

# Free Online Training Resources for WIC Staff Development

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## Purpose

This list of online education resources is provided to help local WIC agencies identify available training resources that are free and easily accessible. These training can be used to help strengthen and enhance the knowledge and skills of local agency staff.

**NOTE:** The trainings shared are a resource for staff development; many will not include continuing education credits.

## Viewing Online Trainings

Below are some ideas to enhance the training experience and its effectiveness:

- **View and discuss the training with others.** This might involve viewing at a staff meeting, viewing with another person, or watching the training and then setting up a time to discuss it with another person.
- **Watch the Training in Small Segments.** Many of the trainings listed are an hour in length. Consider watching the training in short, planned out segments, rather than all at once.
- **Practice WIC Application.** Many of these trainings are focused on nutrition and health knowledge. Reflect on how you could use this knowledge in the WIC clinic setting.

## Sources

*Inclusion of a training on this list is not an endorsement by MN WIC of the company who developed or sponsored the training.* It is also not an endorsement of opinions that may be expressed by the presenters.

## Comments and Suggestions

Please email comments or suggested trainings to [Carole.Kelnhofer@state.mn.us](mailto:Carole.Kelnhofer@state.mn.us).

## Growth and Health Assessment

[Using the WHO Growth Charts to Assess Growth Among Children Ages Birth to 2 Years](#) (CDC, 2015)

- **Description:** This module discusses the recommendations for using the WHO growth charts, describes the attributes of a growth reference versus a growth standard, describes the differences between WHO and CDC growth charts for infants and young children aged 0-2 years, discusses the effect of infant feeding on growth, and Identifies issues to consider when interpreting WHO growth charts.
- **NOTE:** After launching module, navigate through the different pages by clicking on the topical outline located on the left side of the web page.

[Hemocue OnCue Learning Module](#) (HemoCue, 2020)

- **Description:** There are two machine modules for WIC Programs to choose from (201 or 301). **Register and select the HemoCue training module that correlates to the machine used in your clinic.** The modules provide detailed instructions on HemoCue use.

## Nutrition Assessment

### [VENA Training Videos](#) (USDA 2021)

- **Description:** These videos are intended to serve as a starting point for familiarizing WIC staff with the VENA process. It contains 3 lessons:
- **Lesson 1A. Introduction to VENA: Nutrition Assessment in WIC.** This video introduces the role VENA plays in a WIC nutrition assessment. It also details the components of a participant-centered and health outcome-based approach.
- **Lesson 1B. Introduction to VENA: A Systemic and Personalized Process:** This video focuses on maintaining flexibility and personalization within a systemic assessment. The video explores fostering partnership with participants using probing questions.
- **Lesson 1C. Introduction to VENA: Conducting a WIC Nutrition and Breastfeeding Assessment:** The video features role-plays of WIC staff and participants to show how the VENA approach allows WIC staff to systematically collect and evaluate participant information while also engaging the participant in dialogue about their individual needs and goals of healthy behavior.

## Infant Nutrition

### [WIC Learning Online \(WLOL\)- Feeding Infants: Nourishing Attitudes and Techniques](#) (USDA, 2021)

- **Description:** This course includes information to assist WIC staff members in providing anticipatory guidance and nutrition education in the area of infant nutrition and feeding.

### [Supporting the Mother Who Feeds with Bottles and/or Infant Formula](#) (MD Dept. of Health, 2016: Session 9)

- **Description:** This training discusses key education points for families who are choosing not to breastfeed, safe infant formula handling, storage and preparation, water sources, and the basics of how to bottle feed.
- **NOTE:** WIC follows FDA recommendations for heating water for formula preparation and refers parents to the formula label for dilution information. This presentation uses CDC guidelines.

## High Risk Infant

### [Neonatal Abstinence Syndrome](#) (IL Department of Health, 2018)

- **Description:** Discusses NAS symptoms, treatment, and diagnosis, breastfeeding and substance abuse, education, and parent support after release from hospital.

- **NOTE:** Diagnosis of NAS is outside the scope of WIC services but knowing signs to look for to offer a referral and parenting support is valuable knowledge for WIC staff.

#### [High Risk Newborns and Nutrition](#) (AAP, 2015)

- **Description:** This webinar focuses on preterm and low birthweight infants discussing long-term consequences and strategies to minimize these health consequences.

