



Update Document – Phase 3 Food Package Changes

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WINNIE UPDATE DOCUMENT – PHASE 3 FOOD PACKAGE CHANGES

Update Document – Phase 3 Food Package Changes 1

 Overview 3

 Implementation 3

 Food package changes overview 3

 Guidance 4

 New substitutions 5

 Food items no longer available as of June 1 5

 Late issuance for May 5

 Adjusting benefits 6

 Food item descriptions in WINNIE 6

 New default food packages (DFP) 7

 Food package cheat sheet 12

Overview

This document provides information about federally regulated food package changes that will begin in June 2026. In preparation, changes in WINNIE will be implemented Feb. 21 – Feb. 22. All WINNIE users should review this document to understand the changes that will be made to the system and be aware of their impact when providing services to participants.

Implementation

On Feb. 21-22, the state will make back-end changes to the Information System and WIC Processor, which are detailed in this document, so that on Feb. 23 users will be able to begin creating new food packages for June.

NOTE! These changes should not impact the WINNIE login process.

All WINNIE environments (Clinic, Training, Infoview, and Mobile Management) will be UNAVAILABLE from 8:00 PM on Friday, Feb. 20 through 7:00 AM Monday, Feb. 23.

Food package changes overview

The following is a high-level overview of the phase 3 – food package changes:

Infants

- **Infant Fruits/ Vegetables (f/v)** – default food package:
 - 6-8 months: decreased to 16 jars (64 oz) + \$11 CVB added
 - 9-11 months: all infant f/v removed + \$22 CVB added
 - All infants: can receive 32 jars (128 oz) infant f/v and no CVB or \$22 CVB and no infant f/v instead.
- **Infant Cereal:** decreased to 8 oz; decreased to 16 oz for fully-breastfeeding.
- **Infant Meats:** fully breastfeeding only: decreased to 16 jars (40 oz)

Women/children

- **Juice/cash-value benefit (CVB):**
 - Juice decreased to 64 oz.
 - \$3 CVB can be substituted for juice.
 - Frozen option no longer provided (will be able to purchase with 64 oz juice option beginning in July).
- **Cheese:** Food Package (FP) 7 and FP 7+ no longer provide extra lb. of cheese
- **Yogurt:** Can provide up to 2 quarts (still only 1 qt. in default food package).

- **Peanut Butter/Beans and Eggs:** 1 quantity of peanut butter/beans can be substituted for 1 dozen eggs (all eggs can be substituted).
- **Whole Grains:** Children decreased to 24 oz; women increased to 48 oz.
- **Fish:** 6 oz fish added for children; 10-15 oz added for women.
- **Pregnant with multiples:** No longer receive FP 7. They will receive FP 5-B instead.

Guidance

The new food package must be issued on all future benefits with a Printed First Date to Use (PFDTU) of June 1 or after.

All current food items will expire on May 31. **This does NOT include formula. Formula is not impacted by the phase 3 food package changes.**

All new food items, which will have “NEW – “ in front of the food item, and default food packages will be available for food prescriptions with an Effective Date of June 1 or after beginning Monday, Feb. 23.

Best practice #1

Delete future food packages (2, 4, 5, 6, 7, and 7+ - **NOT** formula only food prescriptions) with an Effective Date of June 1 or after. You will need to create a new default food package with the “NEW – “ food items. You will not be able to issue benefits with food prescriptions that have expired food items.

Best practice #2

As we transition to the new food packages, eggs and juice (both food items with new substitution rules) are not always displaying correctly in the default food packages (DFPs).

This appears to be a **transition issue** that should be corrected when the old food items are removed from all default food packages at the beginning of July.

Until then, best practice is to ensure the default food package has the correct quantity of eggs and juice first. If not, add these items.

Once the default food package is correct, then begin your discussion with families about substitution preferences.

A food package cheat sheet is available on page 12 that provides the correct default food quantities for the new substitution food items and the appropriate quantities if a substitution is made for each food package (2, 4, 5-A, 5-B, 6, 7, and 7+).

Best practice #3

Always double-check the food packages are correct before issuing benefits.

