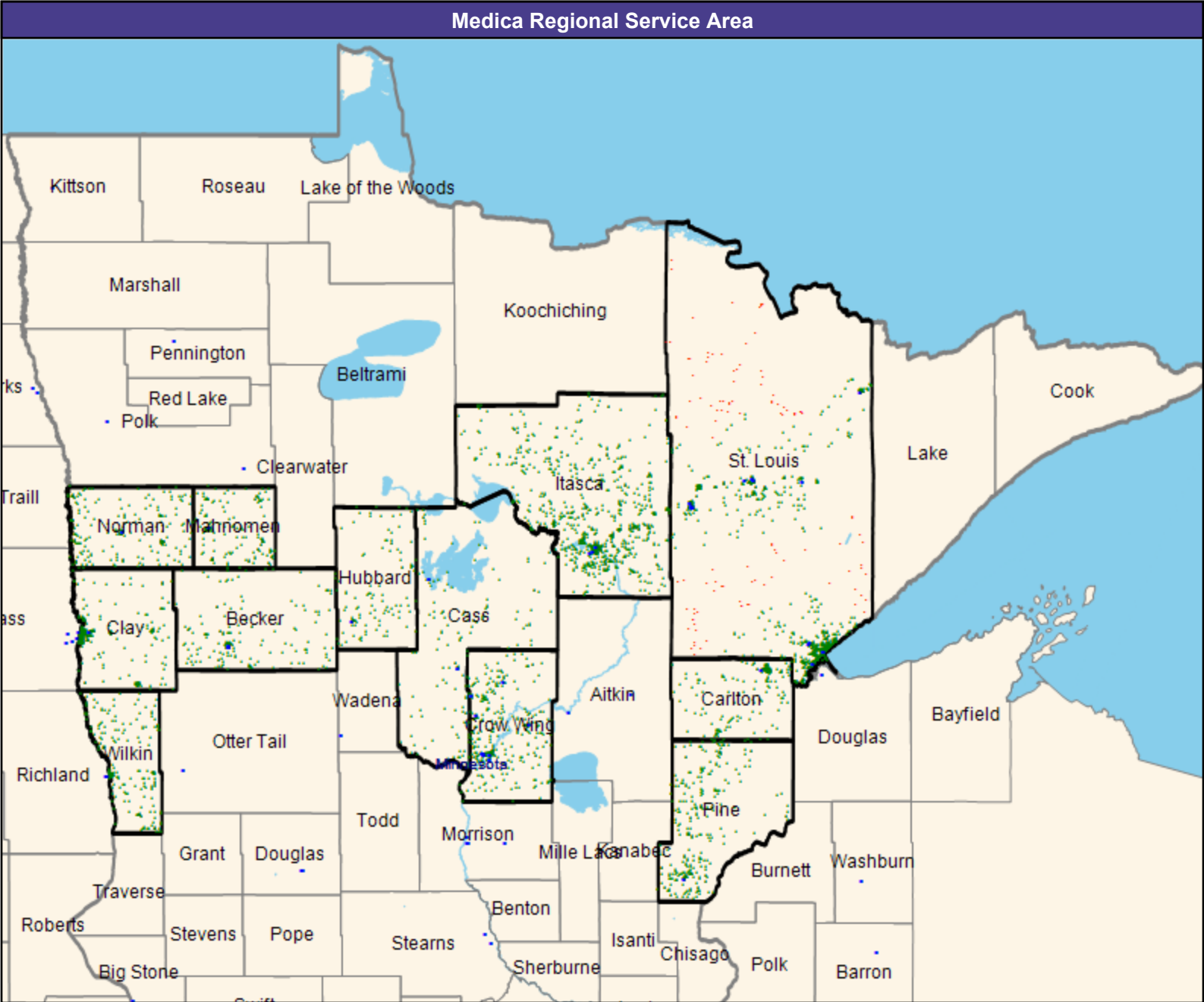
1 (Essentia Choice Care with Medica  
MNN010 Ophthalmology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Ophthalmology (Medica  
Regional Service Area)) provider in  
85 miles and 95 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Ophthalmology (Medica  
Regional Service Area)

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Orthopedic Surgery/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN010 Orthopedic Surgery

103 providers at 46 locations

■ All providers

Orthopedic Surgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Orthopedic Surgery (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,989)

● Without access (136)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
20 miles and 30 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
35 miles and 50 minutes

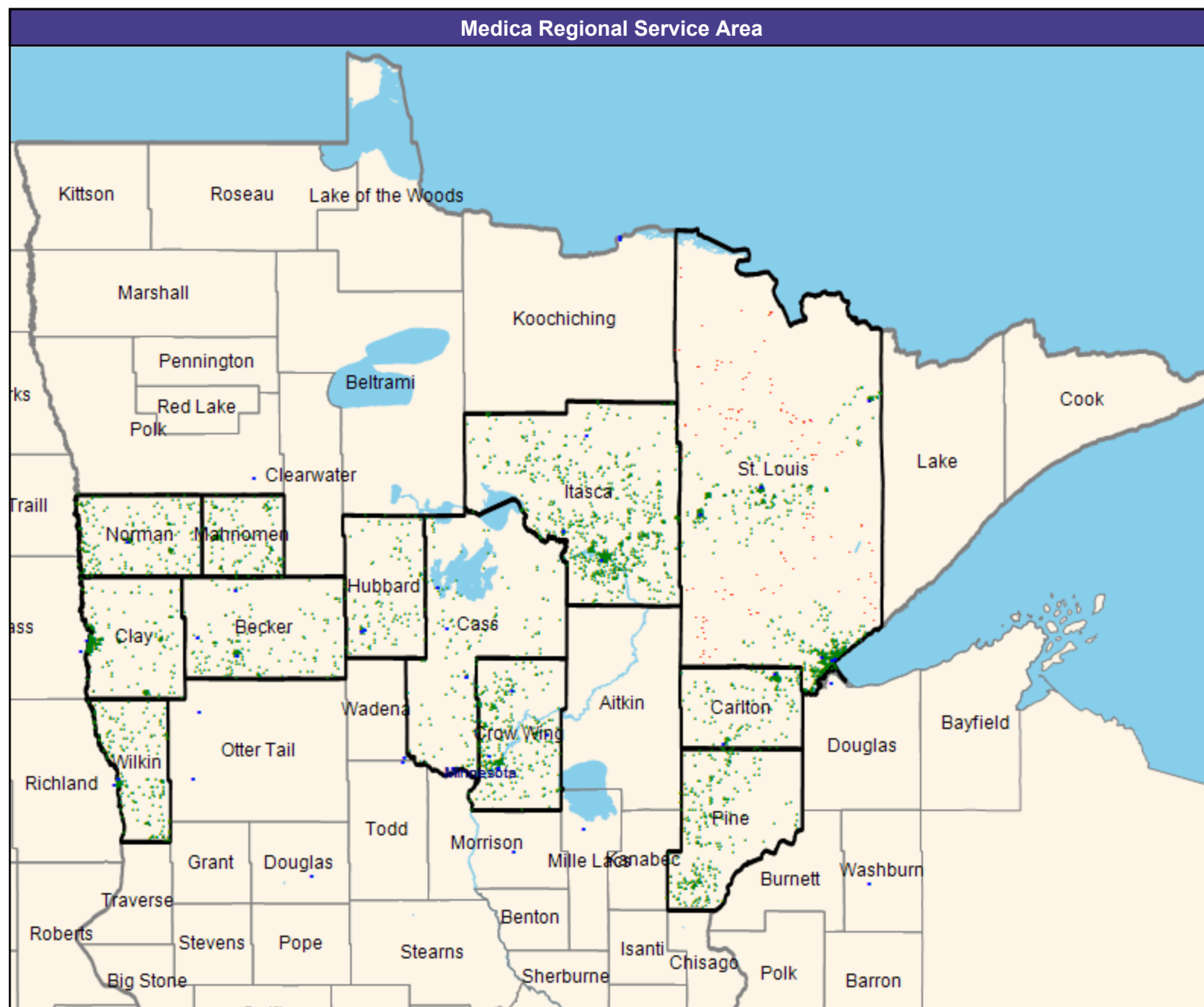
Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
85 miles and 95 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010

July 7, 2025

Created by...  
Medica

Access Analysis  
Orthopedic Surgery  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MN010)  
Essentia Choice Care with Medica  
MN010 Orthopedic Surgery  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Physical Medicine, Rehabilitation, and Occupational Medicine/Essentia Choice Care with Medica/MNNO

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNNO10 Physical Medicine,  
Rehabilitation and Occupational Medicine

26 providers at 25 locations

■ All providers

Physical Medicine, Rehabilitation and  
Occupational Medicine

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNNO10)

Provider Group

Essentia Choice Care with Medica  
MNNO10 Physical Medicine,  
Rehabilitation and Occupational  
Medicine (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,074)

● Without access (51)

The Access Standard is defined as  
(National Proxy Census (Essentia  
Choice Care with Medica MNNO10)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNNO10 Physical Medicine,  
Rehabilitation and Occupational  
Medicine (Medica Regional Service  
Area)) provider in 15 miles and 30  
minutes

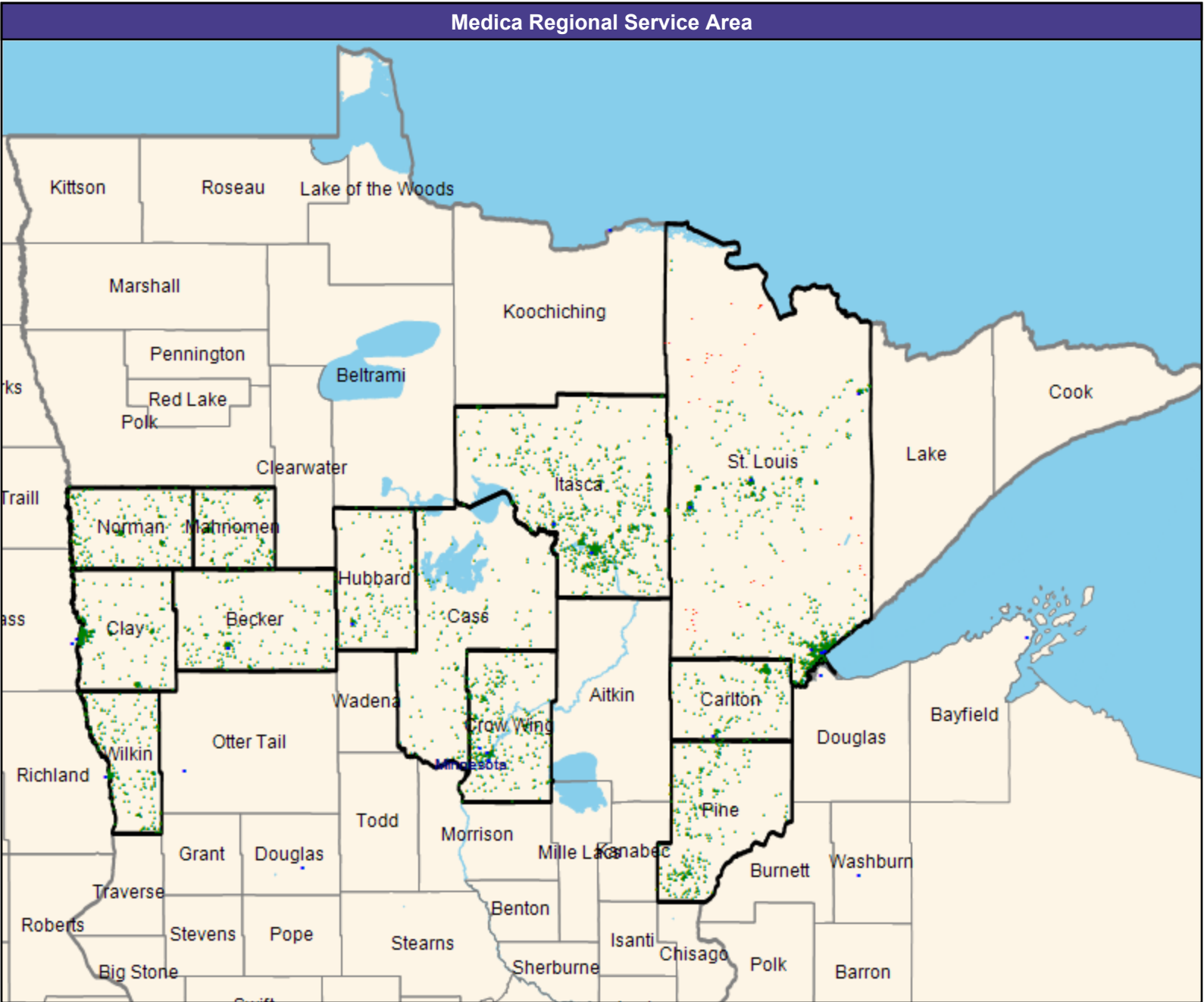
Metro areas...

1 (Essentia Choice Care with Medica  
MNNO10 Physical Medicine,  
Rehabilitation and Occupational  
Medicine (Medica Regional Service  
Area)) provider in 30 miles and 45  
minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNNO10 Physical Medicine,  
Rehabilitation and Occupational  
Medicine (Medica Regional Service  
Area)) provider in 60 miles and 80  
minutes

Rural areas...



