



# 2022 School Health Profiles

## WEIGHTED PRINCIPAL SURVEY RESULTS

The School Health Profiles is a CDC-funded survey of middle and high school principals and lead health education teachers throughout the United States. In Minnesota, The Minnesota Center for Health Statistics administers this survey biennially on a statewide sample of public schools.

Profiles data is used to help state leaders and decision-makers assess gaps in policies and practices that may impact student health and academic performance.

This survey monitors the following areas:

- School health education requirements and content
- Physical education and physical activity
- Practices related to bullying and sexual harassment
- School health policies related to tobacco-use prevention and nutrition
- School-based health services
- Family engagement and community involvement
- School health coordination

## Questions and more information

For more information on School Health Profiles in Minnesota, visit: [Minnesota Department of Health: School Health Profiles Survey \(https://www.health.state.mn.us/data/mchs/surveys/schoolhealthprofiles.html\)](https://www.health.state.mn.us/data/mchs/surveys/schoolhealthprofiles.html).

For Minnesota-specific data, questions regarding the administration of the survey, or to receive this information in a different format, please contact [Health.Profiles@state.mn.us](mailto:Health.Profiles@state.mn.us).

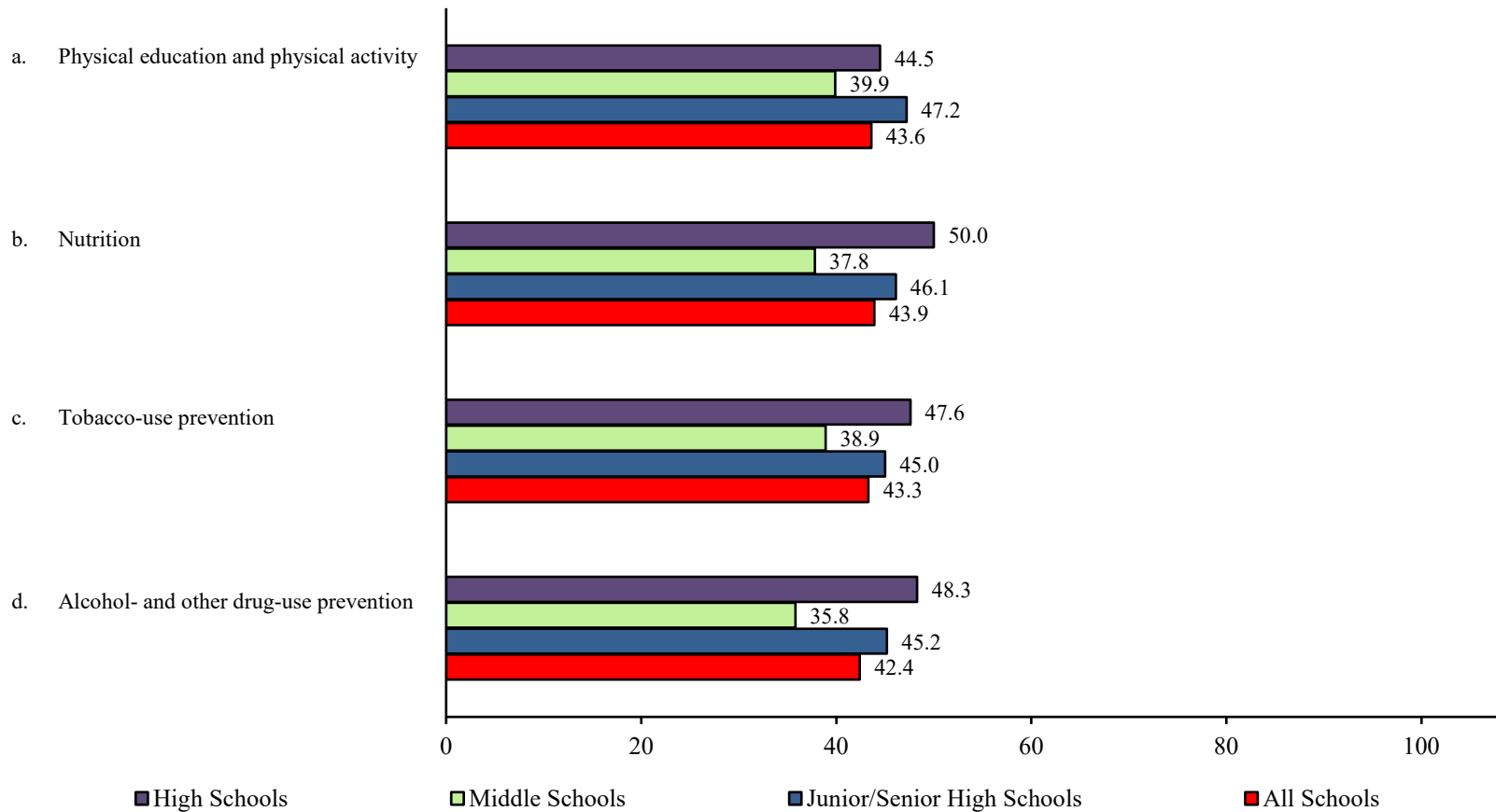
In spring 2022, CDC used two questionnaires to collect data—one for school principals and one for lead health education teachers. CDC administered the two questionnaires online to 334 regular public schools containing any of grades 6 through 12 in Minnesota.

CDC received one or both questionnaires from 84% of eligible sampled schools. CDC received usable questionnaires from principals in 81% of schools and from lead health education teachers in 77% of schools.

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## 2022 School Health Profiles Report Weighted Principal Survey Results

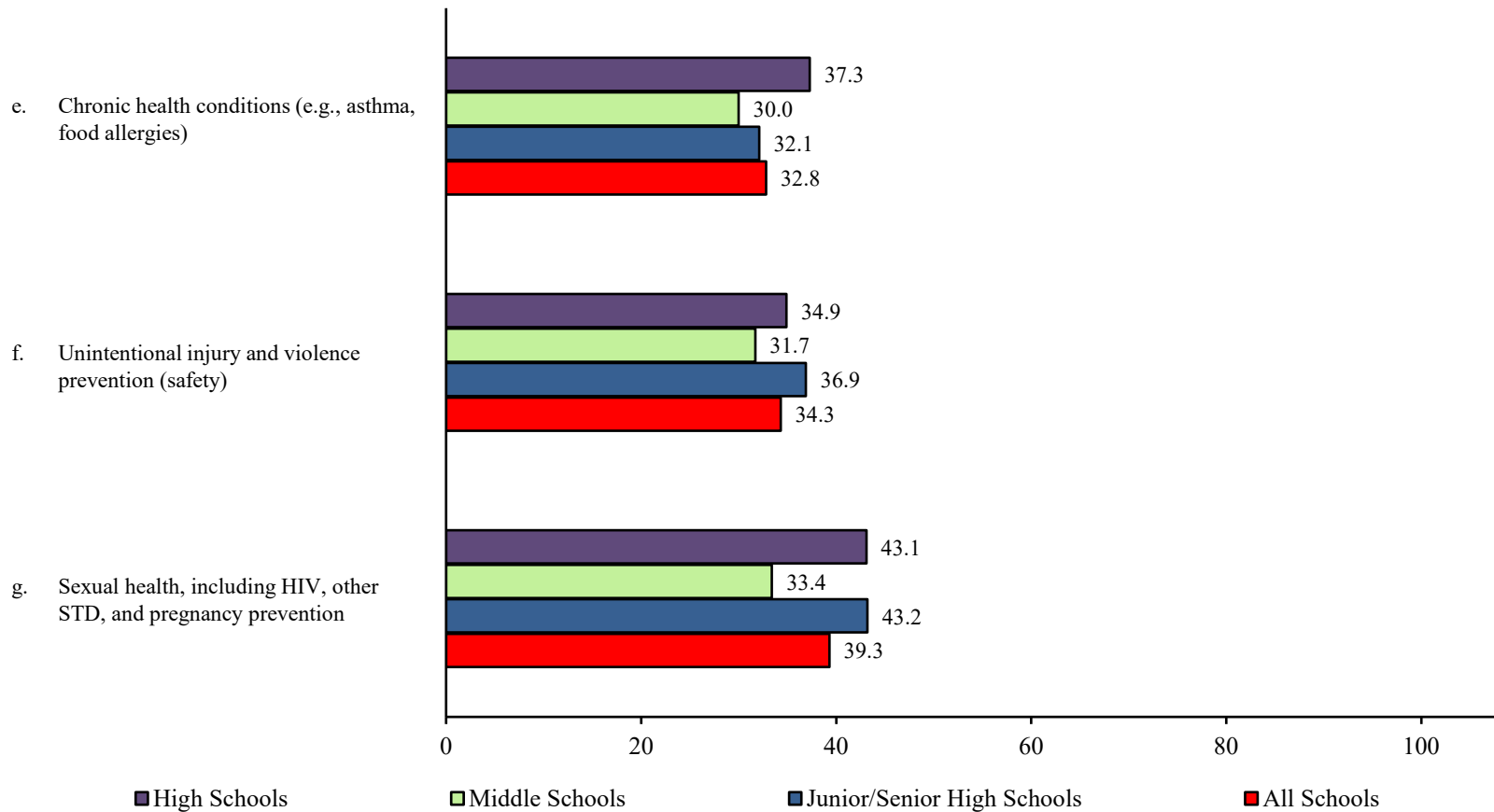
1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

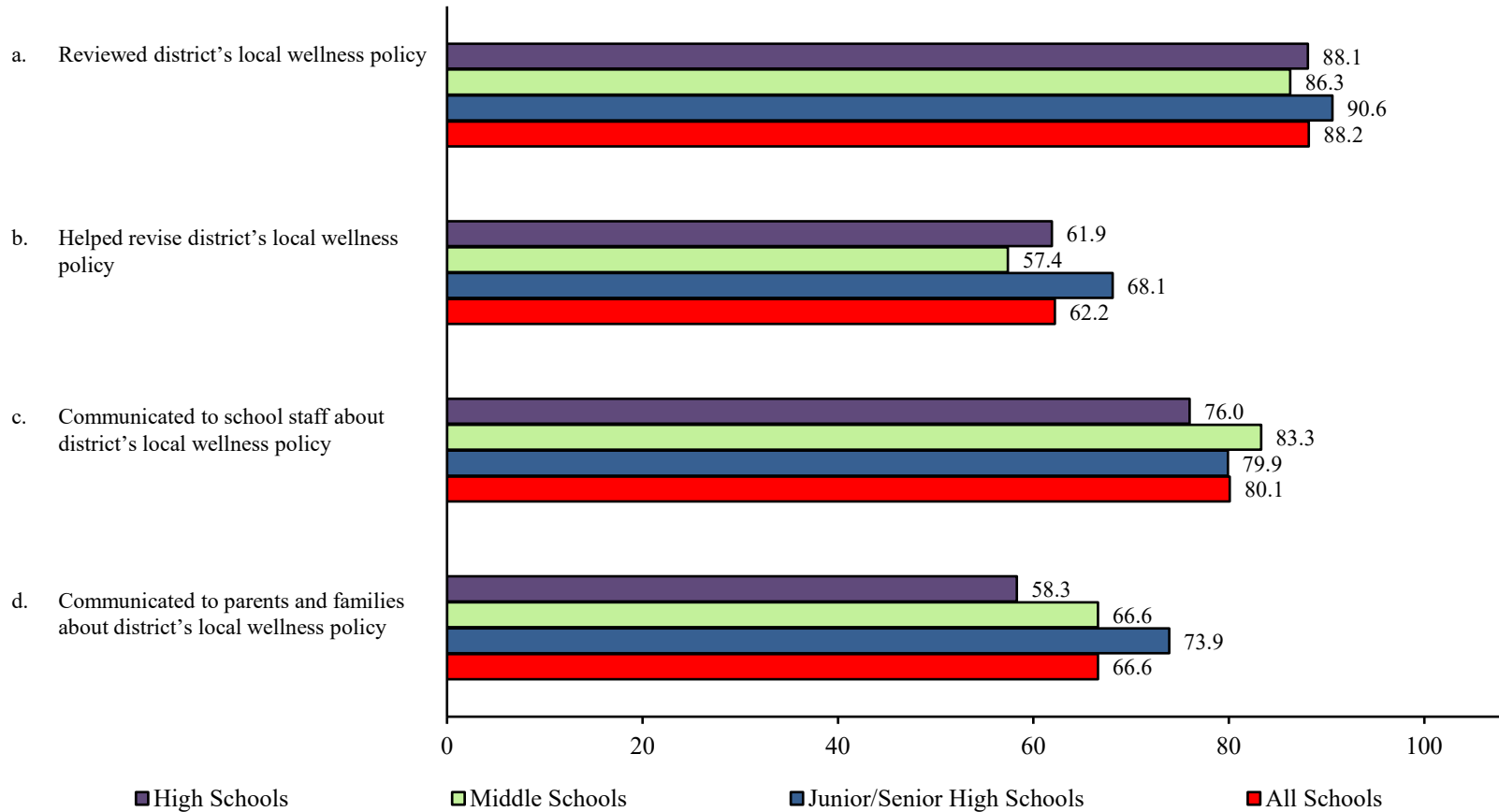
1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

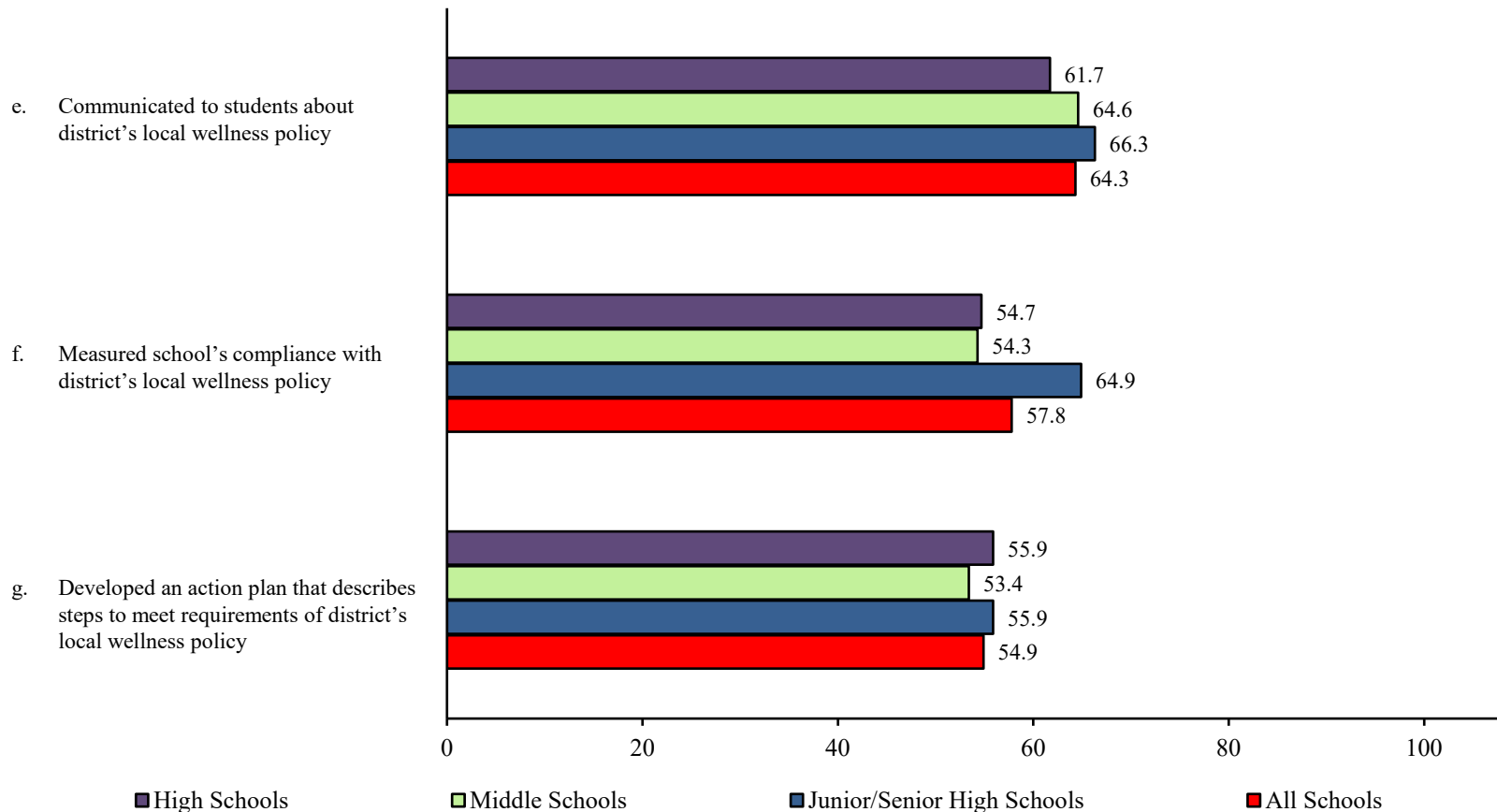
2. Percentage of schools that did the following activities during the past year.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

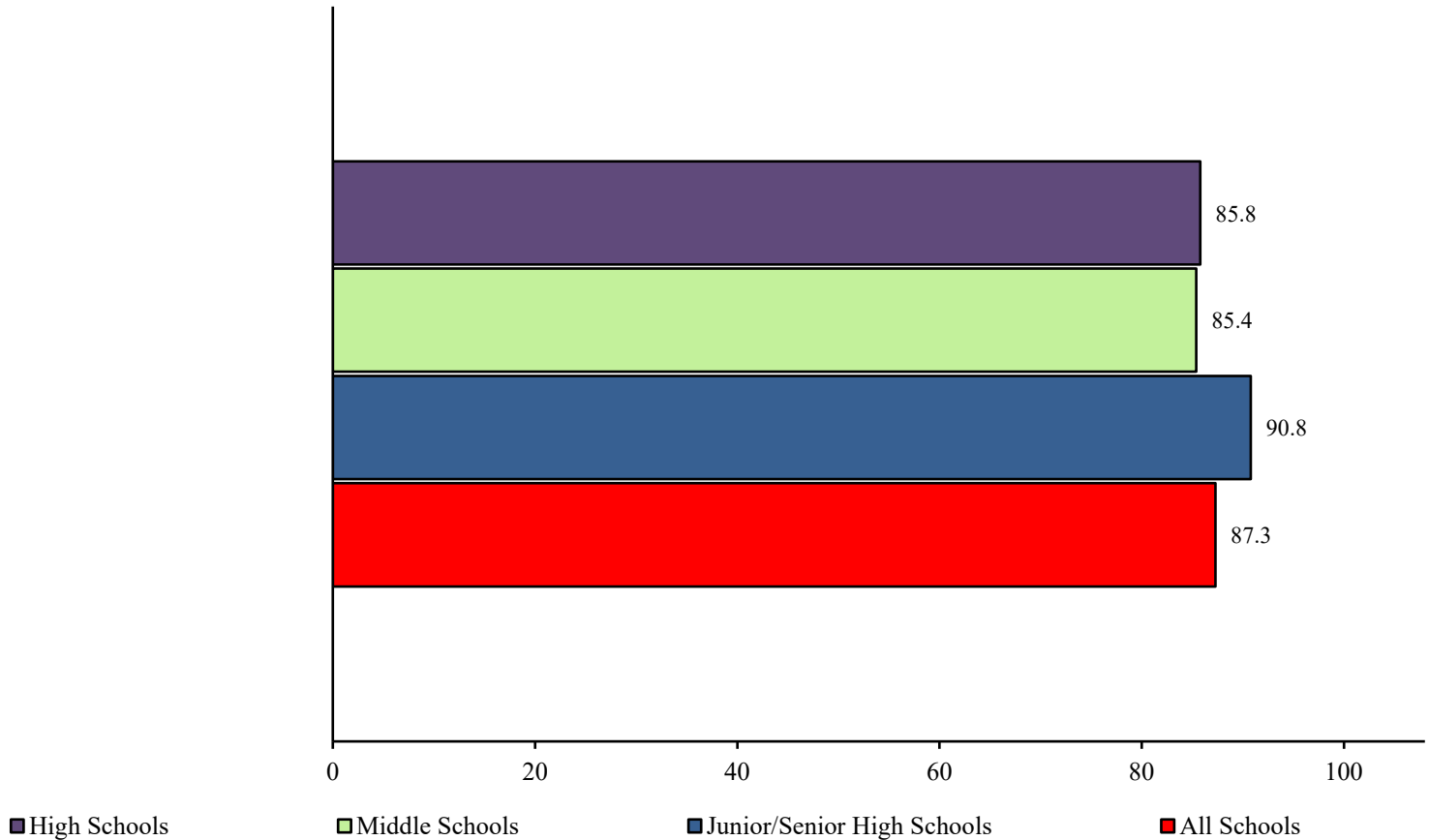
2. Percentage of schools that did the following activities during the past year.



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3. Percentage of schools that currently have someone who oversees or coordinates school health and safety programs and activities.

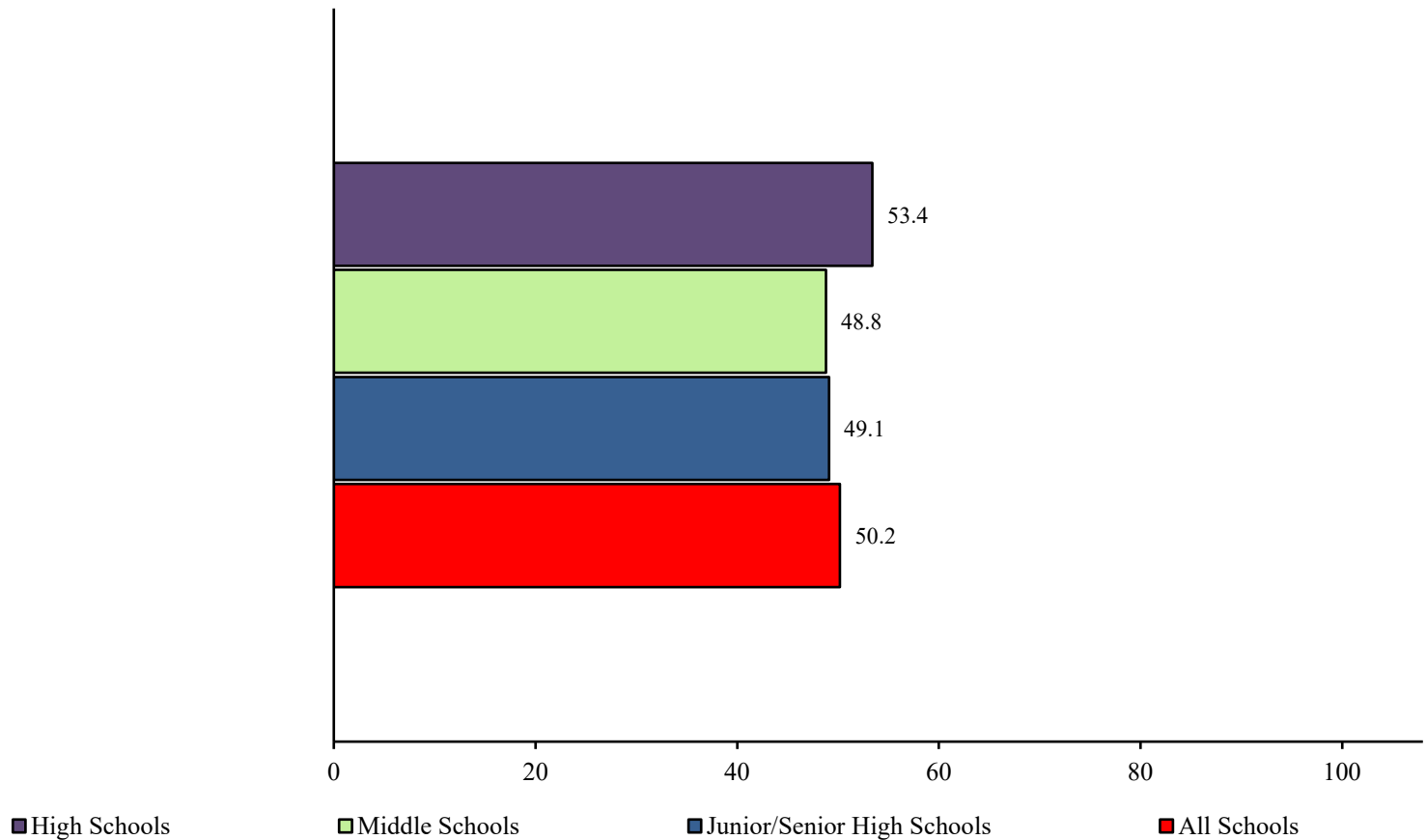


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### 2022 School Health Profiles Report Weighted Principal Survey Results

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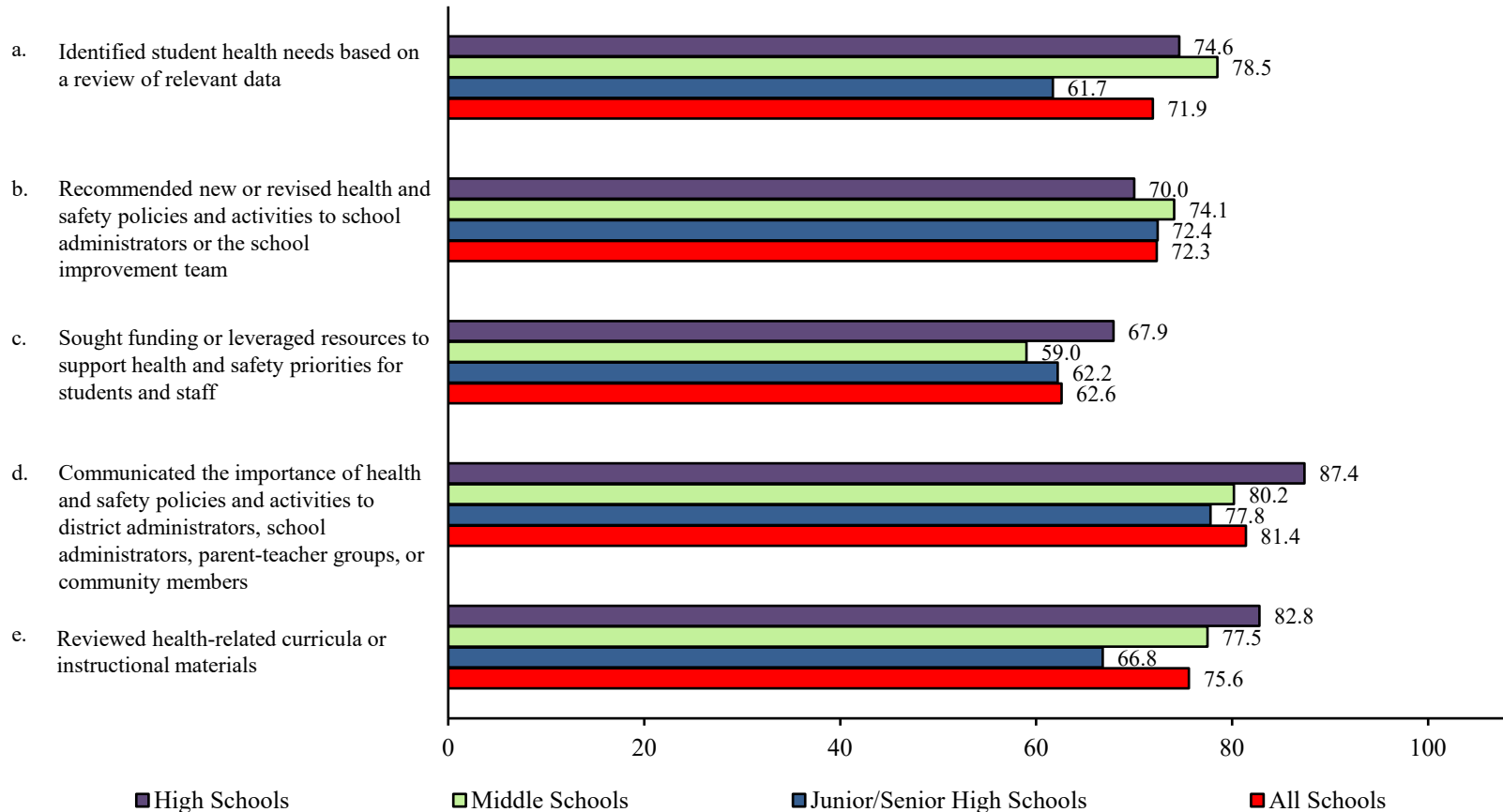
4. Percentage of schools that have one or more than one group (e.g., school health council, committee, team) that offers guidance on the development of policies or coordinates activities on health topics.



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5. Percentage of schools that have a school health council, committee, or team that did the following activities during the past year.\*



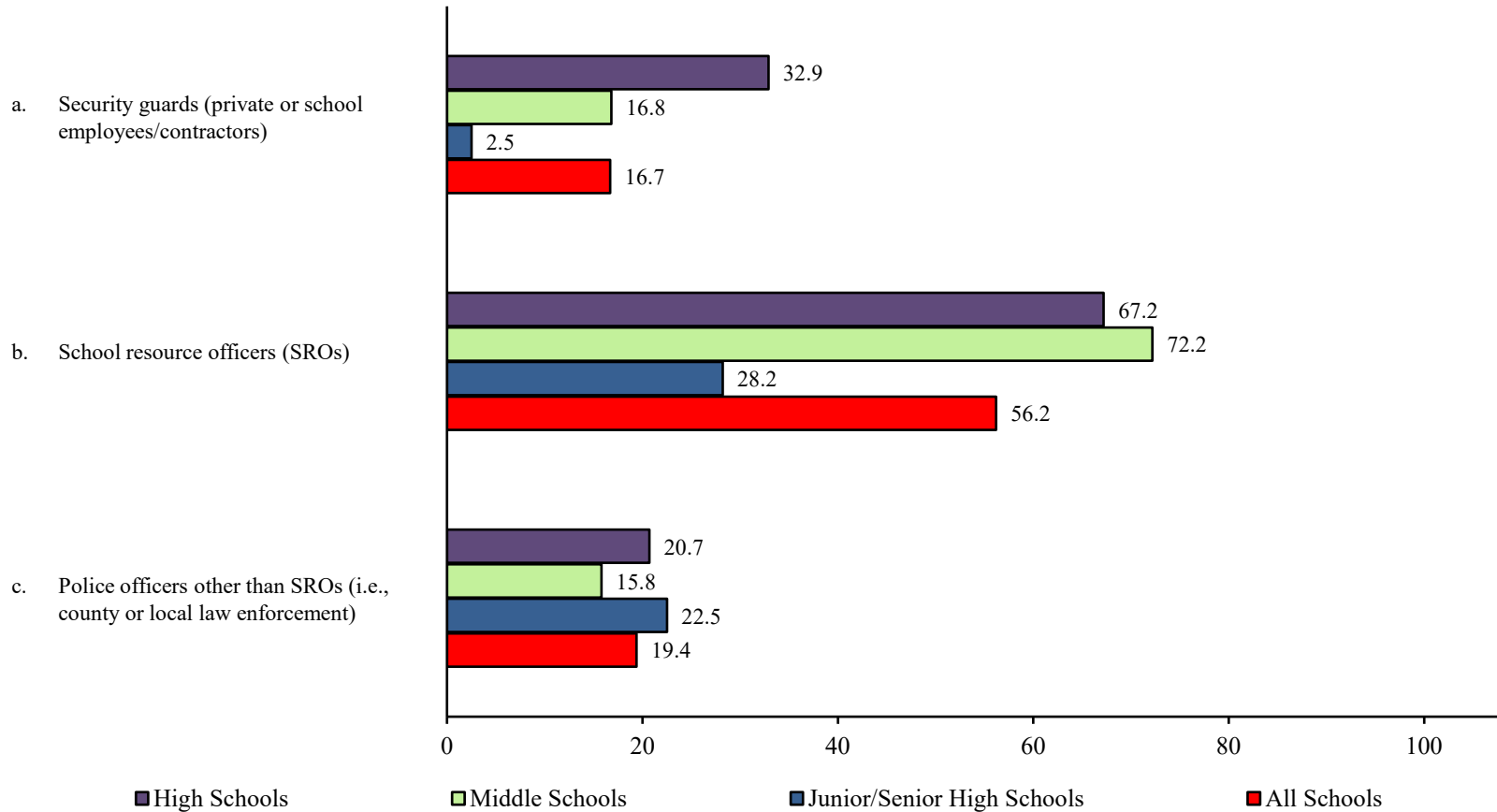
\*Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.



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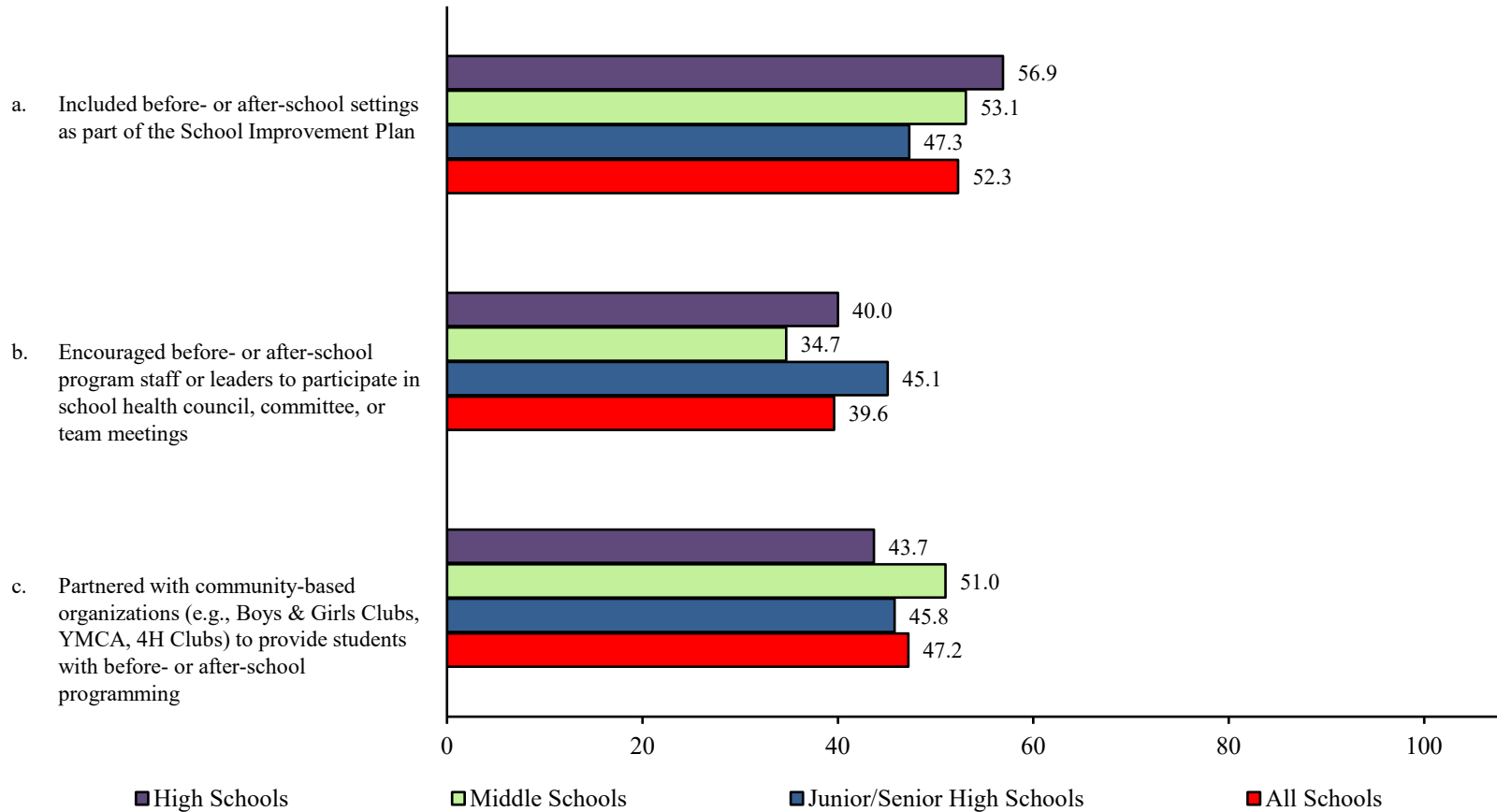
6. Percentage of schools that use the following types of security staff during the regular school day.



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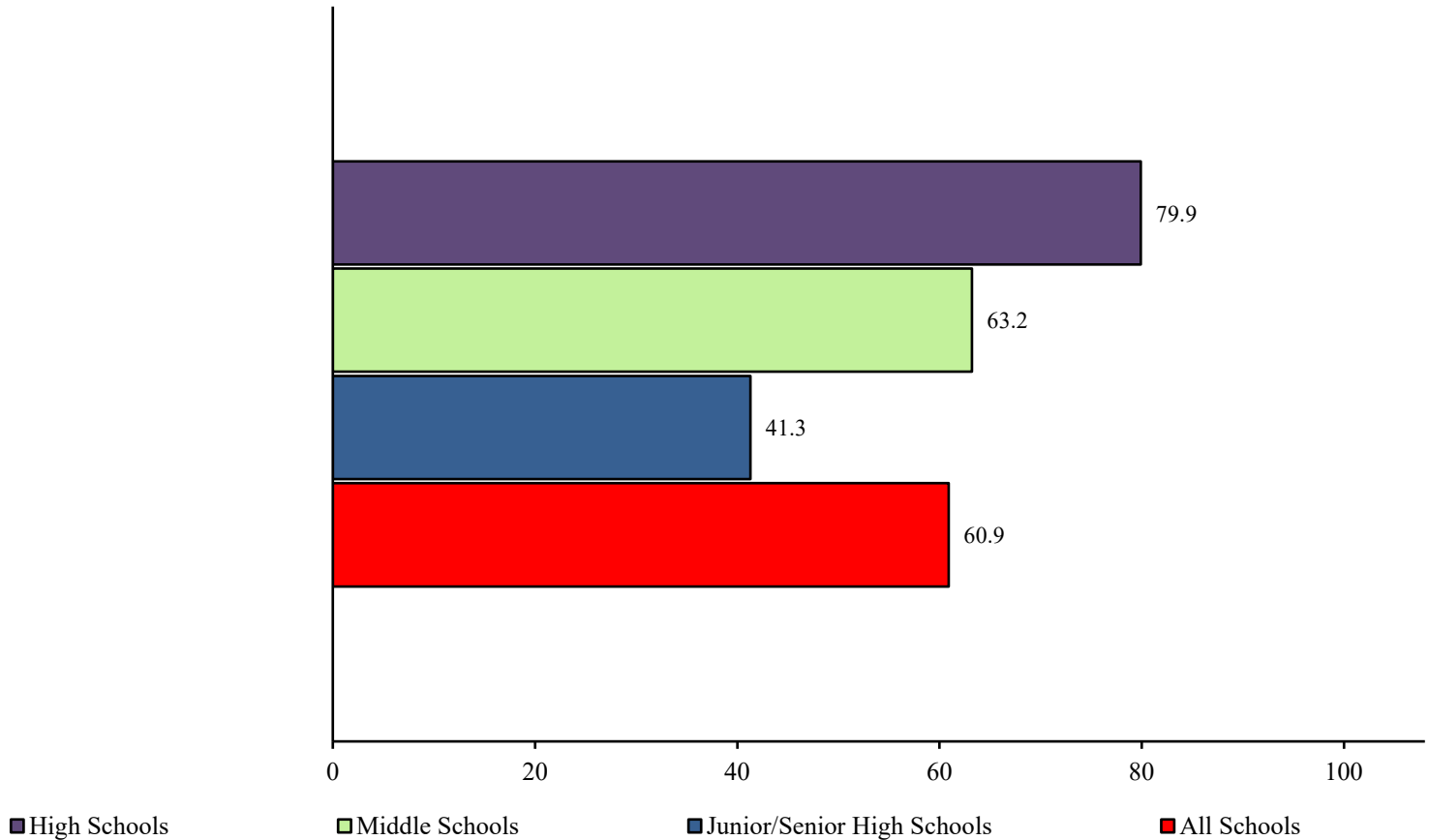
7. Percentage of schools that have taken any of the following actions related to before- or after-school programs.