New substitutions

Infants

Food Package 2: 6-8 months and 9-11 months (all breastfeeding amounts)

Infants can receive any of these options:

- 16 jars (64 oz) infant f/v + \$11 CVB (6-8 month default)
- 0 jars infant f/v + \$22 CVB (9-11 month default)
- 32 jars (128 oz) infant f/v + \$0 CVB

During the transition period through June, we cannot update the Business Rules that limit the combined quantity of infant f/v and CVB for the new food items, which means the calculator will not work **and you will be able to over-issue.**

Always delete the unwanted food item before increasing the other food item's quantity!

Women and Children

- 1 peanut butter/beans can be substituted for 1 dozen eggs. All eggs can be replaced.
- \$3 CVB can be substituted for the 64 oz. juice.
- Up to 2 quarts of yogurt can be provided. 1 quart of yogurt = 1 quart of milk.

Food items no longer available as of June 1

The following food items will no longer be available in WINNIE for issuance beginning June 1.

- HOMELESS ONLY-six pack(s) 5.5-6 oz. can(s) WIC 100% Juice
- Juice (11.5-12 oz frozen concentrate)

Although we will no longer issue frozen concentrate juice as a separate food item, beginning in July, families will be able to choose to purchase frozen juice at the store with the 64 oz juice food item.

Late issuance for May

On June 1, the active date for all new food items will be changed from June 1 to May 1 to allow late issuance for May. If issuing late benefits for May on or after June 1, participants will receive the **new food package.**

Adjusting benefits

Benefits issued for May before June 1 cannot be adjusted in June because the food items will be expired. If there have been no redemptions, you may void and replace these benefits with a food package that includes the new food items.

NOTE! This does NOT include formula. Formula is NOT impacted by these food package changes.

Food item descriptions in WINNIE

The new food items contain “NEW” during the transition period. This will be removed after all May benefits have expired.

Current Descriptions	New Descriptions
Fat Free/Skim or 1% milk (WIC-allowed)	NEW - Fat Free/Skim or 1% milk (WIC-allowed)
2% Milk	NEW - 2% Milk
Whole milk (WIC-allowed)	NEW - Whole milk (WIC-allowed)
2% milk (evaporated)	NEW - 2% milk (evaporated)
2% Lactose Free milk	NEW - 2% Lactose Free milk
Yogurt (any WIC-allowed)	NEW - Yogurt (any WIC-allowed)
Yogurt (lowfat/nonfat)	NEW - Yogurt (lowfat/nonfat)
Tofu (12 to 16 oz pkg)	NEW - Tofu (12 to 16 oz pkg)
Cheese (pounds)	NEW - Cheese (pounds)
Whole Grain Item	NEW - Whole Grain Item
WIC Peanut Butter OR Dry Beans OR 4-cans Beans	NEW - WIC Peanut Butter OR Dry Beans OR 4-cans Beans
Cereal (ounces)	NEW - Cereal (ounces)
Infant Cereal (ounces plain dry)	NEW - Infant Cereal (ounces plain dry)
Juice (64 oz ready-to-drink)	NEW - Juice (64 oz)
Eggs (dozen)	NEW - Eggs (dozen)
Tuna/Pink salmon (ounces canned)	NEW - Tuna/Pink salmon (WIC-allowed)
Infant Meat (2.5 oz jars)	NEW - Infant Meat (2.5 oz jars)
Infant Fruits and Vegetables (4 oz jars)	NEW - Infant Fruits and Vegetables (4 oz jars)
Fruits and Vegetables – (WIC-ALLOWED)	NEW - Fruits and Vegetables – (WIC-ALLOWED)

New default food packages (DFP)

The following is a comparison of the current and new DFPs for each food package and whether the quantity was increased, decreased, or didn't change.

