

* Green highlight indicates a change.

Fully Breastfeeding Multiple Infants: Food Package 7+

Food item	New Default Food Package	Options	Previous Default Amount
Cereal	54 oz		no change
Cheese	1 lb	OR: 3 qt milk if no cheese OR: 2 lb cheese replacing 6 qt milk OR: 3 lb cheese replacing 9 qt milk	1.5 lb
Eggs*	3 doz	OR: 1 Peanut Butter/Beans option for each dozen eggs	no change
Milk Fat Free or 1%	32 qt (8 gal)	OR: 1 lb. tofu for each 1 qt milk Choose at the store: Cow's milk Lactose free milk Soy beverage Goat milk Powdered milk Evaporated milk Evaporated goat milk	35 qt (8.75 gal)
Fruits & Vegetables	\$78	Choose at the store: Fresh / Frozen / Canned	no change
Tuna / Salmon*	30 oz	Choose at the store: cans or pouches	45 oz
Whole Grains*	72 oz	Choose at the store: Bread Pasta Gluten free bread Brown rice Pasta Wild rice Corn and Wheat Tortillas	24 oz
Juice*	1.5 (64 oz) juice <i>Alternates:</i> 1 (64 oz) juice – one month 2 (64 oz) – next month	\$4.5 CVB	4.5 (12 oz) frozen juice
Peanut Butter/ Sun Butter or Canned Beans or Dry Beans	3 Peanut Butter/Beans options	Choose 3 options at the store: 16-18 oz jar or 64 oz (4 cans) beans or 1 lb dry beans	no change
Yogurt*	1 qt	OR: 1 qt additional milk if no yogurt OR: 2 qt yogurt replacing 2 qt milk OR: 3 qt yogurt replacing 3 qt milk	no change

Transition Tips

During the transition through June, some new food items may not display correctly. Always double check the food package before issuing benefits.

- **Milk** – can potentially be overissued when an extra pound of cheese is added in exchange for 3 quarts milk. Always decrease the amount of milk before adding more cheese.
- **Eggs** – check that the correct quantity is shown.
- **Juice** – check that the correct quantity is shown.
- **\$4.5 CVB in place of Juice** - Remove the juice. Then edit the CVB by typing in “8250 cents” (\$82.50).

Frozen Juice:

- Not available in June.
- Starting in July, participants with the (1) 64 oz juice item on their benefit will be able to purchase (1) (11.5-12 oz) frozen juice at the store. (makes 48 oz)

Refer to the Winnie [Update Document - Phase 3 Food Package Changes](#) for more information.