

WIC Formula Updates for Healthcare Providers

JUNE 2026

Women Infants & Children (WIC) program works to ensure the health of pregnant and postpartum women, infants, and young children by providing nutrition education, nutritious foods, referrals to health and community services, and strong support and encouragement for breastfeeding as the optimal nutrition for infants.

Some WIC participants may need formula to treat a complex medical condition. The program does not provide all therapeutic formulas, and our WIC formula list has changed. To prescribe any of the formulas listed below, use the [Minnesota WIC Medical Formula Request Form](#) and provide it to the [WIC clinic](#) where the participant receives WIC services.

If another formula is medically required, they will need to obtain from their health insurance. The primary physician can work with home care companies to assist with documentation for approval.

Contract Formula

No medical documentation required unless over age 1

- Enfamil Infant (milk-based)
- Enfamil Gentlease
- Enfamil Reguline
- Similac Isomil (soy-based)
- Enfamil A.R. (added rice)

Medical Formula

Medical diagnosis & medical documentation is required.

****If > 6 months of age, medical documentation is required for age-appropriate WIC foods.**

- Alfamino Infant
- Alfamino Junior
- Alimentum
- Boost Original, Boost Plus
- Elecare for Infants
- Elecare Junior
- Enfacare
- Ensure Original, Ensure Plus
- Extensive HA
- Neocate Infant
- Neocate Junior / Junior with Prebiotics
- Neocate Splash
- Neosure
- Nutramigen
- Pediasure Grow & Gain, Grow & Gain Fiber
- Pregestimil
- PurAmino Infant, PurAmino Junior

Thank you for your partnership in helping children get the best chance to optimally grow, develop, and reach their potential. For questions about WIC, visit the [WIC Program](#) website or contact us at health.wic@state.mn.us.

Minnesota Department of Health - WIC Program, 625 Robert St N, PO Box 64975, St Paul MN 55164-0975; 1-800-657-3942, health.wic@state.mn.us, www.health.state.mn.us; to obtain this information in a different format, call: 1-800-657-3942. This institution is an equal opportunity provider.