## Toddler/Child Nutrition

#### [Dr Jane Heinig Presents "Understanding Your Toddler"](#) (Cal WIC, 2022)

- **Description:** Dr. Jane Heinig expanded on Baby Behavior research to identify six big changes of healthy toddlers that assist in the understanding of developmental change that can impact mealtime.

#### [Food for 'ME TOO' Nutrition for the Toddler and Preschooler](#) (Iowa State University Extension, 2020)

- **Description:** This publication teaches common eating patterns, gives tips for surviving the toddler roller coaster, and provides a sample menu for children.

#### [Child Nutrition and Cooking](#) (Stanford University, free college course, 5 sessions, ongoing)

- **Description:** This is a 5-session college course. Topics include Why home cooking matters, what constitutes a balanced meal, From supermarket to dinner table, Sustainable eating, Labels, Allergies and Taste.

#### [Early Childhood Nutrition: How to Get Feeding off to a Positive and Healthy Start](#) (Dairy Council and Society for Nutrition Education and Behavior, 2013)

- **Description:** This webinar focuses on guiding parents to healthy feeding behaviors, focusing on toddler behavior, division of responsibility.

#### [How to raise a healthy eater](#) (UNICEF, accessed 2025)

- **Description:** This website focuses on best strategies for raising healthy eaters.

## High Risk Children

#### [Let's Eat Together: Responsive Feeding Practices in Early Intervention](#) (EITP IL, Feb. 2019)

- **Description:** This webinar highlights the need to build trust between providers, families, and children to support family-focused mealtime routines.

#### [Parenting and Childhood Obesity Treatment/Prevention](#) (Cooperative Extension, 2014)

- **Description:** This content discusses primary care obesity prevention in healthcare settings and methods for engaging parents in weight-related conversations. Usable tips and suggestions are given that are applicable to the WIC setting. (Link to webinar recording at the end of page.)

[Many Faces of Autism: An Introduction to Characteristics and Simple Strategies](#) (Ohio Department of Developmental Disabilities, 2017)

- **Description:** This introductory module presents information about unique characteristics of autism spectrum disorder (ASD), including social-communication, restricted interests, and patterns of behavior, sensory, cognition and information processing, and emotional regulation.

[Setting the Table: Initial Steps Towards Achieving Adequate Nutritional Intake in Children with Autism Spectrum Disorder \(ASD\) and Gastrointestinal Issues \(GI\)/ Food Allergies](#) (Nutricia Learning Center, 2015)

**DISCLAIMER:** This webinar is sponsored by a medical formula company. To access it you must register on their website. The content has been reviewed.

- **Description:** This webinar focuses on autism spectrum disorder characteristics and assessment and practical strategies are identified to support eating and expansion of food choices to foster adequate nutritional intake and growth in children with autism.

## Prenatal Nutrition

[Women w/ Obesity: Pre-Pregnancy Wt, Gestational Wt Gain, Impacts on Maternal/Child Health](#) (NASEM, 2018)

- **Description:** This webinar discusses the current understanding of pre-pregnancy weight, gestational weight gain, and the impacts on maternal and child health among women with obesity

[Nutrition Needs During Pregnancy and Breastfeeding](#) (BoysTown Hospital. July 2020)

- **Description:** This video reviews basic food safety recommendations and weight gain during pregnancy.

[Diabetes During Pregnancy](#) (CDC 2024)

- **Description:** This is an article that discusses diabetes in pregnancy, adverse outcomes for mom and baby, and management of the condition.

## Nutrition for Woman

[Food to Fuel: Nutrition for Active Women \(HSS\)](#) (June 2024)

- The HSS Women's Sports Medicine Center provides world-class, collaborative care for female athletes of all ages and abilities, from the recreational to the elite. Join Dr. Jaclyn McKenna (primary sports medicine physician), Heidi Skolnik (nutritionist), and Polly de Mille (exercise physiologist and moderator) for a discussion on common misconceptions women may have about nutrition and how you can support your health through different life stages. Discover how women can prioritize their well-being by focusing on bone health, muscle mass, and injury prevention through nutrition lifestyle choices.

### [Nutrition Essentials | What You Can Eat After Bariatric Surgery](#) (Cleveland Clinic, 2025)

- **Description:** Bariatric surgery can bring life-changing results for those with obesity if it's combined with healthier eating habits. Listen in as Dr. Rickesha Wilson and registered dietitian Julia Zumpano discuss the forever role of proper nutrition following bariatric surgery.

