

Risk Factors & DFPs - Introduction

Intro

This HuBERT on-demand training module is provided by...

Intro1

...the MN Department of Health WIC Program. It provides an overview of the risk factors that affect default food packages, or DFPs.

Overview

Overview

Although risk factors are necessary to create a DFP, there are only a couple that directly affect it.

RF 355

In the first food package module, we saw how risk factor 355 – lactose intolerance created a DFP with lactose free milk and no cheese or yogurt.

Overview1

The other risk factors that directly affect the DFP is 335 – Multifetal Gestation and 338 – Pregnant and Currently Breastfeeding.

RF 335 – Multifetal Gestation

335 Health Info

Tera Byte is a pregnant woman expecting twins, which is indicated by the **Expecting Multiple Births** checkmark in Health Information...

<no audio> Click the **Risk Factors** tab.

335 RFs

..and due to which HuBERT auto-assigned risk factor 335 – Multifetal Gestation.

<no audio> Click the **Food Prescription** tab.

335 FP

Most pregnant women receive food package 5. However, those with risk factor 335, receive FP7, which has 5 additional quarts of milk, another dozen eggs and 30 ounces of canned fish.

335 FP1

Go ahead and add a new DFP.

<no audio – failure hint> Click the **Add** button.

335 Add DFP

<no audio – failure hint> Click the **Use Default** button.

335 DFP

Notice the **Pregnant Enhanced** indicator and that her Maximum for milk products is 27 quarts, which includes 1 lb cheese, 23 quarts milk and 1 quart of yogurt.

For FP7, 3 quarts is always dedicated to cheese.

We can delete the cheese...

335 Remove Cheese

<no audio> Mouse clicks Yes button on “are you sure you want to delete the selected Food Prescription Item?” message.

335 Remove Cheese1

But if we were to try to increase the milk...

<no audio> Mouse clicks on Milk row to highlight/select and then clicks the Edit Food Item button.

335 Remove Cheese2

<no audio> Mouse clicks on increase spin arrow...nothing happens.

335 Remove Cheese3

It maxes out at 24.

335 DFP1

Best practice is to leave the cheese in the food package and advise the participant if she doesn't want it, she doesn't have to buy it.

RF 338 – Pregnant and BF

338 PPT List

Today is April 15th and Cara Lott is a pregnant woman who is here for a nutrition education visit.

<no audio> Open Cara's Participant Folder.

338 Alert

This system alert displays for households that have a pregnant women who is also breastfeeding.

<no audio> Click to the right of the scroll bar.

338 Alert1

<no audio> Click the Close button or press the Enter key.

338 Demo

We need to assess how breastfeeding is going and update the amount if necessary.

<no audio> Click the **Health Information** tab.

338 Health Info

Cara is currently Mostly-breastfeeding and based on our conversation so far, we believe she'll continue to be, so all we have to do is update the Date BF Verified to today's date.

<no audio> Click the **Date BF Verified** drop-down.

338 Date BF

<no audio> Select the **Today** button.

338 Health Info1

Women who are pregnant and currently breastfeeding...

<no audio> Click the **Risk Factors** tab.

338 Save

<no audio> Click Yes or press the Enter key.

338 RFs

...are auto-assigned Risk Factor 338...

<no audio> Click the **Food Package** tab.

338 FP

...and receive the Pregnant Enhanced Food Package 7 instead of 5.

338 FP1

What if after further discussion with Cara, we realize she wants more formula and that would change her breastfeeding amount to Some-Breastfeeding? Let's do that and see what happens.

<no audio> Click the **Health Information** tab.

338 Health Info2

<no audio> Click the **Breastfeeding Amount** drop-down.

338 SBF

<no audio> Select **Some-Breastfeeding**.

338 Health Info3

<no audio> Click the **Risk Factors** tab.

338 Save1

<no audio> Click Yes or press the Enter key.

338 New FP Msg

This message informs us that a new DFP was created because of the change in her breastfeeding amount.

<no audio> Click Yes or press the Enter key.

338 RFs1

Risk Factor 338 is still assigned but...

<no audio> Click the **Food Prescription** tab.

338 FP5

...the default food package is now 5 instead of 7.

However, our work isn't done here.

338 FP51

Although we updated mom's breastfeeding amount, since mom's WIC Type is Pregnant, a two-way link cannot exist between the infant and mom's folders. This means that instead of HuBERT auto-updating the infant's Health Information, we will need to do it ourselves.

<no audio> Click the **minimize icon** on mom's participant folder.

Infant

Open Ada's folder, change her breastfeeding amount and update her date breastfeeding verified. Go ahead.

<no audio – failure hint> Click on Ada's row to highlight/select.

Infant Open PF

<no audio – failure hint> Click on Ada's row to highlight/select.

Infant Demo

<no audio – failure hint> Click the **Health Information** tab.

Infant Health Info

<no audio – failure hint> Click the **Breastfeeding Amount** drop-down.

Infant SBF

<no audio – failure hint> Select **Some-Breastfeeding**.

Infant BF Date

<no audio> Use the drop-down calendar.

<no audio – failure hint> Click the **Date Breastfeeding Verified** drop-down.

Infant BF Date1

<no audio> Use the Today button.

<no audio – failure hint> Click the **Today** button.

