

Multi Year Pre Pregnancy Weight Status in Minnesota WIC by Race/Ethnicity
Minnesota WIC Information System

Year ¹	Amer Indian NH Total	Amer Indian NH Percent [95% CI]	Asian NH Total ²	Asian NH Percent [95% CI]	Black/ African-Amer NH Total ³	Black / African-Amer NH Percent [95% CI]	White NH Total	White NH Percent [95% CI]	>1 Race NH Total ⁴	>1 Race NH Percent [95% CI]	Hispanic All Races Total	Hispanic All Races Percent [95% CI]
<i>Overweight⁵</i>												
2021	595	27.4 [27.3,27.5]	2,373	32.8 [32.6,33.0]	5,631	32.6 [32.4,32.8]	8,886	27.0 [26.7,27.3]	785	23.9 [23.6,24.2]	3,597	32.6 [32.4,32.8]
2020	670	26.1 [26.0,26.2]	2,511	33.5 [33.3,33.7]	6,265	31.3 [31.1,31.5]	9,130	27.1 [26.8,27.4]	854	26.1 [25.8,26.4]	3,573	31.7 [31.5,31.9]
2019	702	28.7 [28.6,28.8]	2,441	32.6 [32.4,32.8]	6,058	30.9 [30.7,31.1]	9,323	26.2 [25.9,26.5]	788	25.5 [25.2,25.8]	3,220	31.8 [31.6,32.0]
2018	560	26.8 [26.7,26.9]	2,545	30.0 [29.8,30.2]	5,799	30.6 [30.4,30.8]	8,903	24.6 [24.3,24.9]	711	25.5 [25.2,25.8]	3,286	30.8 [30.6,31.0]
2017	669	27.5 [27.4,27.6]	2,600	28.7 [28.4,29.0]	6,200	30.4 [30.2,30.6]	10,095	25.2 [24.9,25.5]	848	23.0 [22.7,23.3]	3,572	32.6 [32.4,32.8]
2016	720	30.7 [30.6,30.8]	2,882	31.0 [30.8,31.2]	6,253	32.1 [31.9,32.3]	11,916	27.3 [27.0,27.6]	1,012	25.3 [25.0,25.6]	3,796	33.6 [33.4,33.8]
2015	694	28.8 [28.7,28.9]	2,713	28.5 [28.2,28.8]	5,972	31.1 [30.9,31.3]	11,299	24.9 [24.6,25.2]	863	24.2 [23.9,24.5]	3,689	32.4 [32.2,32.6]
2014	776	25.8 [25.8,25.8]	2,590	27.7 [27.4,28.0]	5,313	31.1 [30.9,31.3]	11,007	25 [24.7,25.3]	757	24.0 [23.7,24.3]	3,456	32.6 [32.4,32.8]
2013	792	25.9 [25.9,25.9]	2,515	27.4 [27.1,27.7]	4,976	31.1 [30.9,31.3]	11,831	24.4 [24.1,24.7]	775	21.9 [21.6,22.2]	3,539	32.0 [31.8,32.2]
2012	809	25.7 [25.7,25.7]	2,565	29.0 [28.7,29.3]	4,838	32 [31.8,32.2]	12,821	25.2 [24.9,25.5]	830	27.6 [27.3,27.9]	3,755	33.0 [32.8,33.2]
2011	832	25.8 [25.8,25.8]	2,352	27.0 [26.7,27.3]	4,596	31.7 [31.5,31.9]	12,865	25.2 [24.9,25.5]	771	21.9 [21.6,22.2]	3,580	34.5 [34.3,34.7]

