



2022 School Health Profiles

WEIGHTED LEAD HEALTH EDUCATION TEACHER SURVEY RESULTS

The School Health Profiles is a CDC-funded survey of middle and high school principals and lead health education teachers throughout the United States. In Minnesota, The Minnesota Center for Health Statistics administers this survey biennially on a statewide sample of public schools.

Profiles data is used to help state leaders and decision-makers assess gaps in policies and practices that may impact student health and academic performance.

This survey monitors the following areas:

- School health education requirements and content
- Physical education and physical activity
- Practices related to bullying and sexual harassment
- School health policies related to tobacco-use prevention and nutrition
- School-based health services
- Family engagement and community involvement
- School health coordination

In spring 2022, CDC used two questionnaires to collect data—one for school principals and one for lead health education teachers. CDC administered the two questionnaires online to 334 regular public schools containing any of grades 6 through 12 in Minnesota.

CDC received one or both questionnaires from 84% of eligible sampled schools. CDC received usable questionnaires from principals in 81% of schools and from lead health education teachers in 77% of schools.

Questions and more information

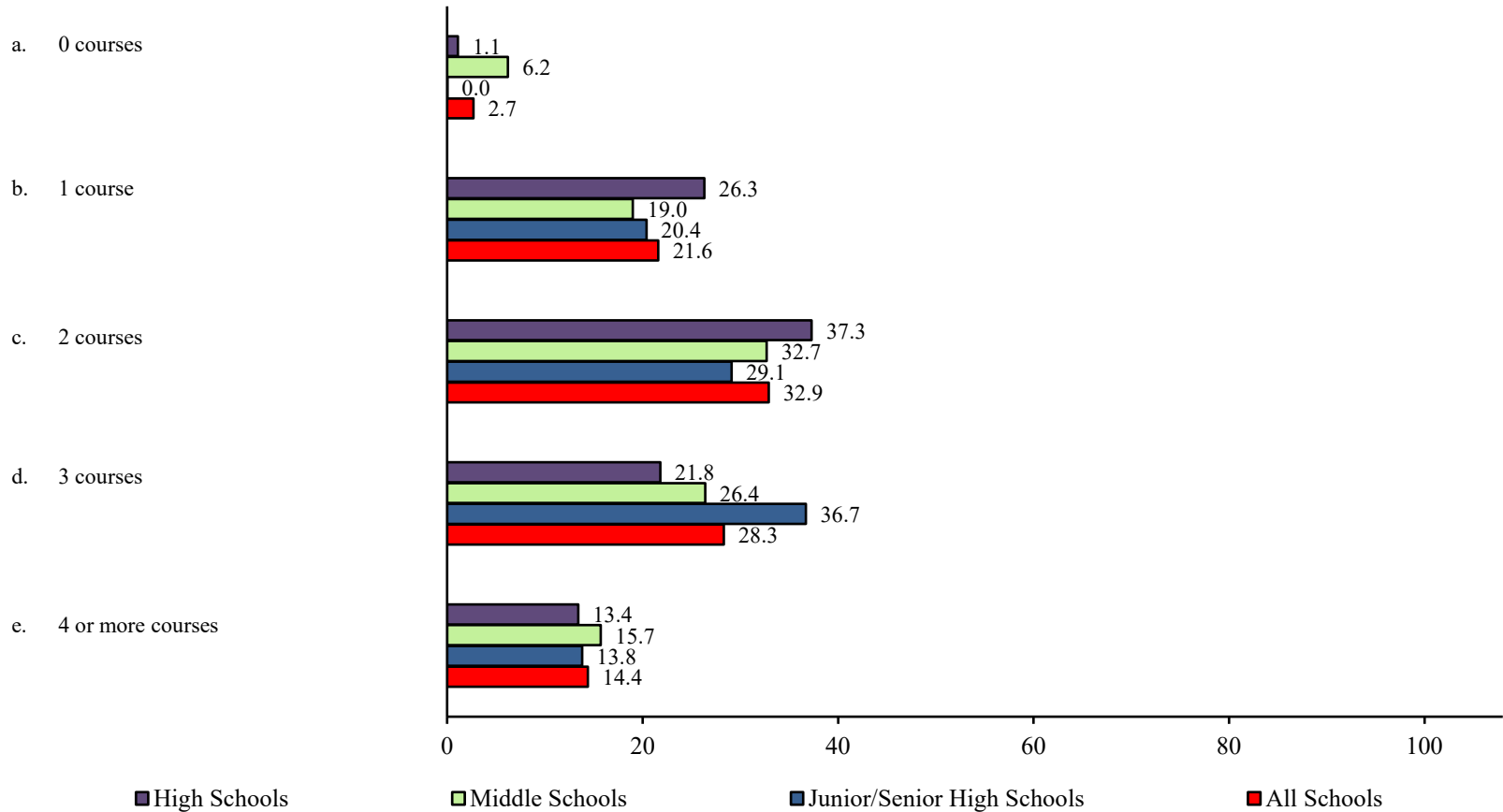
For more information on School Health Profiles in Minnesota, visit: [Minnesota Department of Health: School Health Profiles Survey \(https://www.health.state.mn.us/data/mchs/surveys/schoolhealthprofiles.html\)](https://www.health.state.mn.us/data/mchs/surveys/schoolhealthprofiles.html).

For Minnesota-specific data, questions regarding the administration of the survey, or to receive this information in a different format, please contact Health.Profiles@state.mn.us.

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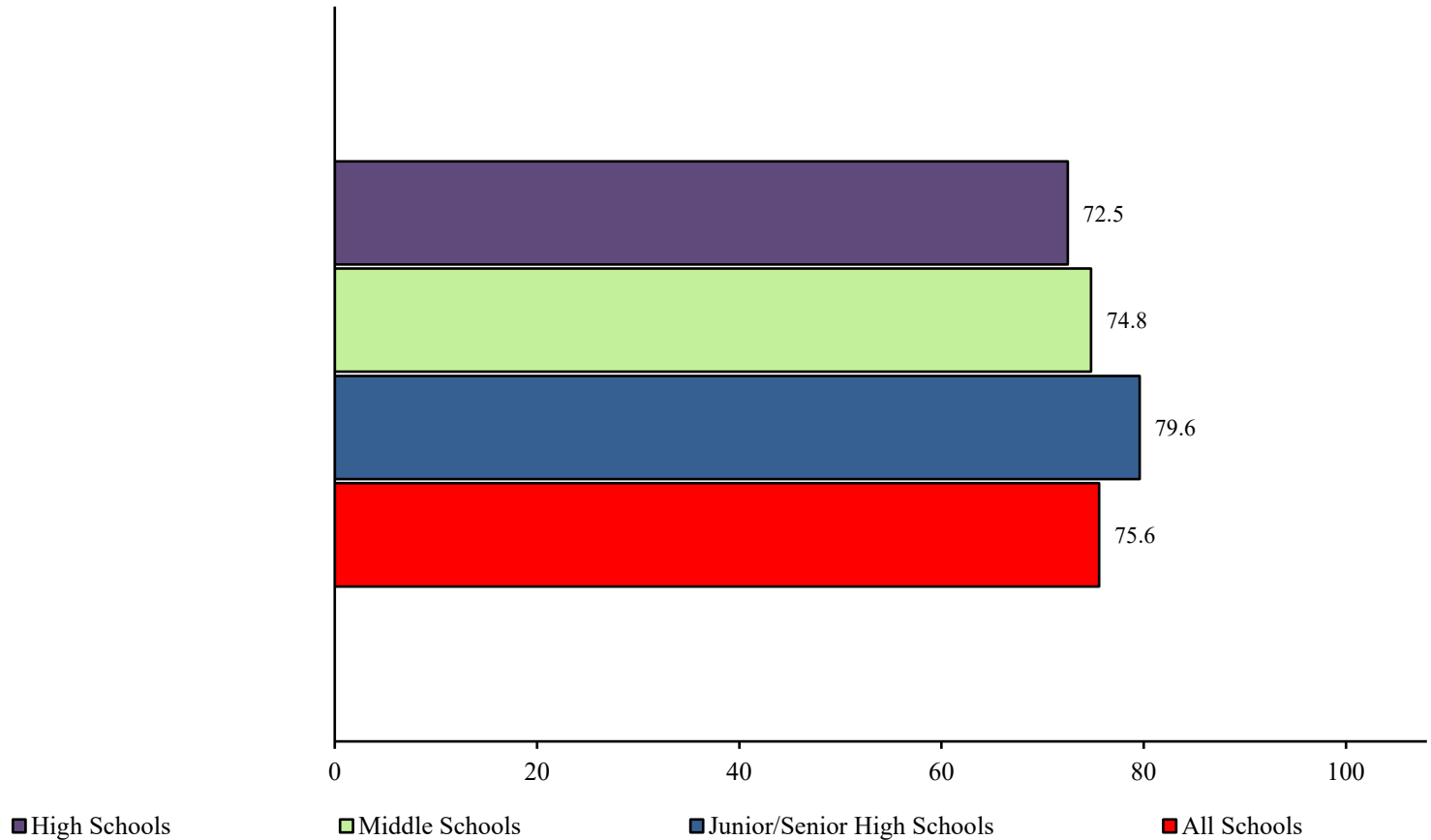
1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.



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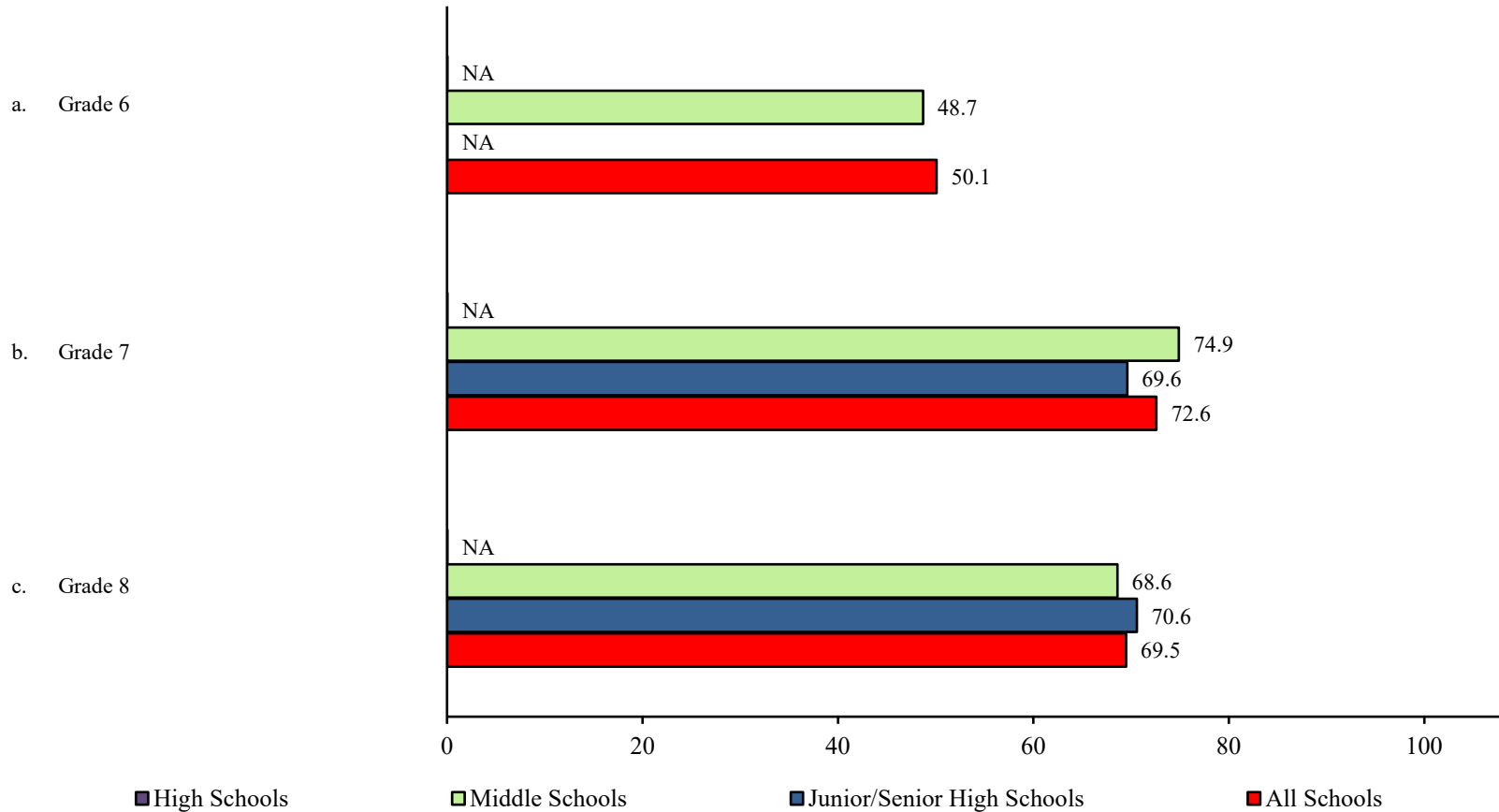
1N. Percentage of schools that require students to take two or more health education courses.



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2. Percentage of schools that taught a required health education course in each of the following grades.*



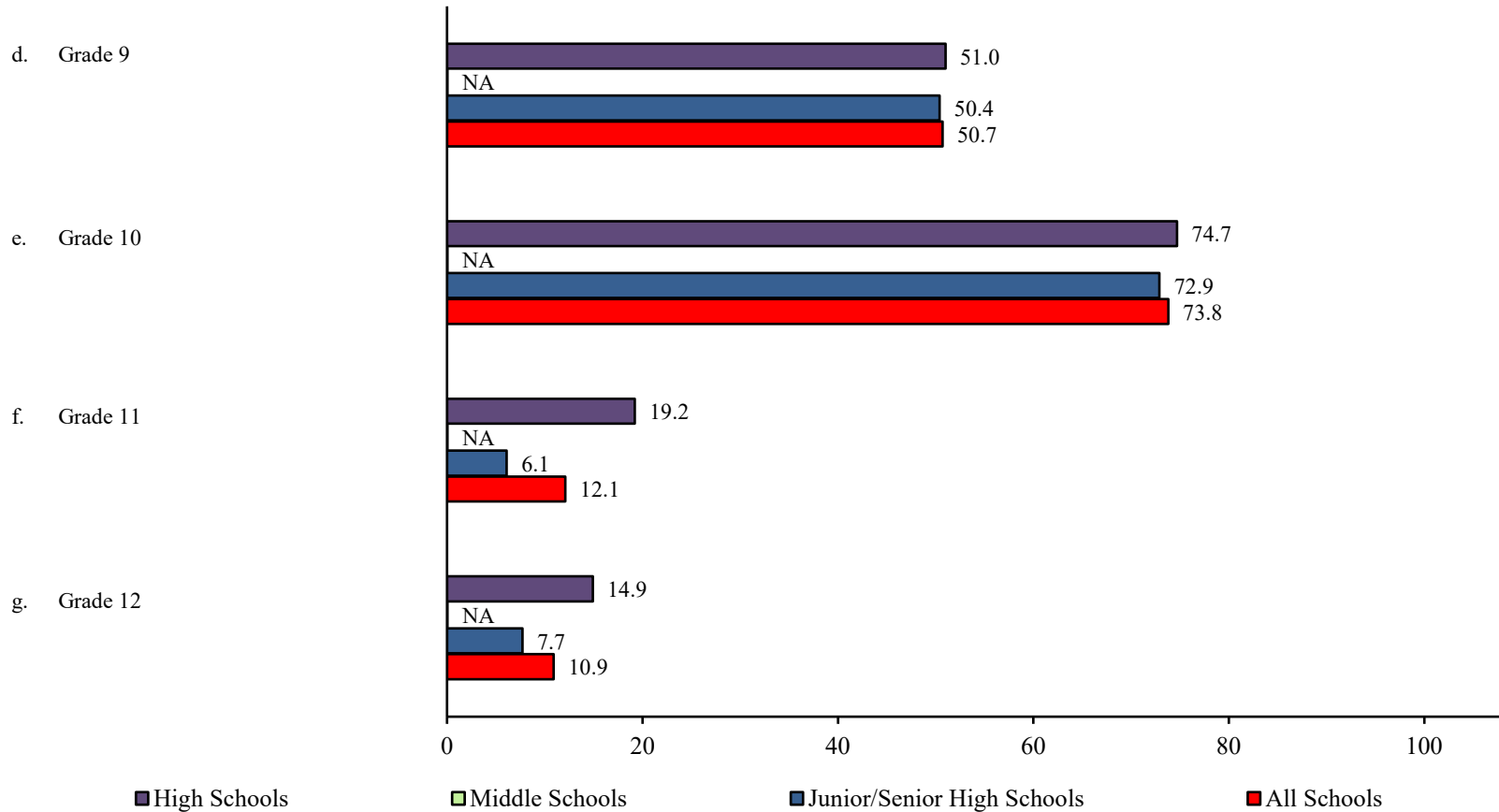
*Among schools with students in that grade.

NA = Not available

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2. Percentage of schools that taught a required health education course in each of the following grades.*



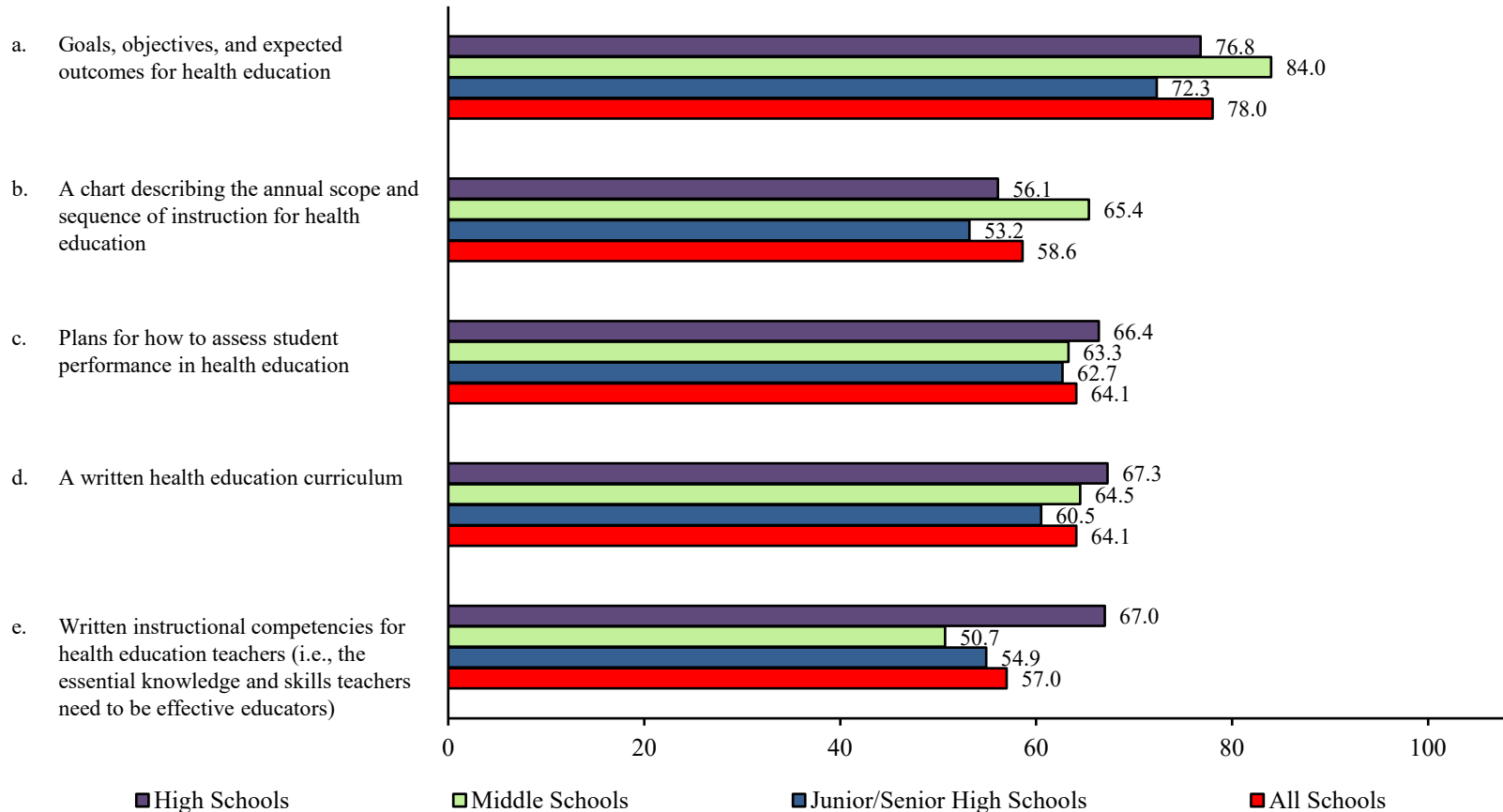
*Among schools with students in that grade.

NA = Not available

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3. Percentage of schools in which those who teach health education are provided with each of the following materials.*

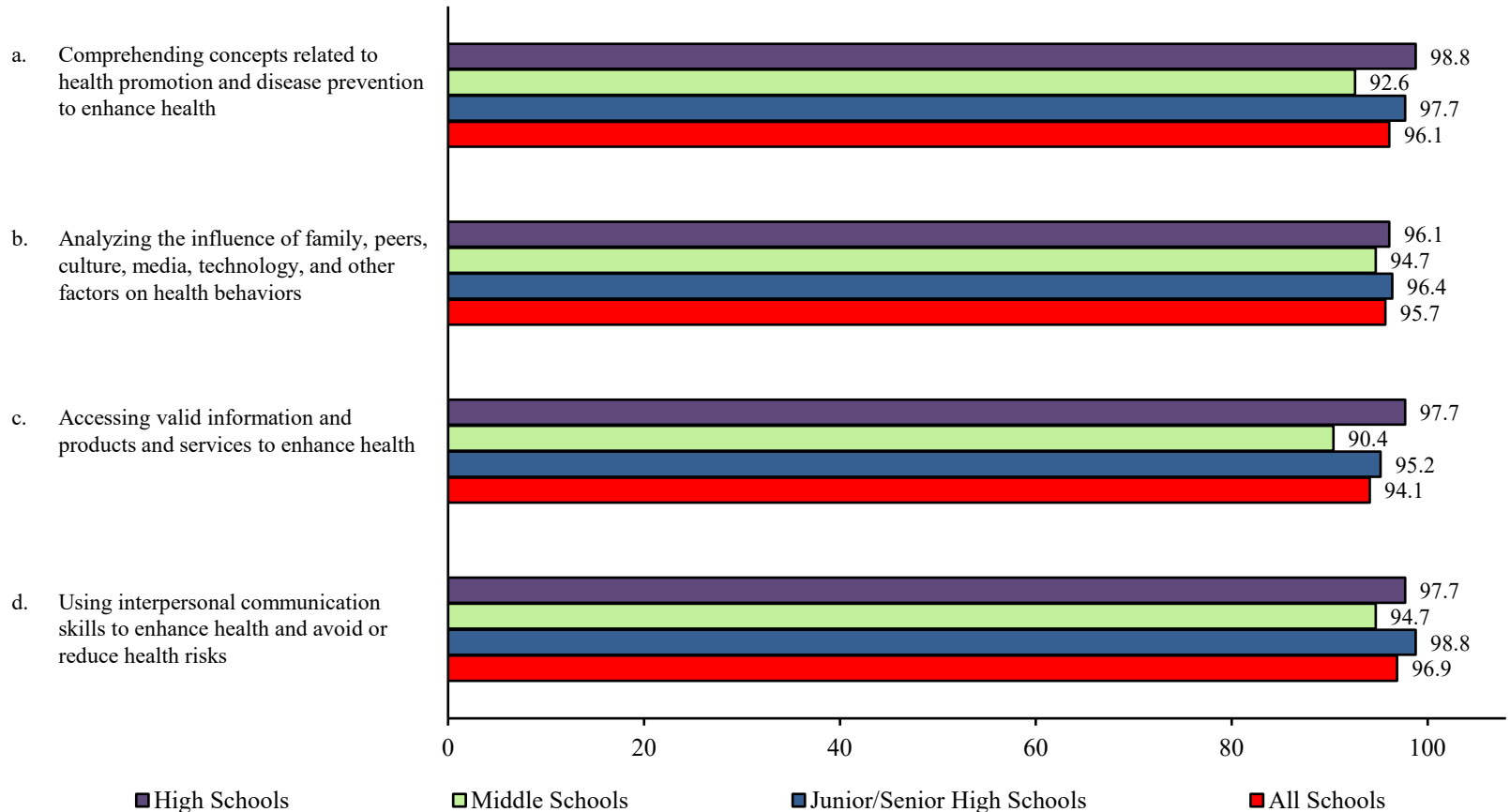


*Among schools that teach health education. Respondents that answered "NA" are excluded.

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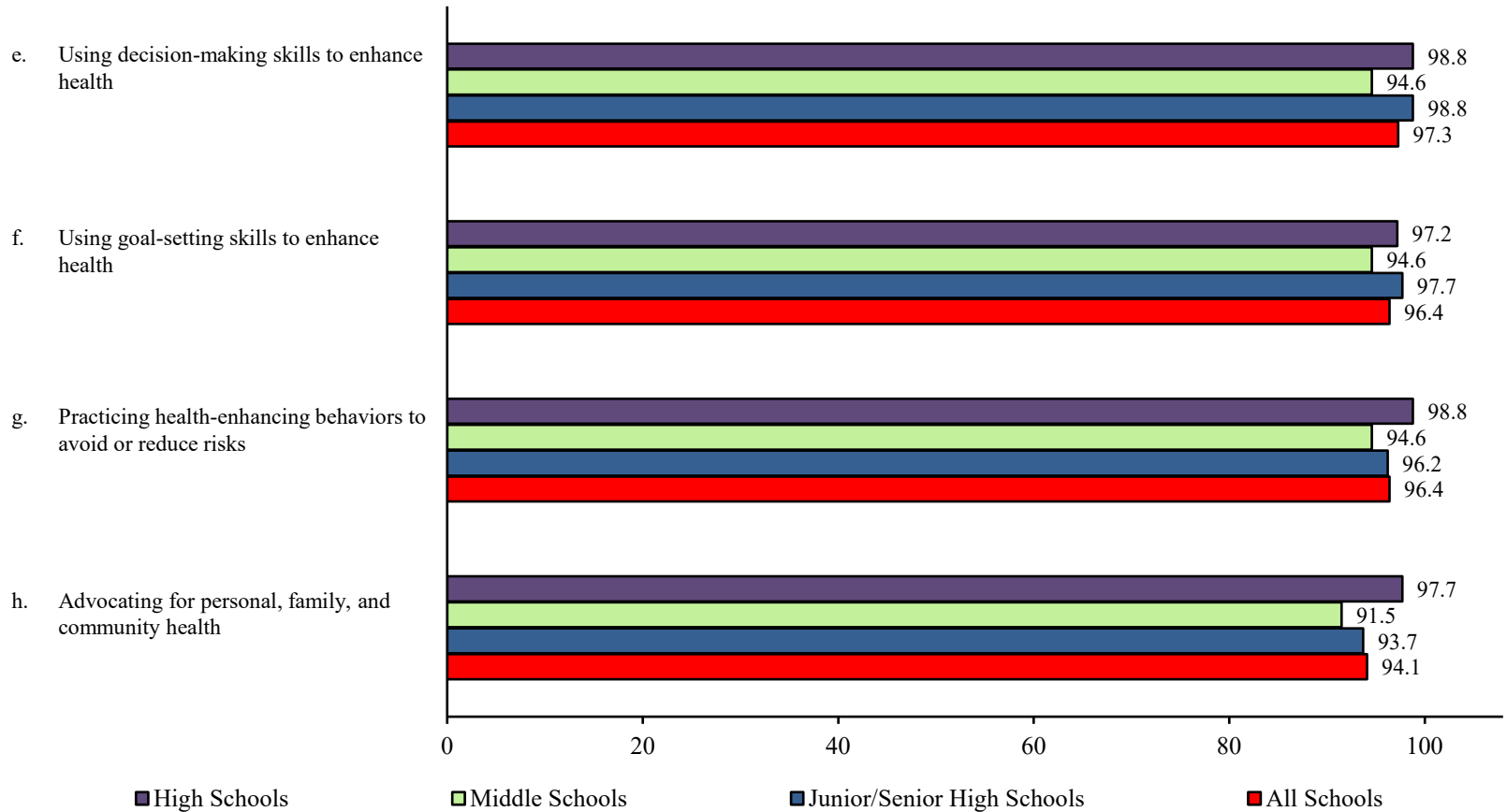
4. Percentage of schools in which the health education curriculum addresses each of the following skills.



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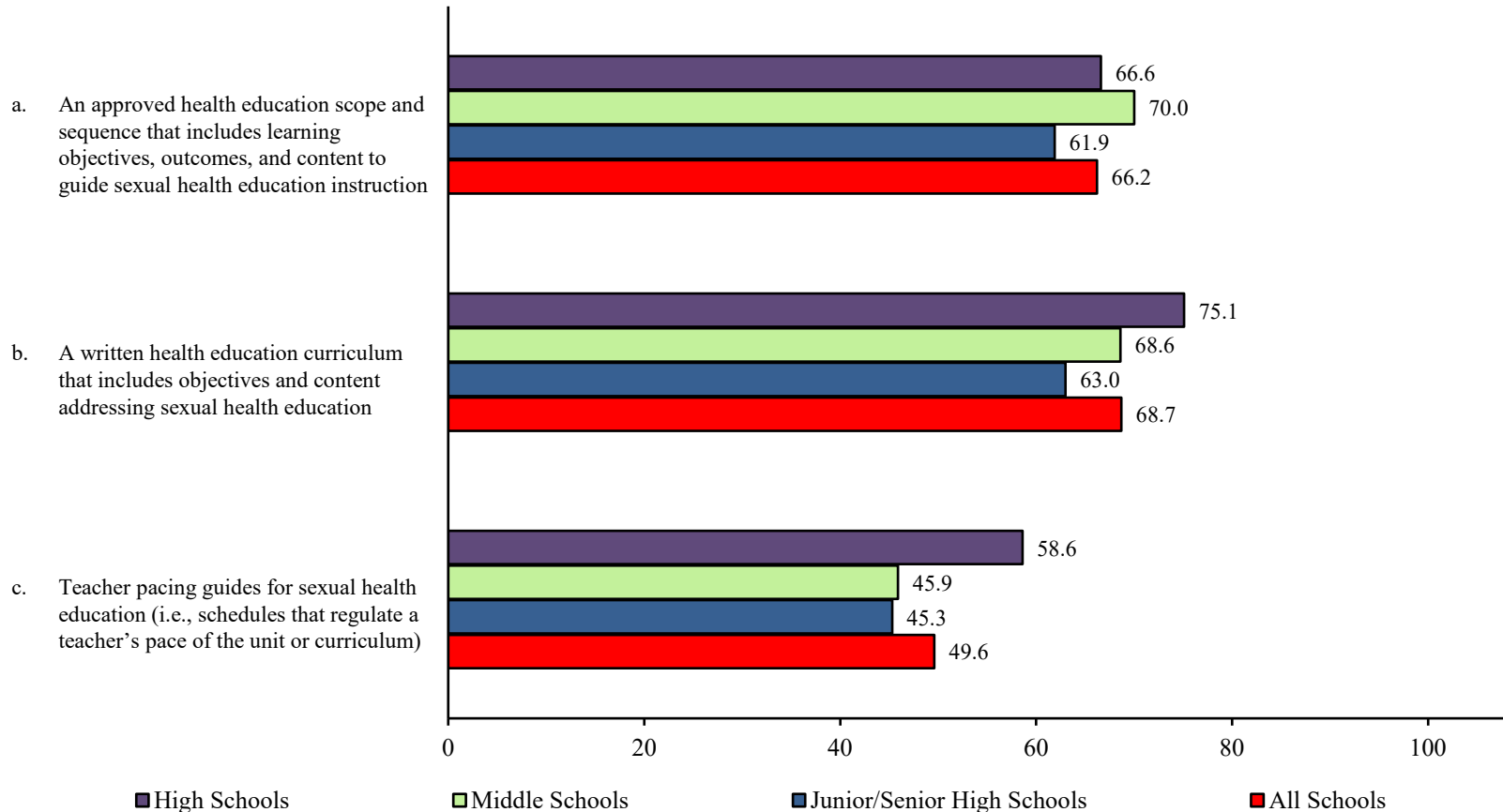
4. Percentage of schools in which the health education curriculum addresses each of the following skills.



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5. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

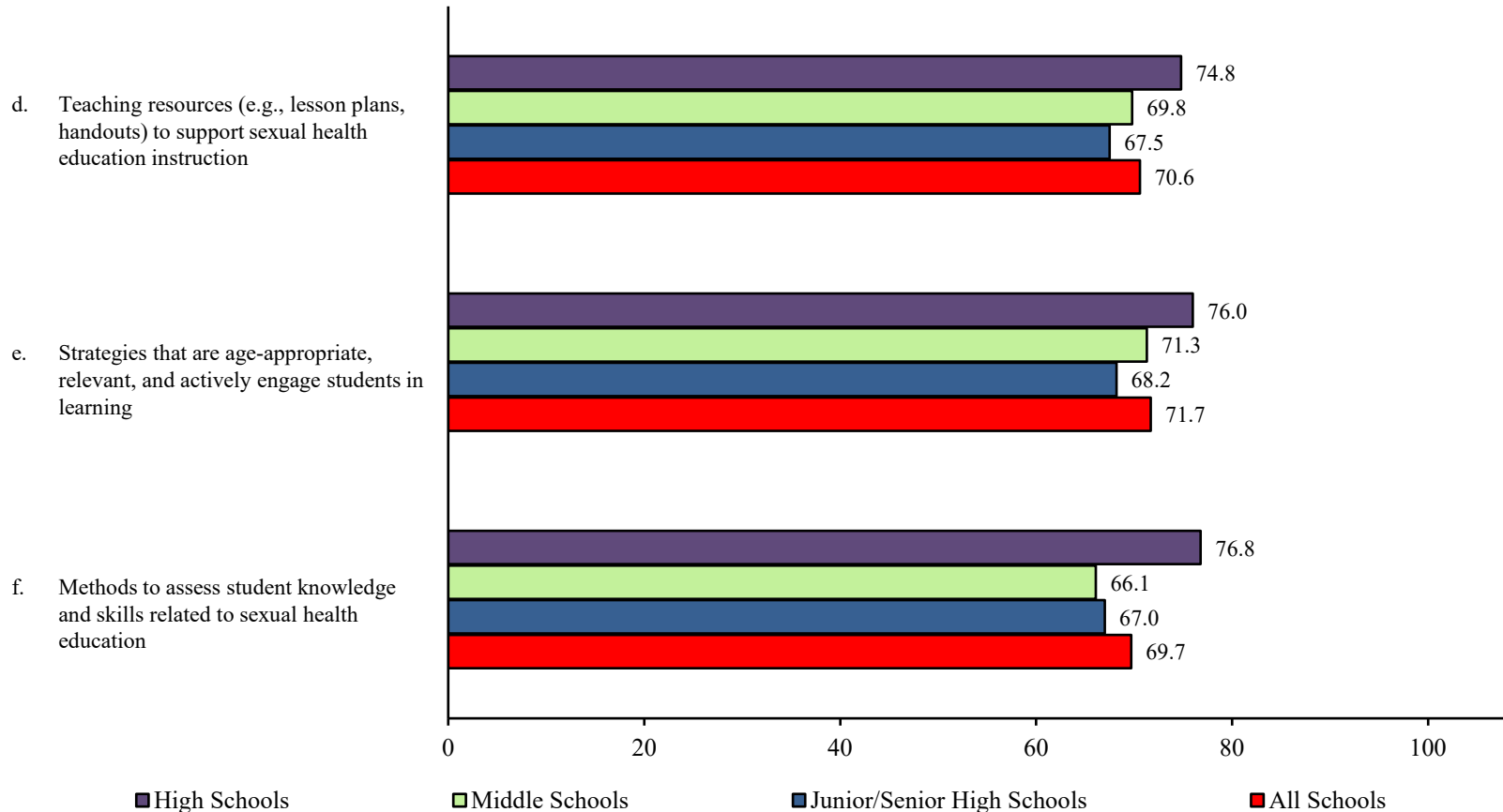


*Among schools that teach sexual health education.

