# Breastfeeding Assessment and Planning Tool: Agency Summary

## Date:

You can use this as a tool for looking back over the past two years and completing the breastfeeding evaluation section of the 2018/2019 Nutrition Education Plan and as a document for planning for 2020/2021. This is for your use. You do not need to submit it. There is a separate document with just the question page that you can share with staff for their comments. You can print this out and use it to write in the information or download it as a Word Document.

Summary of discussion with staff from our agency about breastfeeding promotion and support in our program and needs within our client population.

Over the past two years we have accomplished:

We feel our strengths are:

We feel our challenges are:

We’ve noticed this about breastfeeding among our WIC clients:

To help participants get off to a great start with breastfeeding it would be helpful to:

What leads women we serve to stop breastfeeding before they planned to stop?

What keeps women breastfeeding, even when they face obstacles?

We celebrate our successes by:

Other comments about breastfeeding promotion and support in our agency:

**Breastfeeding initiation**

Our breastfeeding initiation rate is:

Breastfeeding initiation is: (Increasing, decreasing, about the same)

Reports used to determine this:

Comments (higher/ lower in some populations, increasing / decreasing in some populations, etc.):

What we have worked on in the past two years to help increase breastfeeding initiation:

We would like to continue and/or do:

Other comments:

**Breastfeeding duration**

Our breastfeeding duration to two weeks is:

And is. (Increasing, decreasing, about the same)

Our breastfeeding duration to other points in time is:

The rates are: (Increasing, decreasing, about the same)

Reports used to determine this:

Comments (higher/ lower in some populations, increasing / decreasing in some populations, etc.):

What we have worked on in the past two years to help increase breastfeeding duration:

We would like to continue and/or begin to help increase breastfeeding duration:

Other comments:

**Breastfeeding exclusivity**

**If you use the special use fields to assess exclusive breastfeeding:**

Our exclusive breastfeeding initiation rate for 2019 is:

And is (increasing, decreasing, staying about the same):

**Breastfeeding Food Package Issuance**.

We noticed this about our food package issuance:

What we have worked on in the past two years to help increase breastfeeding exclusivity:

What we have worked on in the past two years to avoid providing unnecessary formula:

We would like to continue and/or begin:

**Breastfeeding rates among cultural / ethnic groups we serve.**

In addition to information noted above on breastfeeding rates among cultural/ethnic groups we serve, we:

Have noticed this from the reports:

Are planning to:

**Reasons BF Stopped**

The top three reasons for breastfeeding cessation in our agency are:

To address these we plan to:

Information on reports you can use to find breastfeeding data for initiation, duration, culture / ethnicity, food package, exclusivity data and reasons breastfeeding stopped is found in the next section of this document.

## Use these reports to learn more about your breastfeeding rates:

### Breastfeeding Initiation:

* ***Breastfeeding Initiation and Duration at Two Weeks and Two, Three, Six and Twelve Months for Minnesota WIC Infants by CHB of Residence***: use this one: <https://www.health.state.mn.us/people/wic/localagency/reports/bf/annual/index.html>
* ***Breastfeeding Initiation and Duration at Two Weeks and Two, Three, Six and Twelve Months for Minnesota WIC Infants by Agency (this is the title on the report)***; Infoview. Report title **CY 2018 BF AGENCY (this is the title of the file)**. Infoview/Folders/Annual Reports/2018/Breastfeeding then choose agency or grantee.
* ***Summary Statistics Breastfeeding.*** Breastfeeding initiation for infants with mothers on WIC longer than 3 months in pregnancy, compared to all WIC participants. Infoview/Folders/Agency EOM/ (desired year/desired month). Screen shots are found in the 2018/2019 Guidance Document for information on finding and using the Summary Statistics breastfeeding reports.

