

Directions for Training New PCS Mentors

UPDATED AUGUST 2021

Overview

This training package contains tools to assist local WIC agencies in training new PCS Mentors. New mentors should complete the training materials under the guidance of an advisor who is a current mentor, supervisor, or WIC coordinator in the agency. The training is designed to be completed in about 3-4 weeks, but this will vary by the needs of the agency.

Resources in the New Mentors Training Package

- Minnesota WIC New Mentor Handbook: 10-Steps for New Mentors. This handbook for mentors includes a 10 Step New Mentor Training Checklist and a detailed description of each step. Tasks are varied and promote the advancement of the new mentor's knowledge and skills. The advisor assists the new mentor with working through the Training Checklist.
- Minnesota WIC Training New WIC Mentors: Guidance for Advising New Mentors. This
 handbook supports the advisor's role in training the new mentor. It also addresses several
 topics such as, how to choose a mentor; the role of mentors; and how to make mentoring
 sustainable.
- Successful Strategies for WIC Mentoring: Tips for Mentors

Minnesota Department of Health - WIC Program 85 E 7th Place, PO BOX 64882, ST PAUL MN 55164-0882; 1-800-657-3942, <u>health.wic@state.mn.us</u>, <u>www.health.state.mn.us</u>; To obtain this information in a different format, call: 1-800-657-3942