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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

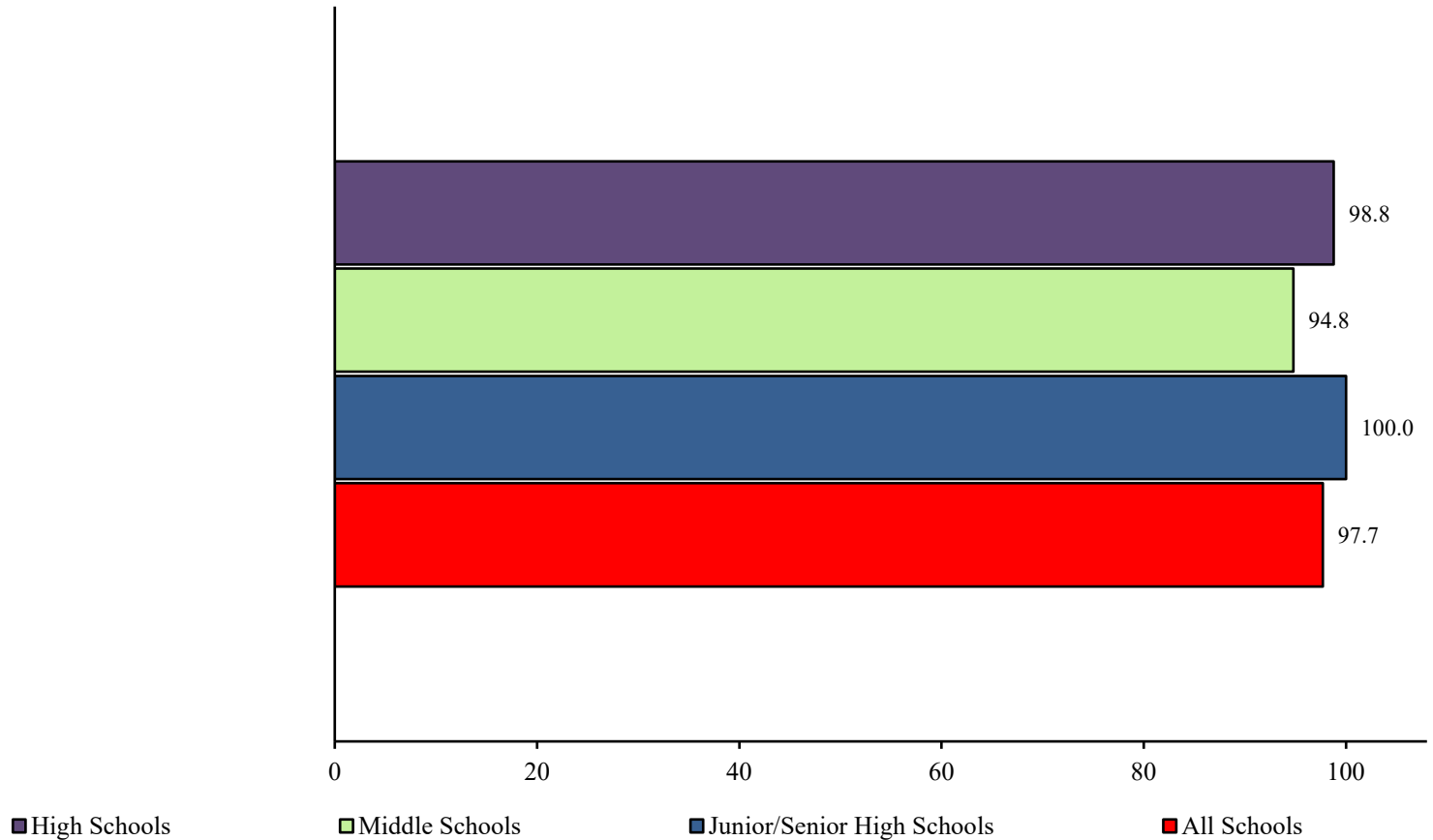


*Among schools that teach sexual health education.

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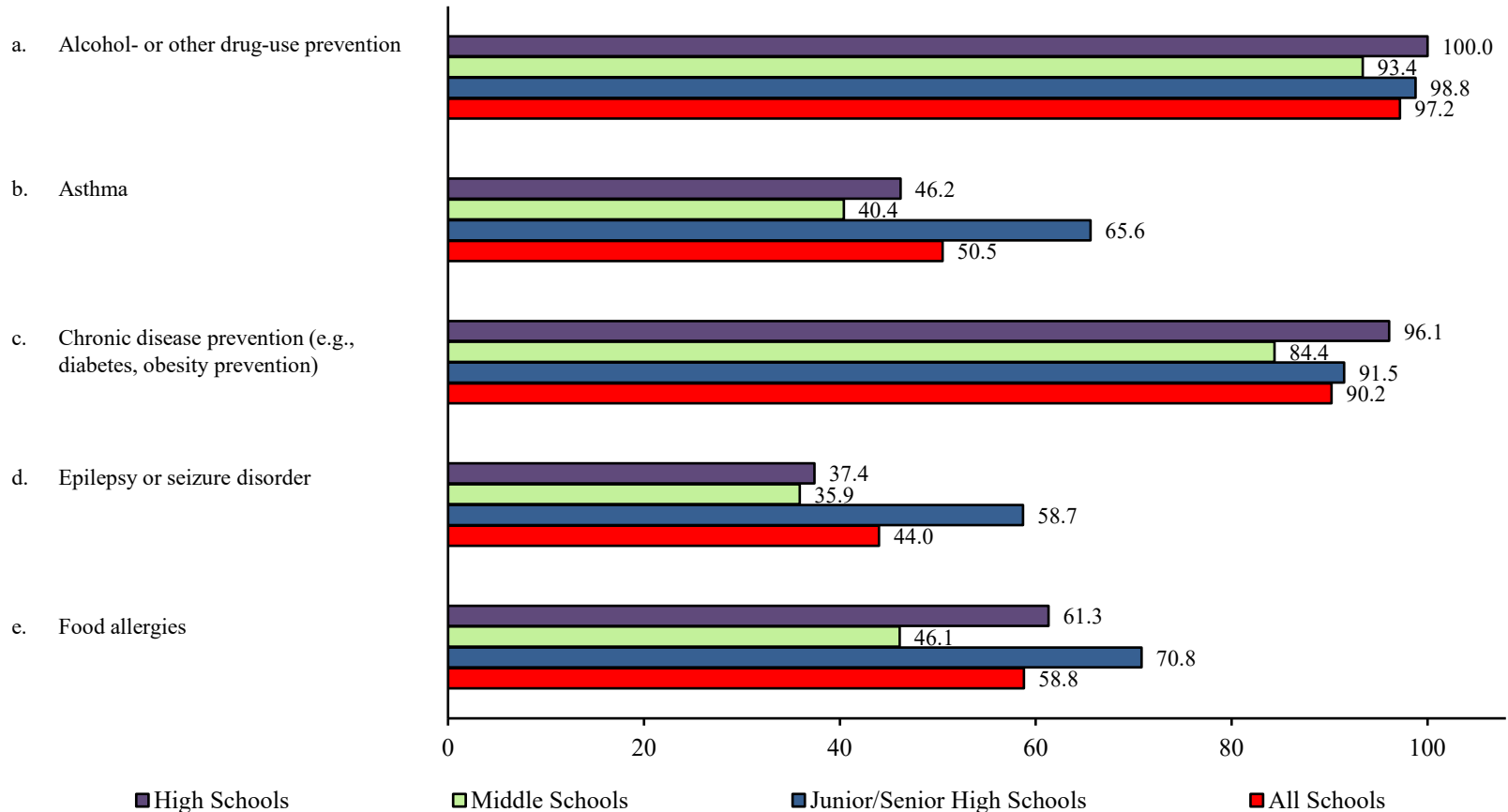
6. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.



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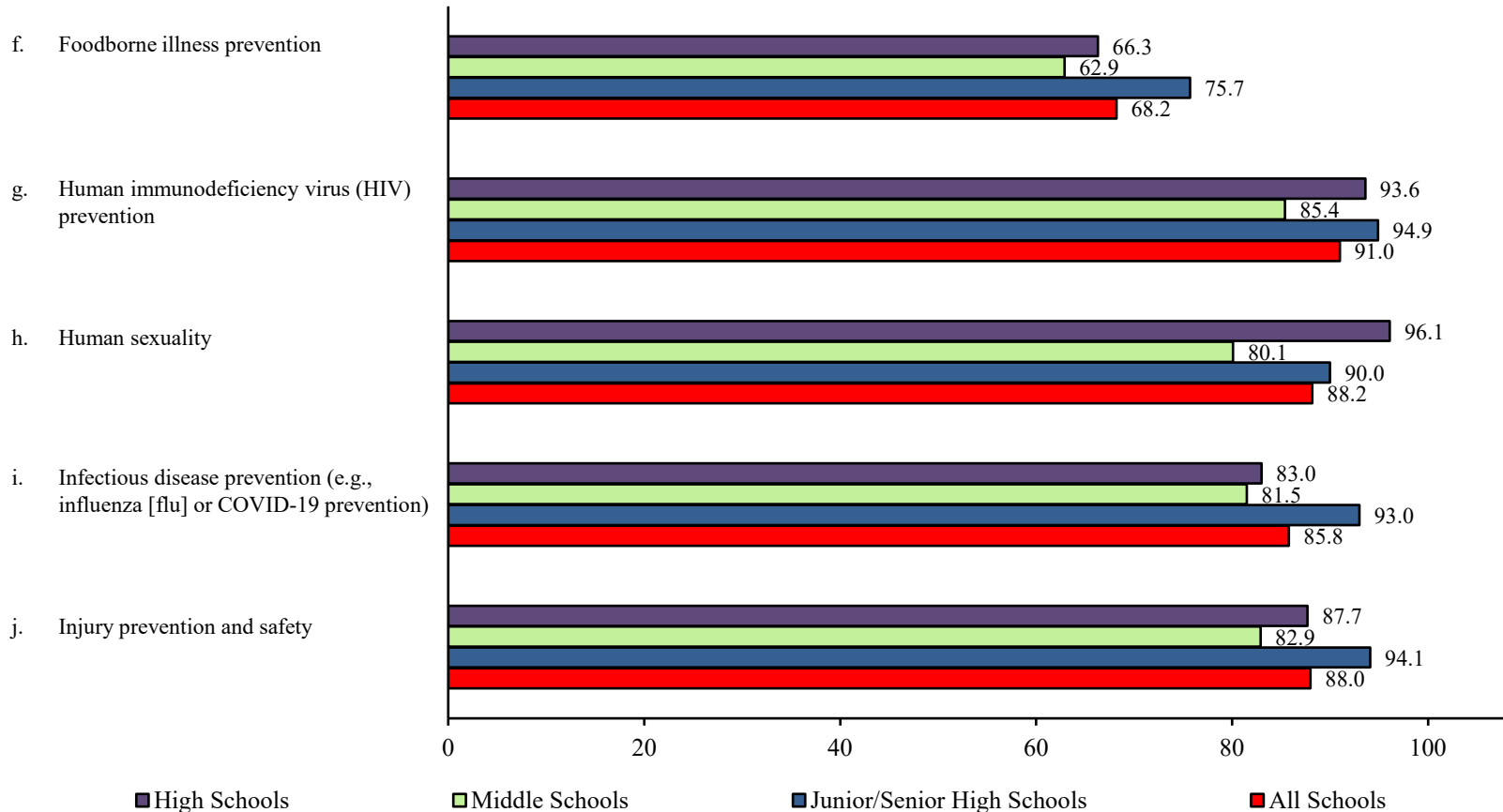
7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.



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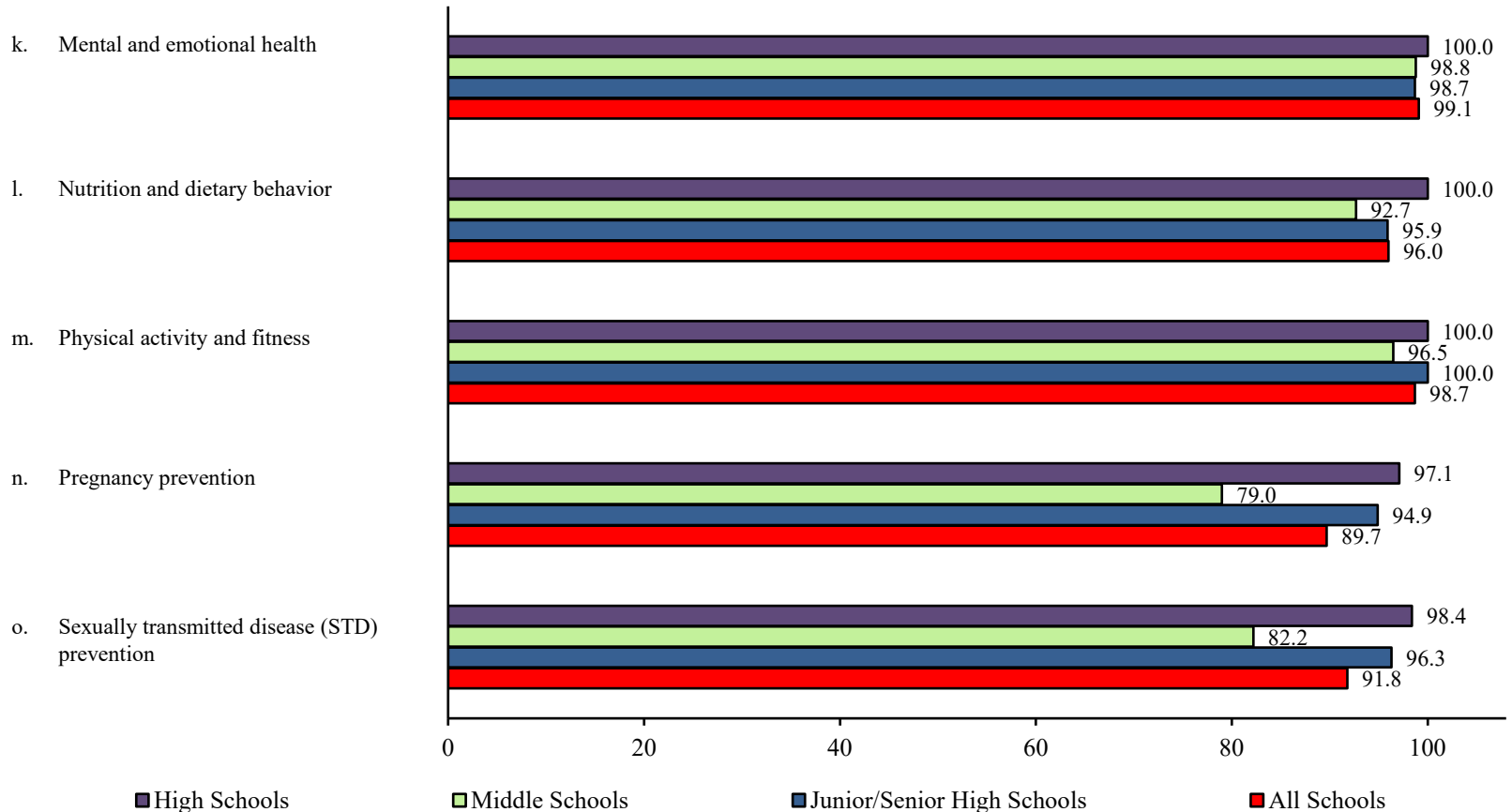
7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.



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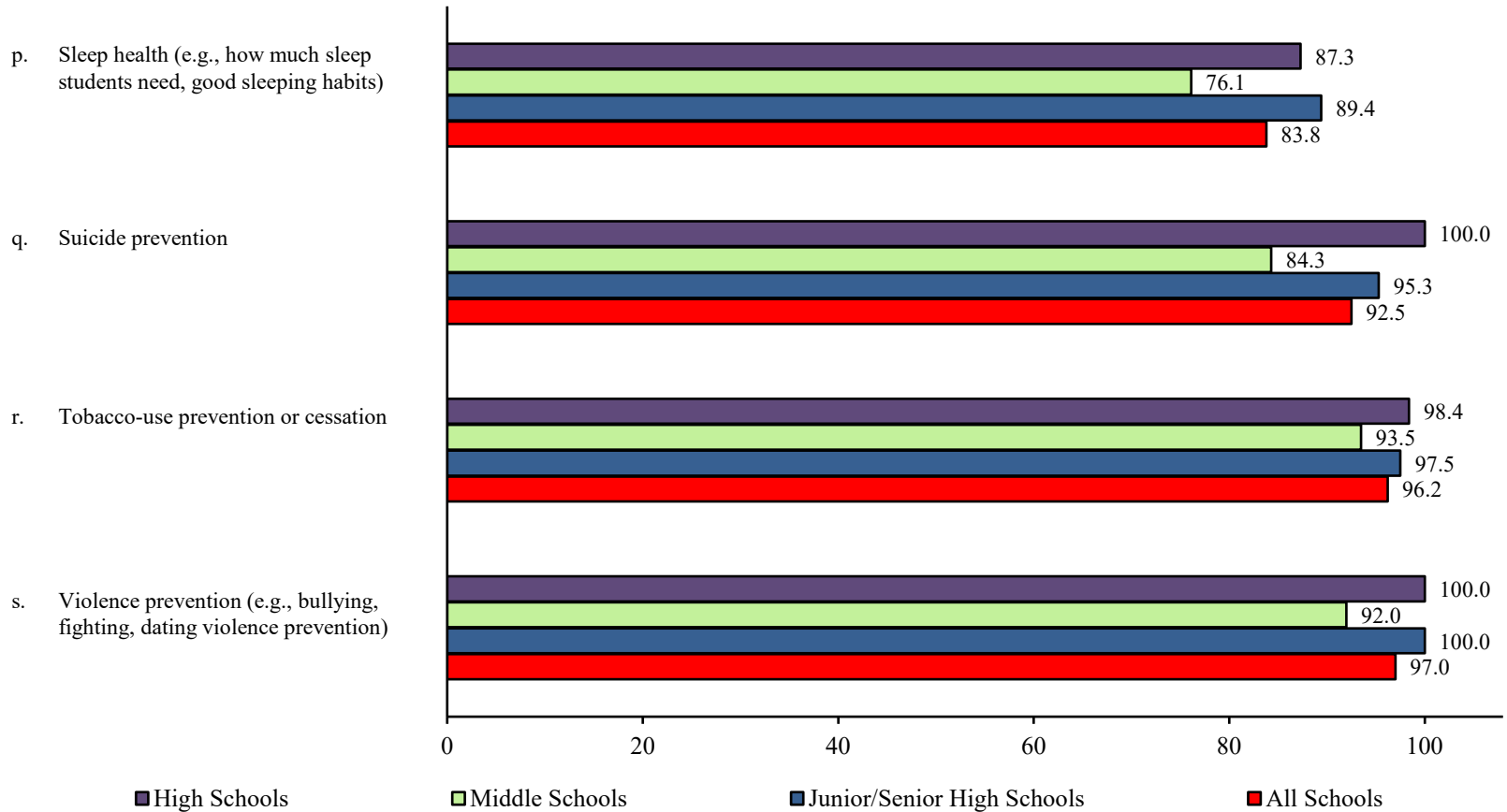
7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.



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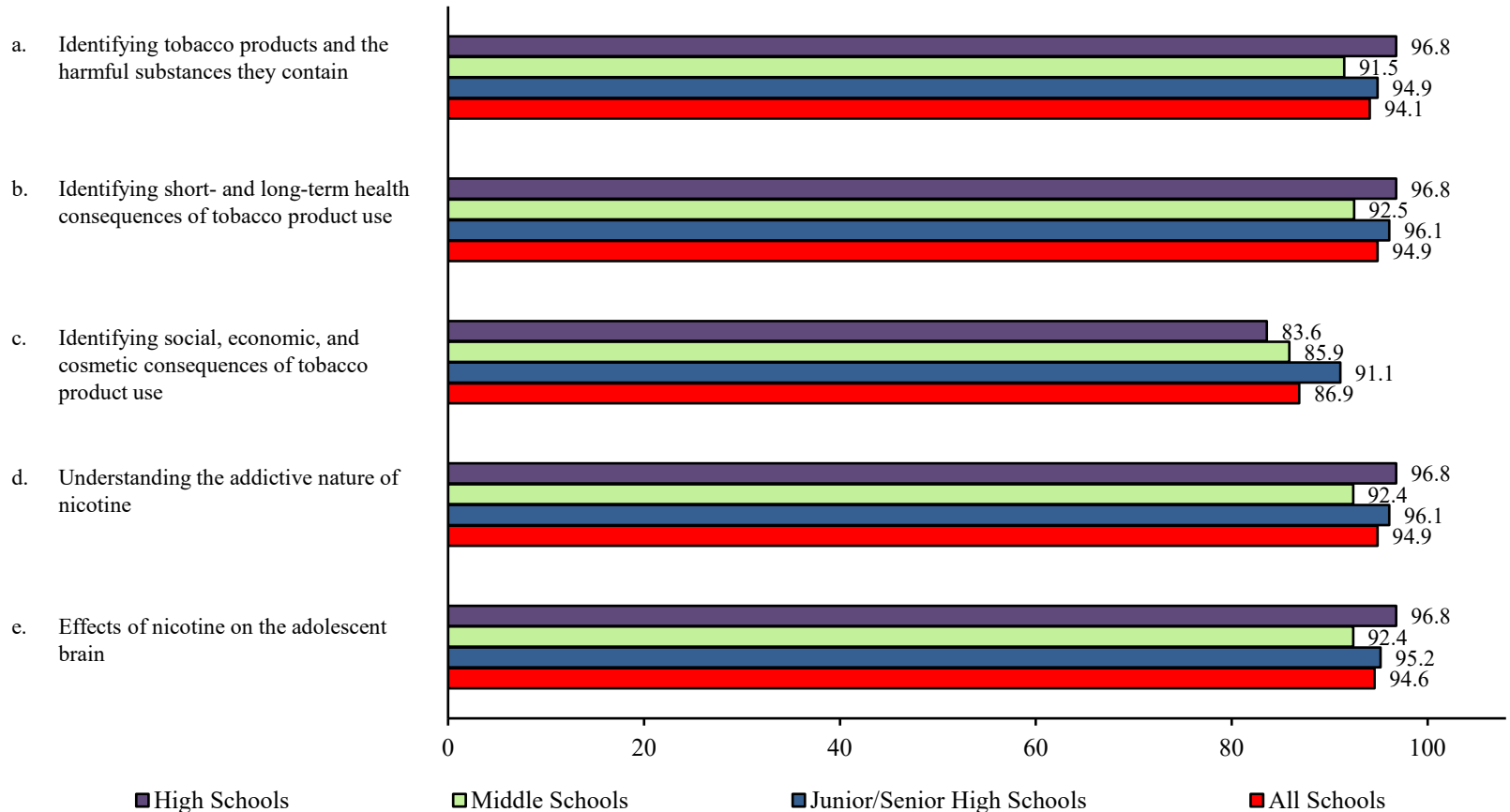
7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

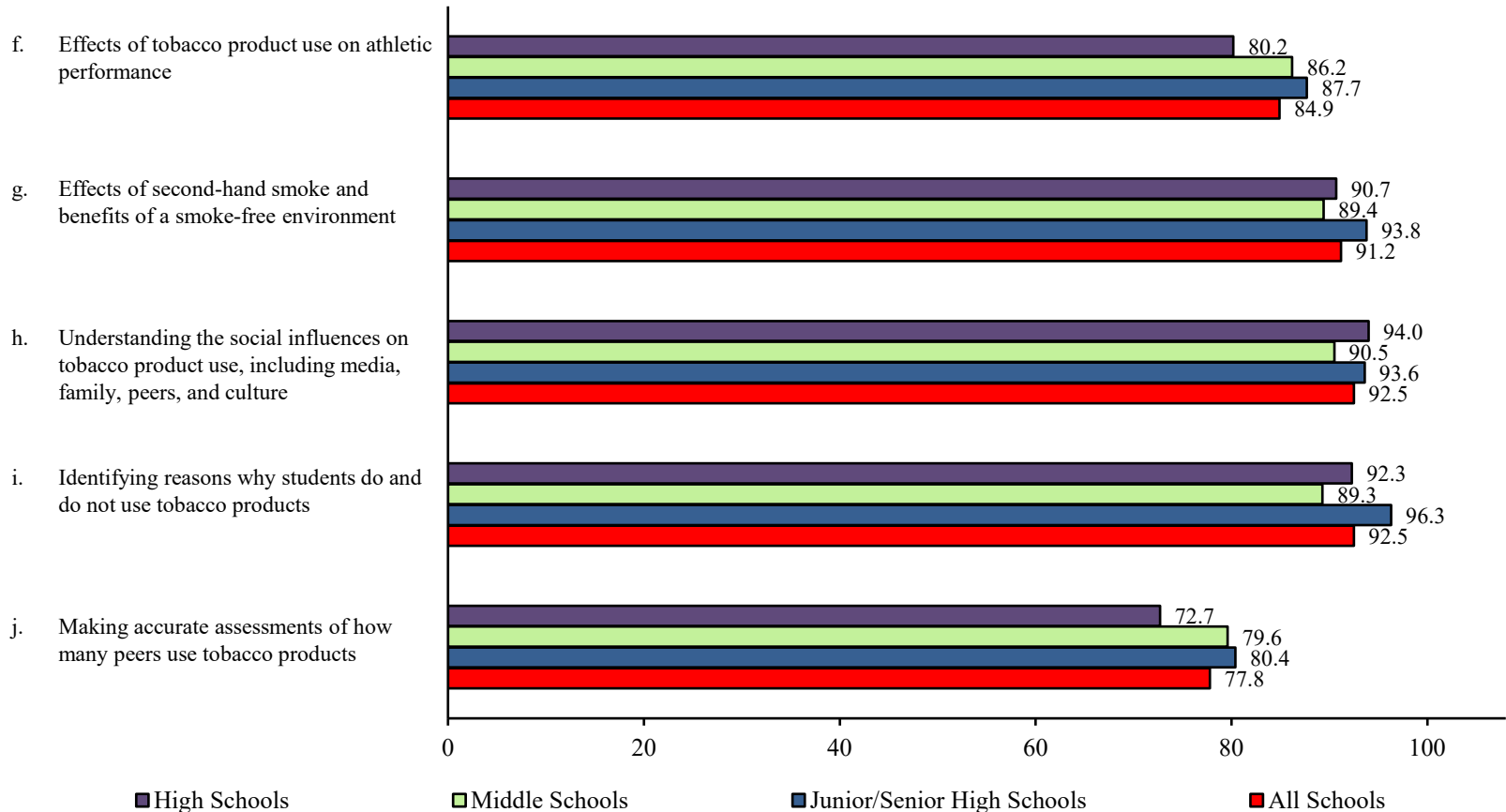
8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.



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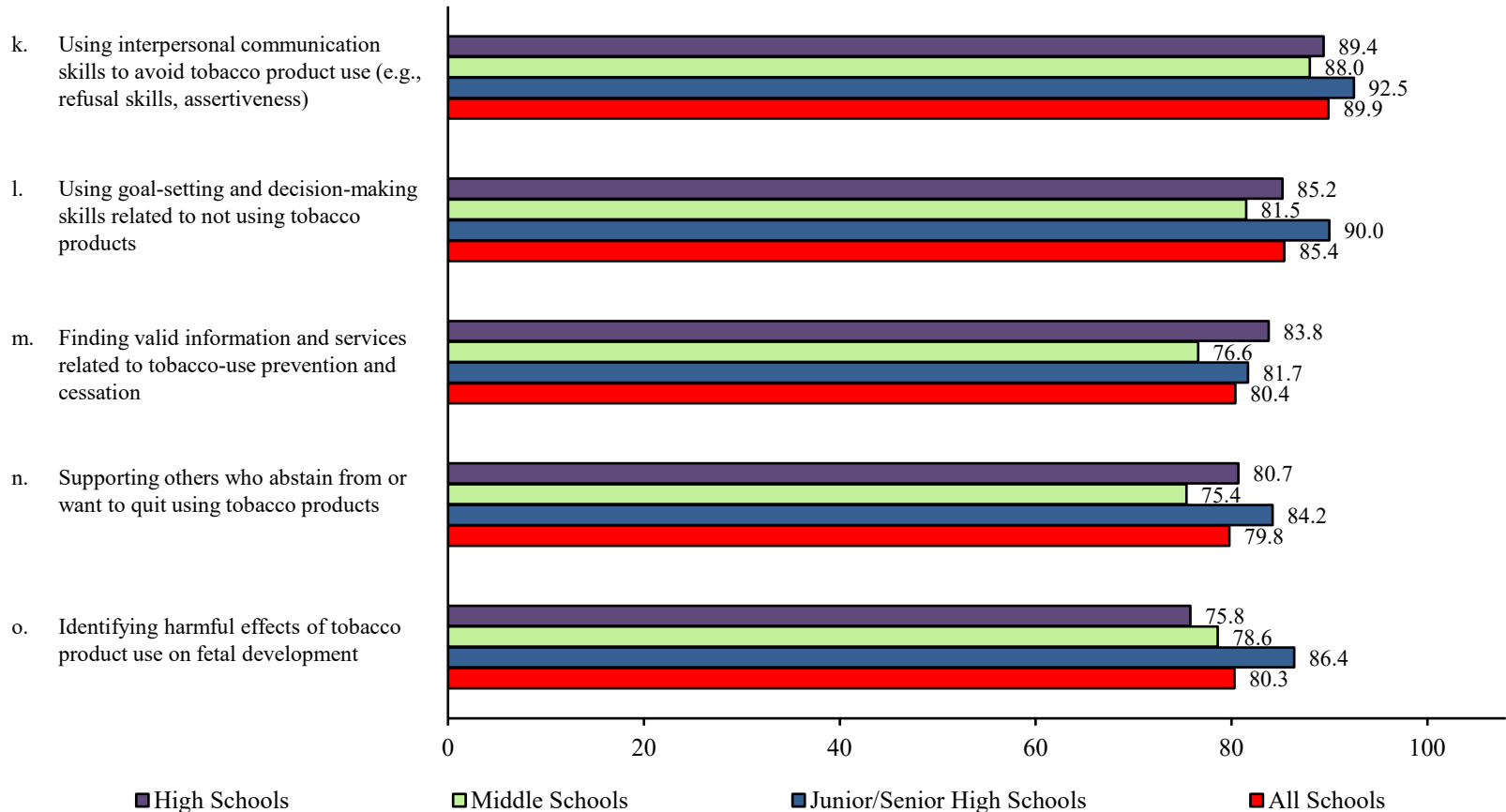
8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.



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Weighted Lead Health Education Teacher Survey Results

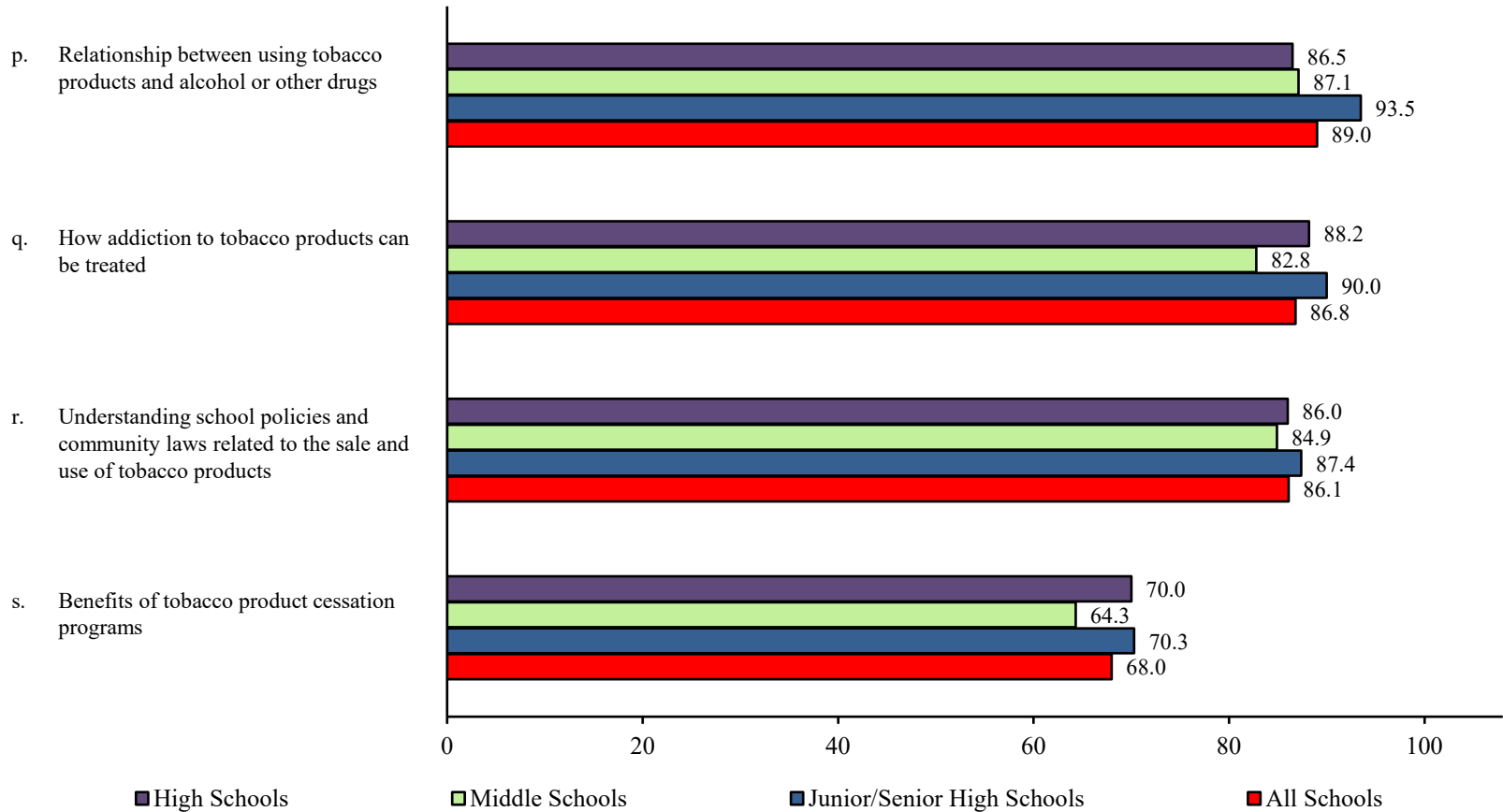
8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.



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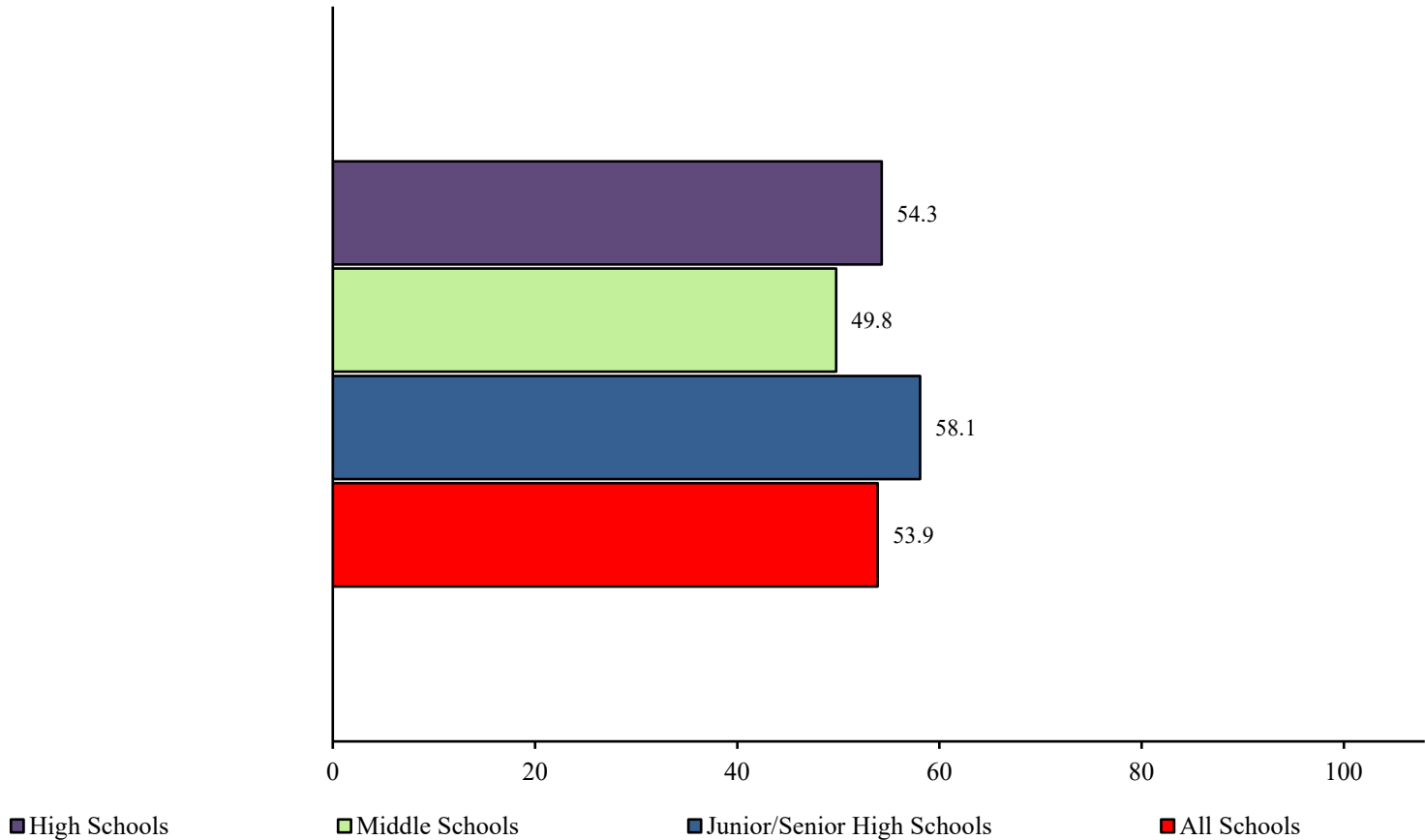
8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.