## Access Detail By County

Created by...  
Medica

Access Analysis

Physical Medicine, Rehabilitation and Occupational Medicine

Enrollee / Provider Groups

National Proxy Census (Essentia Choice Care with Medica MNNO10)

Essentia Choice Care with Medica MNNO10 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Physical Therapy/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Physical Therapy

188 providers at 51 locations

All providers

Physical Therapy

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Physical Therapy (Medica  
Regional Service Area)

4,125 enrollee locations

With access (4,070)

Without access (55)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Physical Therapy (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Physical Therapy (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Physical Therapy (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

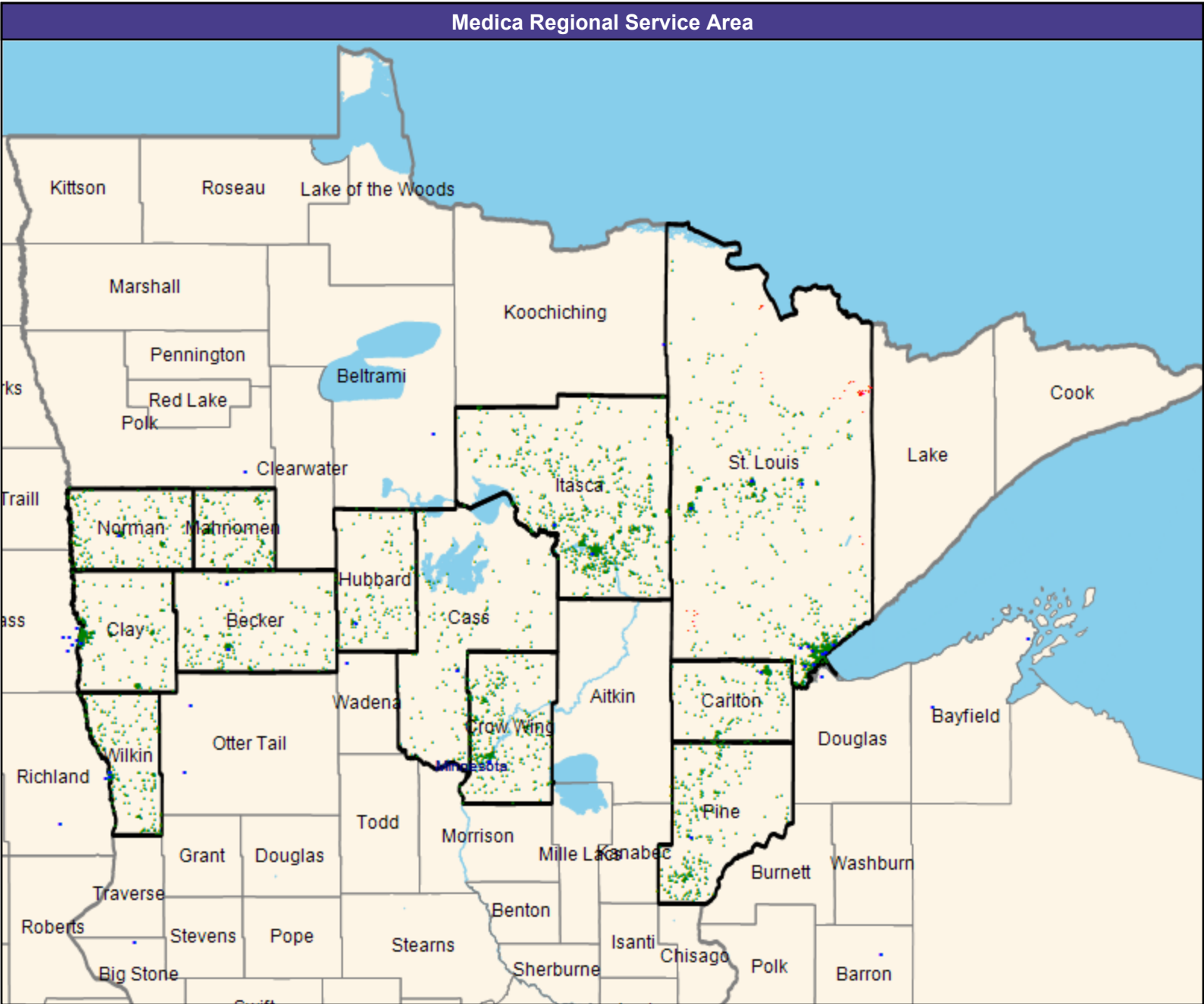
1 (Essentia Choice Care with Medica  
MNN010 Physical Therapy (Medica  
Regional Service Area)) provider in  
75 miles and 90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Physical Therapy (Medica  
Regional Service Area)) provider in  
110 miles and 125 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010





## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Plastic Surgery/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN010 Plastic Surgery

4 providers at 4 locations

■ All providers

Plastic Surgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Plastic Surgery (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (2,254)

● Without access (1,871)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Plastic Surgery (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Plastic Surgery (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Plastic Surgery (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

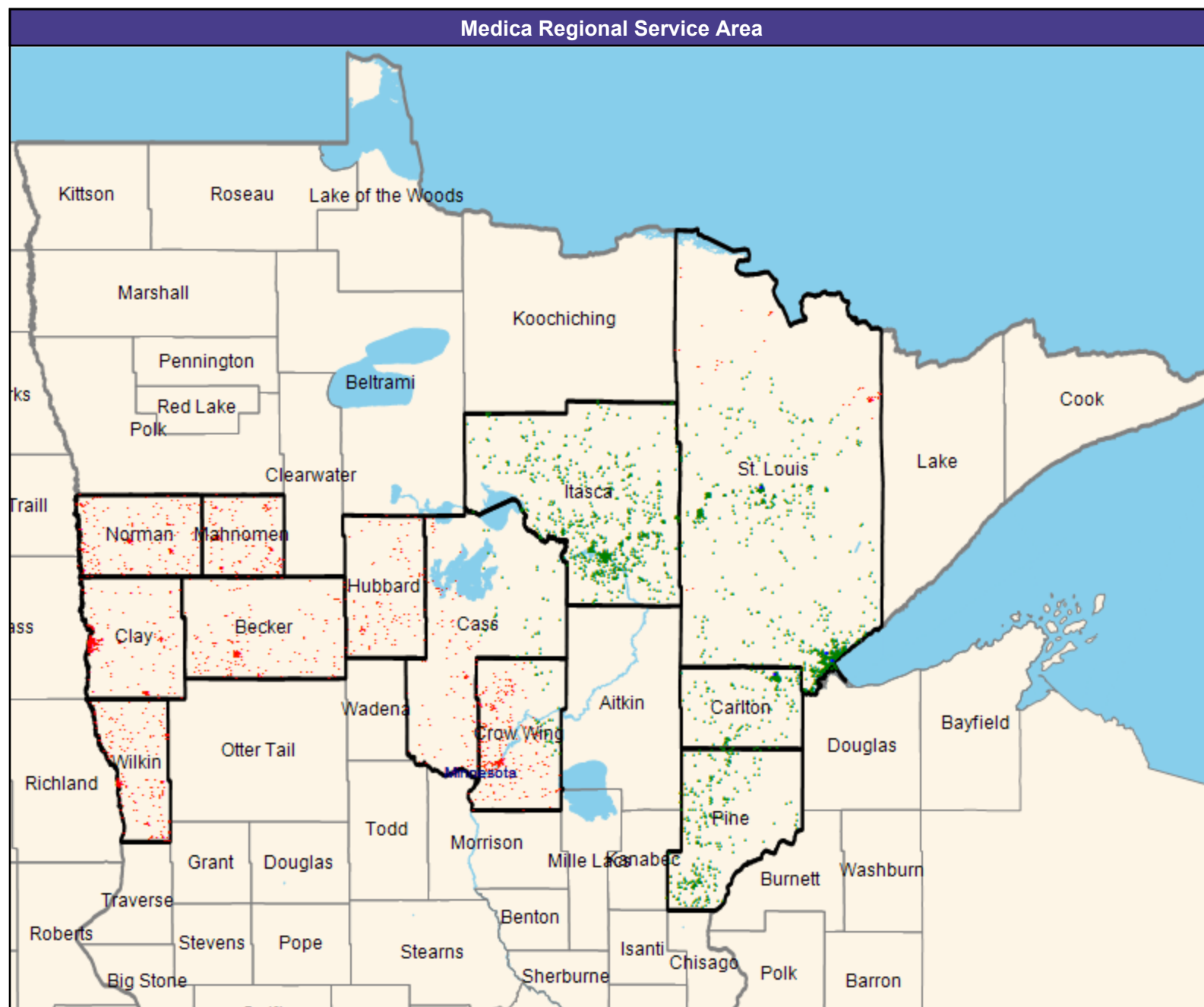
Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Plastic Surgery (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Plastic Surgery (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010

## Access Detail By County

Created by...  
Medica

Access Analysis  
Plastic Surgery

Enrollee / Provider Groups

- National Proxy Census (Essentia Choice Care with Medica MNNO10)
- Essentia Choice Care with Medica MNNO10 Plastic Surgery (Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Podiatry/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Podiatry

30 providers at 39 locations

■ All providers

Podiatry

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Podiatry (Medica Regional  
Service Area)

4,125 enrollee locations

◆ With access (4,086)

● Without access (39)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Podiatry (Medica Regional  
Service Area)) provider in 10 miles  
and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Podiatry (Medica Regional  
Service Area)) provider in 30 miles  
and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Podiatry (Medica Regional  
Service Area)) provider in 45 miles  
and 60 minutes

Rural areas...

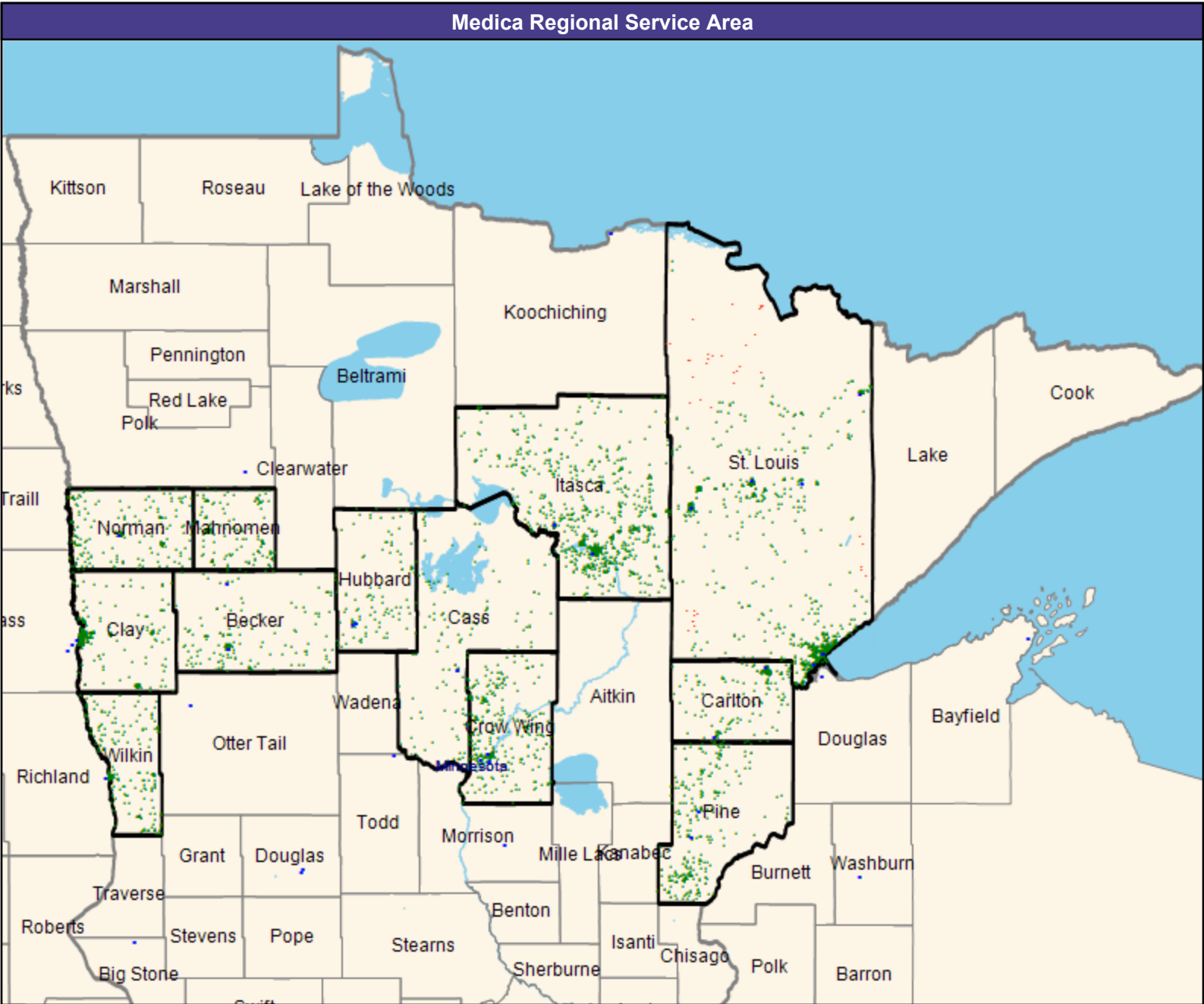
1 (Essentia Choice Care with Medica  
MNN010 Podiatry (Medica Regional  
Service Area)) provider in 60 miles  
and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Podiatry (Medica Regional  
Service Area)) provider in 100 miles  
and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Podiatry  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Podiatry (Medica Regional  
Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Primary Care - Adult/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Primary Care - Adult

1,079 providers at 132 locations

All providers

Primary Care - Adult

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Primary Care - Adult (Medica  
Regional Service Area)

4,125 enrollee locations

With access (3,967)

Without access (158)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 5 miles and 10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 10 miles and 15 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 20 miles and 30 minutes

Rural areas...