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Obese⁶												
2021	595	50.7 [50.6,50.8]	2,373	28 [27.7,28.3]	5,631	40.3 [40.1,40.5]	8,886	42.2 [42.0,42.4]	785	49.2 [49.0,49.4]	3,597	42.2 [42.0,42.4]
2020	670	51.5 [51.4,51.6]	2,511	25.7 [25.4,26.0]	6,265	39.4 [39.2,39.6]	9,130	41.5 [41.3,41.7]	854	44.6 [44.4,44.8]	3,573	42.5 [42.3,42.7]
2019	702	46.4 [46.3,46.5]	2,441	24.6 [24.3,24.9]	6,058	37.7 [37.5,37.9]	9,323	40.9 [40.7,41.1]	788	46.1 [45.9,46.3]	3,220	41.2 [41.0,41.4]
2018	560	40.2 [40.1,40.3]	2,545	21.8 [21.5,22.1]	5,799	32.8 [32.6,33.0]	8,903	37.7 [37.5,37.9]	711	40.6 [40.4,40.8]	3,286	35.9 [35.7,36.1]
2017	669	39.3 [39.2,39.4]	2,600	18.7 [18.4,19.0]	6,200	30.3 [30.1,30.5]	10,095	36.1 [35.9,36.3]	848	41.0 [40.8,41.2]	3,572	35.3 [35.1,35.5]
2016	720	39 [38.9,39.1]	2,882	20.6 [20.3,20.9]	6,253	35.3 [35.1,35.5]	11,916	37.7 [37.5,37.9]	1,012	44.4 [44.2,44.6]	3,796	33.6 [33.2,35.1]
2015	694	36.7 [36.6,36.8]	2,713	15.1 [14.8,15.4]	5,972	30.1 [29.9,30.3]	11,299	33.1 [32.9,33.3]	863	37.0 [36.8,37.2]	3,689	32.4 [32.2,32.6]
2014	776	36.2 [36.2,36.2]	2,590	15.1 [14.8,15.4]	5,313	31.2 [31.0,31.4]	11,007	32.8 [32.6,33.0]	757	36.1 [35.9,36.3]	3,456	33.2 [33.0,33.4]
2013	792	42.0 [42.0,42.0]	2,515	15.5 [15.2,15.8]	4,976	29.5 [29.2,29.8]	11,831	32.4 [32.2,32.6]	775	38.5 [38.3,38.7]	3,539	32.9 [32.7,33.1]
2012	809	38.8 [38.8,38.8]	2,565	14.3 [13.9,14.7]	4,838	31.6 [31.4,31.8]	12,821	31.5 [31.3,31.7]	830	31.9 [31.7,32.1]	3,755	31.5 [31.3,31.7]
2011	832	39.5 [39.5,39.5]	2,352	14.7 [14.3,15.1]	4,596	32.1 [31.9,32.3]	12,865	32.3 [32.1,32.5]	771	38.6 [38.4,38.8]	3,580	31.3 [31.1,31.5]

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Overweight and Obese⁷												
2021	595	78.2 [78.1,78.3]	2,373	60.8 [60.6,61.0]	5,631	72.9 [72.7,73.1]	8,886	69.3 [69.1,69.5]	785	73.1 [72.9,73.3]	3,597	74.8 [74.6,75.0]
2020	670	77.6 [77.5,77.7]	2,511	59.2 [59.0,59.4]	6,265	70.7 [70.5,70.9]	9,130	68.7 [68.5,68.9]	854	70.7 [70.5,70.9]	3,573	74.3 [74.1,74.5]
2019	702	75.6 [75.5,75.7]	2,441	57.1 [56.9,57.3]	6,058	68.6 [68.4,68.8]	9,323	67.4 [67.2,67.6]	788	71.8 [71.6,72.0]	3,220	72.4 [72.2,72.6]
2018	560	67 [66.9,67.1]	2,545	51.7 [51.5,51.9]	5,799	63.4 [63.2,63.6]	8,903	62.2 [62.0,62.4]	711	66.1 [65.9,66.3]	3,286	66.7 [66.5,66.9]
2017	669	66.8 [66.7,66.9]	2,600	47.4 [47.2,47.6]	6,200	60.6 [60.4,60.8]	10,095	61.3 [61.1,61.5]	848	64.0 [63.8,64.2]	3,572	67.8 [67.6,68.0]
2016	720	69.7 [69.6,69.8]	2,882	51.6 [51.4,51.8]	6,253	67.5 [67.3,67.7]	11,916	65 [64.8,65.2]	1,012	70.0 [69.8,70.2]	3,796	72.2 [72.0,72.4]
2015	694	65.6 [65.5,65.7]	2,713	43.6 [43.4,43.8]	5,972	61.2 [61.0,61.4]	11,299	58 [57.8,58.2]	863	61.2 [61.0,61.4]	3,689	64.8 [64.6,65.0]
2014	776	62.0 [62.0,62.0]	2,590	42.8 [42.6,43.0]	5,313	62.3 [62.1,62.5]	11,007	57.8 [57.6,58.0]	757	60.1 [59.9,60.3]	3,456	65.9 [65.7,66.1]
2013	792	67.9 [67.9,67.9]	2,515	42.9 [42.7,43.1]	4,976	60.6 [60.4,60.8]	11,831	56.8 [56.6,57.0]	775	60.4 [60.2,60.6]	3,539	64.9 [64.7,65.1]
2012	809	64.5 [64.5,64.5]	2,565	43.2 [43.0,43.4]	4,838	63.6 [63.4,63.8]	12,821	56.8 [56.6,57.0]	830	59.5 [59.3,59.7]	3,755	64.5 [64.3,64.7]
2011	832	65.4 [65.4,65.4]	2,352	23.9 [23.6,24.2]	4,596	63.8 [63.6,64.0]	12,865	57.5 [57.3,57.7]	771	60.6 [60.4,60.8]	3,580	65.9 [65.7,66.1]

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Percent [95% Confidence Interval] Confidence intervals that do not overlap between two comparison years are statistically significant.

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For more information contact: Minnesota WIC Program 1 (800) 657-3942

¹ Calendar Year

² Includes Asian, Pacific Islander and Native Hawaiian

³ Includes African and African-American

⁴ Multiple race information not collected until 2005

⁵ BMI 25th to <30

⁶ BMI ≥ 30

⁷ BMI ≥ 25