## Breastfeeding Education

### [Breastfeeding Basics](#) (UCONN Health, Aug. 2022)

- **Description:** Discusses benefits of breastfeeding for infant and mother, positioning and frequency of nursing for establishing milk supply, skin to skin, laid back breastfeeding, how supplementation impacts milk supply, breast pump considerations, and returning to work.

### [Maryland Hospital Breastfeeding Training Module: Session 3](#) (MD Dept. of Health, 2016)

- **Description:** This module discusses **from baby to breast: basic breast anatomy and physiology**, hormones that impact lactation, the process of milk production, baby's role in milk transfer and basic breast care instructions for mom.

## Breastfeeding Counseling

### [Maryland Hospital Breastfeeding Training Module: Session 4](#) (MD Dept. of Health, 2016)

- **Description:** This module discusses **promoting breastfeeding during pregnancy**, the history of breastfeeding, when to discuss BF with a prenatal woman and the influence this conversation has on women's decision to BF. The 3-step counseling method is reviewed.

### [2016 Webinar: Welcoming African American Families](#) (CWA 2018)

- **Description:** This webinar focuses on engaging AA families so that they get more out of WIC services. It discusses the ROSE network's work on addressing breastfeeding inequities among people of color to improve outcomes.

### [Breastfeeding Support for Somali Mothers](#) (University of Washington, 2007)

- **Description:** This PowerPoint outlines breastfeeding in the Somali Culture and strategies to support pregnant and postpartum participants that encourage breastfeeding success.

### [A partner's role in breastfeeding](#) (Mayo Clinic 2023)

- **Description:** The article discusses a partner's role in breastfeeding, the importance of addressing the concerns of the partner, and ways the partner can have a role in breastfeeding.

### [The Time is Right: Seize the Moment](#) (Florida Breastfeeding Coalition)

- **Description:** This handout by Cathy Carothers talks through the various requirements that must be followed for a baby-friendly hospital, and why these requirements are important for successful breastfeeding.

[Breastfeeding: Tips to Increase Your Milk Supply](#) (Uhhospitals.org)

- **Description:** The article discusses the milk production process, how we can talk with mom prenatally about changes in her breast and the milk production process to help build confidence that her body is able to make enough milk.

[Maryland Hospital Breastfeeding Training Module : Session 13](#) (MD Dept. of Health, 2016)

- **Description:** This session focuses on **ongoing support for breastfeeding mothers** after hospital discharge. It identifies breastfeeding issues, the importance of community resources, challenges mom's face, and strategies for maintaining breastfeeding beyond a year.

[Getting Started with Breastfeeding Videos](#) (Stanford Medical Center)

- **Description:** This site contains short instructional videos appropriate for staff and participant education.

## Breastfeeding Assessment

[Maryland Hospital Breastfeeding Training Module : Session 6](#) (MD Dept. of Health, 2016)

- **Description:** This session discusses **helping with the breastfeed**, different breastfeeding positions, signs of an effective latch and signs of milk transfer.

[Part 1: Preparing Parents to Lay the Foundation for Milk Supply](#) (Illinois Department of Human Services, 2021)

- **Description:** This session discusses how to establish an adequate milk supply, the concerns that mothers have about not having enough breastmilk, and why they stop breastfeeding.

[Hyperlactation Syndrome](#) (Cleveland Clinic 2023)

- **Description:** This article describes the difference between milk oversupply and overactive milk ejection and discusses methods for controlling oversupply and techniques that can help the baby deal with overactive milk ejection for a successful breastfeed.

[Working with Parents Who Exclusively Pump](#) (Illinois Department of Human Services, 2019)

- **Description:** This session discusses why parents may choose to exclusively pump, explain the difference in pumps, and techniques to help with relatching if parents change their mind.
- **NOTE:** Presentation handout available at [Distance Learning, Springfield Urban League Inc.](#)

[Using a Nipple Shield](#) (Lactation Education Resources, 2021)

- **Description:** This handout discusses reasons baby may benefit from a nipple shield and how one should be properly used.

## High Risk Maternal



[Maryland Hospital Breastfeeding Training Module: Session 10](#) (Maryland Department of Health, 2016)

- **Description:** This module discusses **mothers and infants with special needs** including support with breastfeeding preterm, low-birth weight infants, and women with medical concerns or breastfeeding multiples.