Food package 2

Infants – 6-8 months (NBF, SBF, MBF) *

Current DFP Food Items	New DFP Food Items	Status
24 oz. infant cereal	8 oz infant cereal	Decreased (-)
32 jars (128 oz) infant f/v	16 jars (64 oz) infant f/v	Decreased (-)
\$0 CVB	\$11 CVB	Increased (+)

Infants – 9-11 months (NBF, SBF, MBF) *

Current DFP Food Items	New DFP Food Items	Status
24 oz infant cereal	8 oz infant cereal	Decreased (-)
16 jars (64 oz) infant f/v	None**	Decreased (-)
\$4 CVB	\$22 CVB	Increased (+)

**Excludes formula, which is not impacted by this food package change.*

Infants – 6-8 months (FBF)

Current DFP Food Items	New DFP Food Items	Status
24 oz infant cereal	16 oz cereal	Decreased (-)
64 jars (256 oz) infant f/v	16 jars (64 oz) infant f/v	Decreased (-)
\$0 CVB	\$11 CVB	Increased (+)
31 jars (77.5 oz) infant meats	16 jars (40 oz) infant meats	Decreased (-)

Infants – 9-11 months (FBF)

Current DFP Food Items	New DFP Food Items	Status
24 oz infant cereal	16 oz cereal	Decreased (-)
32 jars (128 oz) infant f/v	None**	Decreased (-)
\$8 CVB	\$22 CVB	Increased (+)
31 jars (77.5 oz) infant meats	16 jars (40 oz) infant meats	Decreased (-)

***Options are available to provide infant f/v with decreased CVB or in lieu of CVB.*

Food package 4

Children – all age categories.

Current DFP Food Items	New DFP Food Items	Status
12 quarts whole (1-2 y.o.) or fat-free/1% milk (2-5 y.o)	12 quarts whole (1-2 y.o.) or fat-free/1% milk (2-5 y.o)	No change
1 quart yogurt	1 quart yogurt	No change
1 lb. cheese	1 lb. cheese	No change
36 oz cereal	36 oz cereal	No change
1 dozen eggs	1 dozen eggs	No change
\$26 CVB	\$26 CVB	No change
32 oz whole grains	24 oz whole grains	Decreased (-)
1 beans/peanut butter	1 beans/peanut butter	No change
2 – 64 oz juice	1 – 64 oz juice	Decreased (-)
None	6 oz tuna/salmon	NEW

Food package 5-A *

*** NOTE!** The default food package appears to be adding a **quantity of -1 for eggs for Food Package 5A and 5B**. When saving the DFP, a red banner message will display indicating you must update the quantity of eggs. Edit the eggs, increase the quantity to 1, then save.

Food package 5 now has 5-A and 5-B, which have slightly different quantities.

Pregnant and pregnant and some-breastfeeding.

Current DFP Food Items	New DFP Food Items	Status
18 quarts fat free/1% milk	18 quarts fat free/1% milk	No change
1 quart yogurt	1 quart yogurt	No change
1 lb. cheese	1 lb. cheese	No change
36 oz cereal	36 oz cereal	No change
1 dozen eggs	1 dozen eggs	No change
\$48 CVB	\$48 CVB	No change
16 oz whole grains	48 oz whole grains	Increased (+)
2 beans/peanut butter	2 beans/peanut butter	No change
3 frozen juice	1 – 64 oz juice	Decreased (-)
None	10 oz tuna/salmon	NEW

Food package 5-B *

Mostly breastfeeding women.

Current DFP Food Items	New DFP Food Items	Status
18 quarts fat free/1% milk	18 quarts fat free/1% milk	No change
1 quart yogurt	1 quart yogurt	No change
1 lb. cheese	1 lb. cheese	No change
36 oz cereal	36 oz cereal	No change
1 dozen eggs	1 dozen eggs	No change
\$52 CVB	\$52 CVB	No change
16 oz whole grains	48 oz whole grains	Increased (+)
2 beans/peanut butter	2 beans/peanut butter	No change
3 frozen juice	1 – 64 oz juice	Decreased (-)
None	15 oz tuna/salmon	NEW

Food package 5-B *

Pregnant with multiples.

NOTE! Pregnant with multiples used to receive FP 7 and now receive FP 5-B.