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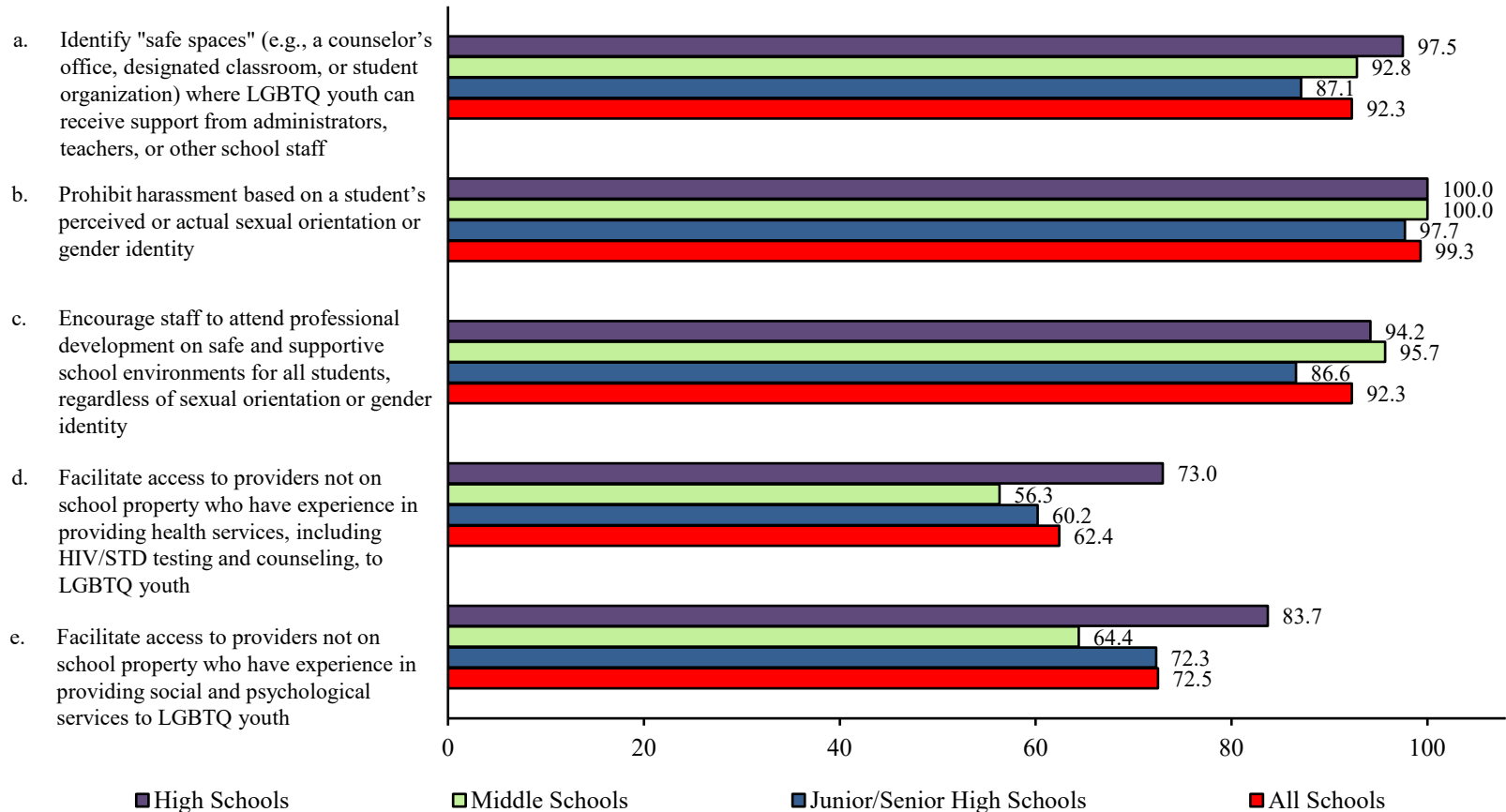
8. Percentage of schools that have a student-led club that aims to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

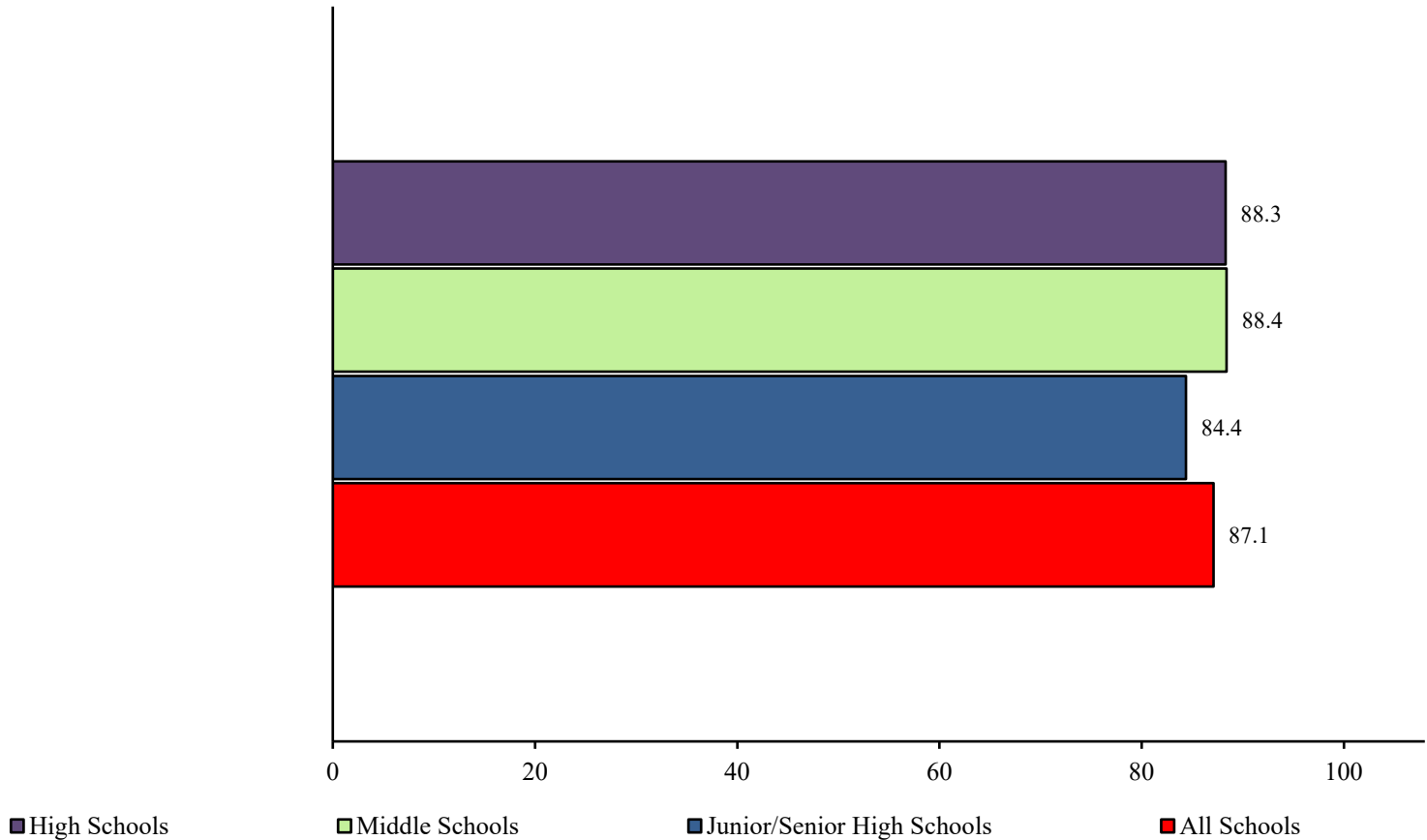
9. Percentage of schools that engage in the following practices related to lesbian, gay, bisexual, transgender, or questioning (LGBTQ) youth.



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Weighted Principal Survey Results

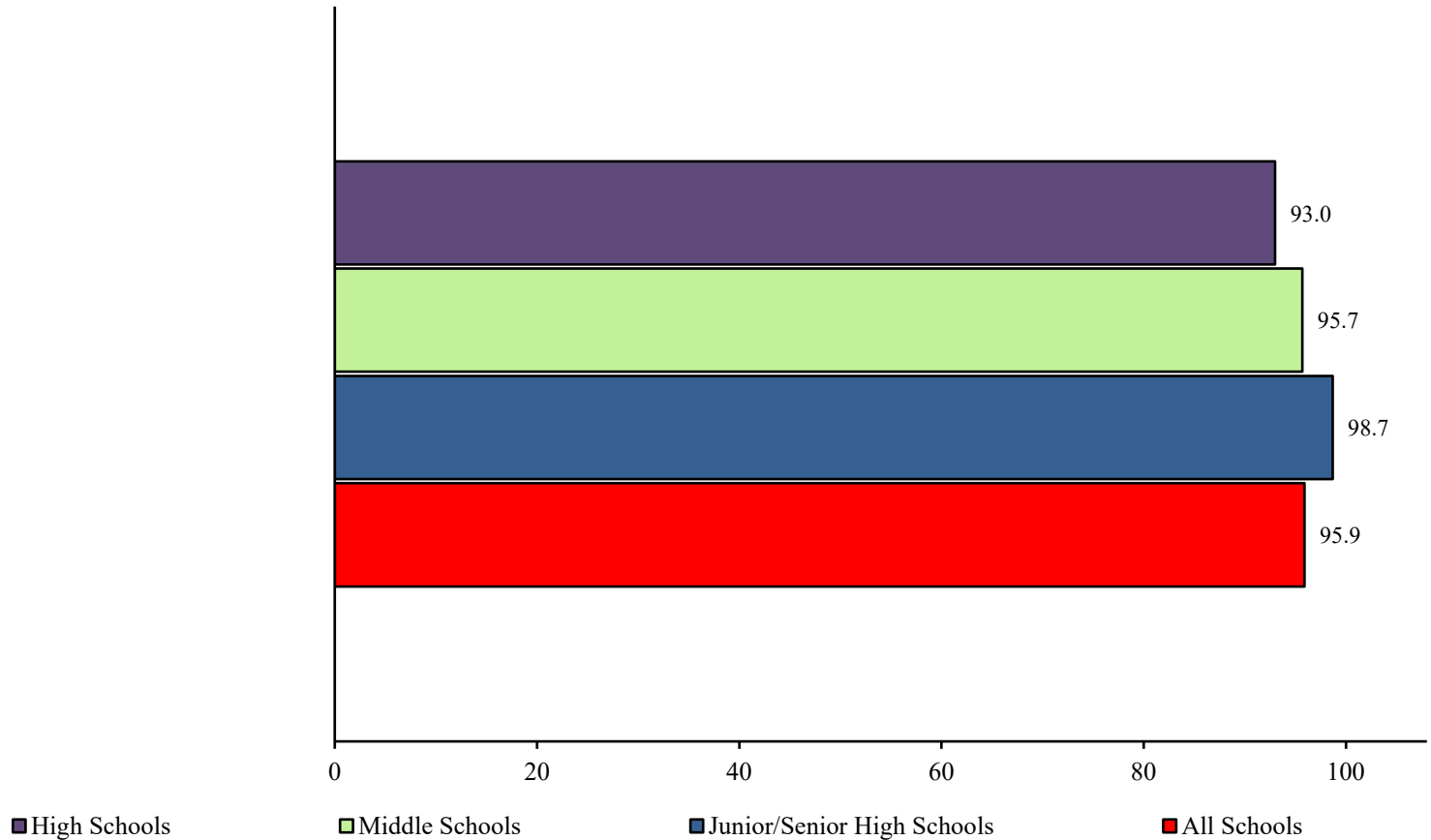
10. Percentage of schools in which all staff received professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression, during the past year.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

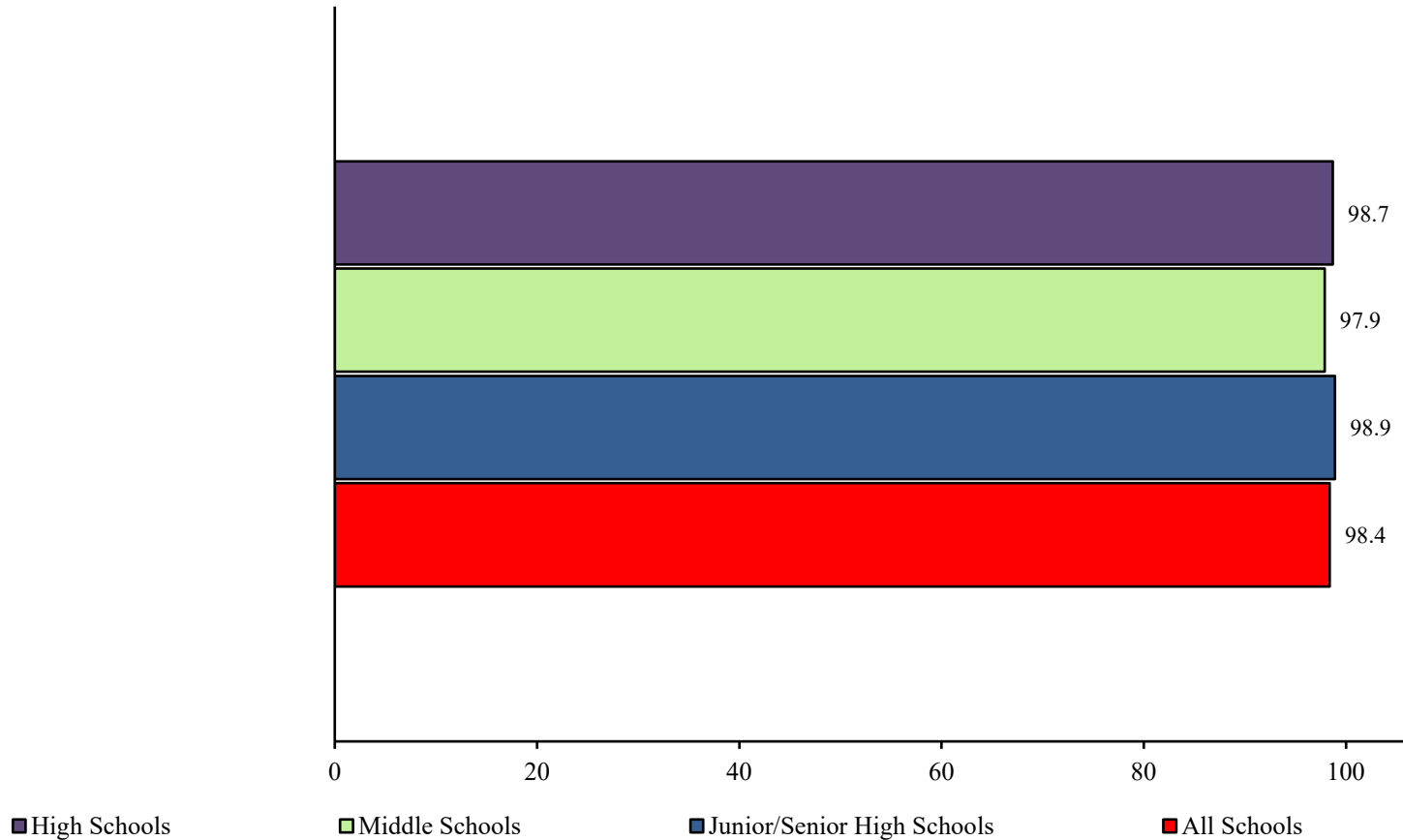
11. Percentage of schools that have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression.



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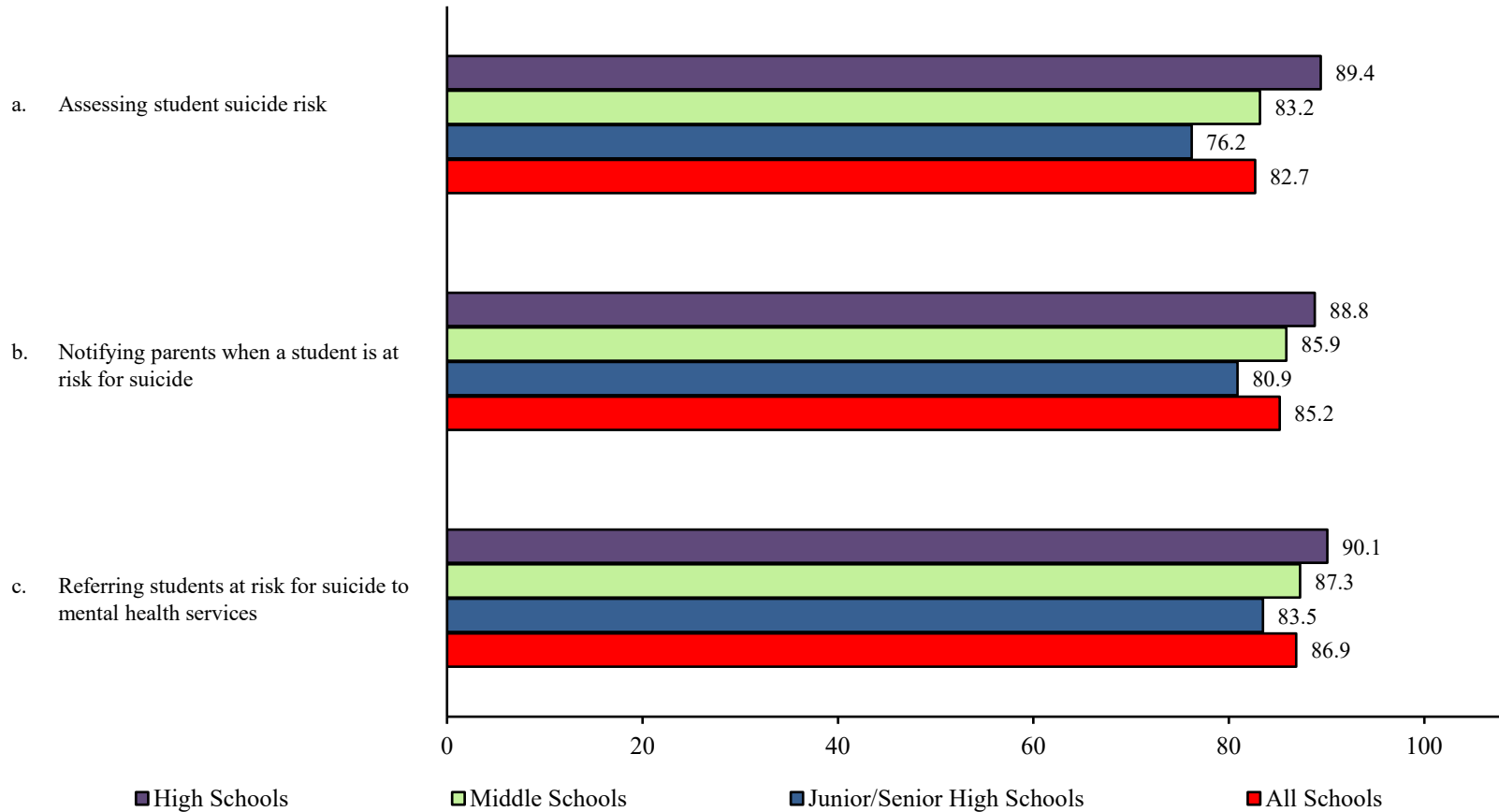
12. Percentage of schools that use electronic, paper, or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

13. Percentage of schools that have written protocols for the following suicide prevention practices.

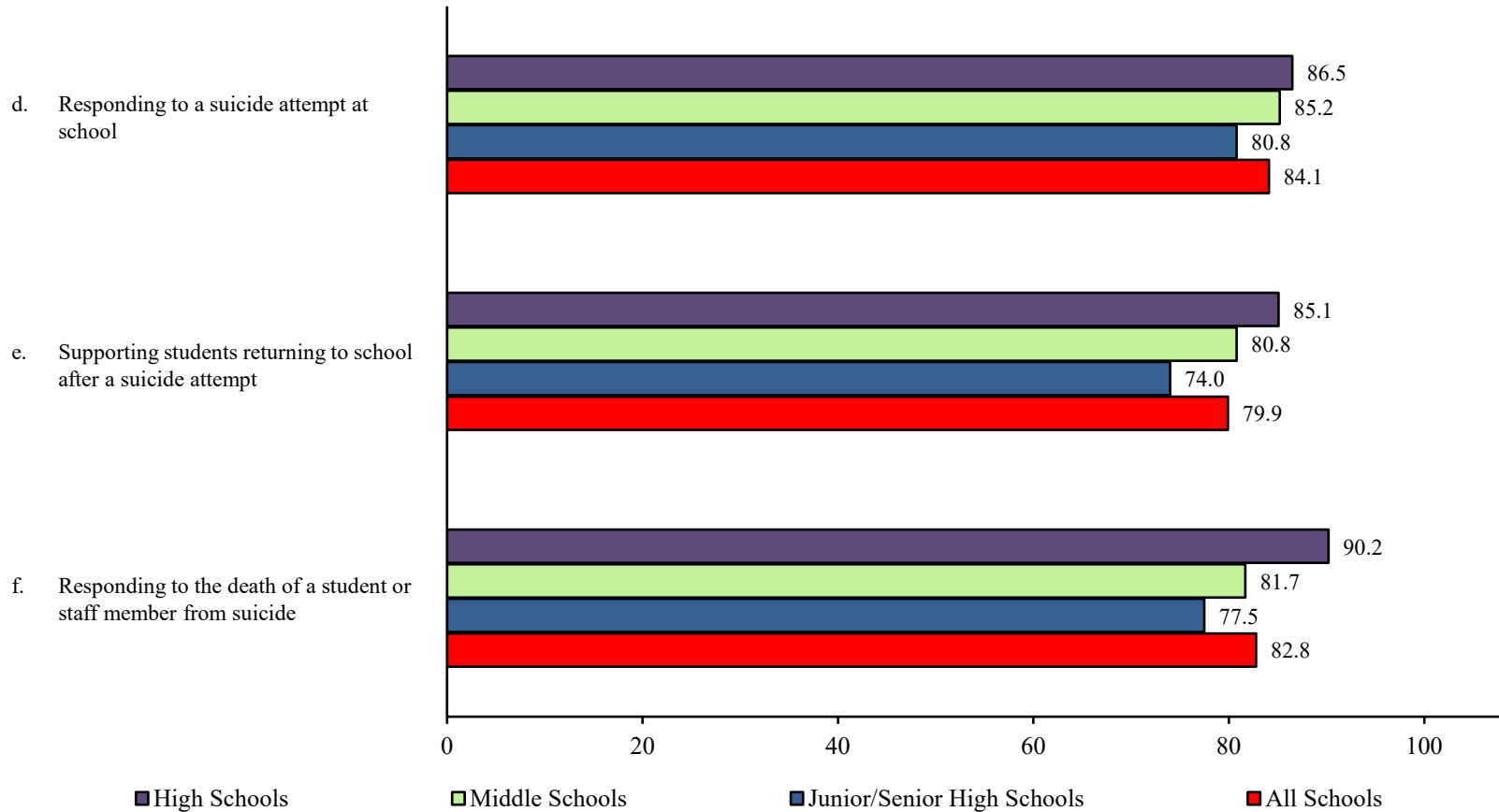




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## 2022 School Health Profiles Report Weighted Principal Survey Results

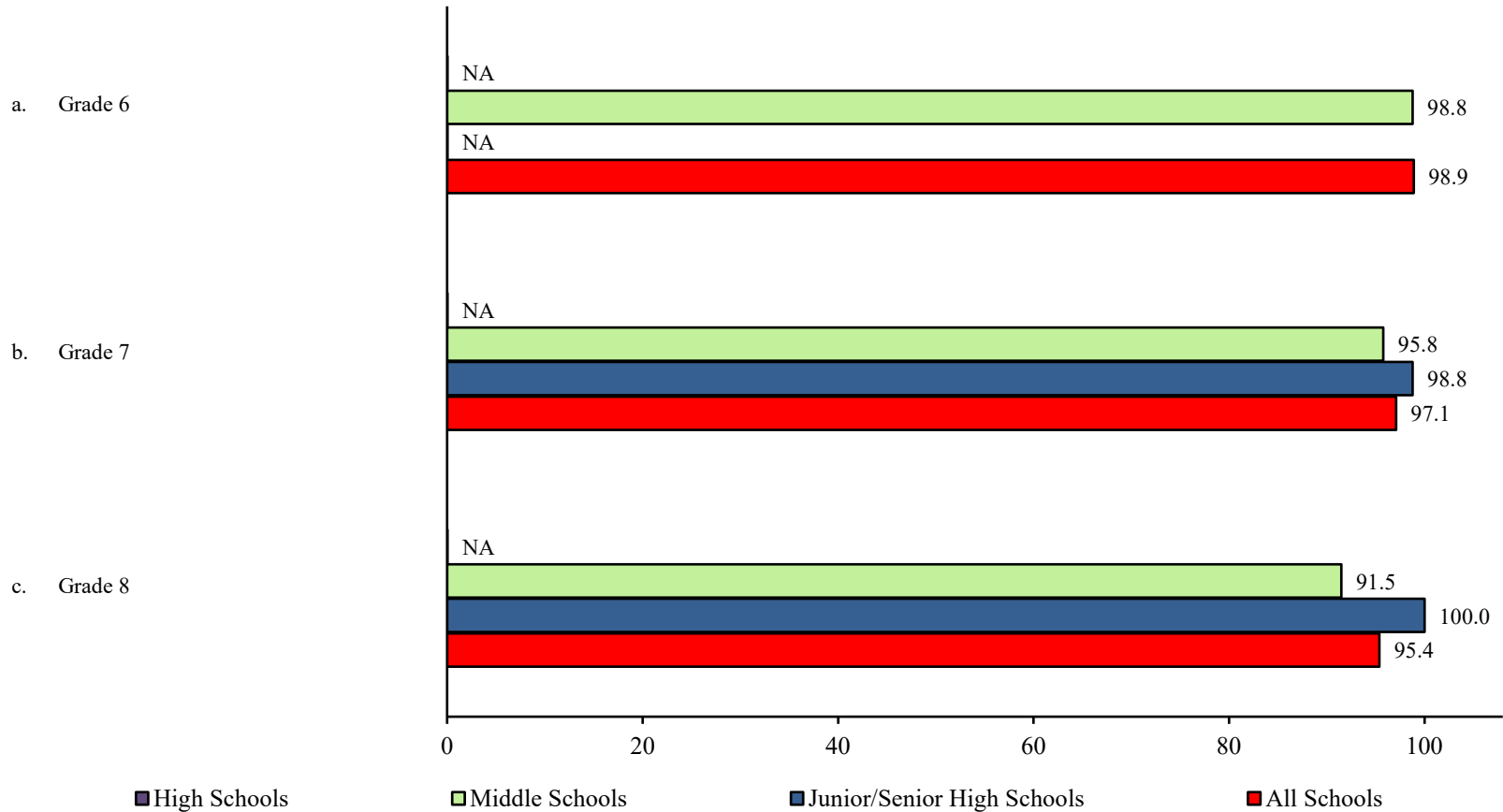
13. Percentage of schools that have written protocols for the following suicide prevention practices.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

14. Percentage of schools that taught a required physical education course in each of the following grades.\*



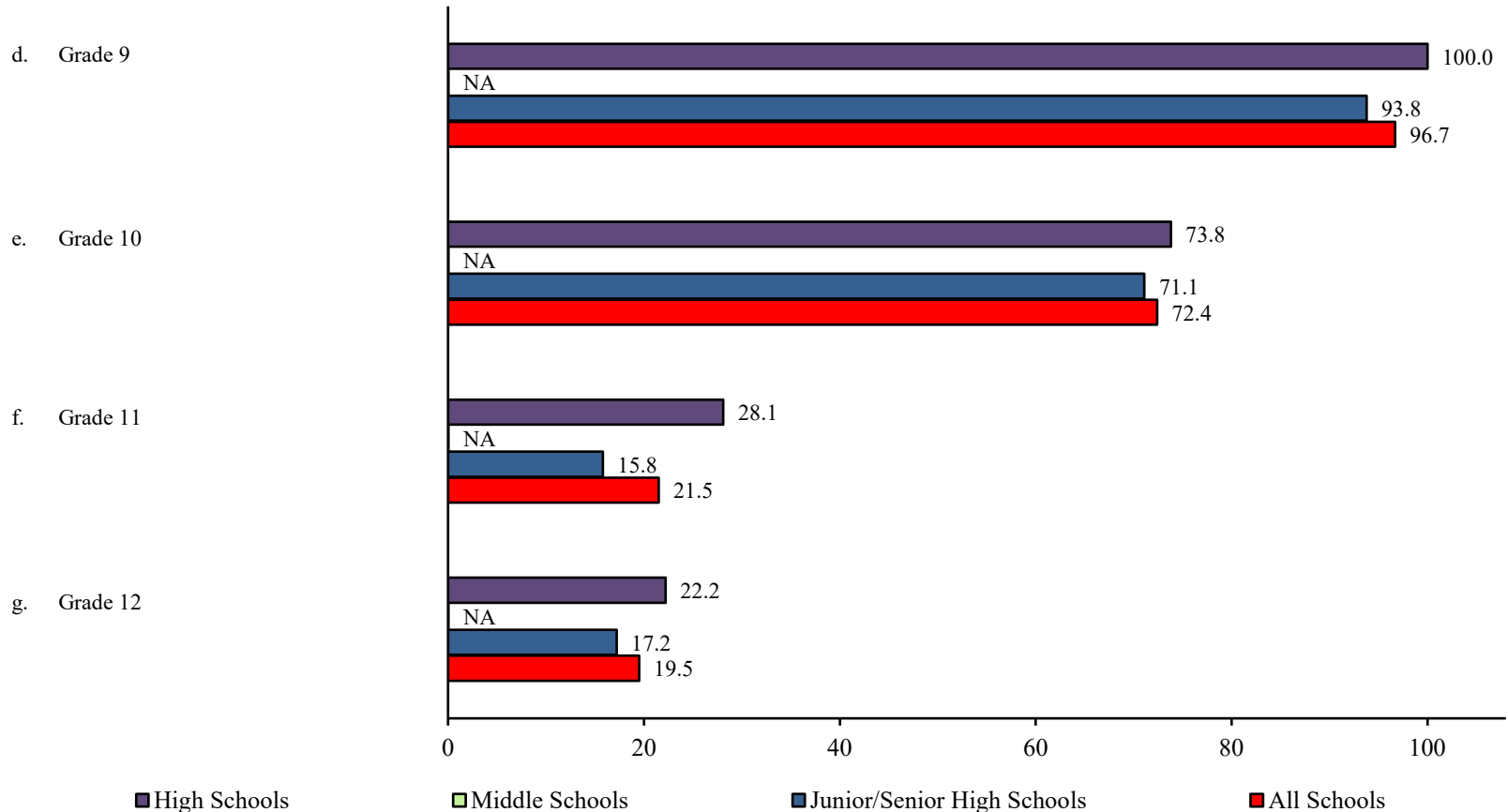
\*Among schools with students in that grade.

NA = Not available

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## 2022 School Health Profiles Report Weighted Principal Survey Results

14. Percentage of schools that taught a required physical education course in each of the following grades.\*



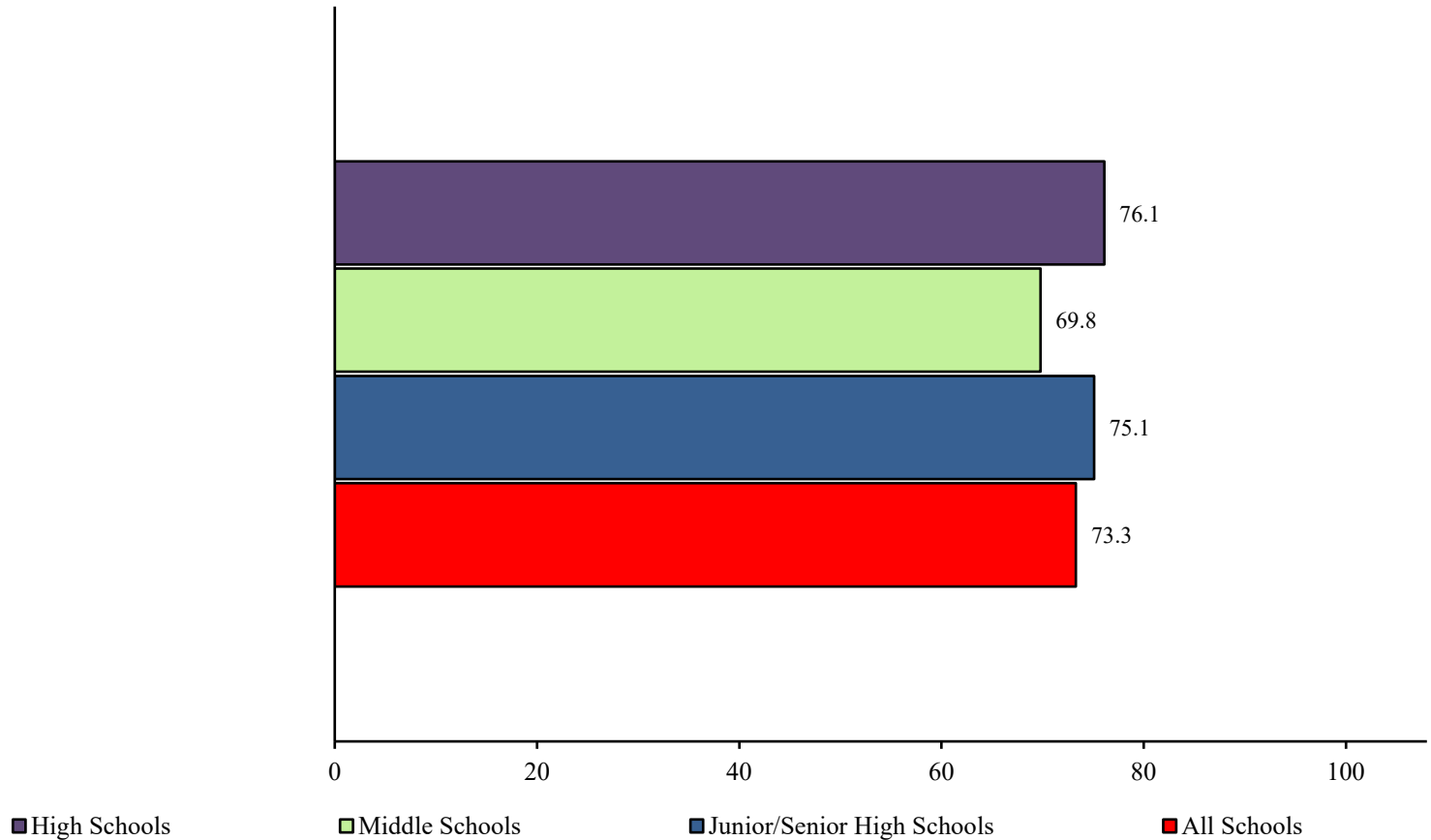
\*Among schools with students in that grade.

NA = Not available

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### 2022 School Health Profiles Report Weighted Principal Survey Results

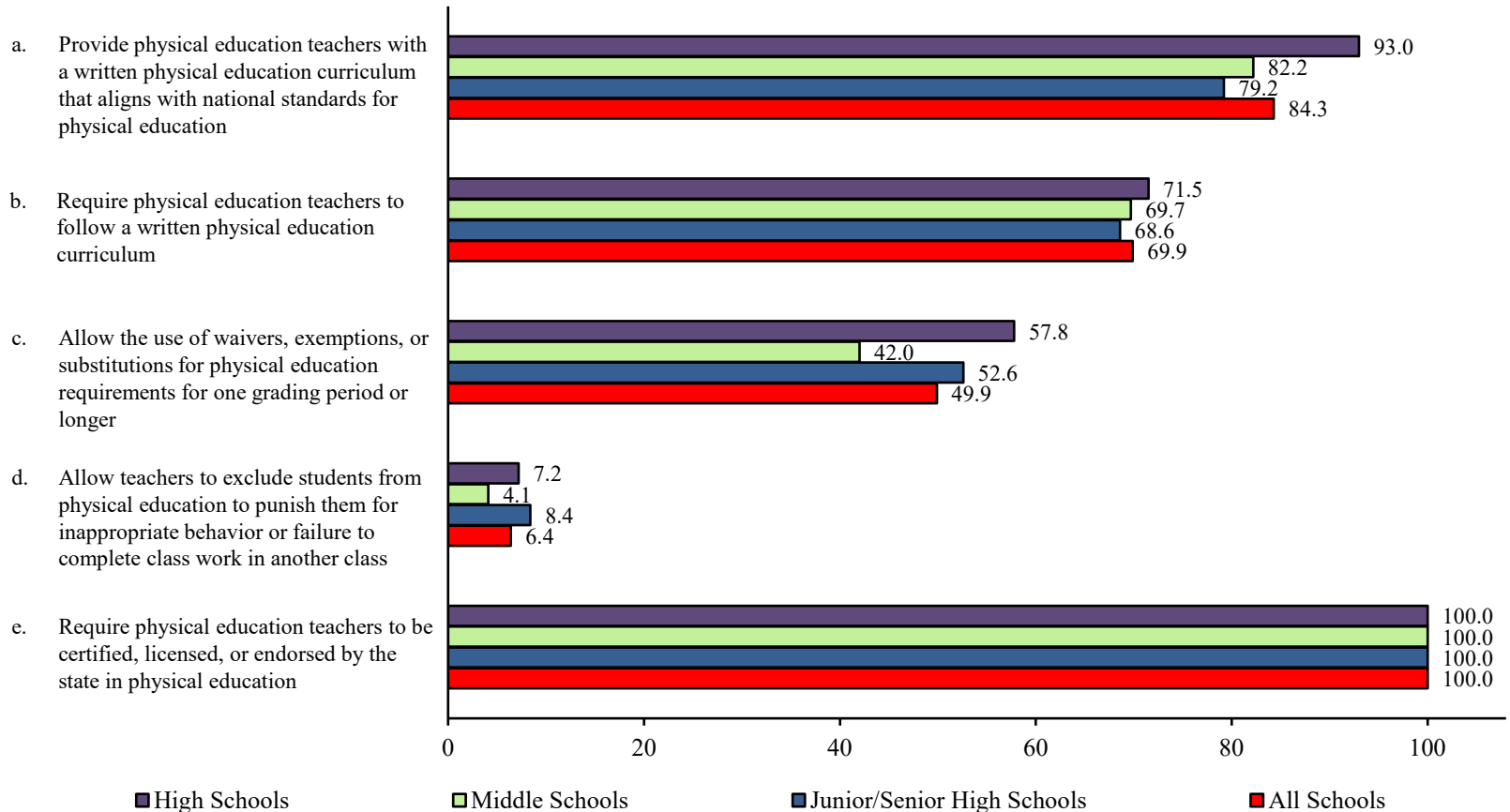
15. Percentage of schools in which any physical education teachers or specialists received professional development on physical education or physical activity during the past year.



