



MN WIC Medical Formula Amounts Guide

OCTOBER 2026

The Minnesota WIC Formula Amounts Guide contains a list of Minnesota WIC allowed medical formulas that are in the WIC Information System. The product list provides the following information to assist local agencies when ordering formula: packaging, maximum allowed by WIC category, and reconstituted ounces per container.

Packaging of formula is listed in the first column. Reconstituted ounces per container are listed in the last column.

Packaging of formula varies at stores and may be different if ordered from the state office. For example, some products listed below are in 6-packs but may also be available at stores in 8, 12, or 15 packs. If WIC *benefit descriptions* are for a 6-pack, then the participant must purchase the 6-pack size at the store. CPAs need to issue the formula according to how the information system lists the formula. If the information system lists the product as 6 packs, and 24 individual cans are sent to the agency, CPAs will need to divide the amount by 6 to issue benefits.

Maximum monthly allowances for each WIC category are listed in the middle columns.

- Mostly Breastfed (MBF), Some-Breastfed (SBF), Fully Formula Fed (FFF)

Alfamino Infant (14.1 oz. pwd) - Nestle

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 cans/case	4	5	4	5	9	10	7	10	9	94 oz/can

Alfamino Junior (14.1 oz. pwd) - Nestle

Packaging	Flavor	Children 1-4 Years	Reconstituted Oz/Container
6 cans/case	Unflavored, Vanilla	14	65 oz/can

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Alimentum (12.1 oz. pwd) - Abbott

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 cans/case	5	6	4	6	10	11	8	11	10	87 oz/can

Alimentum (32 oz. RTF) – Abbott

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 (32 oz) bottles/case	12	14	10	14	26	28	20	28	28	32 oz/bottle

Boost Original (8 oz. – 6 packs RTU) - Nestle

Packaging	Flavor	Women	Reconstituted Oz/Container
4 (6 packs)/case	Vanilla, Chocolate, Strawberry	18	48 oz/6 pack

Boost Plus (8 oz. – 6 packs RTU) - Nestle

Packaging	Flavor	Women	Reconstituted Oz/Container
4 (6 packs of 8 oz) per case	Vanilla, Chocolate, Strawberry	18	48 oz/6 pack

Elecare for Infants (14.1 oz. pwd) - Abbott

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 cans/case	4	5	4	5	9	10	7	10	9	95 oz/can

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Elecare Jr Age 1 & Up (14.1 oz. pwd) - Abbott

Packaging	Flavor	Children 1-4 Years	Reconstituted Oz/Container (30 Cal/oz)
6 cans/case	Vanilla, unflavored	14	65 oz/can

Enficare (13.6 oz. pwd) - Mead Johnson

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 cans/case	5	6	4	6	10	11	8	11	N/A	87 oz/can

Ensure Original (8 oz. - 6 packs RTU) - Abbott

Packaging	Flavor	Women	Reconstituted Oz/Container (30 Cal/oz)
4 (6 packs of 8 oz) per case	Vanilla, strawberry, Dark Chocolate, Chocolate, Butter Pecan, Coffee Latte	18	48 oz/6 pack

Ensure Plus (8 oz. - 6 packs RTU) - Abbott

Packaging	Flavor	Women	Reconstituted Oz/Container (30 Cal/oz)
4 (6 packs of 8 oz) per case	Dark Chocolate, Chocolate, Butter Pecan, Strawberry, Vanilla	18	48 oz/6 pack

Extensive HA (14.1 oz. pwd) - Nestle

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 cans/case	4	5	4	5	9	10	7	10	9	96 oz/can

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Neocate Infant with DHA & ARA (14.1 oz. pwd) - Nutricia

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
4 cans/case	4	5	3	5	8	9	7	9	9	97 oz/can

Neocate Junior (14.1 oz. pwd) - Nutricia

Packaging	Flavor	Children 1-4 Years	Reconstituted Oz/Container (30 Cal/oz)
4 cans/case	Unflavored, Chocolate	14	62 oz/can

Neocate Junior with Prebiotics (14.1 oz. pwd) - Nutricia

Packaging	Flavor	Children 1-4 Years	Reconstituted Oz/Container (30 Cal/oz)
4 cans/case	Unflavored	14	62 oz/can

Neocate Splash (8 oz. RTF) - Nutricia

Packaging	Flavor	Children 1-4 Years	Reconstituted Oz/Container (30 Cal/oz)
27 (8 oz) boxes/case	Unflavored, Grape, Orange-Pineapple, Tropical Fruit	113	8 oz/box

Neosure (13.1 oz. pwd) - Abbott

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 cans/case	5	6	4	6	10	11	8	11	10	87 oz/can

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Neosure (32 oz. RTF) - Abbott

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 (32 oz) bottles/case	12	14	10	14	26	28	20	28	28	32 oz/bottle

Nutramigen w/LGG (12.6 oz. pwd) - Mead Johnson

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 cans/case	5	6	4	6	10	11	8	11	10	87 oz/can

Nutramigen (13 oz. Concentrate) - Mead Johnson

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
12 cans /case	14	17	12	17	31	34	24	34	35	26 oz/can

Nutramigen (32 oz. RTF) - Mead Johnson

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 Bottles/ case	12	14	10	14	26	28	20	28	28	32 oz/bottle 192 oz/case

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Pediasure Grow and Gain (8 oz. - 6 packs RTF) - Abbott

Packaging	Flavor	Children 1-4 Years	Reconstituted Oz/Container (30 Cal/oz)
24 (8 oz cans/bottles) if ordered through the state office	Banana, Berry, Chocolate, Strawberry, Smores, Vanilla	18 -6-packs	48 oz/6 pack 192 oz/case

Pediasure Grow and Gain w/ Fiber (8 oz – 6 packs RTF) - Abbott

Packaging	Flavor	Children 1-4 Years	Reconstituted Oz/Container (30 Cal/oz)
If ordering through state order by the case (24 - 8 oz containers per case) 6-packs are sold at stores	Vanilla	18 -6-packs	48 oz/6 pack 192 oz/case

Pregestimil (16 oz. pwd) - Mead Johnson

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
6 cans/case	3	4	3	4	7	8	6	8	8	112 oz/can

PurAmino Infant (14.1 oz. pwd) - Mead Johnson

Packaging	Infants MBF 0-3 mo.	Infants MBF 4-5 mo.	Infants MBF 6-11 mo. (w/infant foods)	Infants MBF 6-11 mo. (no infant foods)	Infants SBF & FFF 0-3 mo.	Infants SBF & FFF 4-5 mo.	Infants SBF & FFF 6-11 mo. (w/infant foods)	Infants SBF & FFF 6-11 mo. (no infant foods)	Children 1-4 Years & Women	Reconstituted Oz/Container - Infant 20 Cal/oz and Child/Women 30 Cal/oz
4 cans/case	4	5	3	5	8	9	7	9	9	98 oz/can

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PurAmino Junior (14.1 oz. pwd) - Mead Johnson

Packaging	Flavor	Children 1-4 Years	Reconstituted Oz/Container (30 Cal/oz)
4 cans/case	Vanilla	14	65 oz/can (fall 2026)

Minnesota Department of Health - WIC Program, 625 Robert St N, PO BOX 64975, ST PAUL MN 55164-00975; 1-800-657-3942, health.wic@state.mn.us, www.health.state.mn.us. To obtain this information in a different format, Call: 1-800-657-3942.

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