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8N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

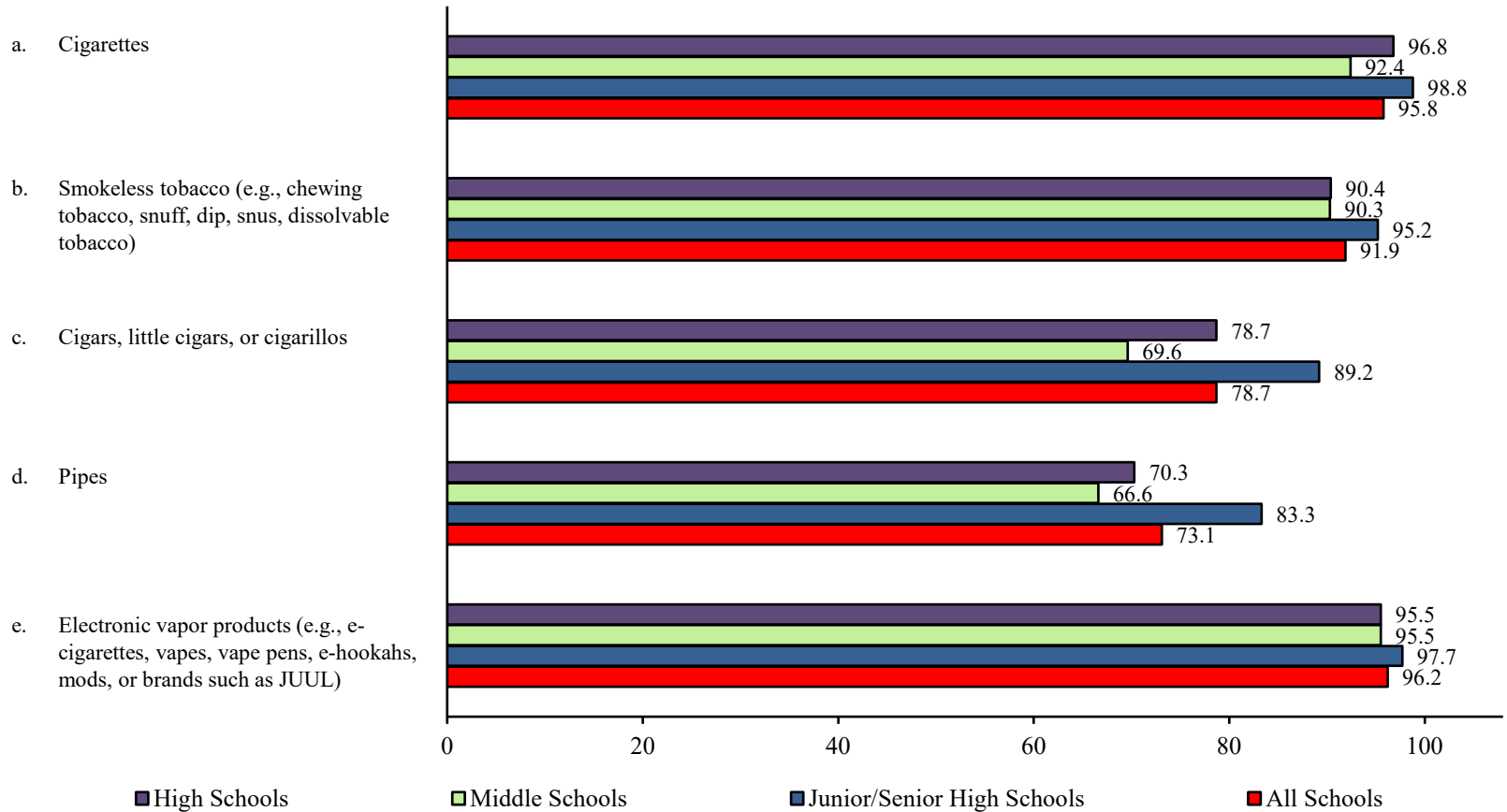


*Responses to question 8 a through s all are "yes."

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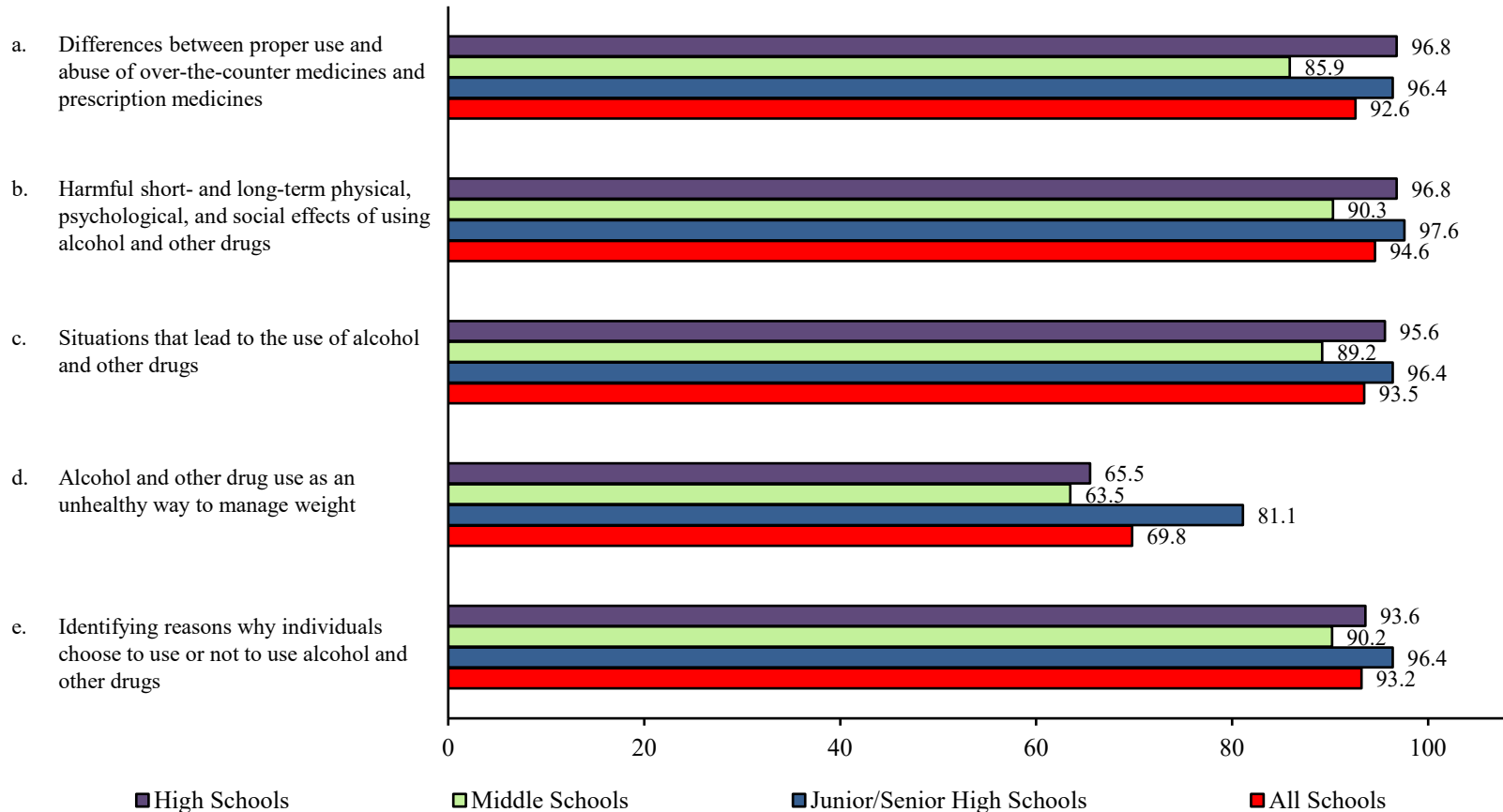
9. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.



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Weighted Lead Health Education Teacher Survey Results

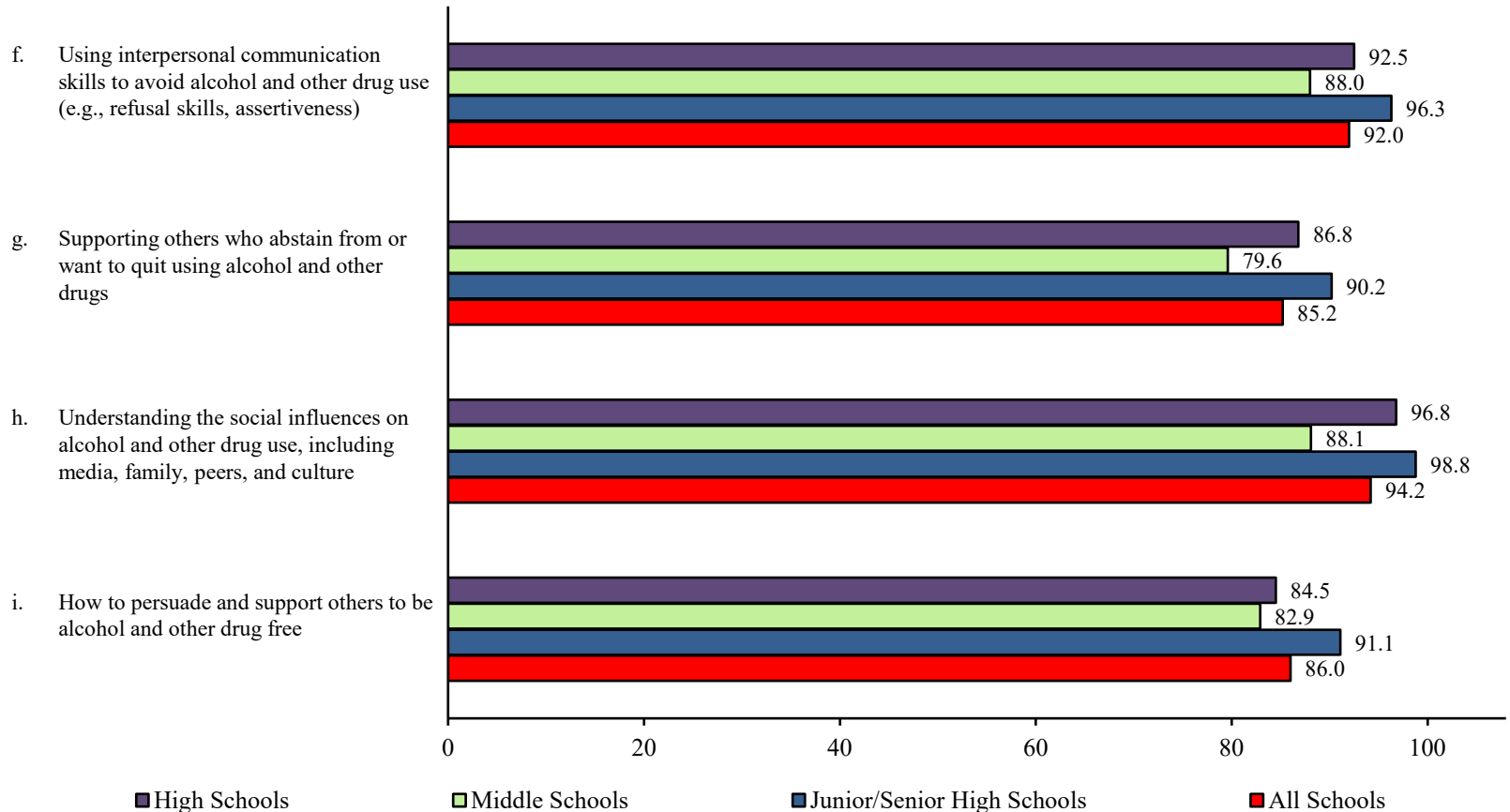
10. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



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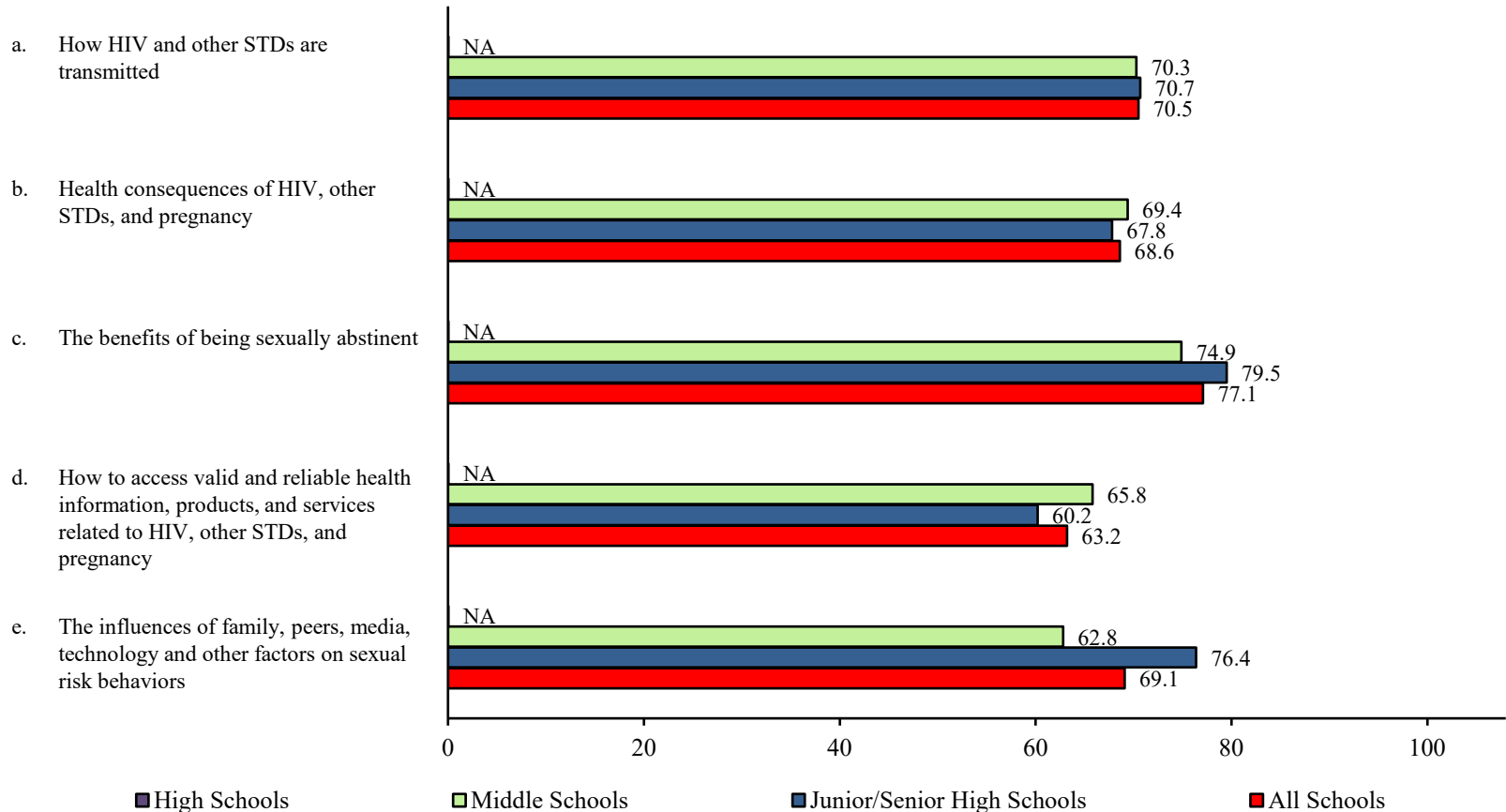
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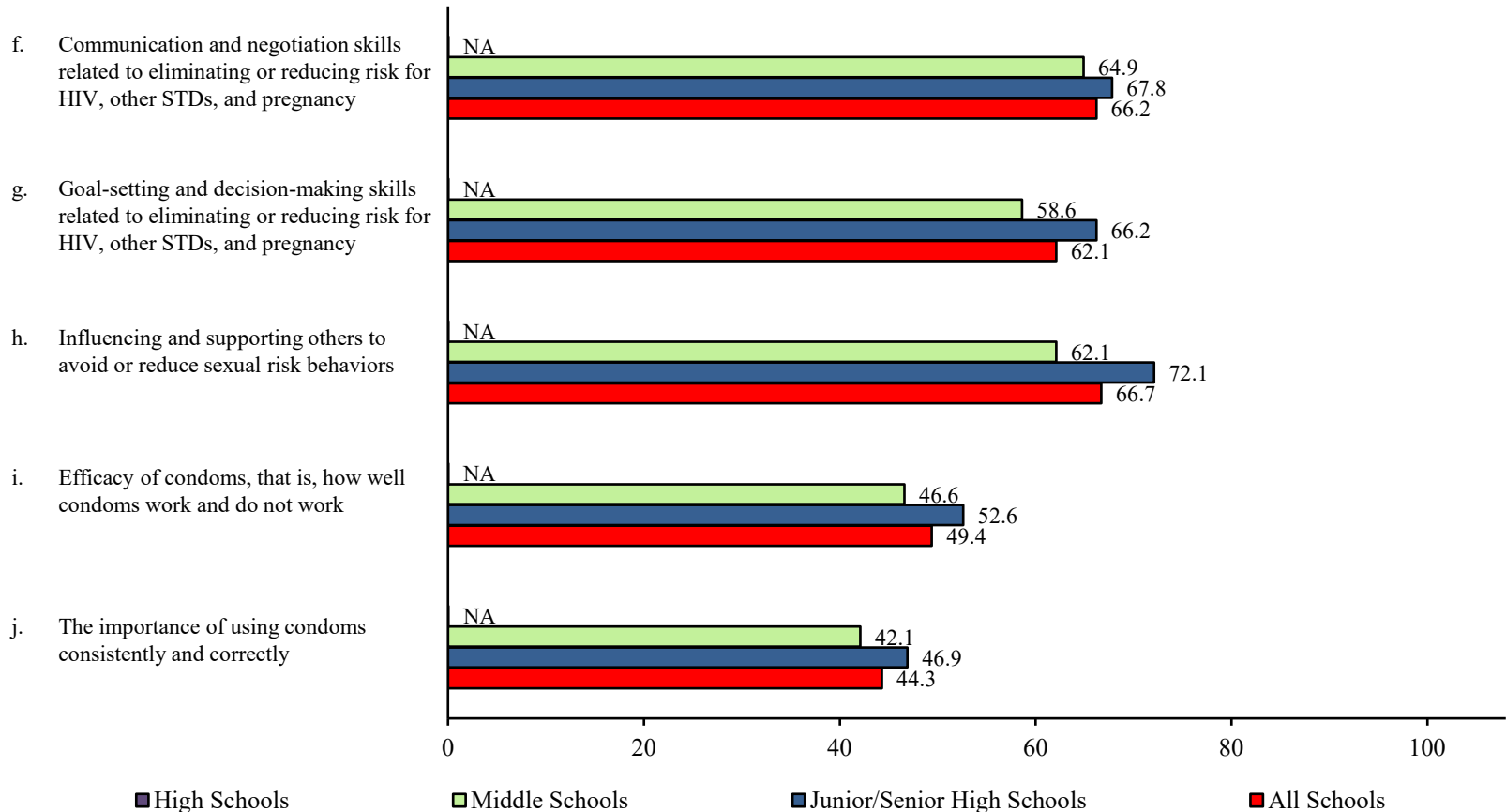
11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.



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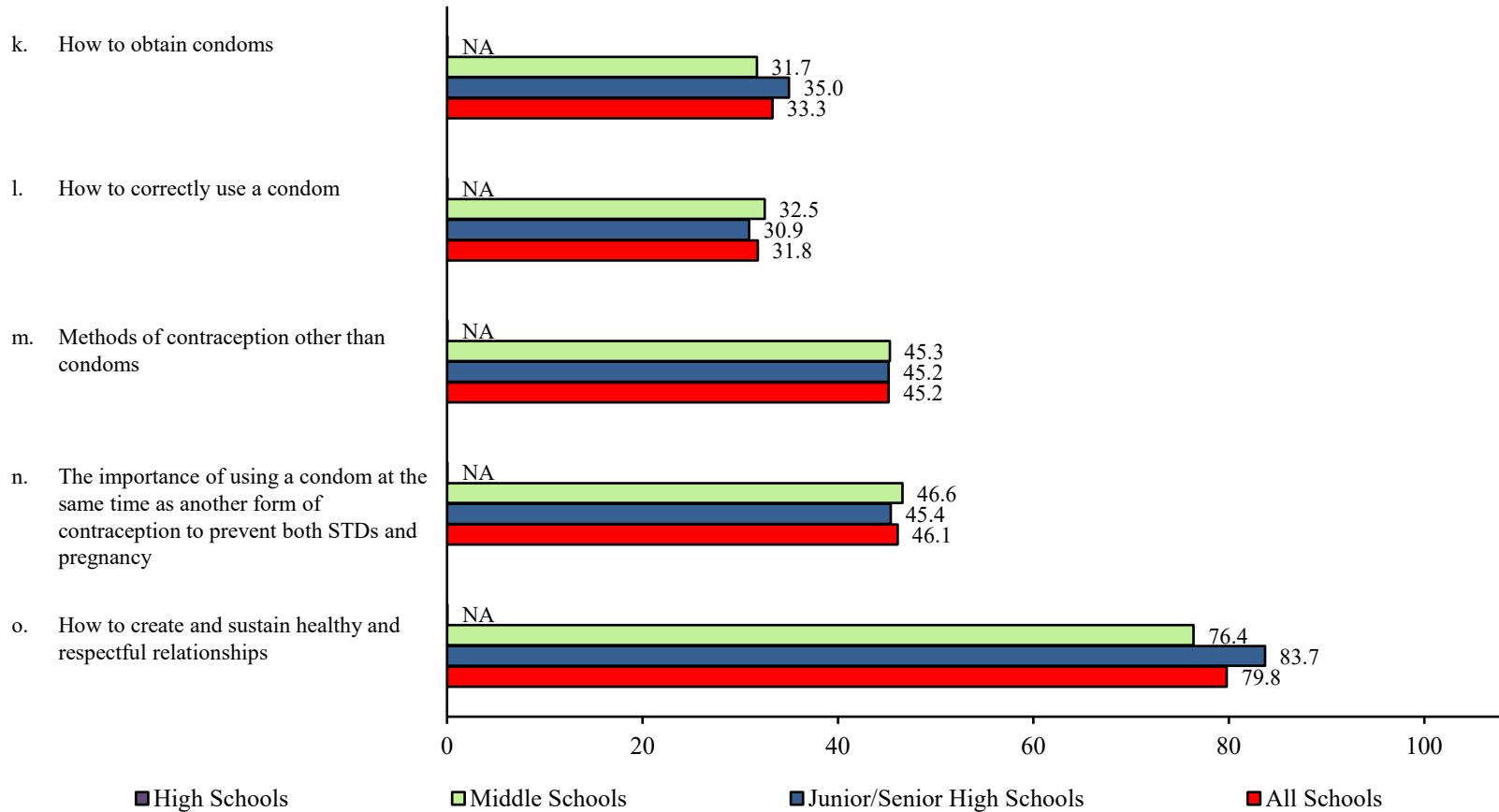
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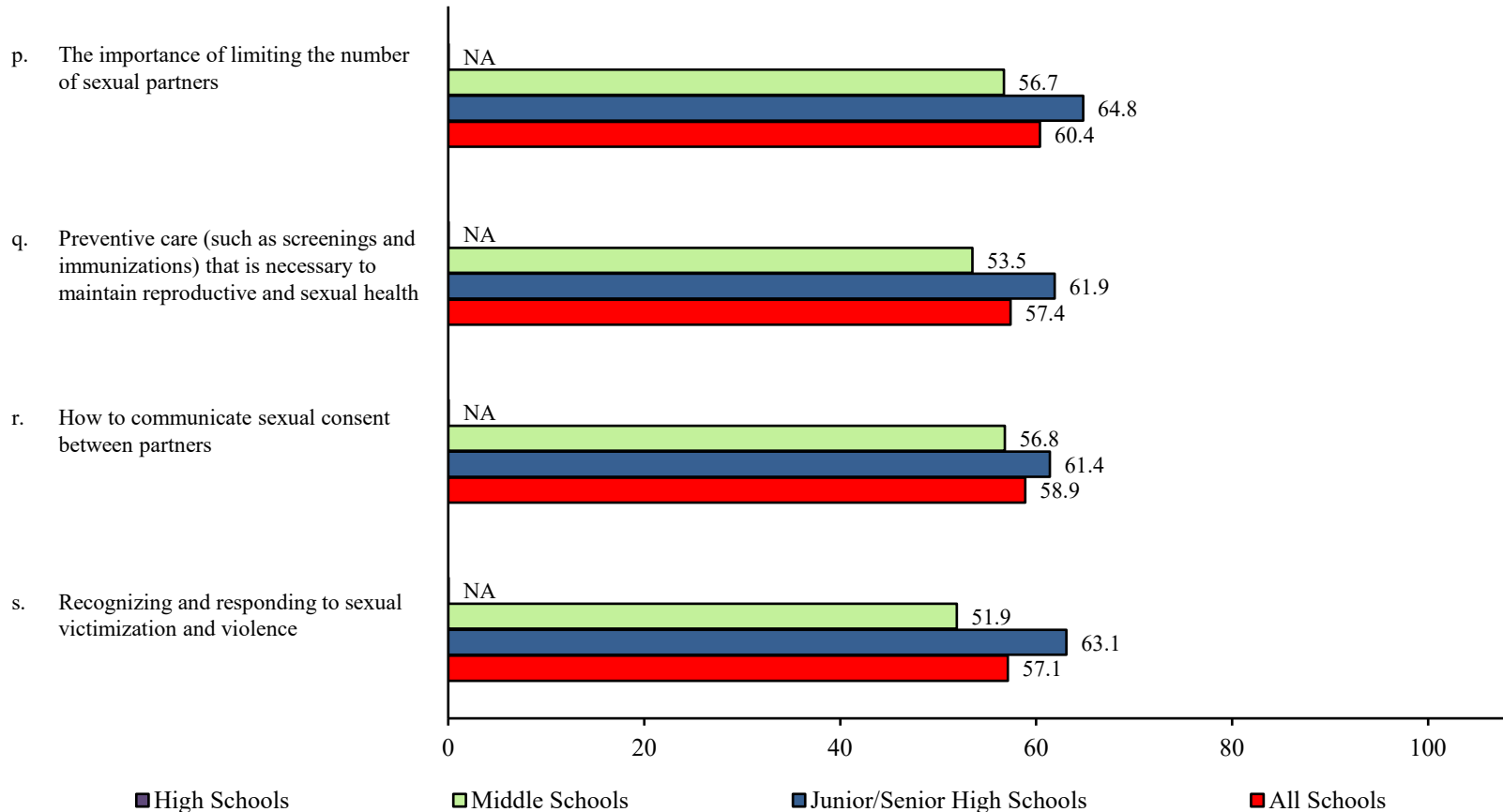
11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.



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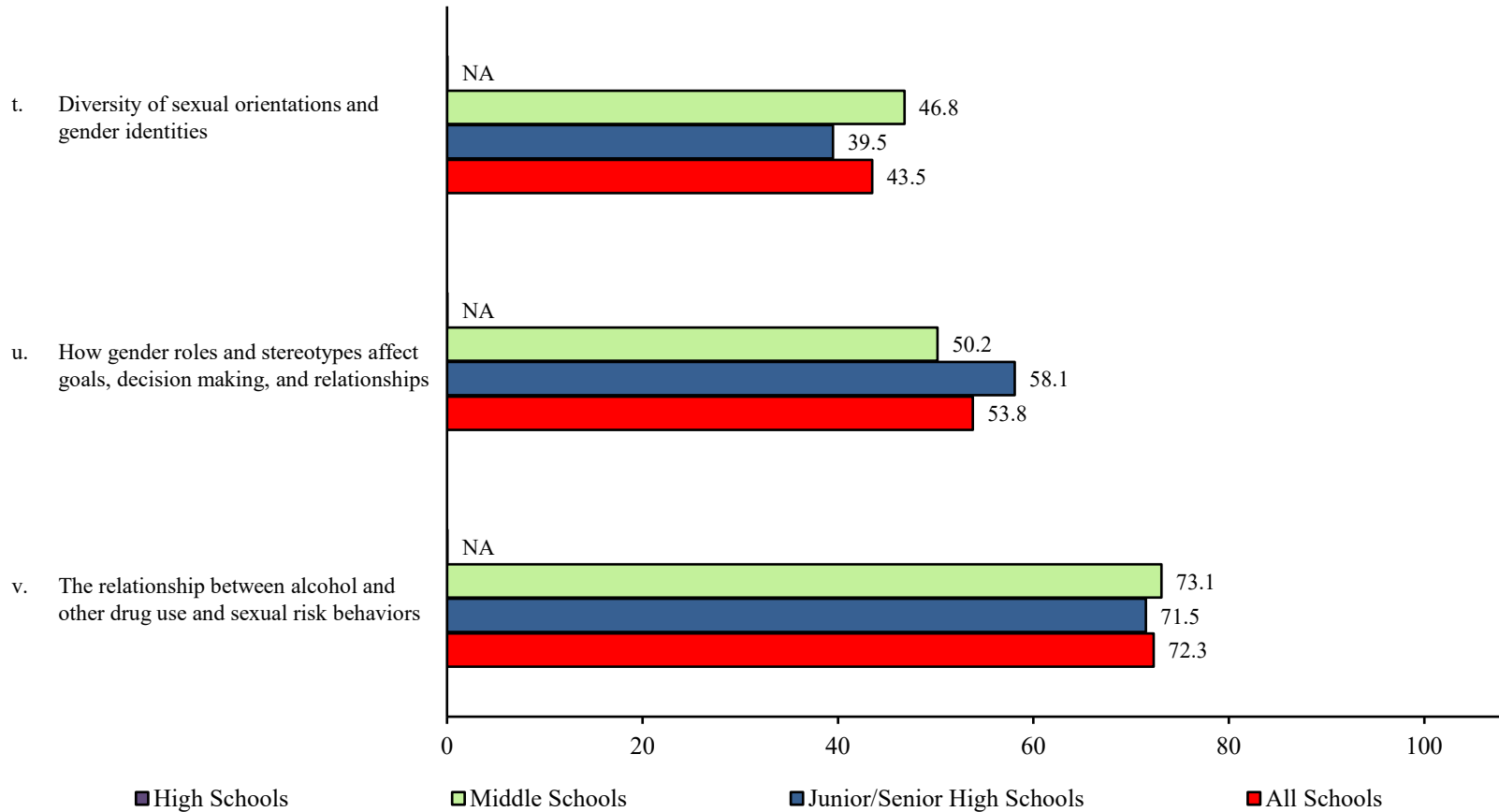
11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.



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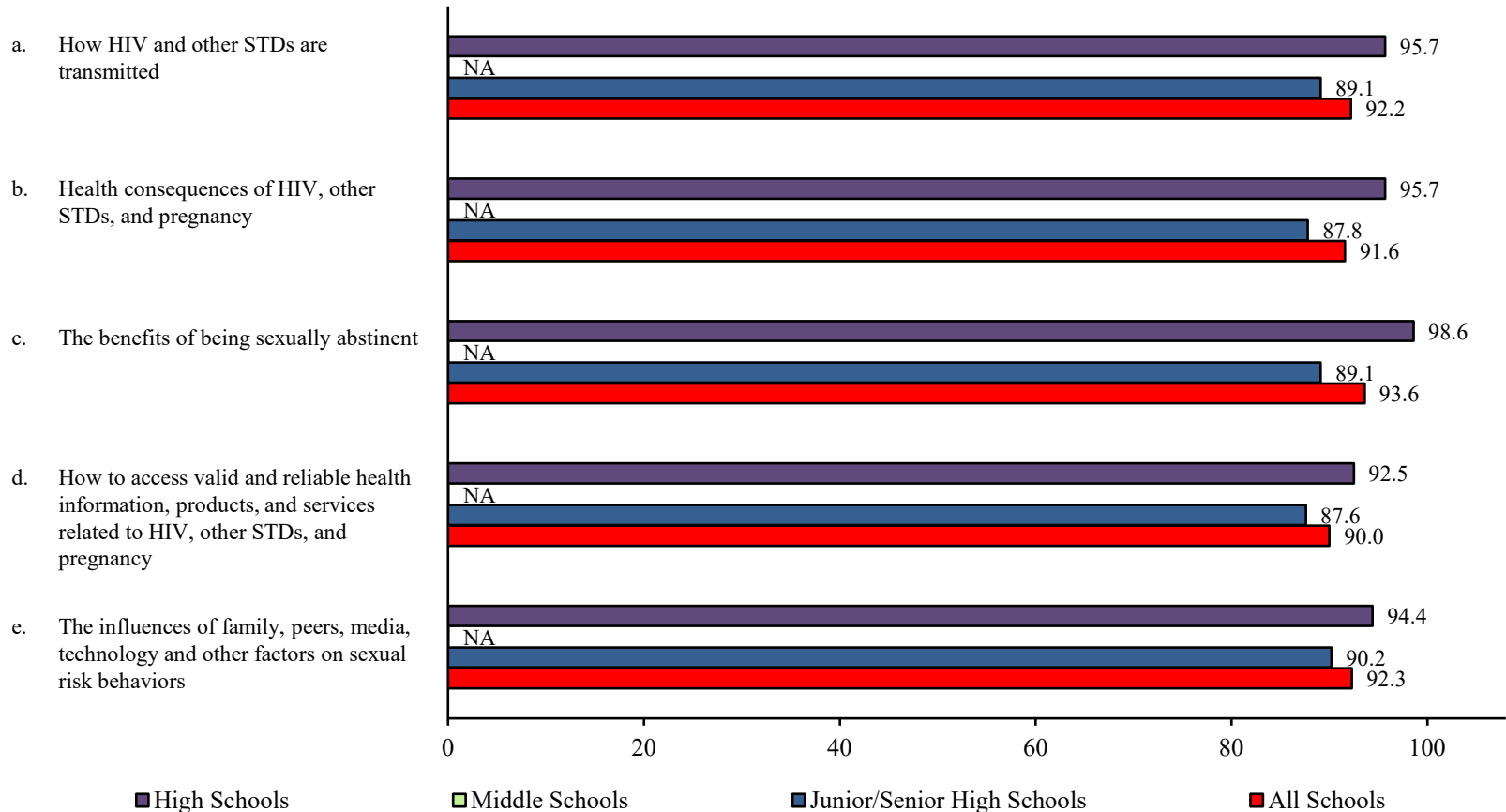
11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.



