

Risk Factor Updates

05/23/2026

Risk Factor Updates Effective May 23

Starting May 23, the following risk code nutrition risk criteria will be revised to reflect current Food Nutrition Service (FNS) guidance.

WIC 141 Low Birth Weight and Very Low Birth Weight

The Justification and Reference sections are updated. The Implications for WIC Nutrition Services section is now included.

WIC 353 Food Allergies

The Definition section is revised to distinguish food allergies from non-immunological adverse reactions when assigning the risk. The Justification, Implications for WIC Nutrition Services, Clarification and Reference sections are updated.

WIC 427 Inappropriate Nutrition Practices for Women

The Definition section is updated to provide more examples for the defined subsection. The Justification and Reference sections are expanded and updated.

Discontinued Risk Code

Starting May 23, the following risk code will be discontinued.

WIC 312 History of Low Birth Weight

A review of literature did not find current evidence to support history of low birth weight (LBW) as a stand-alone risk. As LBW is associated with preterm birth it was determined that risk 311, *History of Preterm or Early Term Delivery*, will capture past births of risk.

MN Operations Manual (MOM) [Exhibit 5-T: MN WIC Risk Criteria](#) has also been updated to reflect these changes.

Reference – Complete Listing of Hyperlinks

WIC 141 Low Birth Weight and Very Low Birth Weight

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/141.html>)

WIC 353 Food Allergies

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/353.html>)

WIC 427 Inappropriate Nutrition Practices for Women

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/427.html>)

RISK FACTOR UPDATES

Exhibit 5-T: MN WIC Risk Criteria

(https://www.health.state.mn.us/docs/people/wic/localagency/program/mom/exhbts/ex5/5t_new.pdf)

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