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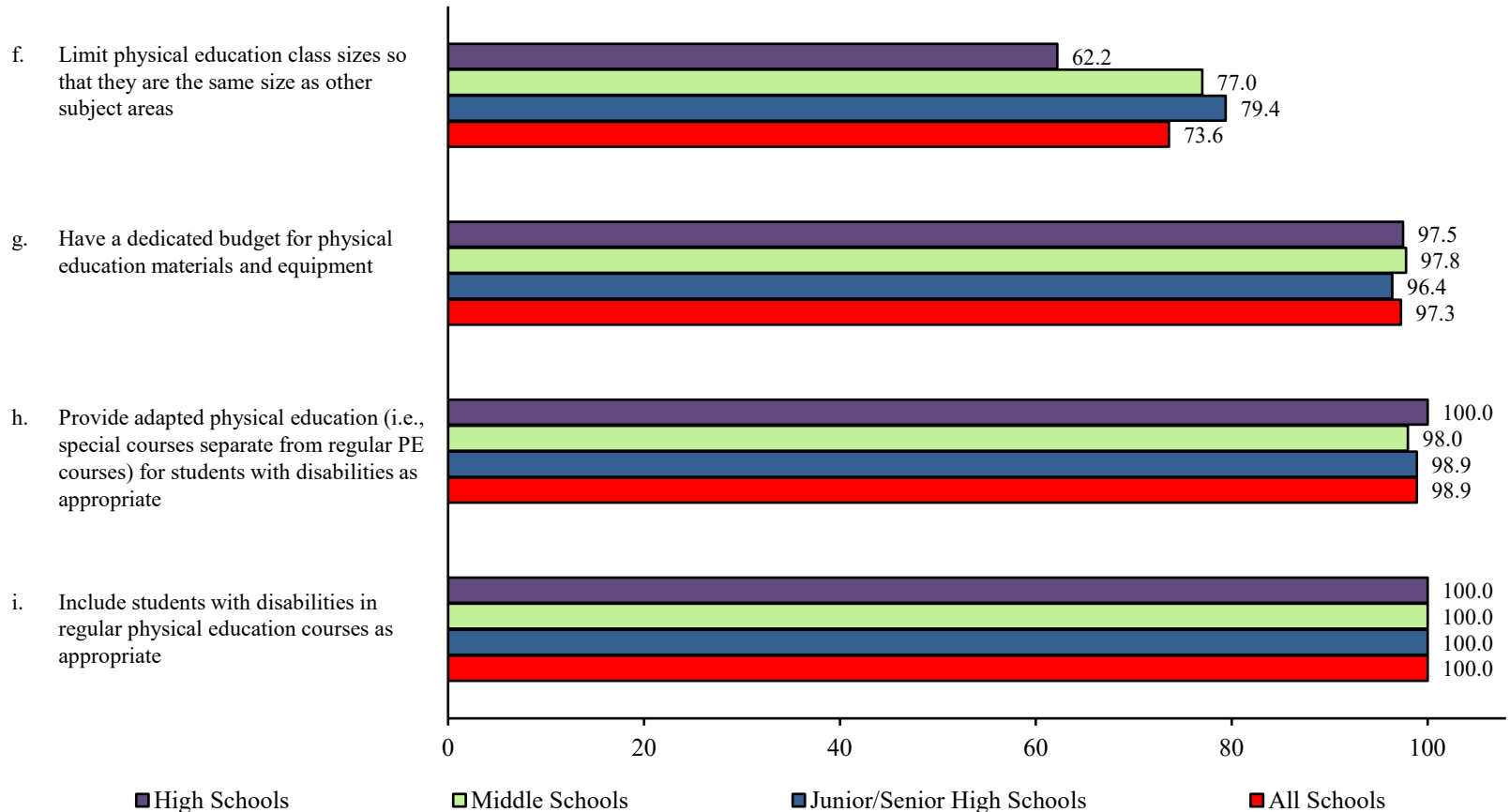
16. Percentage of schools that engage in the following physical education practices.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

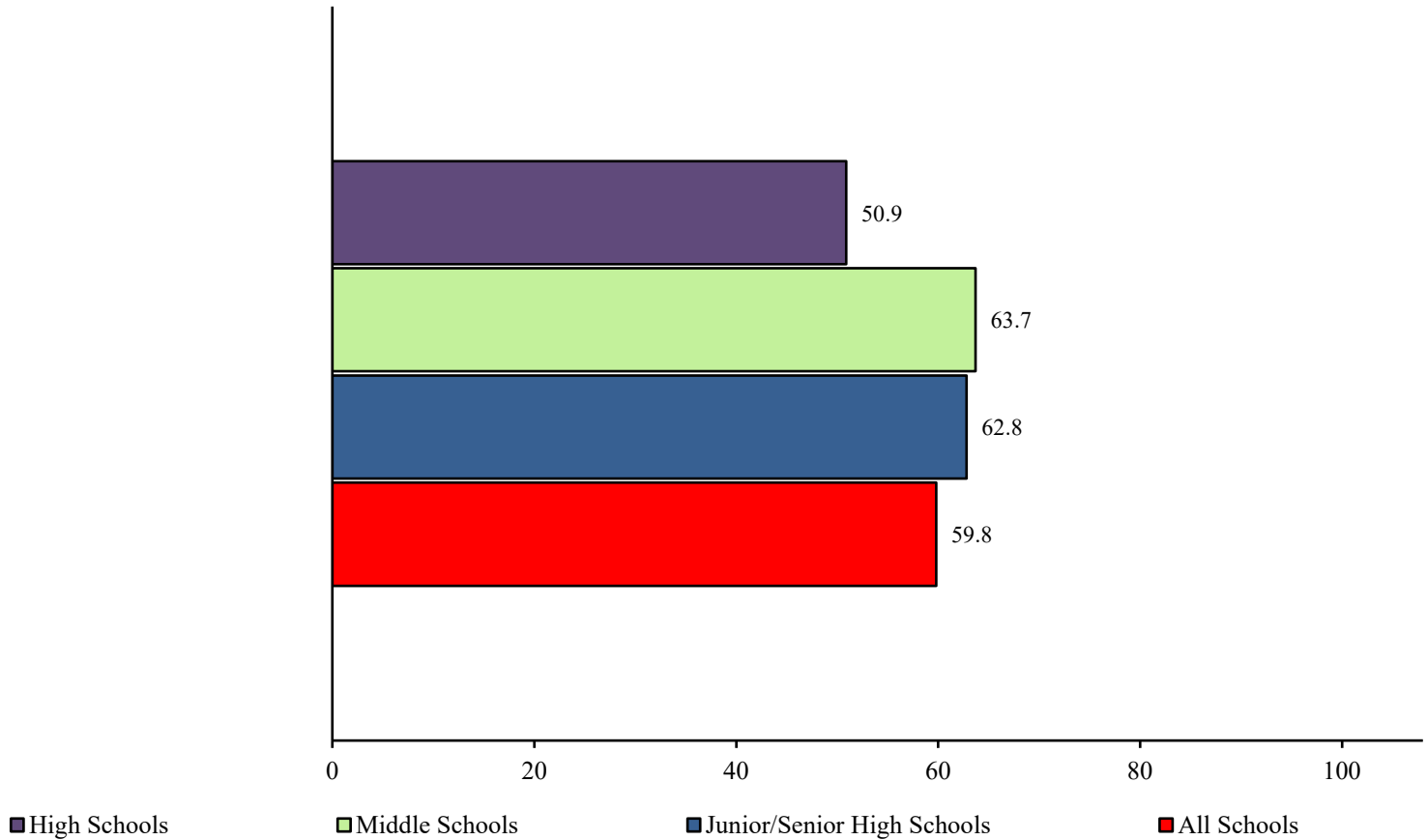
16. Percentage of schools that engage in the following physical education practices.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

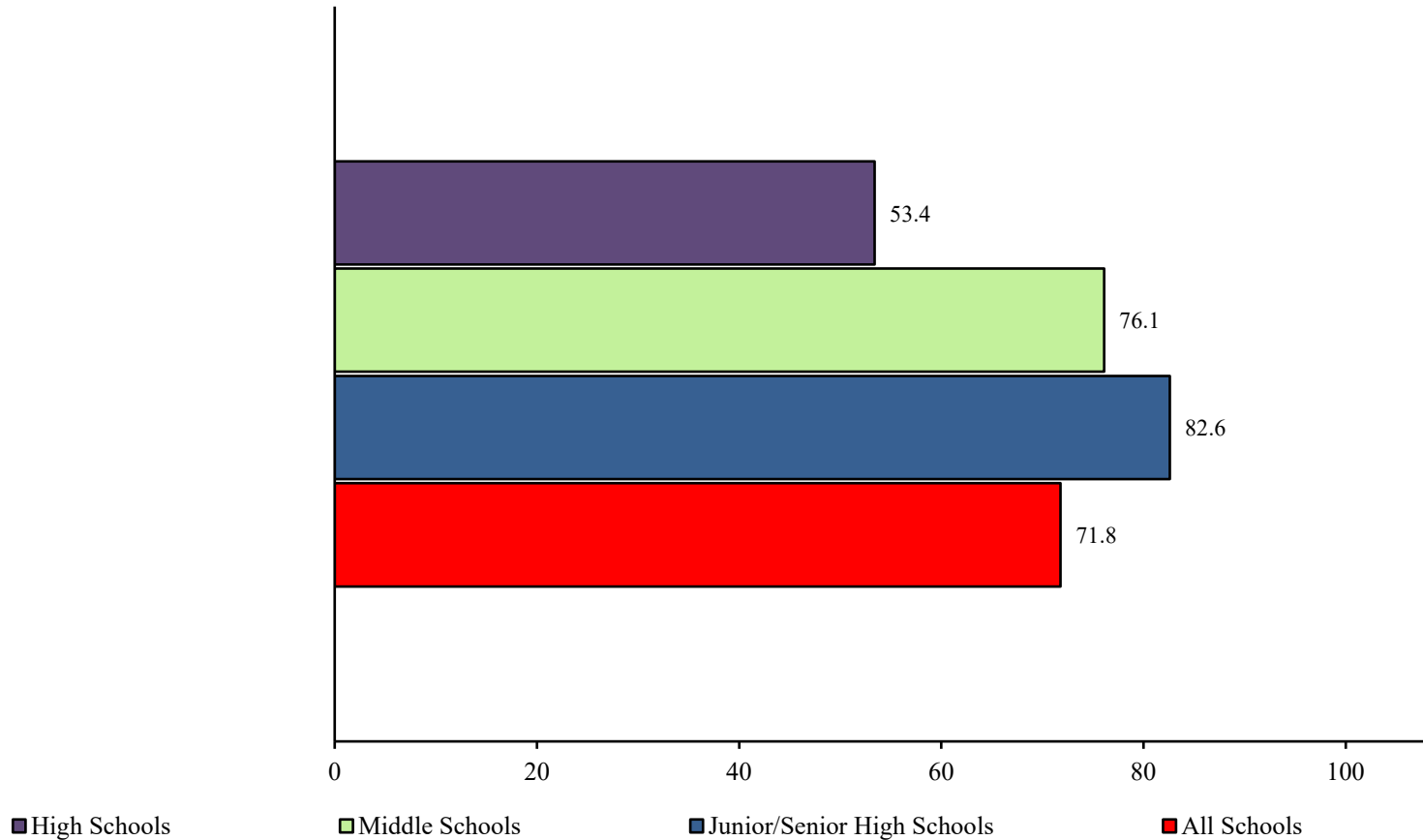
17. Percentage of schools in which students participate in physical activity in classrooms during the school day outside of physical education.



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18. Percentage of schools that offer opportunities for all students to be physically active during the school day, such as recess, lunchtime intramural activities, or physical activity clubs.\*



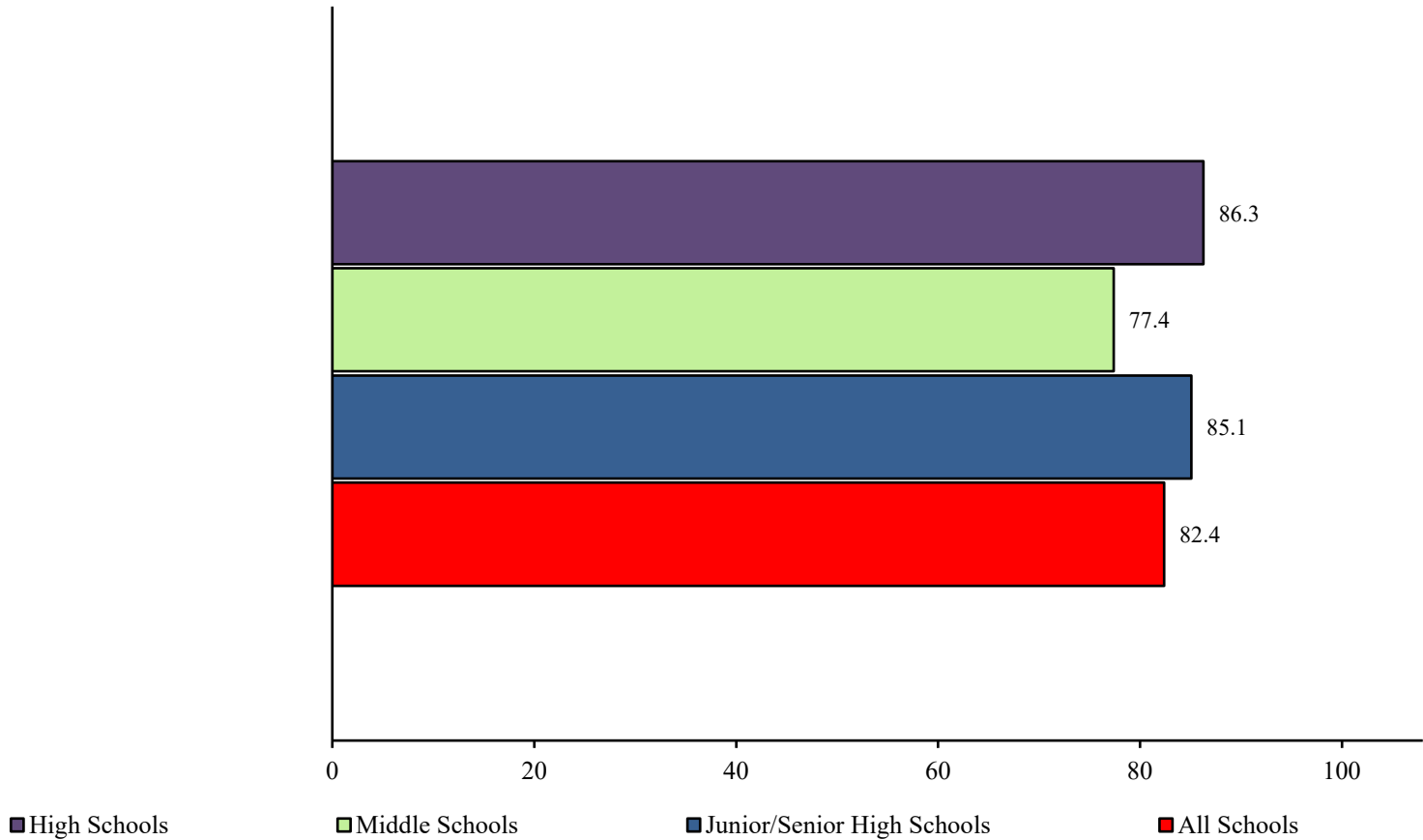
\*Not including physical education and classroom physical activity.



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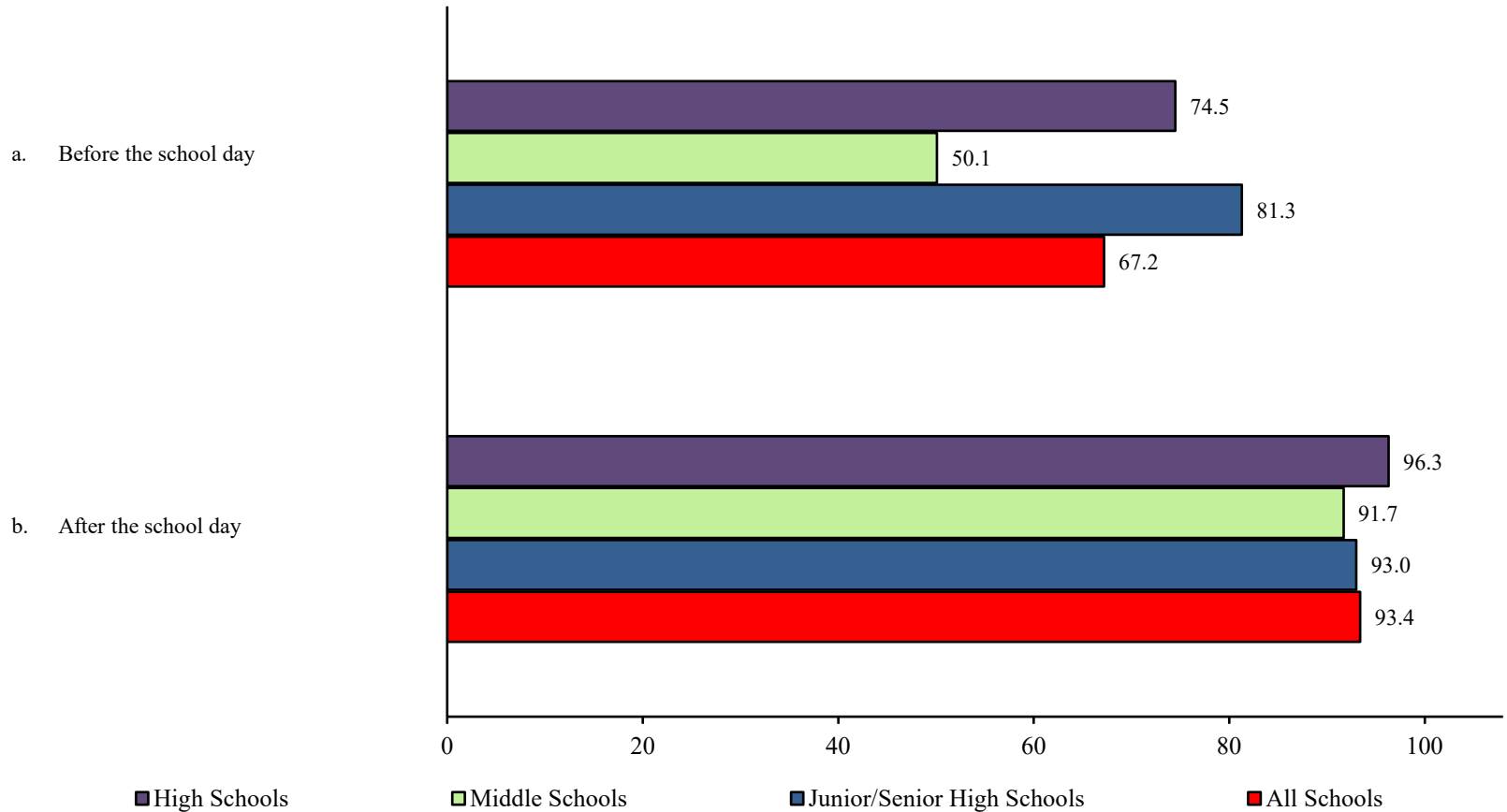
19. Percentage of schools that offer interscholastic sports to students.



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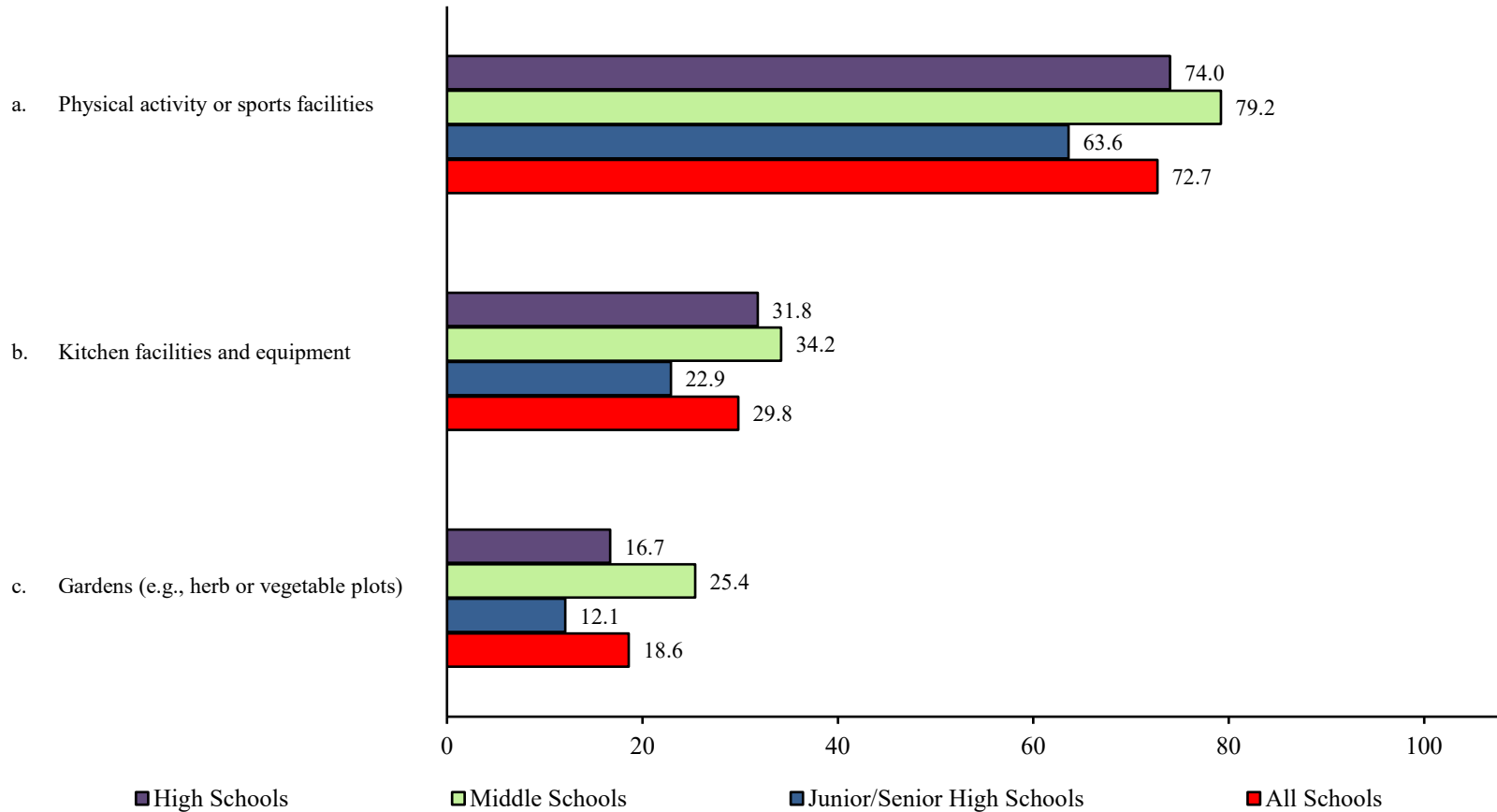
20. Percentage of schools that offer opportunities for students to participate in physical activity through organized physical activities or access to facilities or equipment for physical activity during the following times.



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21. Percentage of schools that have a joint use agreement for shared use of the following school or community facilities.

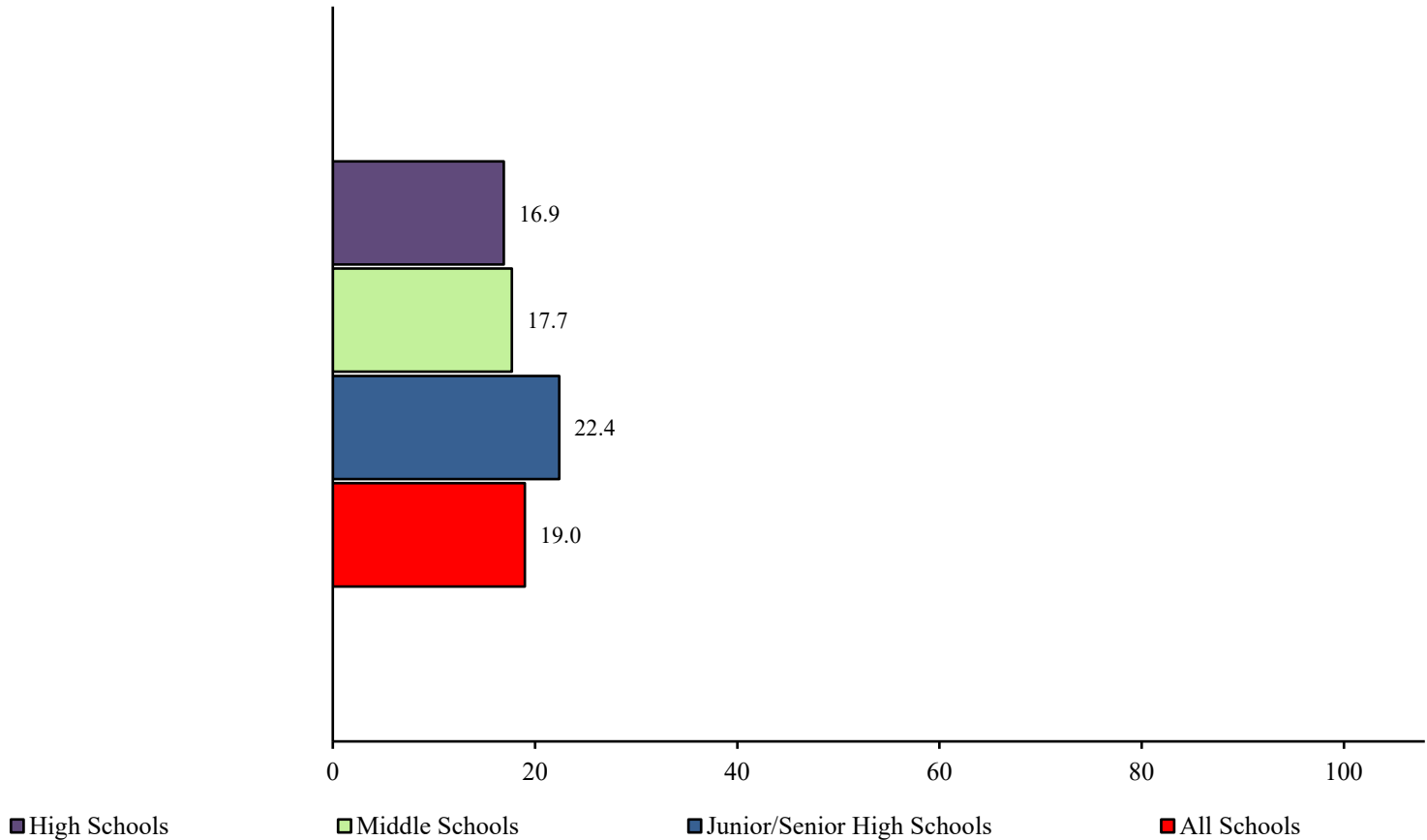


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### 2022 School Health Profiles Report Weighted Principal Survey Results

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22. Percentage of schools that have a written plan for providing opportunities for students to be physically active before, during, and after school.

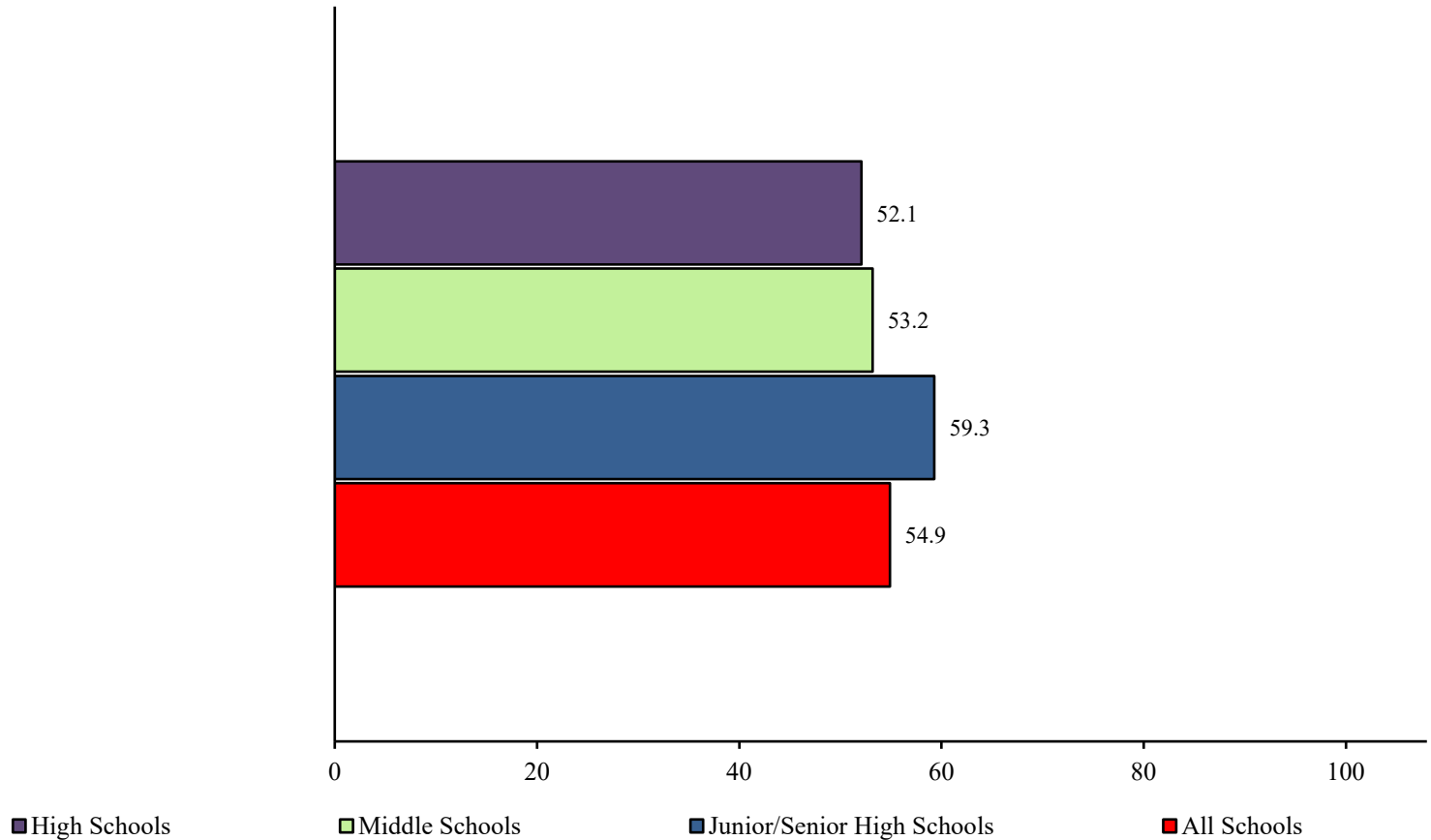


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### 2022 School Health Profiles Report Weighted Principal Survey Results

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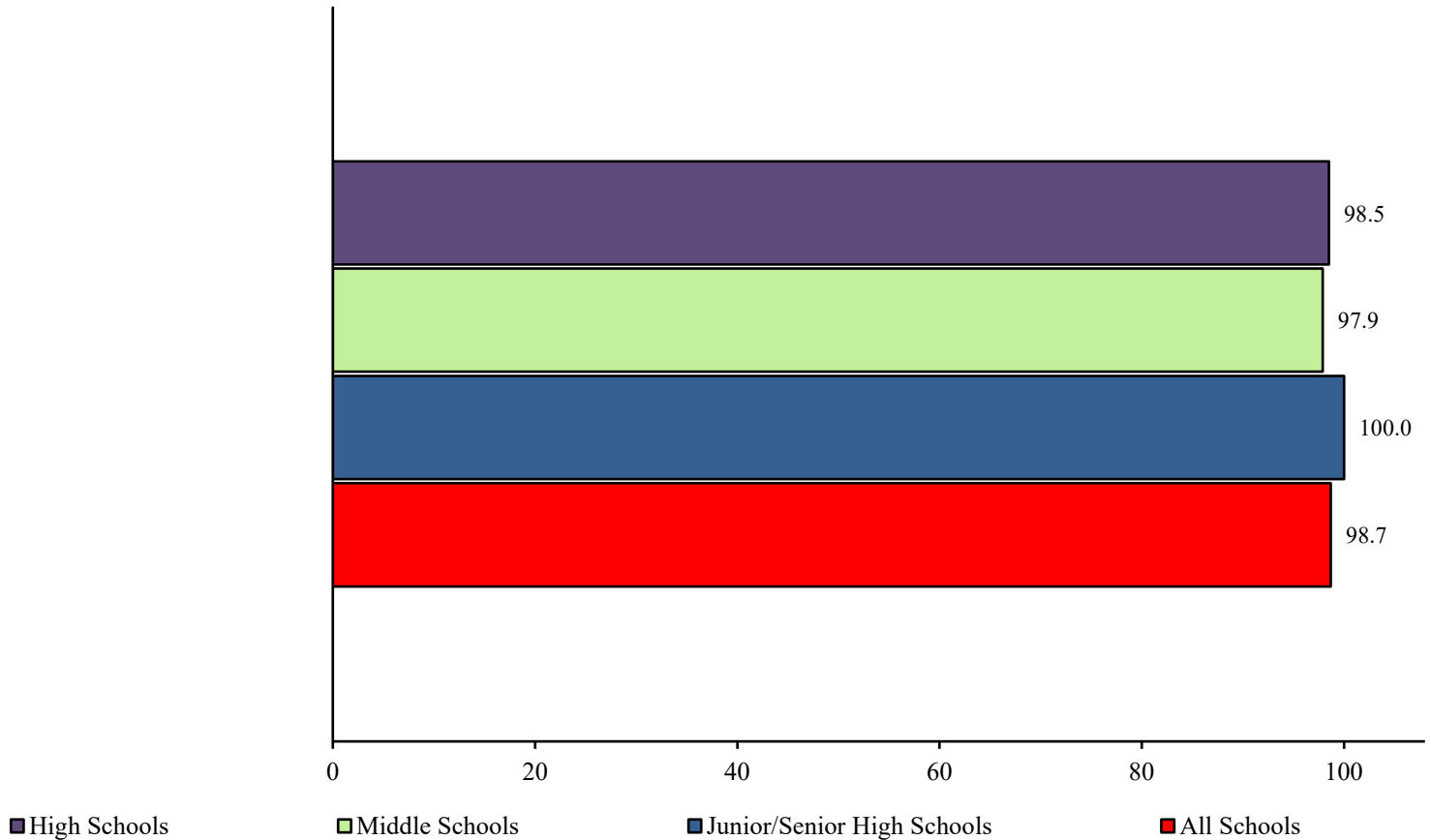
23. Percentage of schools that have assessed opportunities available to students to be physically active before, during, or after school.



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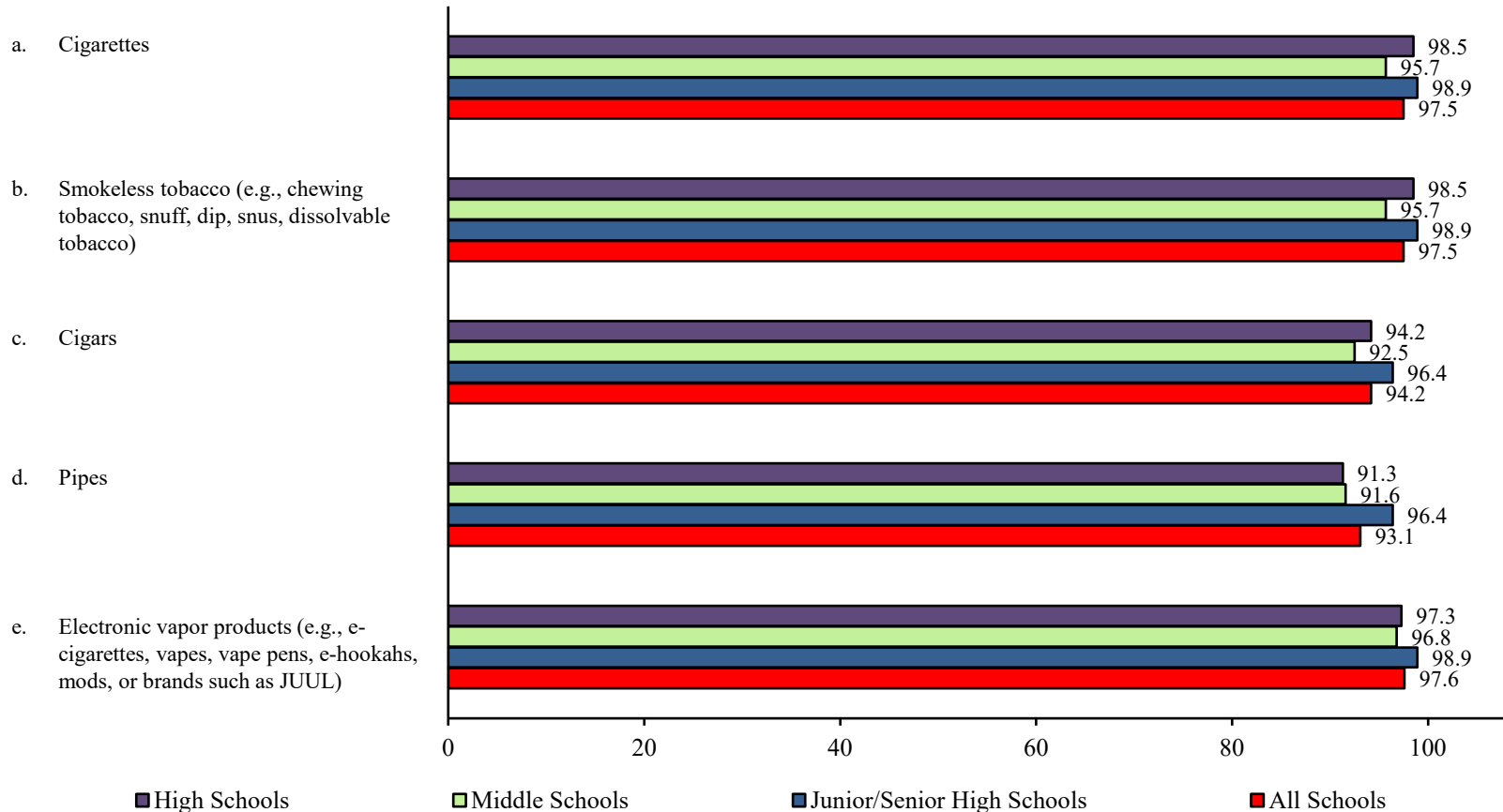
24. Percentage of schools that have adopted a policy prohibiting tobacco use.



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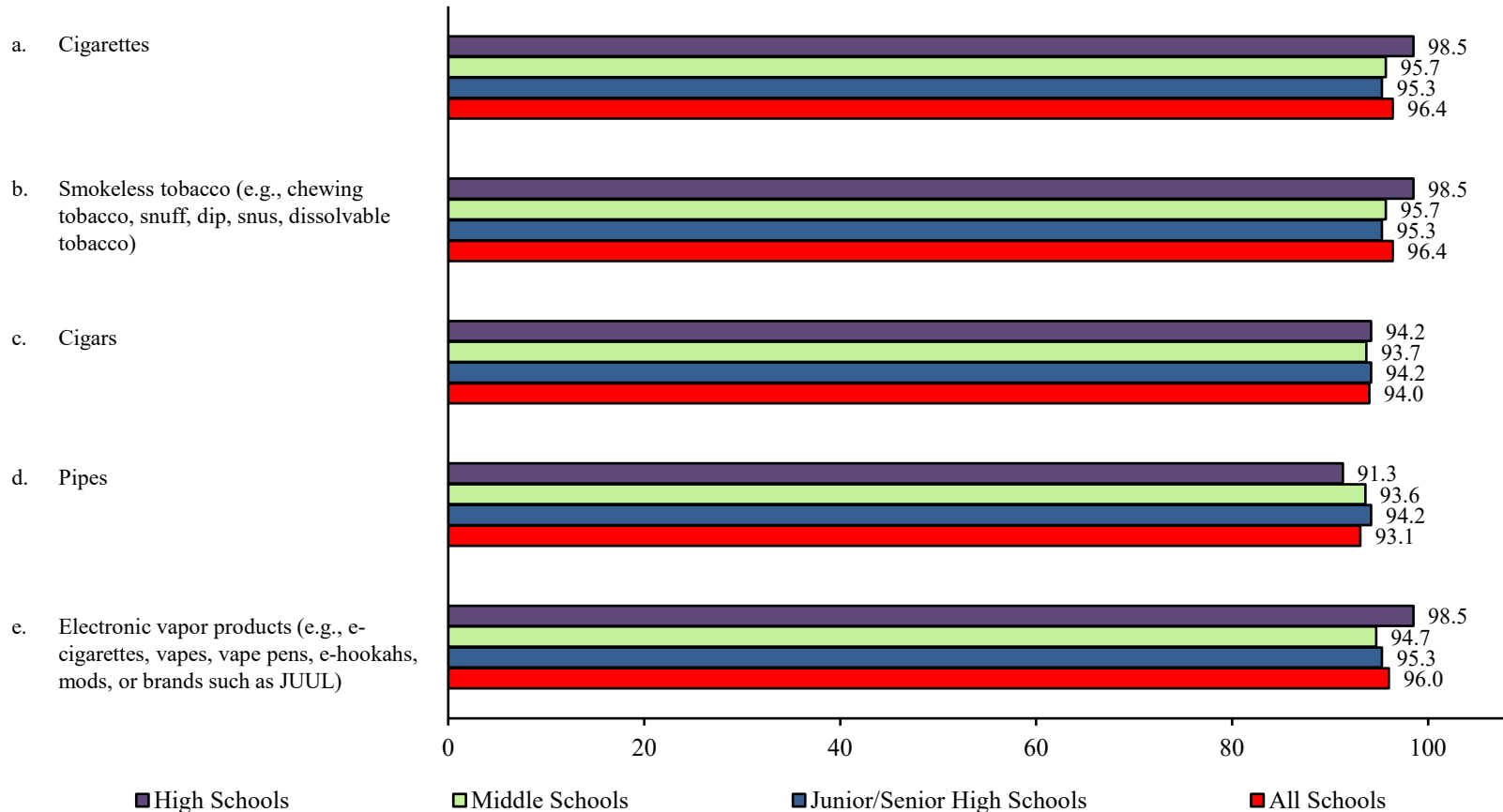
25A. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for students during any school-related activity.



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25B. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for faculty/staff during any school-related activity.

