

Minimum Stock Requirements for WIC Foods, Tier 1 (stores located in Anoka, Dakota, Hennepin or Ramsey counties)

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WIC-allowed foods that count towards minimum stock can be found in the Minnesota WIC Shopping Guide, The My Minnesota WIC Food Finder app, or in the Minnesota WIC Approved Product List. Find them all here:

<https://www.health.state.mn.us/people/wic/vendor/index.html>

Minnesota WIC Minimum Food Stock, Tier 1

Fresh or Frozen Fruits and Vegetables	30 pounds of WIC-allowed fresh or frozen fruits and vegetables in at least seven varieties, at least three of which must be vegetables.
Baby Food Fruits and Vegetables	32 jars of WIC-allowed baby food fruits and vegetables, in 4-ounce size only, in at least four varieties.
Infant Cereal	24 ounces of WIC-allowed plain, dry, infant cereal with no added ingredients (8- and 16-ounce size only).
Infant Formula	18 cans of 12.5-ounce powdered Enfamil Infant.
Milk	15 gallons of unsweetened, unflavored, WIC-allowed fluid cow's milk in gallon or half-gallon containers of skim/nonfat or 1%.
Cheese	6 pounds of WIC-allowed block or shredded cheese in packages of 8- or 16-ounce sizes in any combination of at least three varieties. Cheese with added ingredients is not allowed.
Yogurt	2- 32-ounce containers of WIC allowed low-fat or non-fat yogurt.

MINIMUM STOCK REQUIREMENTS FOR WIC FOODS, TIER 1

Eggs	6- one-dozen containers of WIC-allowed fresh eggs in medium, large, extra-large or jumbo sizes. Cage-free and brown eggs allowed. Free range, organic, and pasture raised are not allowed.
Breakfast Cereal	12 boxes or bags (12 ounce or larger) of WIC-allowed cereal in any combination of at least six varieties.
Juice	9 containers of single flavor juice (no blends) in any combination of the following: 11.5 to 12-ounce containers of WIC-allowed frozen juice; or 64-ounce containers of WIC-allowed refrigerated or shelf stable juice.
Whole Grains (Bread, Tortillas, Rice, Oatmeal, Pasta)	5 packages of WIC-allowed whole grains in at least three of the following varieties: whole grain bread, whole grain tortillas, oatmeal, brown or wild rice, and whole wheat pasta.
Peanut Butter	4- 16- to 18-ounce containers of WIC-allowed peanut butter which do not contain any other food products such as jelly, jam, or chocolate.
Canned Beans	192 ounces (9 cans) of WIC-allowed canned beans OR legumes, in any combination of at least three varieties, (15- to 16-ounce size cans).
Dried Peas, Beans or Lentils	4- 16-ounce packages of WIC-allowed dried beans, peas or lentils without any added ingredients.
Fish	30 ounces of WIC-allowed light tuna packed in water or pink salmon packed in water.

If a WIC customer requests one of the following products, the vendor must ensure that a sufficient quantity of the product is in stock and available for purchase at the vendor's location within 7 days of the WIC customer's request:

An Infant Formula approved by the Commissioner under part 4617.0171;

WIC-allowed Soy Beverage

WIC-allowed Tofu

WIC-allowed Baby Food Meats

WIC-allowed Frozen Juice

Other WIC-allowed products authorized under the provisions of the Code of Federal Regulations, title 7, part 246, as amended.