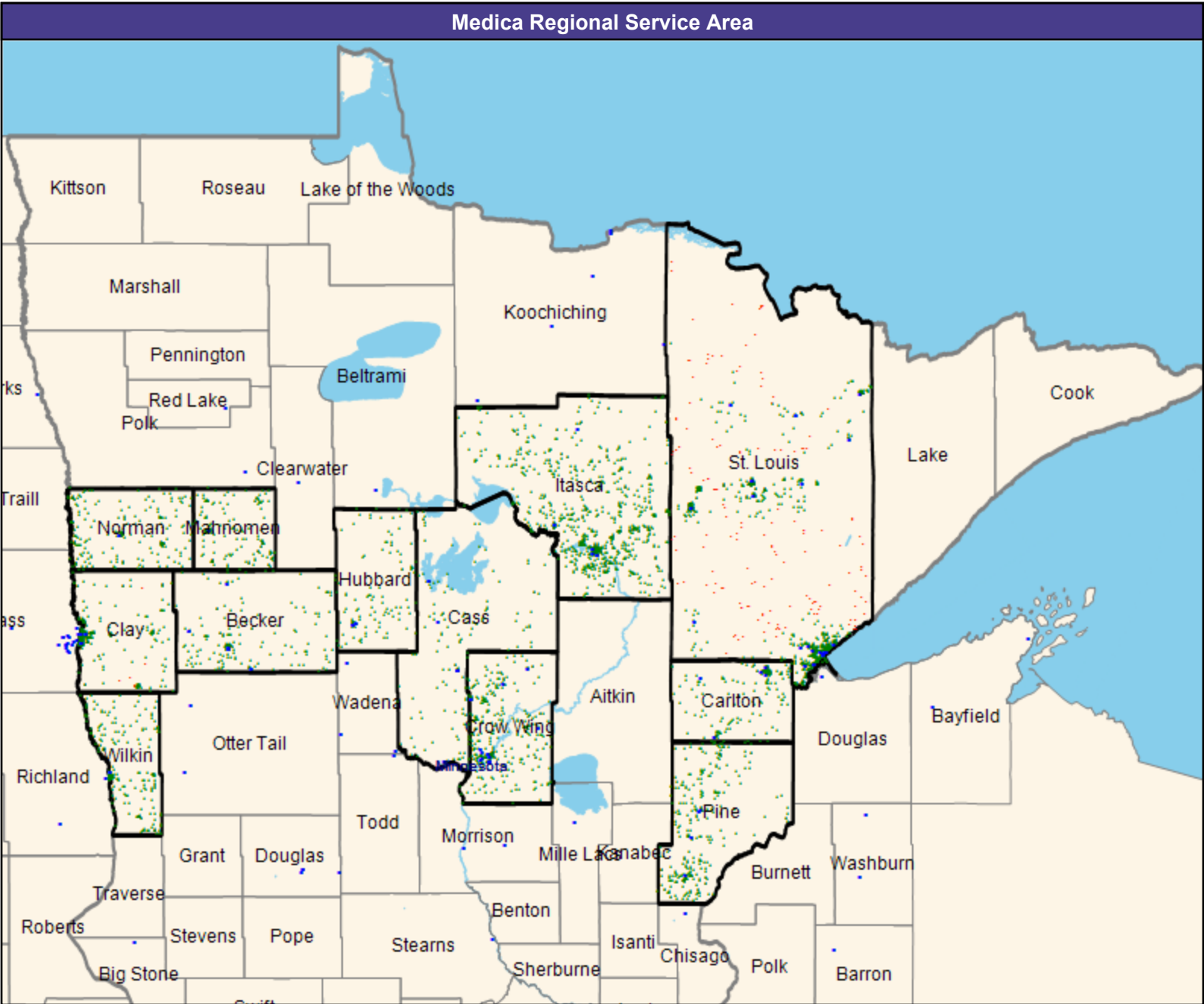
1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 30 miles and 40 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 60 miles and 70 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



July 7, 2025

Created by...  
Medica

Access Analysis  
Primary Care - Adult

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNNO10)  
Essentia Choice Care with Medica  
MNNO10 Primary Care - Adult  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Primary Care - Pediatric/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN010 Primary Care - Pediatric

53 providers at 28 locations

■ All providers

Primary Care - Pediatric

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Primary Care - Pediatric  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (2,397)

● Without access (1,728)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 5 miles and 10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 10 miles and 15 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 20 miles and 30 minutes

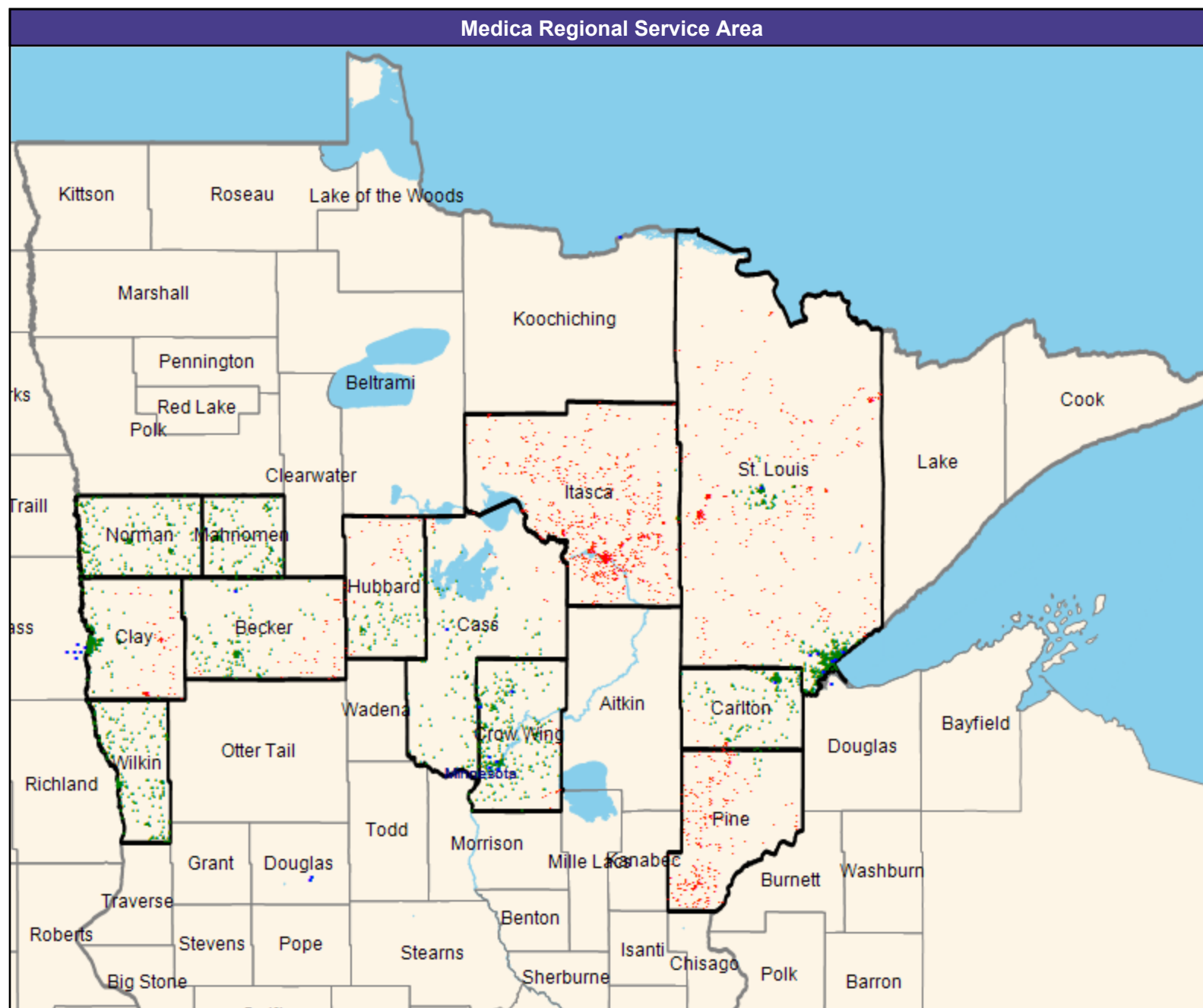
Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 30 miles and 40 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 60 miles and 70 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



July 7, 2025

Created by...  
Medica

Access Analysis  
Primary Care - Pediatric

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNNO10)  
Essentia Choice Care with Medica  
MNNO10 Primary Care - Pediatric  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Pediatric Specialty Care/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Pediatric Specialty Care

55 providers at 26 locations

■ All providers

Pediatric Specialty Care

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Pediatric Specialty Care  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (3,404)

● Without access (721)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 5 miles and 10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 10 miles and 15 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 20 miles and 30 minutes

Rural areas...

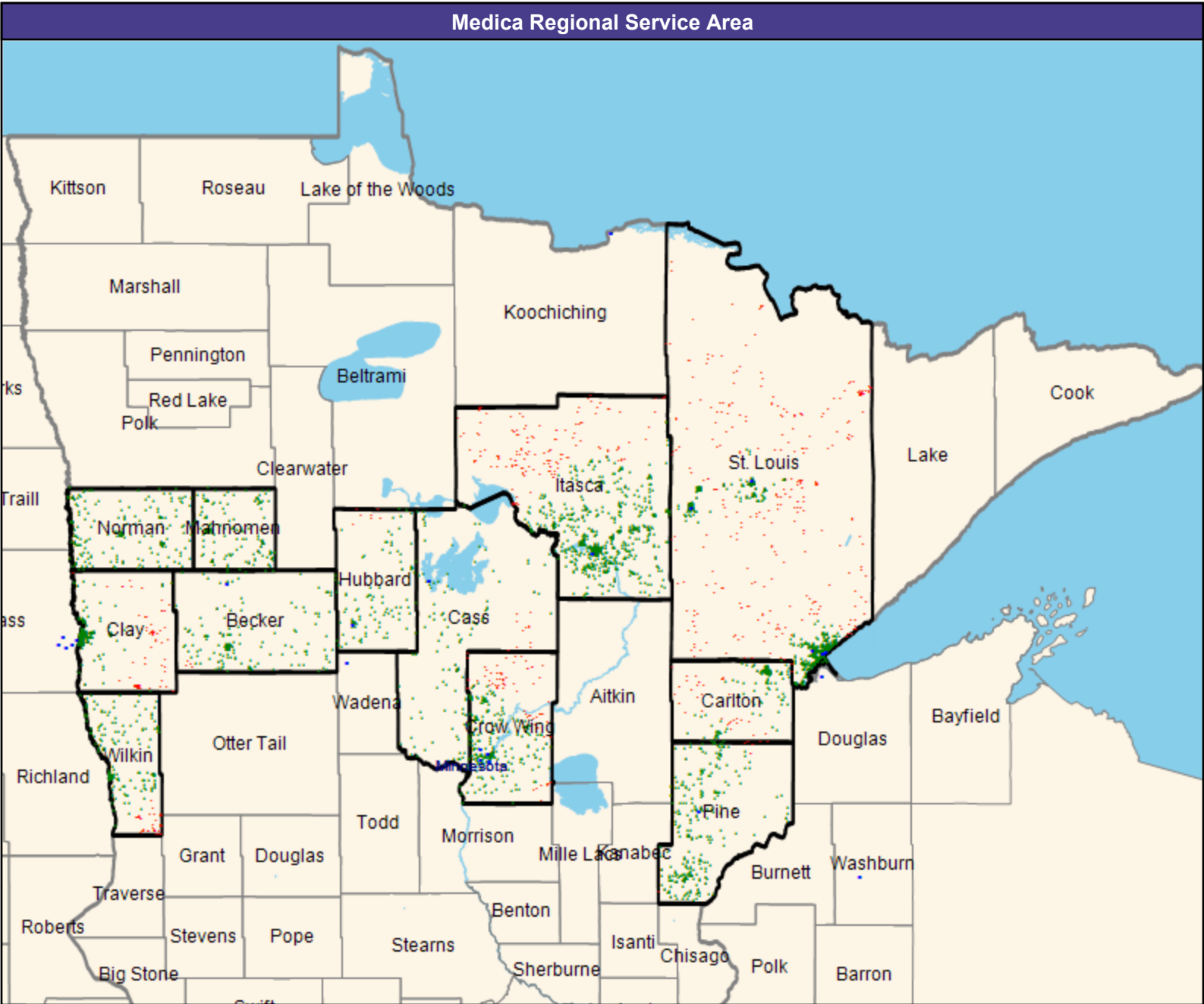
1 (Essentia Choice Care with Medica  
MNN010 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 30 miles and 40 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 60 miles and 70 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Pulmonology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Pulmonology

33 providers at 22 locations

All providers

Pulmonology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Pulmonology (Medica  
Regional Service Area)

4,125 enrollee locations

With access (3,980)

Without access (145)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Pulmonology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Pulmonology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Pulmonology (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

Rural areas...

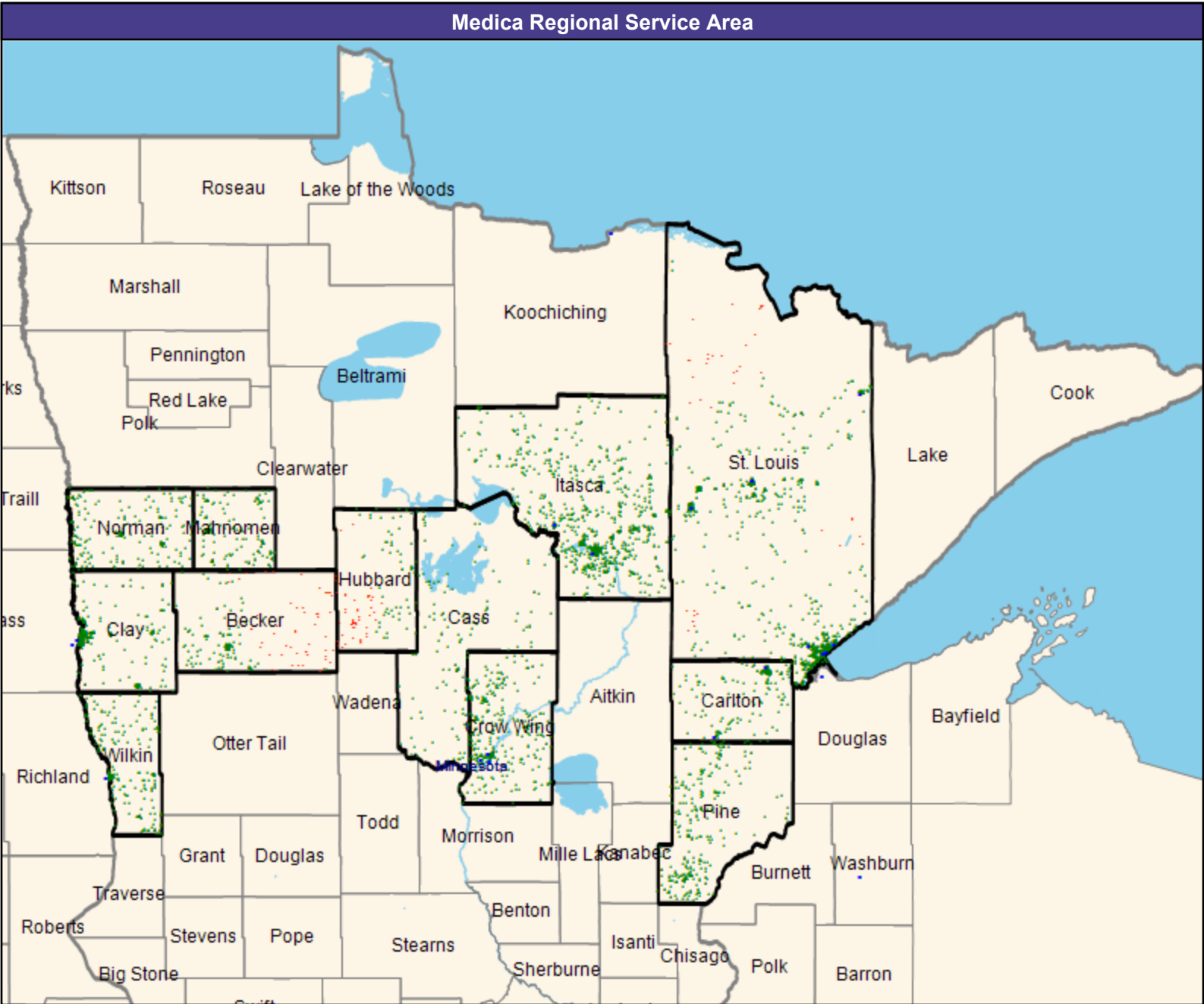
1 (Essentia Choice Care with Medica  
MNN010 Pulmonology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Pulmonology (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Pulmonology