[Maryland Hospital Breastfeeding Training Module Session 11](#) (MD Dept. of Health, 2016)

- **Description:** This module discusses **breast and nipple concerns**, assessments, how to recognize and treat sore nipples, how to recognize and treat engorgement, blocked ducts, and mastitis.

[D-MER: What breastfeeding moms might not be telling you](#) (Illinois Department of Human Services, 2021)

- **Description:** This webinar discusses Dysphoric Milk Ejection Reflex (D-Mer), assessment, negative effects, possible treatment, the role in breastfeeding support, and education for the breastfeeding parent.
- **NOTE:** PowerPoint slides available at [Distance Learning, Springfield Urban League Inc.](#)

[Maryland Hospital Breastfeeding Training Module: Session 12](#) (MD Dept. of Health, 2016)

- **Description:** This session discusses **if baby cannot feed at the breast**, milk expression methods, and alternative feeding methods which can be used to support breastfeeding and transitioning to the breast.

[Tongue and Lip Ties](#) (la leche league international)

**Description:** This article discusses symptoms present in a breastfeeding mother or her baby that may indicate the presence of a tongue tie and/or lip tie.

[Breastfeeding an Infant with Cleft Lip](#) (Children's Minnesota, July 2021)

- **Description:** This article provides an overview of types of clefts and their impact on breastfeeding, and ways to support and assist mother and baby with cleft lip/palate.

## Returning to Work/Community

[Successfully Combining Breastfeeding with Work or School](#) (Illinois Department of Human Services, Feb. 2018)

- **Description:** This webinar why parents should be encouraged to continue breastfeeding when returning to work/school, how to prepare, and how to keep it going.
- **NOTE:** PowerPoint slides available at [Distance Learning, Springfield Urban League Inc.](#)

[Supporting and Promoting Breastfeeding, Chestfeeding and Lactation Health Care Settings](#) (Univ of Albany, NY, 2025)

- **Description:** This information and webinar series discusses the importance of supporting breastfeeding mothers, improve clinical care, the 10-steps, inclusive language, and improving duration and exclusivity.

## General Nutrition Topics

[Maternal, Infant and Early Childhood Nutrition — The Thousand Day Window of Opportunity](#) (CDC, June 2019)

- **Description:** This Public Health Grand Rounds explores maternal nutrition, identifies strategies that support women to breastfeed, and provide recommendations regarding an infant's transition to the family diet.

[Introduction to Human Nutrition](#) (UC-Berkeley, 2006 College lectures, 24 audio recordings)

- **Description:** Audio only. See link for audio recording titles for the various topics covered. Many topics are very applicable to WIC.

[Sugary Drinks](#) (The nUtrition Source. Harvard T.H. Chan., Aug. 2023)

- **Description:** This webpage discusses the health impact of excess sugary drink consumption, trends in consumption and strategies to reduce consumption.

[Shining the Spotlight on Trans Fats](#) (The Nutrition Source. Harvard T.H. Chan, Accessed April 2025)

- **Description:** This website explains the science behind trans fats in formulated foods versus naturally occurring trans fats and health implications of trans fats in the diet.

## Micronutrients

[The Importance of Monitoring Vitamin D Status in the US](#) (CDC, 2010)

- **Description:** This presentation explores vitamin D, why we need it, challenges to getting it, and ways to address this issue within the public health and medical settings.
- **Learn more:** [Vitamin D](#) Fact Sheet for Professionals (National Institute of Health, July 2024)

[The Story of Folic Acid Fortification](#) (CDC, 2013)

- **Description:** This documents the compelling story of how Folic Acid fortification has become a staple in the lives of women of child-bearing age everywhere to protect their babies from developing major birth defects such as spina bifida and anencephaly that are either fatal or have serious, long-term consequences for the child.
- **Learn more:** [About Folic Acid](#) (CDC, May 2024)

[FDA's Regulation of Dietary Supplements with Dr. Cara Welch](#) (US. FDA, Nov. 2024)

- **Description:** The podcast discusses dietary supplements, what they are and how they are regulated, and safety
- **Learn more:** [FDA 101: Dietary Supplements](#) (FDA, June 2022)

## Other General Nutrition Topics

[Improving Health Through Your Gut Microbiome](#) (New York University Langone Health, May 2023)

- **Description:** Maintaining a healthy gut can benefit your overall health. NYU Langone gastroenterologist Lisa Ganjhu, DO, joins cardiologist Dennis A. Goodman, MD, to discuss ways to protect your gut microbiome and how gut health influences mental health and weight management.

