

Cytomegalovirus (CMV)

Hom mob uas nquag kis tshaj plaws nyob rau lub sij hawm yug

CMV yog dab tsi?

Cytomegalovirus (CMV) yog ib yam kab mob vais lav uas nquag tshwm sim. Nws feem ntau tsis ua rau muaj tsos mob rau cov neeg noj qab haus huv, tab sis nws yog ib qho kev pheej hmoo rau cov neeg cev xeeb tub uas yuav kis tau CMV rau tus menyuam hauv plab yam tsis paub.

Txo koj qhov kev pheej hmoo ntawm kev kis CMV

CMV kis tau los ntawm cov kua hauv lub cev xws li zis thiab qaub ncaug. Feem ntau cov menyuam yaus me yuav kis CMV los ntawm lwm tus menyuam. Lawv tuaj yeem kis tus kab mob rau niam txiv thiab cov neeg saib xyuas, txawm tias lawv tsis zoo li mob.

Nws tseem ceeb heev rau cov neeg cev xeeb tub lossis xav tias yuav cev xeeb tub kom tiv thaiv lawv tus kheej ntawm kev kis CMV.

Tham txog CMV

Pab nce kev paub txog CMV thiab CMV yug los nrog los ntawm kev faib cov ntaub ntawv no rau phooj ywg, tsev neeg, thiab zej zog.

Yog xav paub ntau ntxiv:

- ♥ Tham nrog koj tus kws kho mob.
- 💬 Hu rau MDH ntawm 651-201-3650 lossis xa email mus rau health.cyshn@state.mn.us



Thaum ib tug menyuam yug los nrog CMV, qhov kev kis no hu ua **CMV yug los nrog**.

Hauv Tebchaws Meskas, kwv yees li **1 ntawm txhua 200 tus** menyuam yug los muaj CMV yug los nrog.

CMV yug los nrog yog qhov **ua rau poob kev hnov lus hauv menyuam yaus ntau tshaj uas tsis** yog los ntawm caj ces.



Saib cov ntaub ntawv CMV hauv online: health.mn.gov/cm

Ua cov kauj ruam los txo koj qhov kev pheej hmoo ntawm kev kis CMV



Ntxuav tes nrog xab npum thiab dej ntau zaus, tshwj xeeb tom qab hloov ntaub pawm lossis so menyuam lub qhov ntswg lossis qhov ncauj



Tsis txhob muab dab tsi los ntawm menyuam lub qhov ncauj mus rau koj lub qhov ncauj xws li pacifier lossis txhuam hniav



Tsis txhob sib faib zaub mov, dej haus, diav rawg, lossis kav dej haus



Hnia menyuam ntawm hauv pliaj es tsis yog ntawm daim di ncauj

mn DEPARTMENT OF HEALTH

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St. Paul, MN 55164-0882

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