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Essentia Choice Care with Medica  
MNN010 Pulmonology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Rheumatology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Rheumatology

17 providers at 13 locations

All providers

Rheumatology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Rheumatology (Medica  
Regional Service Area)

4,125 enrollee locations

With access (4,069)

Without access (56)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Rheumatology (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Rheumatology (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Rheumatology (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

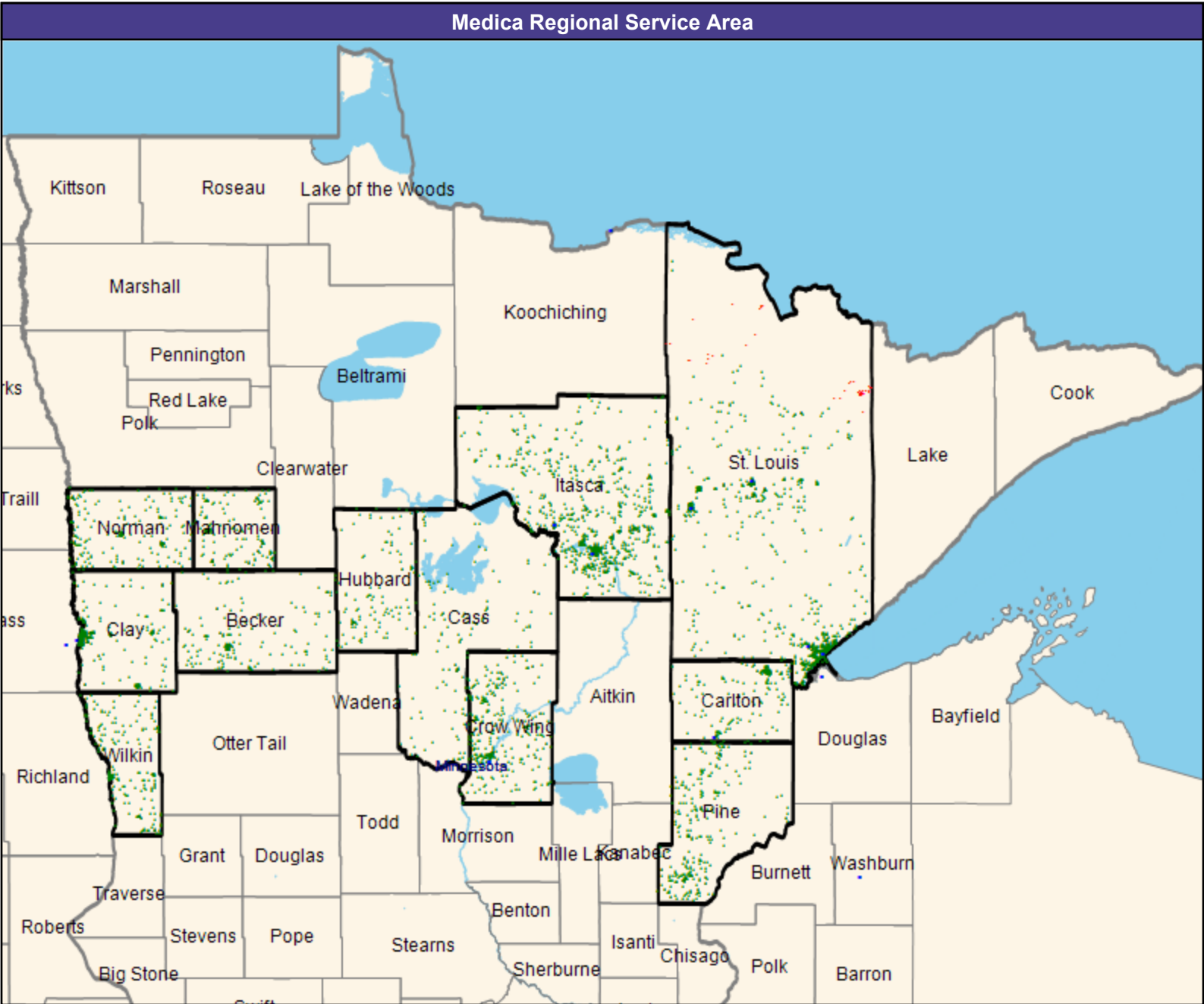
1 (Essentia Choice Care with Medica  
MNN010 Rheumatology (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Rheumatology (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Rheumatology  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MN010)  
Essentia Choice Care with Medica  
MN010 Rheumatology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Speech Therapy/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Speech Therapy

70 providers at 23 locations

■ All providers

Speech Therapy

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Speech Therapy (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,577)

● Without access (548)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Speech Therapy (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Speech Therapy (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Speech Therapy (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

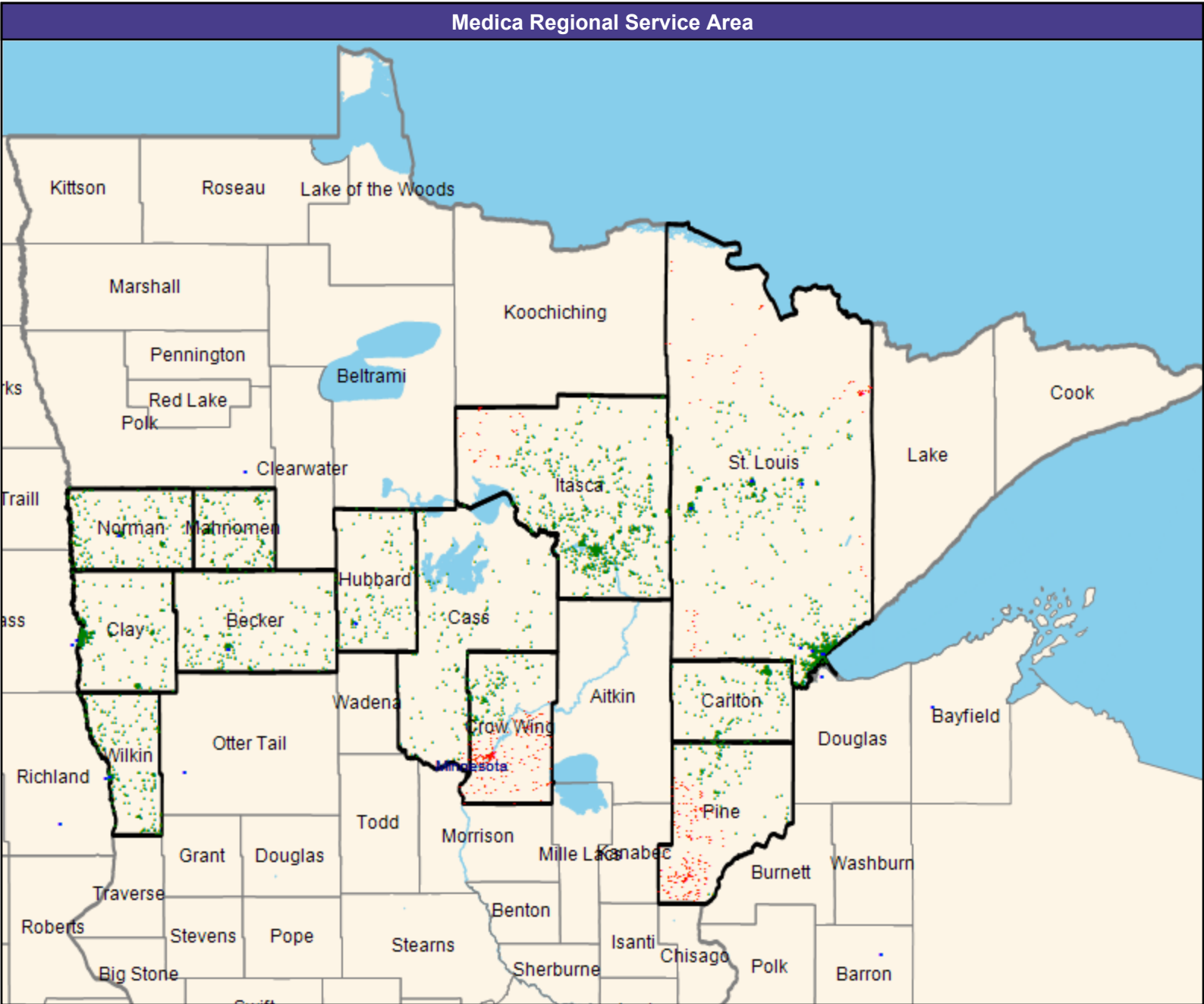
1 (Essentia Choice Care with Medica  
MNN010 Speech Therapy (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Speech Therapy (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010





## Access Detail By County

Created by...  
Medica

National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Speech Therapy (Medica  
Regional Service Area)

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Urology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Urology

46 providers at 25 locations

All providers

Urology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Urology (Medica Regional  
Service Area)

4,125 enrollee locations

With access (4,071)

Without access (54)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Urology (Medica Regional  
Service Area)) provider in 10 miles  
and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Urology (Medica Regional  
Service Area)) provider in 30 miles  
and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Urology (Medica Regional  
Service Area)) provider in 45 miles  
and 60 minutes

Rural areas...

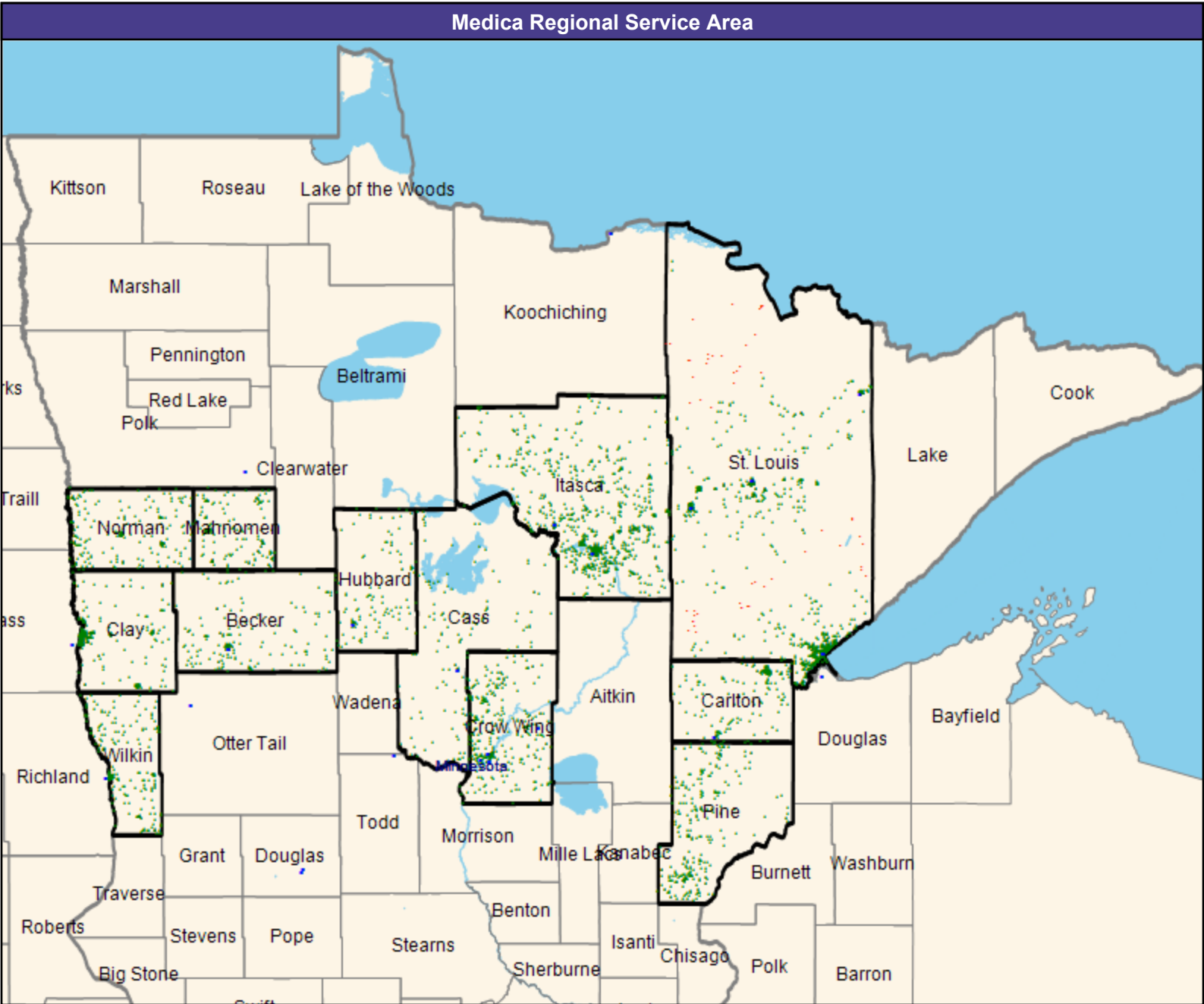
1 (Essentia Choice Care with Medica  
MNN010 Urology (Medica Regional  
Service Area)) provider in 60 miles  
and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Urology (Medica Regional  
Service Area)) provider in 100 miles  
and 110 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Urology