Current DFP Food Items	New DFP Food Items	Status
23 quarts fat free/1% milk	18 quarts fat free/1% milk	Decreased (-)
1 quart yogurt	1 quart yogurt	No change
Wasn't part of the DFP	1 lb. cheese	Added to DFP
1 lb. cheese (required minimum)	None	Decreased (-)
36 oz cereal	36 oz cereal	No change
2 dozen eggs	1 dozen eggs	Decreased (-)
\$52 CVB	\$52 CVB	No change
16 oz whole grains	48 oz whole grains	Increased (+)
2 beans/peanut butter	2 beans/peanut butter	No change
3 frozen juice	1 – 64 oz juice	Decreased (-)
30 oz canned tuna/salmon	15 oz tuna/salmon	Decreased (-)

Food package 6

Some-breastfeeding and non-breastfeeding women.

Current DFP Food Items	New DFP Food Items	Status
12 quarts fat free/1% milk	12 quarts fat free/1% milk	No change
1 quart yogurt	1 quart yogurt	No change
1 lb. cheese	1 lb. cheese	No change
36 oz cereal	36 oz cereal	No change
1 dozen eggs	1 dozen eggs	No change
\$48 CVB	\$48 CVB	No change
None	48 oz whole grains	NEW
1 beans/peanut butter	1 beans/peanut butter	No change
2 frozen juice	1 – 64 oz juice	Decreased (-)
None	10 oz tuna/salmon	NEW

Food package 7 **

**** NOTE!** As we transition to the new food package, you can potentially over-issue milk products when you add an extra pound of cheese in exchange for 3 quarts of milk. Remember to **always decrease the amount of milk before adding more cheese.**

Fully breastfeeding women, mostly-breastfeeding multiple infants, pregnant and fully breastfeeding, and pregnant and mostly-breastfeeding.

Current DFP Food Items	New DFP Food Items	Status
23 quarts fat free/1% milk	20 quarts fat free/1% milk	Decreased (-)
1 quart yogurt	1 quart yogurt	No change
Wasn't part of the DFP	1 lb. cheese*	Added to DFP
1 lb. cheese (required minimum)	None	Decreased (-)
36 oz cereal	36 oz cereal	No change
2 dozen eggs	2 dozen eggs	No change
\$52 CVB	\$52 CVB	No change
16 oz whole grains	48 oz whole grains	Increased (+)
2 beans/peanut butter	2 beans/peanut butter	No change
3 frozen juice	1 – 64 oz juice	Decreased (-)
30 oz canned tuna/salmon	20 oz tuna/salmon	Decreased (-)

*FP 7 can receive up to 2 lbs. of cheese (1 lb. = 3 quarts of milk).

Food package 7+ **

Women fully breastfeeding multiple infants.

Current DFP Food Items	New DFP Food Items	Status
35 quarts fat free/1% milk	32 quarts fat free/1% milk	Decreased (-)
1 quart yogurt	1 quart yogurt	No change
Wasn't part of the DFP	1 lb. cheese*	Added to DFP
1.5 lb. cheese (required minimum)	None	Decreased (-)
54 oz cereal	54 oz cereal	No change
3 dozen eggs	3 dozen eggs	No change
\$78 CVB	\$78 CVB	No change
24 oz whole grains	72 oz whole grains	Increased (+)
3 beans/peanut butter	3 beans/peanut butter	No change
4.5 frozen juice	1.5 – 64 oz juice	Decreased (-)
45 oz canned tuna/salmon	30 oz tuna/salmon	Decreased (-)

*FP 7+ can receive up to 3 lbs. of cheese (1 lb. = 3 quarts of milk).

Food package cheat sheet

Use the cheat sheet on the next page to ensure the default package is providing the correct amount of juice/CVB and eggs, which are the two food items with new substitution options. If these items are not displaying a correct quantity or are not included in the DFP, edit or add as appropriate based on the DFP amounts in these tables and **then** discuss substitution options with families.

See the next page for the Food Package Cheat Sheet. →

Versions

4 – corrected DFP 7 on cheat sheet.

3 – corrected DFP CVB amounts; current quantity infant f/v for FP2 6-8 (NBF, SBF, MBF); and revised Cheat Sheet to show DFP as option 1.

2 – updated with -1 dozen eggs in FP 5 and potential over-issuance with PF 7.

1 – original.

Minnesota Department of Health - WIC Program, 625 Robert St N, PO BOX 64975, ST PAUL MN 55164-0975; 1-800-657-3942, health.wic@state.mn.us, www.health.state.mn.us; to obtain this information in a different format, call: 1-800-657-3942.