[Modulating the Gut Microbiome- The Role of Probiotics and Prebiotics](#) (Genova Diagnostics, 2016)

- **Description:** Learn the beneficial effects of the gastrointestinal microbiota on the development and function of the immune, gastrointestinal, and other organ systems, as well as mechanisms by which probiotics may confer benefit, how to effectively select probiotic formulas.

## Nutrition Related Diseases/High-Risk Nutrition Topics

[Guideline-Driven Management of Hypertension: An Evidence-Based Update Webinar](#) (American Heart Association, July 2022)

- **Description:** In this webinar, Dr. Robert Carey from the University of Virginia and co-author of the 2017 AHA/American College of Cardiology clinical practice guidelines review important findings on the prevention, detection, and management of hypertension.

[Living Well with Celiac Disease and Gluten Intolerance](#) (University of Maryland Medical Center, 2017)

- **Description:** This webinar describes Celiac Disease and Gluten Sensitivities.

## Food Allergies and Intolerances

[Food Allergy and Intolerance](#) (USF Health Morsani College of Medicine, Feb. 2024)

- **Description:** This Grand Rounds webinar explores the differences between food allergies and food intolerances, list common food allergens and intolerances, and understand implications of medical nutrition therapy for diagnosis and intervention.

[The Diagnosis of Food Allergies, and the Role of Oral Food Challenges \(OFCs\)](#) (Food Allergy Research and Education 2016)

- **Description:** This webinar differentiates food allergy and food intolerances, and how allergies are diagnosed. It also discusses how misdiagnosis and unnecessary avoidance of foods has implications on health and nutrition and can have a significant impact on quality of life.

[Early Peanut Introduction: Recent Findings, Latest Guidelines, Q&A](#) (Food Allergy Research and Education, 2017)

- **Description:** This webinar discusses the LEAP trial (Learning Early About Peanut Allergy) and other follow up studies. It discusses the National Institute of Allergy and Infectious Diseases (NIAID) clinical guidelines for introducing peanut products for the prevention of peanut allergies.
- **NOTE:** WIC follows the AAP guidelines for introduction of peanut allergies. AAP guidelines are based on the NIAID recommendations.

[Breastfeeding and Beyond: Best Practices for Feeding an Infant with Cow Milk Allergy](#) (Nutricia Learning Center, 2016)

**DISCLAIMER:** This webinar is sponsored by a medical formula company. To access the webinar, you have to register on their website. The content has been reviewed.

- **Description:** This webinar discusses the role of human milk in infants with cow milk allergy, discusses the maternal diet when managing cow milk allergy, distinguishes differences in composition and categorization of specialized pediatric formulas, and discusses the proper use of specialized pediatric formulas based on currently available evidence.

[Recognizing Food Protein-Induced Enterocolitis Syndrome \(FPIES\) and the Important Role of Dietary Management](#) (Nutricia Learning Center, 2015)

**DISCLAIMER:** This webinar is sponsored by a medical formula company. To access the webinar, you have to register on their website. The content has been reviewed.

- **Description:** This webinar focuses on how to identify and manage the pediatric patient with FPIES. It also discusses the role of dietary management, including considerations when breastfeeding, starting complementary foods and table foods.

## Substance Abuse/Mental Health

[Fetal Alcohol Spectrum Disorders \(audio description\)](#) (Administration from Children and Families, March 2021)

- **Description:** This webinar will share information about fetal risk factors when illicit drugs, tobacco, and alcohol are used during pregnancy, fetal alcohol spectrum disorders (FASDs) and the connection between brain impairment and behavior, diagnoses under the FASD umbrella, “red flags” for an FASD diagnosis, comorbid conditions, including the impact of trauma, and reframing and other strategies.

[Primary Prevention and Public Health Strategies to Prevent Neonatal Abstinence Syndrome](#) (CDC, 2016)

- **Description:** This presentation focuses on NAS and its relation to the current opioid crisis, NAS prevention through public health interventions, screening and treatment of pregnant women for opioid use.

[Guidance from the American Academy of Pediatrics on Neonatal Opioid Withdrawal Syndrome](#) (SAMHSA, April 2021)

- **Description:** This webinar features Dr. Stephen Patrick who provides an overview of American Academy of Pediatrics' guidance on NOWS, including recommendations for management of opioid-exposed infants and the mother/infant dyad.