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Essentia Choice Care with Medica  
MNN010 Urology (Medica Regional  
Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Vascular Surgery/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Vascular Surgery

8 providers at 8 locations

■ All providers

Vascular Surgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Vascular Surgery (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,581)

● Without access (544)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Vascular Surgery (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Vascular Surgery (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Vascular Surgery (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

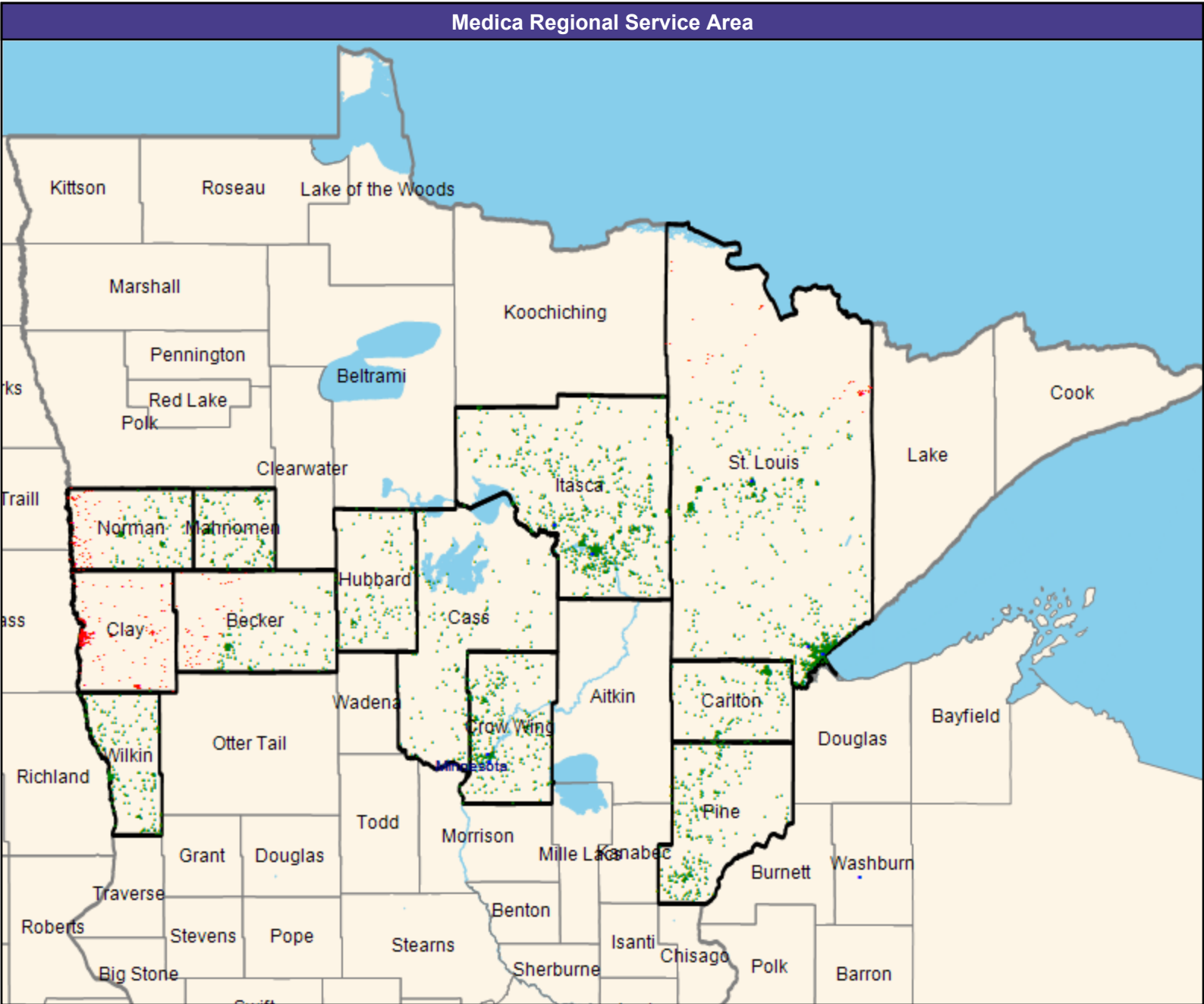
1 (Essentia Choice Care with Medica  
MNN010 Vascular Surgery (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Vascular Surgery (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Vascular Surgery

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Vascular Surgery (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Acute Inpatient Hospitals/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Acute Inpatient Hospitals

25 providers at 25 locations

■ All providers

Acute Inpatient Hospitals

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Acute Inpatient Hospitals  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (4,092)

● Without access (33)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

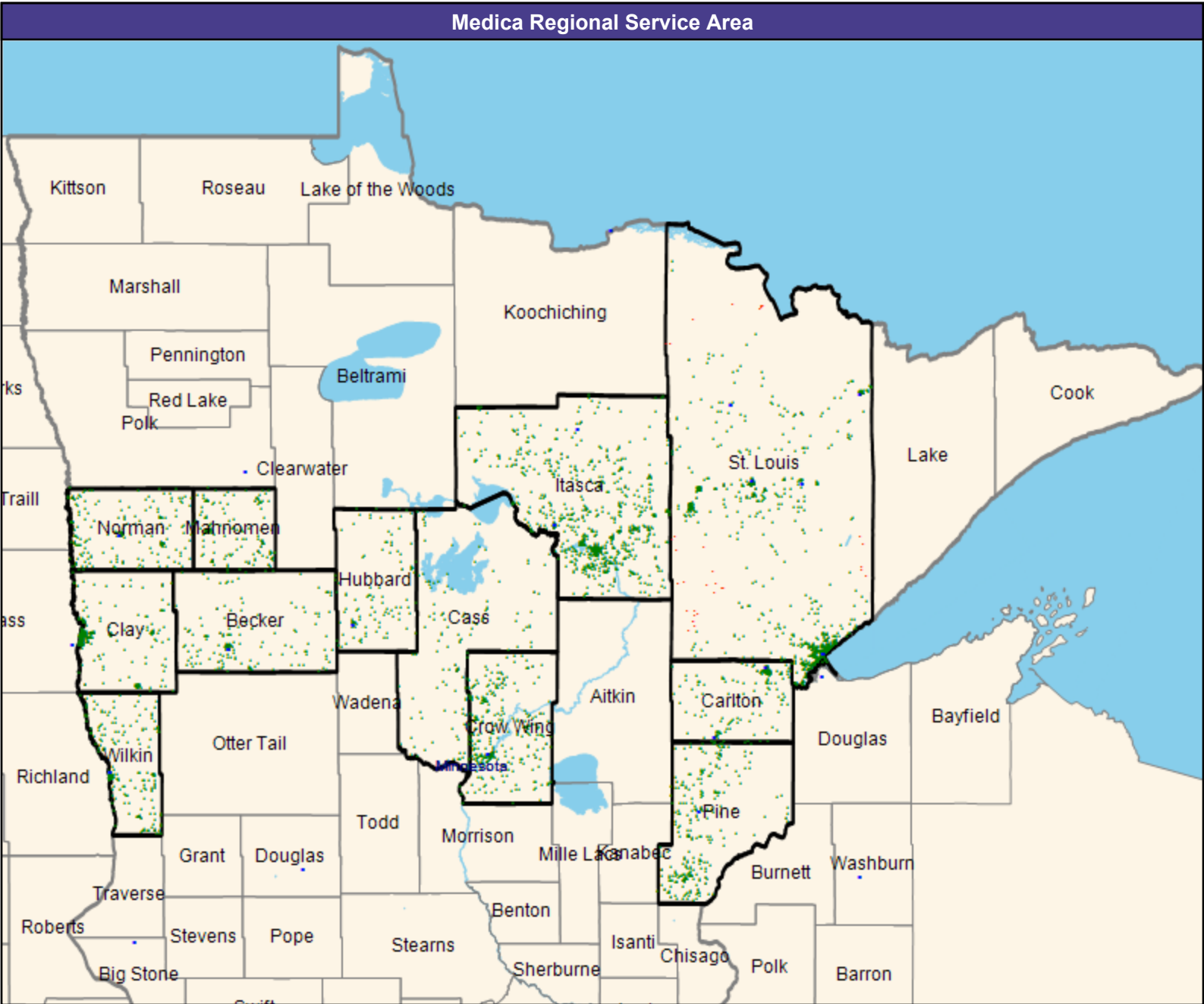
1 (Essentia Choice Care with Medica  
MNN010 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 100 miles and 110  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



July 7, 2025

Created by...  
Medica

Access Analysis  
Acute Inpatient Hospitals  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNNO10)  
Essentia Choice Care with Medica  
MNNO10 Acute Inpatient Hospitals  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Cardiac Catheterization Services/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN010 Cardiac Catheterization  
Services

8 providers at 8 locations

■ All providers

Cardiac Catheterization Services

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Cardiac Catheterization  
Services (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,095)

● Without access (30)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiac Catheterization  
Services (Medica Regional Service  
Area)) provider in 15 miles and 30  
minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiac Catheterization  
Services (Medica Regional Service  
Area)) provider in 40 miles and 60  
minutes

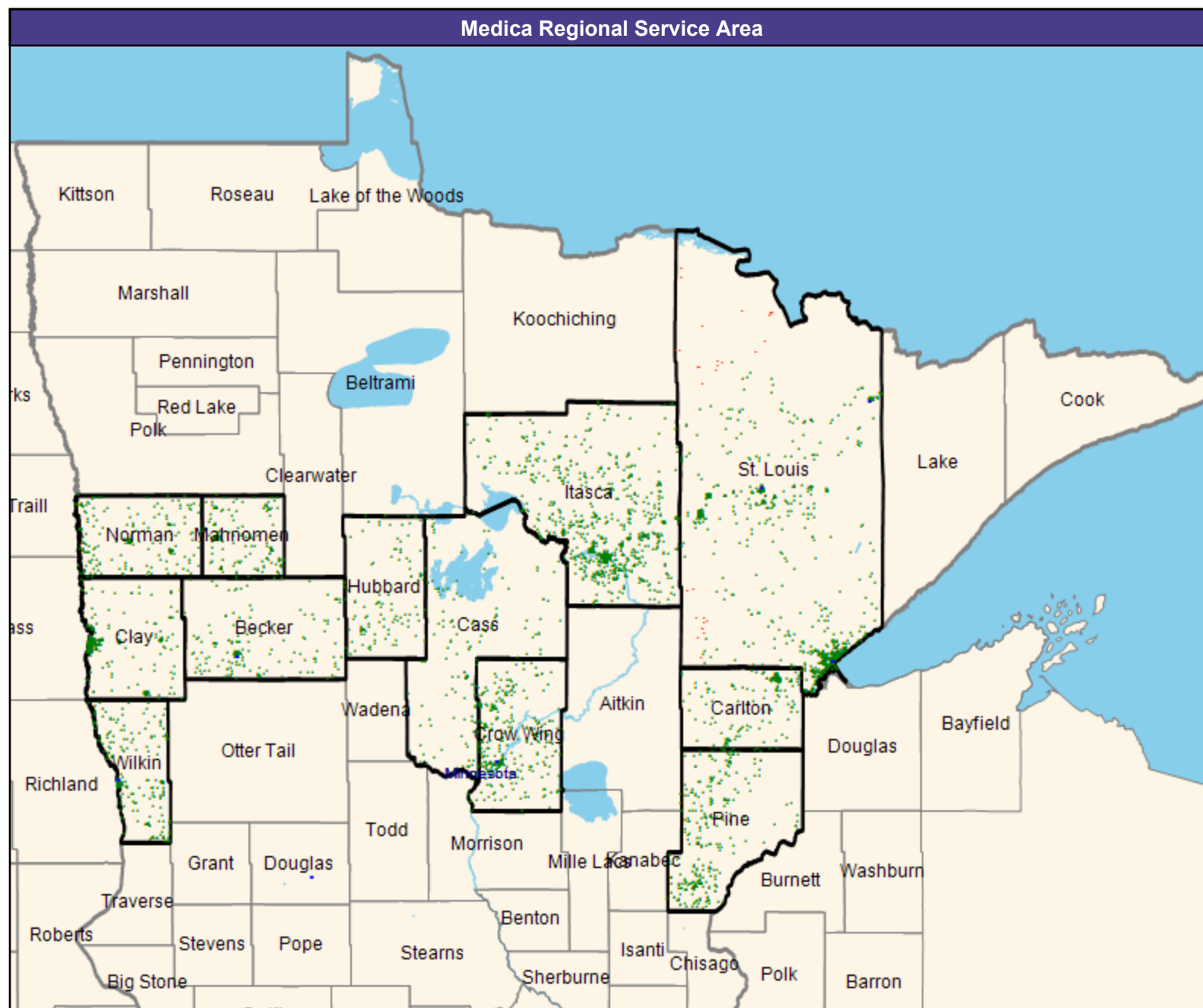
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiac Catheterization  
Services (Medica Regional Service  
Area)) provider in 120 miles and 160  
minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiac Catheterization  
Services (Medica Regional Service  
Area)) provider in 120 miles and 145  
minutes

CEAC areas...