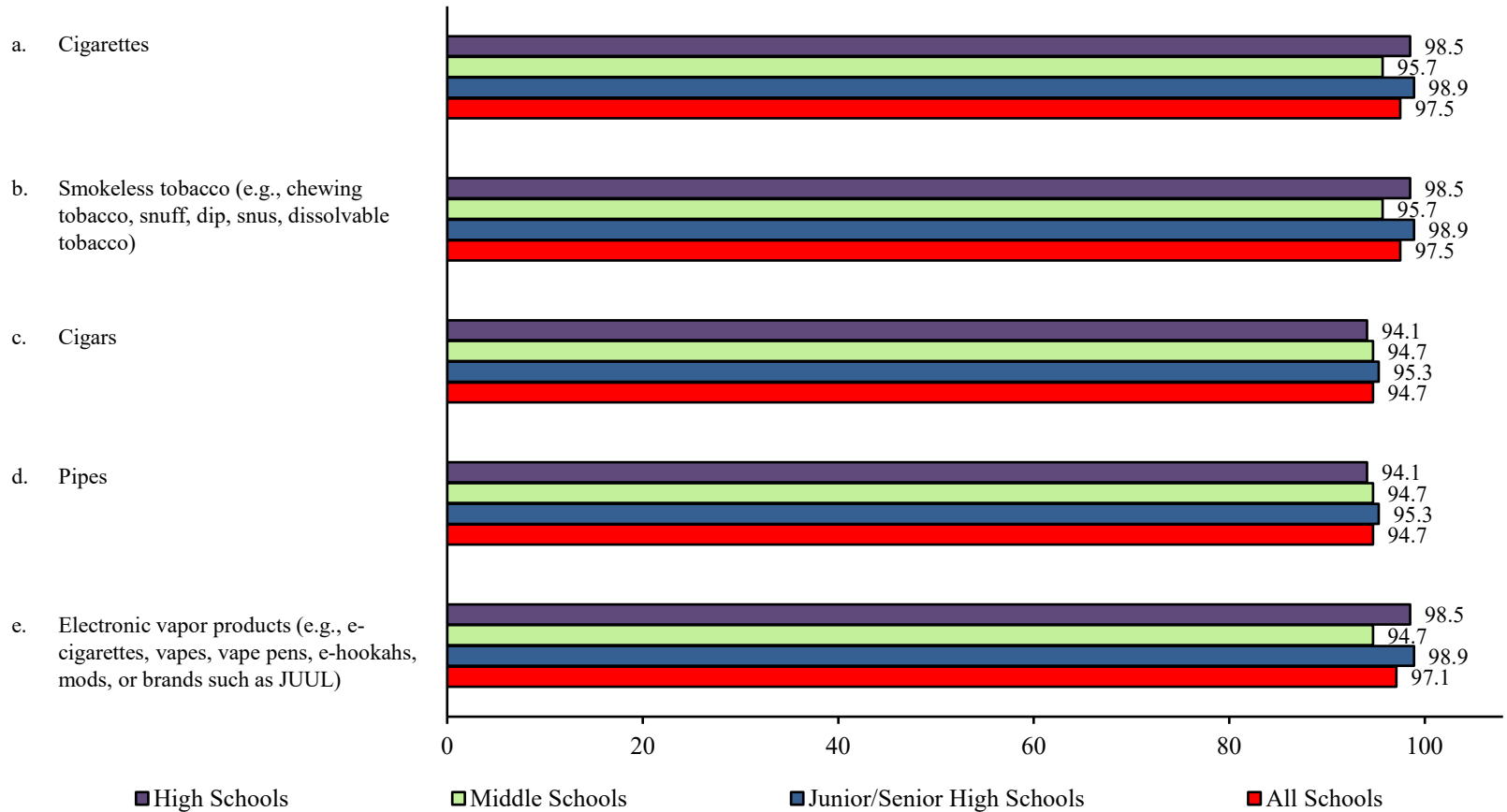




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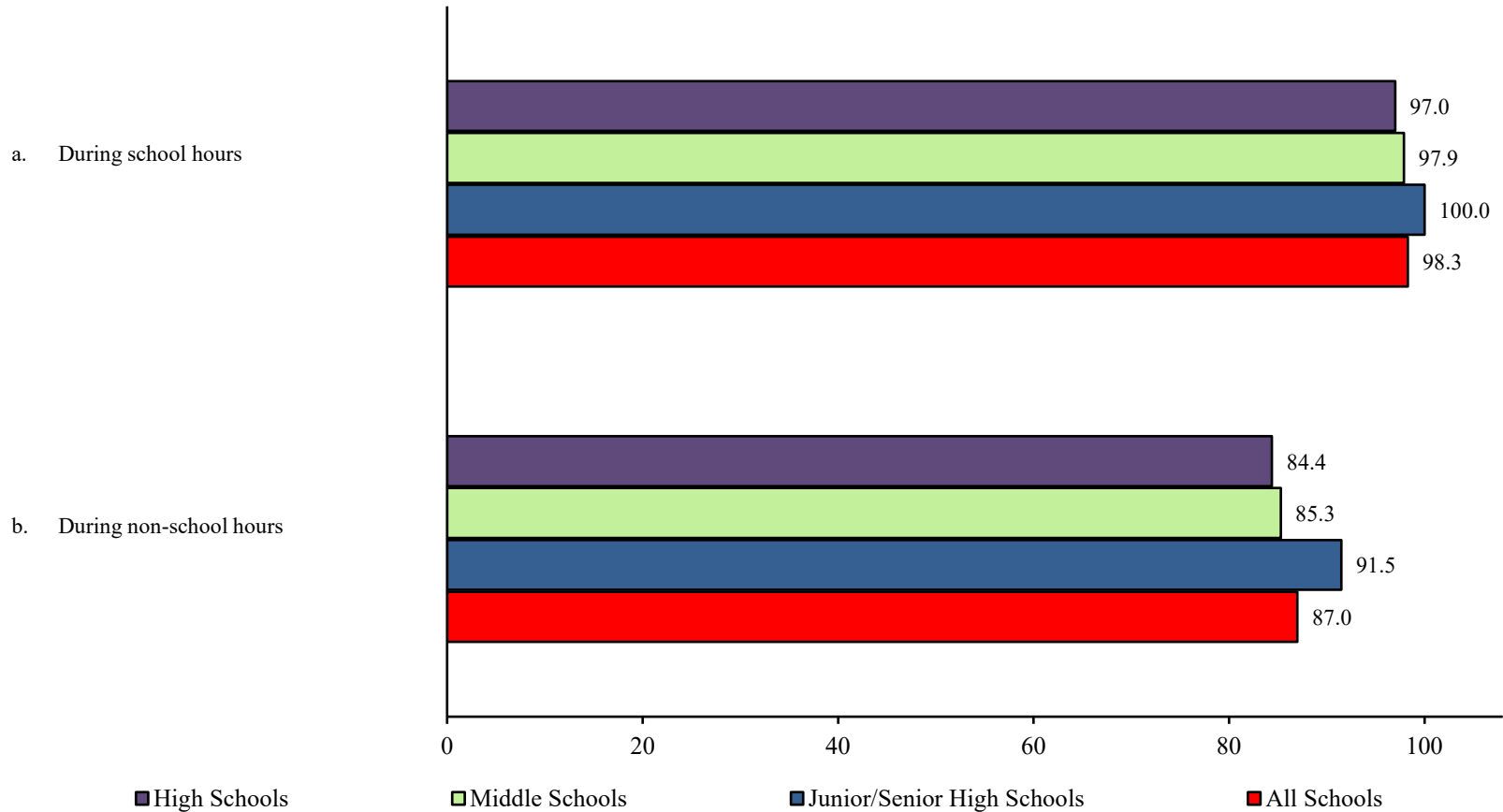
25C. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for visitors during any school-related activity.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

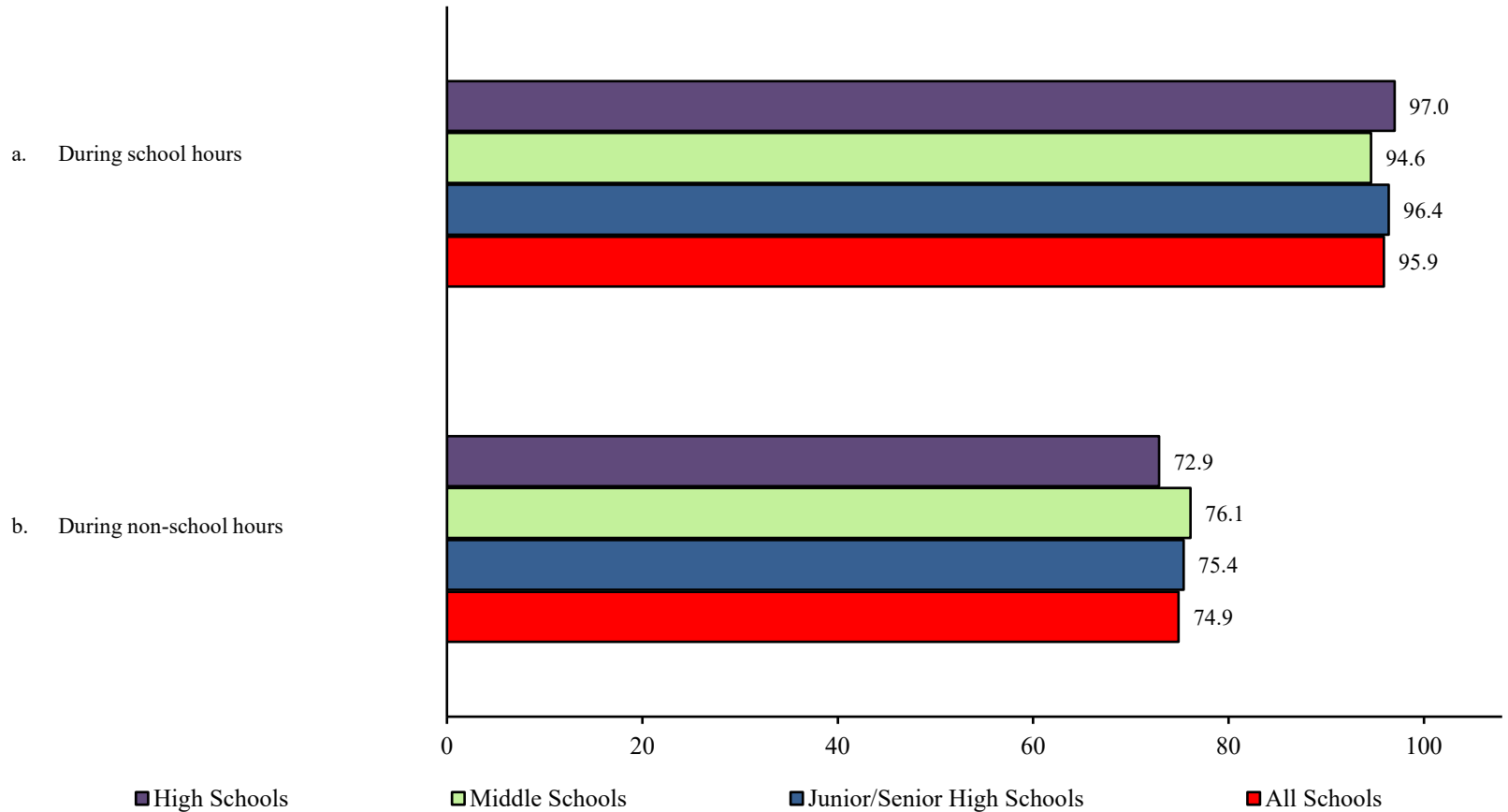
26A. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for students.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

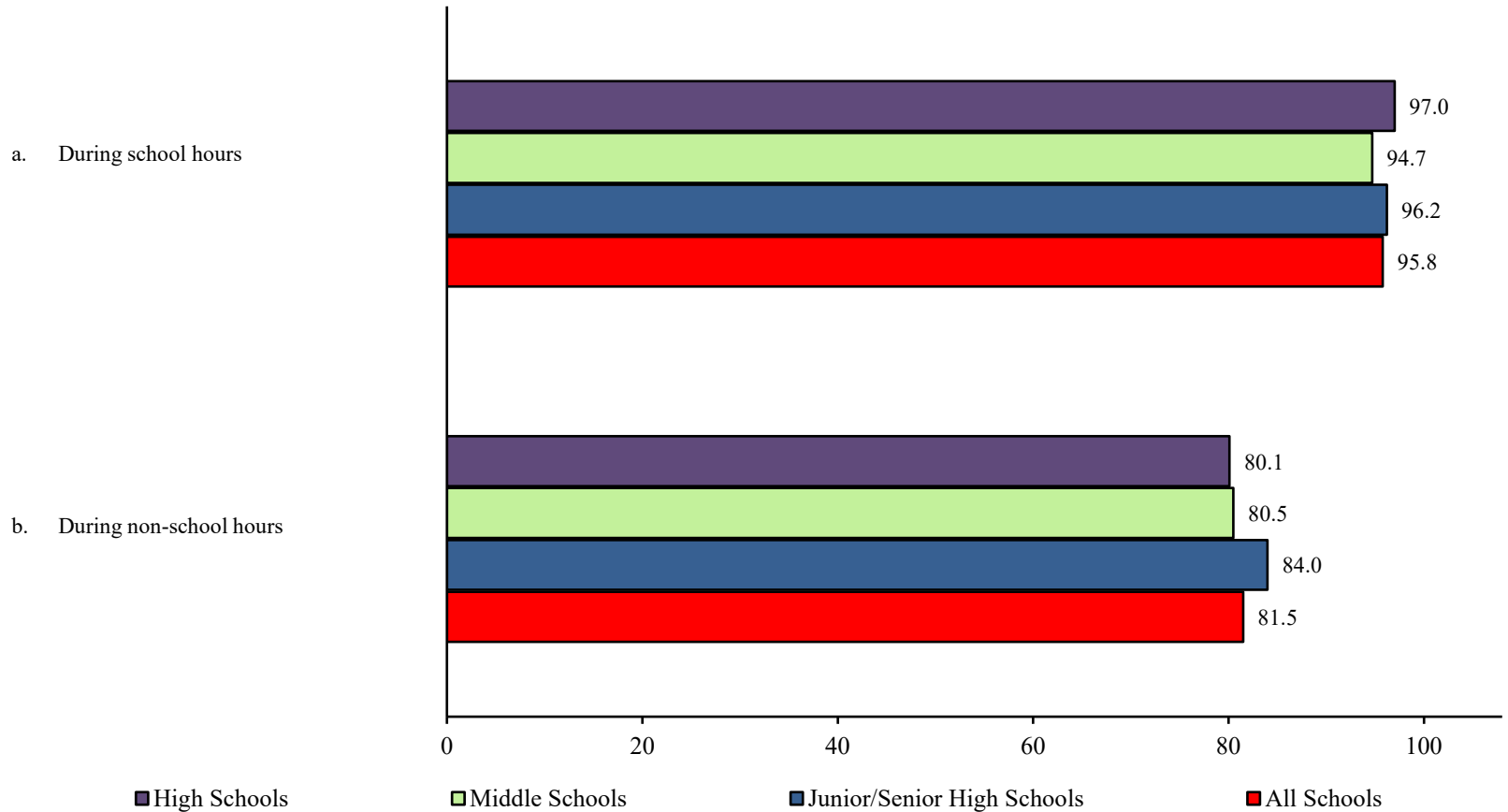
26B. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for faculty/staff.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

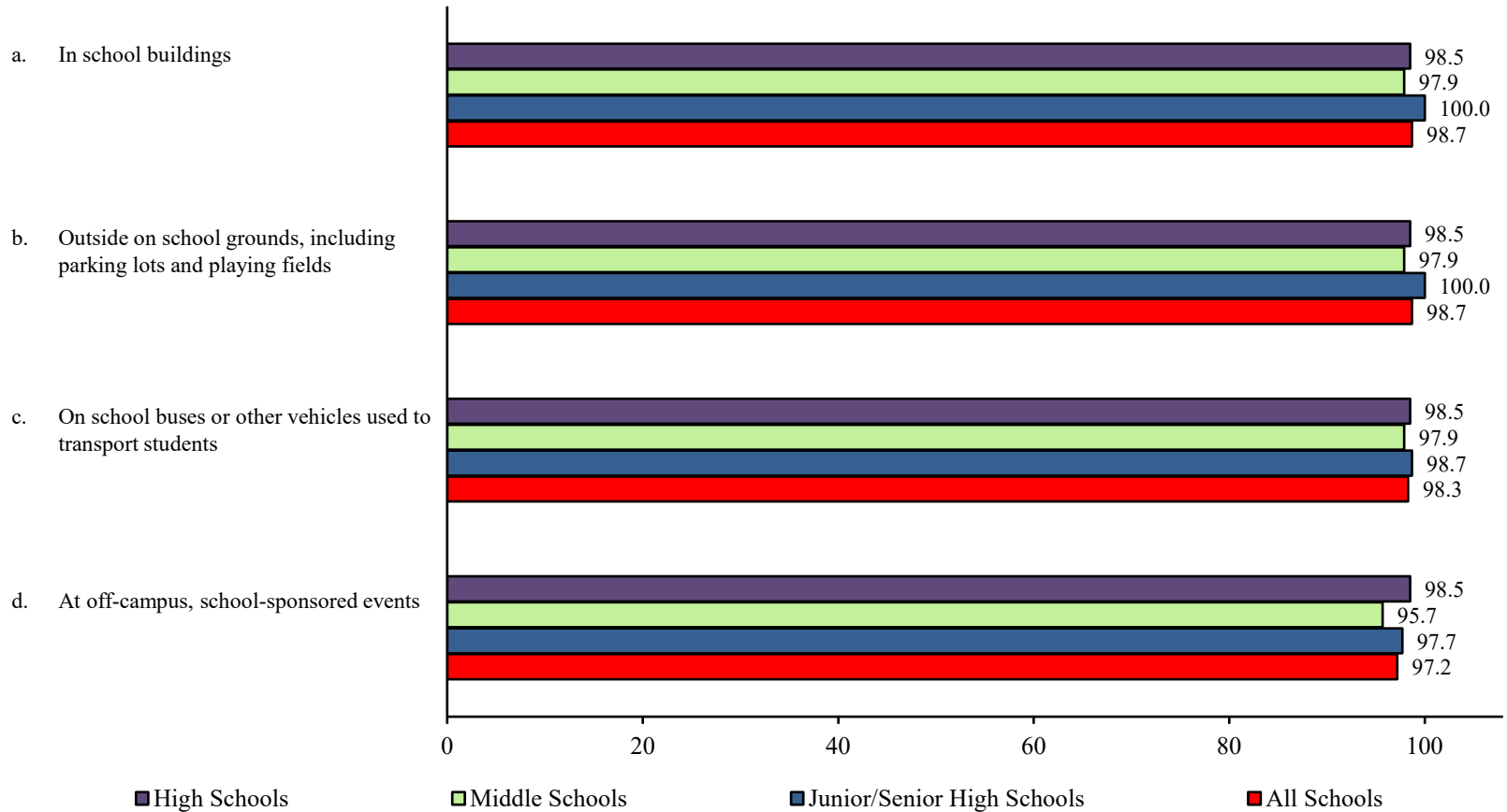
26C. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for visitors.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

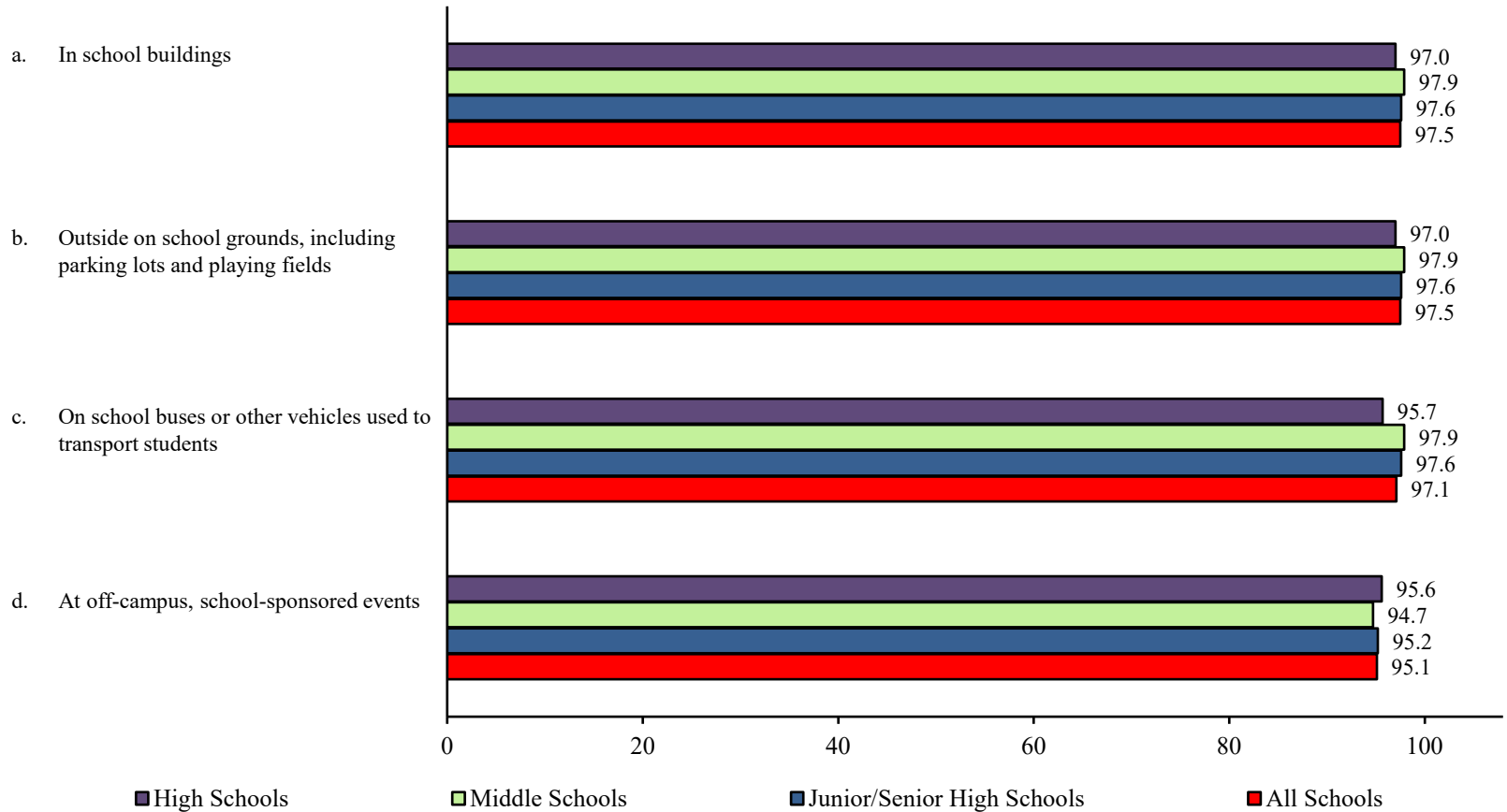
27A. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for students.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

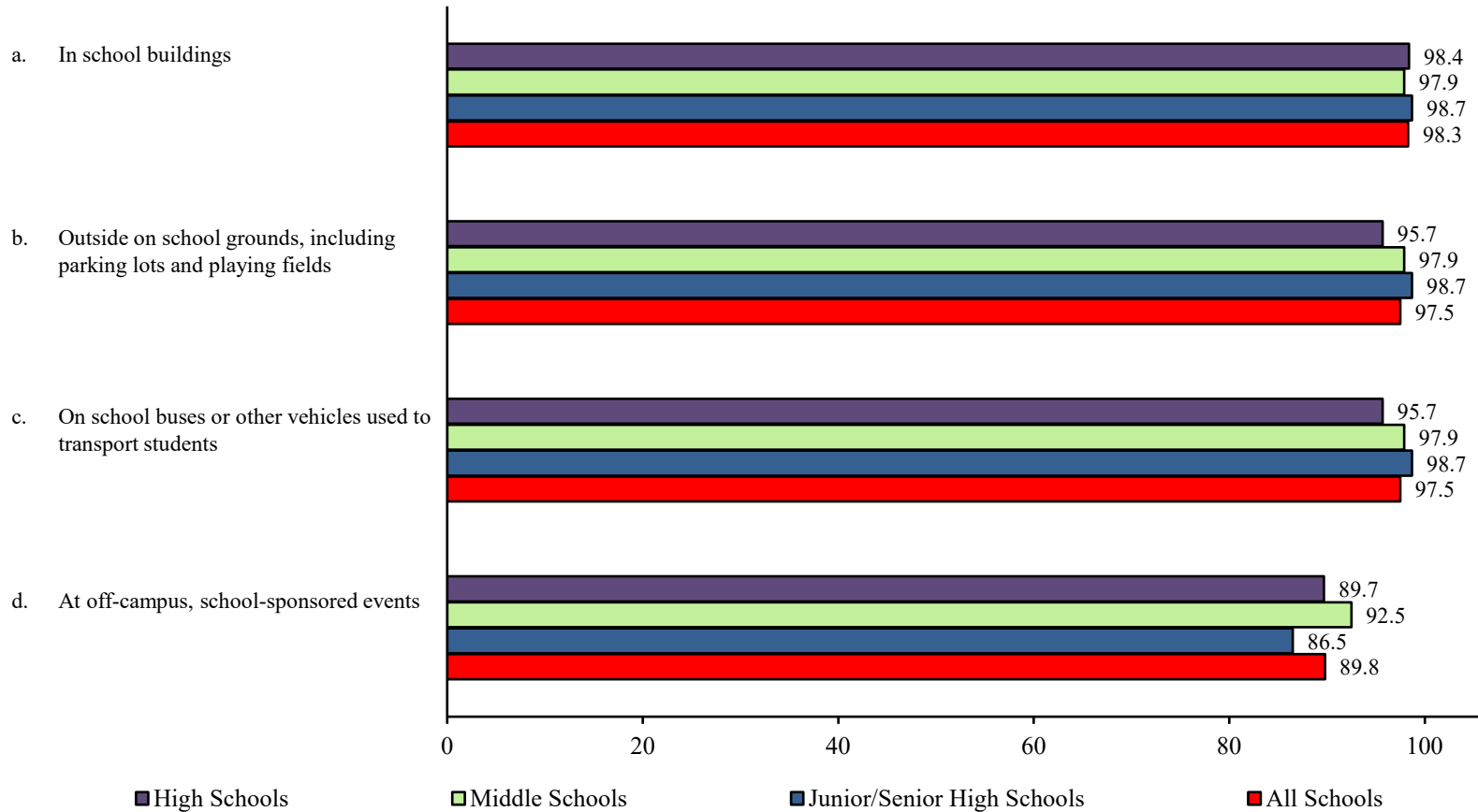
27B. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for faculty/staff.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

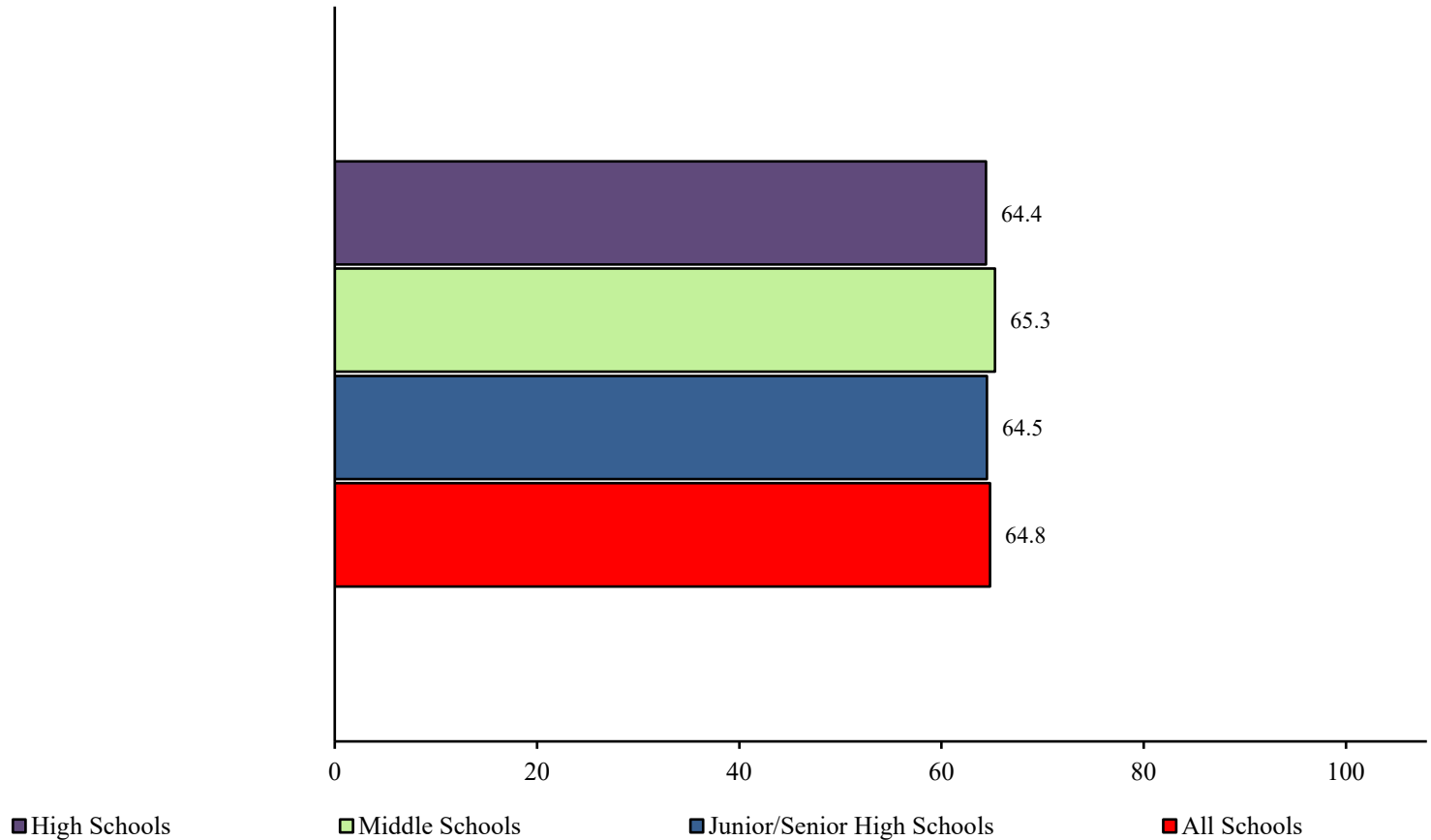
27C. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for visitors.



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27N. Percentage of schools that follow a policy that mandates a "tobacco-free environment." A "tobacco-free environment" is one that prohibits tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.

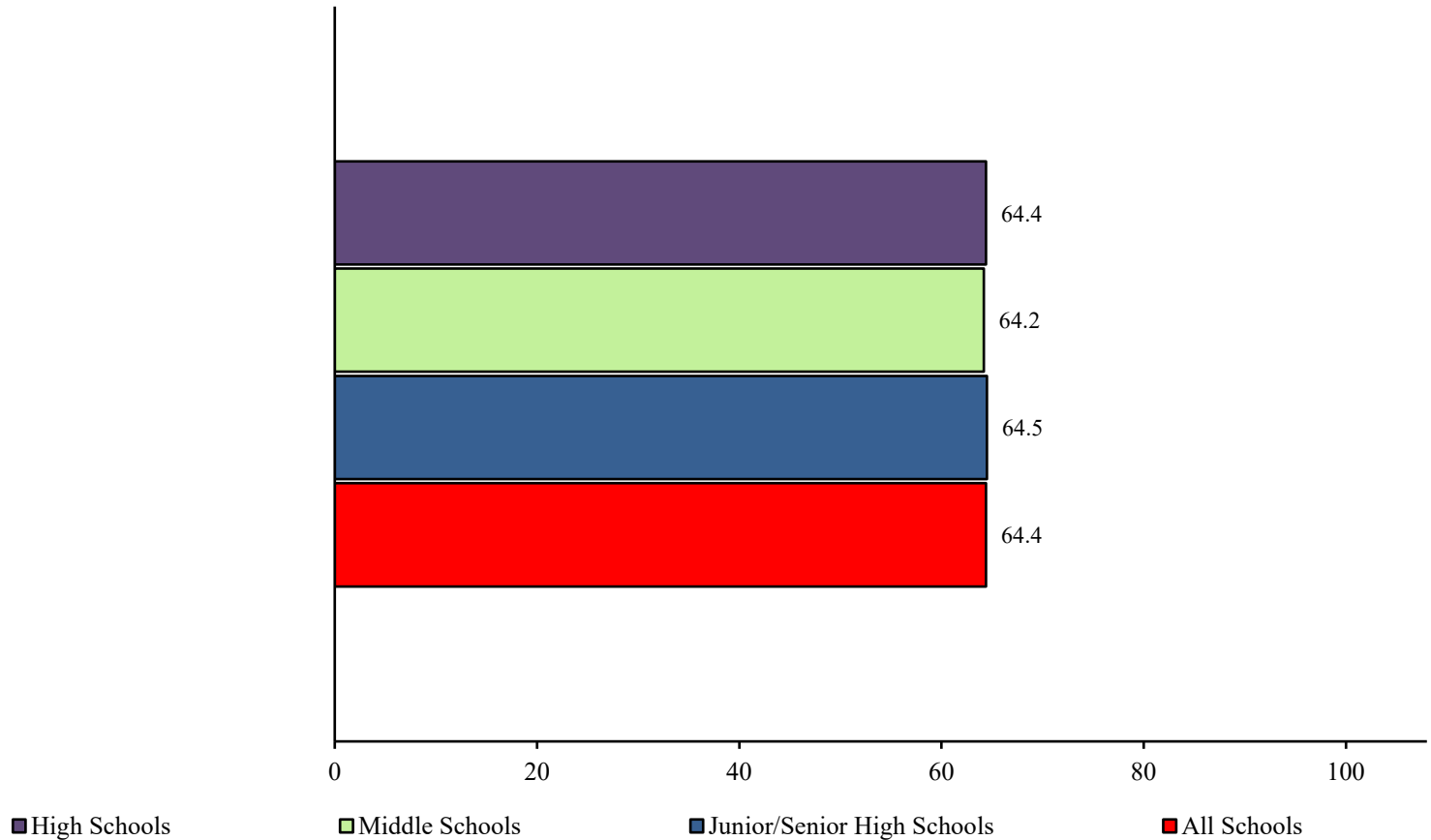




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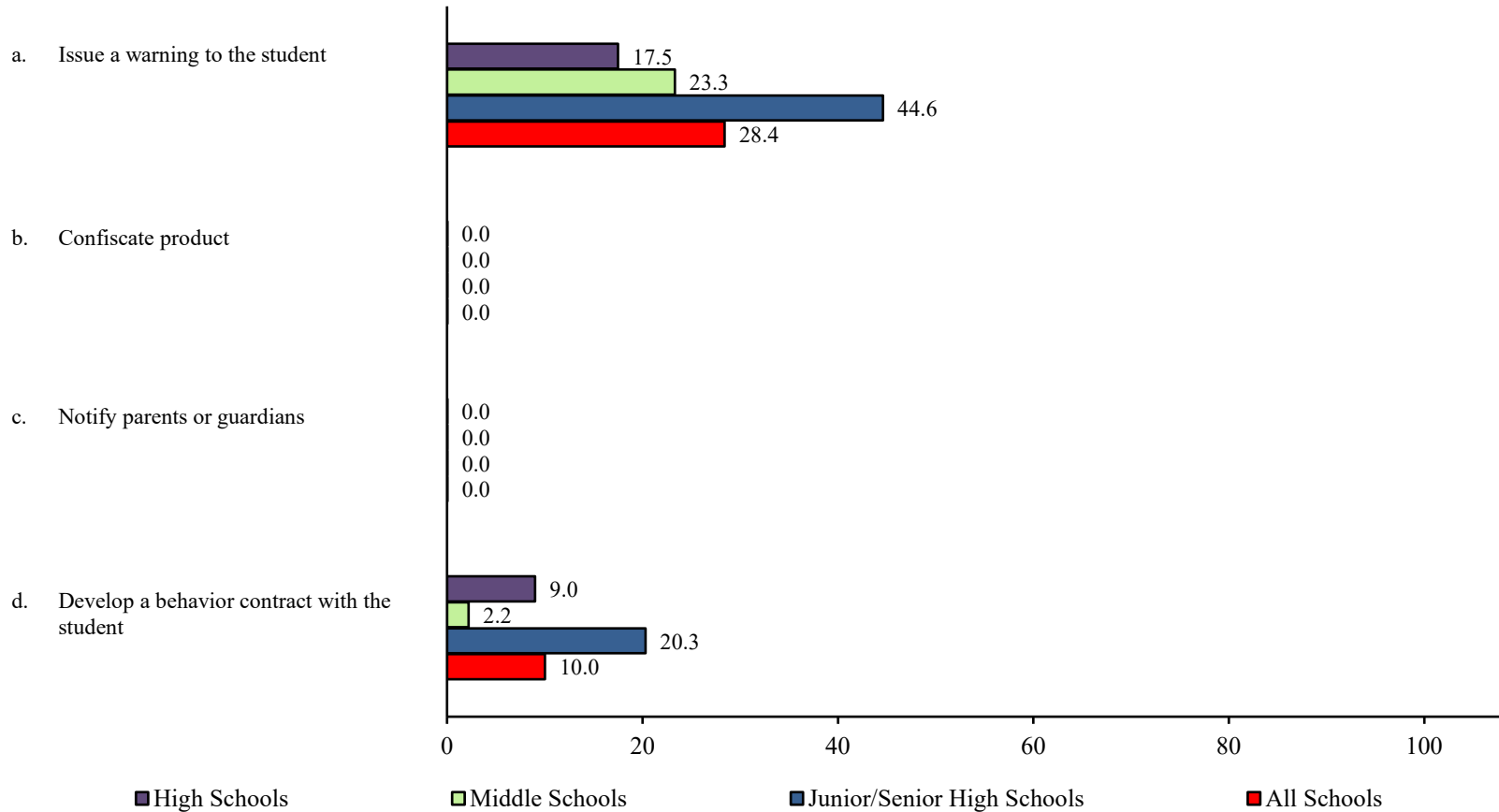
TOBVAP. Percentage of schools that follow a policy that mandates a "tobacco-free environment" including prohibiting electronic vapor products (EVPs). A "tobacco-free environment" is one that prohibits tobacco and EVP use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.



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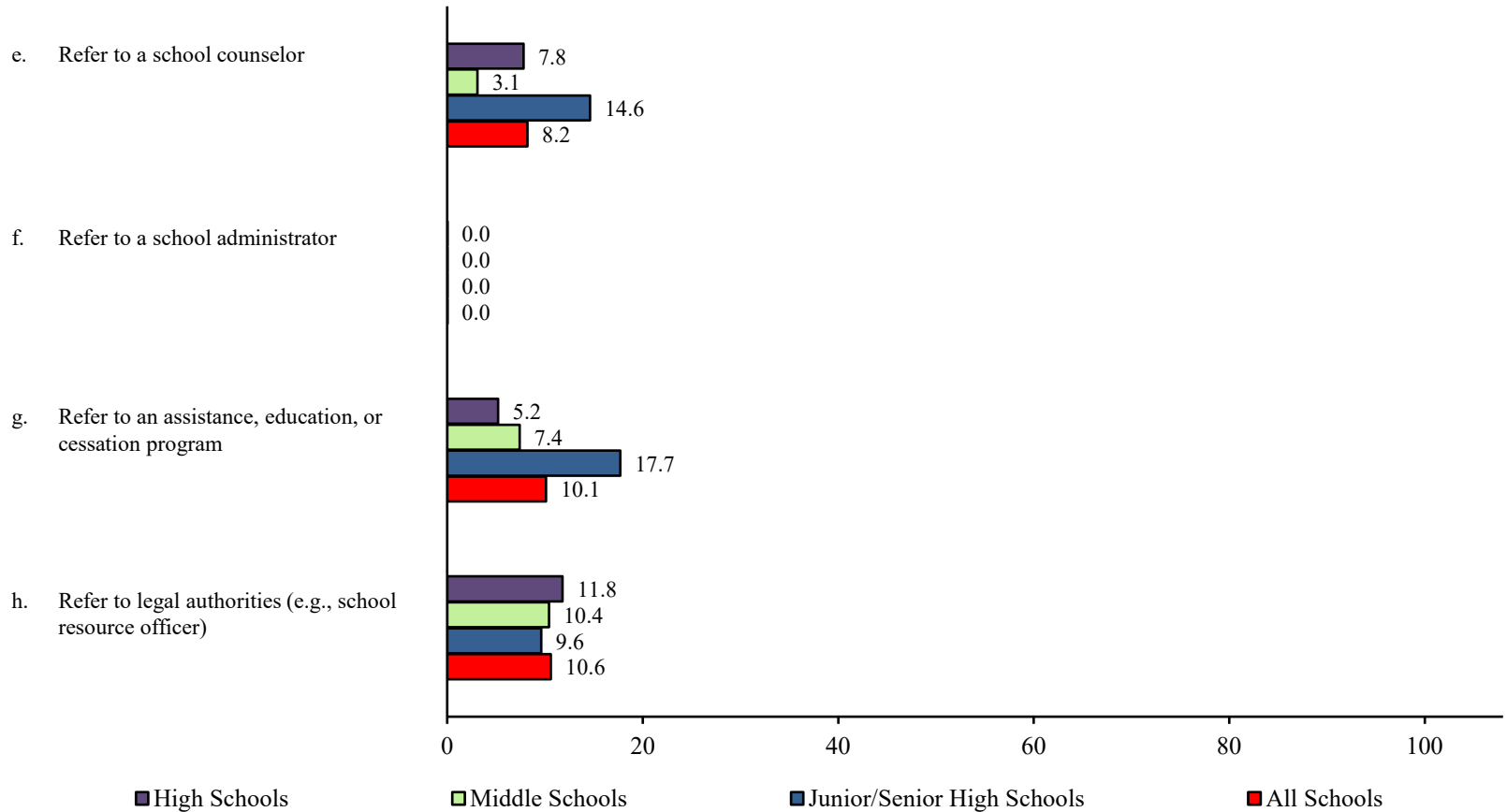
28\_1. (Never) Percentage of schools that never take the following actions when students are caught using electronic vapor products.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

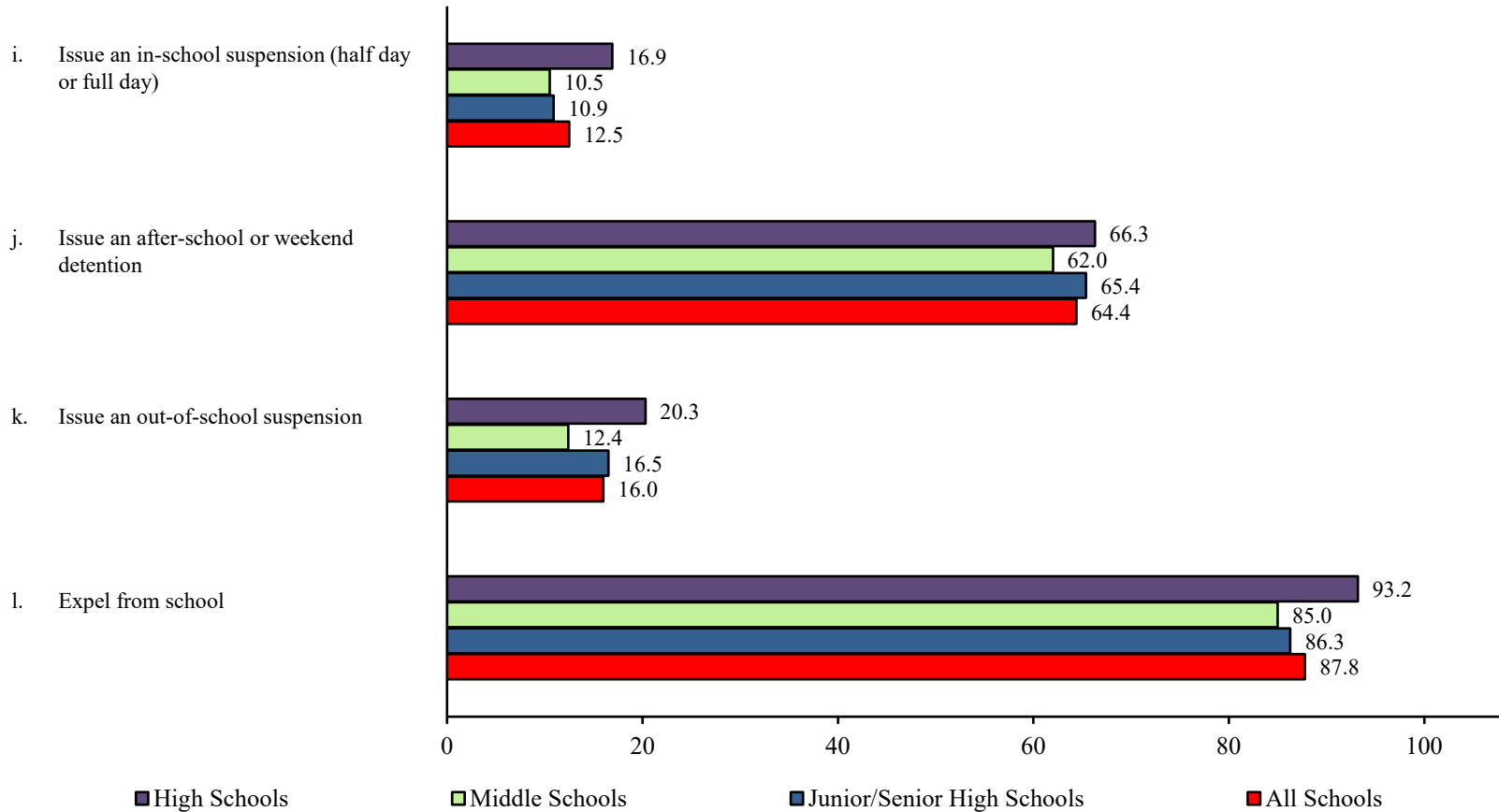
28\_1. (Never) Percentage of schools that never take the following actions when students are caught using electronic vapor products.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