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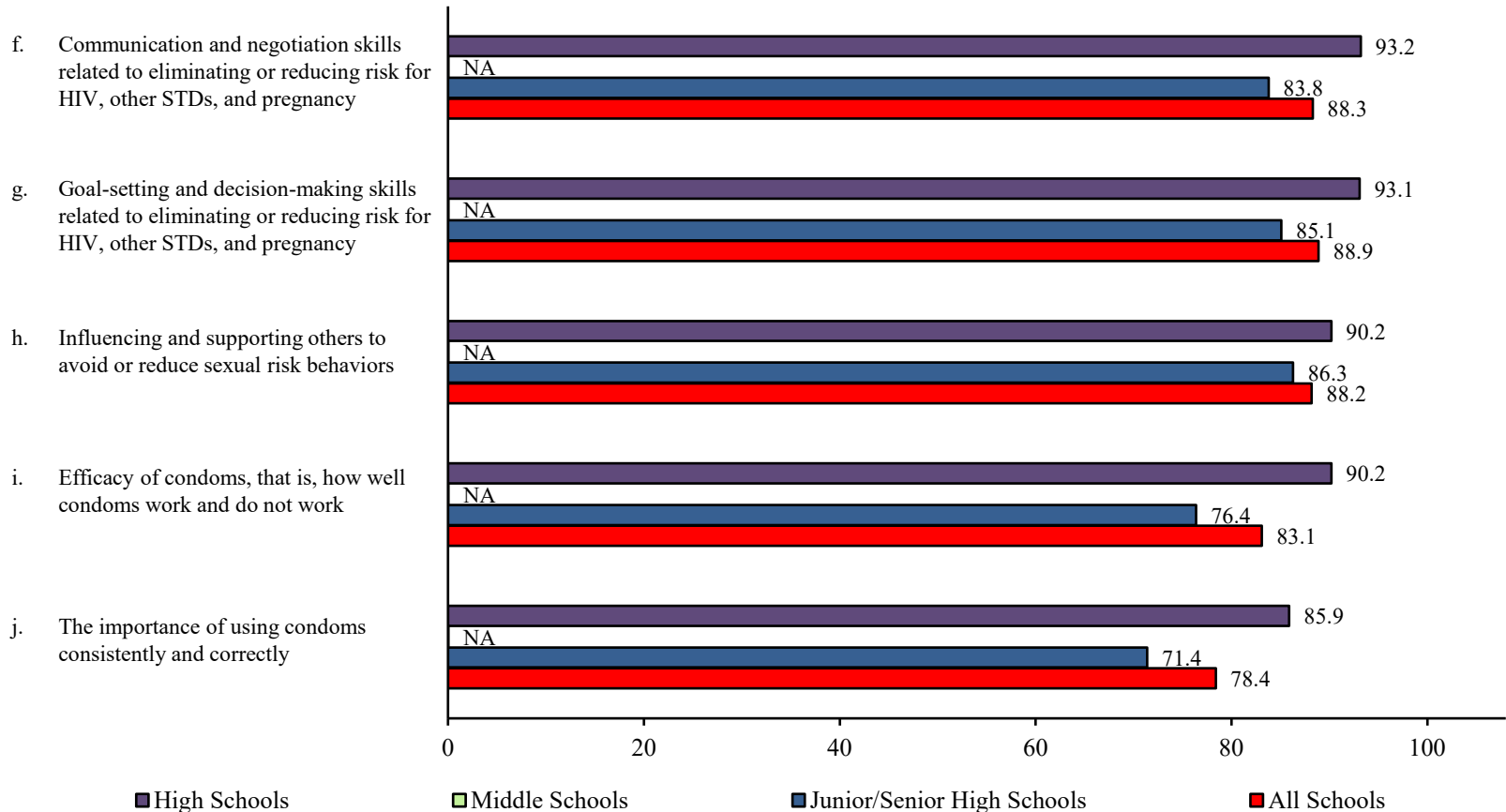
11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



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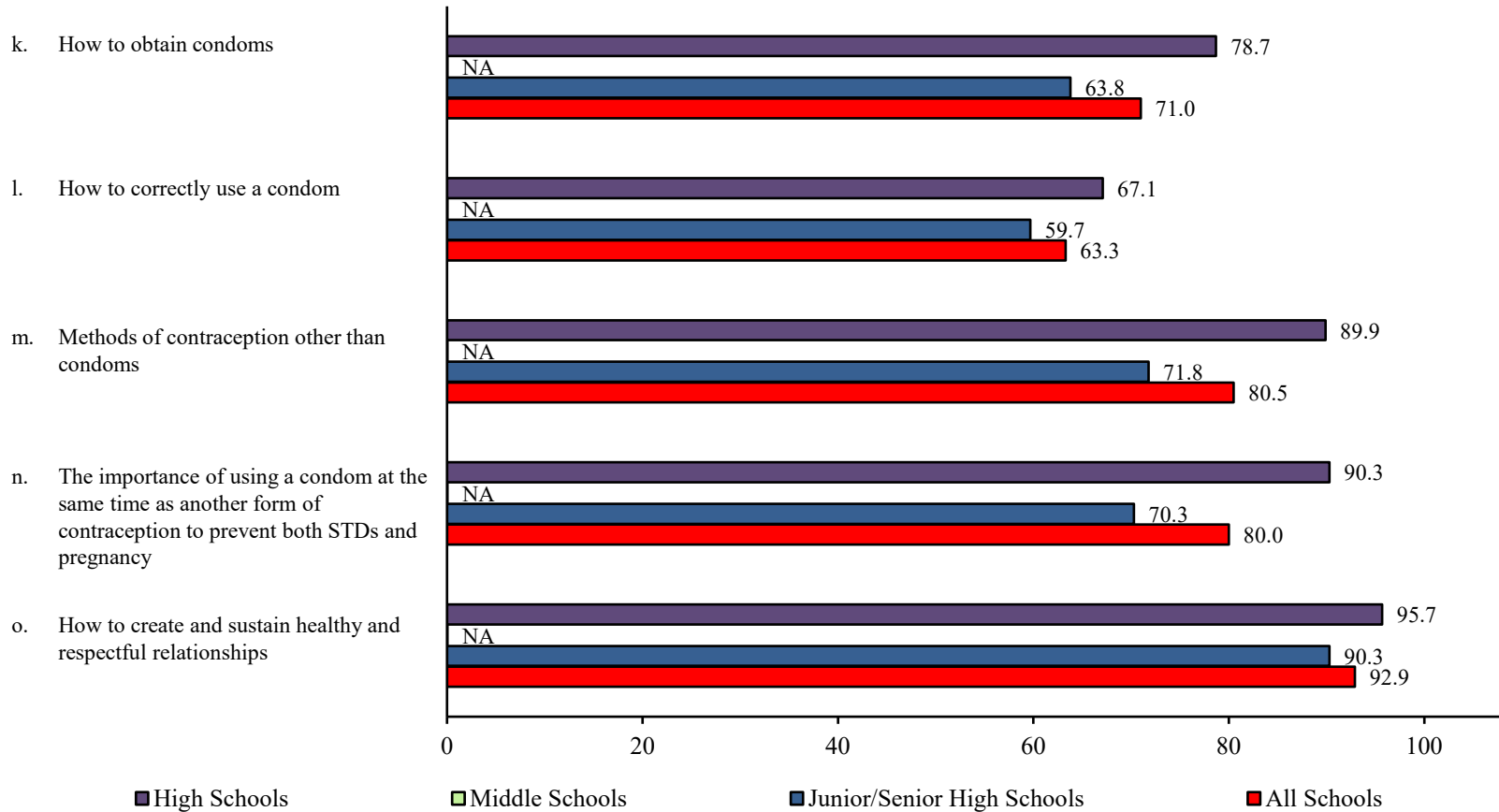
11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



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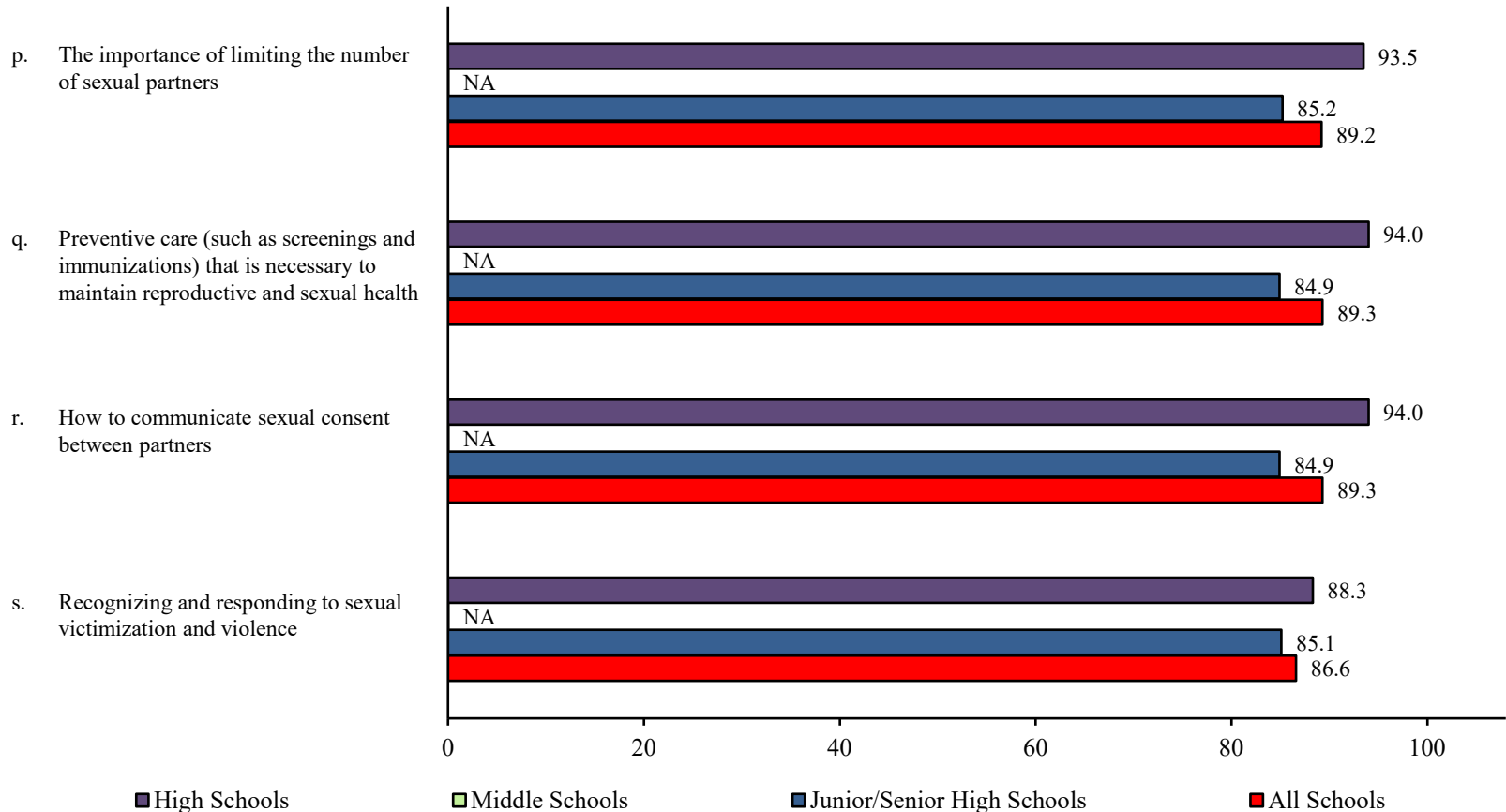
11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



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Weighted Lead Health Education Teacher Survey Results

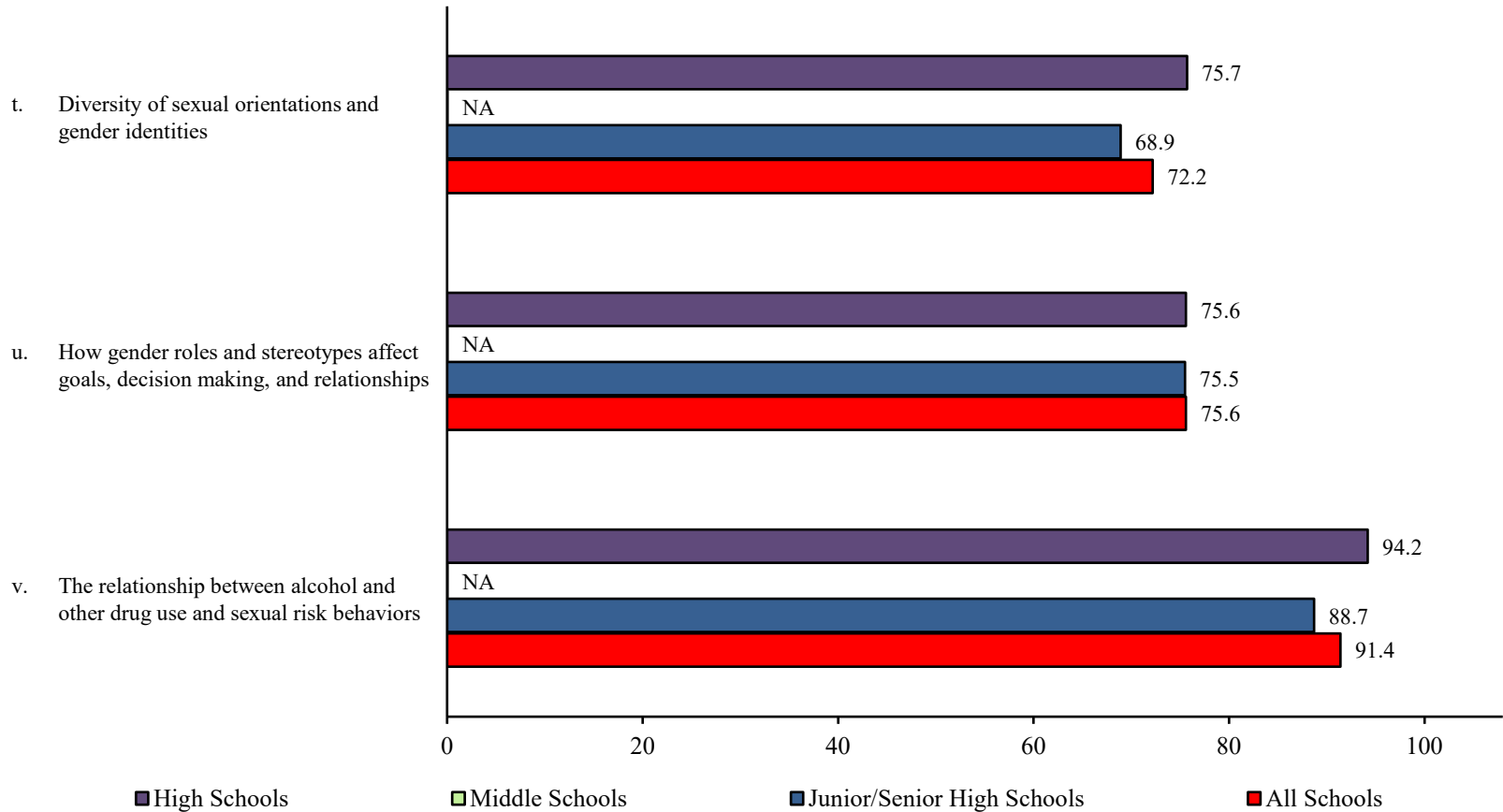
11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



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Weighted Lead Health Education Teacher Survey Results

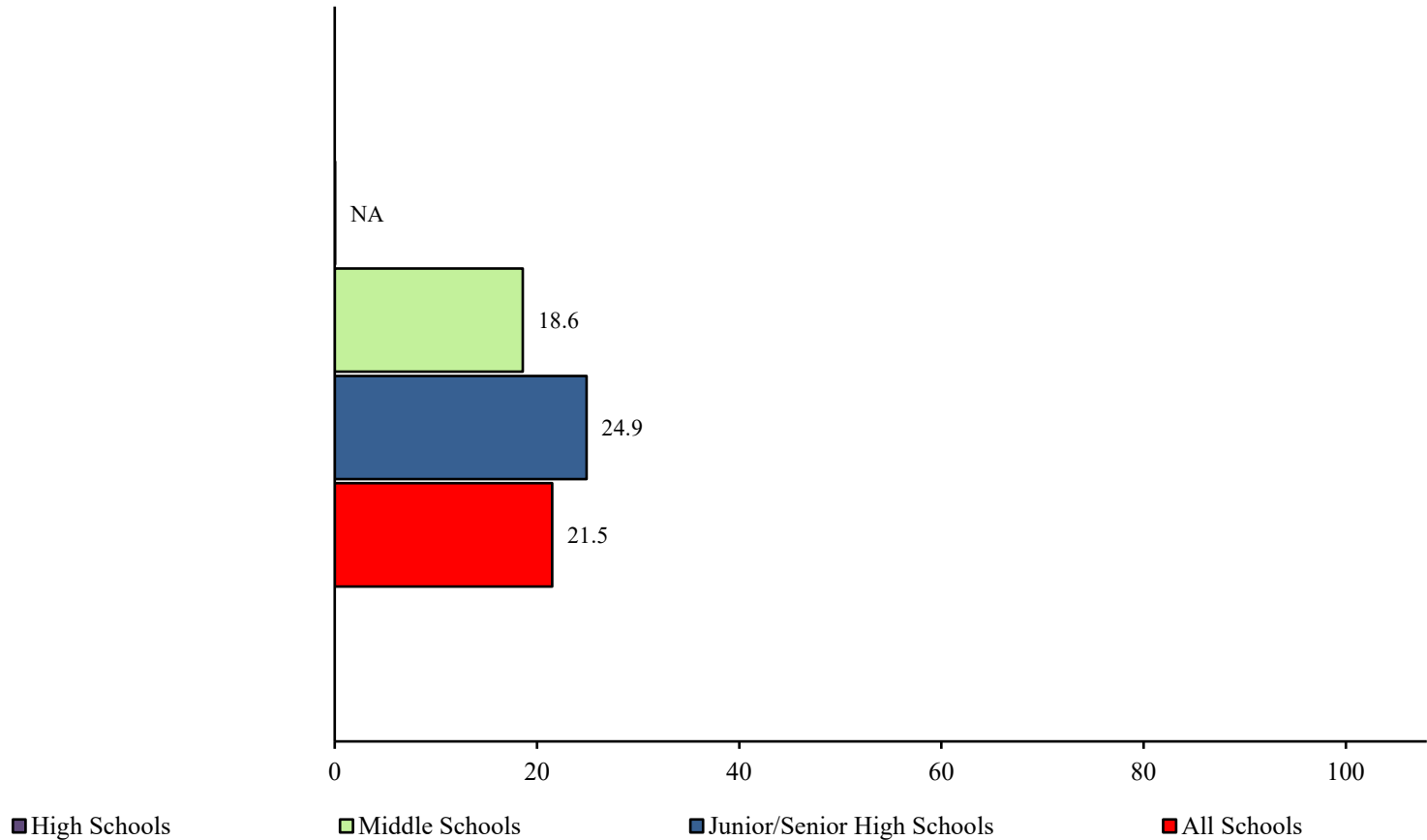
11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.*



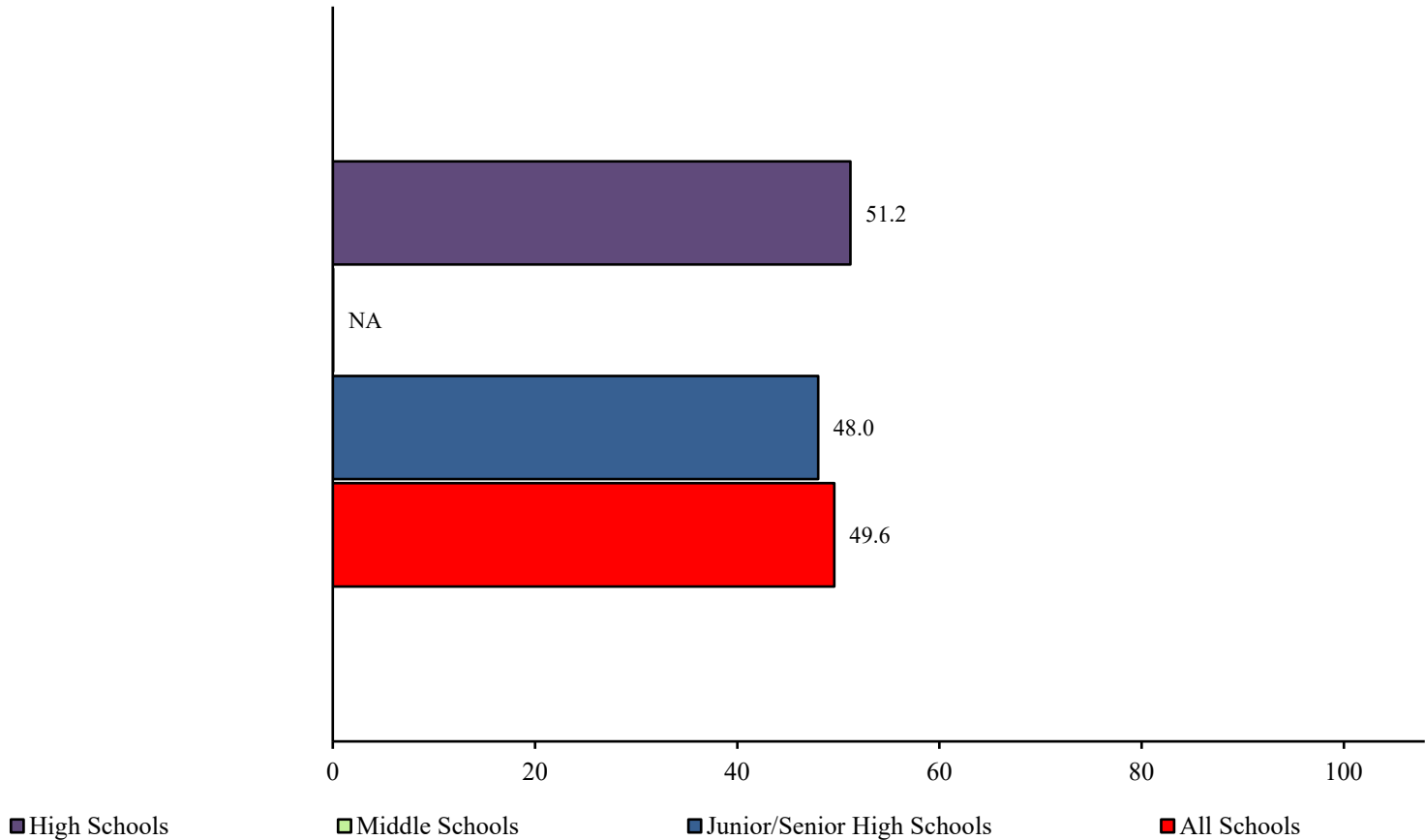
*Responses to question 11 a through v all are "yes."

NA = Not available

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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N_2. Percentage of schools that taught all 22 sexual health topics in any of grades 9, 10, 11, or 12 during the current school year.*



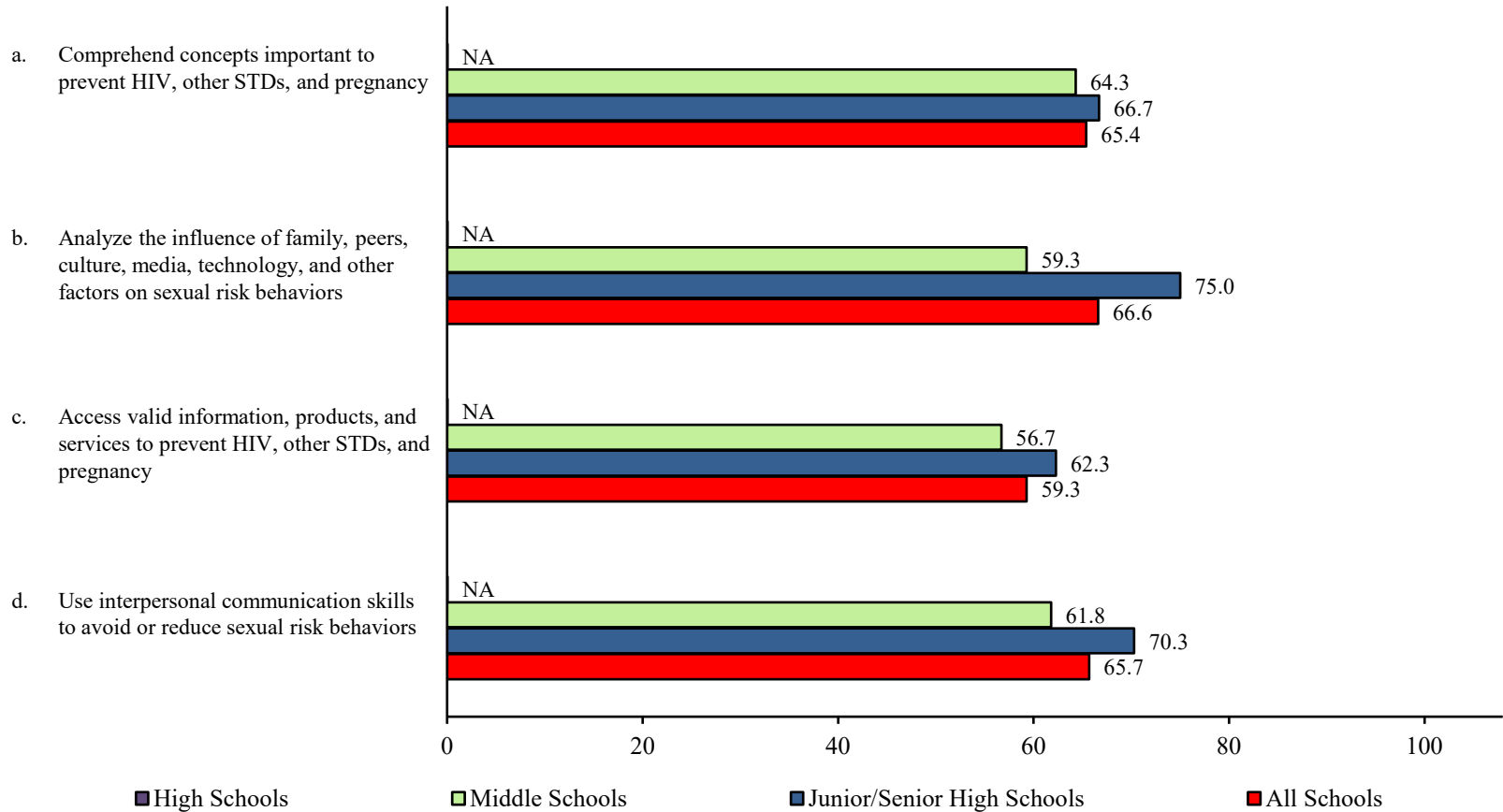
*Responses to question 11 a through v all are "yes."

NA = Not available

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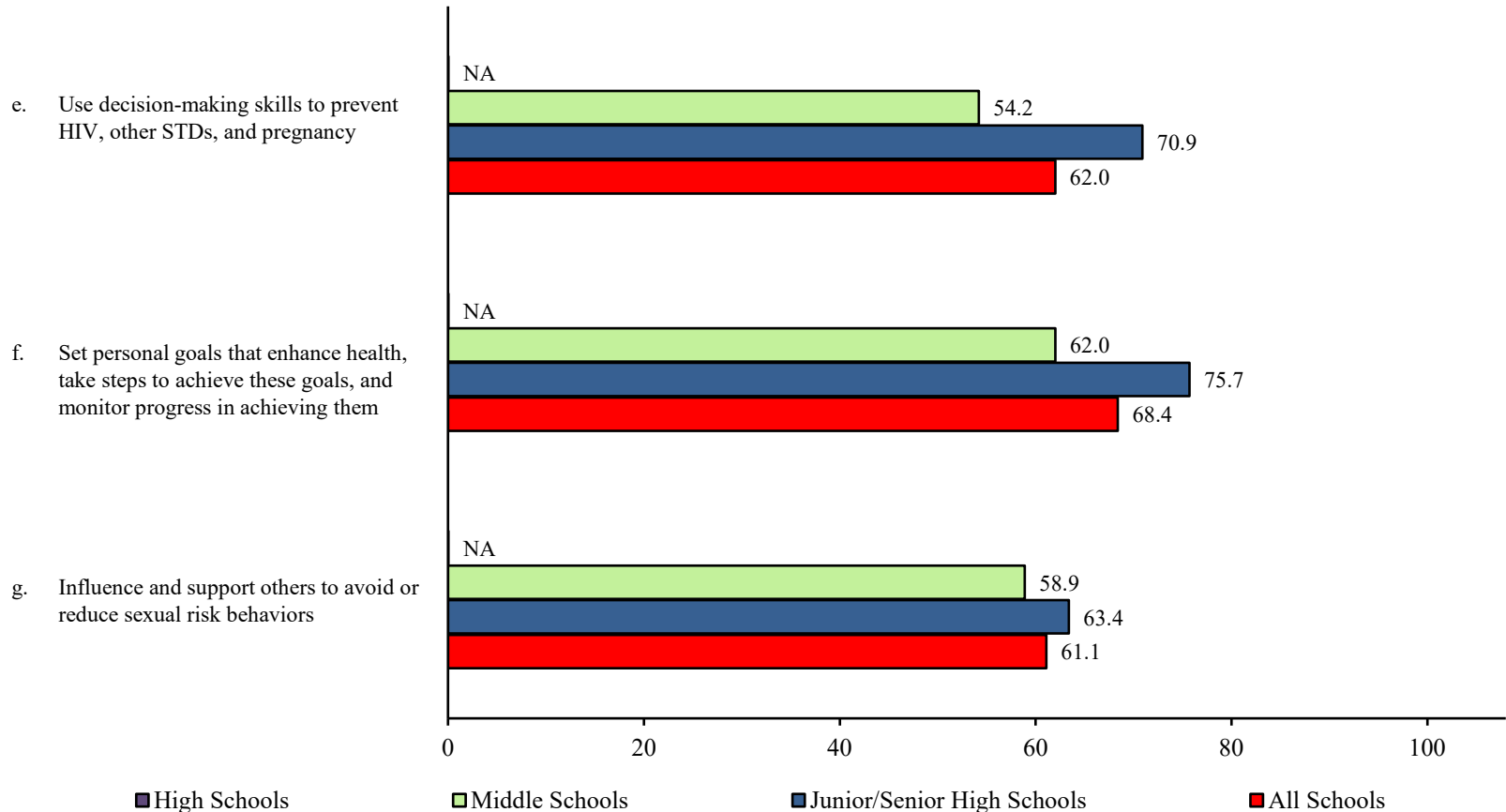
12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.



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Weighted Lead Health Education Teacher Survey Results

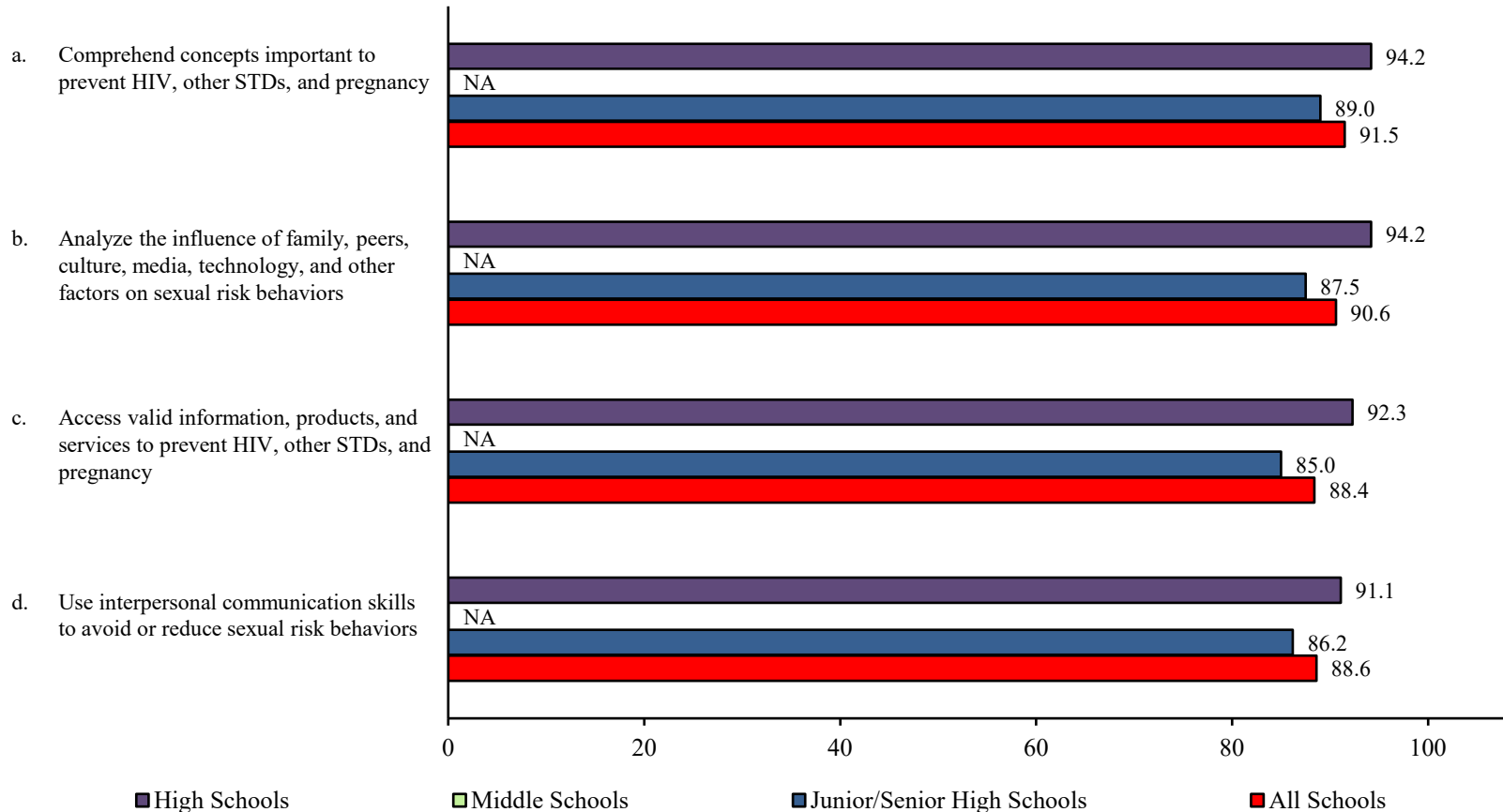
12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.