This institution is an equal opportunity provider.

Food package cheat sheet

Food package 2 – 6-8 months

Infants – 6-8 months and all breastfeeding amounts.

Options	Infant F/V	CVB
DFP – option 1	16 jars (64 oz)	1100 cents (\$11)
Option 2	0 jars (0 oz)	2200 cents (\$22)
Option 3	32 jars (128 oz)	0 cents (\$0)

Food package 2 – 9-11 months

Infants – 9-11 months and all breastfeeding amounts.

Options	Infant F/V	CVB
DFP – option 1	0 jars (0 oz)	2200 cents (\$22)
Option 2	16 jars (64 oz)	1100 cents (\$11)
Option 3	32 jars (128 oz)	0 cents (\$0)

Food package 4

Children – all age categories.

Options	Juice	CVB	Eggs	Peanut Butter/Beans
DFP – option 1	1 (64 oz)	2600 cents (\$26)	1 dozen	1
Option 2	0 (0 oz)	2900 cents (\$29)	1 dozen	1
Option 3	1 (64 oz)	2600 cents (\$26)	0	2
Option 4	0 (0 oz)	2900 cents (\$29)	0	2

Food package 5-A

Pregnant and pregnant and some-breastfeeding.

Options	Juice	CVB	Eggs	Peanut Butter/Beans
DFP – option 1	1 (64 oz)	4800 cents (\$48)	1 dozen	2
Option 2	0 (0 oz)	5100 cents (\$51)	1 dozen	2
Option 3	1 (64 oz)	4800 cents (\$48)	0	3
Option 4	0 (0 oz)	5100 cents (\$51)	0	3

Food package 5-B

Mostly-breastfeeding women and pregnant with multiples.

Options	Juice	CVB	Eggs	Peanut Butter/Beans
DFP – option 1	1 (64 oz)	5200 cents (\$52)	1 dozen	2
Option 2	0 (0 oz)	5500 cents (\$55)	1 dozen	2
Option 3	1 (64 oz)	5200 cents (\$52)	0	3
Option 4	0 (0 oz)	5500 cents (\$55)	0	3

Food package 6

Non-breastfeeding, some-breastfeeding, and women some-breastfeeding multiple infants.

Options	Juice	CVB	Eggs	Peanut Butter/Beans
DFP – option 1	1 (64 oz)	4800 cents (\$48)	1 dozen	1
Option 2	0 (0 oz)	5100 cents (\$51)	1 dozen	1
Option 3	1 (64 oz)	4800 cents (\$48)	0	2
Option 4	0 (0 oz)	5100 cents (\$51)	0	2

Food package 7

Fully breastfeeding women, mostly-breastfeeding multiple infants, pregnant and fully breastfeeding, and pregnant and mostly-breastfeeding.

Options	Juice	CVB	Eggs	Peanut Butter/Beans
DFP – option 1	1 (64 oz)	5200 cents (\$52)	2 dozen	2
Option 2	0 (0 oz)	5500 cents (\$55)	2 dozen	2
Option 3	1 (64 oz)	5200 cents (\$52)	1	3
Option 4	0 (0 oz)	5500 cents (\$55)	1	3
Option 5	1 (64 oz)	5200 cents (\$52)	0	4
Option 6	0 (0 oz)	5500 cents (\$55)	0	4

Food package 7+

Women fully breastfeeding multiple infants.

Options	Juice	CVB	Eggs	Peanut Butter/Beans
DFP – option 1	1.5 (96 oz)	7800 cents (\$78)	3 dozen	3
Option 2	0 (0 oz)	8250 (\$82.50)	3 dozen	3
Option 3	1.5 (96 oz)	7800 cents (\$78)	2 dozen	4
Option 4	0 (0 oz)	8250 (\$82.50)	2 dozen	4
Option 5	1.5 (96 oz)	7800 cents (\$78)	1 dozen	5
Option 6	0 (0 oz)	8250 (\$82.50)	1 dozen	5
Option 7	1.5 (96 oz)	7800 cents (\$78)	0	6
Option 8	0 (0 oz)	8250 (\$82.50)	0	6