[Cannabis Products and the Potential Impact on Patients](#) (FDA, Dec. 2024)

- **Description:** This FDA Drug Topics Webinar will identify cannabis products on the market and how they differ from FDA regulated human drugs, as well as the various ways that those products are manufactured and how the quality controls are different, the potential risks that are associated with cannabis use. In addition they will briefly review of some of the scientific evidence, approaches for initiating discussions with the patient interactions, and how to submit a voluntary adverse event report or a consumer complaint to the FDA.

[E-Cigarettes an Emerging Public Health Challenge](#) (CDC, 2015)

- **Description:** This session of Grand Rounds explores the public health challenge of electronic cigarettes, including the surveillance and research gaps that must be addressed to assess the impact of e-cigarettes on the health of our nation.
- **Learn more:** [E-Cigarettes \(Vapes\)](#) (CDC, Jan. 2025)

## Cultural Awareness and Civil Rights

[Implicit Bias in the Academy: Professional and Personal Implications](#) (Duke University & Duke University Health Systems, 2017)

- **Description:** This lecture discusses the significance of implicit bias, research findings, the impact of implicit bias on decision-making, what helps to diminish implicit bias, and implications for future research.

## Customer Service

[WIC Customer Service](#) (AZ WIC, 2016)

- **Description:** These seventeen videos illustrate positive and negative interactions between WIC participants and WIC staff. At the end of each video, the participant is interviewed about how they felt during the interaction.

## Leadership/Management

[CatalystX: Becoming a Successful Leader \(Inclusive Leadership Training\)](#) (EdX 2025)

- **Description:** Become a successful leader by learning 21st-century leadership skills and applying concepts to the real world.

## Staff Wellness

[Wellness in the Workplace](#) (Cooperative Extension, 2014)

- **Description:** This webinar will explore the essential components of a workplace wellness program, talking to management about wellness, and defining issues and prioritizing goals.

[Creating a Healthier Life, A Step-By-Step Guide](#) (Substance Abuse and Mental Health Services Administration (SAMHSA), 2017)

- **Description:** This guide offers a broad approach for things we can do—at our own pace, in our own time, and within our own abilities—that can help us feel better and live longer.

## Other WIC Related Topics

[2016 CWA Learning Collaborative Webinar- Engaging Men & Dads](#) (California WIC Assoc. 2016)

- **Description:** This webinar discusses best practices for making programs more father friendly and how to make WIC more welcoming to fathers.
- **Learn more:** [Dads Matter Too: A Guide for WIC Staff to Engage Fathers and Male Caregivers](#) (NWA, June 2024)

[Open Wide: Oral Health Training for Health Professionals and Early Childhood Professionals](#) (OHRC, Georgetown University, 2023)

- **Description:** A series of four web-based, self-study modules to help health and early childhood professionals (such as WIC staff!) working in community settings promote oral health.
- **Learn more:** [Oral health is essential for overall health and well-being](#) (NWA, 2025)

[Maternal Immunization: Current Status and Future Directions](#) (CDC, 2019)

- **Description:** Learn about the burden of influenza and pertussis during pregnancy and among infants, the benefits of maternal immunization, and the development of new vaccines.

[Childhood Immunization Schedule for Ages 0-6 | Lesson 1 | AAP](#) (AAP, March 2024)

- **Description:** This short clip will shed light on why vaccinations are crucial for safeguarding children's health before they start kindergarten.

[Myths vs. Facts on Childhood Immunizations | Lesson 2 | AAP](#) (AAP, March 2024)

- **Description:** This short clip will share the biggest myths about vaccines and how to support parents to find trusted resources.

[Parenting for a Digital Future: How Hopes and Fears about Technology Shape Children's Lives](#) (Sesame Workshop, 2020)

- **Description:** This presentation discusses technology and the effects it has on our identities, our relationships, our values, and our children's life chances.

[Recognizing Child Abuse: For Non-Medical Professionals](#) (MD WIC, Johns Hopkins presenter, 2015)

- **Description:** This presentation describes the non-medical professional's role in recognizing child abuse and the role in intervention.