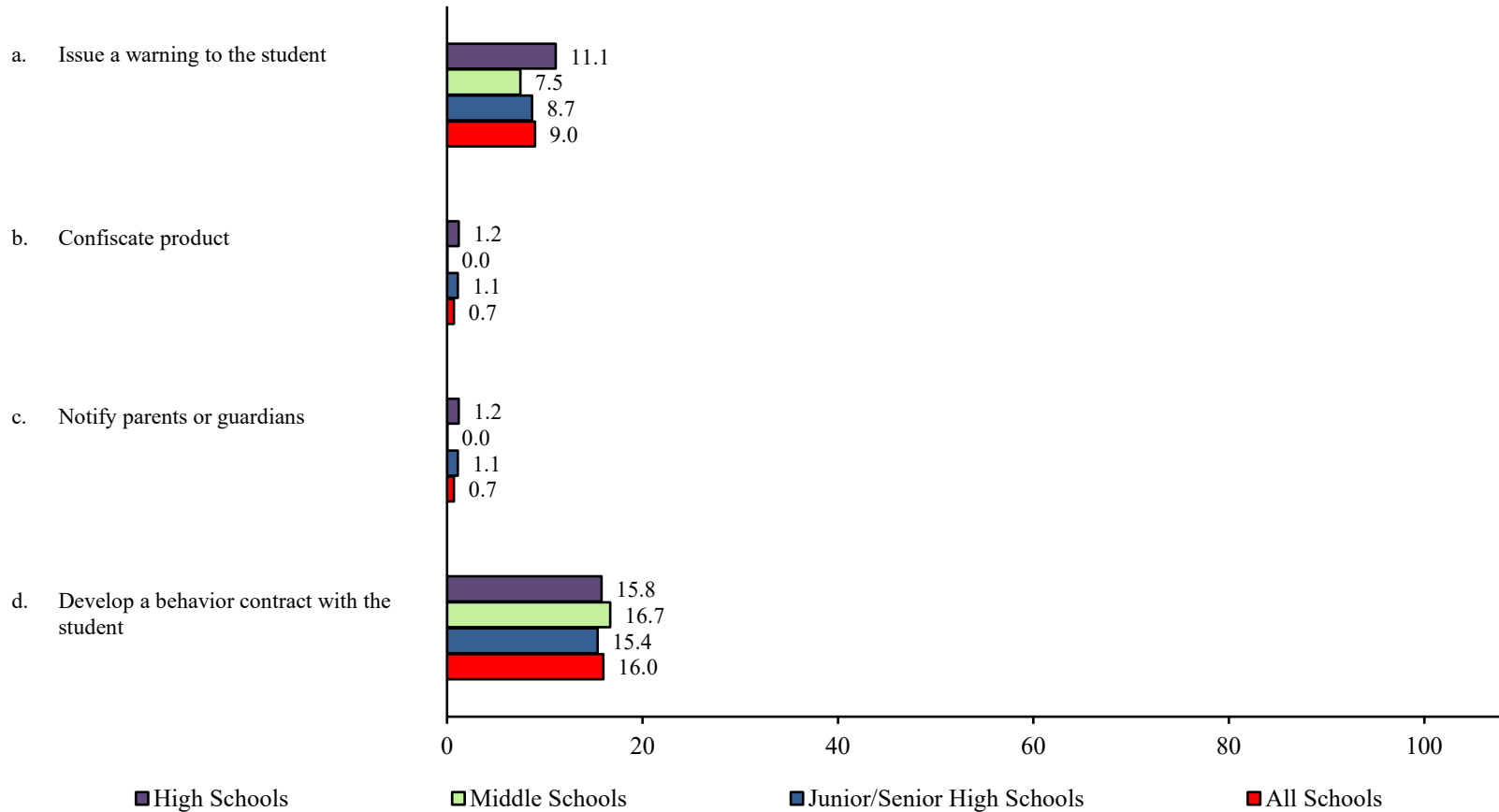
28\_1. (Never) Percentage of schools that never take the following actions when students are caught using electronic vapor products.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

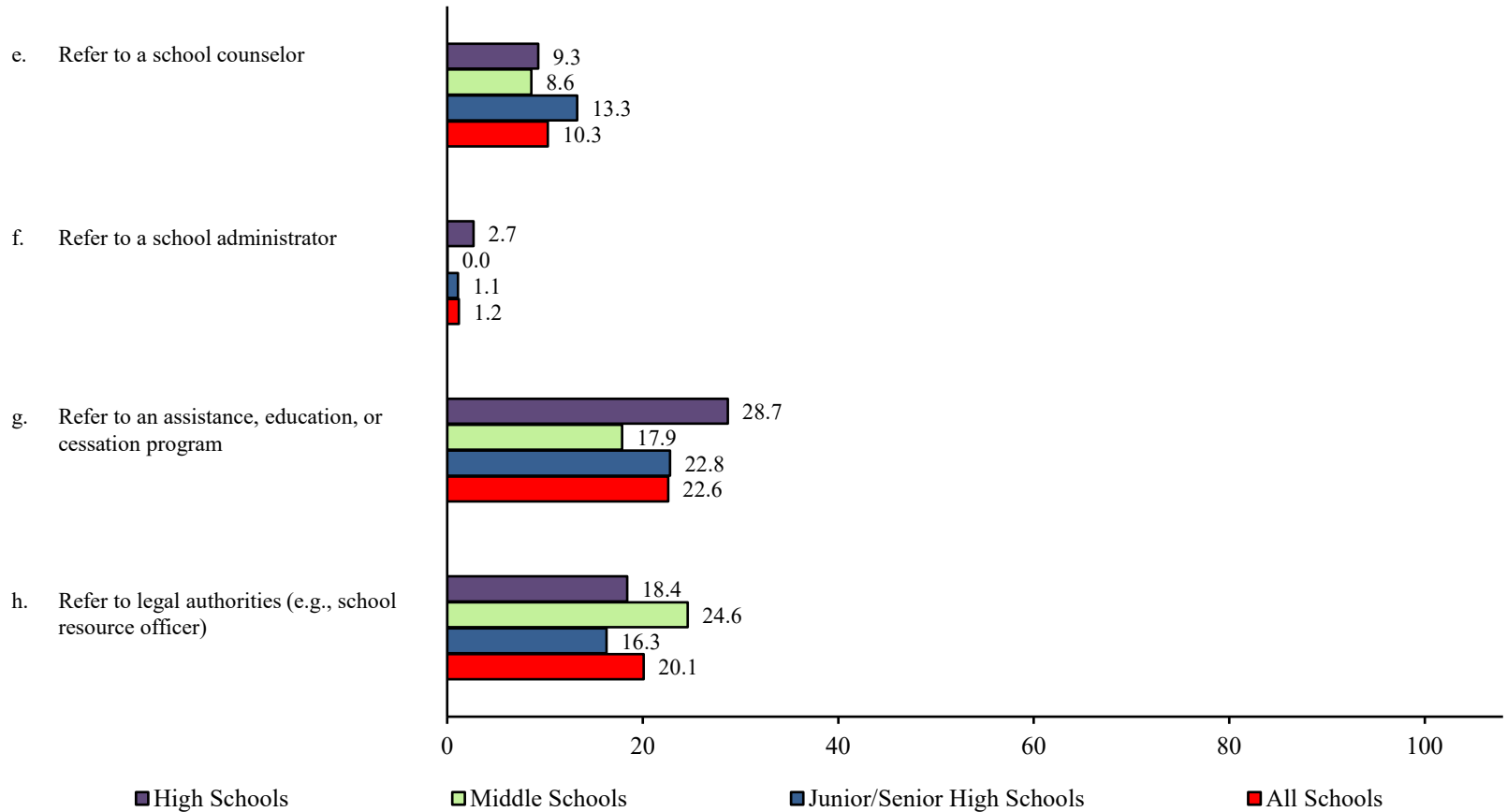
28\_2. (Rarely) Percentage of schools that rarely take the following actions when students are caught using electronic vapor products.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

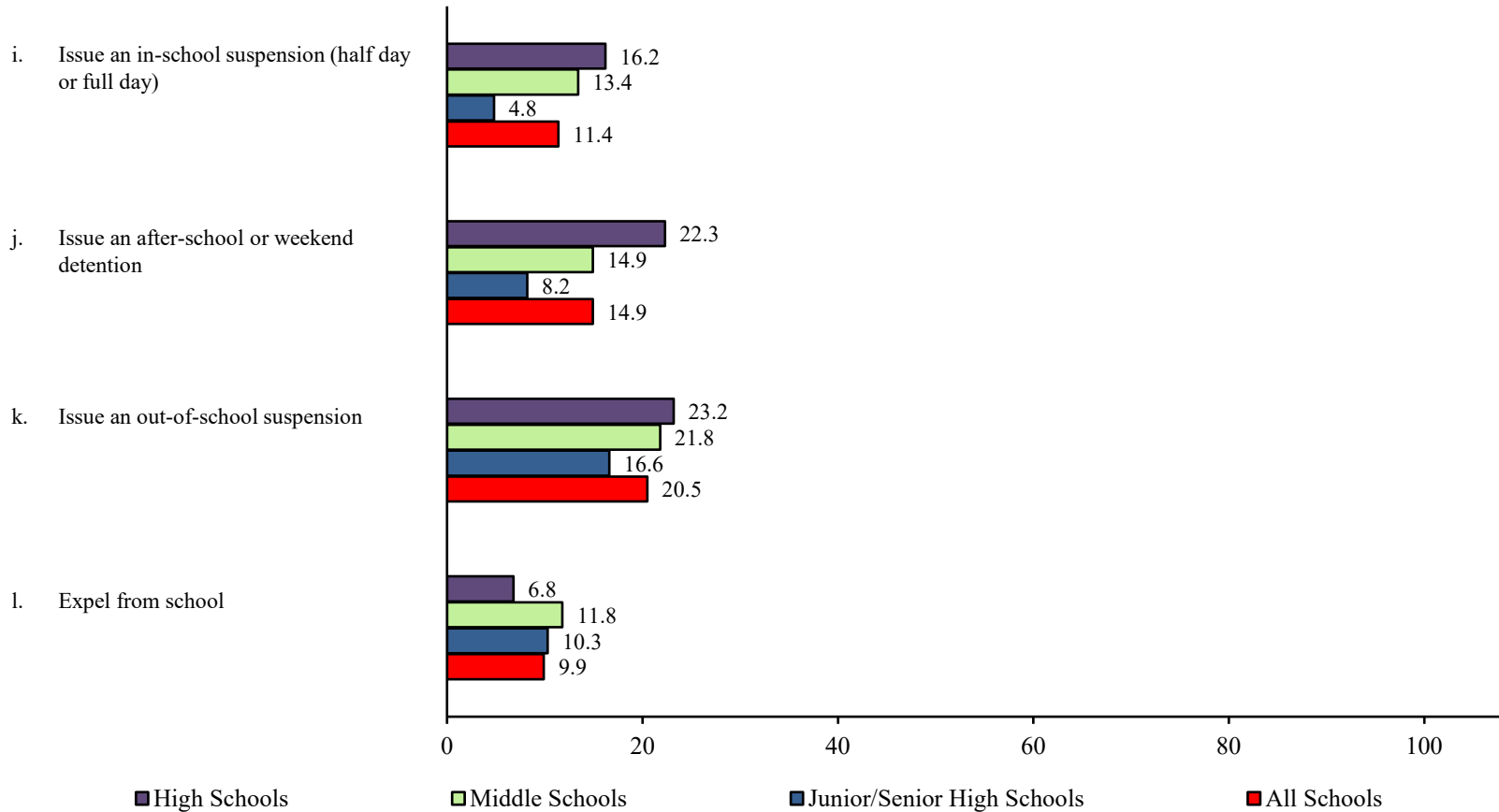
28\_2. (Rarely) Percentage of schools that rarely take the following actions when students are caught using electronic vapor products.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

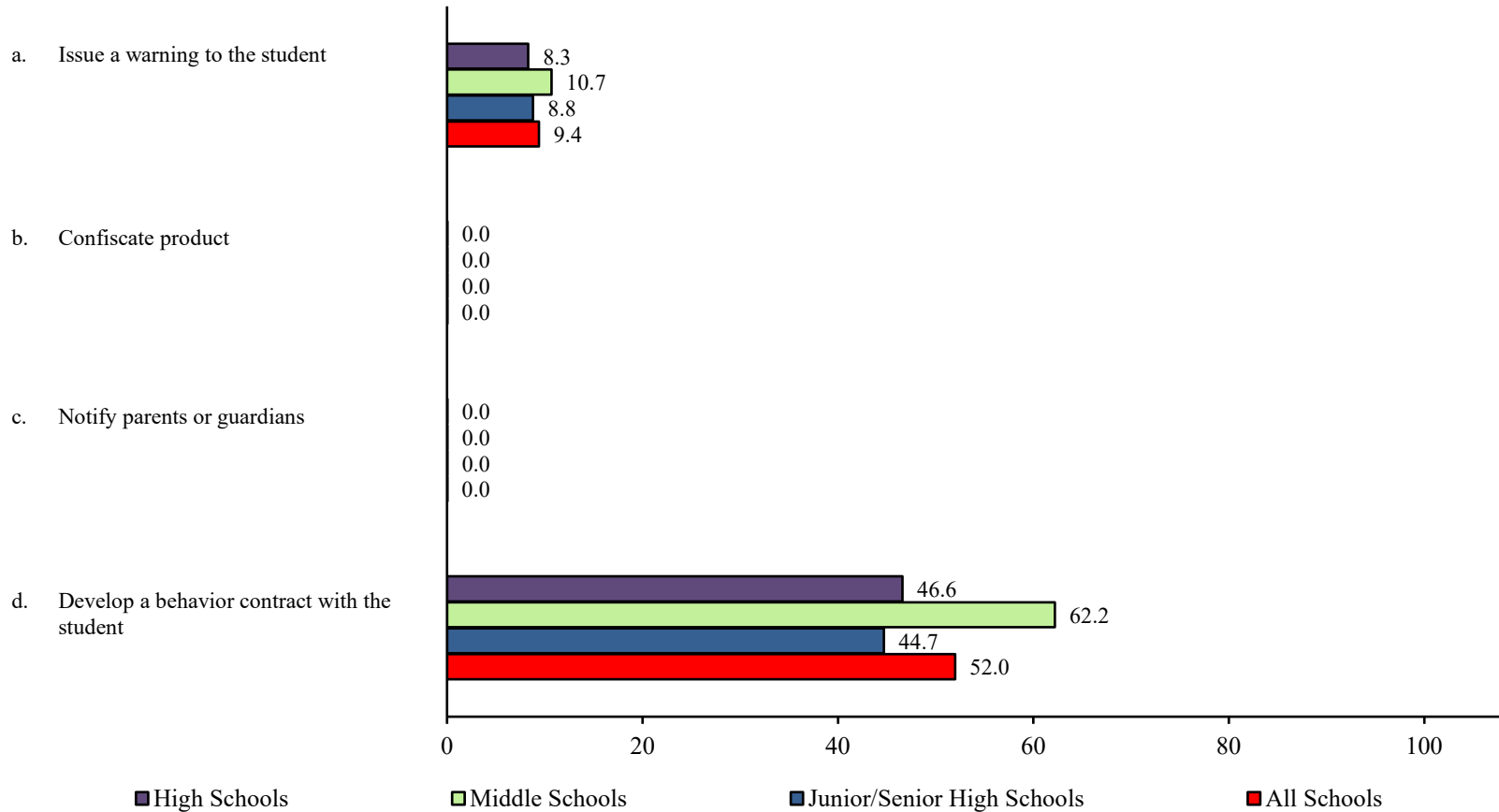
28\_2. (Rarely) Percentage of schools that rarely take the following actions when students are caught using electronic vapor products.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

28\_3. (Sometimes) Percentage of schools that sometimes take the following actions when students are caught using electronic vapor products.

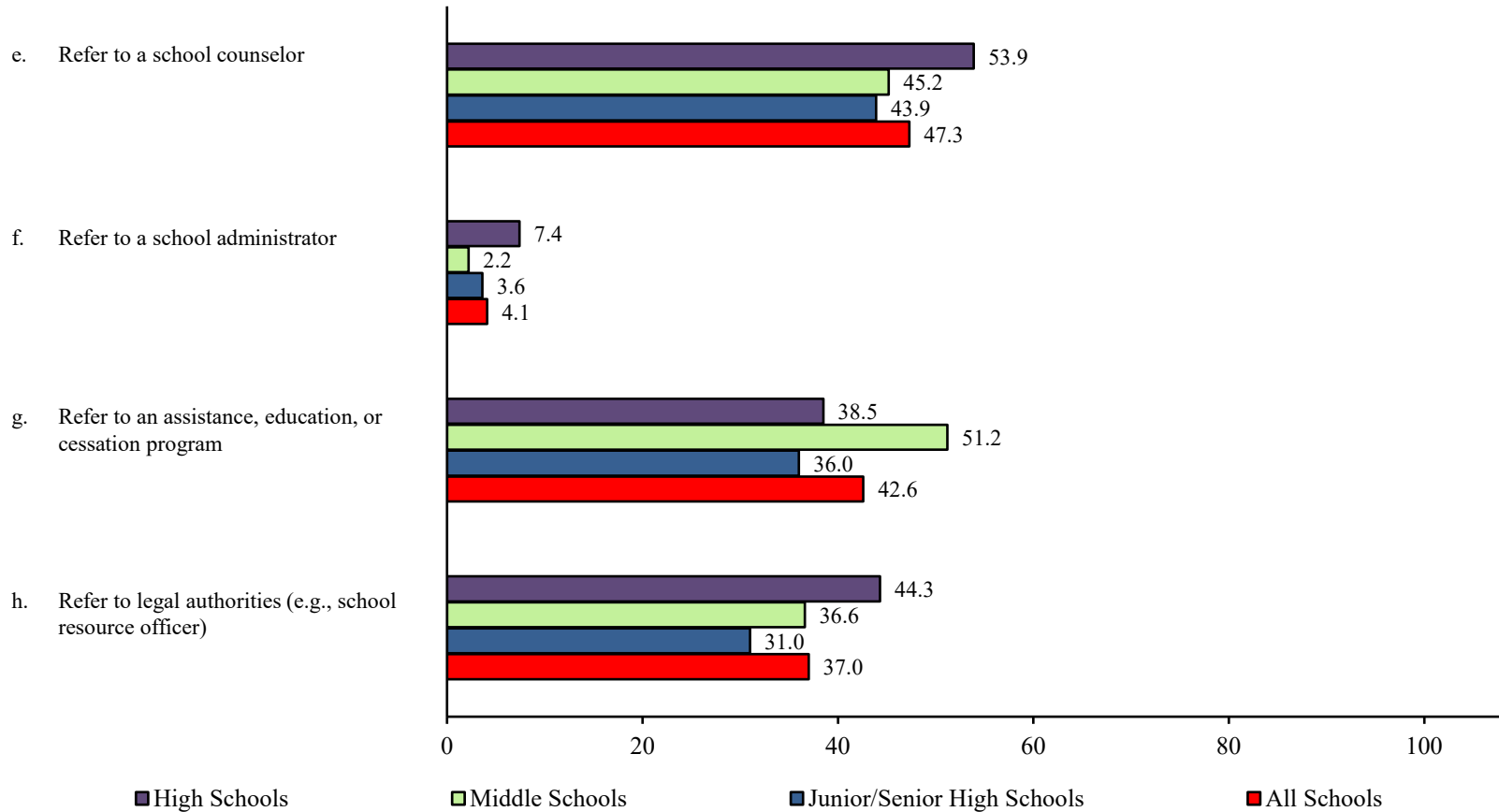




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## 2022 School Health Profiles Report Weighted Principal Survey Results

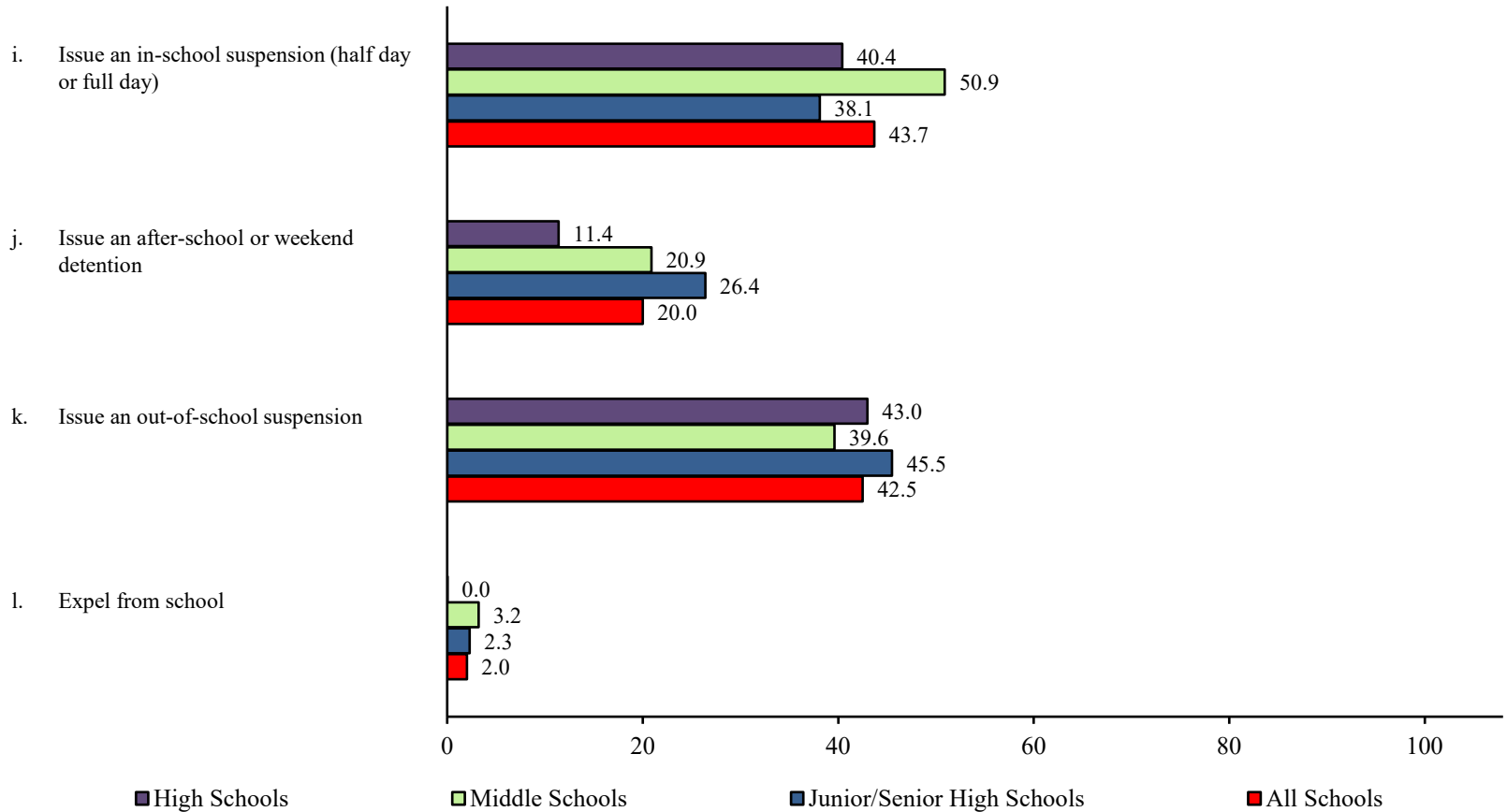
28\_3. (Sometimes) Percentage of schools that sometimes take the following actions when students are caught using electronic vapor products.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

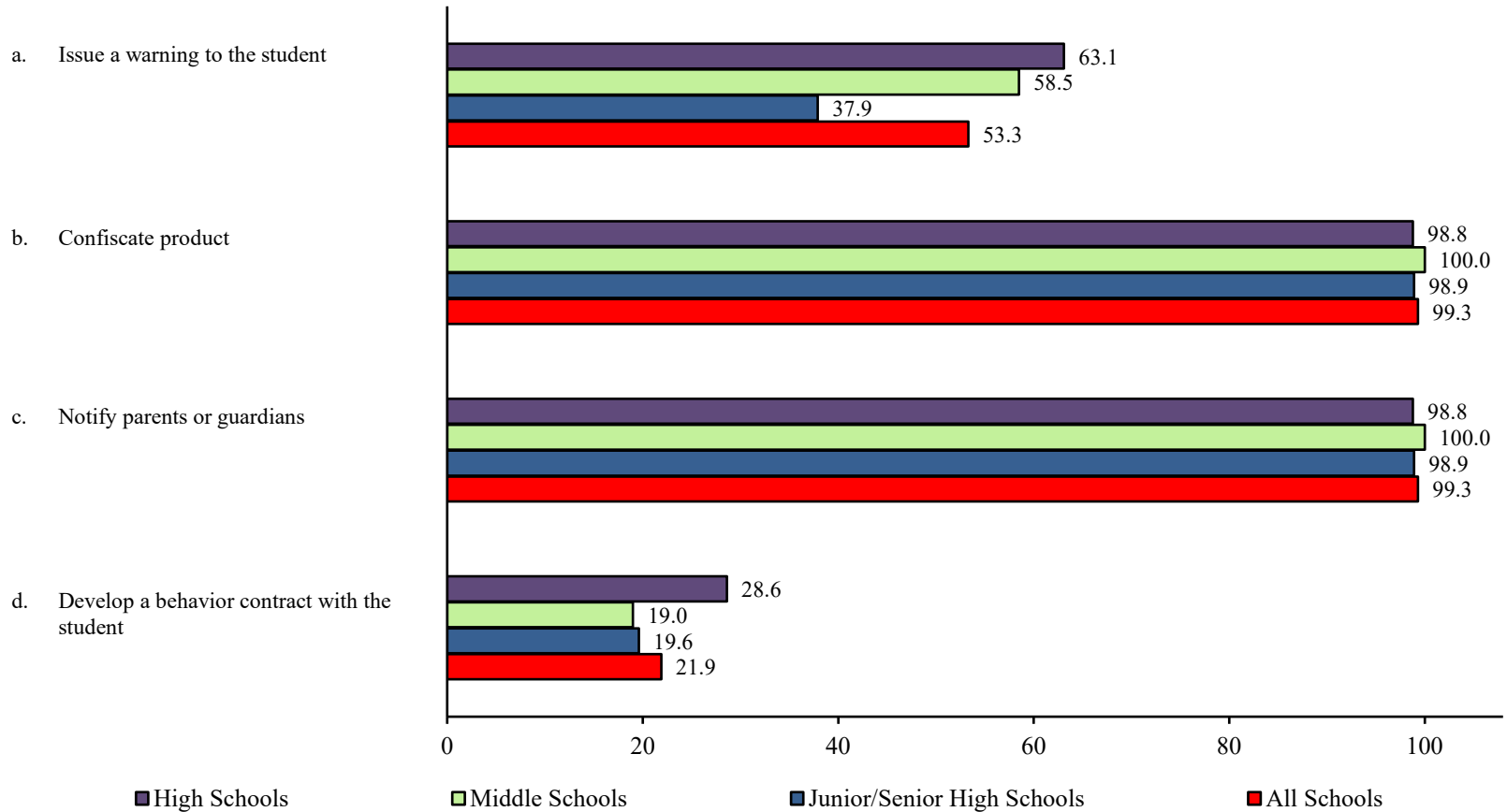
28\_3. (Sometimes) Percentage of schools that sometimes take the following actions when students are caught using electronic vapor products.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

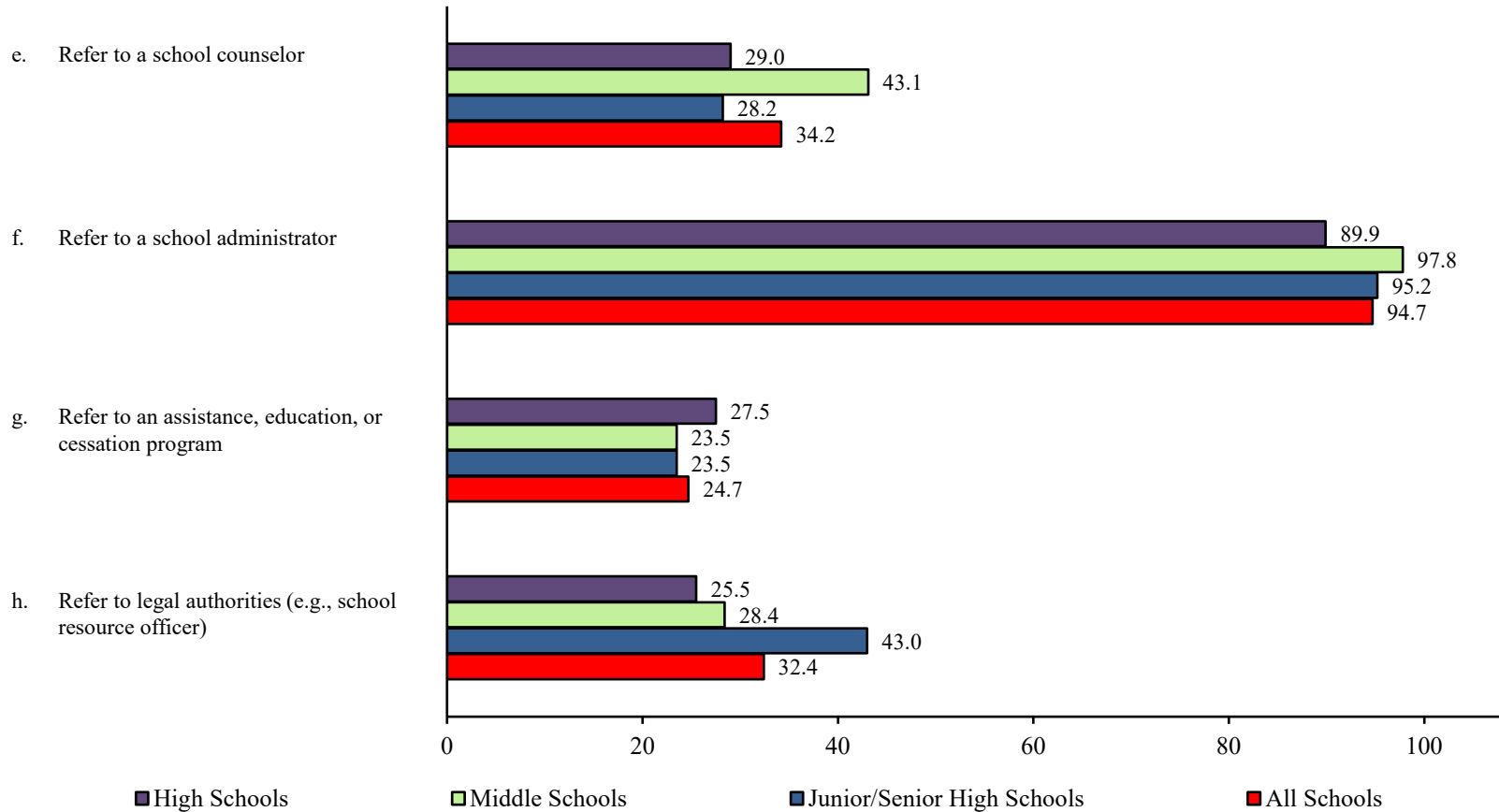
28\_4. (Always or almost always) Percentage of schools that always or almost always take the following actions when students are caught using electronic vapor products.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

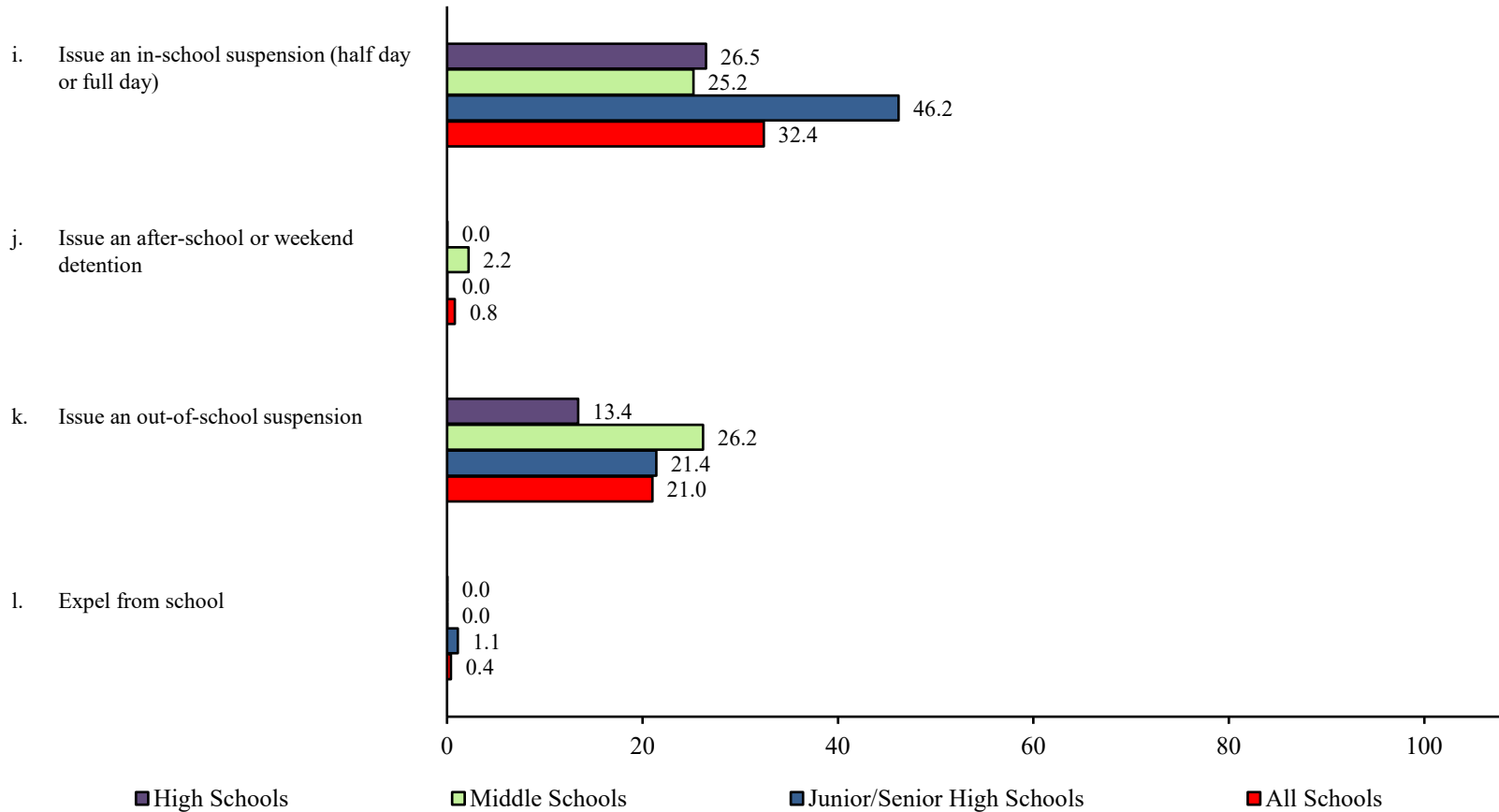
28\_4. (Always or almost always) Percentage of schools that always or almost always take the following actions when students are caught using electronic vapor products.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

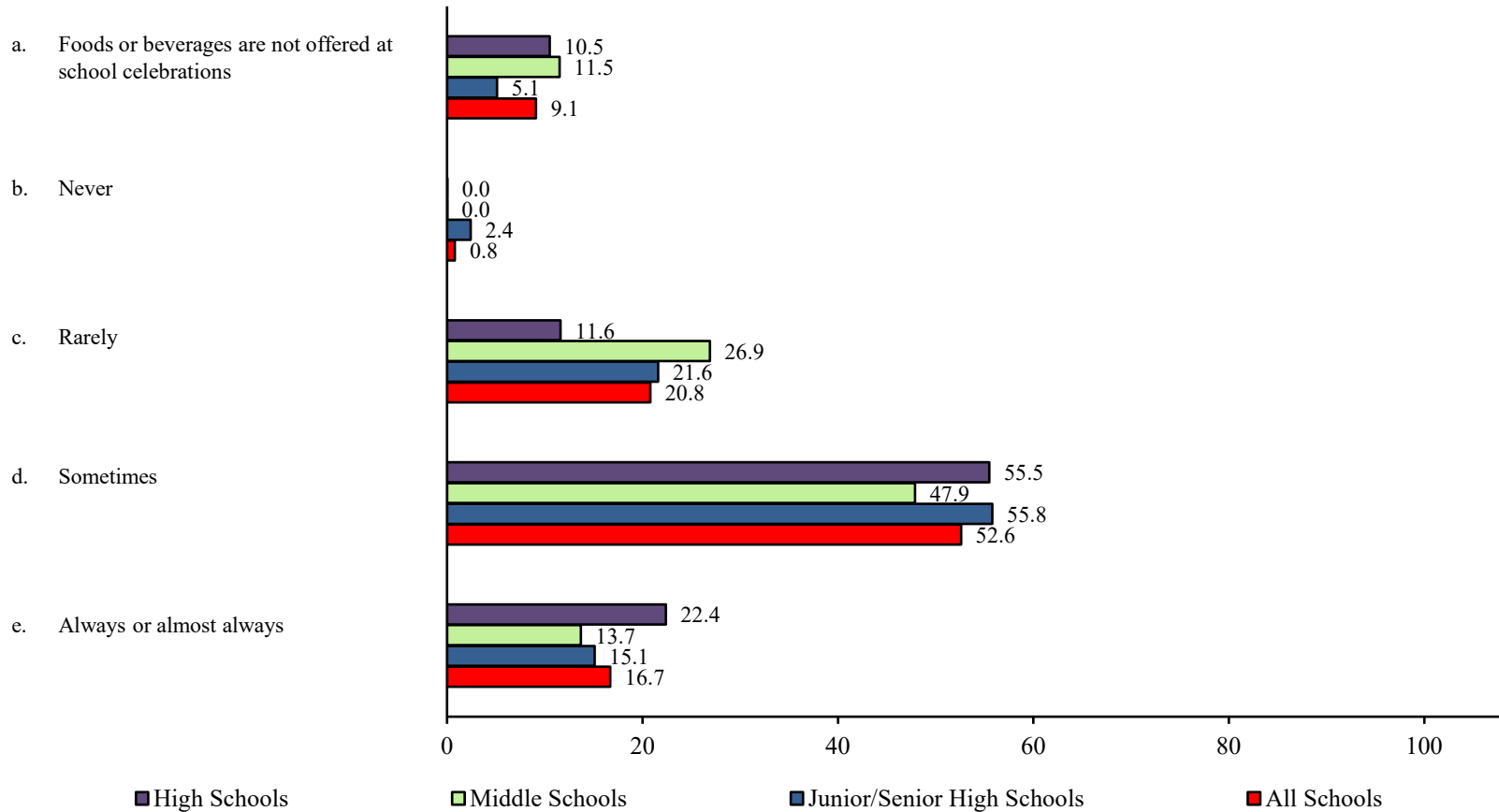
28\_4. (Always or almost always) Percentage of schools that always or almost always take the following actions when students are caught using electronic vapor products.



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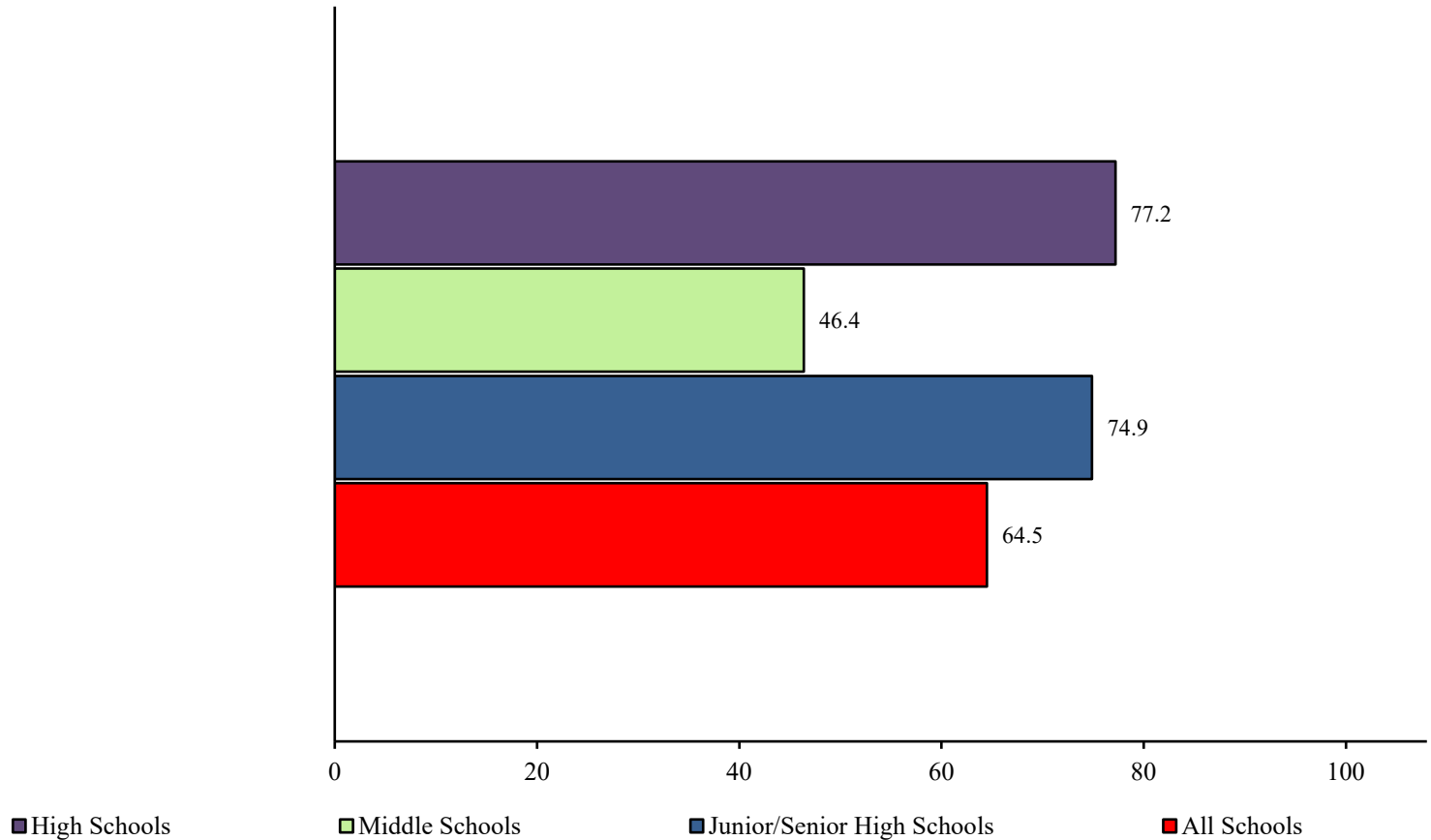
29. Percentage of schools that never, rarely, sometimes, or always or almost always offer fruits or non-fried vegetables at school celebrations when foods or beverages are offered.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

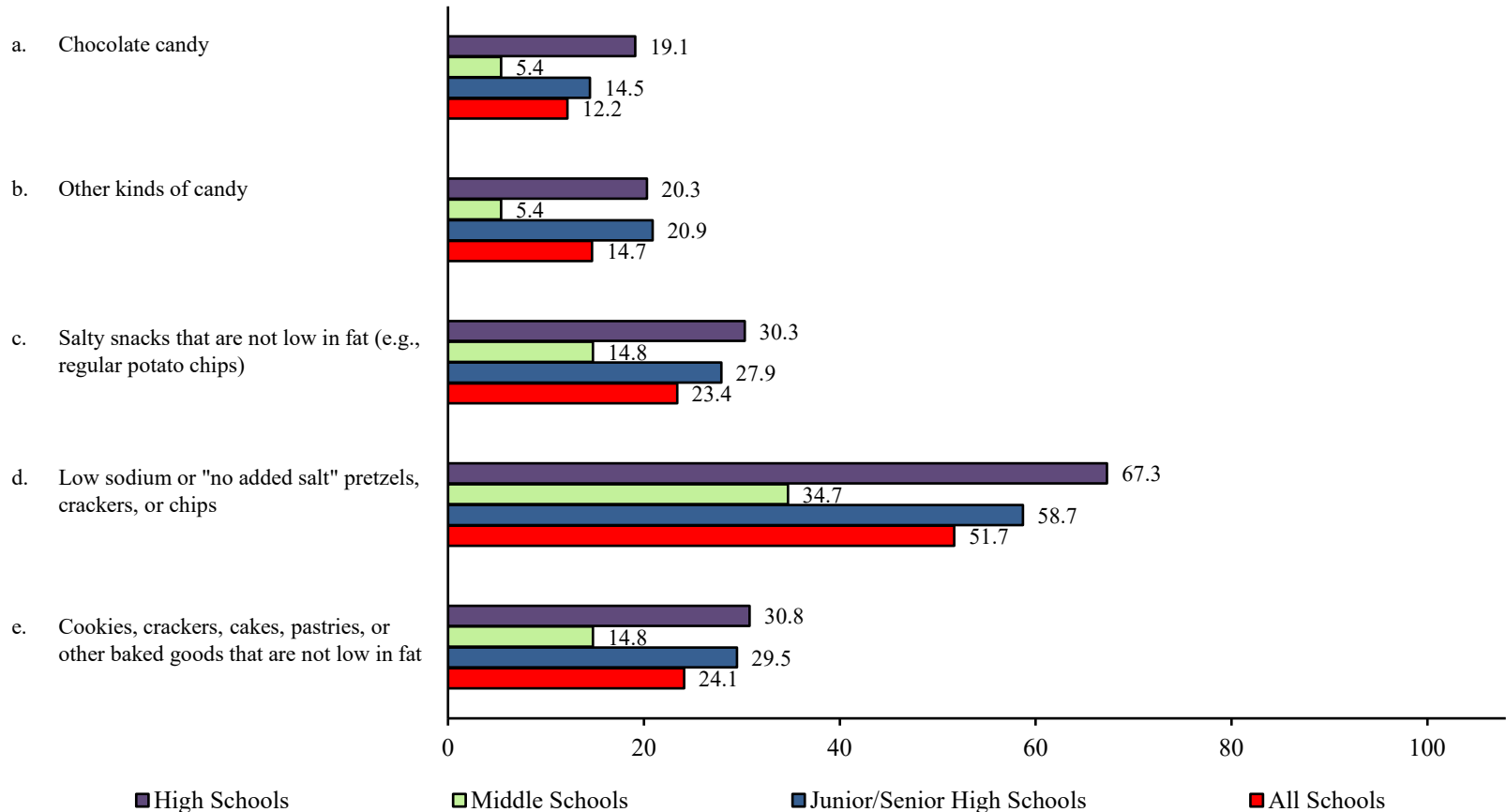
30. Percentage of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

31. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.