### Breastfeeding Rates/Race Ethnicity

* ***Breastfeeding initiation by race / ethnicity* – data wheel. (** [**https://www.health.state.mn.us/people/wic/localagency/reports/bf/annual.html**](https://www.health.state.mn.us/people/wic/localagency/reports/bf/annual.html) **)**
* ***Breastfeeding Initiation and Duration at Two Weeks and Two, Three, Six and Twelve Months for Infants in the Minnesota WIC Program by Race/Ethnicity*-data wheel** (2012 to 2017), Initiation, duration to 2 weeks, 2, 3, 6 and 12 months for state and by region. Total, American Indian, NH, Asian NH, Black NH, White NH, > 1 race and Hispanic all races.)
* ***Breastfeeding Initiation and Duration at Two Weeks and Two, Three, Six and Twelve Months for Infants in the Minnesota WIC Program by Unduplicated Race/Ethnicity*-data wheel** (By calendar year for CHB, County, or City. Total, American Indian, NH, Asian NH, Black NH, White NH, > 1 race and Hispanic all races) Similar reports in Infoview by agency and grantee. (In **Infoview** the report is called ***CY 2018 BF Agency*** and is found in: documents/ Annual Reports/2018/Breastfeeding and then choose either the agency or grantee folder. As of July 2019 the 6 month and 12 month rates are not available for CY 2018. Use the CY2017 report for 6 and 12 months.)
* ***Breastfeeding Initiation and Duration at Two Weeks and Two, Three, Six and Twelve Months for Asian Infants in the Minnesota WIC Program by Cultural Identity*-data wheel** (Similar to report above. Includes data for Total Asian, Hmong, KaRen, Bhutanese Nepali, Cambodian, Karenni, Laotian, Vietnamese, and other.) Scroll down in the *Unduplicated Race/Ethnicity* area to find this report.

### Breastfeeding cessation and duration.

* ***Summary Statistics Breastfeeding*.** Breastfeeding initiation and early breastfeeding cessation by days, and by WIC participation more than 3 months in pregnancy and all. See information on Summary Statistics Breastfeeding Reports, including screen shots, in NEP Guidance 2018/2019.
* ***CY 2018 BF prenatal participation Agency.*** Breastfeeding initiation and duration by months of prenatal maternal participation in WIC. Infoview/Folders/Annual Reports/2017(or 2018)/Breastfeeding/ Agency (or Grantee)/Prenatal Participation.
* **Breastfeeding Initiation and Duration at Two Weeks and Two, Three, Six and Twelve Months for Minnesota WIC Infants by CHB of Residence**. See the breastfeeding initiation section above for more detail on accessing these reports**.**
* **WIC Health Indicators Summary. Infoview.** Compares breastfeeding initiation and duration to 1, 3, 6 and 12 months for 2012 and 2016. Infoview/Folders/Annual Reports/Nutrition Ed Plan / Health Indicators

Breastfeeding exclusivity.

* **Report name: *CY excl trends sel CIDs Agency* (or Grantee) Infoview.** Annual reports / Multi-year / Breastfeeding /Exclusivity/Race/Ethnicity and Cultural Identify – choose either Agency or Grantee. (This report uses information gathered from the special use fields and will be more accurate for your agency if you gather information through the special use fields.) For more detail on exclusivity and how to collect the data see ***Breastfeeding Exclusivity (State Use Code #1) by Race/Ethnicity Guidance Document*** in Infoview templates / state use questions / #1-breastfeeding exclusivity.

### Fully Breastfeeding Food Package Issuance / Tailoring

* ***Count of Infants Certified by Breastfeeding Amount and State, Agency and Clinic.* Infoview.** Provides count and % of Fully BF, Mostly BF, Some BF and not BF by agency and clinic. Infoview folders/Infoview templates / Breastfeeding/ Count of Infants Certified by BF Amount for State, Agency & Clinic.
* **Other Infoview reports for more detail on food package issuance:**
* ***Infants by BF Status, Cans of Formula Issued & Age (Agency)*** Infoview folders/Infoview templates / Breastfeeding/ Count of Infants Certified by BF Amount for State, Agency & Clinic. The tab ***MBF by Age in Mos***. Shows % of infants with various amounts of formula by months and can be used to help asses if packages are being tailored to the minimum amount of formula needed.
  + Additional tabs on this report include SBF by Age in Mos. Large quantities (Clinic ID, State WIC ID, and # cans) and Infant details (ID, age, quantity/description of formula issued, and more detail.)

### Reasons breastfeeding stopped.

* ***BF Stopped Reasons*** -Infoview: BF Stopped Reasons. Tab two provides a list of the reasons for breastfeeding cessation, for the specified time frame, by agency. Infoview/folders/Infoview templates/Breastfeeding/BF Stopped Reasons.

### Tips:

* Each Infoview Report has an accompanying Guidance Document. The Guidance Document will be helpful in finding and using the report.
* If you print these reports your printer settings. Some reports are landscape or legal size.