Infant Health Info1

Since we've change the breastfeeding amount, we need a new food prescription.

<no audio> Click the **Food Prescription** tab.

Infant Save

<no audio> Click Yes or press the Enter key.

Infant New FP Msg

The message informs us that the food package will change due to the change in the Breastfeeding Amount.

<no audio> Click Yes.

Infant Formula

We will want to continue with the same formula, which according to mom is powdered Similac Total Comfort. Go ahead and continue.

<no audio – failure hint> Select **5 – Similac Total Comfort (12.0 oz pwd) – Rx or FPIII**.

Infant Formula1

<no audio – failure hint> Click OK or press the Enter key.

Infant Formula Msg

<no audio – failure hint> Click Yes or press the Enter key.

Infant FP

If we needed to increase the formula, since it defaults the minimum amount allowed based on breastfeeding amount and age category...

Infant FP1

...we would need to edit this prescription.

BF Multiple Infants

BFMI Overview

Women with multiple infants can be assigned default food packages 5, 6, 7 or 7+.

We only differentiate food packages for multiple infants if mom is fully breastfeeding at least one of them or is mostly-breastfeeding both of them.

Otherwise, the DFP is based on the infant who is breastfeeding the most. What this means is that if mom has multiple infants and is Mostly BF at least one of them, she receives DFP 5 like other mostly-

breastfeeding women, if she is Some-BF at least one of them, she receives DFP 6 like other some-breastfeeding women.

So, let's just take a quick look at DFPs 7 and 7+.

FBF Multiple Infants - DFP 7+

FBFMI

Today is 4/17/19 and we've just VOC certified Bea Free and her twins, both of whom she is fully breastfeeding as we've indicated in the Infants Born from This Pregnancy dialogue where we linked her record to her infants.

<no audio> Click the **Close** button.

FBFMI Health Info

Go ahead and add a DFP.

<no audio – failure hint> Click the **Food Prescription** tab.

FBFMI FP

<no audio – description> pans down to view lower half of screen.

FBFMI Add

<no audio – failure hint> Click the **Add** button.

FBFMI DFP

<no audio – failure hint> Click the **Use Default** button.

FBFMI DFP1

Notice the food package indicator that reads: Fully Breastfeeding Multiples. This is default food package 7+.

It is only provided to women who are fully breastfeeding more than one infant and is the same regardless of the number of infants (twins, triplets, etc.)

The cheese, whole grains and juice all have half quantities and the milk provides an odd number of quarts, which means it has that dangling quart.

All of these quantities will alternate each month as indicated by Show Details. Let's look at cheese since it's already highlighted.

<no audio> Click the **Show Details** button.

FBFMI Show Details

Since she only has an odd number of months, 11, left in her VOC Cert, the system loads the front-end of the issuance with 2 lbs for both April and May so that she receives the full benefit amount and won't be short-changed at the end of her cert.

This is true for all of the half and odd food items where the amount has to be alternated.

We should inform mom of this so that when she receives a smaller amount in June, she understands why.

BF Multiple Infants – DFP 7

FBF & MBF

When one infant is fully and the other is mostly-breastfeeding or...

MBF & MBF

...mom is mostly-breastfeeding both infants...

FBF & MBF DFP

...she is considered Partially Breastfeeding Multiples and she receives Food Package 7.

RF 801 – Homelessness

801 Demo

Emma Nent is a 17 month old child who has homelessness indicated in the Demographics tab where we've updated the date verified with today's date.

<no audio> Click the **Risk Factors** tab.

801 RF

Although Risk Factor 801 is auto-assigned by HuBERT...

<no audio> Click the **Food Prescription** tab.

801 FP

...there isn't a an automatic DFP associated with it.

However, juice can be adjusted if it makes it easier for the participant.

801 FP Add

Go ahead and add a default food package.

<no audio – failure hint> Click the **Add** button.

801 DFP

<no audio – failure hint> Click the **Use Default** button.

801 Delete

Let's delete the default juice option and add a different juice to the food package. Go ahead.

<no audio – failure hint> Click the **Juice (64 oz. ready-to-use)** row to highlight.

801 Delete

<no audio – failure hint > Click the **Delete Food Item** button.

801 Delete1

<no audio – failure hint > Click **Yes**.

801 Add Juice

<no audio – failure hint> Click the **Add Food Item** button.

801 Add Juice1

<no audio – failure hint> Click the **Food Category** drop-down.

801 Add Juice2

<no audio – failure hint> Select **JUICE**.

801 Add Juice3

There is only one HOMELESS option for juice and it is the same for both children and women.

For children, the HOMELESS juice option does not provide the full nutritional benefit allowed. However, it does for women.

801 Add Juice4

It provides juice boxes and should only be provided to homeless participants that may not have refrigerator space to accommodate juice or a freezer to store frozen.

Go ahead and finish adding the HOMELESS ONLY juice.

<no audio – failure hint> Select **HOMELESS ONLY-six pack(s) 5.5-6oz. can(s) WIC 100% Juice**.

<no audio – failure hint> Click the **OK** button.

801 FP1

<display> 4/15/2019 food package expands displaying new food package.

<no audio> Click when ready to continue.

End

Thank you for reviewing this HuBERT on-demand training module presented by the MN Department of Health WIC Program.