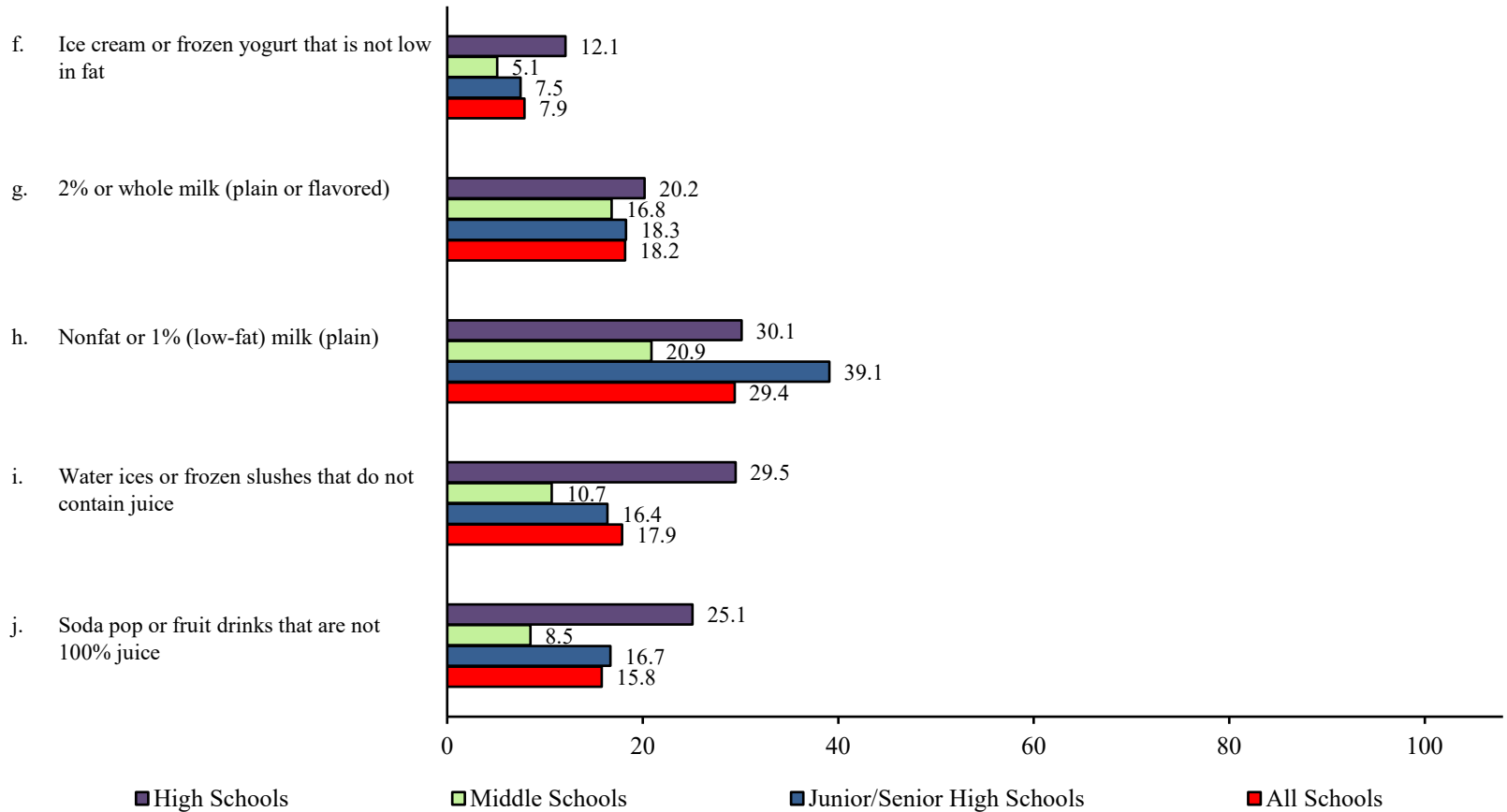




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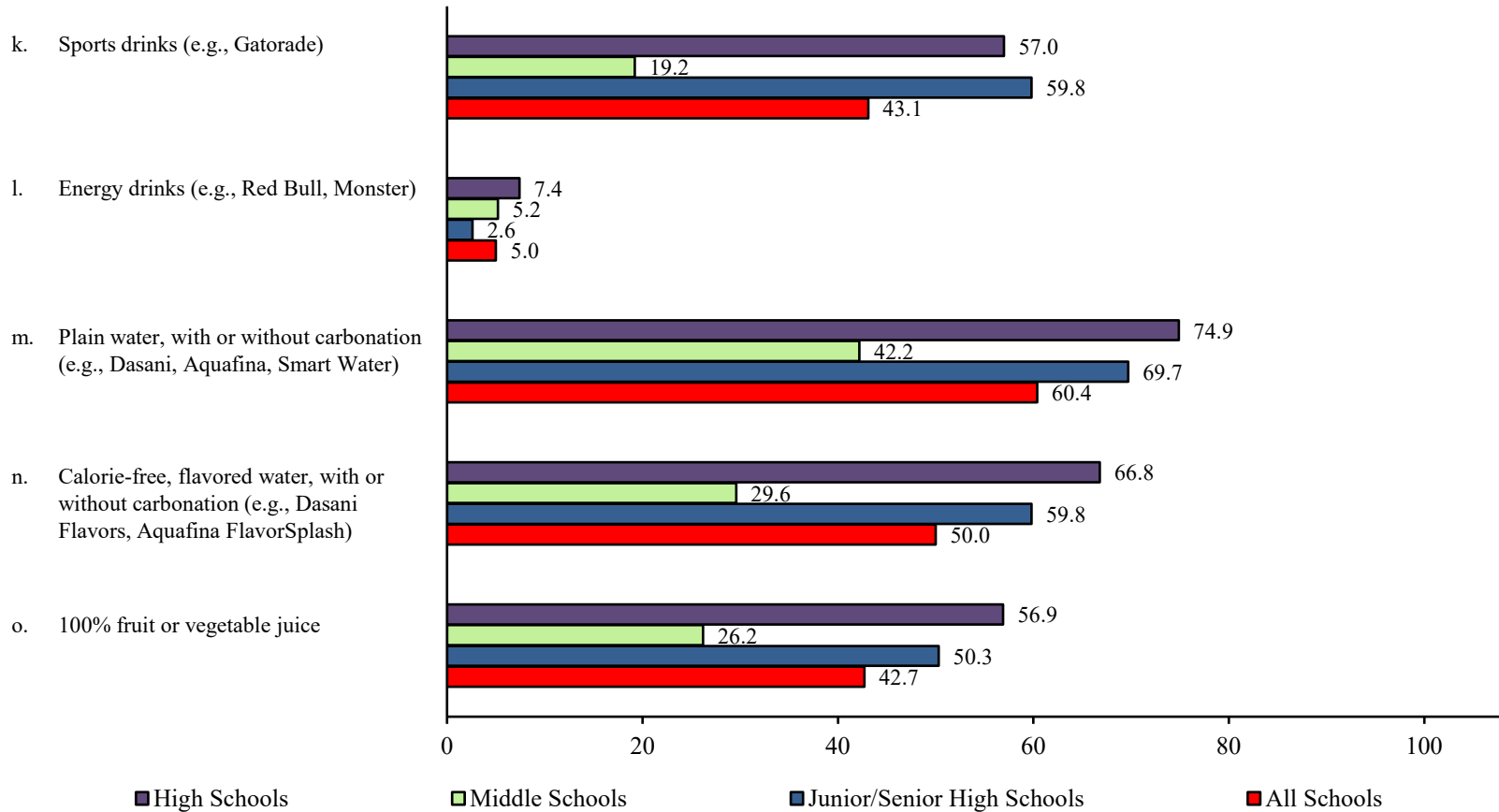
31. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

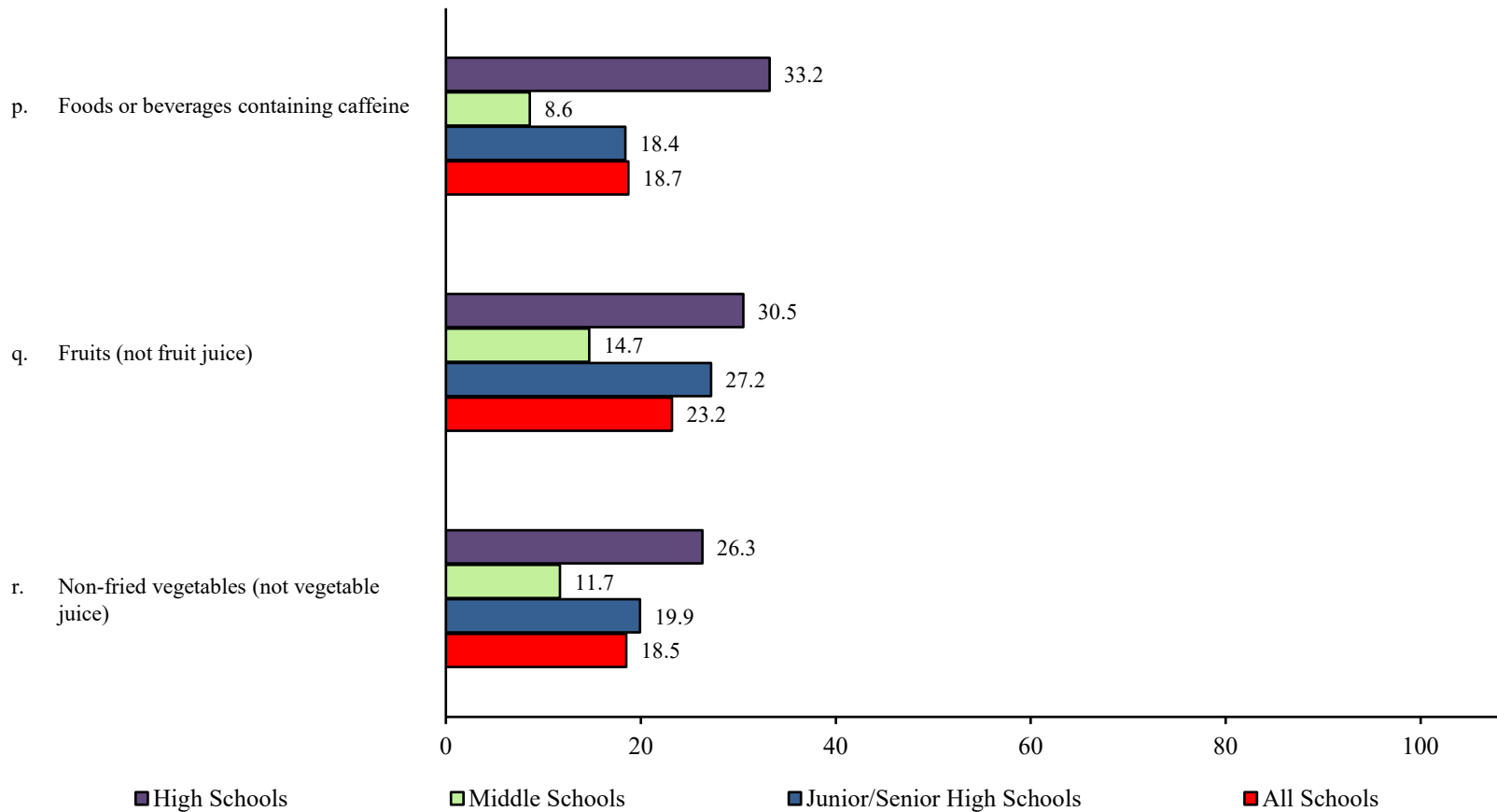
31. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

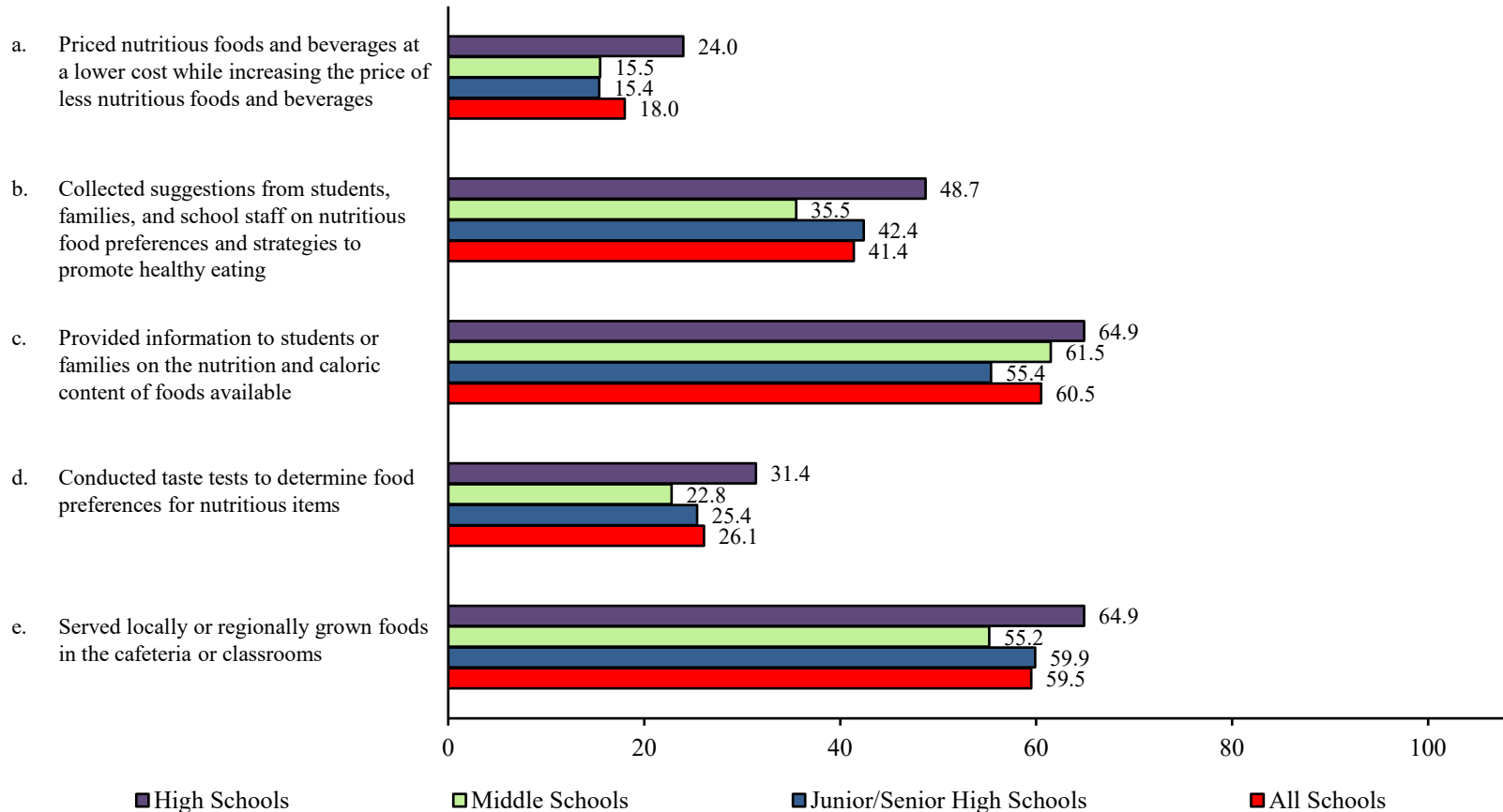
31. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

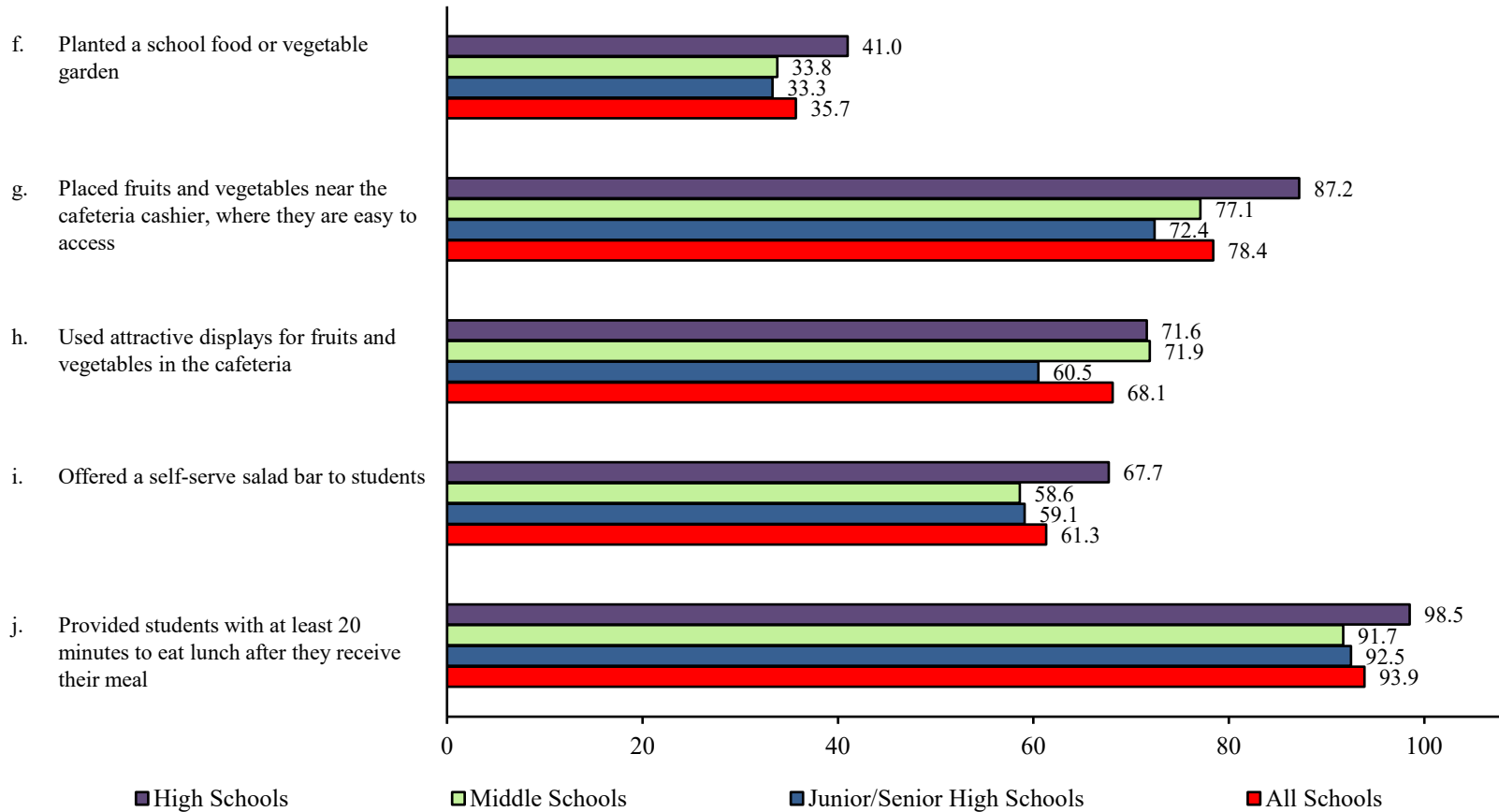
32. Percentage of schools that have done any of the following activities during the current school year.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

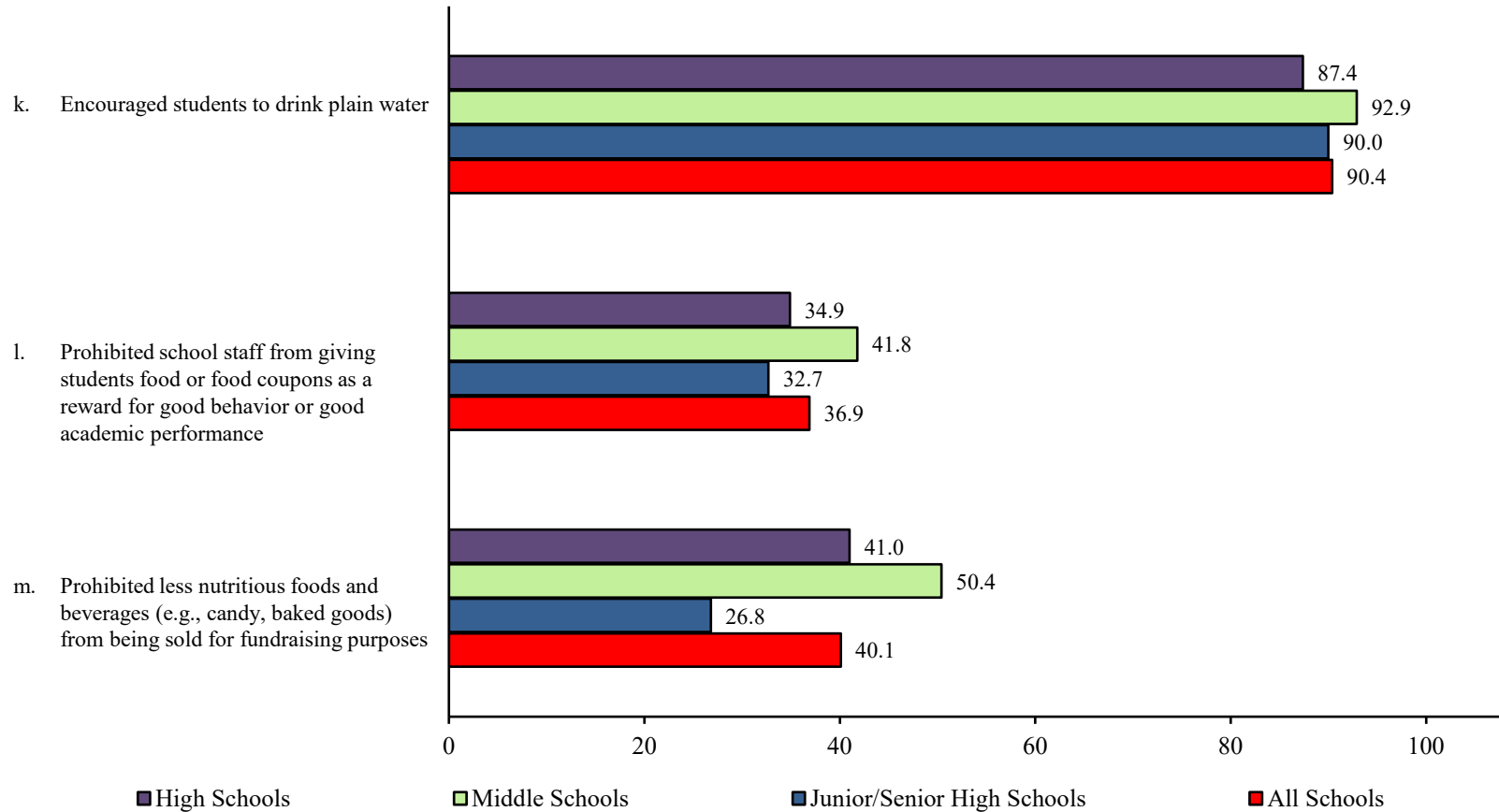
32. Percentage of schools that have done any of the following activities during the current school year.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

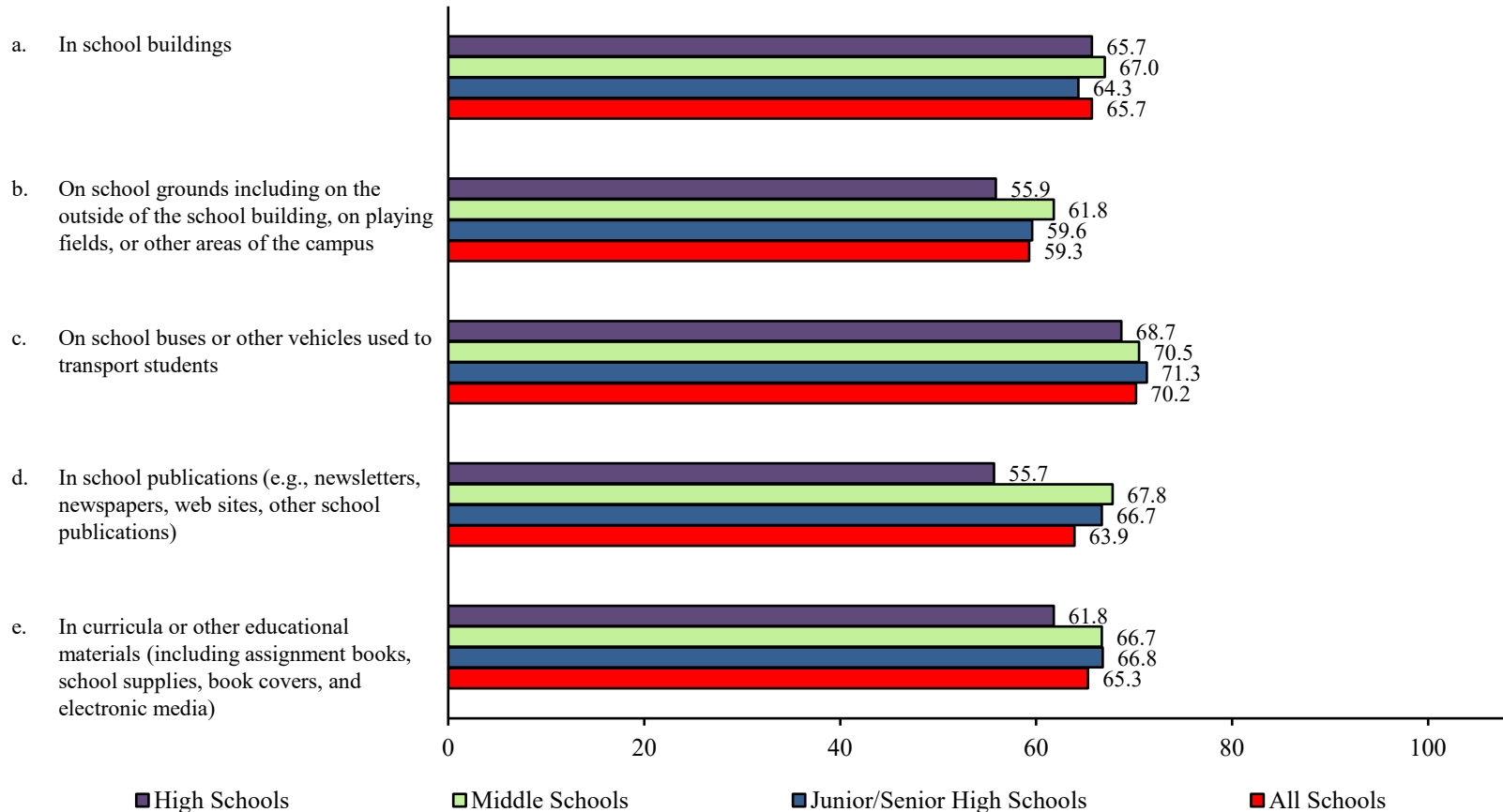
32. Percentage of schools that have done any of the following activities during the current school year.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

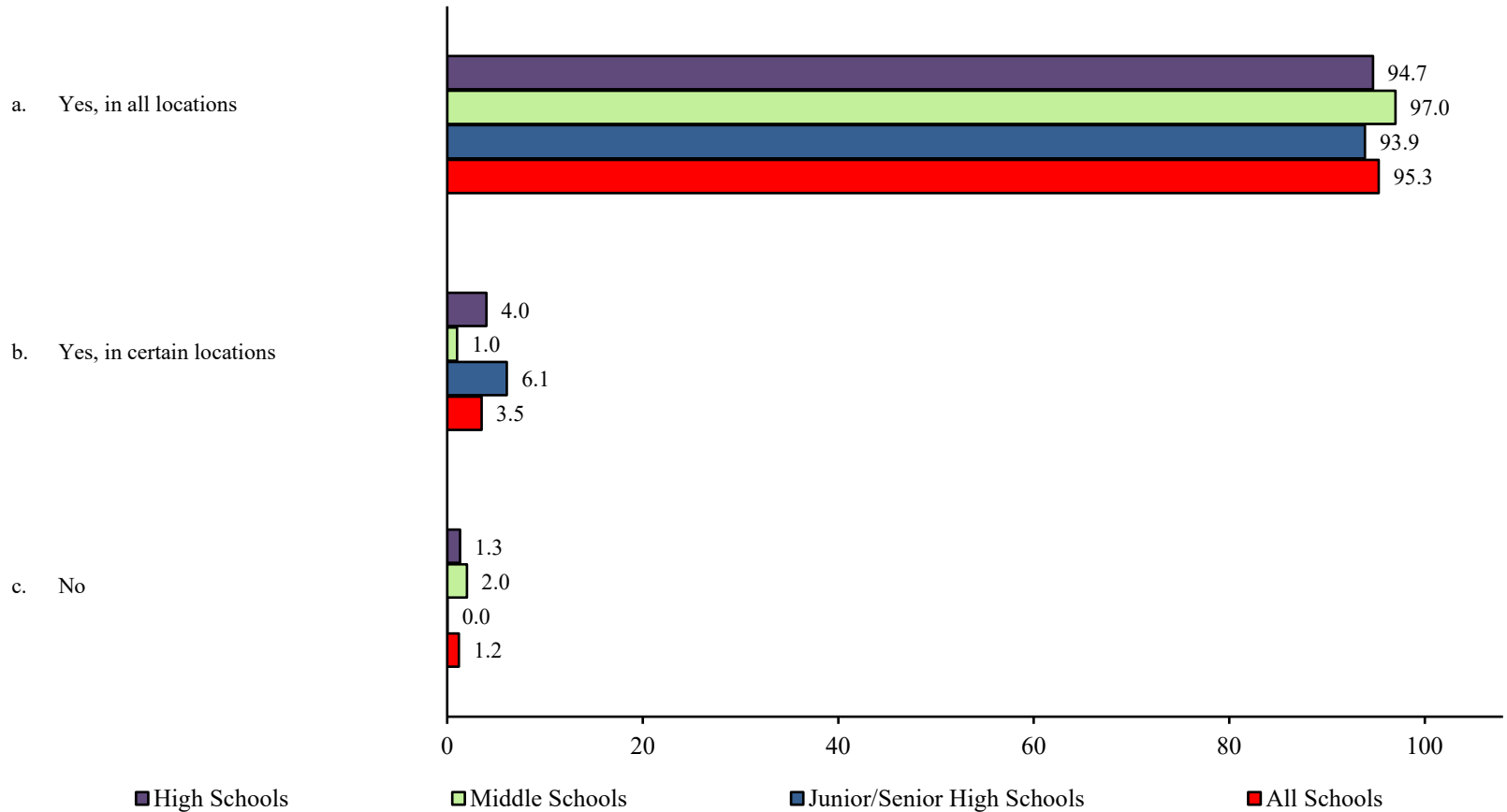
33. Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

34. Percentage of schools that permit students to have a drinking water bottle with them during the school day.

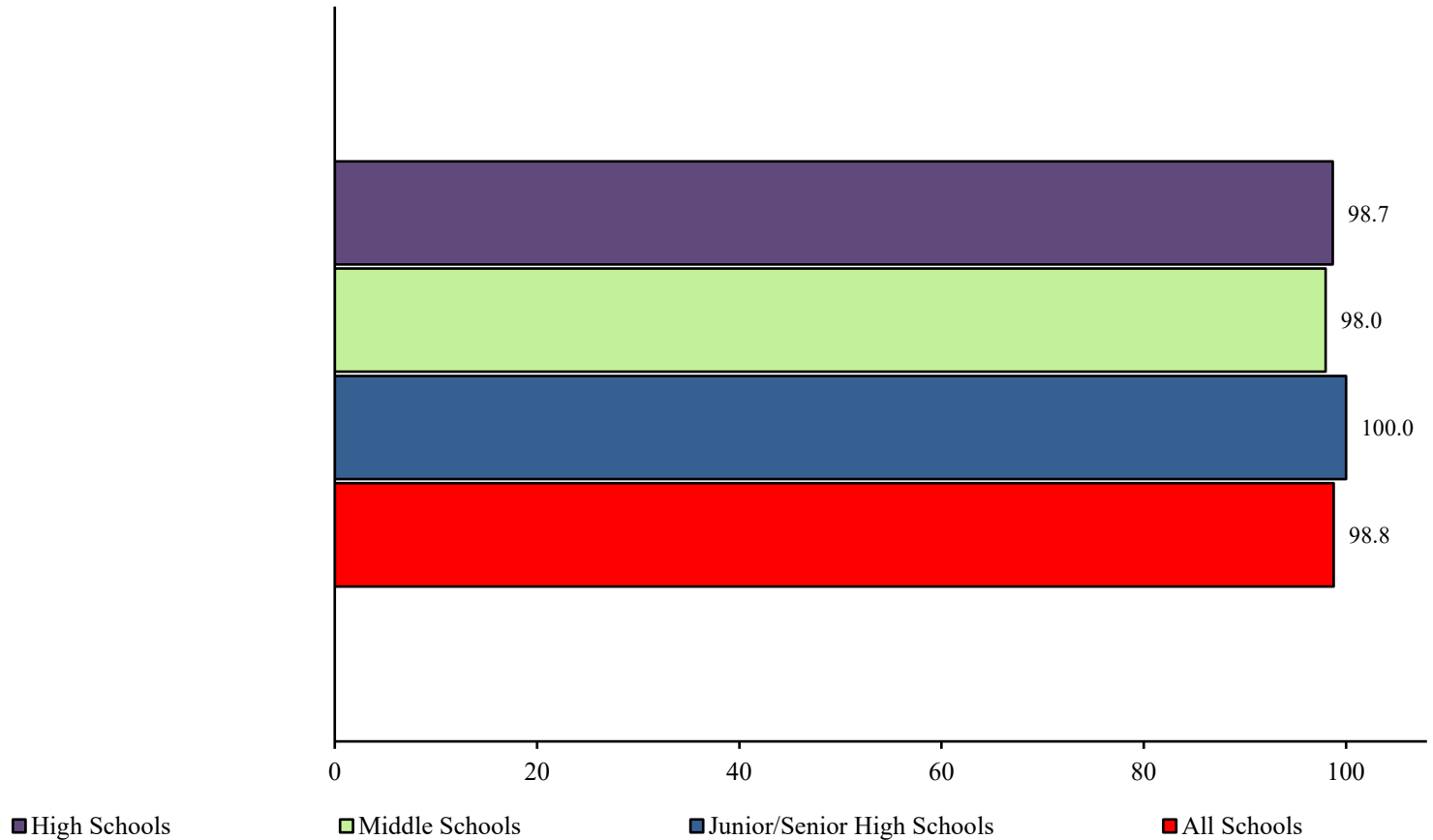




# MINNESOTA

## 2022 School Health Profiles Report Weighted Principal Survey Results

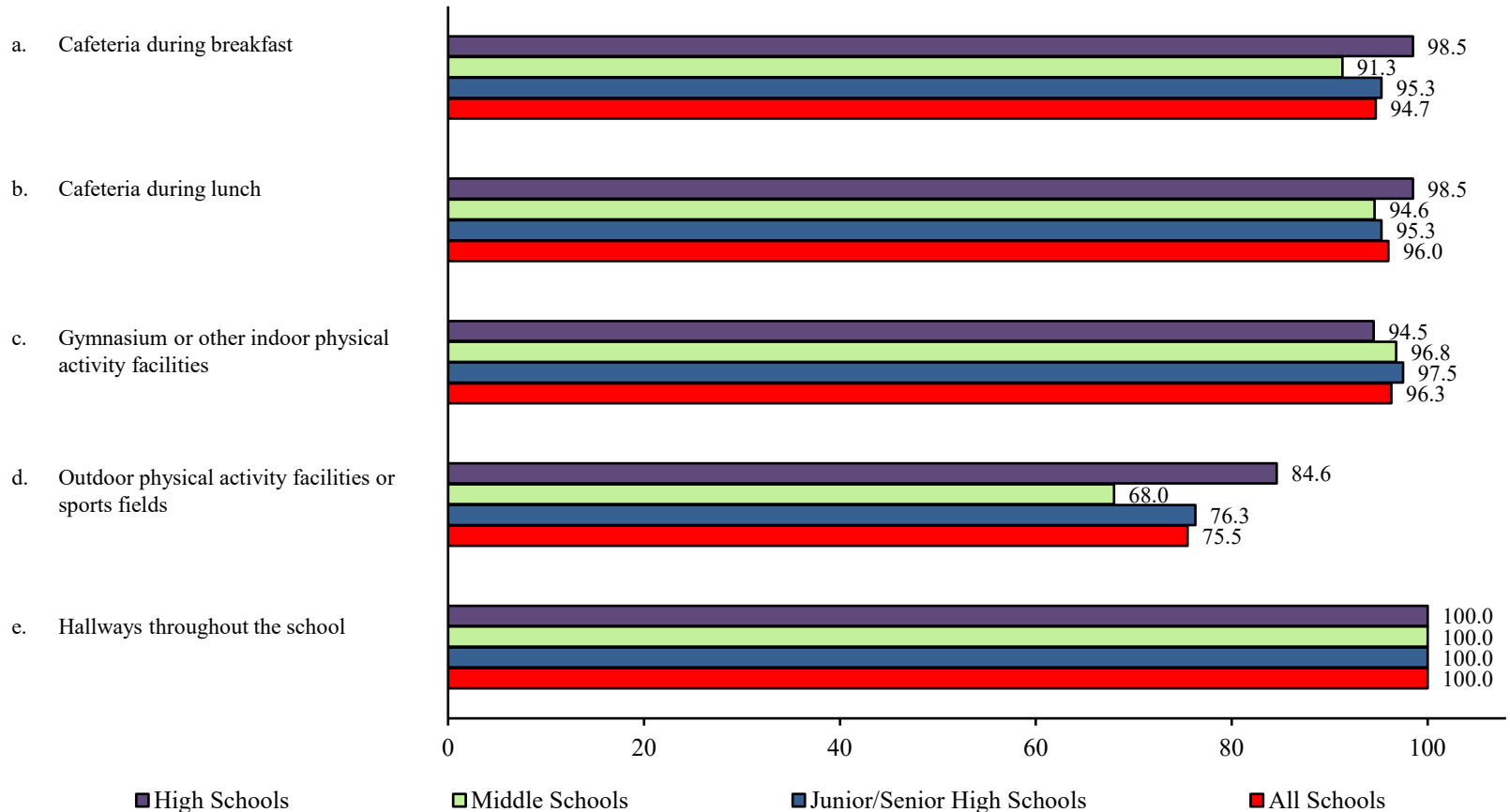
34N. Percentage of schools that permit students to have a drinking water bottle with them in either all locations or certain locations during the school day.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

35. Percentage of schools that offer a free source of drinking water in the following locations.\*



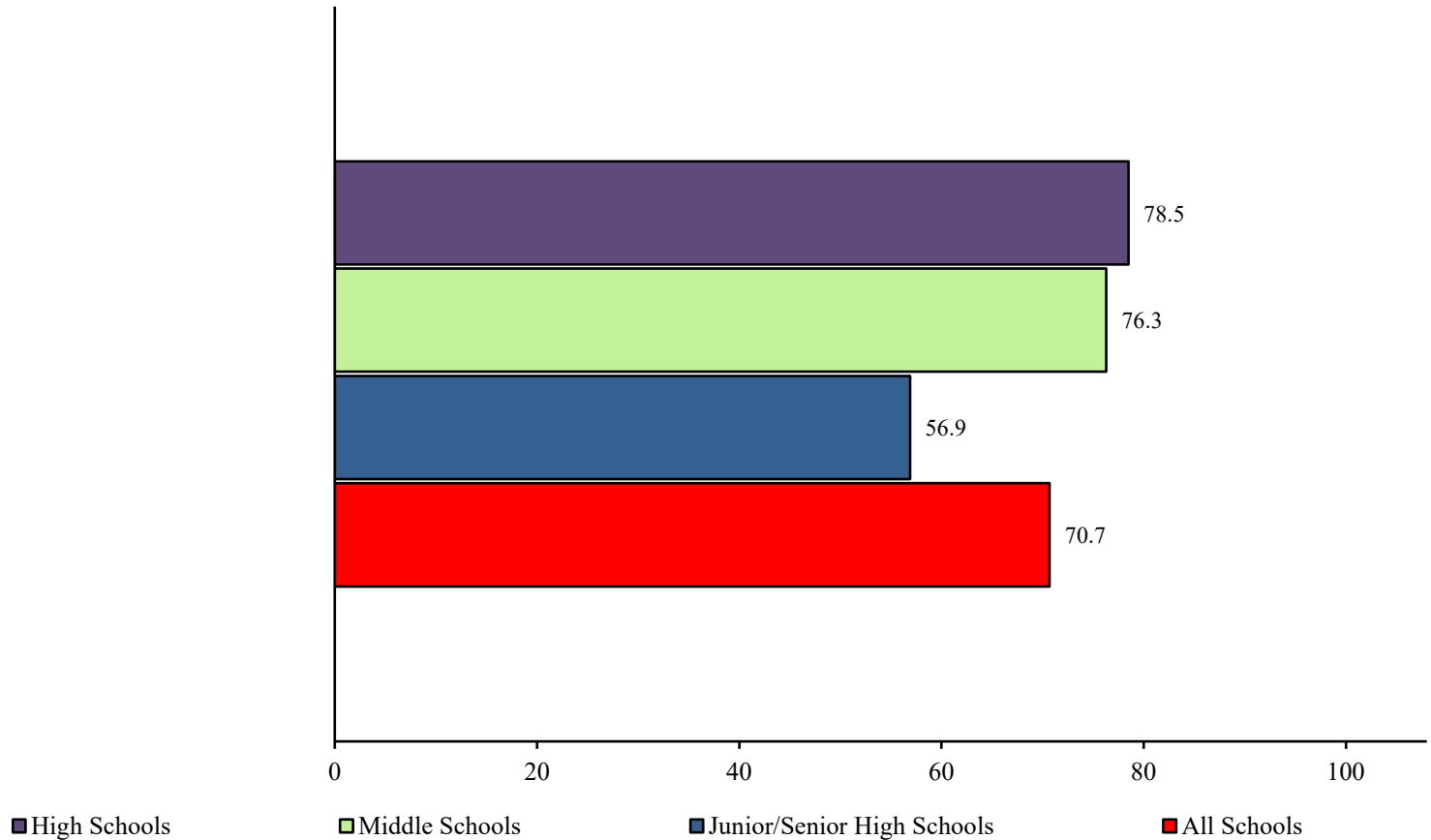
\*Among schools with that location.

