

# Brief Questions and Probes – Pregnant Woman

#### JULY 2014

### A: 100's Anthropometric – Height/weight, %tiles

- What has your doctor said about your weight?
- How do you feel about your weight?
- PROBE for these topics depending on what participant shares: Family's feelings on growth/gain, feelings on weight gain/loss

#### **B: 200's Biochemical – Blood Tests**

- (If low) What has your doctor said about your iron?
- (If low) What do you know about anemia?

## C: 300's Clinical – Health/Medical Conditions

- What has your doctor said about your pregnancy?
- Do you have any concerns in regards to your health?
- PROBE for these topics depending on what is shared:
  - o Prenatal care- 334
  - Nausea and vomiting- 301
  - Medical/health conditions- 302, 342, 343, 345, 358, others
  - Medications- 357, others
  - o Depression- 361
  - o Allergies- 353
  - Oral/dental health- 381

#### D: 400's Diet and Nutrition

- What makes you most happy about your eating?
- How is your appetite?
- Do you eat non-food items? 427C
- PROBE for these topics depending on what participant shares:
  - Beverage/water
  - Diet restrictions- 427B
  - o Supplements (Prenatal vitamin, iron, iodine, herbs)- 427D
  - o Milk intake & type
  - Eating patterns

- Food safety- 427E
- **o** Breastfeeding

### E: 900's Environmental/Other Factors

- What are some physical activities that you enjoy?
- What are your concerns about your safety?
- What concerns do you have about drugs or alcohol?
- PROBE for these topics depending on what is shared:
  - Smoking: maternal or in home- 371, 904
  - Safety/abuse- 901
  - Drug/alcohol abuse- 372, 902

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