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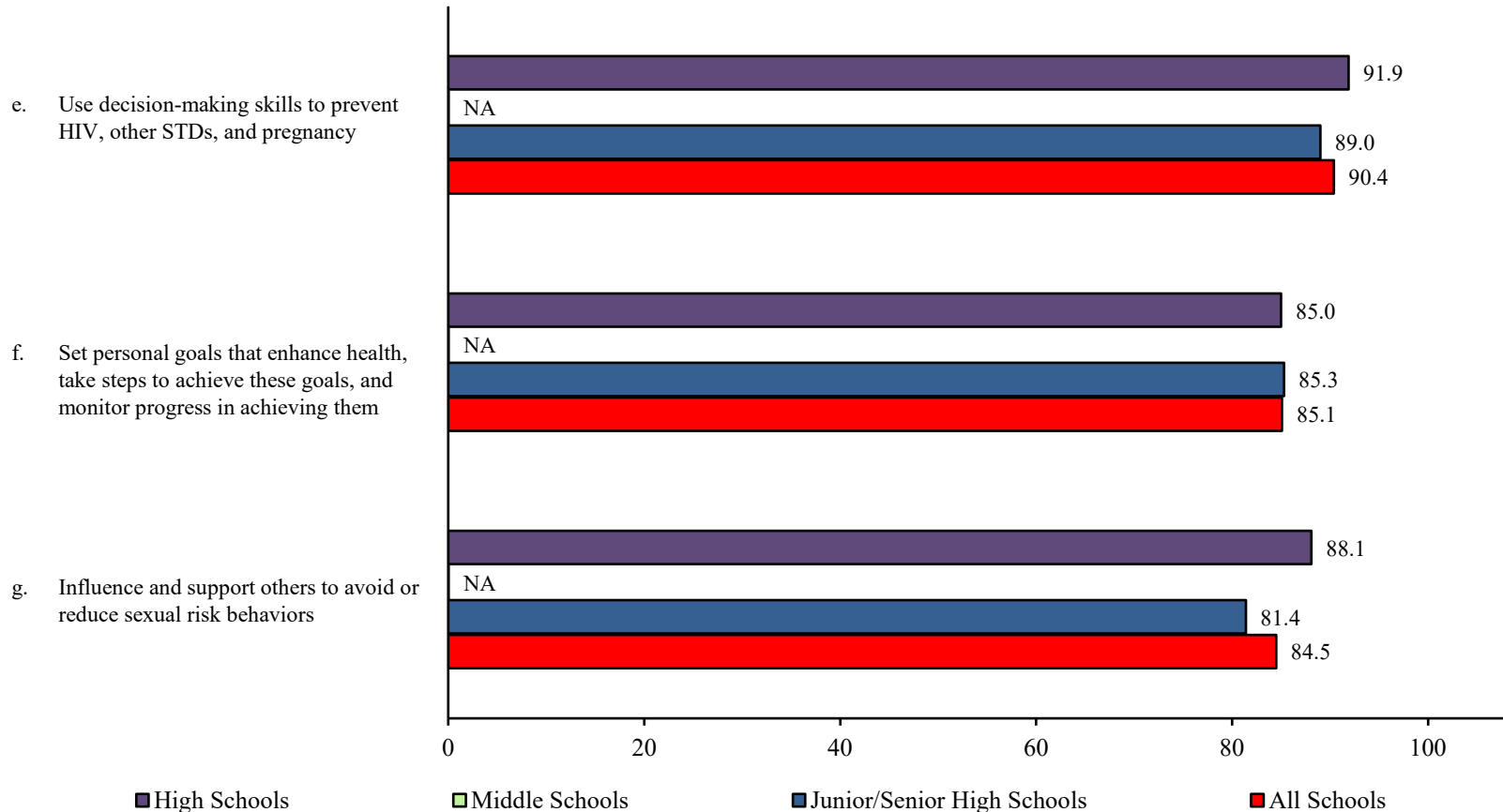
12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



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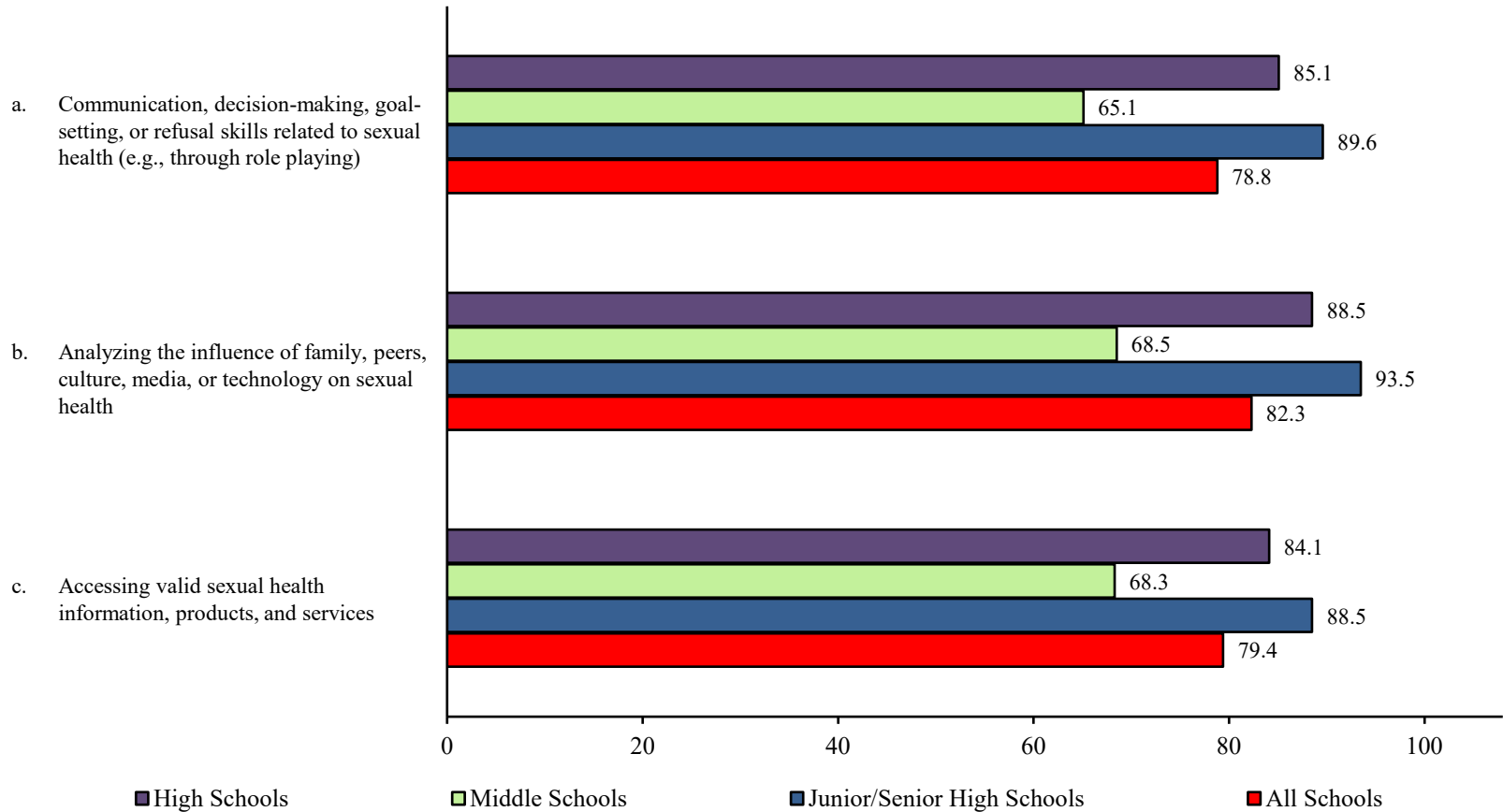
12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

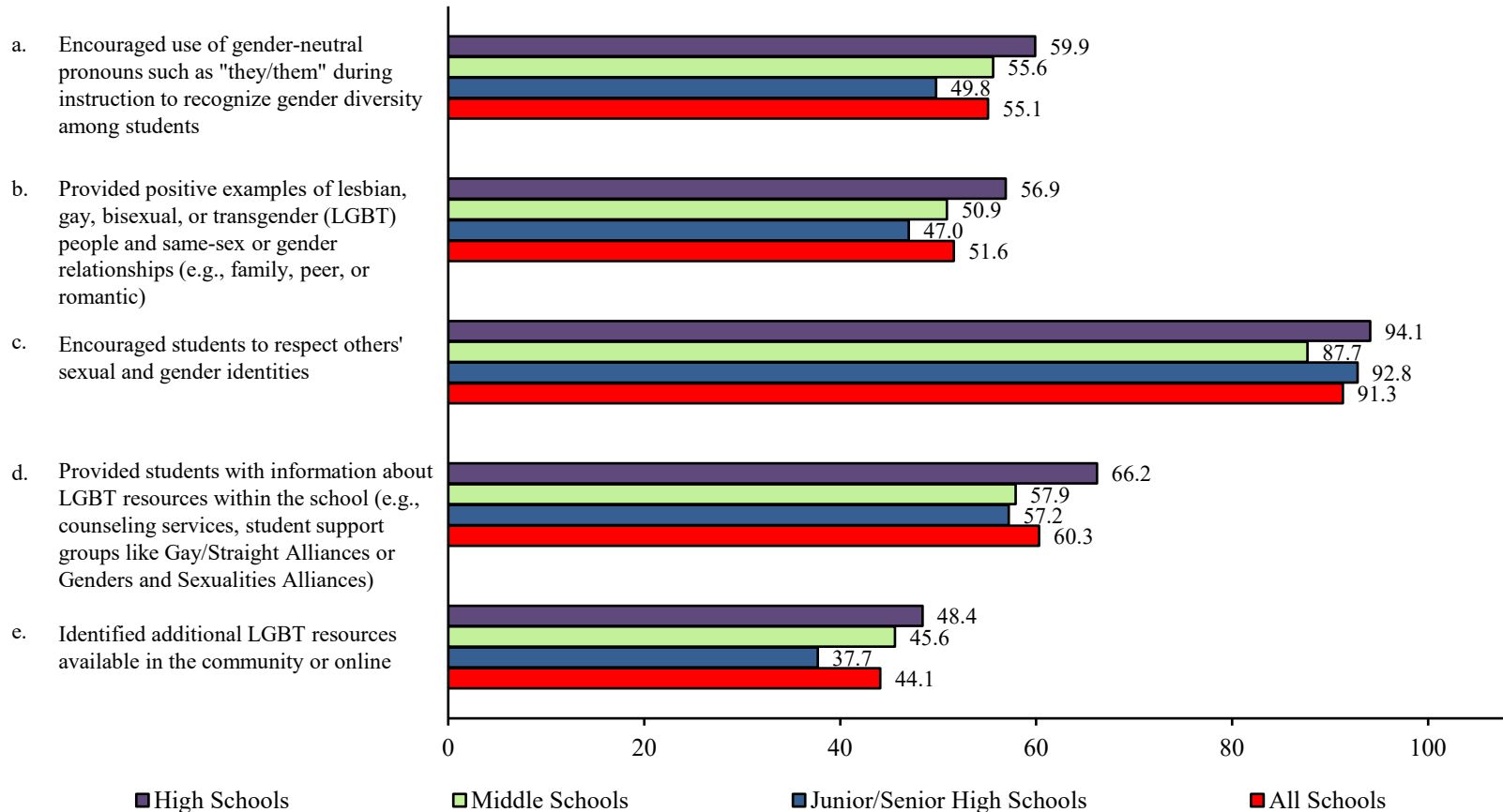
13. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.



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14. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.*

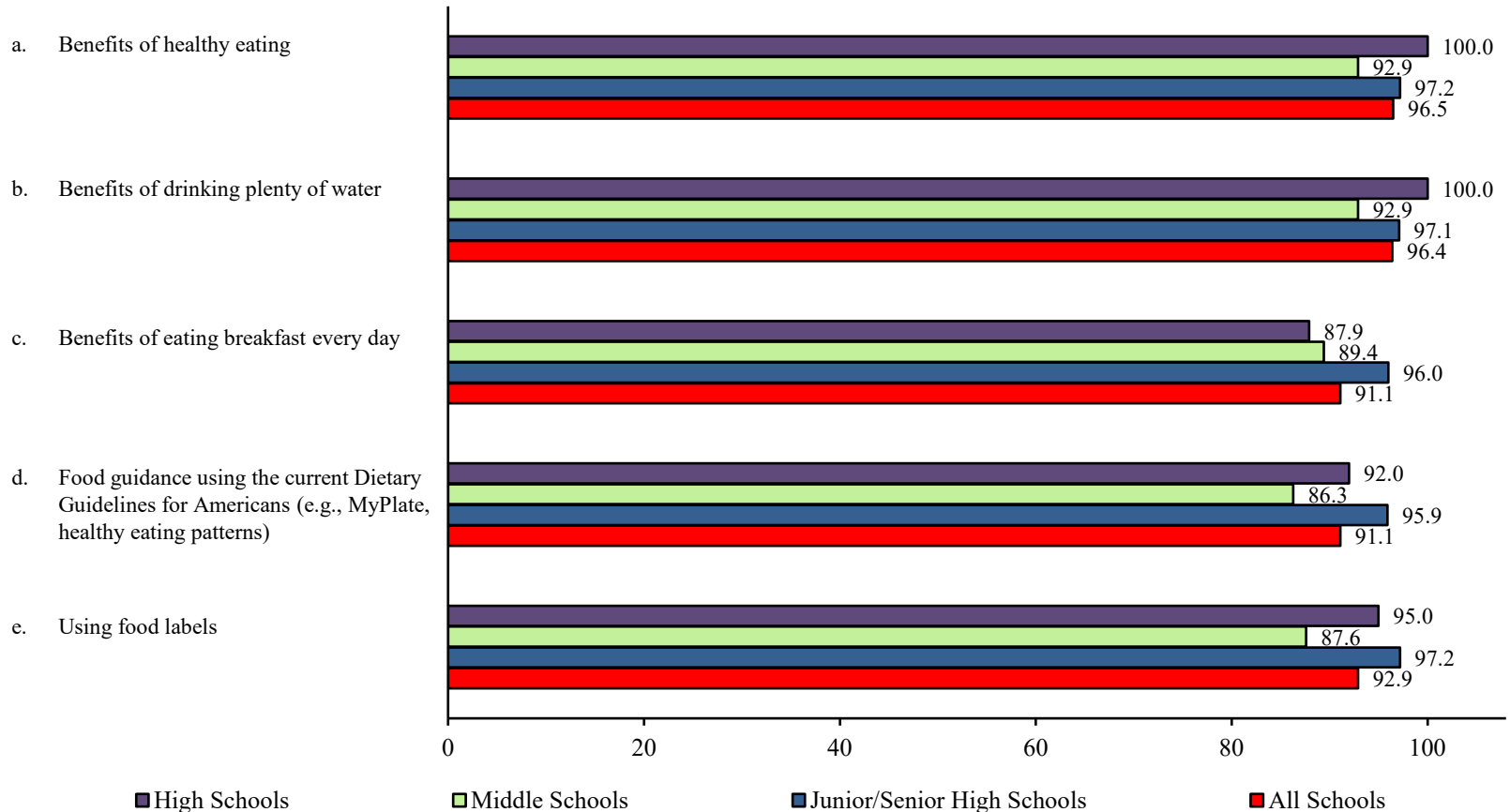


*Among schools that teach sexual health education.

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Weighted Lead Health Education Teacher Survey Results

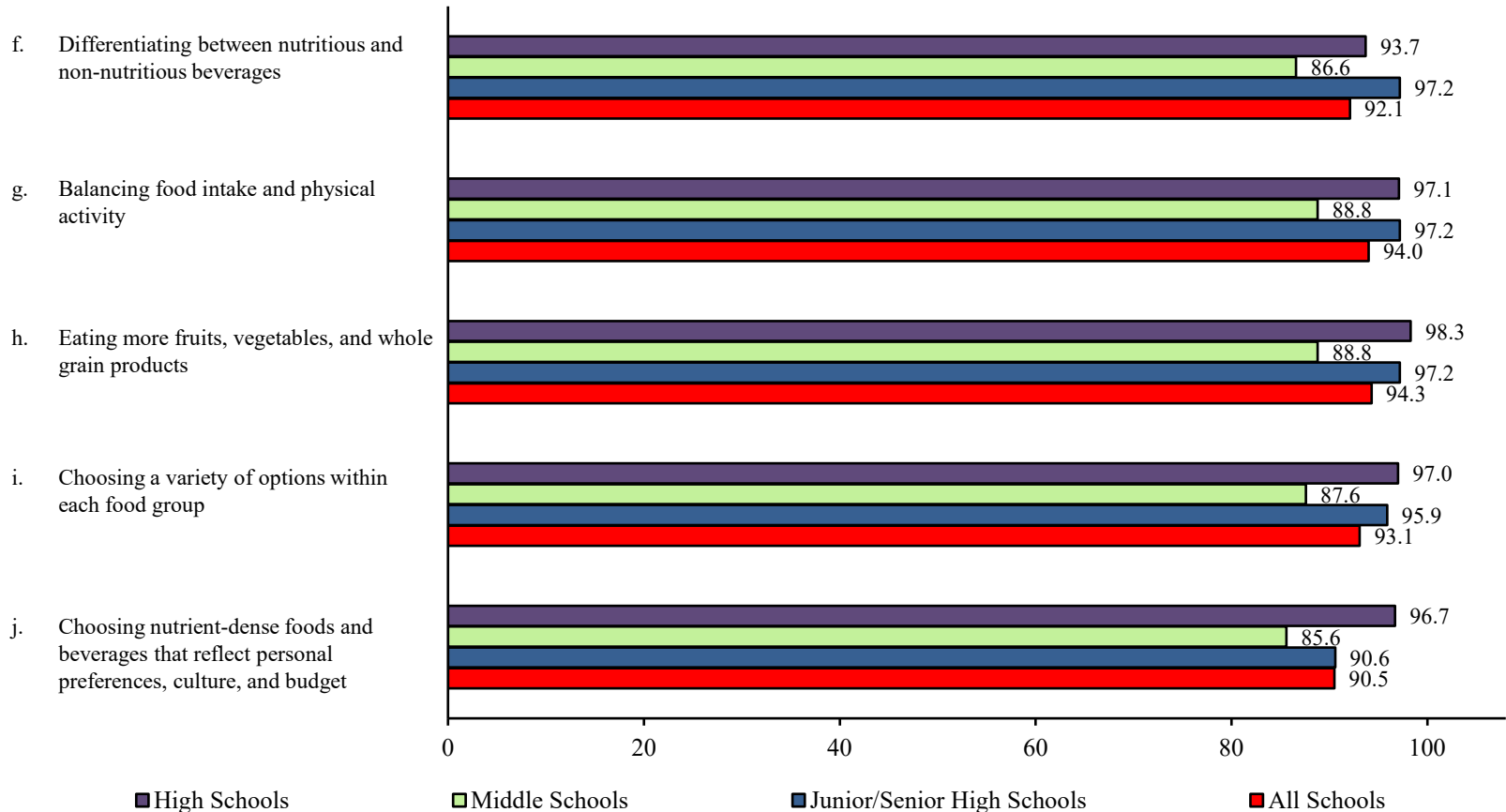
15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



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Weighted Lead Health Education Teacher Survey Results

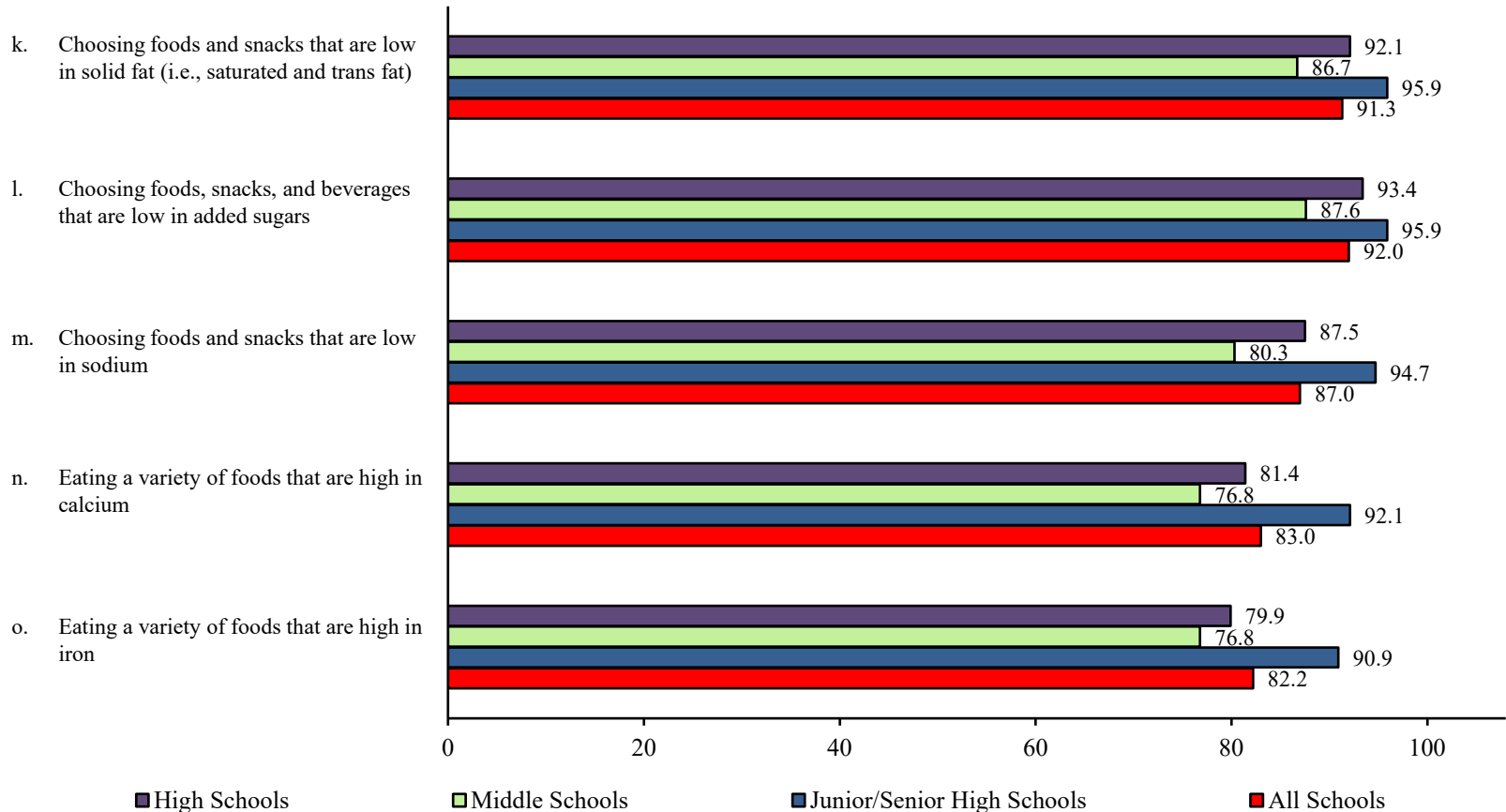
15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

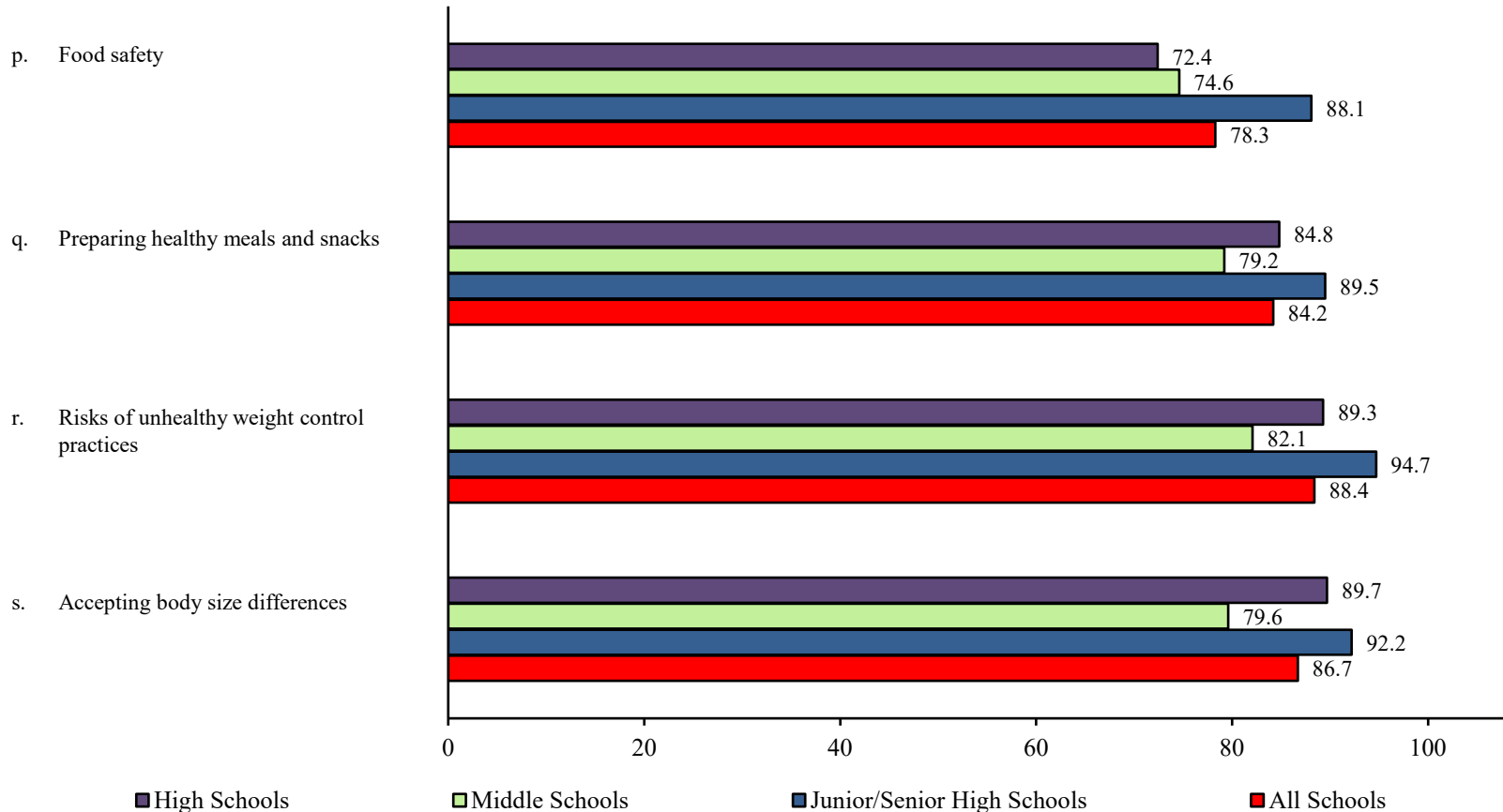
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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

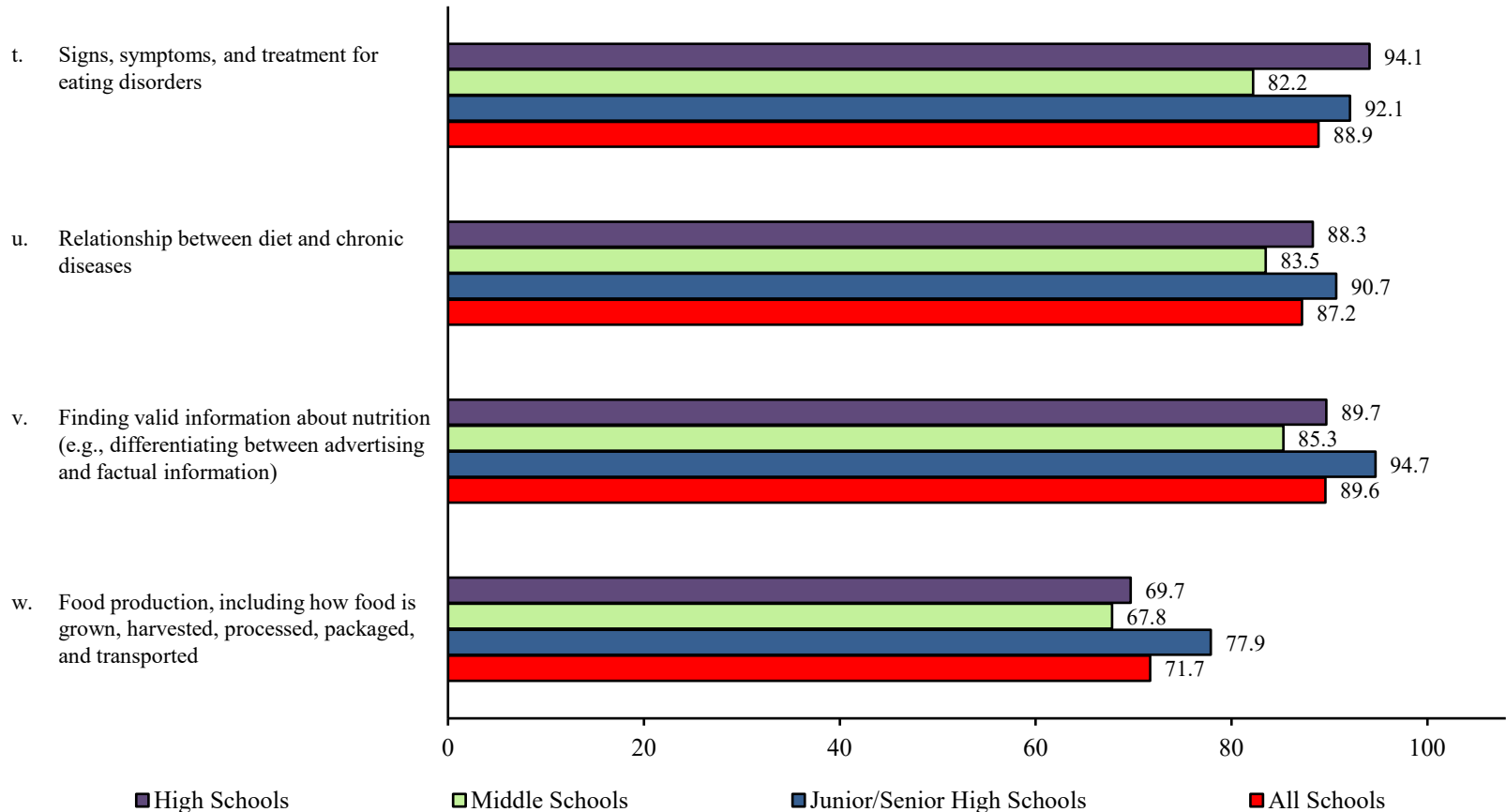
15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

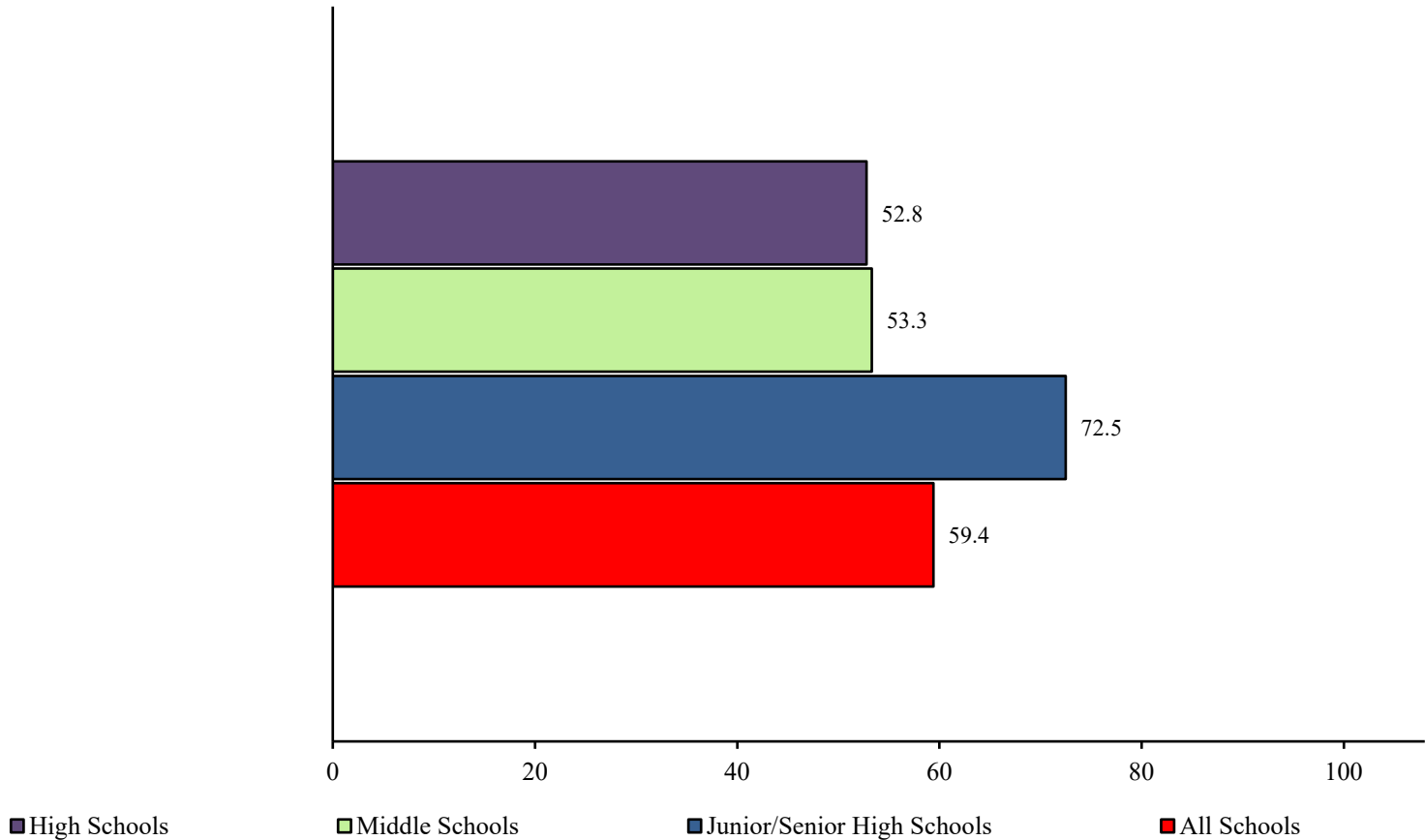
15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

15N. Percentage of schools that taught all 23 nutrition and dietary behavior topics during the current school year.*

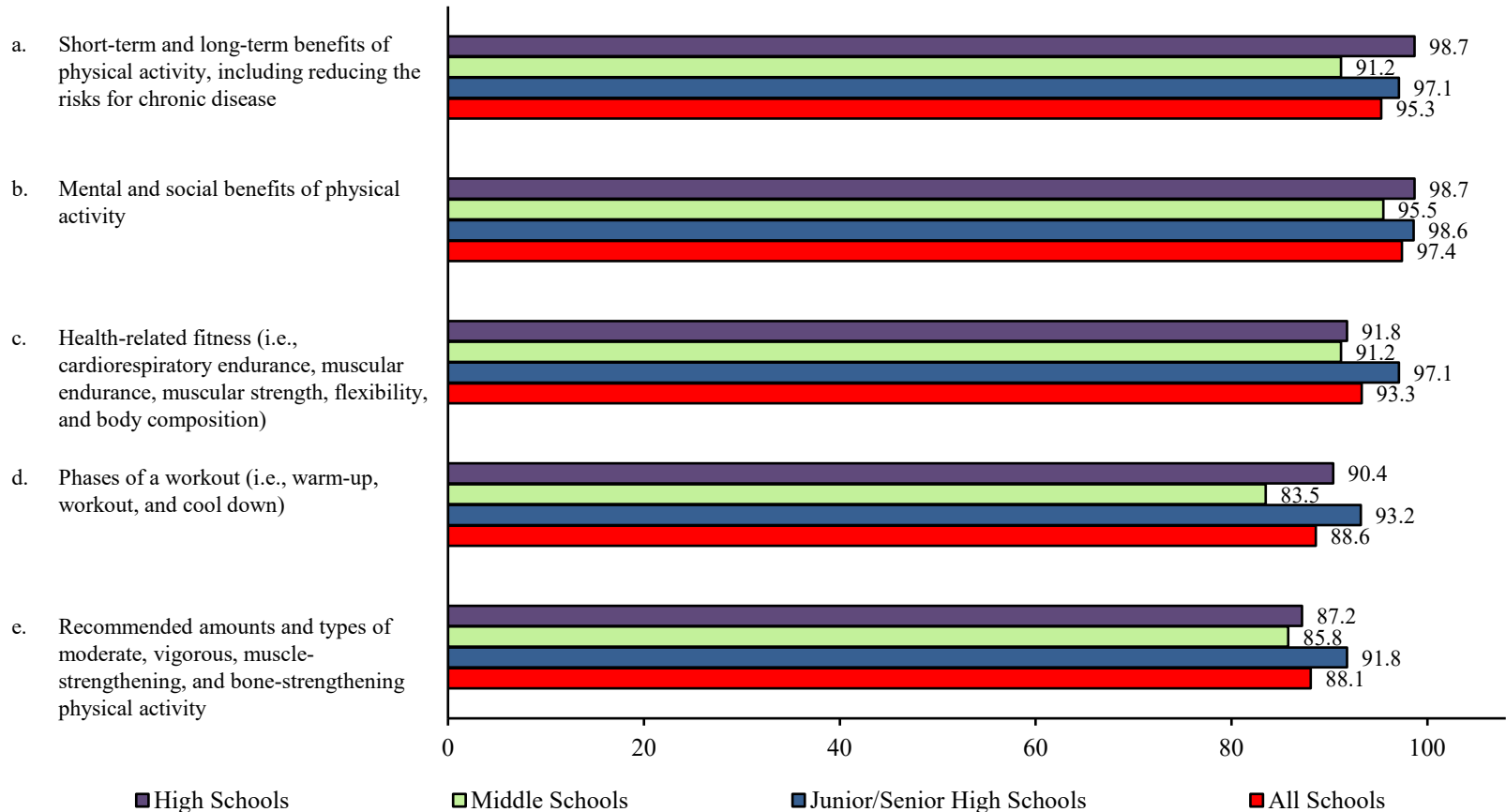


*Responses to question 15 a through w all are "yes."