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### 2022 School Health Profiles Report Weighted Principal Survey Results

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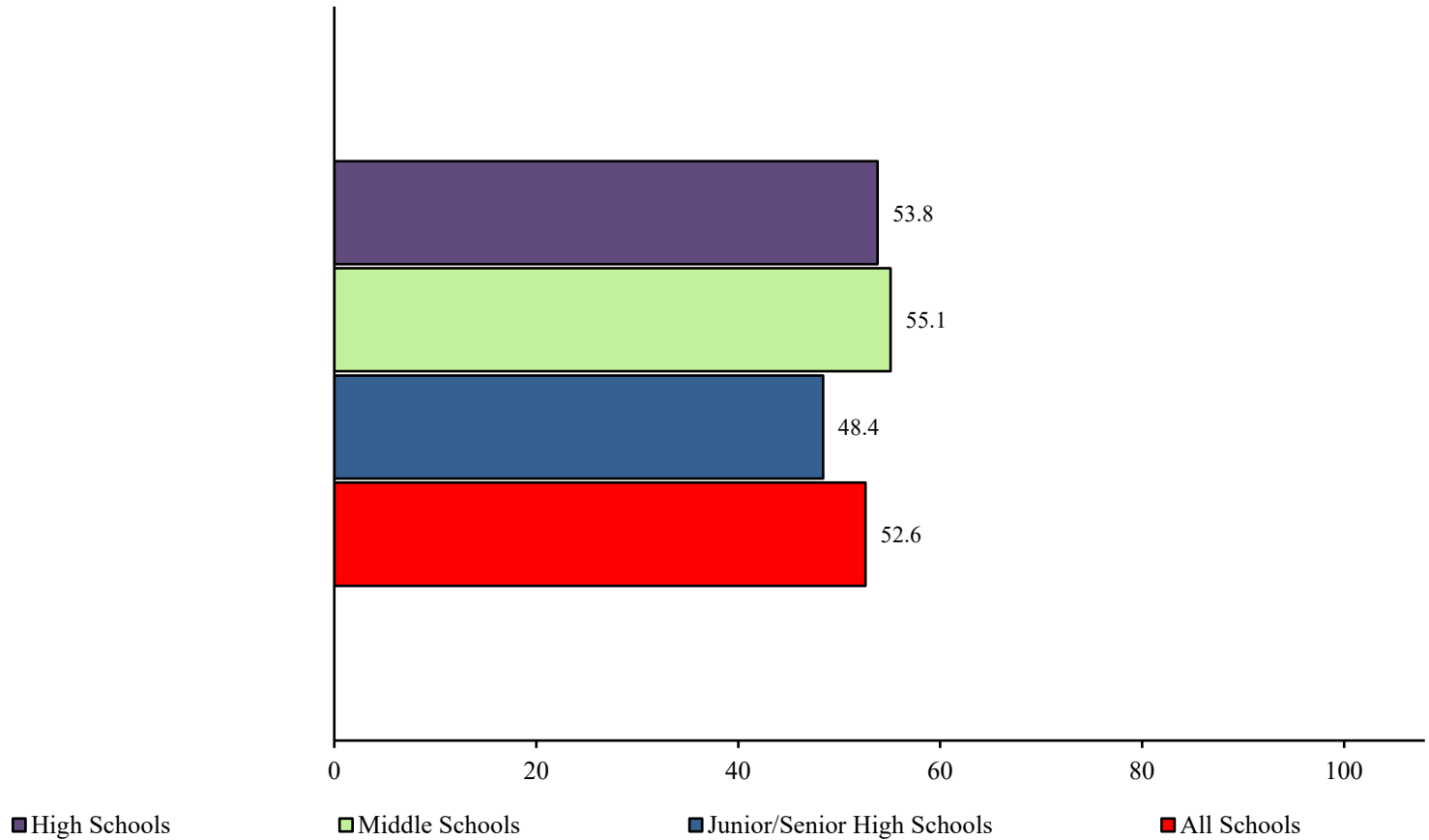
36. Percentage of schools that have a full-time registered nurse who provides health services to students.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

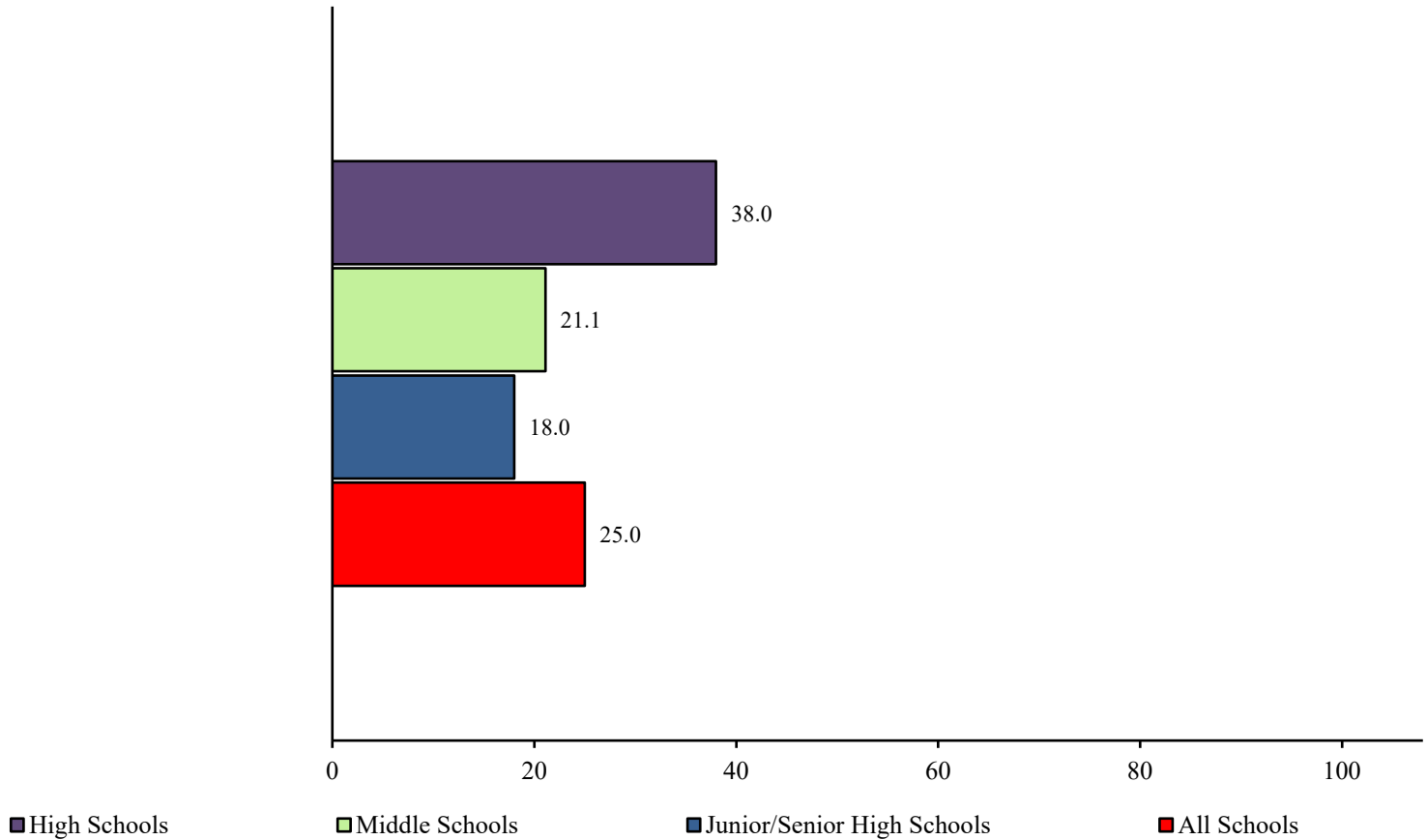
37. Percentage of schools that have a part-time registered nurse who provides health services to students.



# MINNESOTA

## 2022 School Health Profiles Report Weighted Principal Survey Results

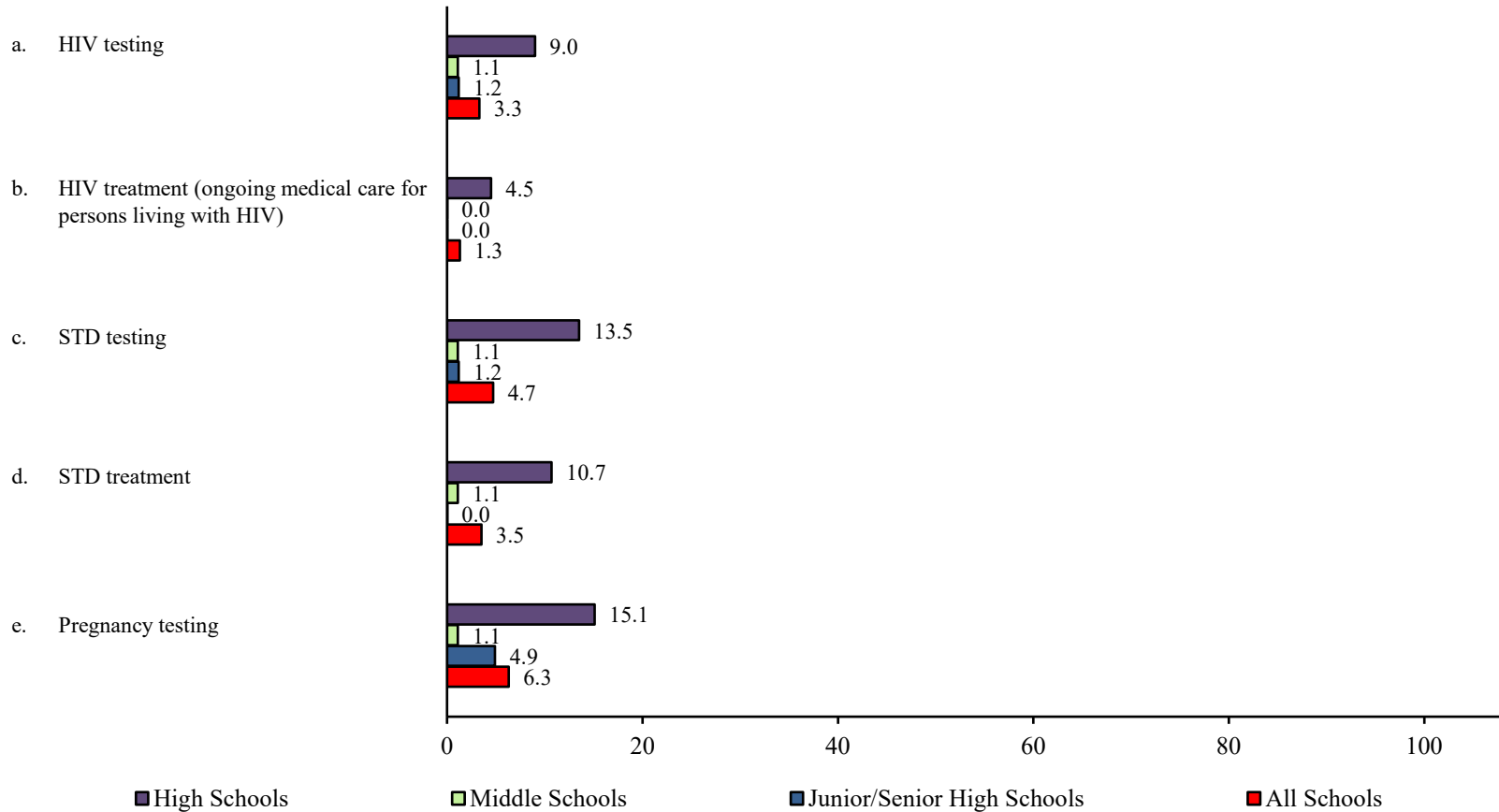
38. Percentage of schools that have a school-based health center that offers health services to students.



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### 2022 School Health Profiles Report Weighted Principal Survey Results

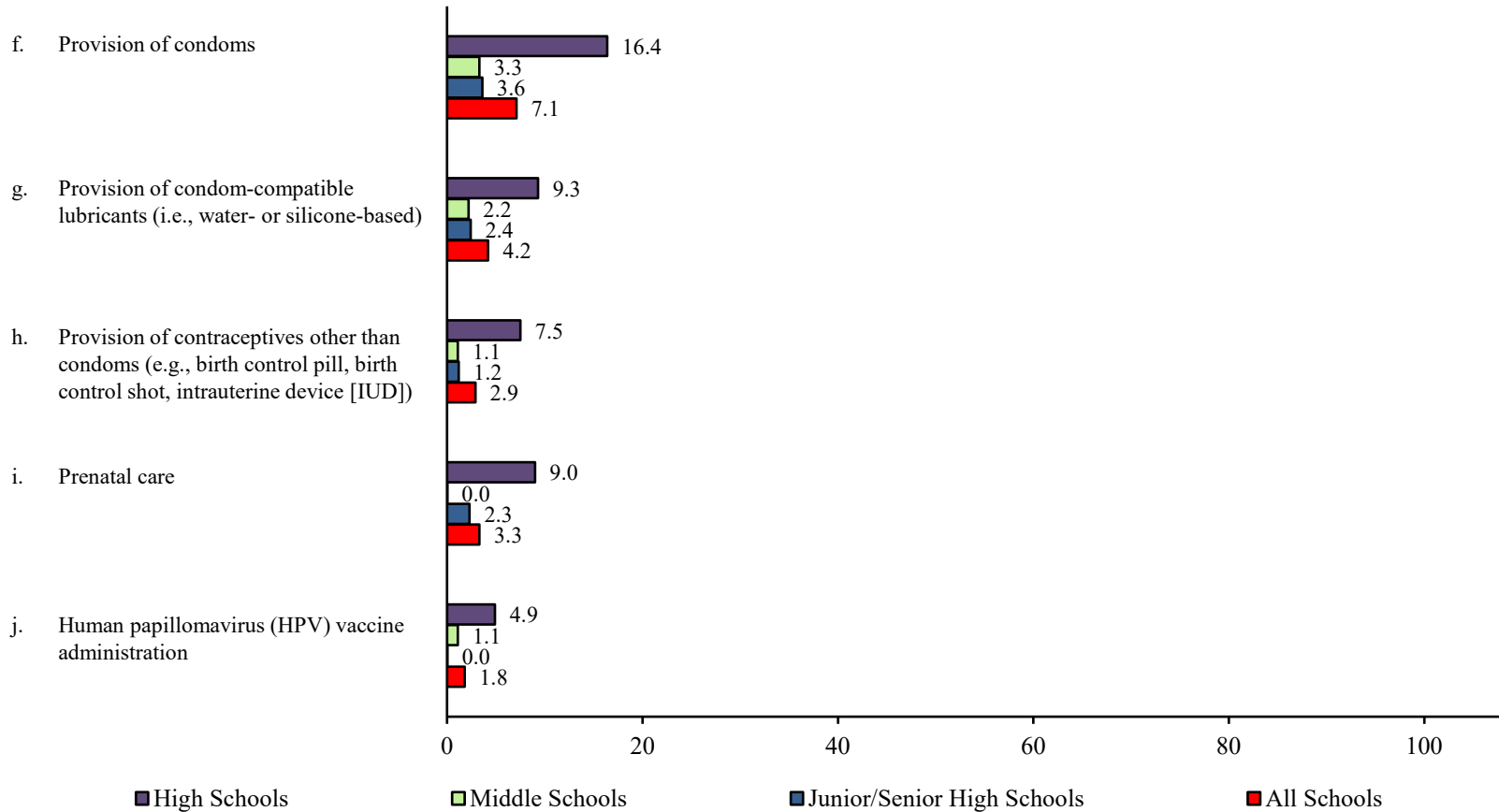
39. Percentage of schools that provide the following services to students.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

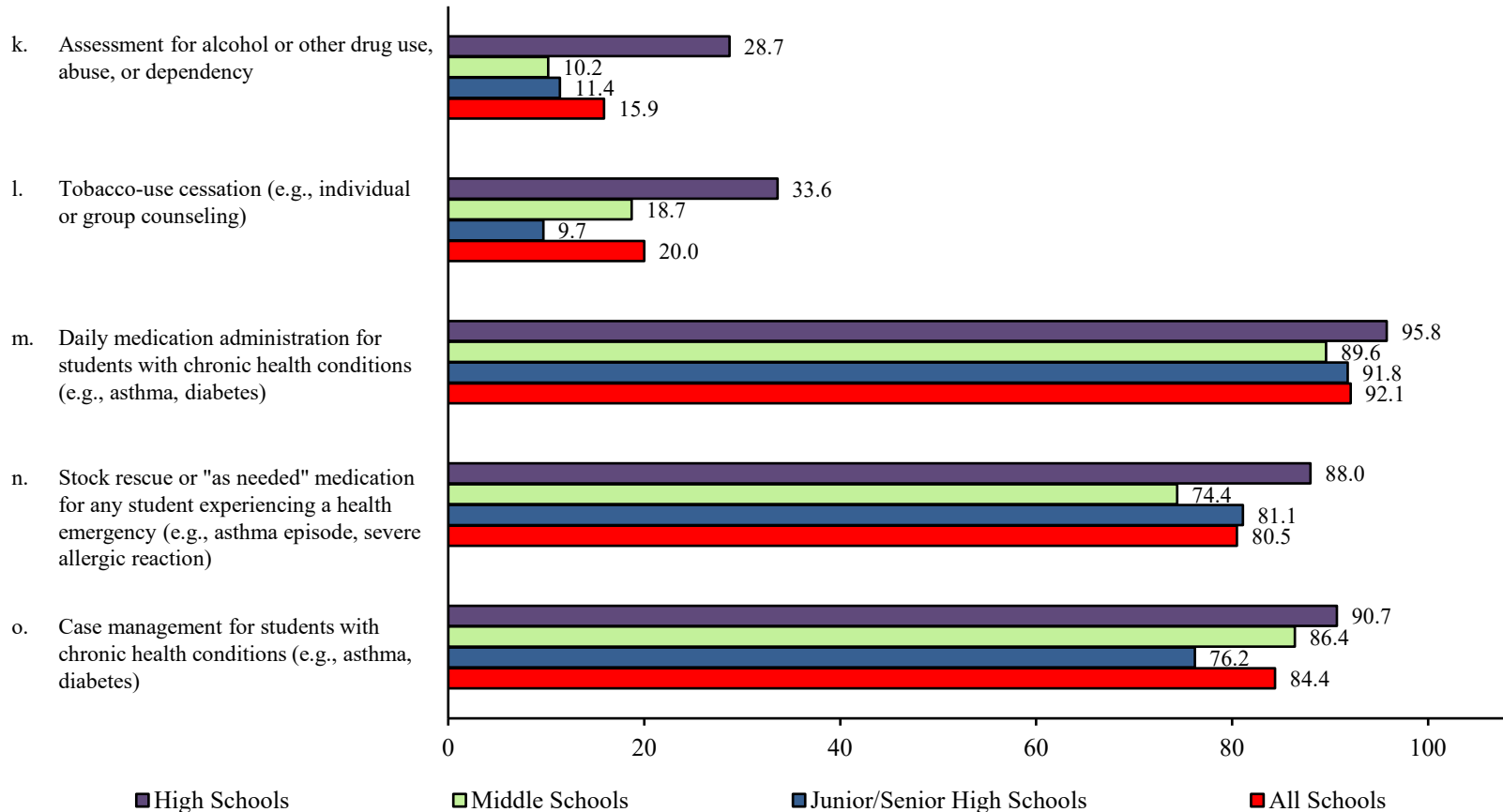
39. Percentage of schools that provide the following services to students.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

39. Percentage of schools that provide the following services to students.

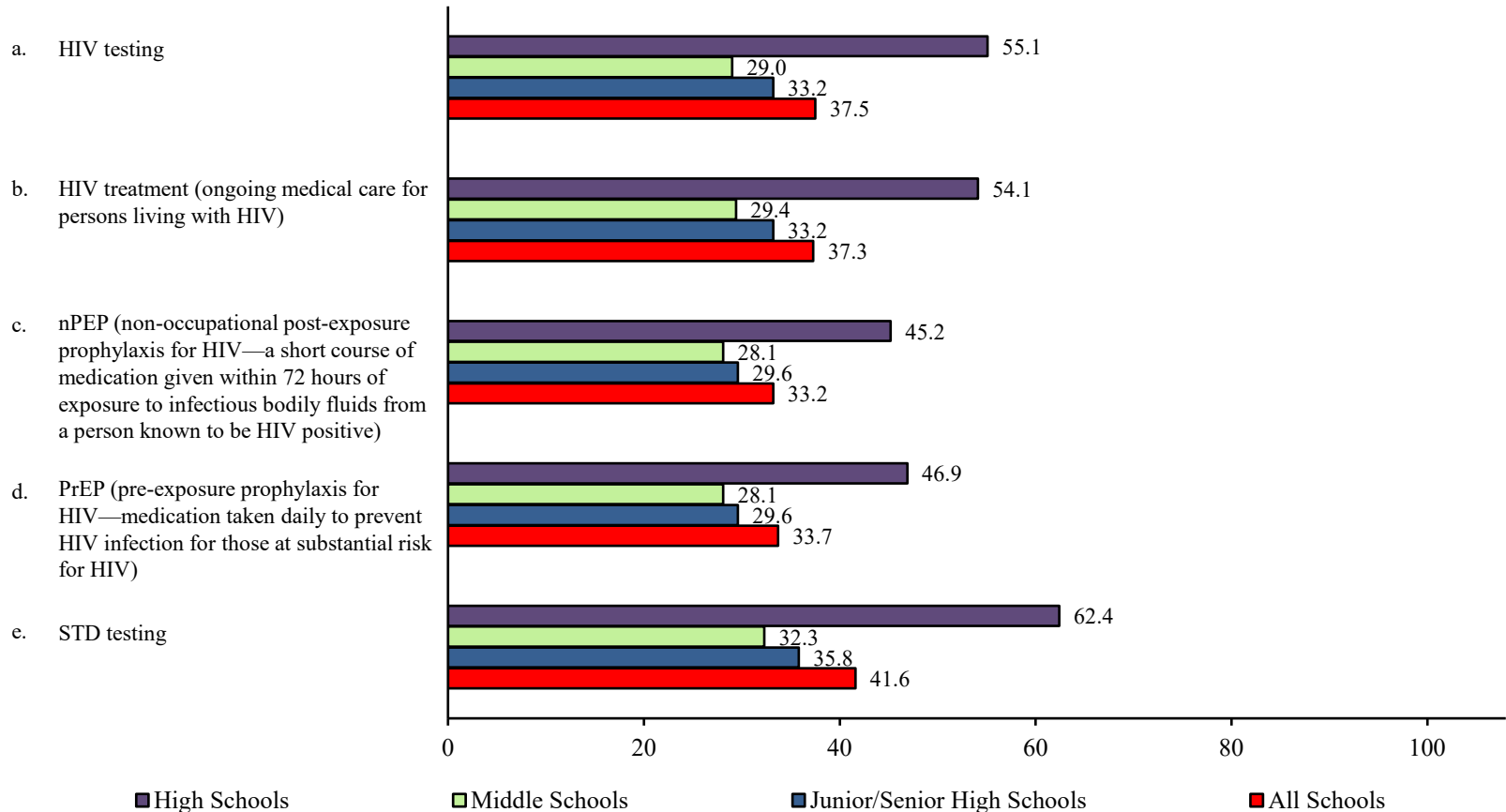




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### 2022 School Health Profiles Report Weighted Principal Survey Results

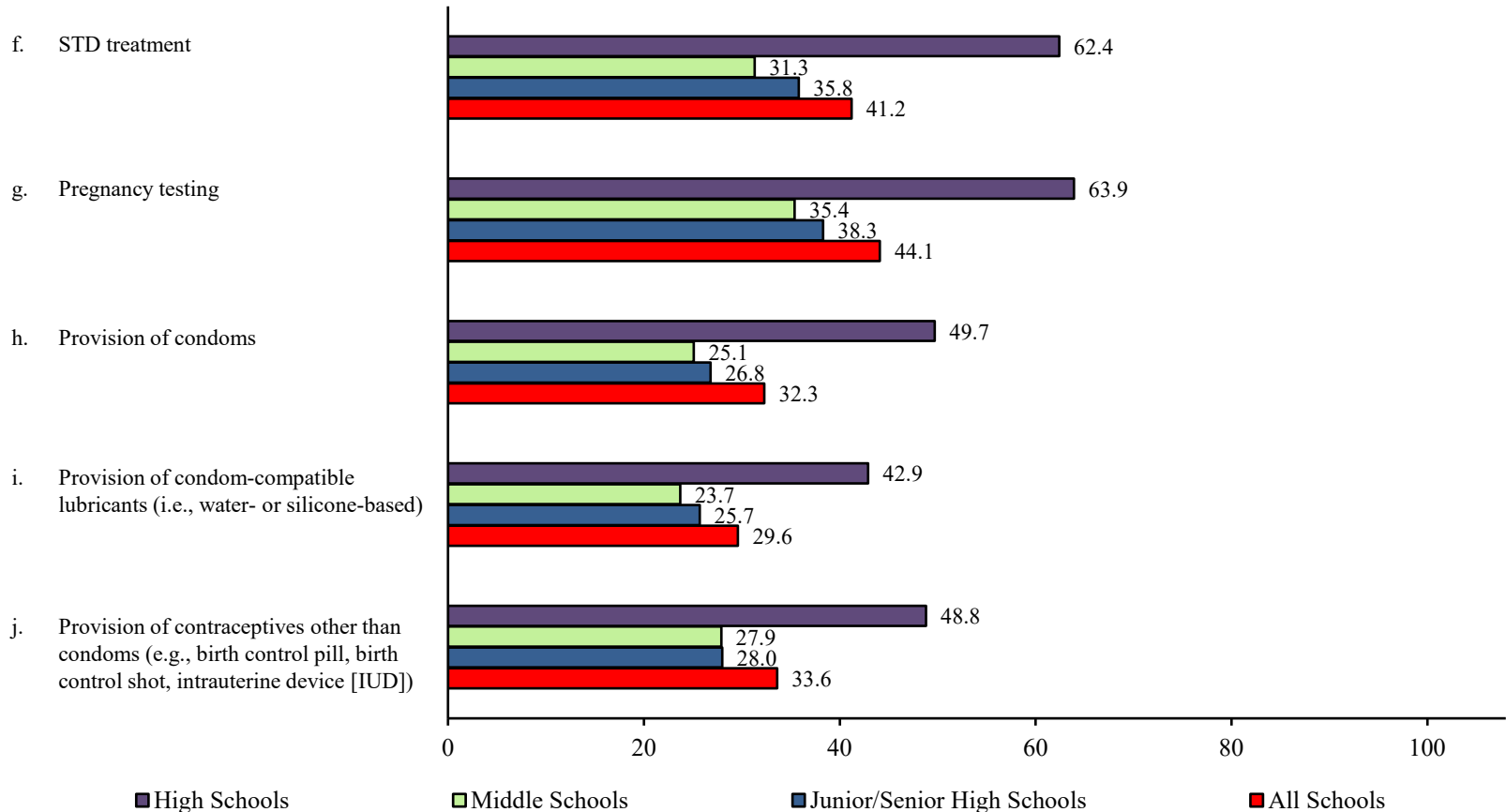
40. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

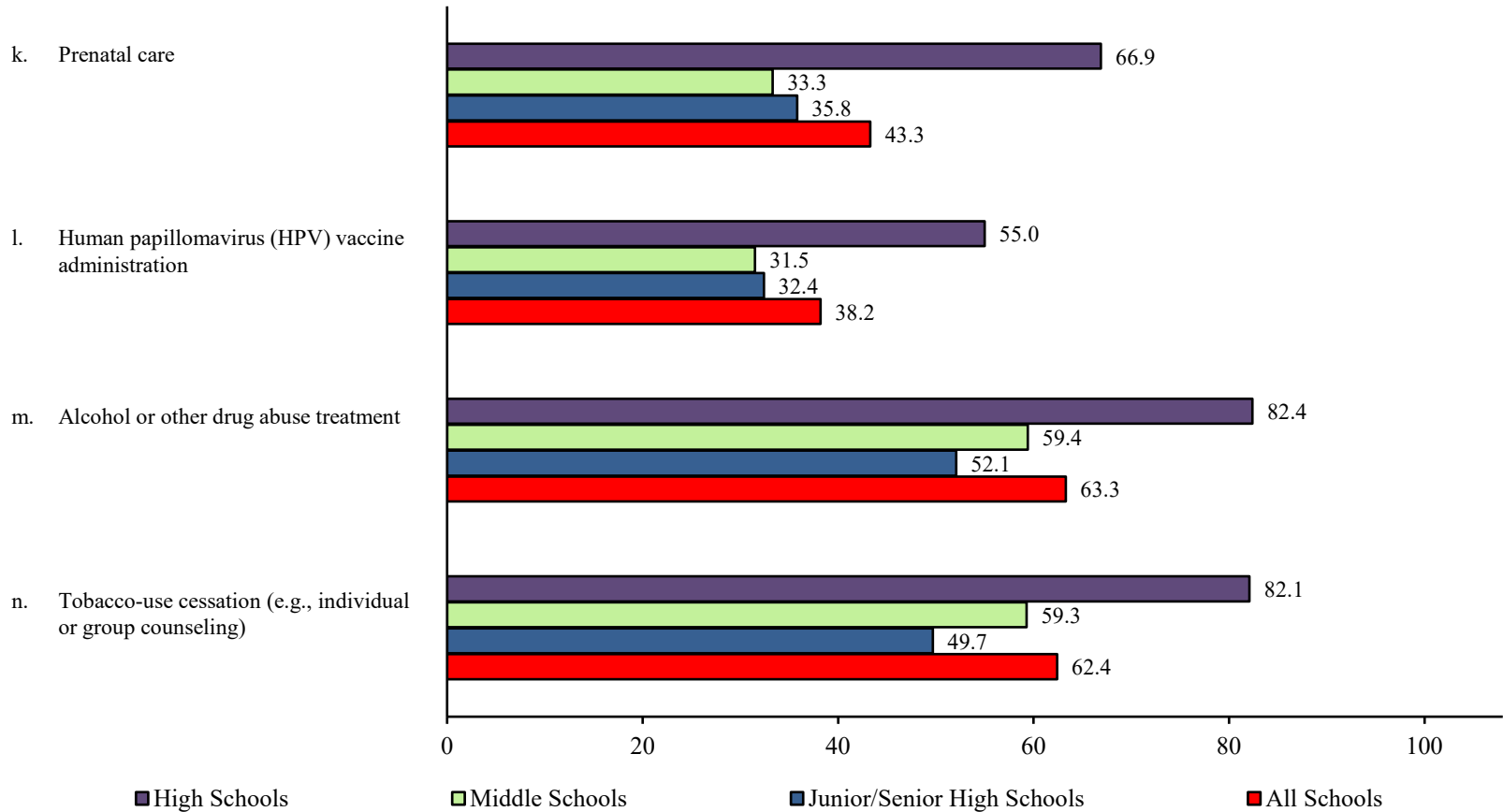
40. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.



# MINNESOTA

## 2022 School Health Profiles Report Weighted Principal Survey Results

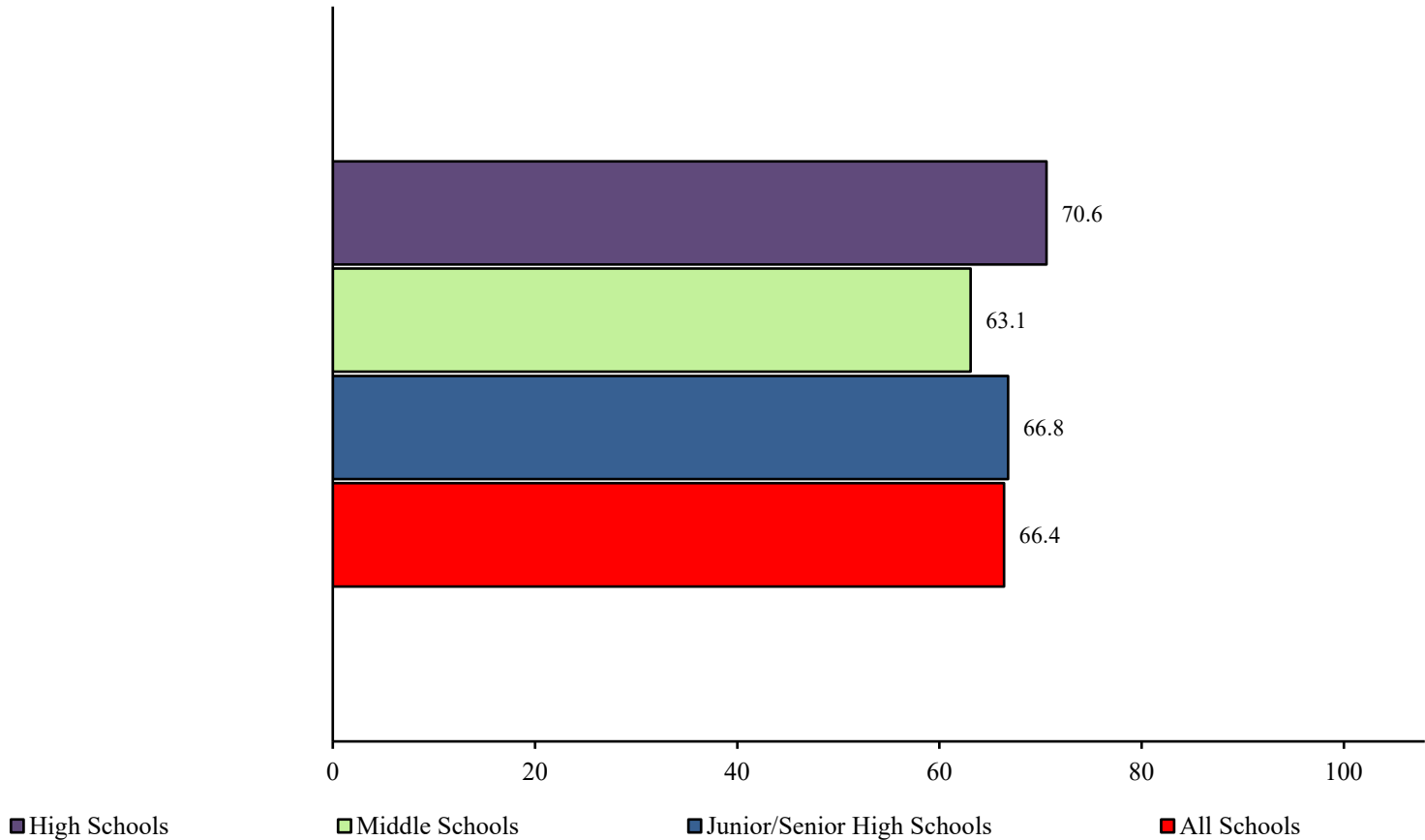
40. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

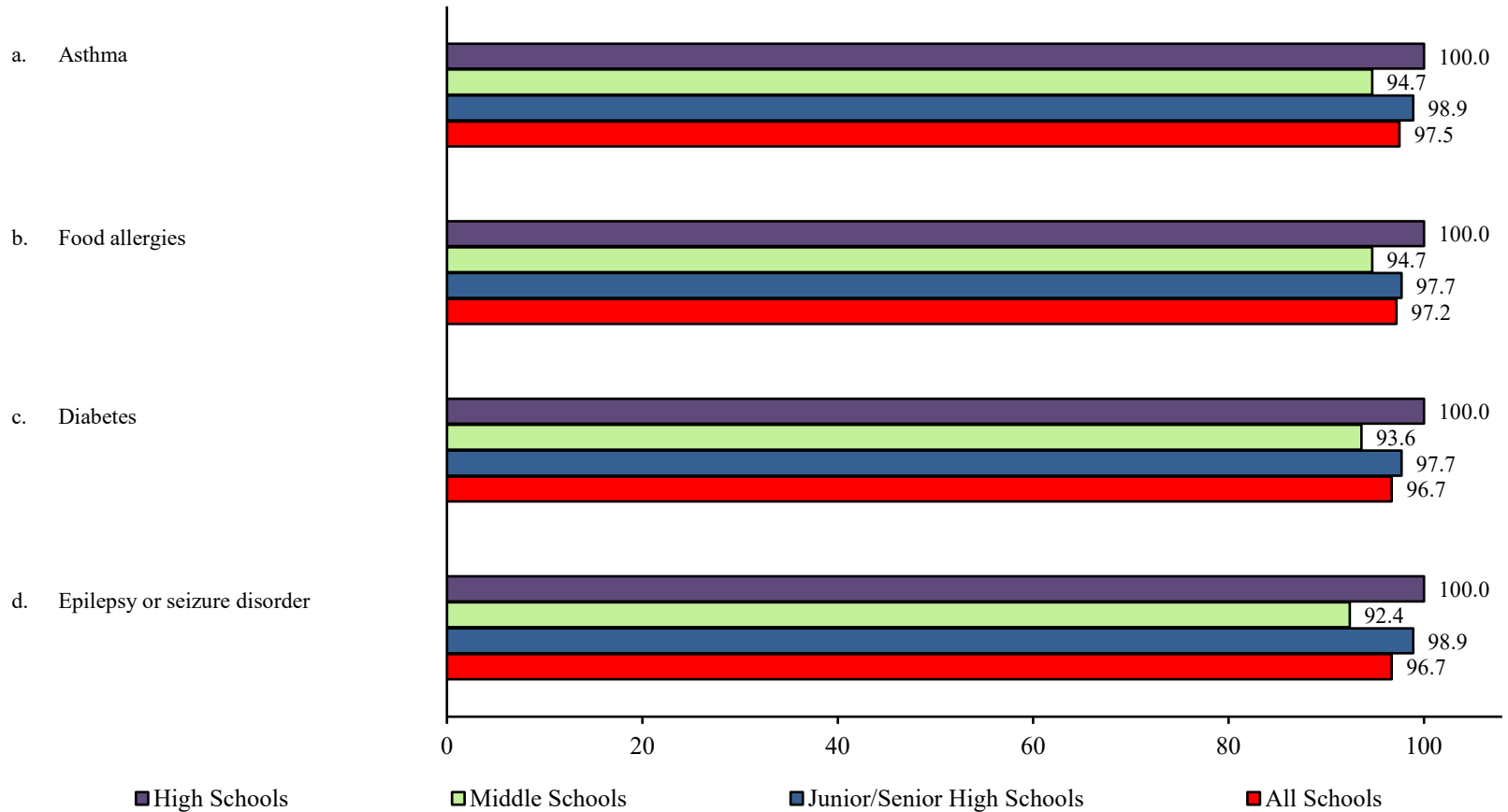
41. Percentage of schools that have a protocol that ensures students with a chronic condition that may require daily or emergency management (e.g., asthma, diabetes, food allergies) are enrolled in private, state, or federally funded insurance programs if eligible.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