## Reference- Complete Listing of Hyperlinks:

[Using the WHO Growth Charts to Assess Growth Among Children Ages Birth to 2 Years](https://www.cdc.gov/growth-chart-training/hcp/using-growth-charts/?CDC_AAref_Val=https://www.cdc.gov/nccdphp/dnpao/growthcharts/who/index.htm)  
([https://www.cdc.gov/growth-chart-training/hcp/using-growth-charts/?CDC\\_AAref\\_Val=https://www.cdc.gov/nccdphp/dnpao/growthcharts/who/index.htm](https://www.cdc.gov/growth-chart-training/hcp/using-growth-charts/?CDC_AAref_Val=https://www.cdc.gov/nccdphp/dnpao/growthcharts/who/index.htm))

[Hemocue OnCue Learning Module](https://hemocueoncue.education/) (<https://hemocueoncue.education/>)

[VENA Training Videos](https://wicworks.fns.usda.gov/topic/vena/vena-overview-videos) (<https://wicworks.fns.usda.gov/topic/vena/vena-overview-videos>)

[WIC Learning Online \(WLOL\)](https://wicworks.fns.usda.gov/resources/wic-learning-online-wlol) (<https://wicworks.fns.usda.gov/resources/wic-learning-online-wlol>)

[Supporting the Mother Who Feeds with Bottles and/or Infant Formula](https://www.youtube.com/watch?v=_HrQ9vDXou8)  
([https://www.youtube.com/watch?v=\\_HrQ9vDXou8](https://www.youtube.com/watch?v=_HrQ9vDXou8))

[Neonatal Abstinence Syndrome](https://ilpqc.org/ILPQC%202020%2B/MNO-Neonatal/MNO-Neonatal%20Folder_All%20Materials_1.28.2020.pdf) ([https://ilpqc.org/ILPQC%202020%2B/MNO-Neonatal/MNO-Neonatal%20Folder\\_All%20Materials\\_1.28.2020.pdf](https://ilpqc.org/ILPQC%202020%2B/MNO-Neonatal/MNO-Neonatal%20Folder_All%20Materials_1.28.2020.pdf))

[High Risk Newborns and Nutrition](https://players.brightcove.net/6056665225001/default_default/index.html?videoId=6079348009001)  
([https://players.brightcove.net/6056665225001/default\\_default/index.html?videoId=6079348009001](https://players.brightcove.net/6056665225001/default_default/index.html?videoId=6079348009001))

[Dr Jane Heinig Presents "Understanding Your Toddler"](https://video.ucdavis.edu/media/Dr+Jane+Heinig+Presents+%22Understanding+Your+Toddler%22/1_lypx45a1/213314233) ([https://video.ucdavis.edu/media/Dr+Jane+Heinig+Presents+%22Understanding+Your+Toddler%22/1\\_lypx45a1/213314233](https://video.ucdavis.edu/media/Dr+Jane+Heinig+Presents+%22Understanding+Your+Toddler%22/1_lypx45a1/213314233))

[Food for 'ME TOO' Nutrition for the Toddler and Preschooler](https://store.extension.iastate.edu/product/4597)  
(<https://store.extension.iastate.edu/product/4597>)

[Child Nutrition and Cooking](https://www.coursera.org/learn/childnutrition) (<https://www.coursera.org/learn/childnutrition>)

[Early Childhood Nutrition: How to Get Feeding off to a Positive and Healthy Start](https://vimeo.com/66840419)  
(<https://vimeo.com/66840419>)

[How to raise a healthy eater](https://www.unicef.org/parenting/food-nutrition/how-to-raise-healthy-eater) (<https://www.unicef.org/parenting/food-nutrition/how-to-raise-healthy-eater>)

[Let's Eat Together: Responsive Feeding Practices in Early Intervention](https://www.youtube.com/watch?v=9D_osZ8ifxY)  
([https://www.youtube.com/watch?v=9D\\_osZ8ifxY](https://www.youtube.com/watch?v=9D_osZ8ifxY))

[Parenting and Childhood Obesity Treatment/Prevention](https://connect.extension.org/event/parenting-and-childhood-obesity-treatment-prevention)  
(<https://connect.extension.org/event/parenting-and-childhood-obesity-treatment-prevention>)

[Many Faces of Autism: An Introduction to Characteristics and Simple Strategies](https://autismcertificationcenter.org/preview/course/1/module/29)  
(<https://autismcertificationcenter.org/preview/course/1/module/29>)

[Setting the Table: Initial Steps Towards Achieving Adequate Nutritional Intake in Children with Autism Spectrum Disorder \(ASD\) and Gastrointestinal Issues \(GI\)/ Food Allergies](#)

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