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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

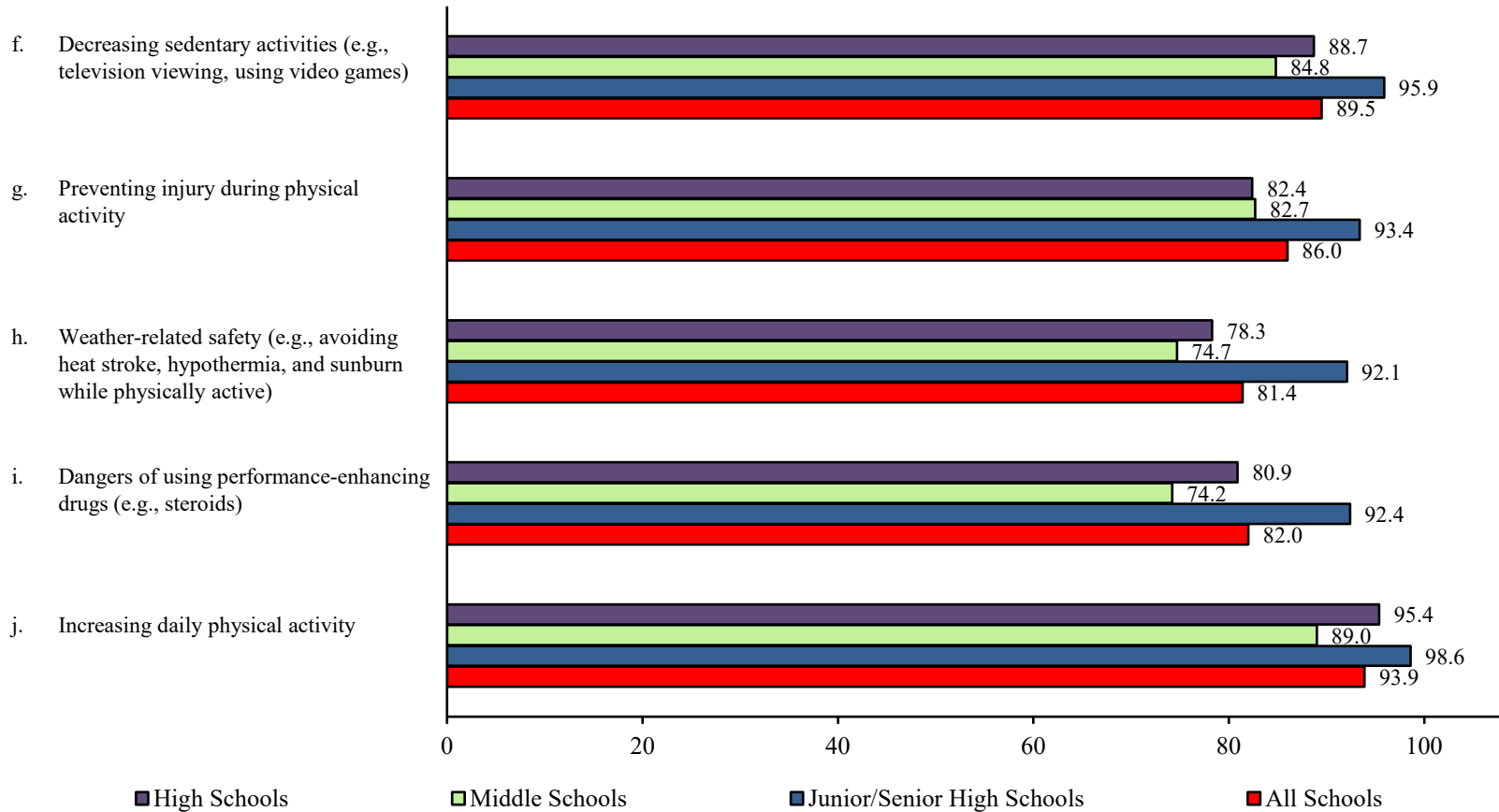
16. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

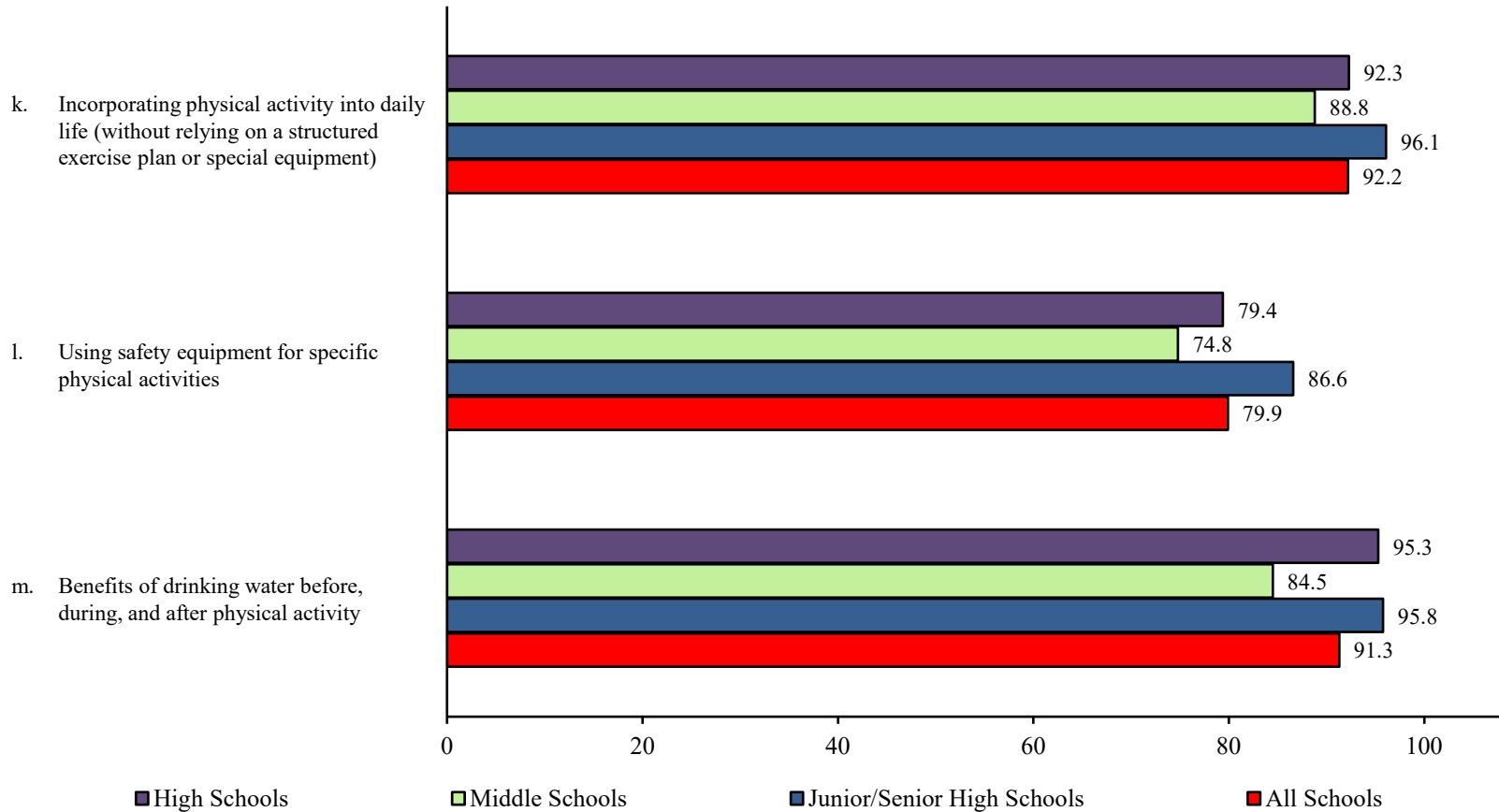
16. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

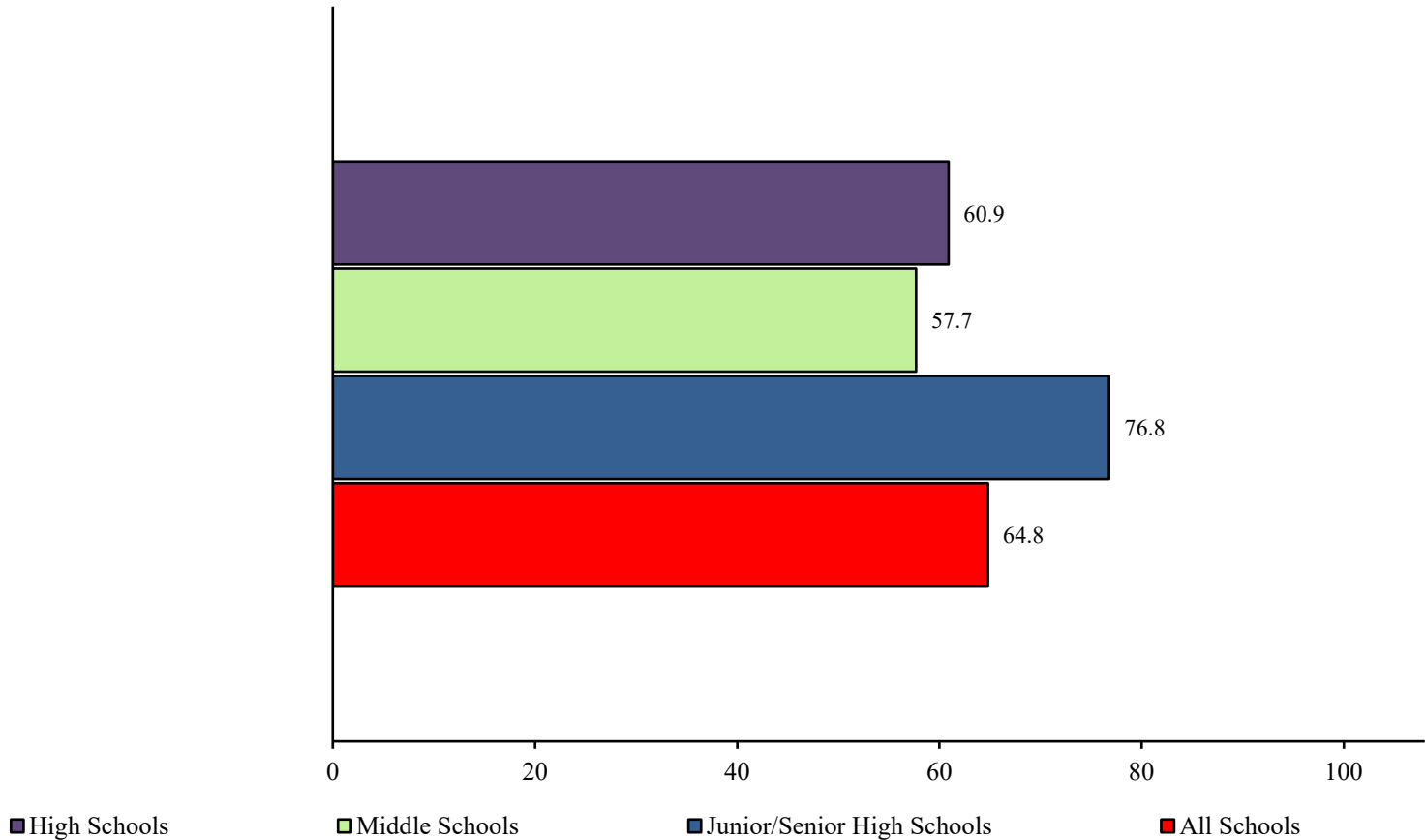
16. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

16N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

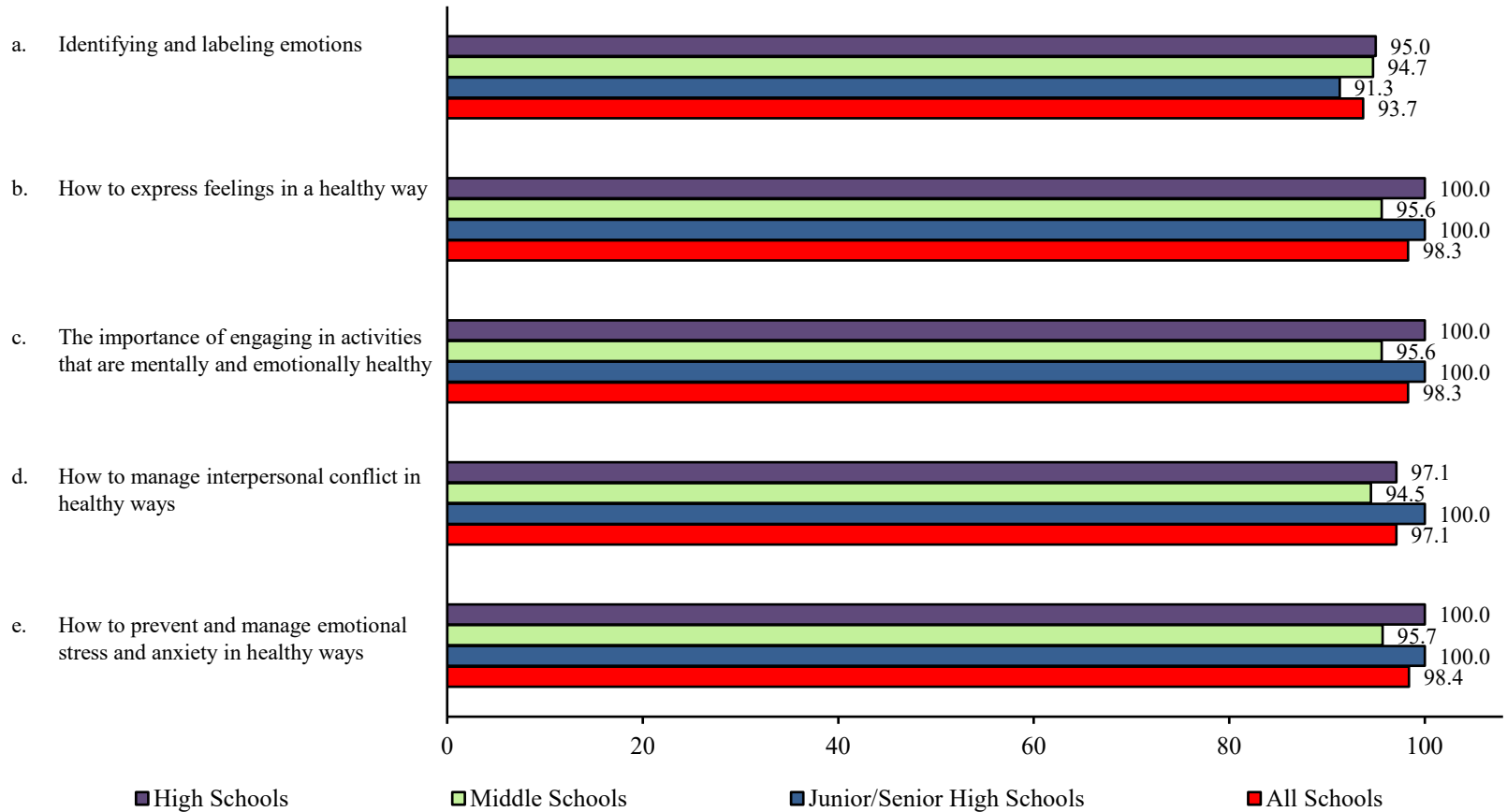


*Responses to question 16 a through m all are "yes."

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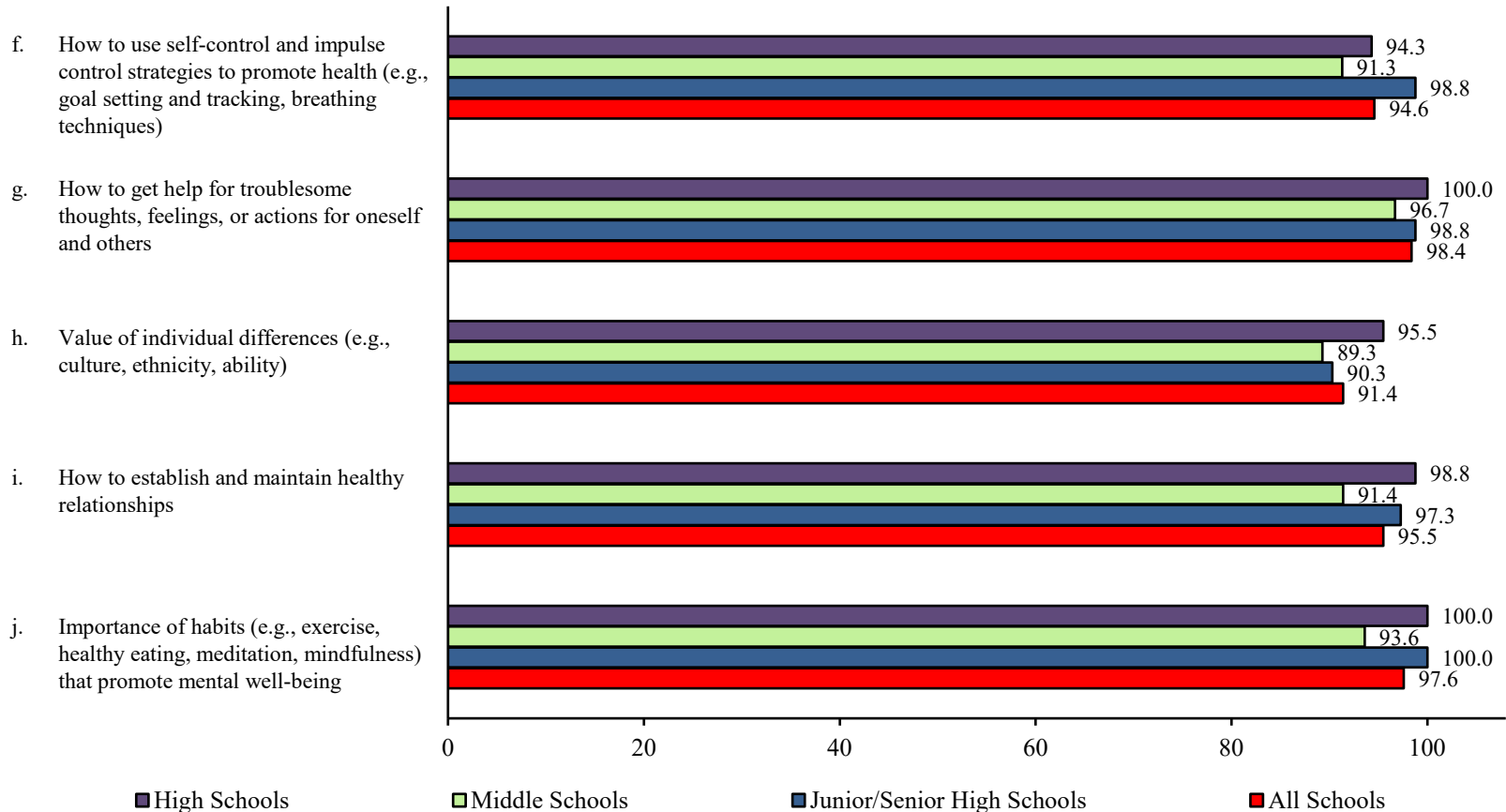
17. Percentage of schools in which teachers taught each of the following mental and emotional health topics in a required course for students in any of grades 6 through 12 during the current school year.



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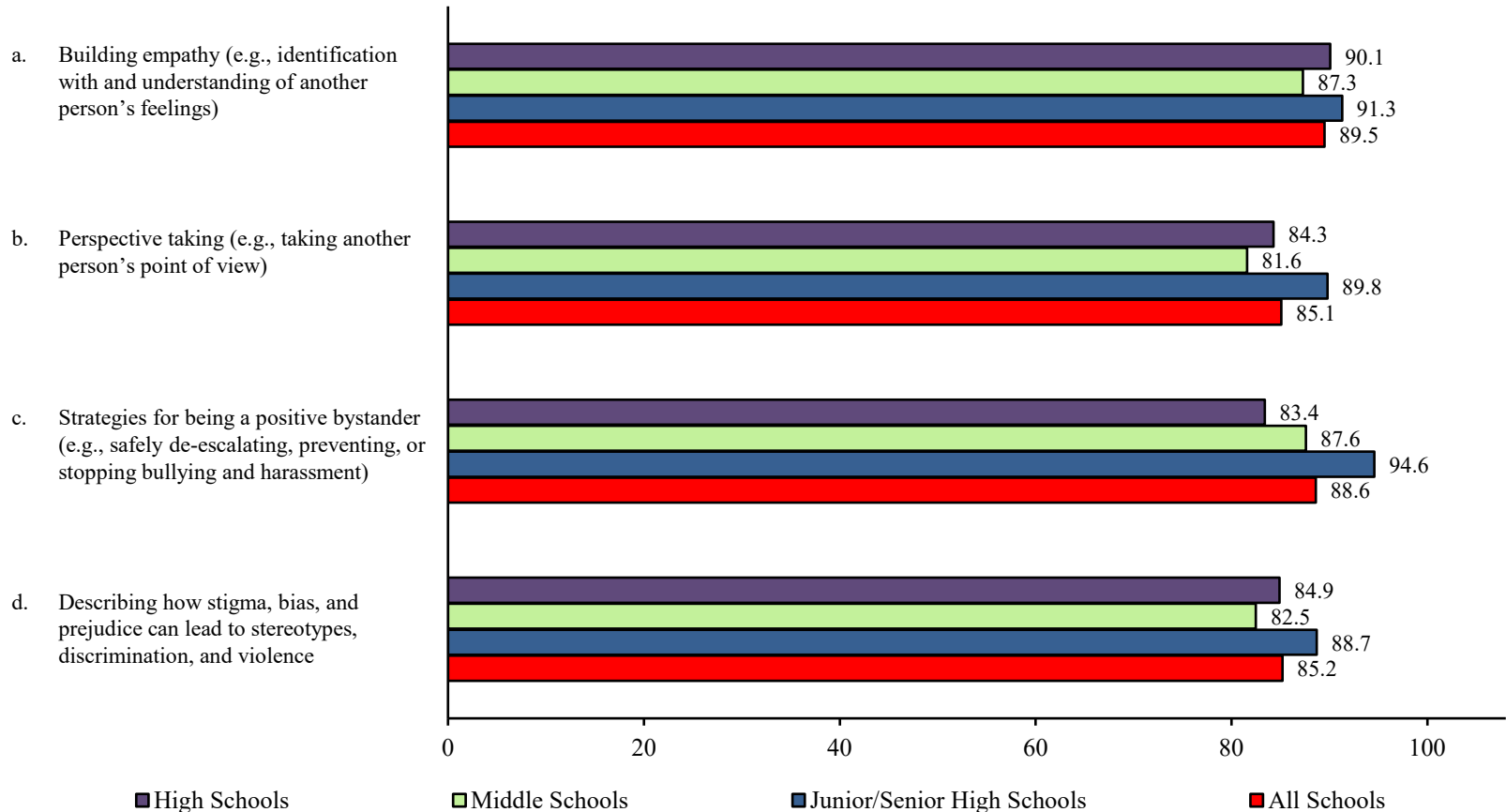
17. Percentage of schools in which teachers taught each of the following mental and emotional health topics in a required course for students in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

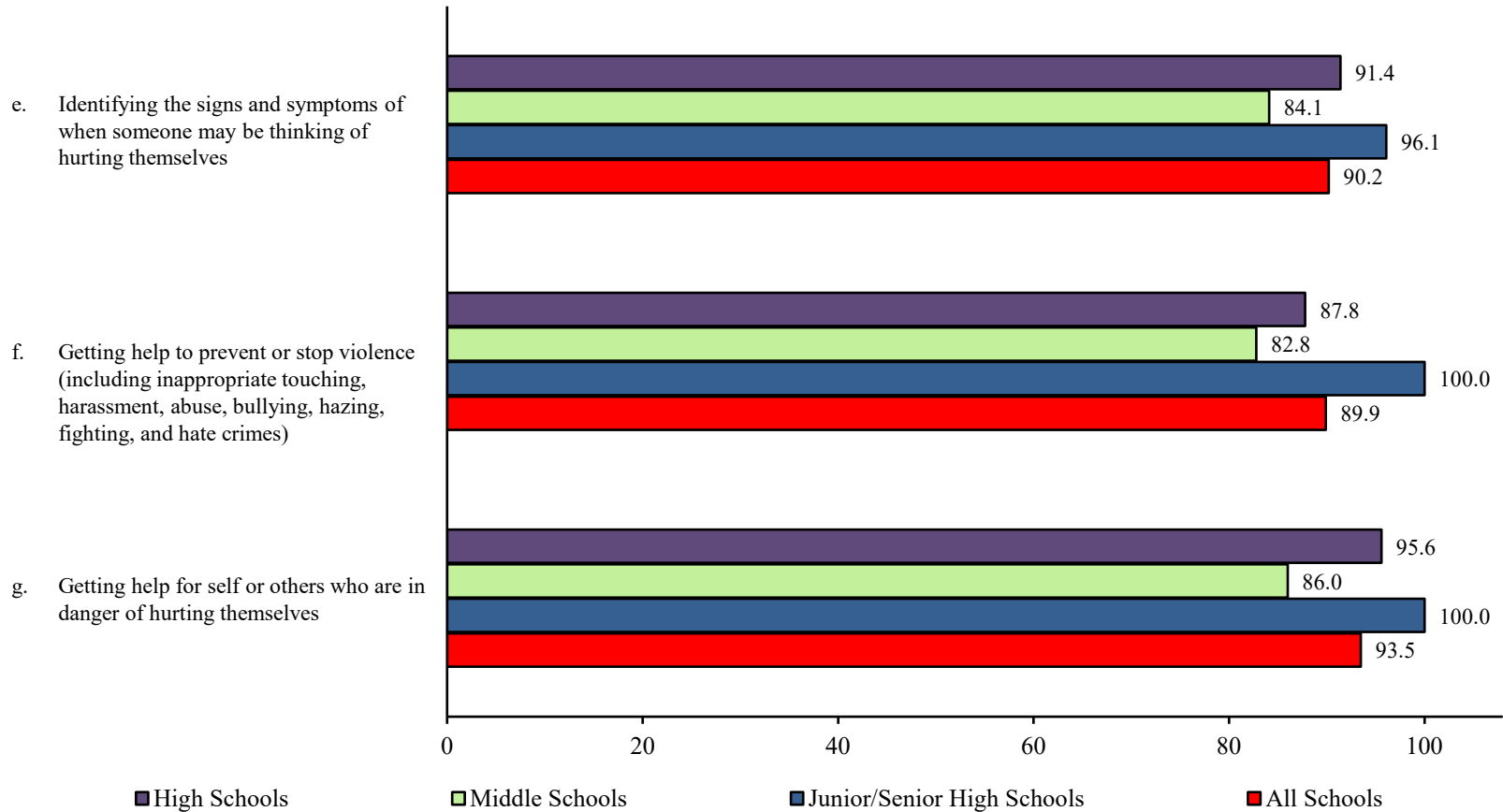
18. Percentage of schools in which teachers taught each of the following violence prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report
 Weighted Lead Health Education Teacher Survey Results

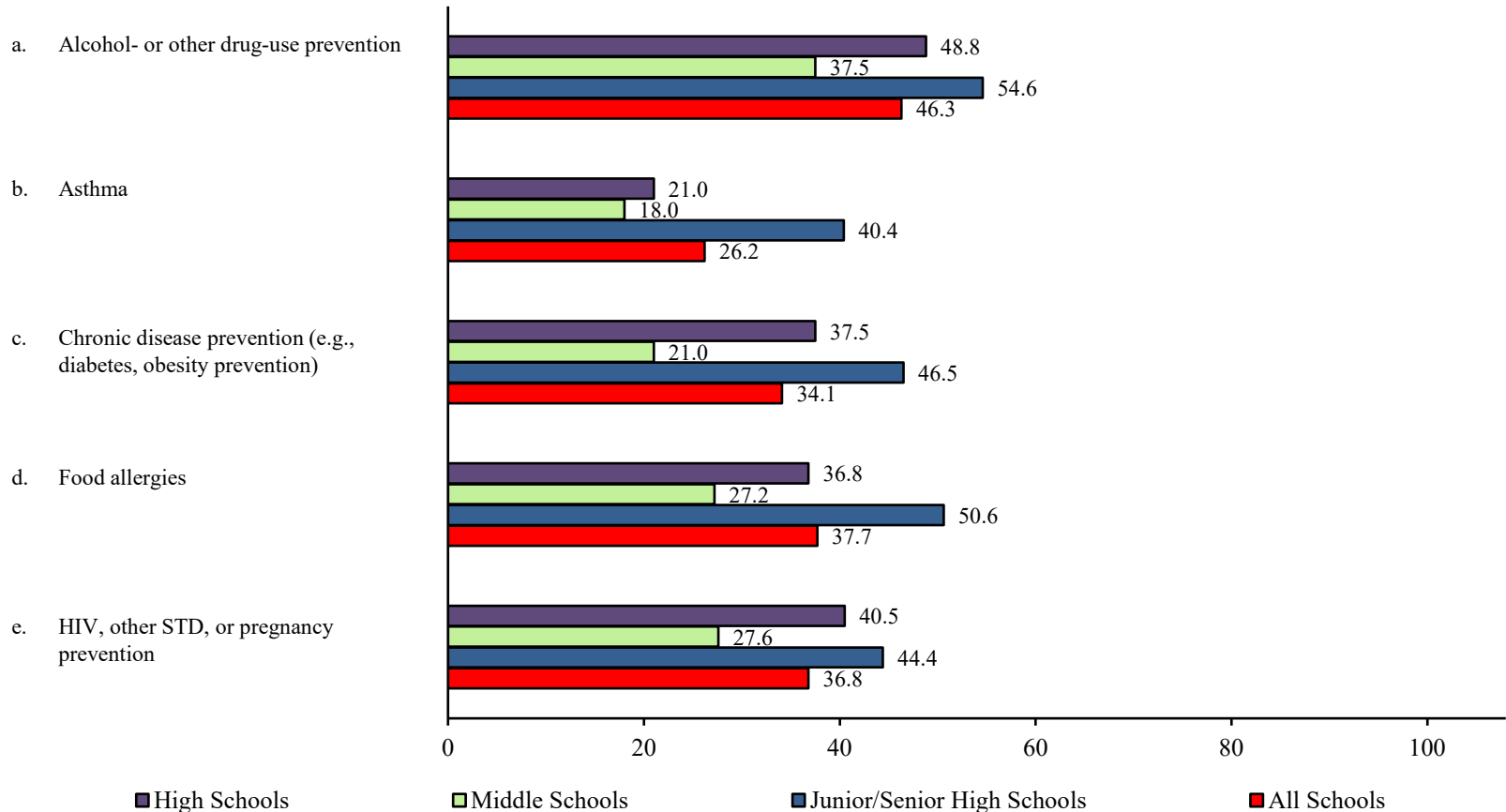
18. Percentage of schools in which teachers taught each of the following violence prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

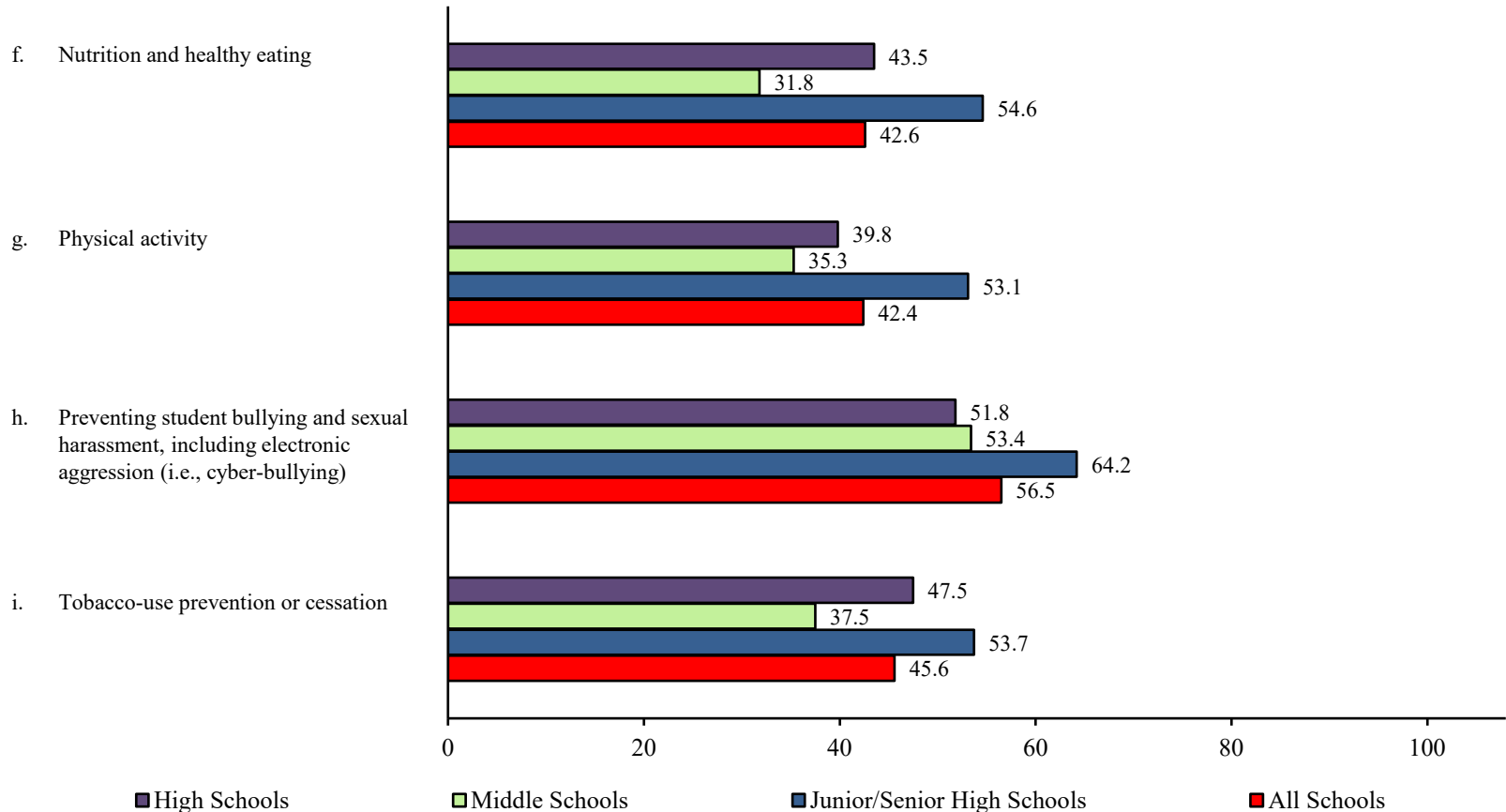
19. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

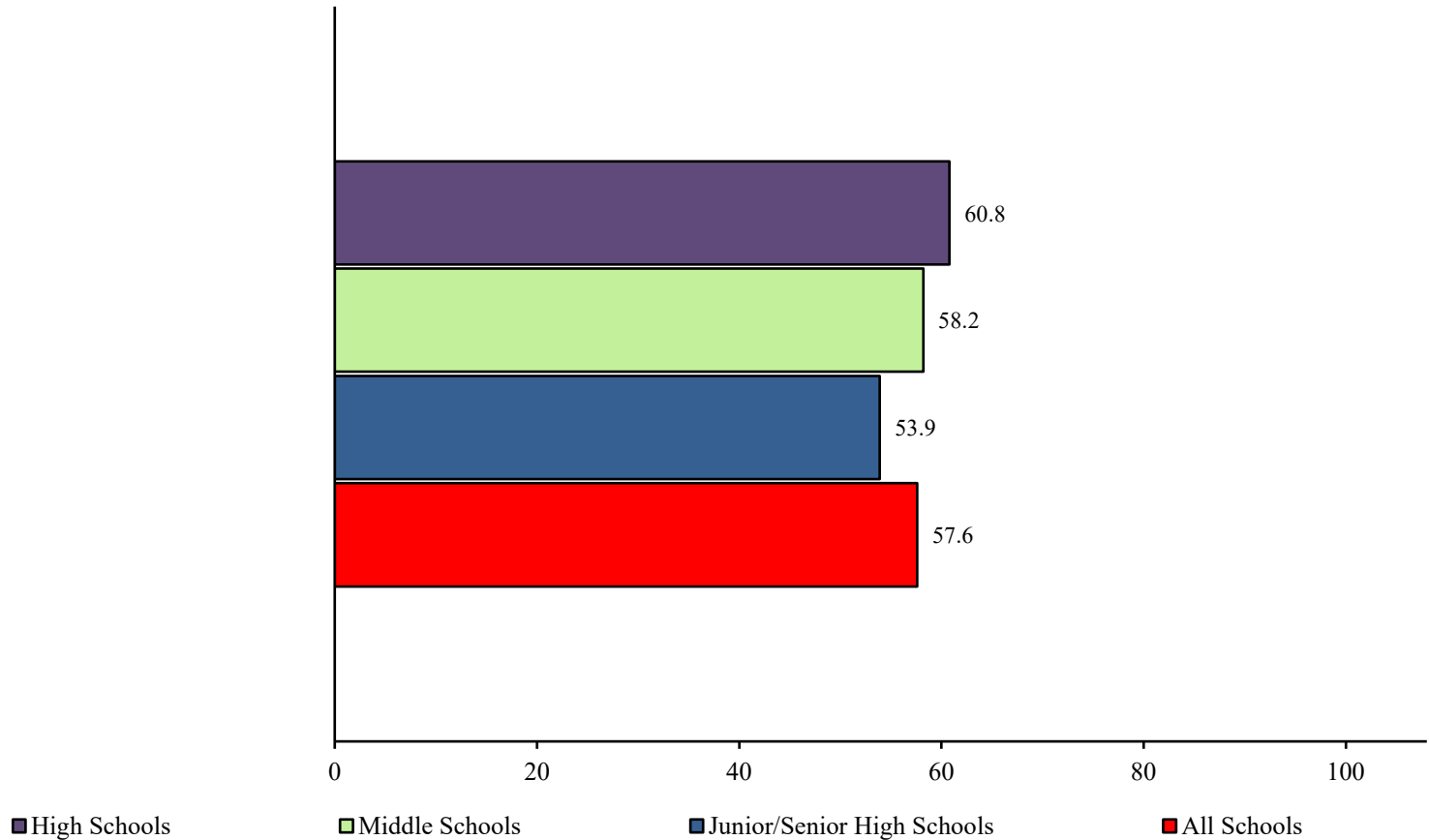
19. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

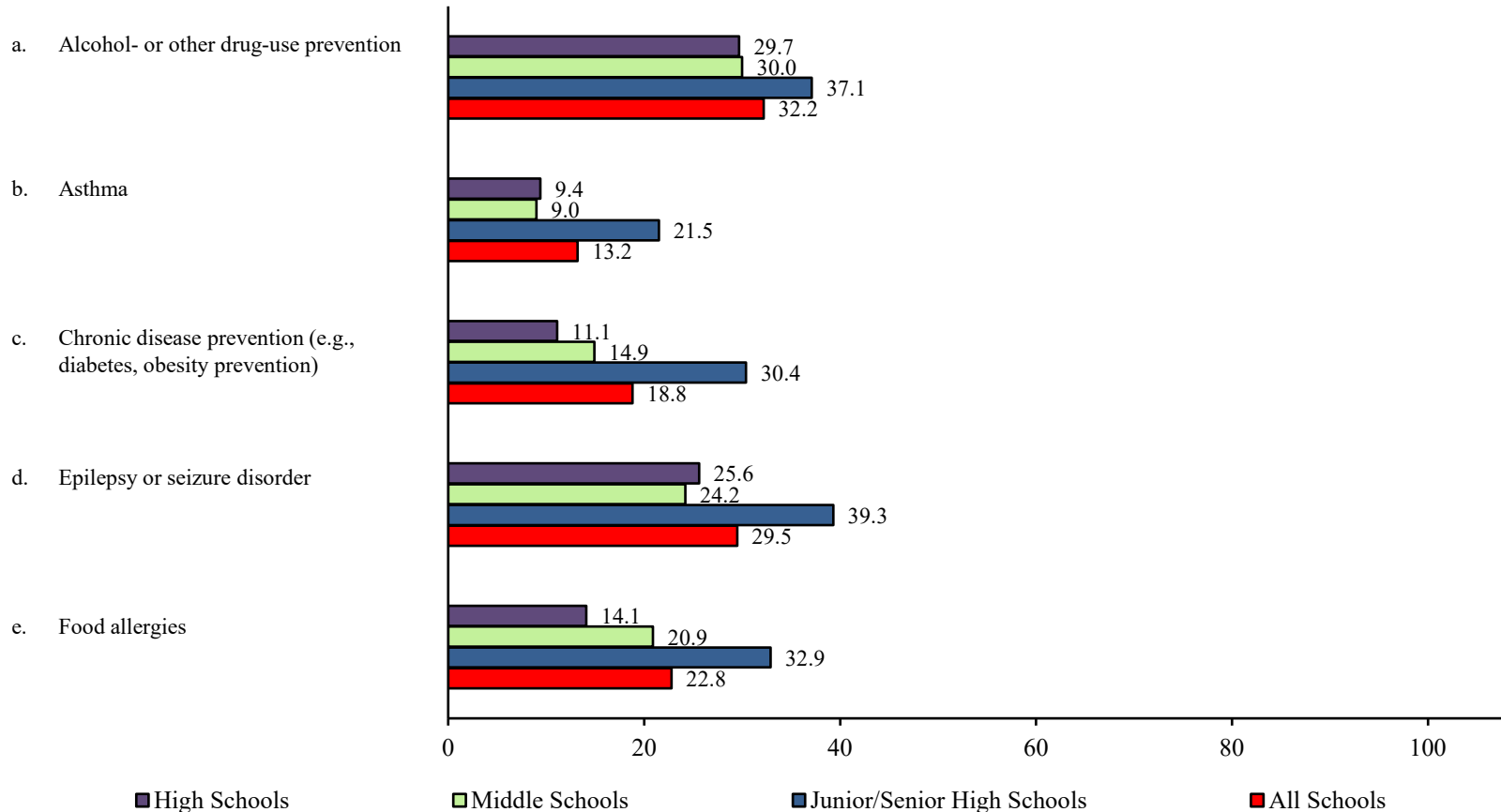
20. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