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## Access Detail By County

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1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Cardiac Surgery Program/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Cardiac Surgery Program

3 providers at 3 locations

■ All providers

Cardiac Surgery Program

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Cardiac Surgery Program  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (3,394)

● Without access (731)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 120 miles and 160  
minutes

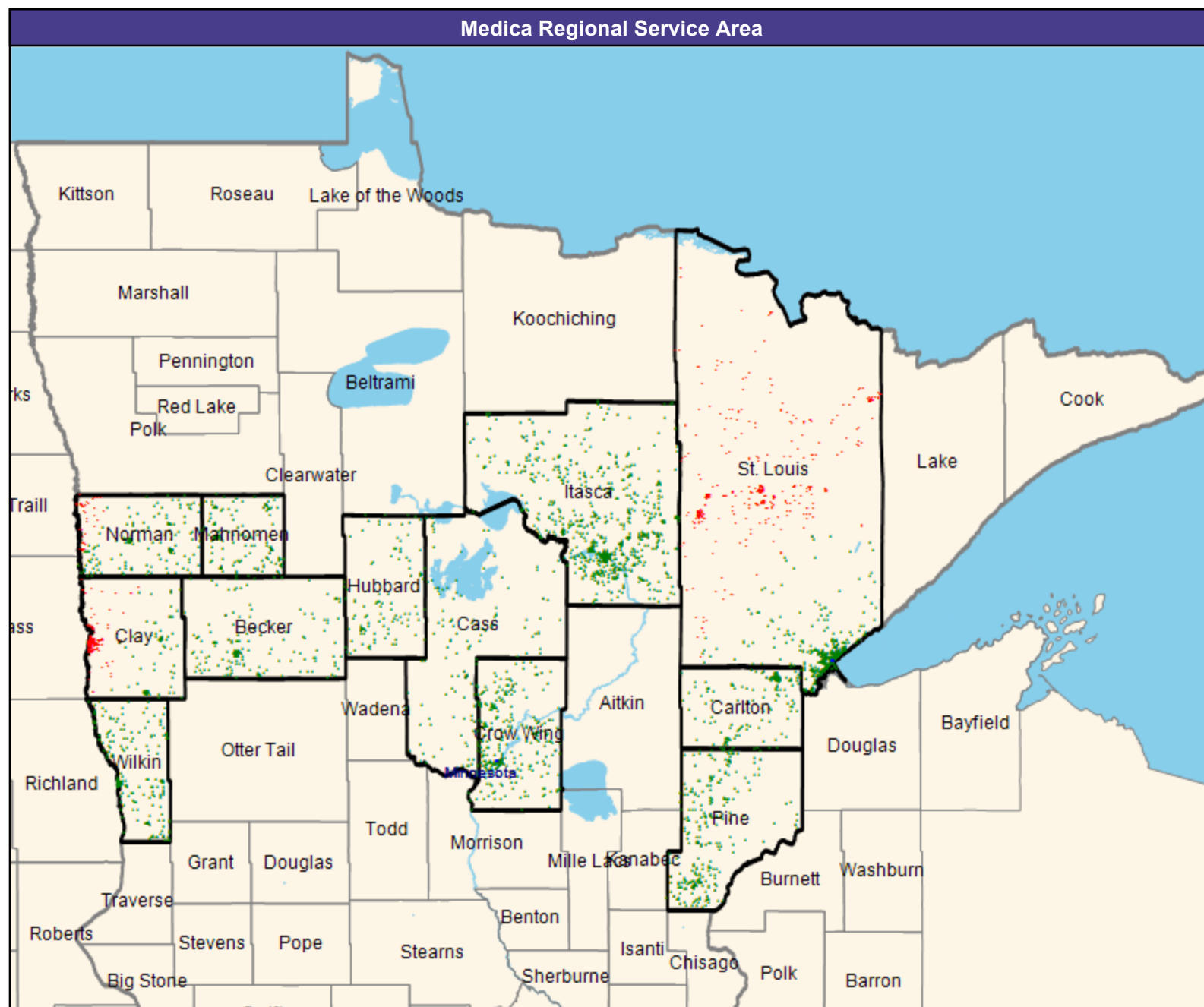
Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 120 miles and 145  
minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 140 miles and 155  
minutes

Service Areas



## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Critical Care Services - Intensive Care Units (ICU)/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN010 Critical Care Services -  
Intensive Care Units (ICU)

24 providers at 24 locations

■ All providers

Critical Care Services - Intensive Care  
Units (ICU)

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,092)

● Without access (33)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

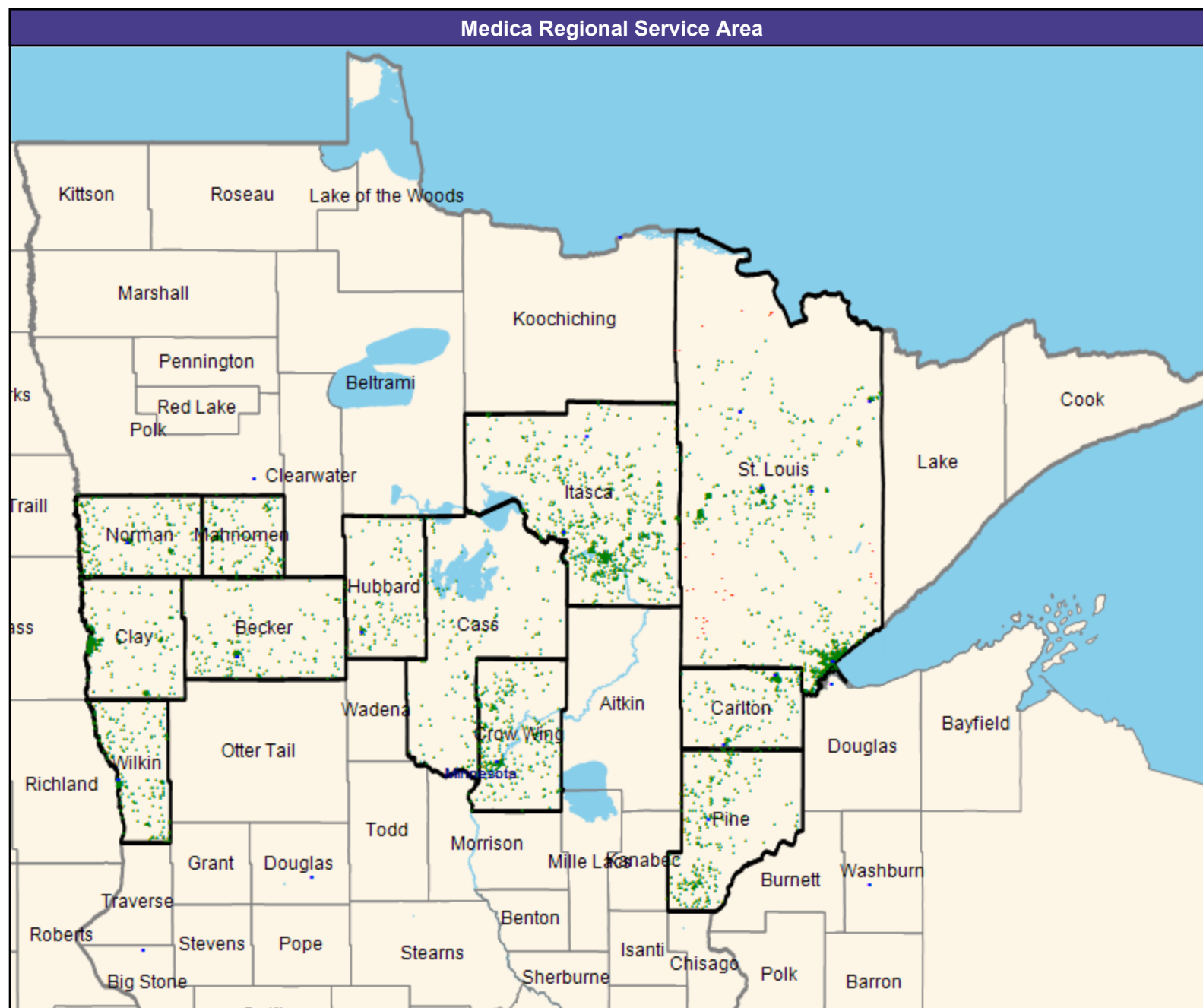
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)) provider in  
120 miles and 160 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)) provider in  
120 miles and 145 minutes

CEAC areas...



July 7, 2025

Created by...  
Medica

Access Analysis

Critical Care Services - Intensive Care Units (ICU)

Enrollee / Provider Groups

National Proxy Census (Essentia Choice Care with Medica MNNO10)

Essentia Choice Care with Medica MNNO10 Critical Care Services - Intensive Care Units (ICU) (Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Diagnostic Radiology/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Diagnostic Radiology

24 providers at 24 locations

■ All providers

Diagnostic Radiology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Diagnostic Radiology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,092)

● Without access (33)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

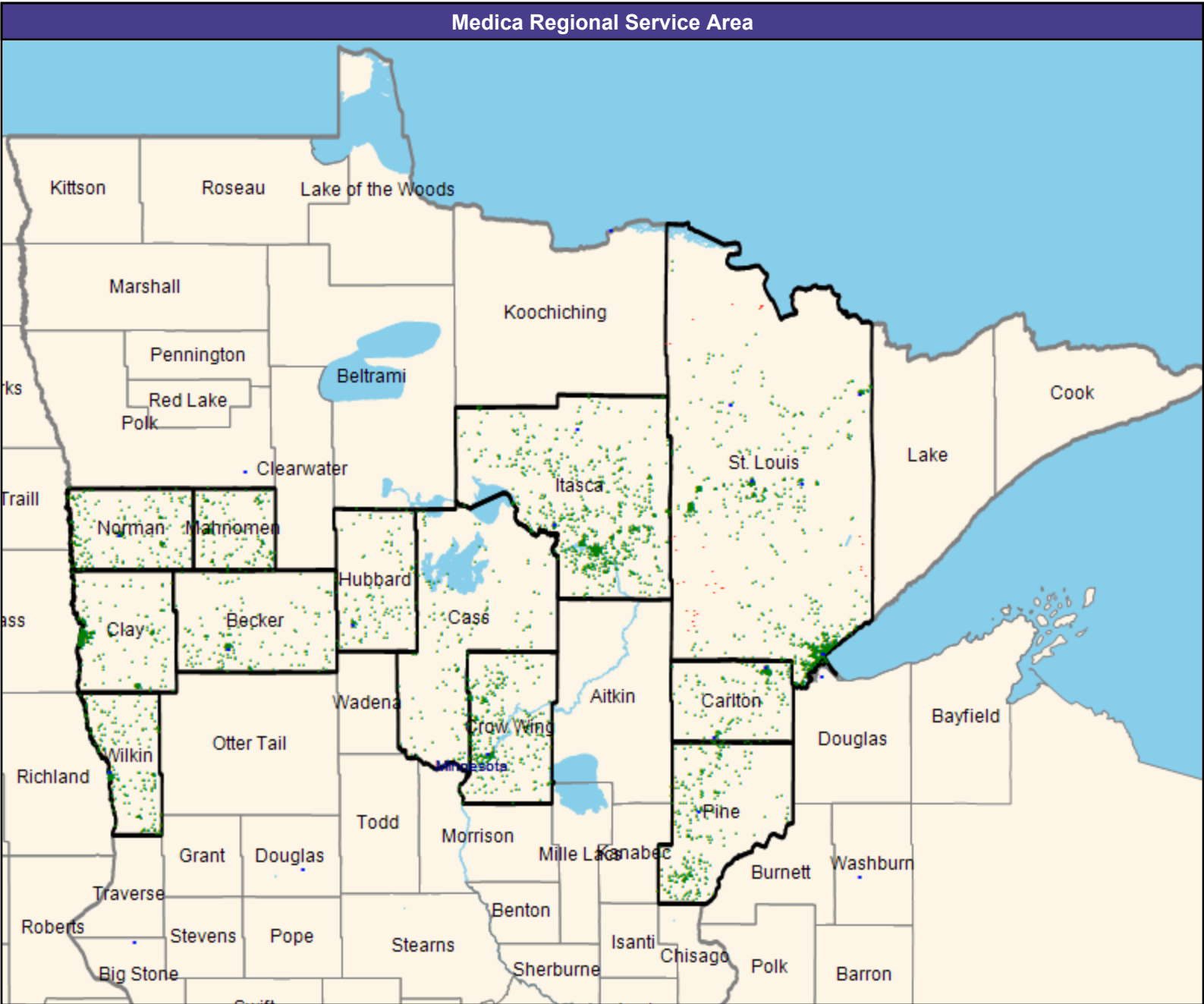
1 (Essentia Choice Care with Medica  
MNN010 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 100 miles and 110  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Inpatient or Residential Behavioral Health Facility Services/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN010 Inpatient or Residential  
Behavioral Health Facility Services

31 providers at 35 locations

■ All providers

Inpatient or Residential Behavioral Health  
Facility Services

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (4,033)

● Without access (92)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area))  
provider in 45 miles and 70 minutes