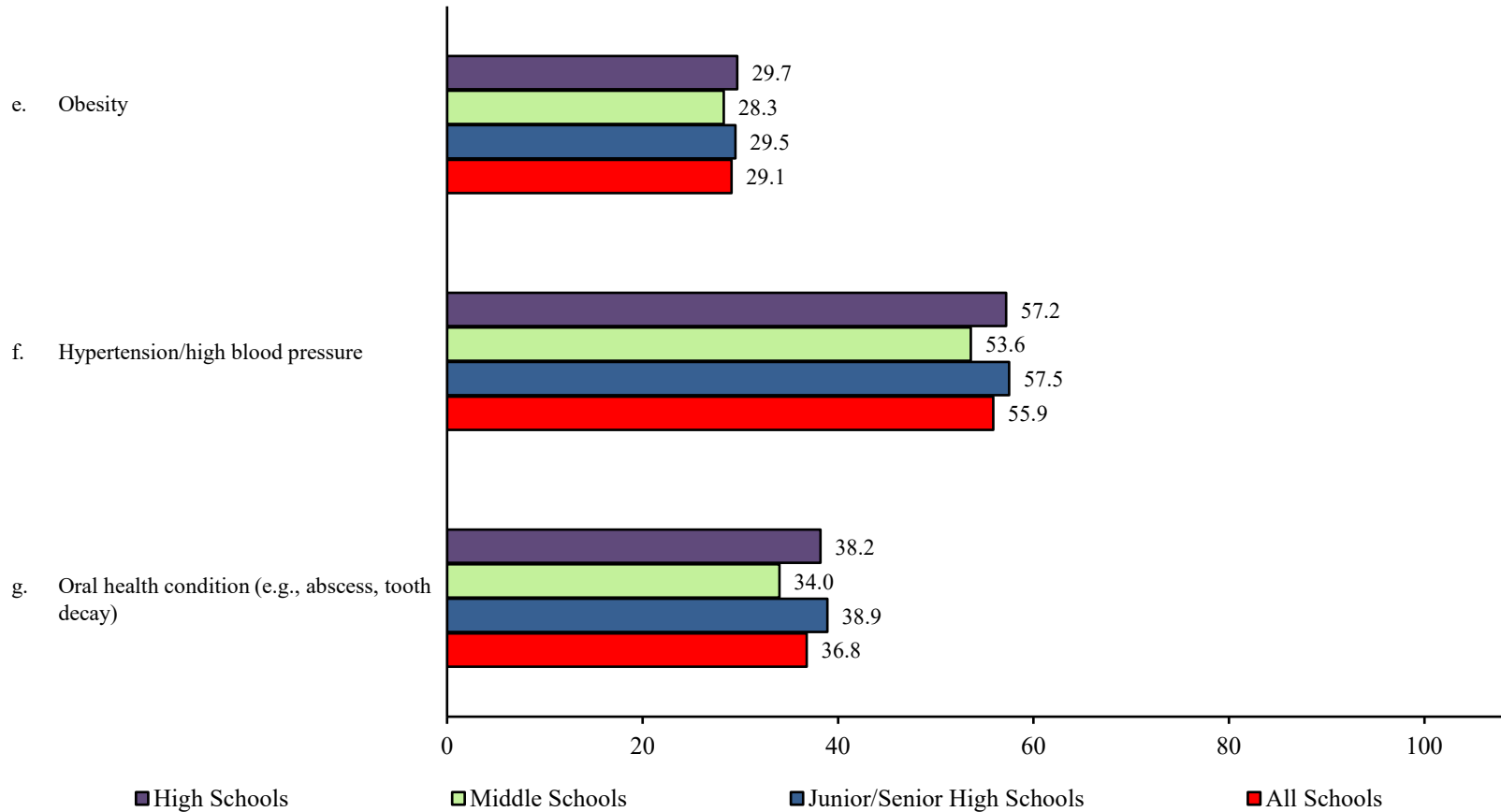
42. Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

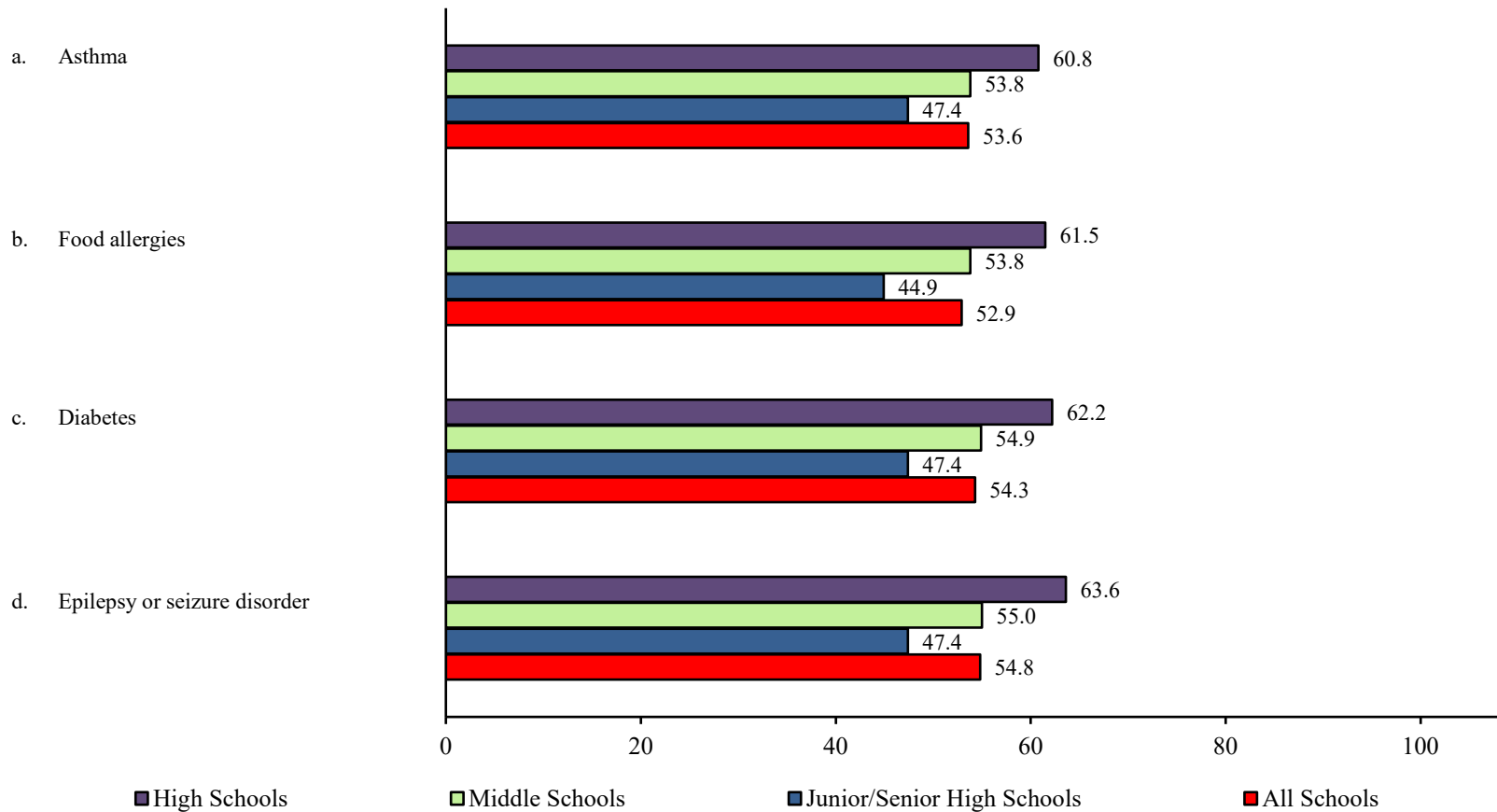
42. Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

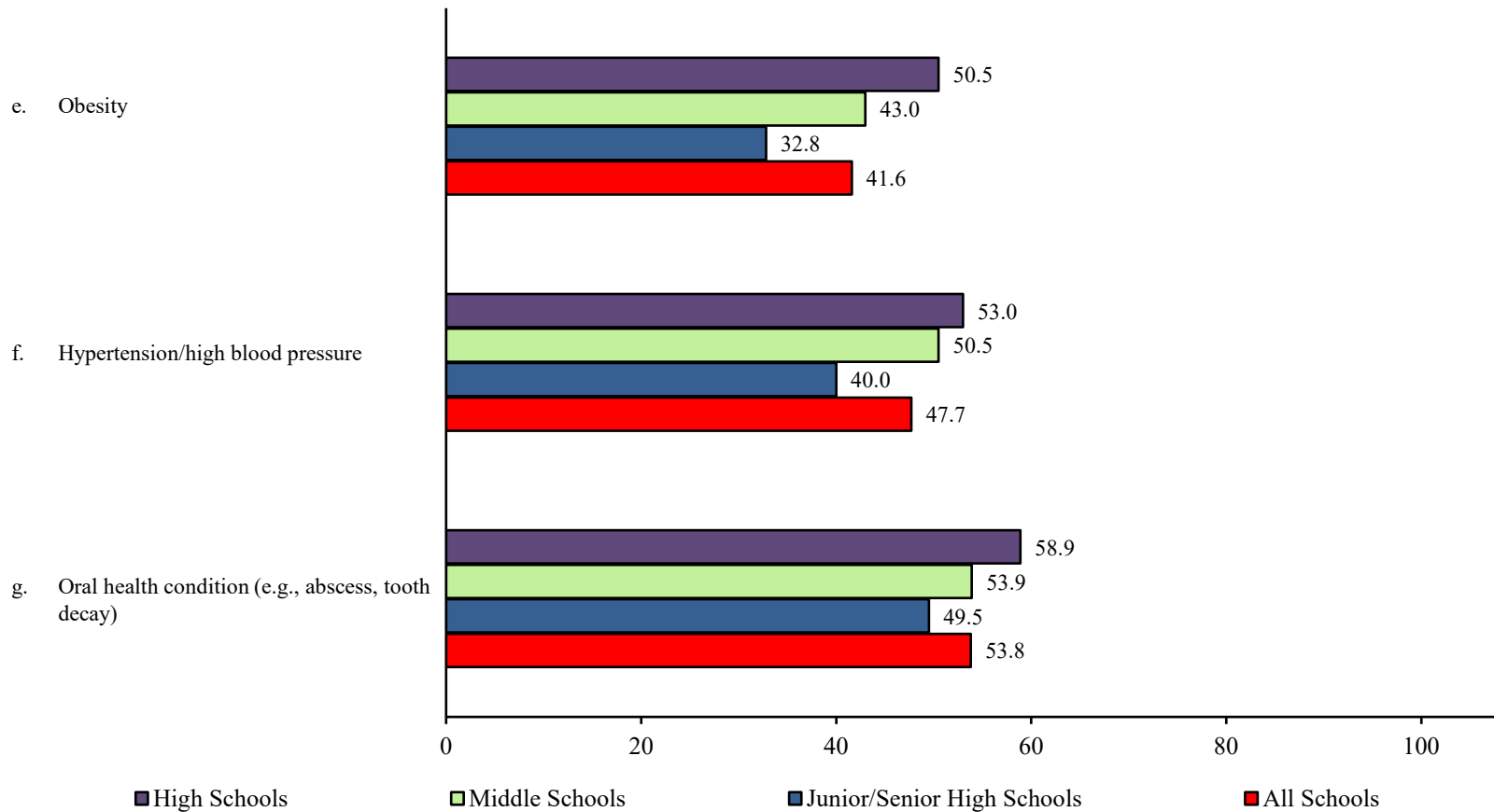
43. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

43. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions.

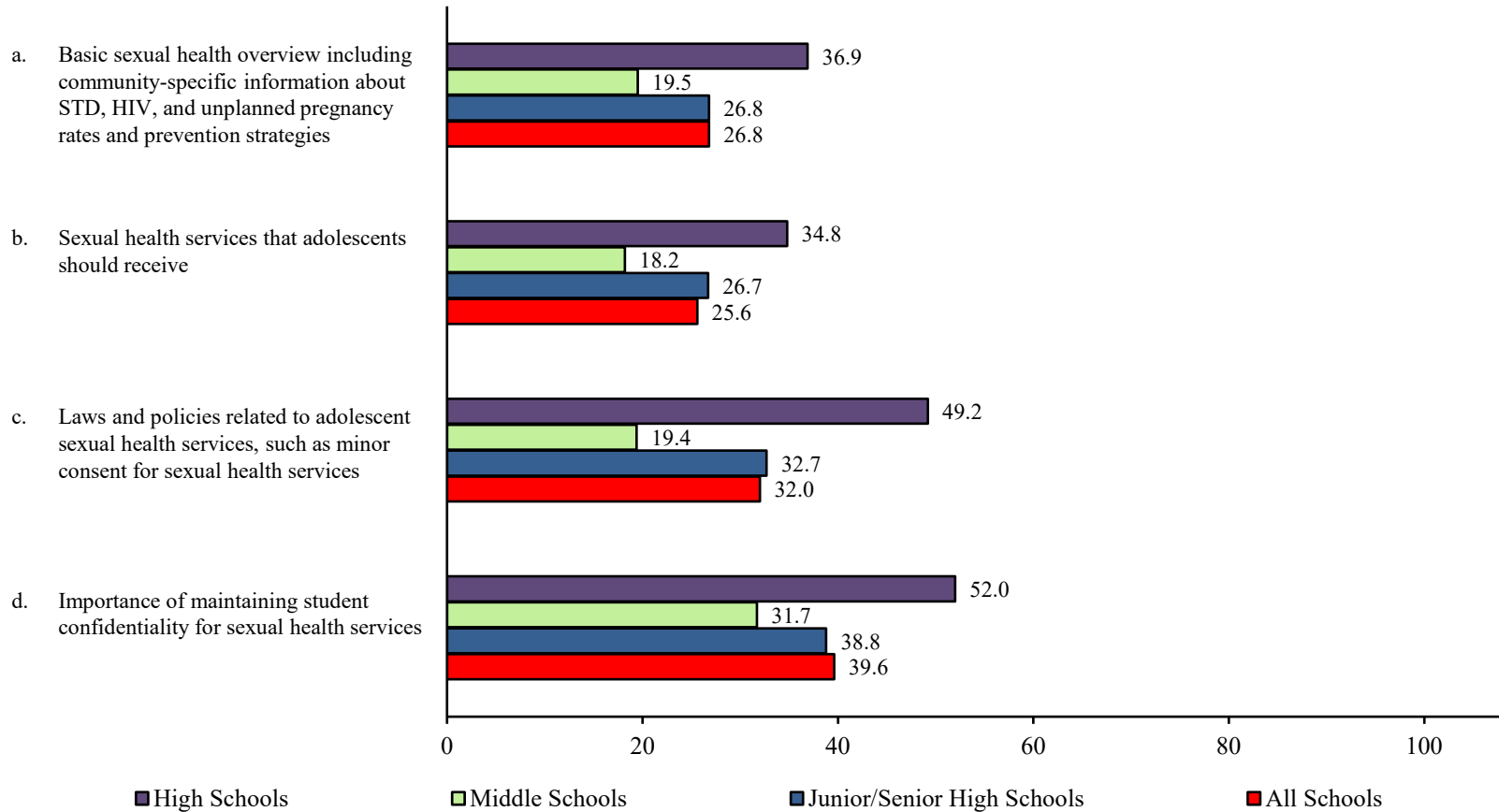




## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

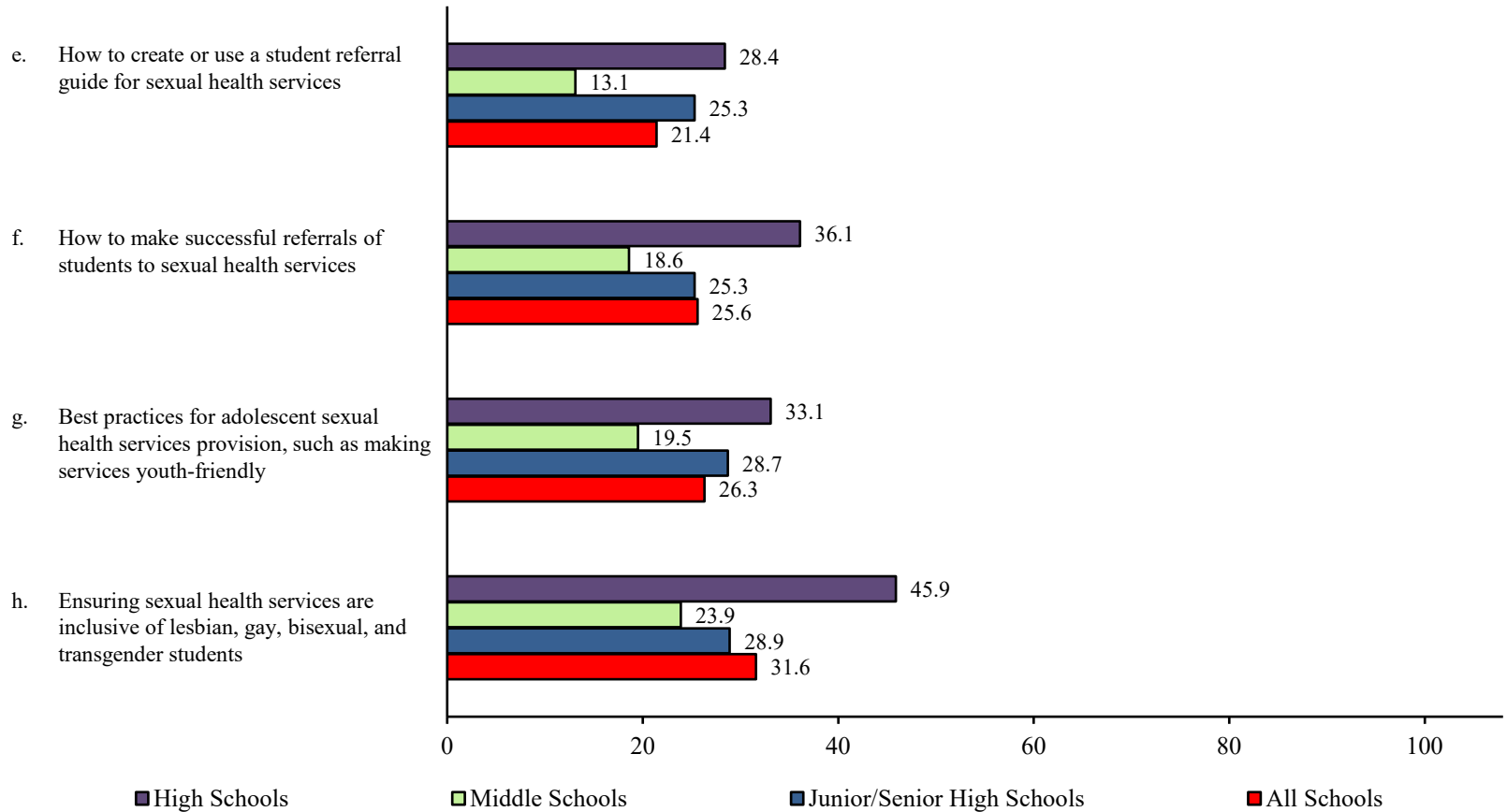
44. Percentage of schools in which any staff received professional development on each of the following topics during the past two years.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

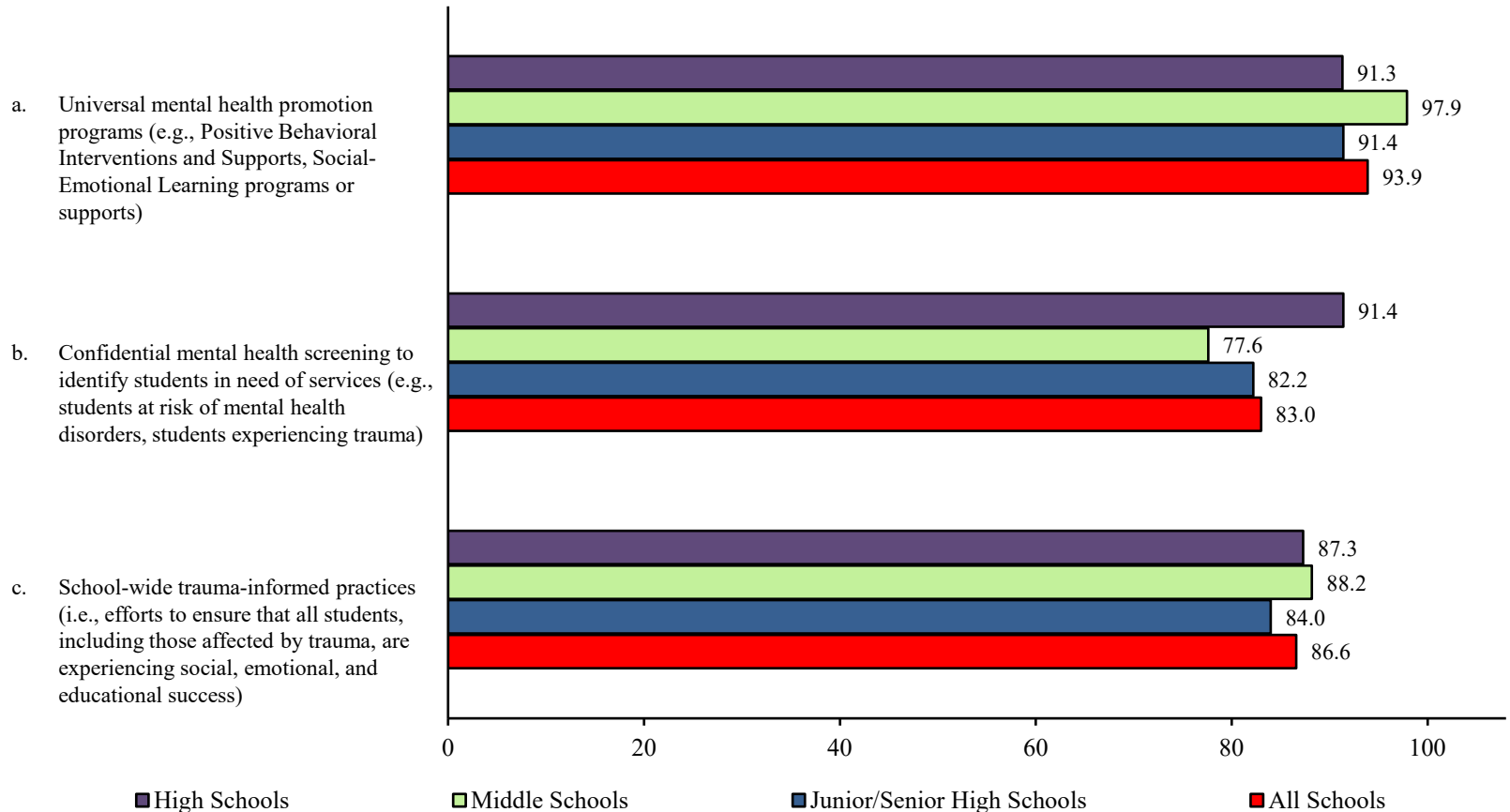
44. Percentage of schools in which any staff received professional development on each of the following topics during the past two years.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

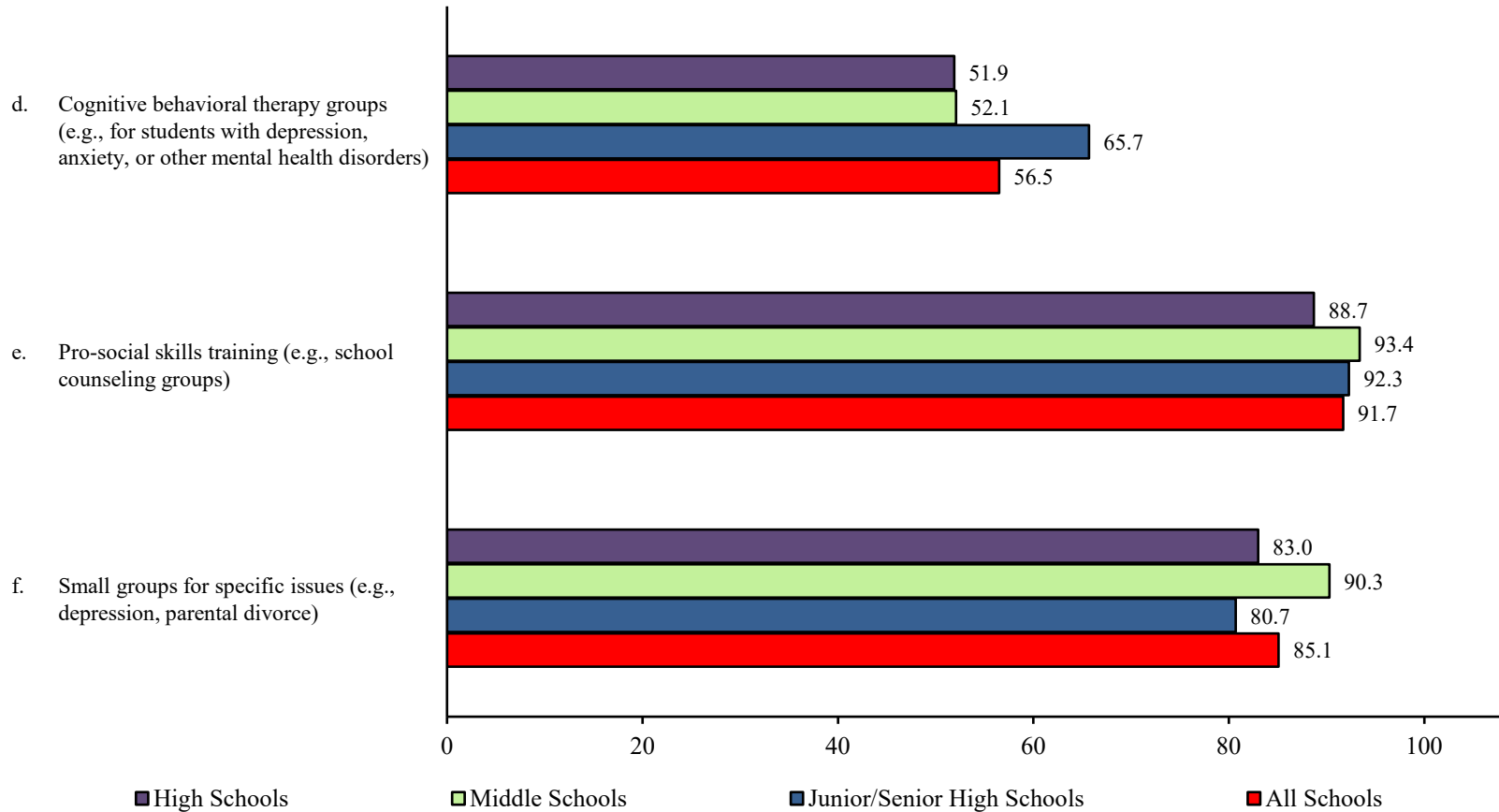
45. Percentage of schools that provide the following mental health programs or services to students.



# MINNESOTA

## 2022 School Health Profiles Report Weighted Principal Survey Results

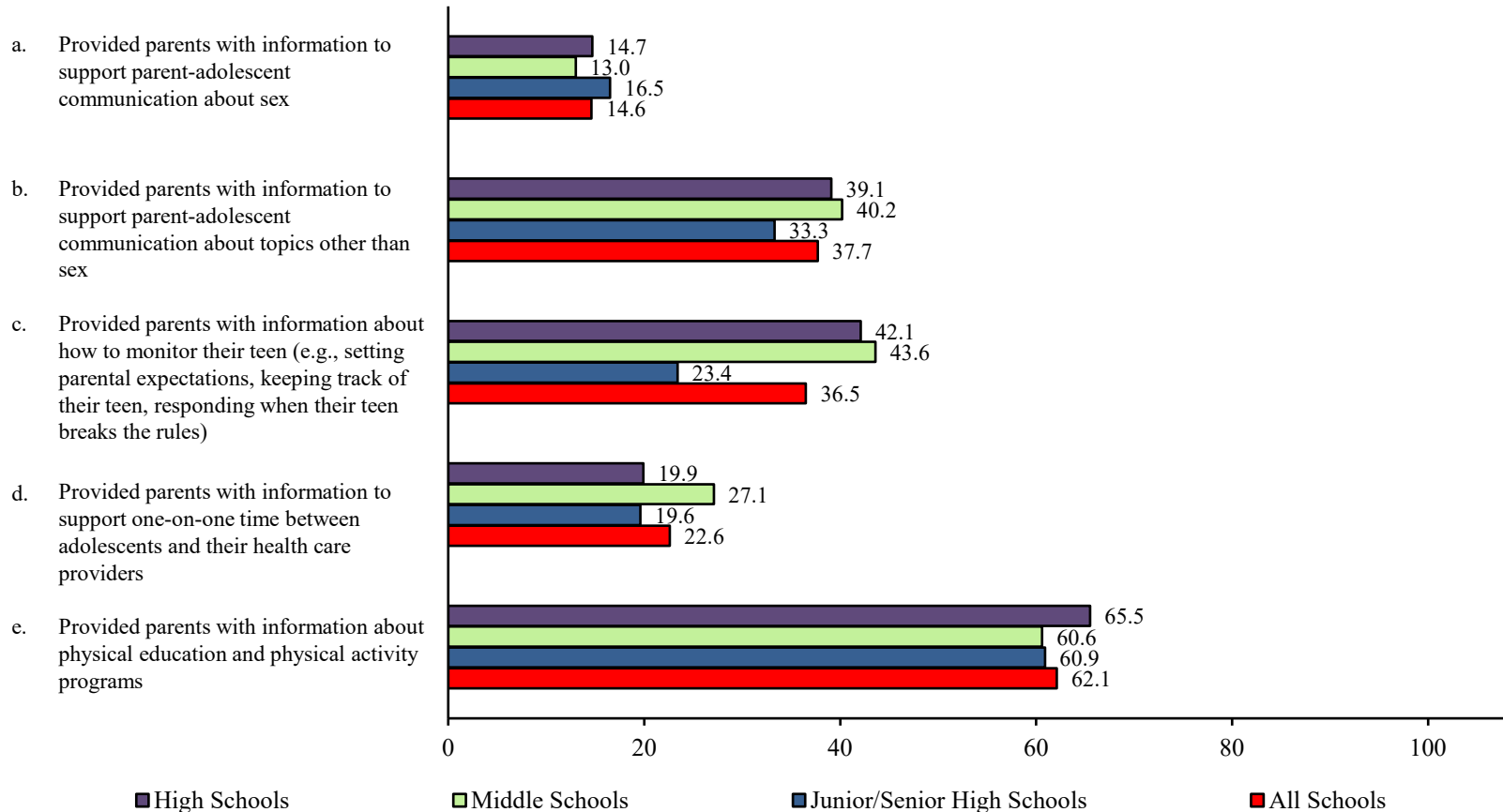
45. Percentage of schools that provide the following mental health programs or services to students.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

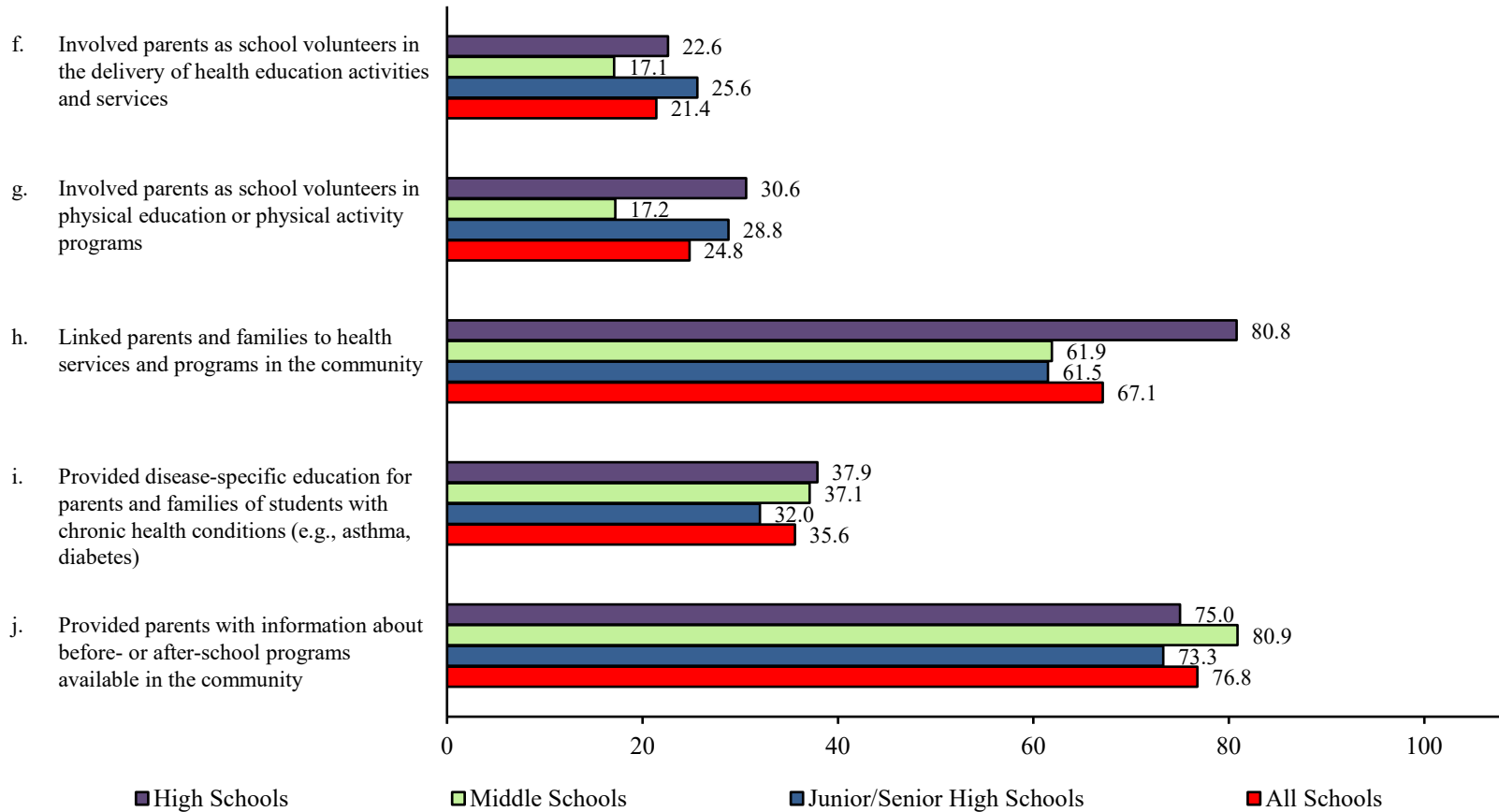
46. Percentage of schools that have done any of the following activities during the current school year.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

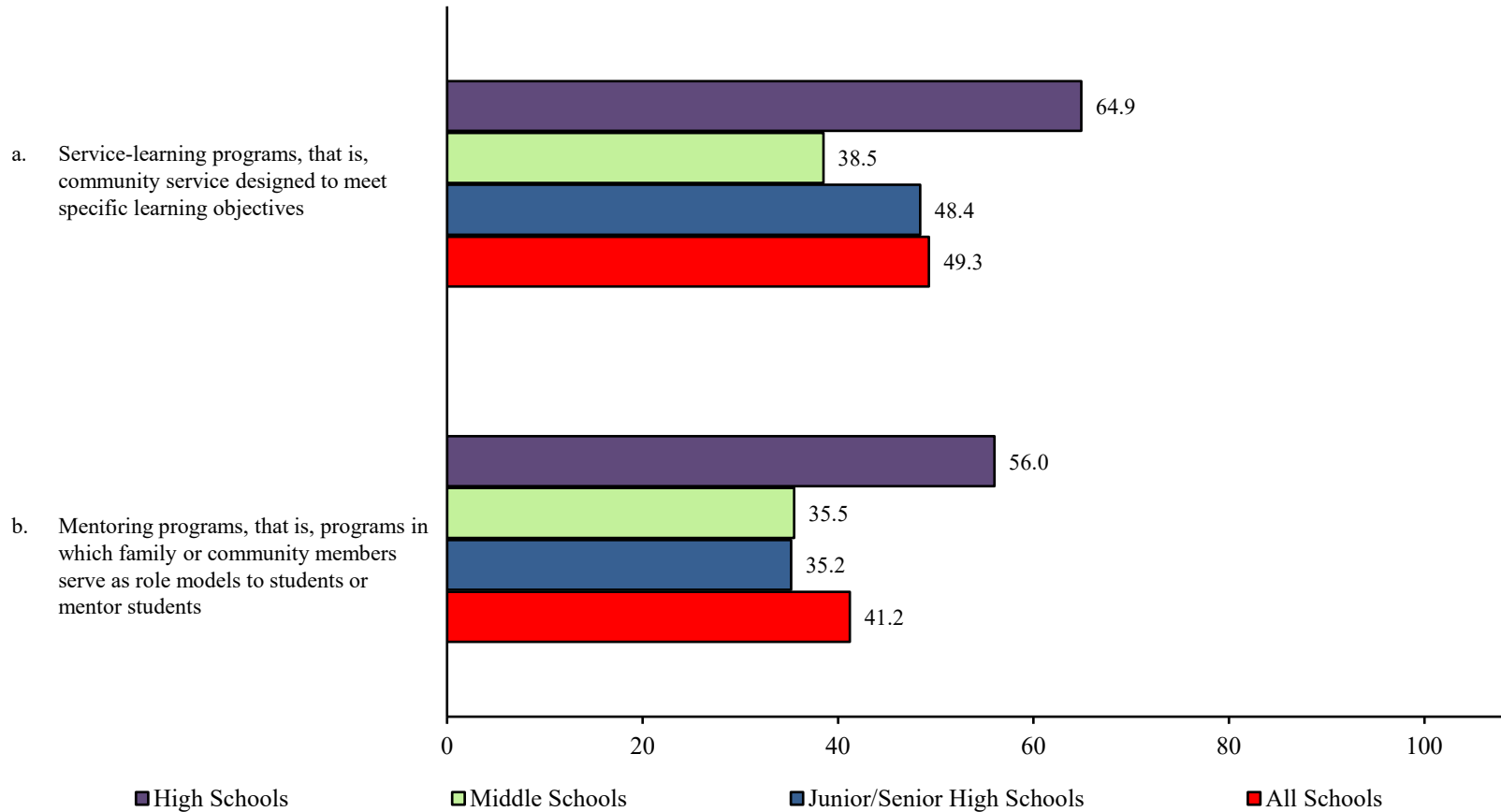
46. Percentage of schools that have done any of the following activities during the current school year.



## MINNESOTA

### 2022 School Health Profiles Report Weighted Principal Survey Results

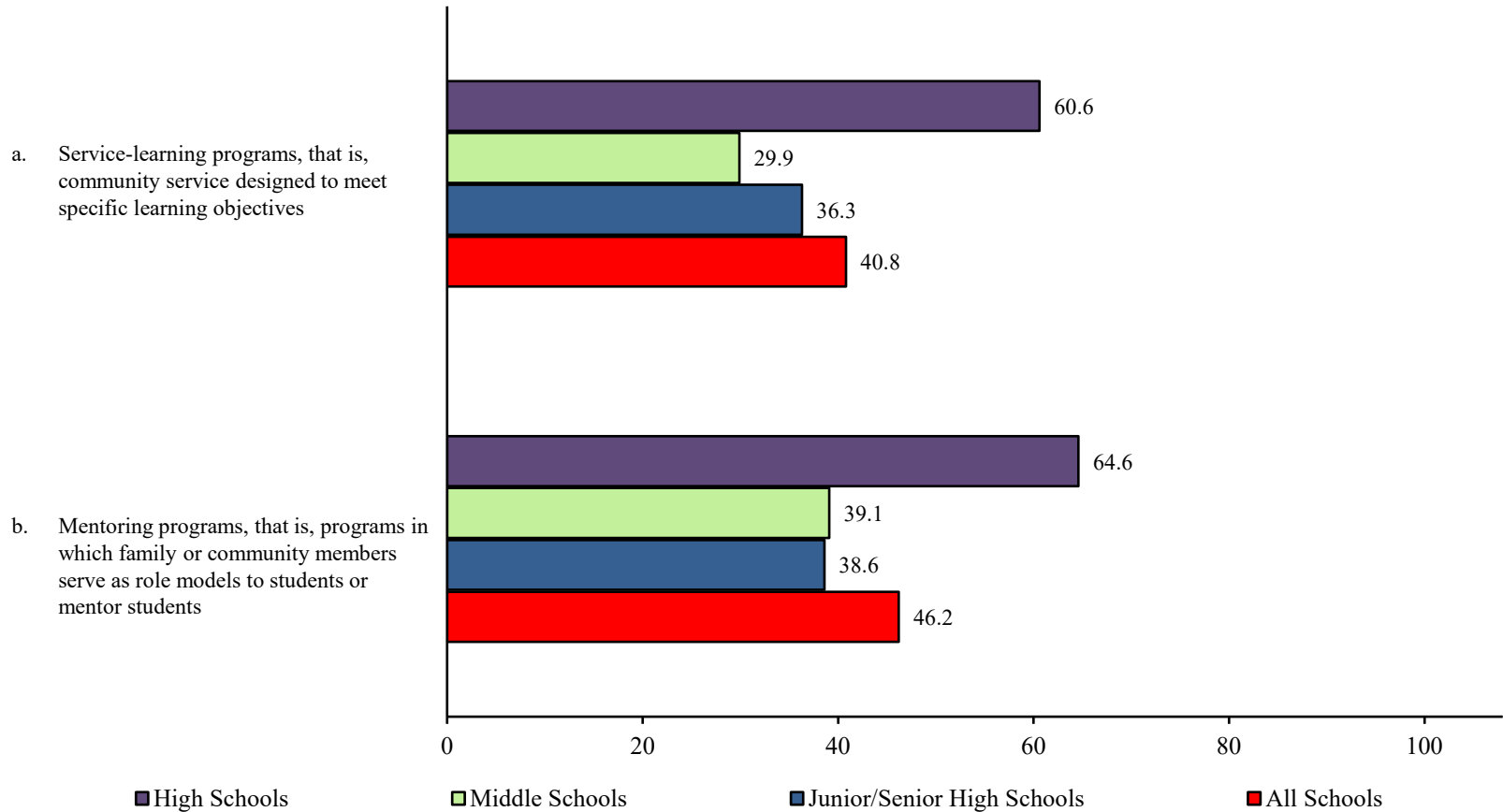
47. Percentage of schools that currently implement any of the following school-based positive youth development programs.



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## 2022 School Health Profiles Report Weighted Principal Survey Results

48. Percentage of schools that currently connect students to any of the following community-based positive youth development programs.





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### 2022 School Health Profiles Report Weighted Principal Survey Results

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49. Percentage of schools in which students' families helped develop or implement policies and programs related to school health during the past two years.