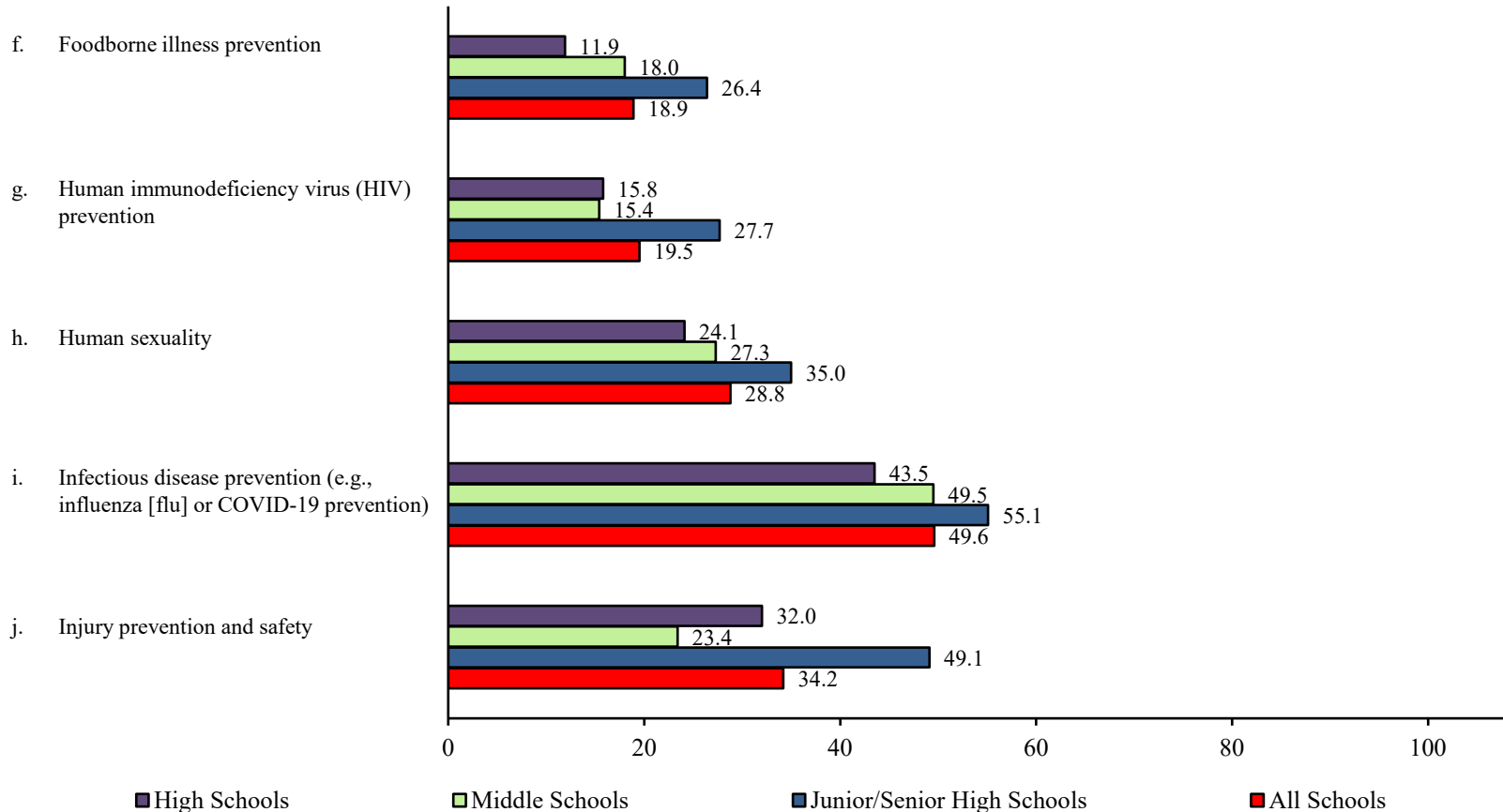
21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

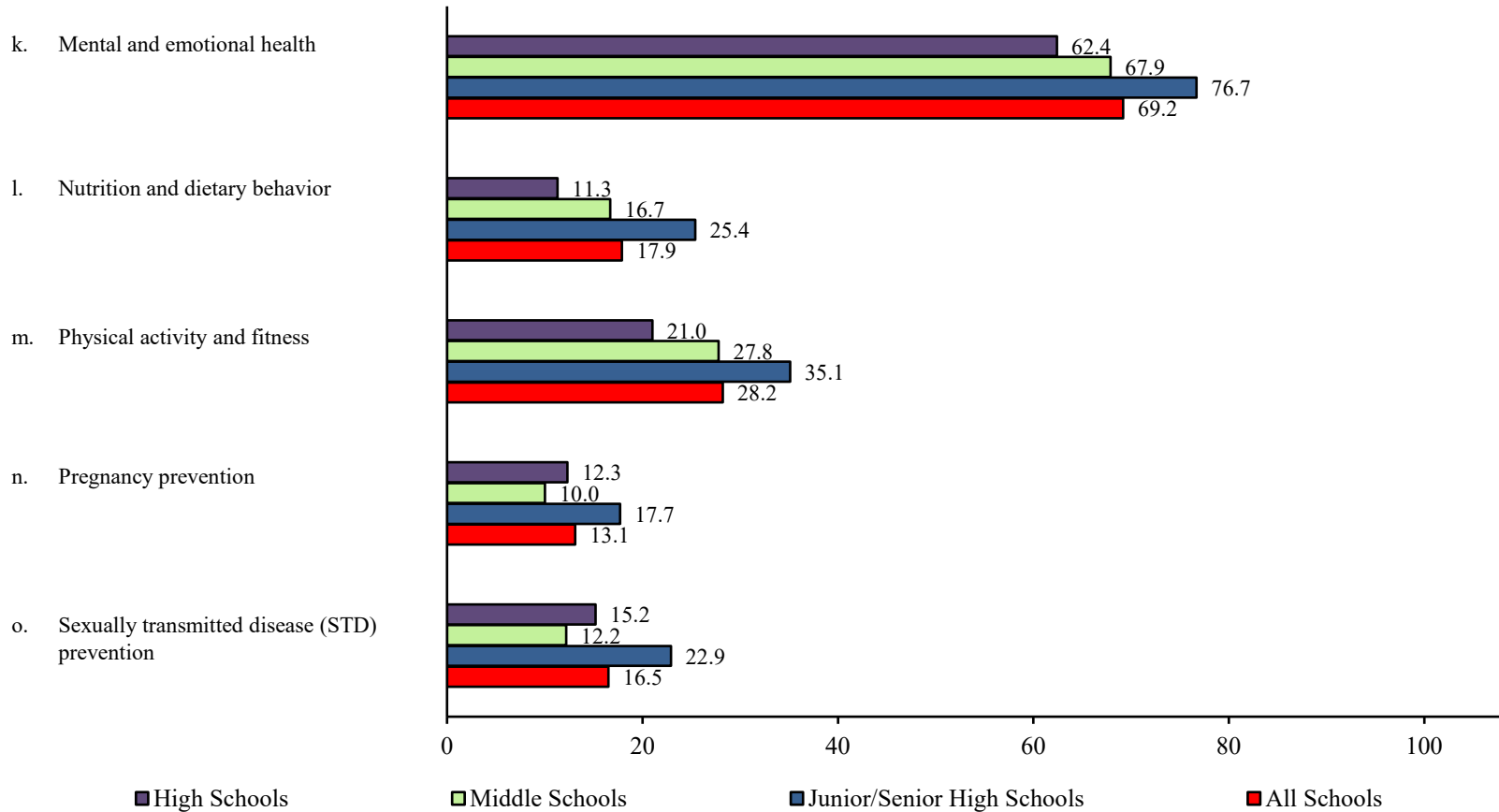
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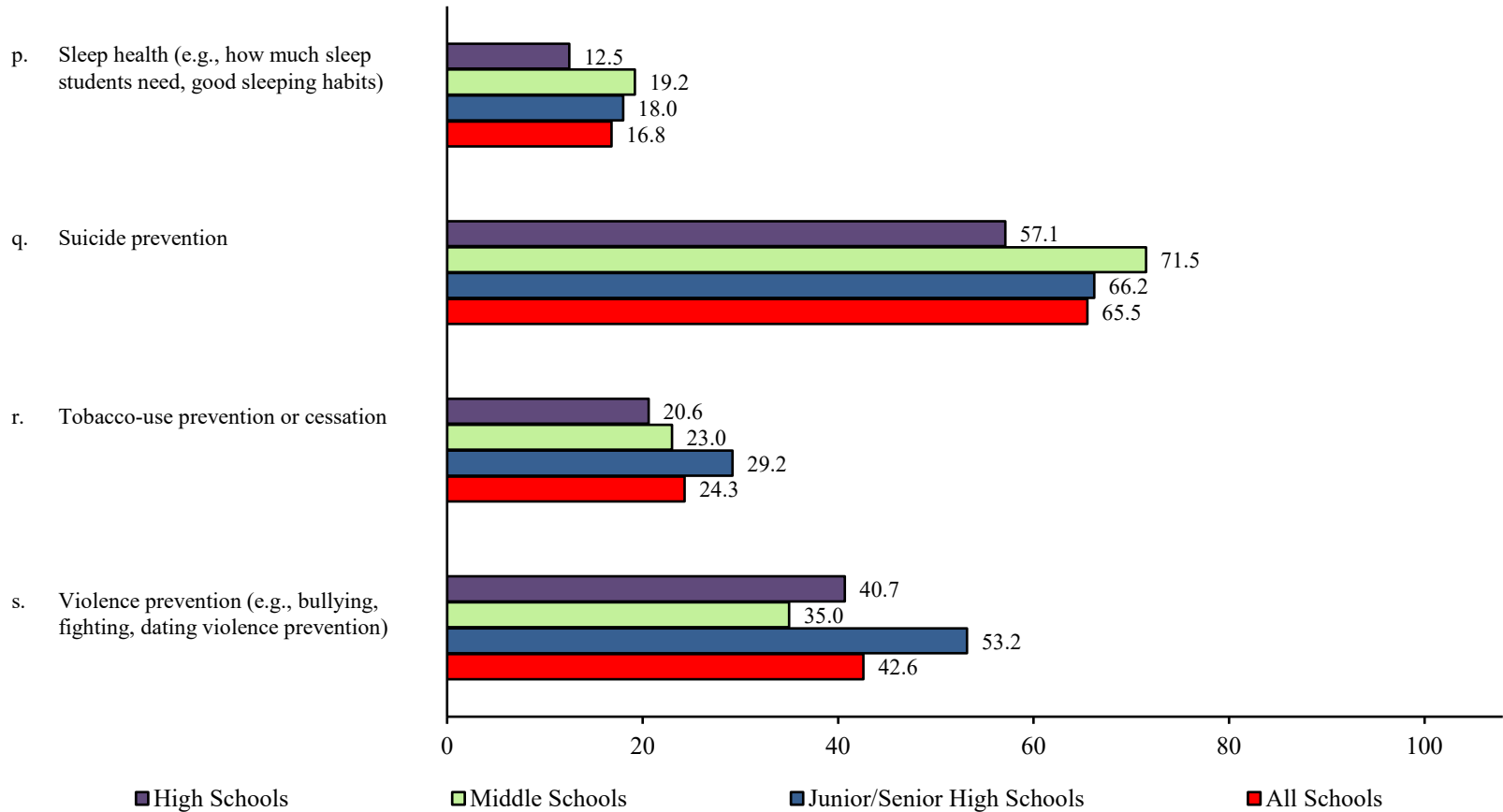
21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

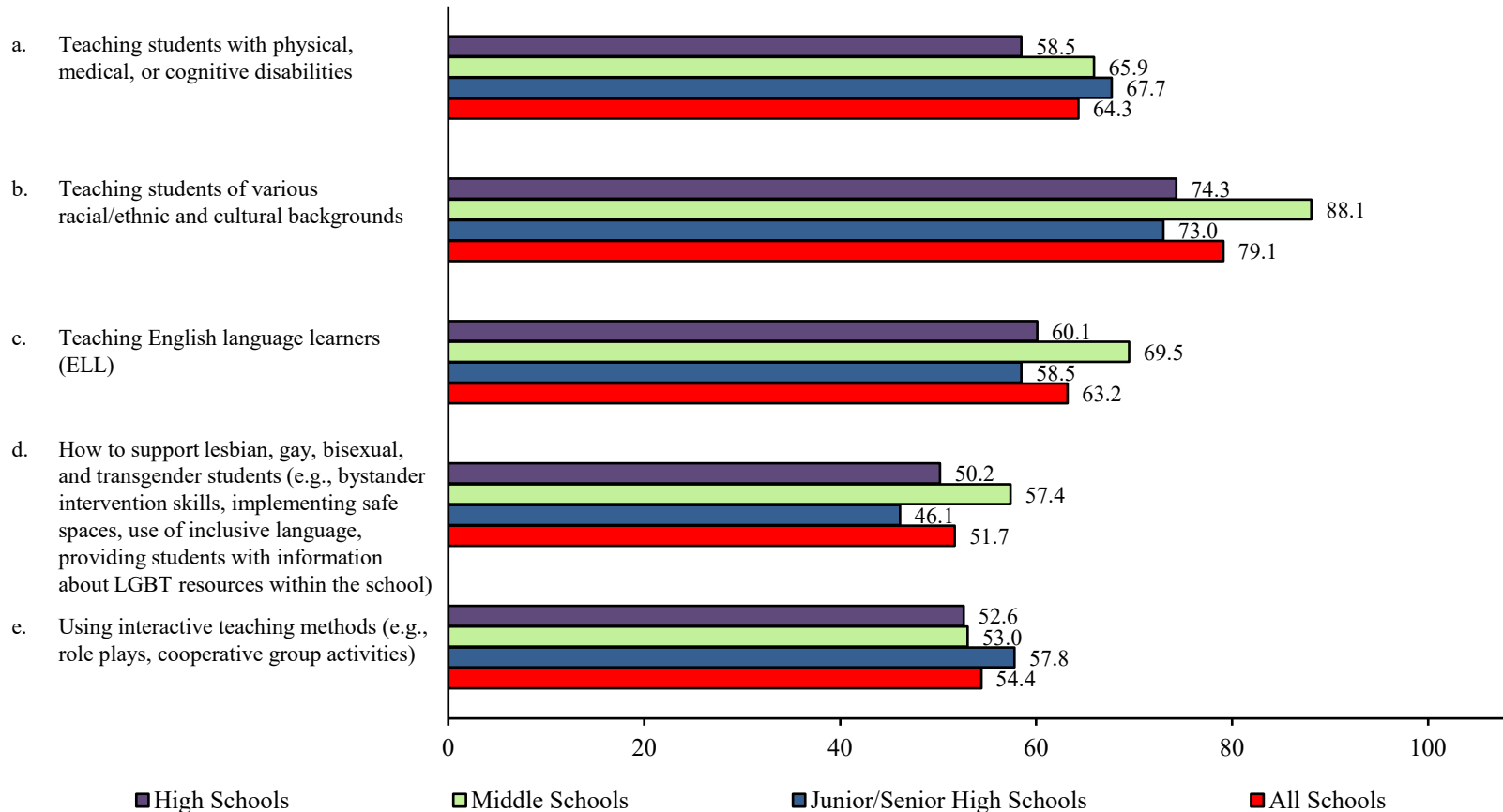
21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

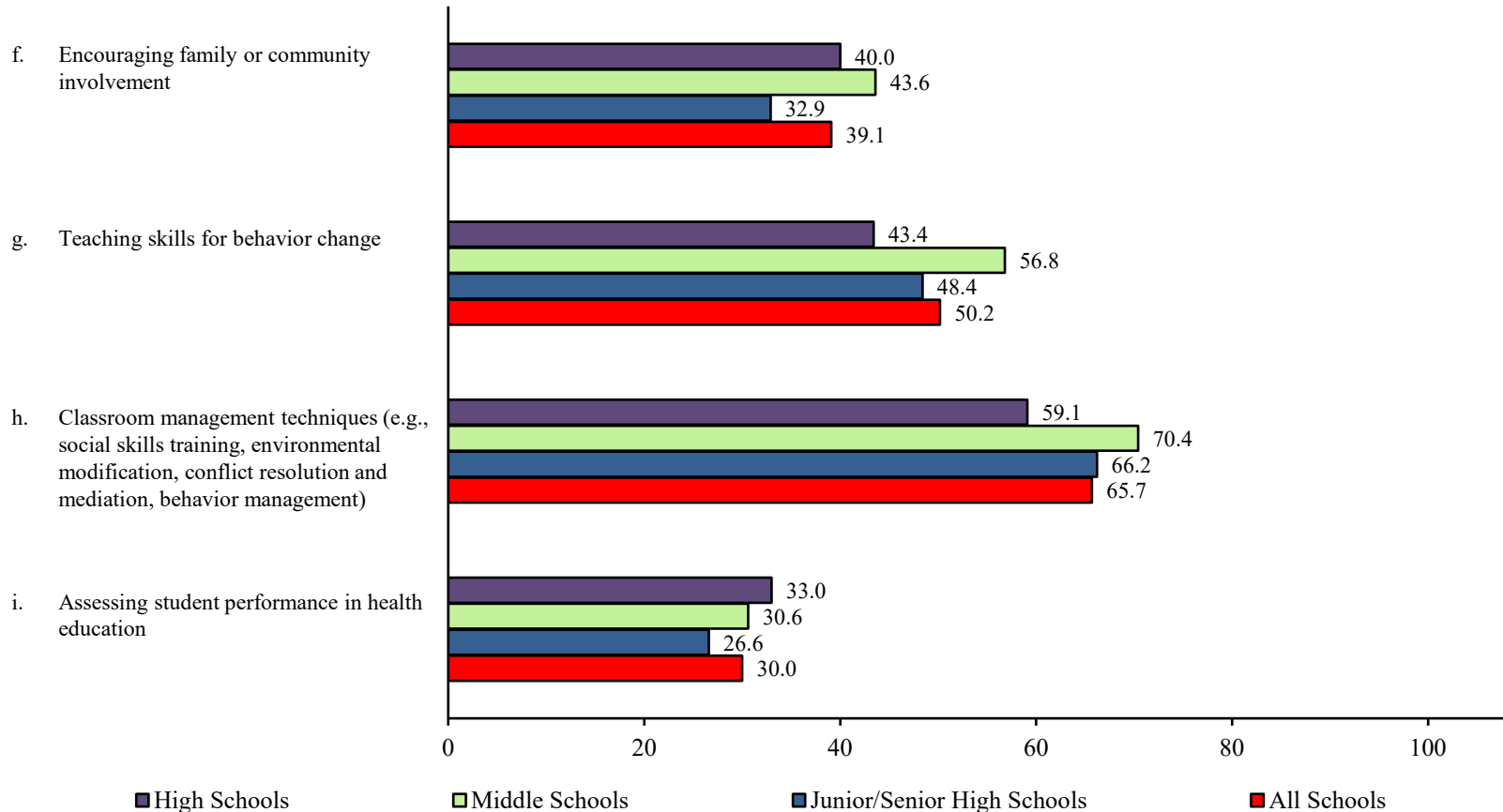
22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

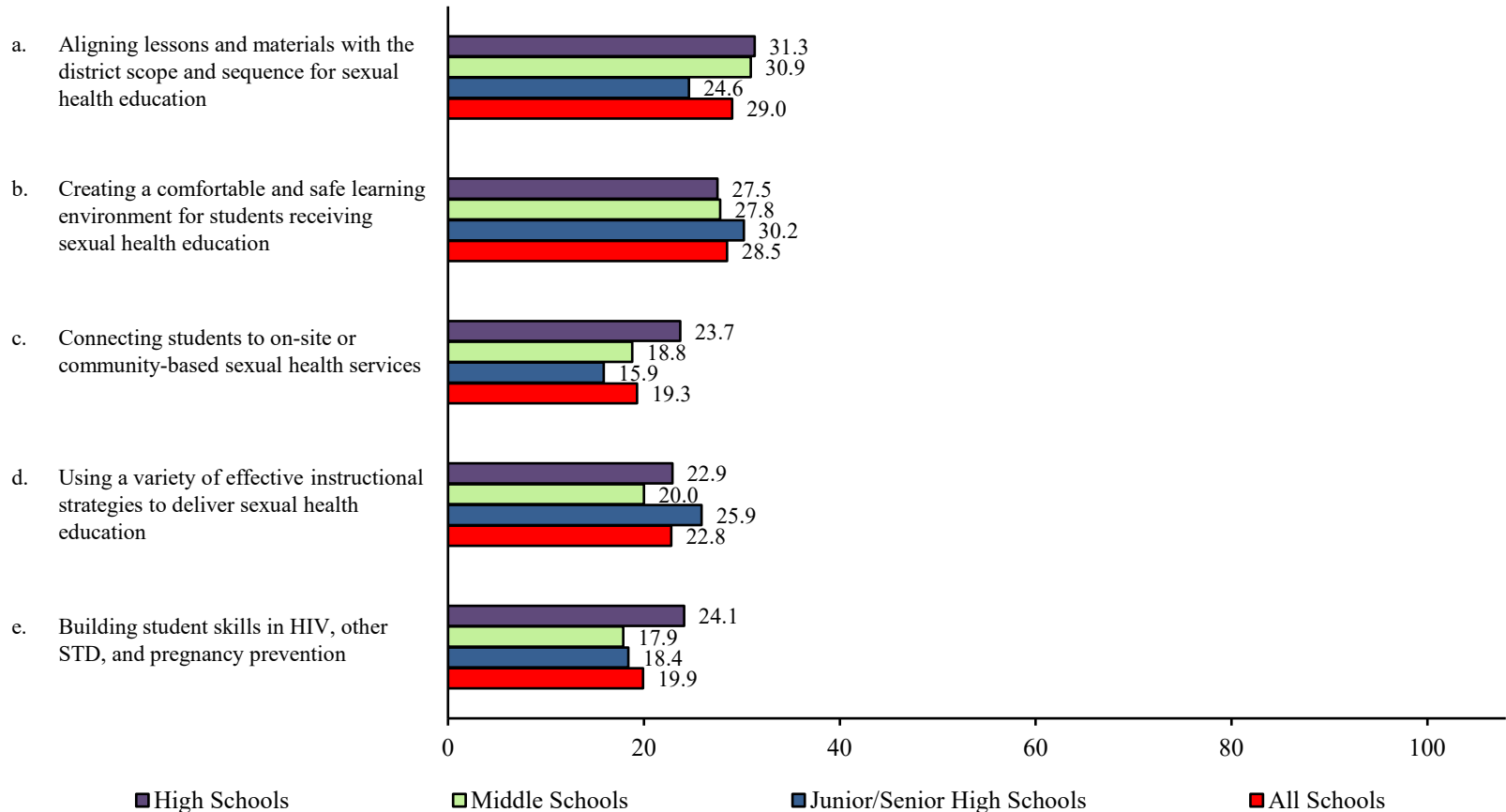
22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



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2022 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

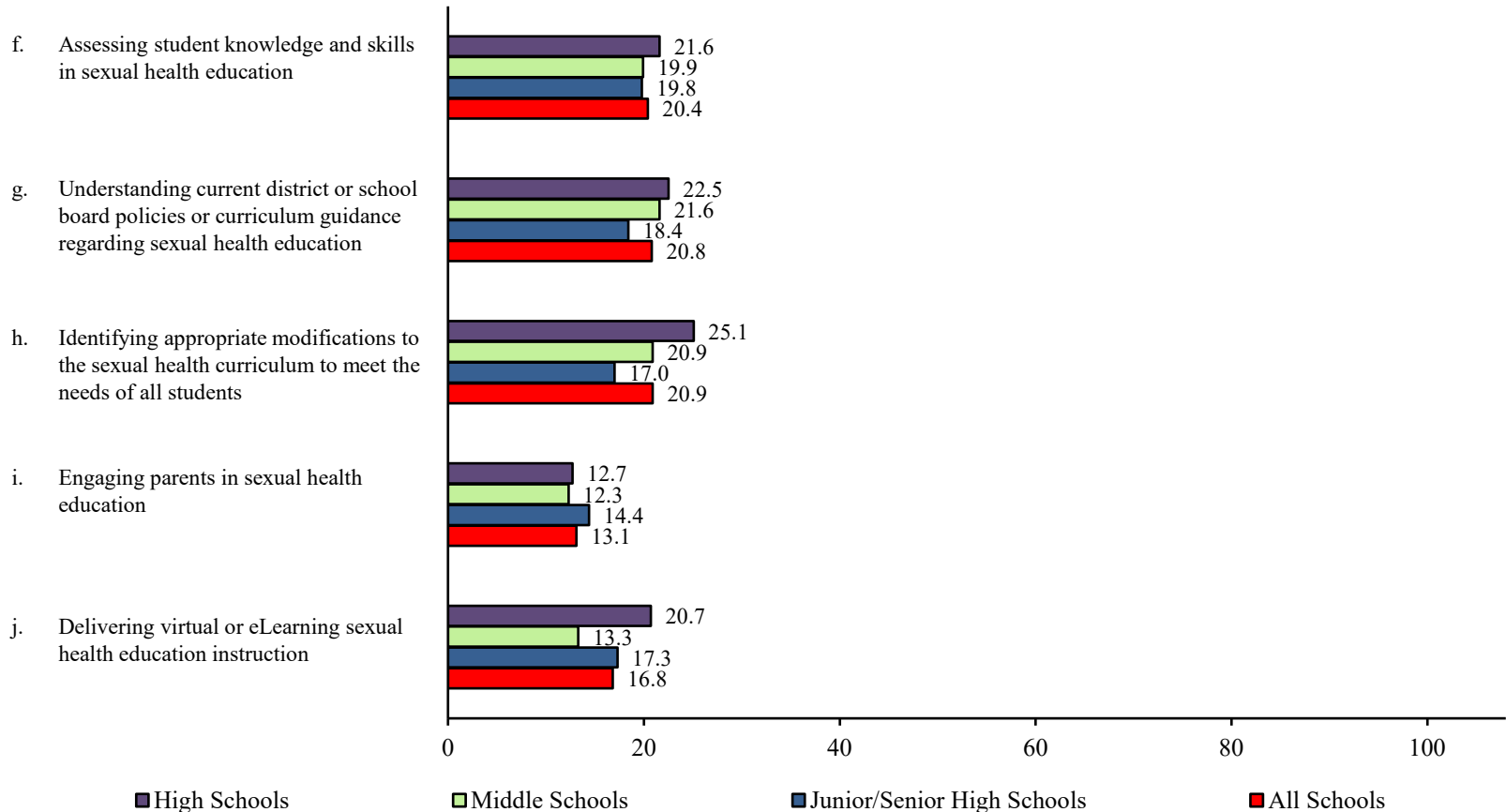
23. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

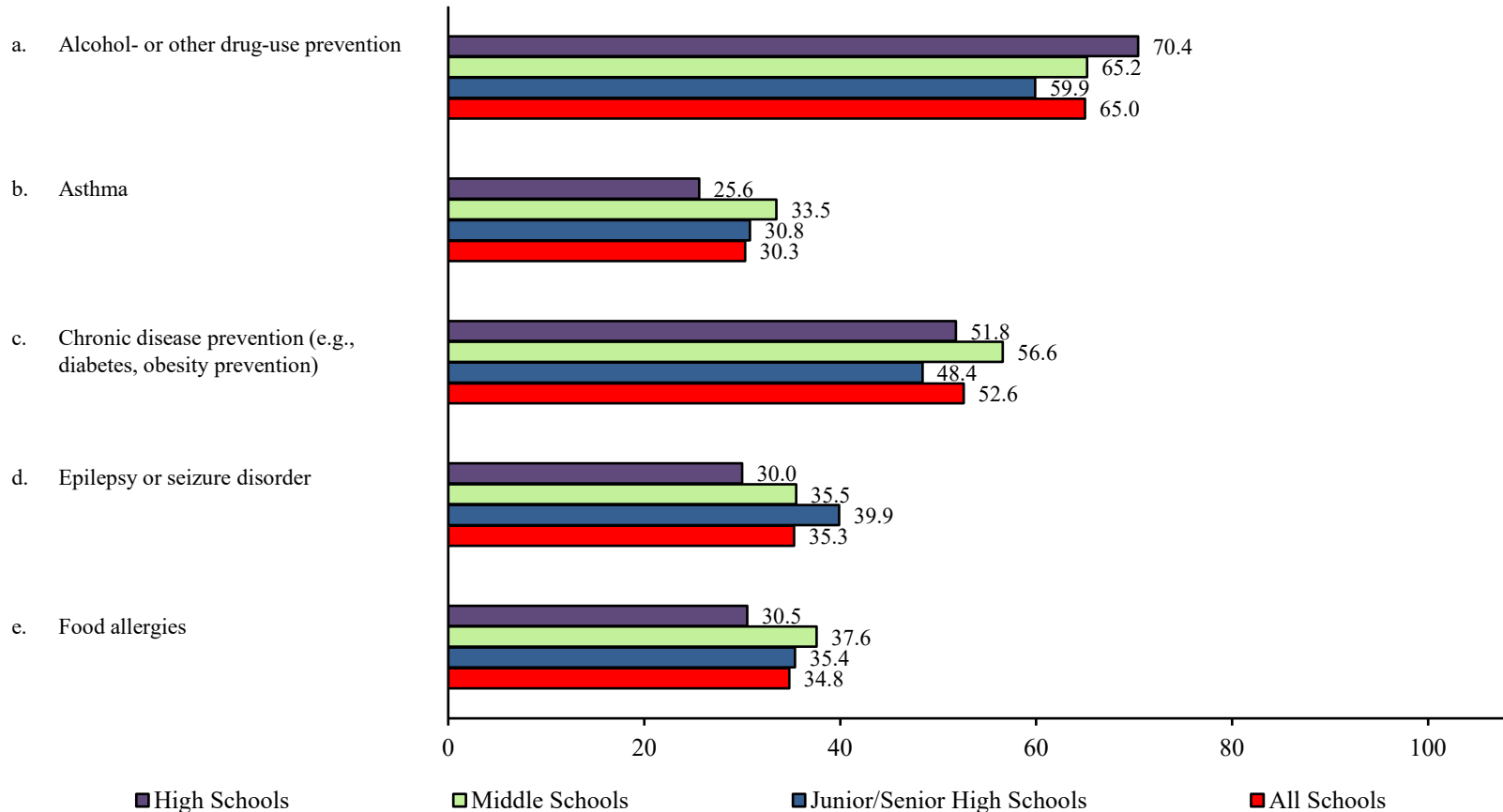
23. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

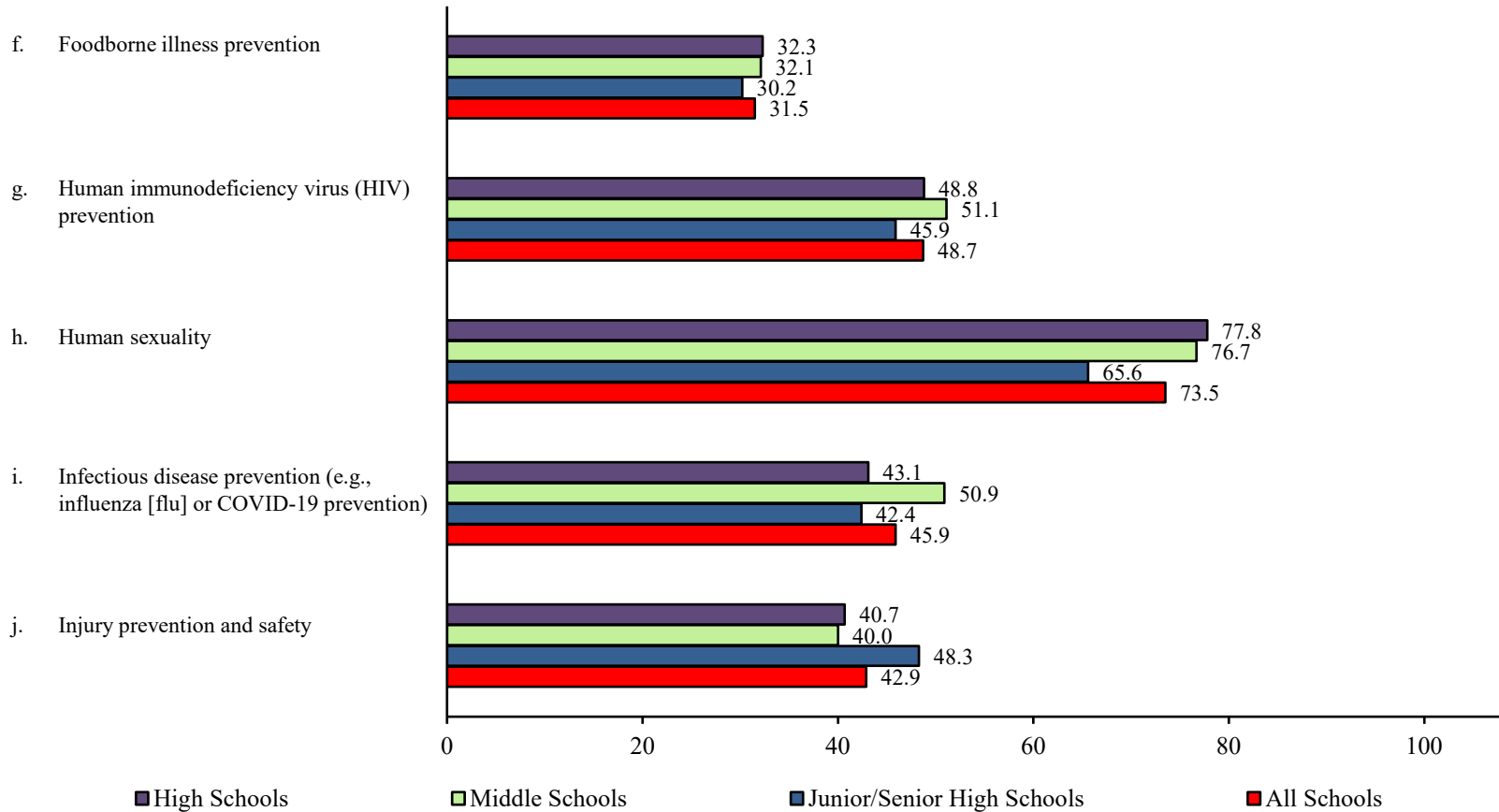
24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