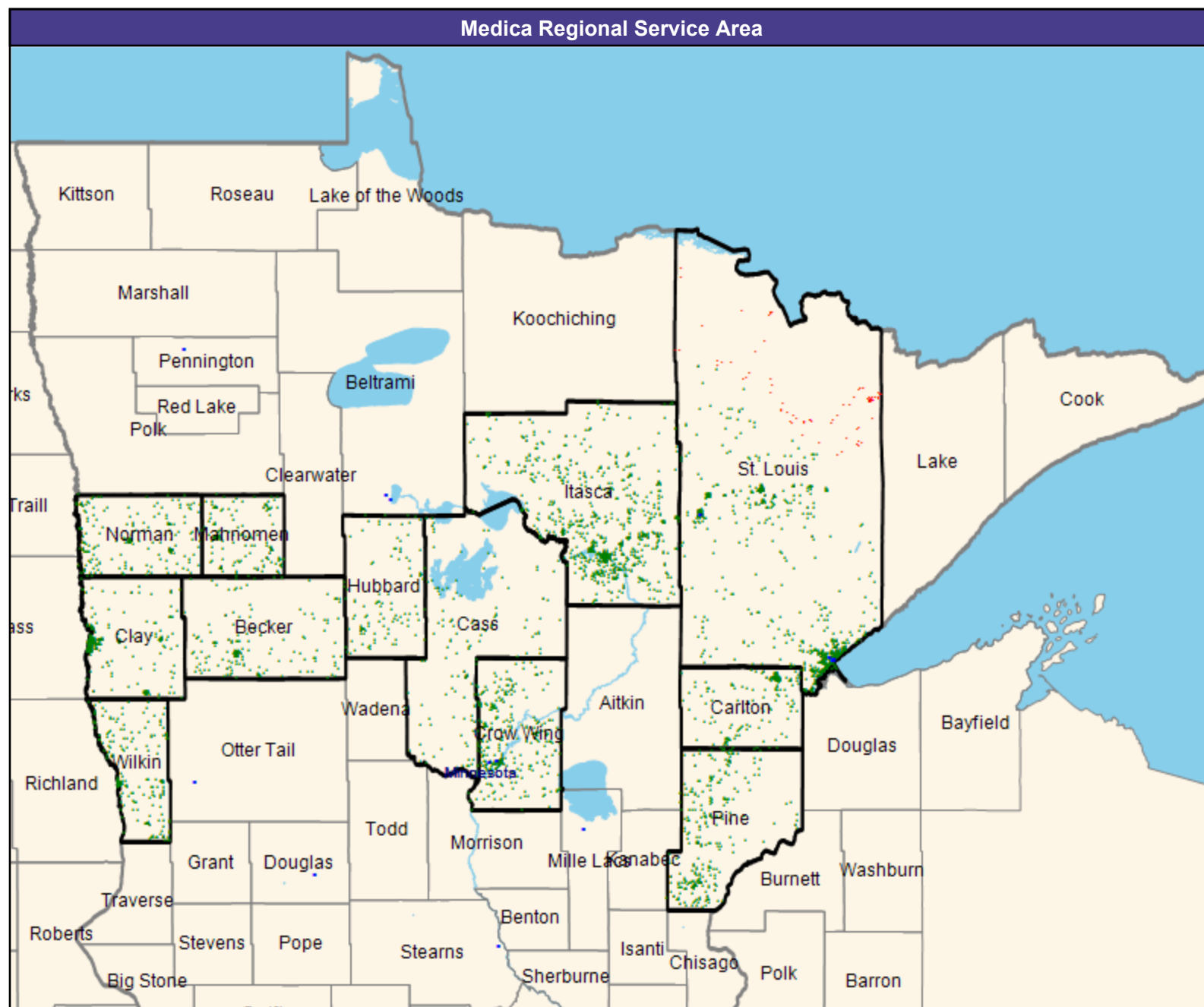
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area))  
provider in 75 miles and 100 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area))  
provider in 75 miles and 90 minutes

CEAC areas...





## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Mammography

21 providers at 21 locations

- All providers

## Mammography

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Mammography (Medica  
Regional Service Area)

4.125 enrollee locations

- ◆ With access (4,083)
- Without access (42)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN010)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Mammography (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Mammography (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Mammography (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

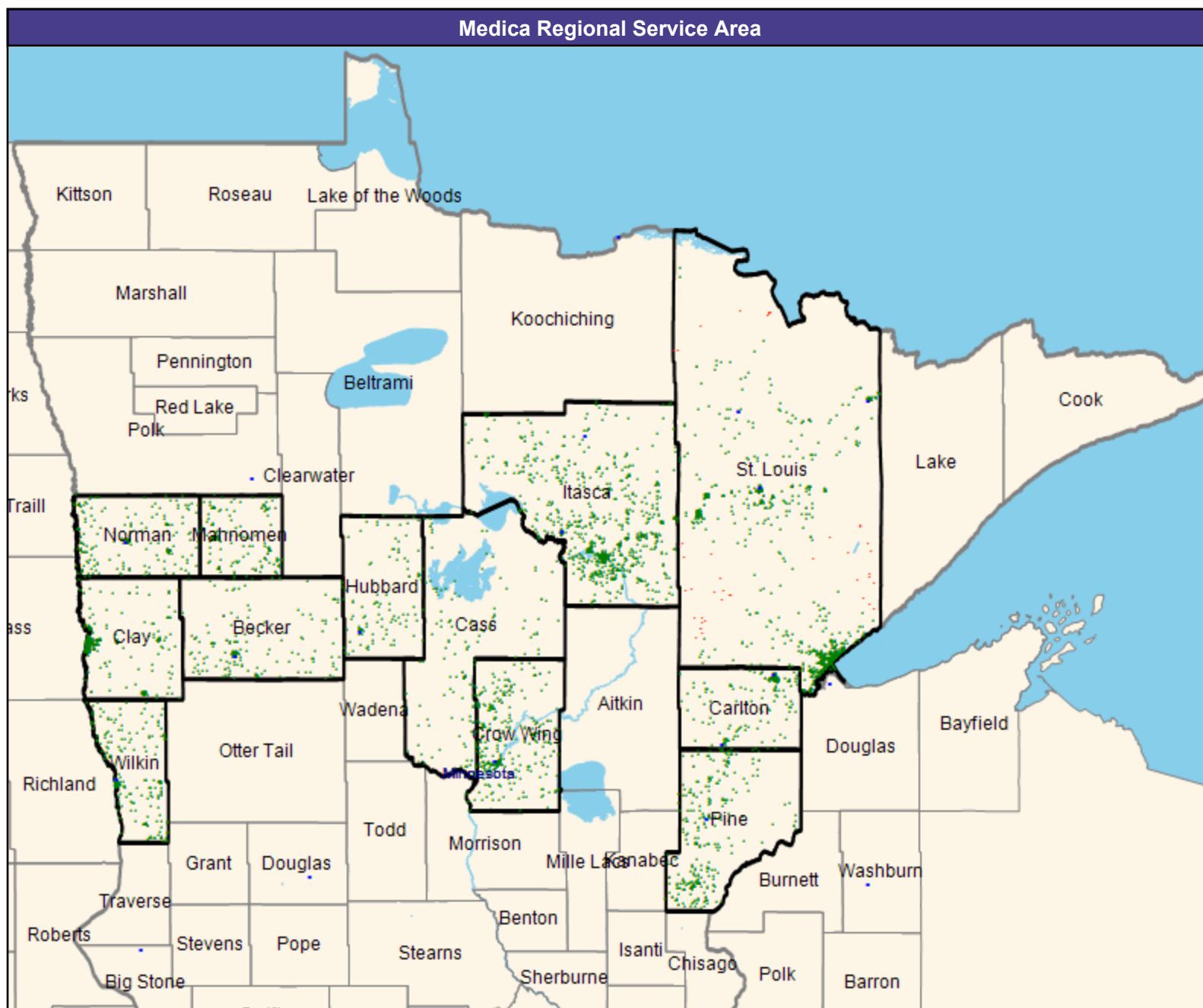
1 (Essentia Choice Care with Medica  
MNN010 Mammography (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Mammography (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

## Service Areas

- ☐ Essentia Choice Care with Medica  
MNN010



July 7, 2025

Access Analysis  
Mammography

### Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Mammography (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Outpatient Infusion/Chemotherapy/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Outpatient  
Infusion/Chemotherapy

12 providers at 12 locations

■ All providers

Outpatient Infusion/Chemotherapy

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,957)

● Without access (168)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

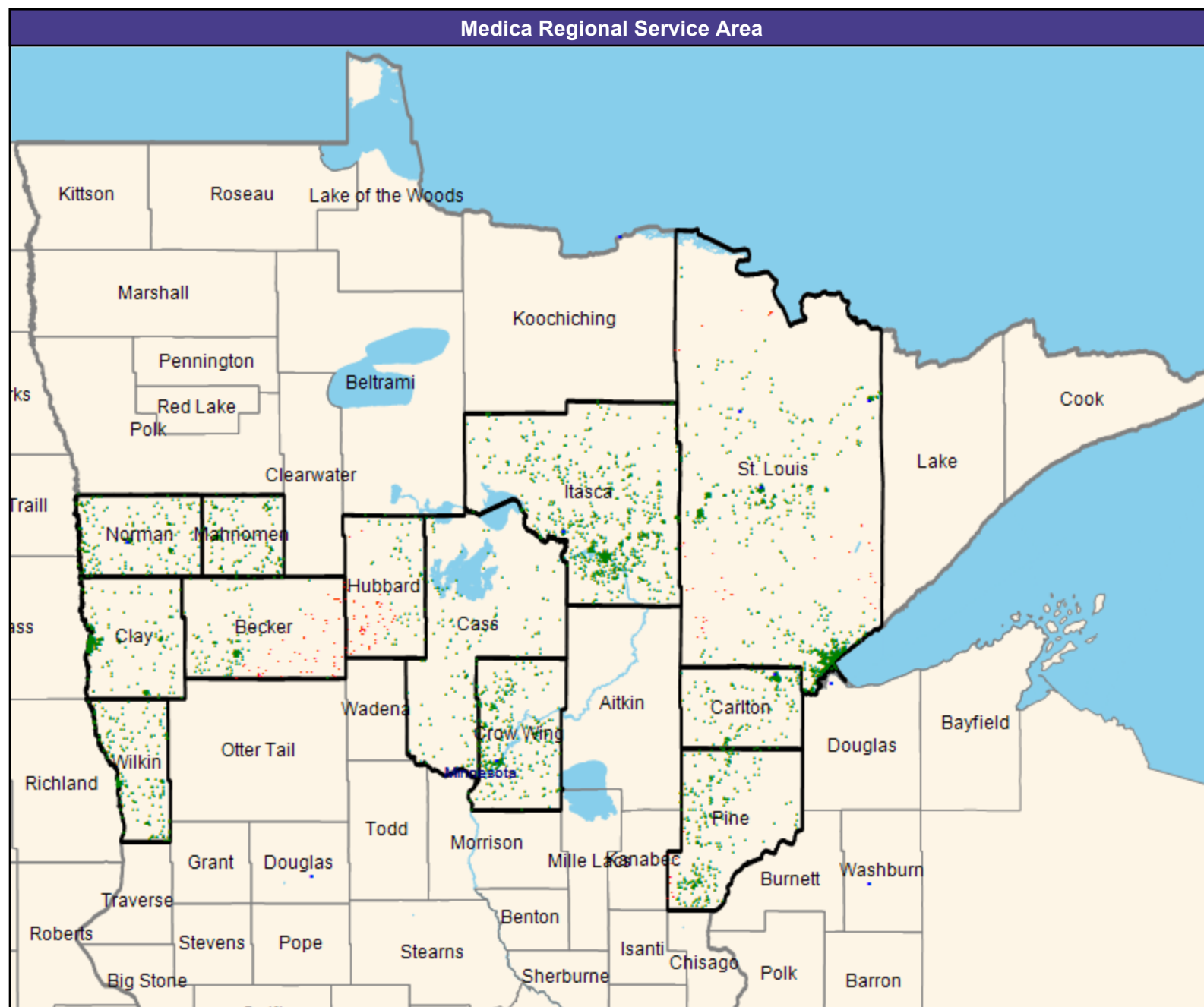
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...



## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

## Skilled Nursing Facilities/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Skilled Nursing Facilities

43 providers at 43 locations

■ All providers

Skilled Nursing Facilities

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Skilled Nursing Facilities  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (4,037)

● Without access (88)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

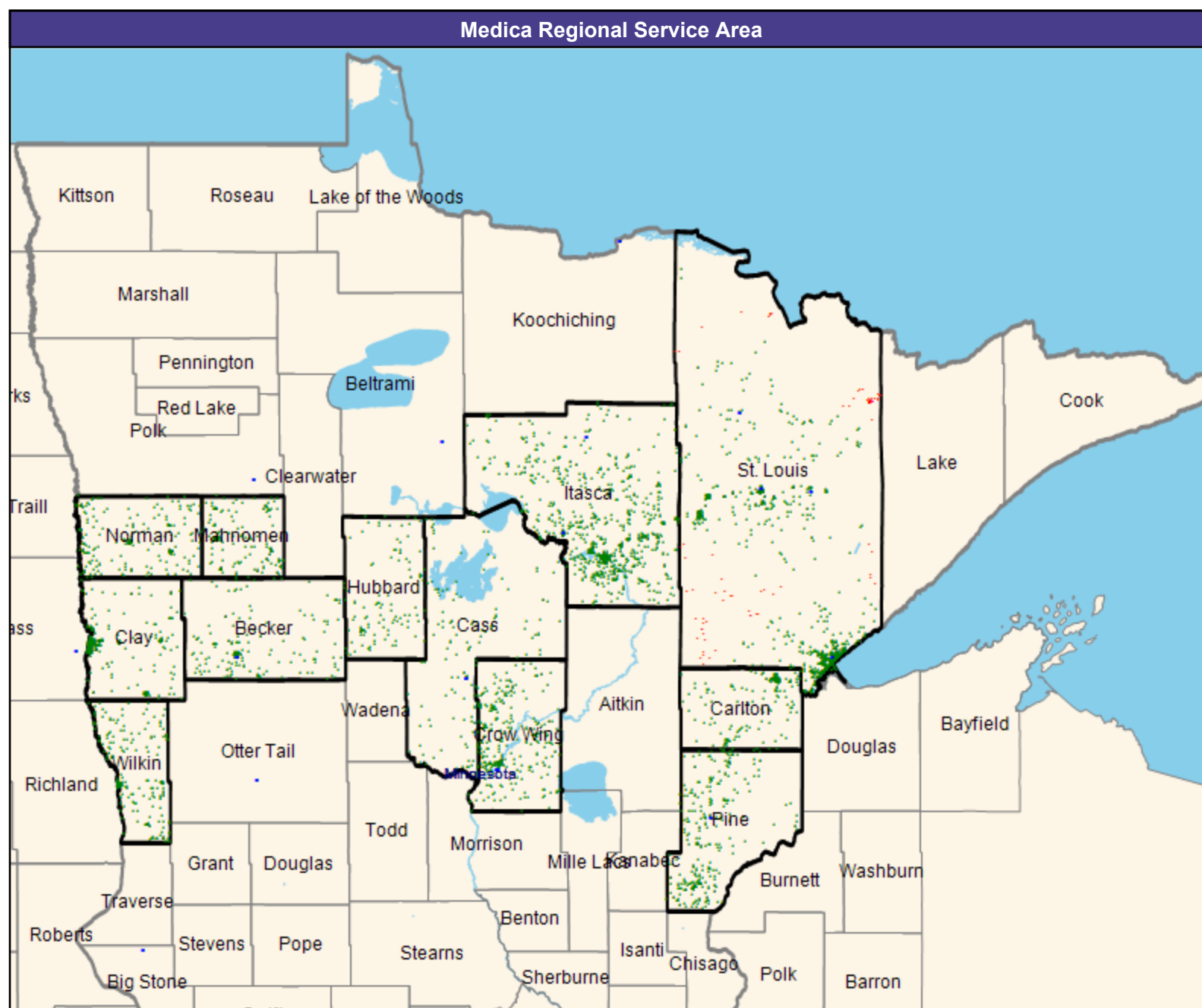
1 (Essentia Choice Care with Medica  
MNN010 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 85 miles and 95 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Skilled Nursing Facilities

