

Midcertification Assessment Questions - Child

Participant Centered Conversation

- What would you like to talk about today?
- Follow up on previous nutrition and health assessment.



100's Anthropometric = HT/WT, % tiles (Anything related to weight gain, loss, growth) Only if applicable:

- What has your doctor said about your child's growth?
- How do you feel about their growth?



200's Biochemical = Blood Tests (Anything related to blood – anemia, lead)

Only if applicable:

- What has your doctor said about your child's iron?
- What do you know about anemia?
- Has your child had a lead test before?



300's Clinical = Health/Medical Conditions (anything related to medical history or medical conditions)

- What did the doctor tell you about your child at the last Well Child Check?
- Did your child receive any immunizations at that time?



400's Diet and Nutrition

- Tell me about any changes in your child's health or eating. (Appetite, cup use, weaning, milk type, feeding issues, allergies, medical conditions, environment, e.g. daycare)
- OPTIONAL:
 - o Please share with me one thing you like about your child's eating.
 - What things would you like to be different about your child's health or eating?
 - Tell me about any vitamin or mineral supplements your child is taking.



900's Environmental/Other Factors

What are some physical activities that your child enjoys doing?

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