

# WIC food package and cash value benefit (CVB) changes, Jan. 12, 2026

DECEMBER 17, 2025

The WIC food package changes start Jan. 12, 2026. Whole grains will be shown in ounces rather than pounds and new food options will be added to the WIC approved product listing (APL). The new food items will be posted on the Local Agency SharePoint page this week. On Jan. 12, **2026**, the [MN WIC APL](#) will reflect the new food items. View the 'Recently Added Products' tab on bottom of the spreadsheet for the complete list of new items. Watch this tab regularly as items are routinely changing.

## Website updates

### [Participant food package updates page](#)

Information will be updated to reflect changes coming Jan. 12, 2026. The updated shopping guide will link on this page for participant reference.

### [Local agency food package updates page](#)

This page will be updated with the following:

- Previously shared guidance: [Food Package Updates Starting Jan. 12, 2026 \(PDF\)](#).
- Coming resources (i.e., food package pictorials, Shopping Guide).
- Information for participants.
- Policy drafts.
- Vendor communications.

## CVB annual inflation adjustment

WIC regulations require annual inflation adjustments to baseline CVB monthly values. On Jan. 12, 2026, CVB amounts in the pregnant and postpartum default food packages, those packages that currently receive \$47, will increase by \$1. This change will occur as new food packages are created for these participants. CPAs will need to create new food prescriptions when participants are issued their next set of benefits. Agencies are **NOT** required to void and reissue the benefits that have already been issued.

## Reference – complete listing of hyperlinks

## WIC FOOD PACKAGE CHANGES

### MN WIC APL

(<https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fwww.health.state.mn.us%2Fdocs%2Fpeople%2Fwic%2Fvendor%2Ffpchng%2Fupc%2Fapl.xlsx&wdOrigin=BROWSELINK>)

Participant food package updates page

(<https://www.health.state.mn.us/people/wic/foods/changes.html>)

Local agency food package updates page

(<https://www.health.state.mn.us/people/wic/localagency/fdpkgupdts.html>)

Food Package Updates Starting Jan. 12, 2026 (PDF)

(<https://www.health.state.mn.us/doc/people/wic/localagency/fp/changesjan26.pdf>)

*Minnesota Department of Health - WIC Program 625 Robert St N, PO BOX 64975, ST PAUL MN 55164-0975; 1-800-657-3942, [health.wic@state.mn.us](mailto:health.wic@state.mn.us), [www.health.state.mn.us](http://www.health.state.mn.us). To obtain this information in a different format, call: 1-800-657-3942*

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