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN010)  
Essentia Choice Care with Medica  
MNN010 Skilled Nursing Facilities  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Substance Use Disorder (Outpatient)/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Substance Use Disorder  
(Outpatient)

78 providers at 176 locations

■ All providers

Substance Use Disorder (Outpatient)

Employee Group  
National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group  
Essentia Choice Care with Medica  
MNN010 Substance Use Disorder  
(Outpatient) (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,082)

● Without access (43)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)) provider in 15 miles  
and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)) provider in 45 miles  
and 70 minutes

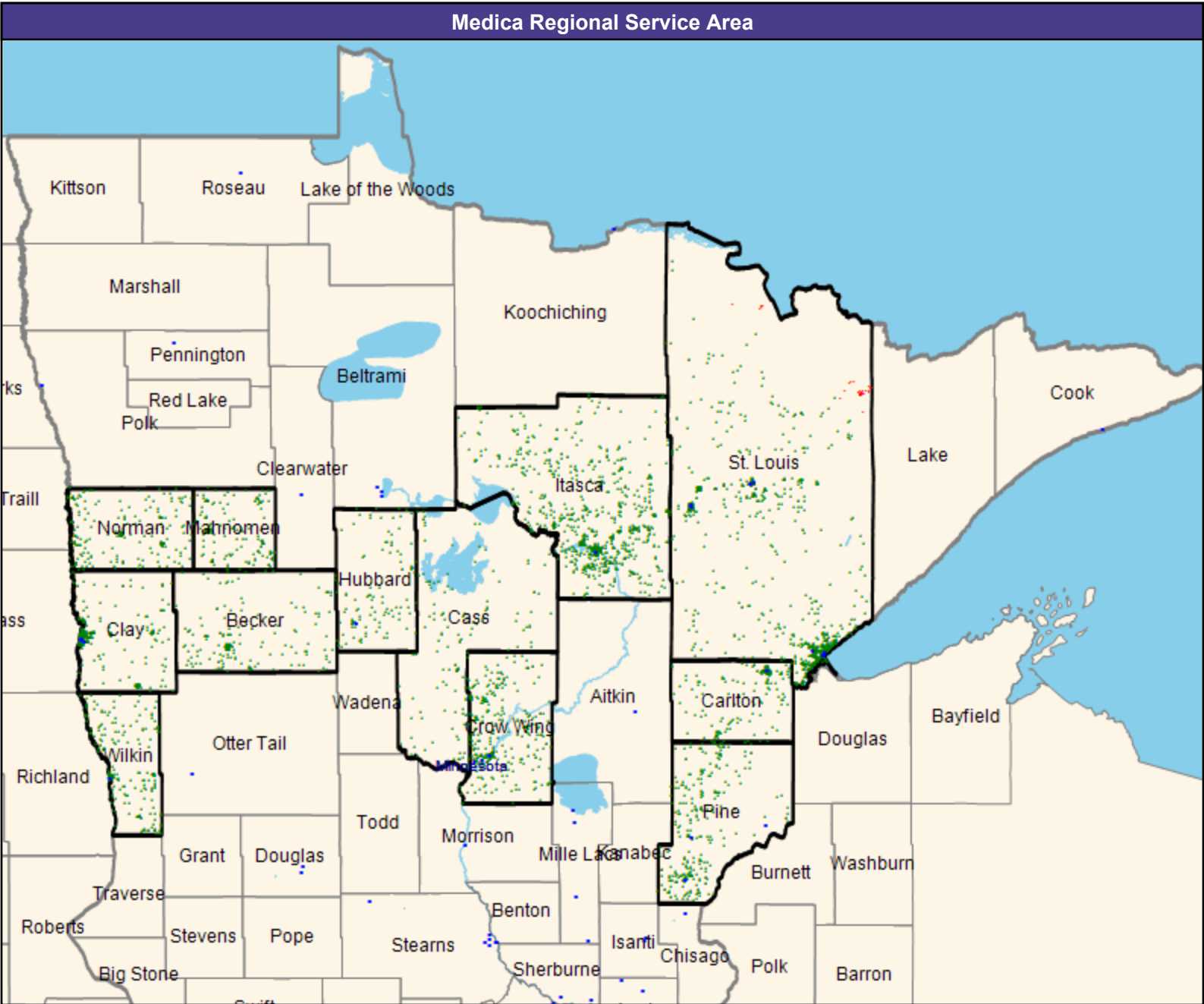
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)) provider in 75 miles  
and 110 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)) provider in 75 miles  
and 90 minutes

CEAC areas...





July 7, 2025

Created by...  
Medica

Access Analysis  
Substance Use Disorder (Outpatient)

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Essentia Choice Care with Medica  
MNN010 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Surgical Services (Outpatient or ASC)/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN010 Surgical Services (Outpatient or  
ASC)

25 providers at 26 locations

■ All providers

Surgical Services (outpatient or ASC)

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Surgical Services (Outpatient  
or ASC) (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,091)

● Without access (34)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Surgical Services  
(Outpatient or ASC) (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Surgical Services  
(Outpatient or ASC) (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

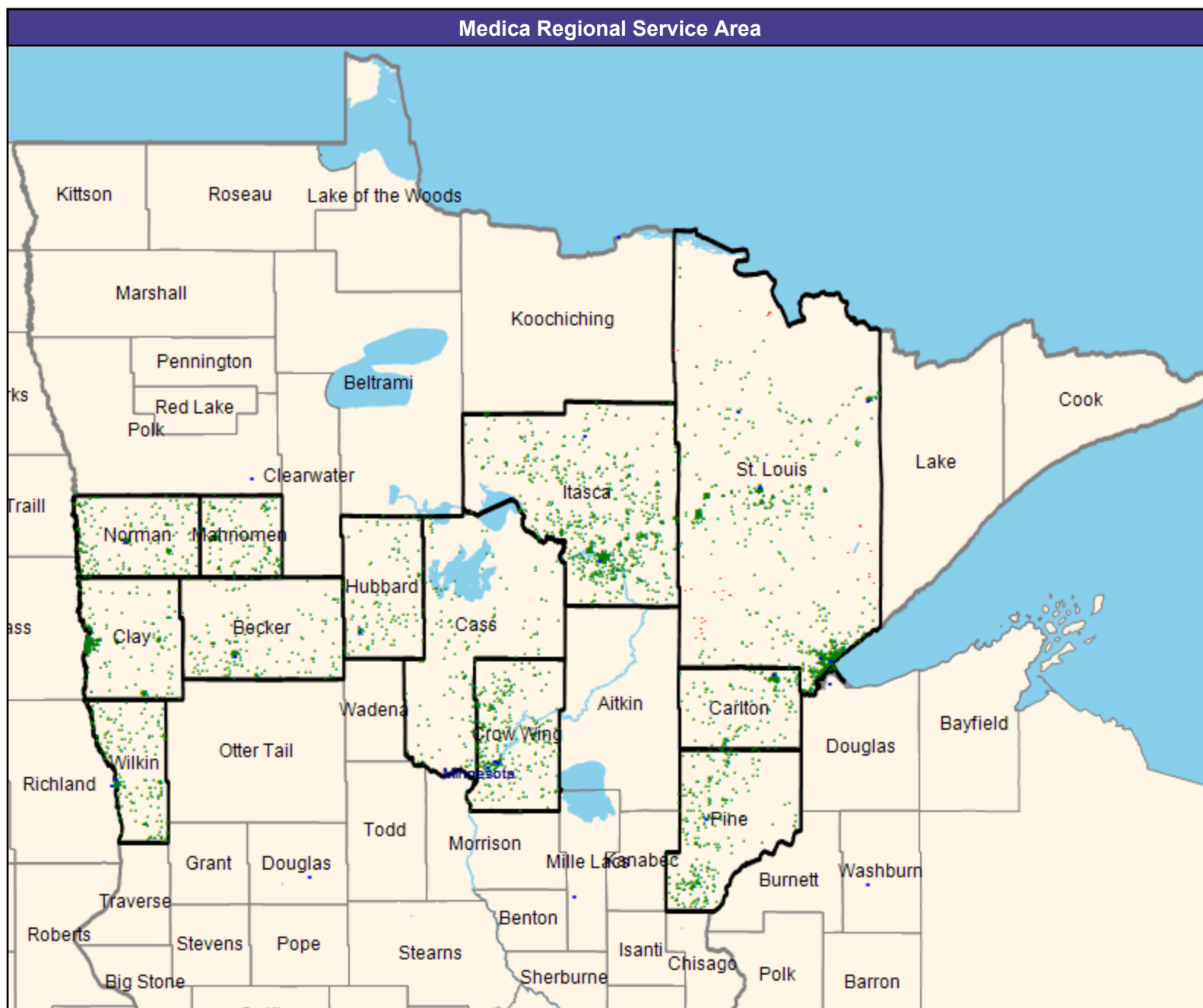
Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Surgical Services  
(Outpatient or ASC) (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN010 Surgical Services  
(Outpatient or ASC) (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...



## Access Detail By County

Created by...  
Medica

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Essentia Choice Care with Medica  
MNN010 Surgical Services  
(Outpatient or ASC) (Medica  
Regional Service Area)

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Urgent Care/Essentia Choice Care with Medica/MNN010

July 7, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN010 Urgent Care

17 providers at 16 locations

All providers

Urgent Care

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Provider Group

Essentia Choice Care with Medica  
MNN010 Urgent Care (Medica  
Regional Service Area)

4,125 enrollee locations

With access (3,754)

Without access (371)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN010)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Urgent Care (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN010 Urgent Care (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN010 Urgent Care (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

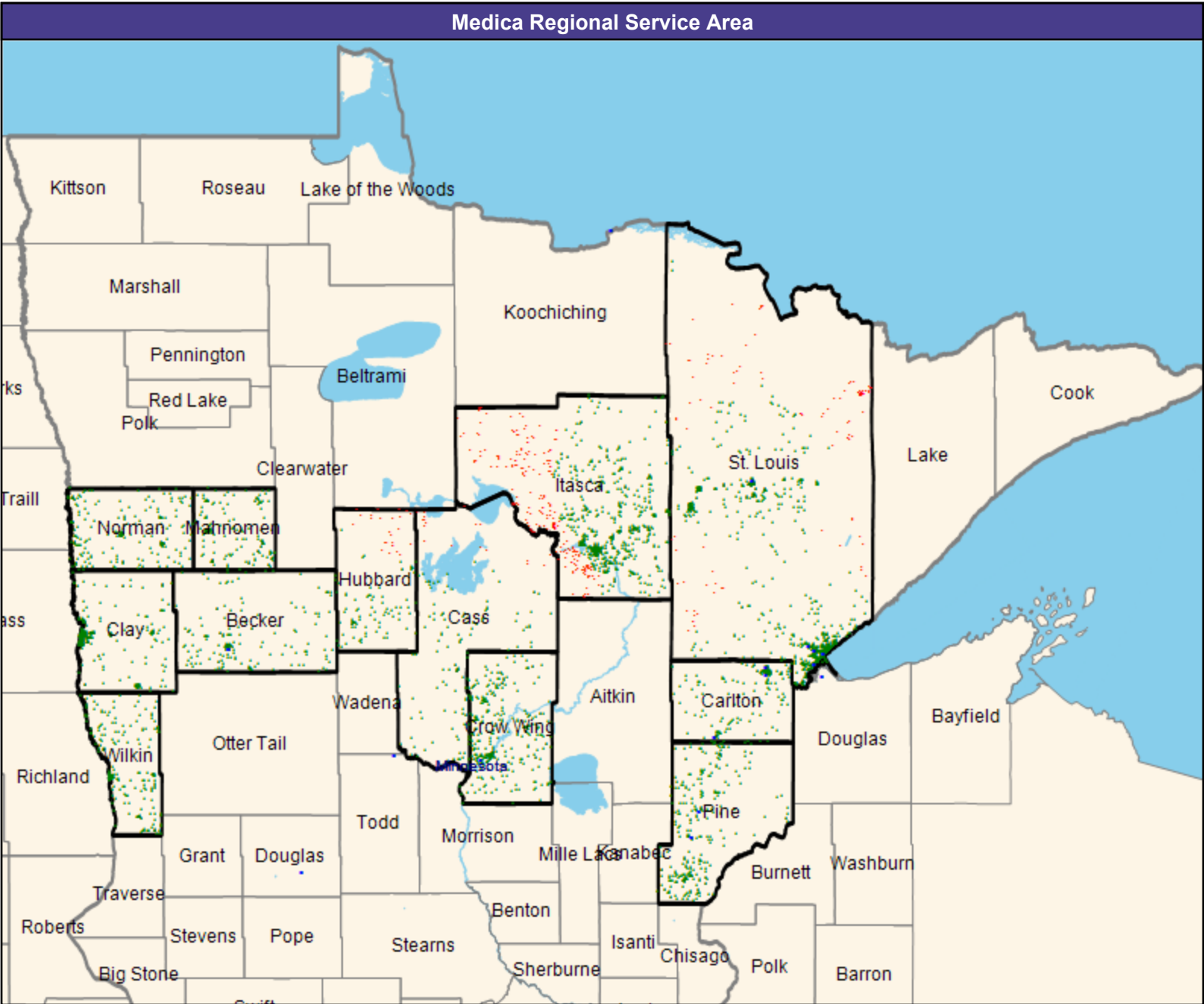
1 (Essentia Choice Care with Medica  
MNN010 Urgent Care (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN010 Urgent Care (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

Essentia Choice Care with Medica  
MNN010



## Access Detail By County

Created by...  
Medica

Access Analysis  
Urgent Care

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN010)

Essentia Choice Care with Medica  
MNN010 Urgent Care (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]