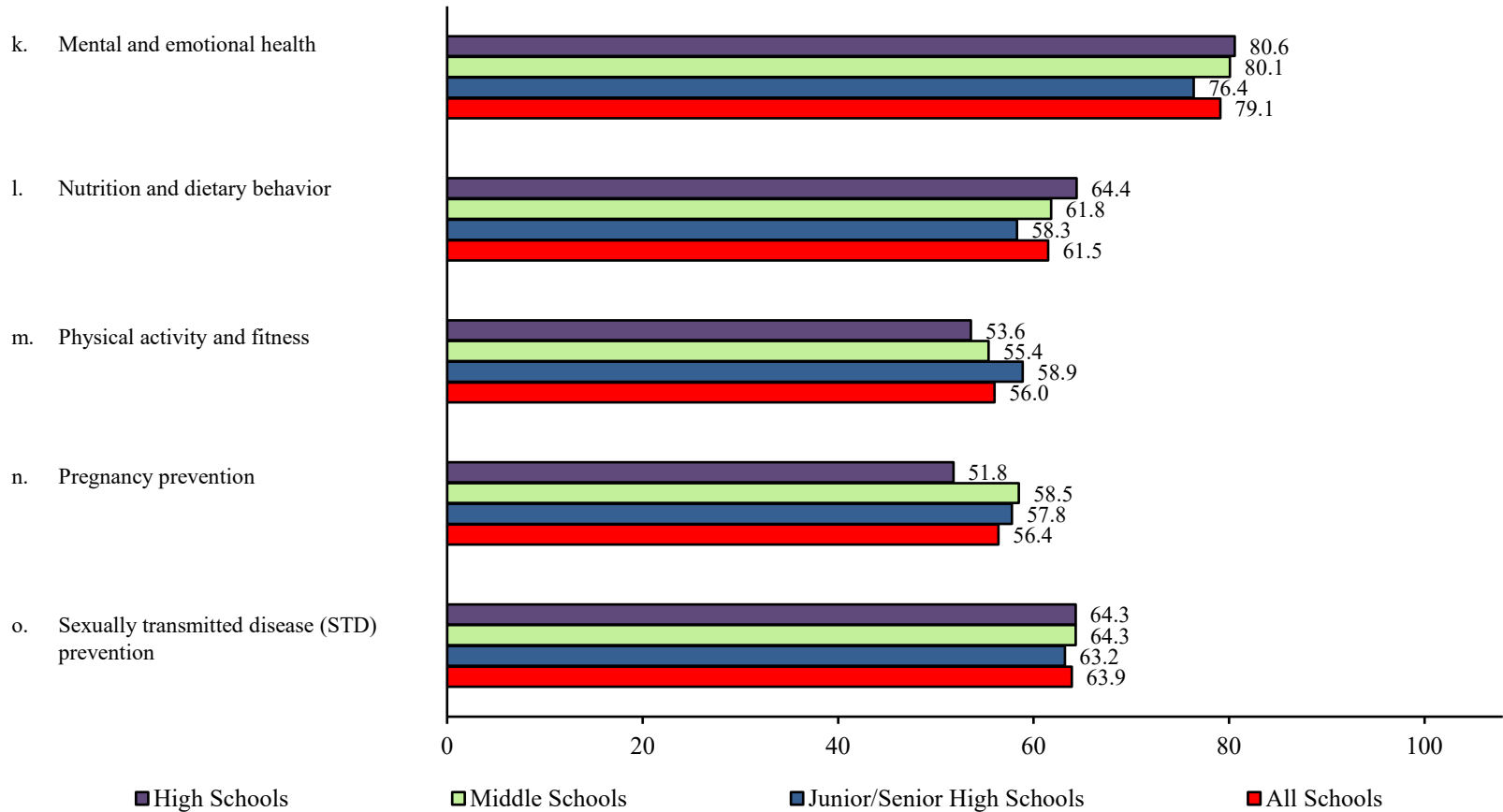
24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

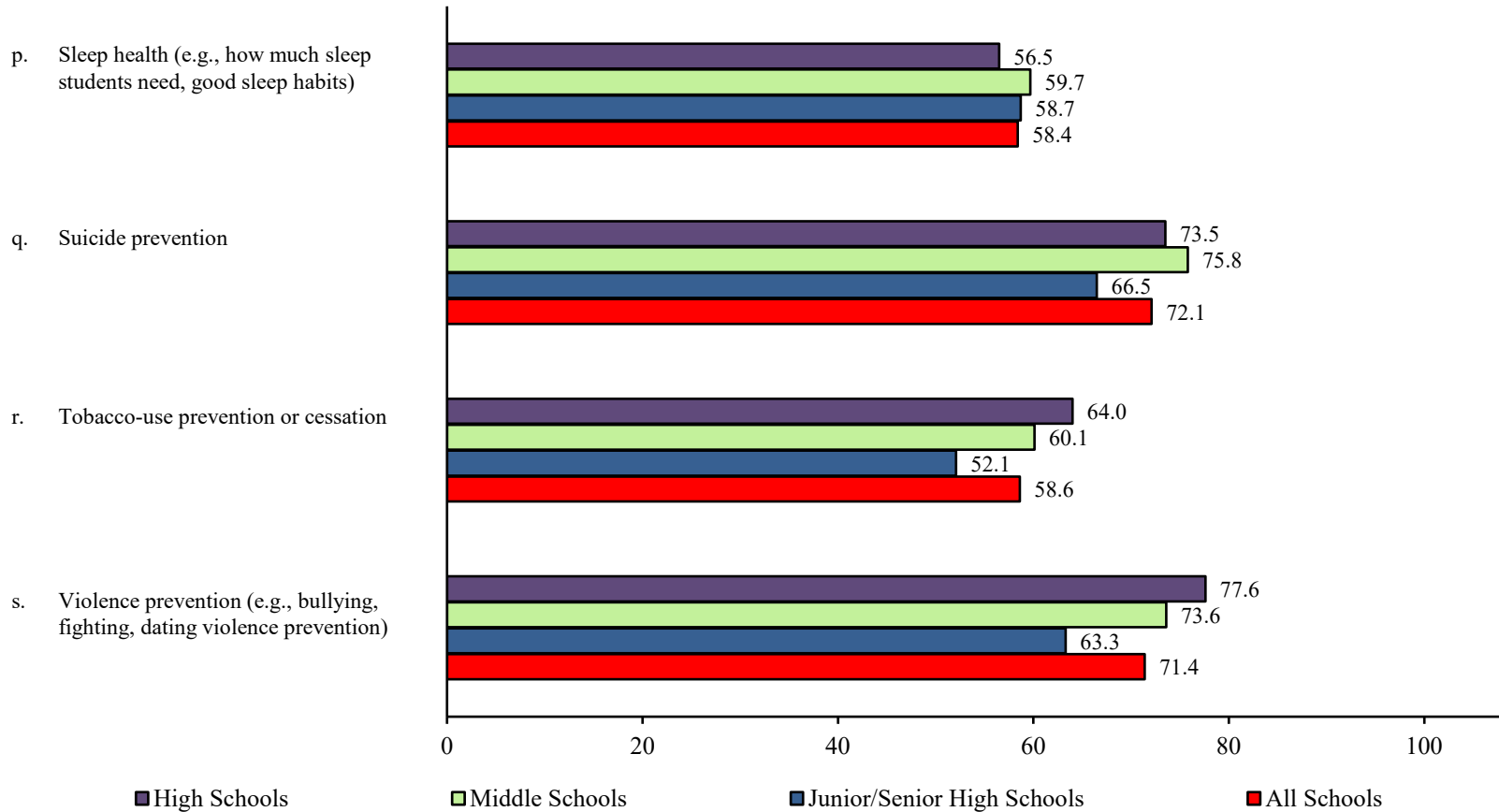
24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

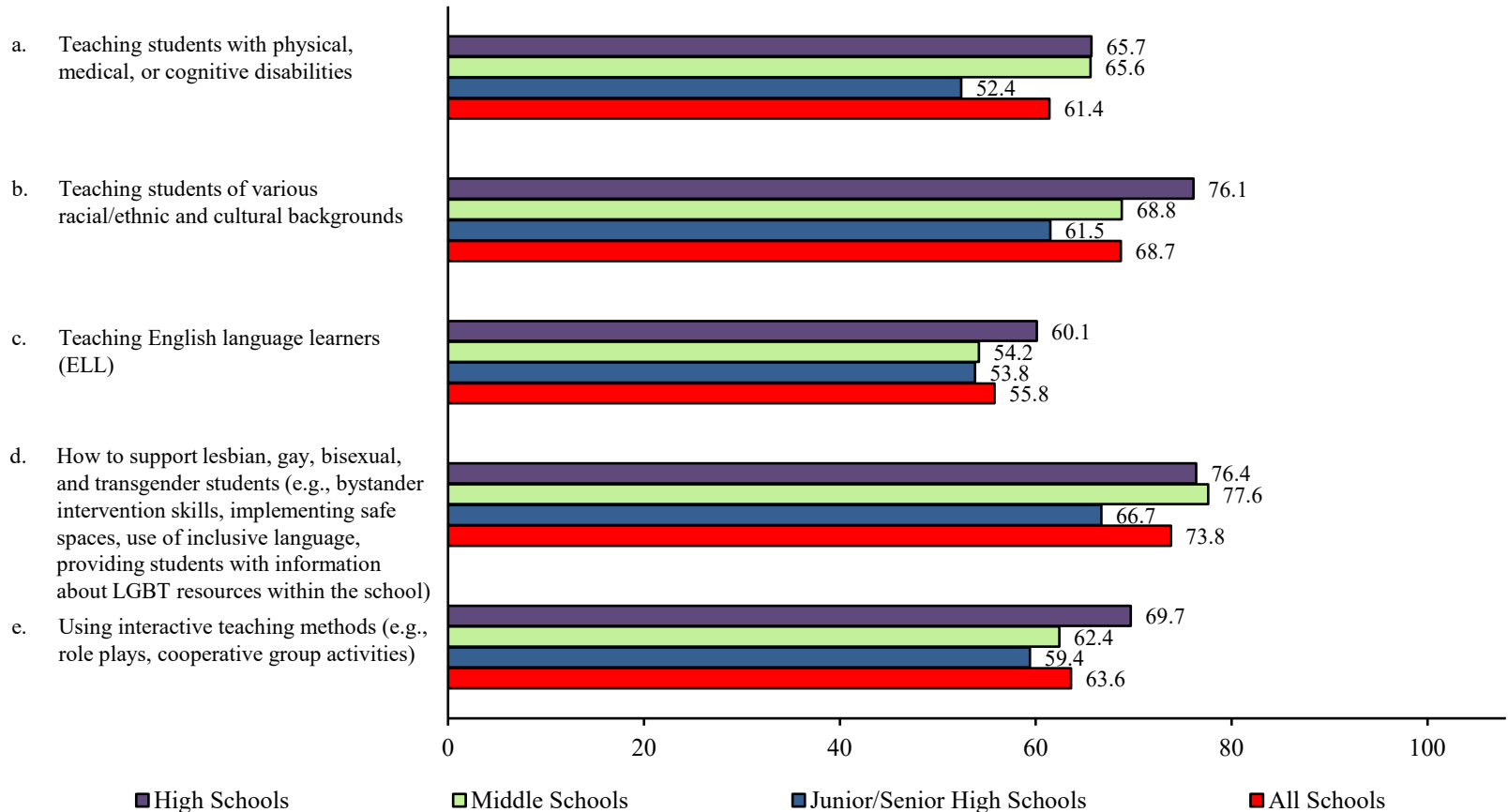
24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

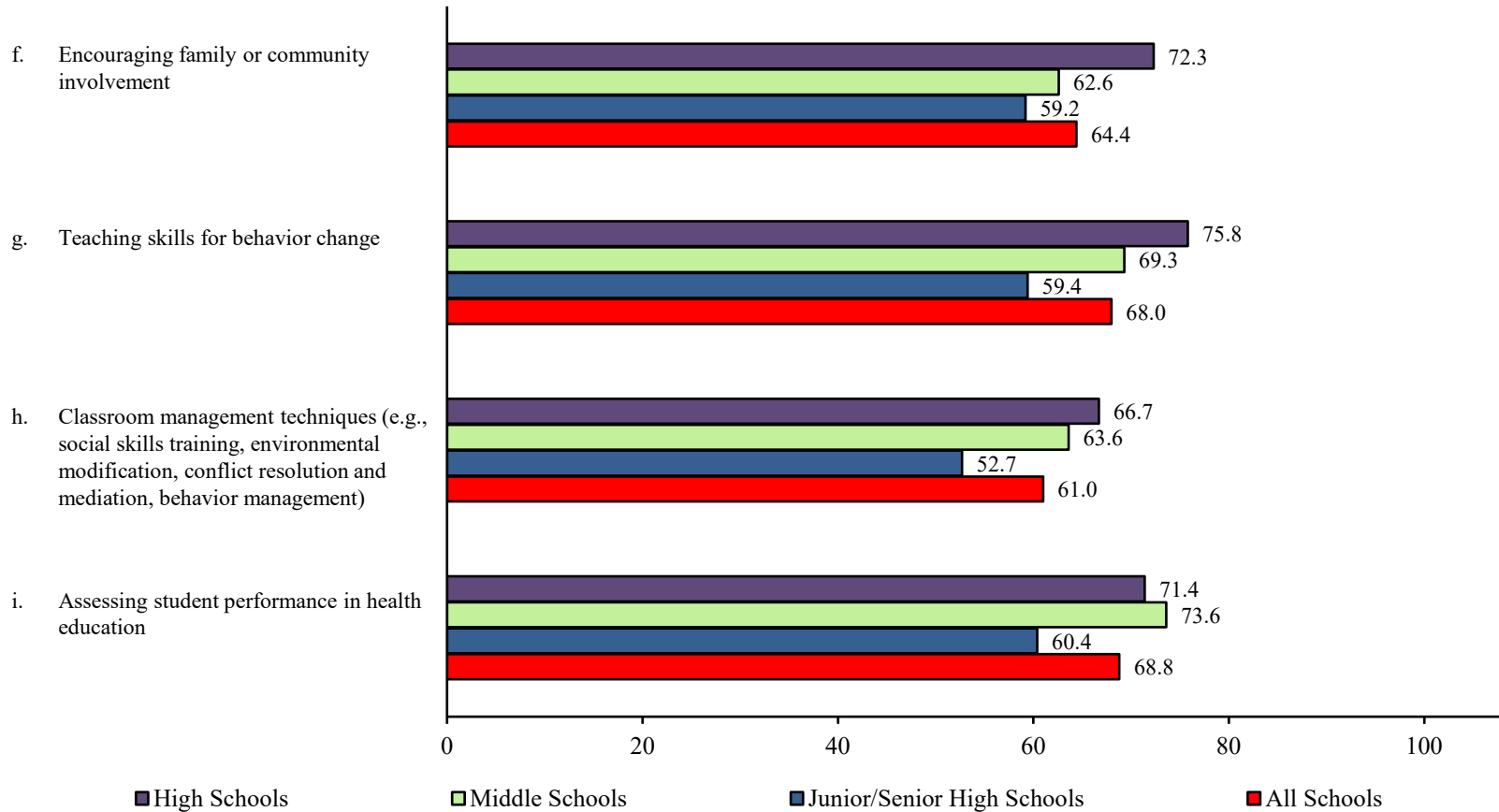
25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

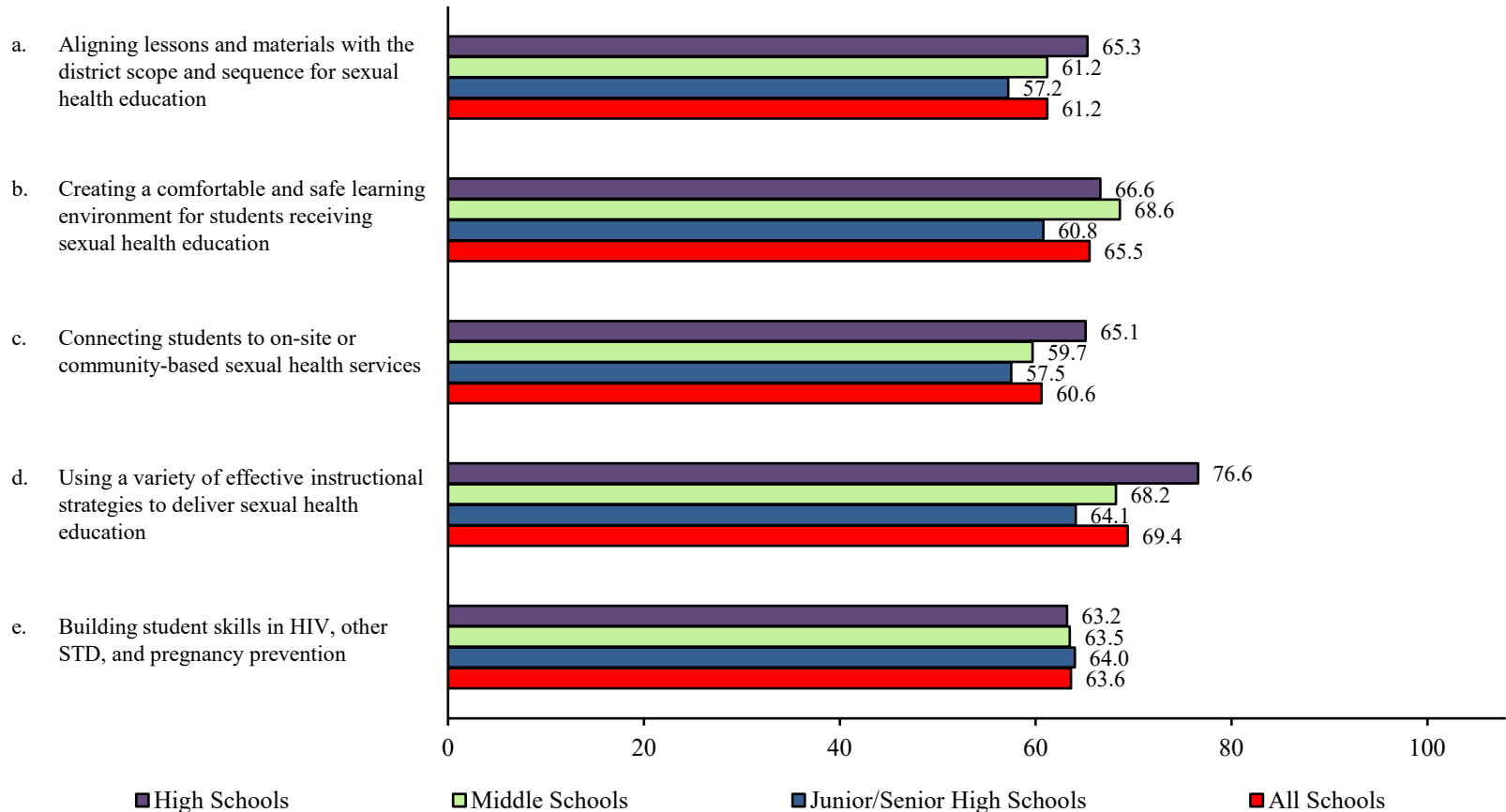
25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

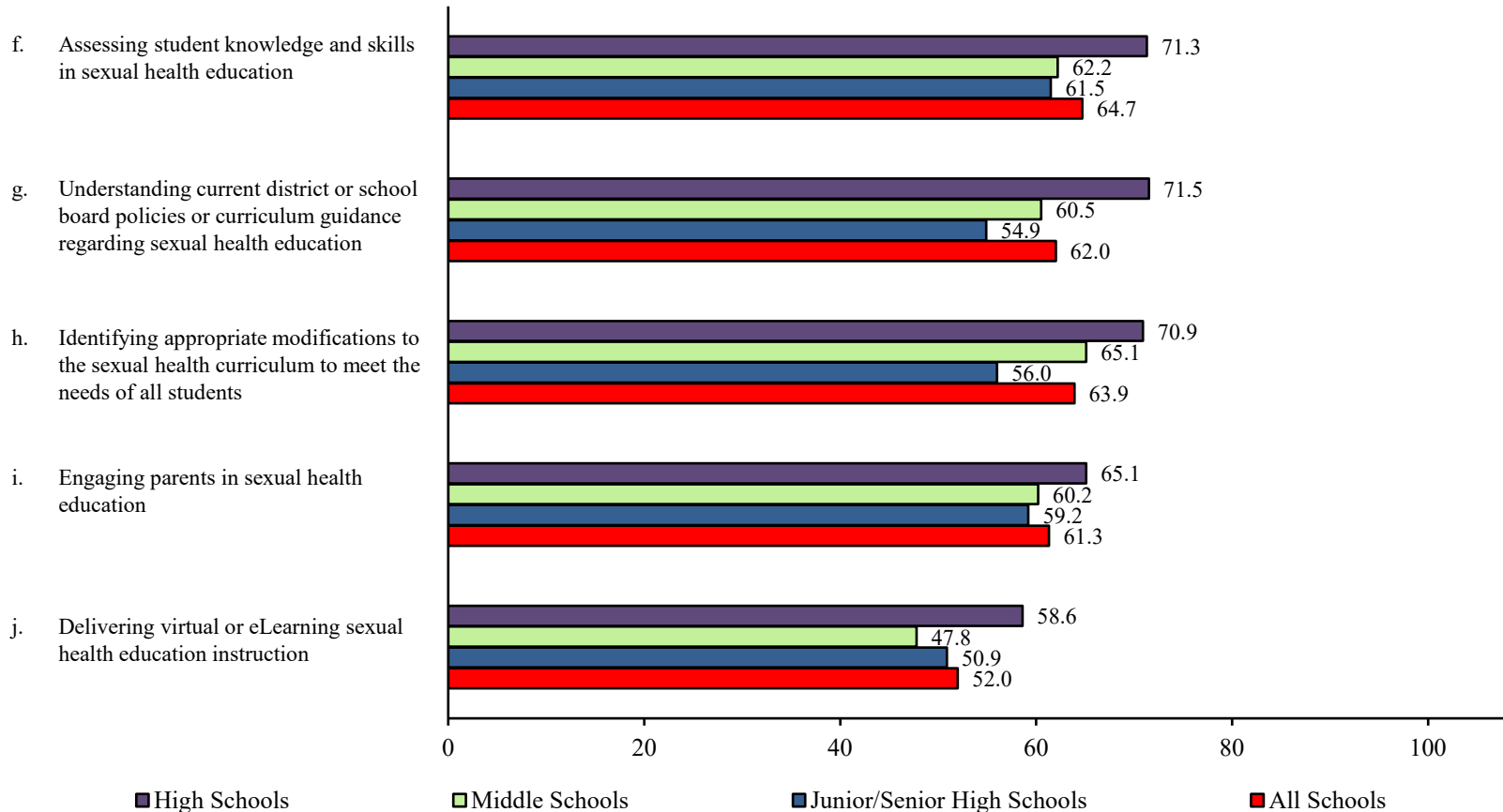
26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

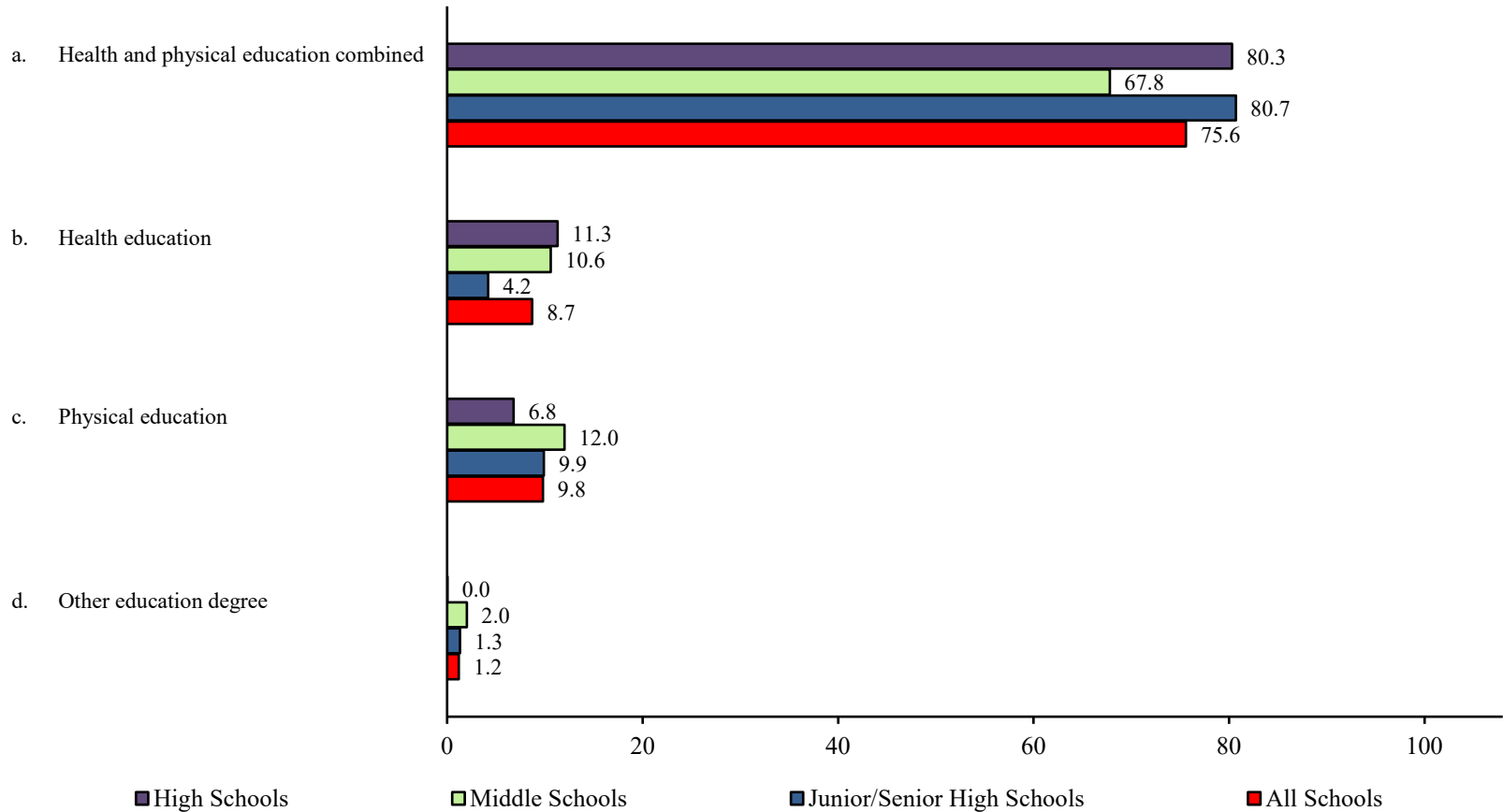
26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

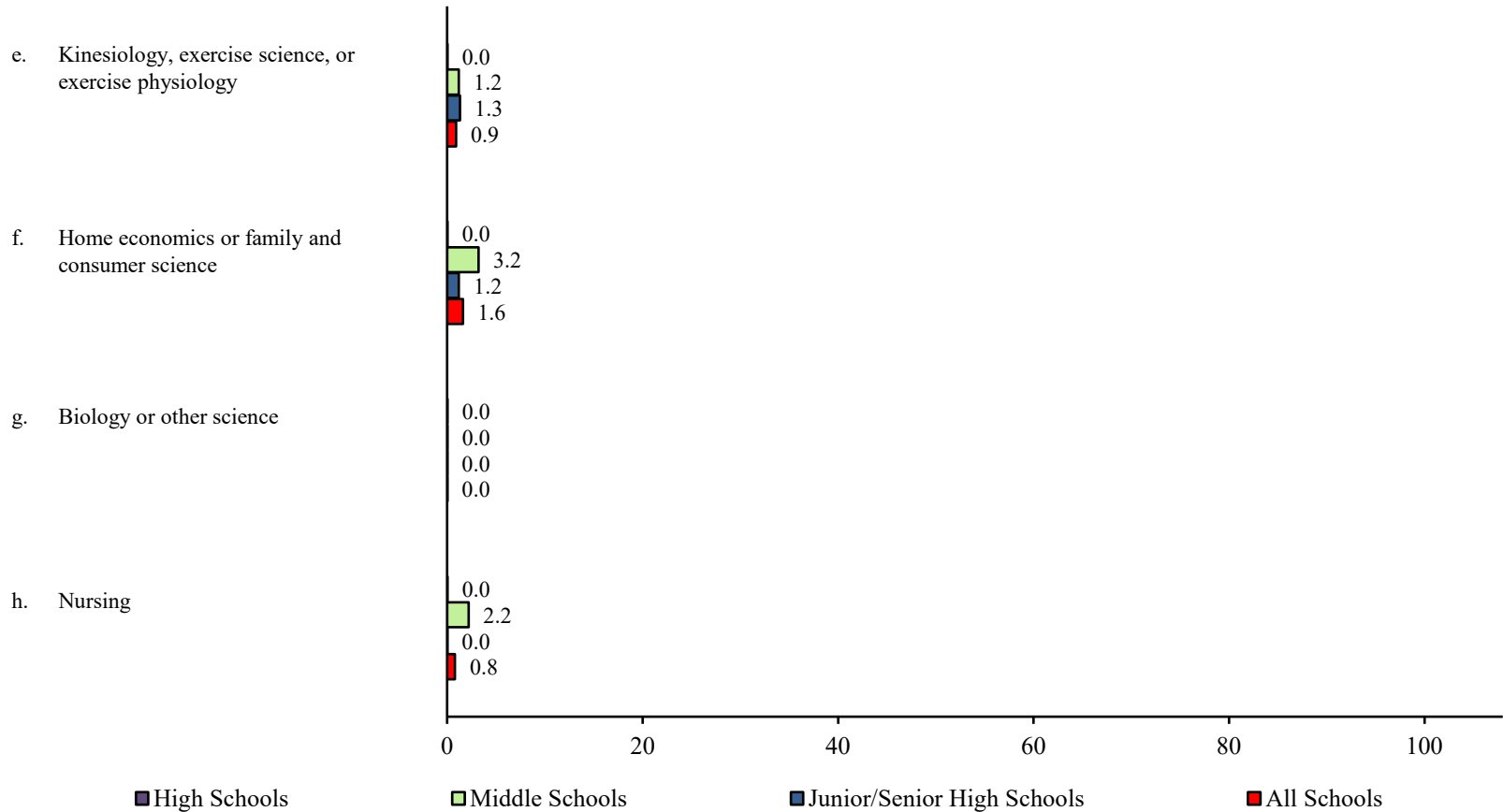
27. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:



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2022 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

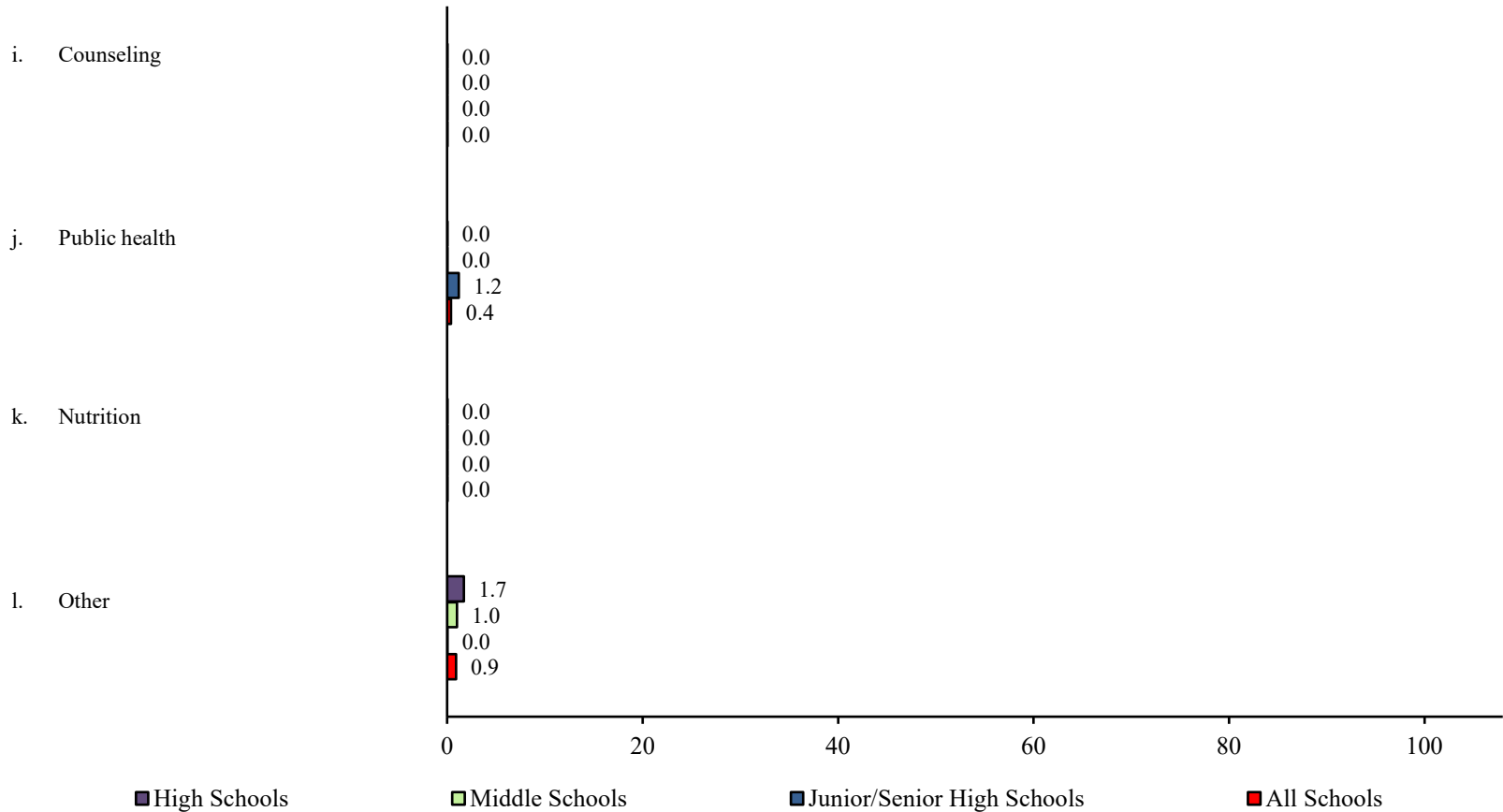
27. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:



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2022 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

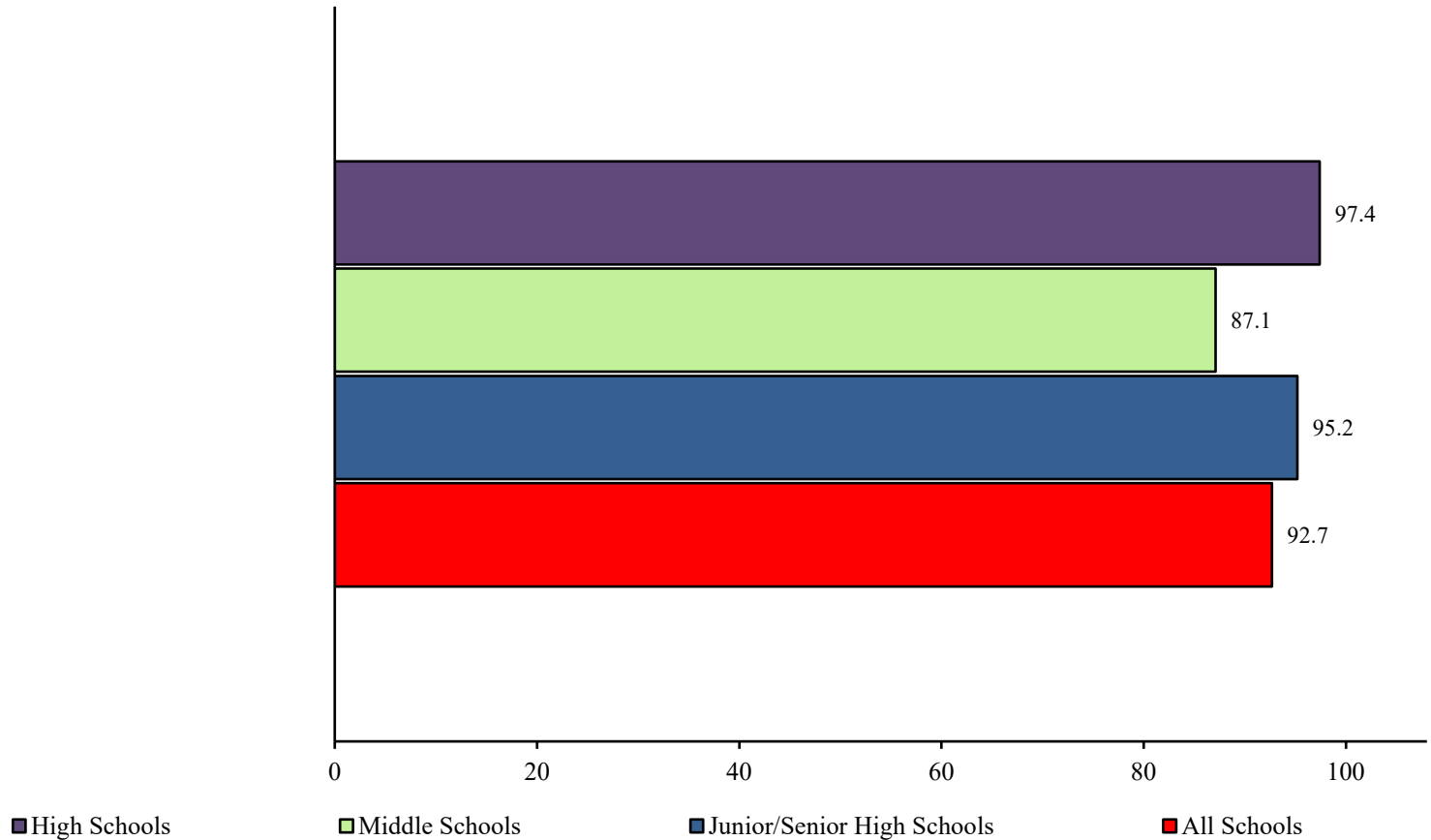
27. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

28. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.



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2022 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

29. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

