

2007 Minnesota Student Survey Prevention Region Tables

**Minnesota Student Survey Interagency Team:
Minnesota Department of Education
Minnesota Department of Health
Minnesota Department of Human Services
Minnesota Department of Public Safety**

**For more information contact:
Ann Kinney, Senior Research Scientist
Minnesota Center for Health Statistics, Minnesota Department of Health
ph: 651-201-5946 e: ann.kinney@health.state.mn.us**

In Appreciation

We are indebted to the students, teachers, Minnesota Student Survey coordinators and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the spring of 2007. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

2007 MINNESOTA STUDENT SURVEY

Survey Participation

The 2007 Minnesota Student Survey was administered in the spring of 2007 to public school students in Grades 6, 9, and 12 statewide. All public school districts in Minnesota were invited to participate. Of the 338 public operating districts, 309 agreed to participate (91% of public operating school districts).

Student participation was voluntary and surveys were anonymous. Across the state, approximately 81% of public school sixth graders, 76% of public school ninth graders, and 58% of public school twelfth graders participated in the 2007 Minnesota Student Survey. Overall participation across the three grades was approximately 72% of total enrollment.

The majority of schools in the state used an opt-out consent procedure for the survey (meaning that parents could decline to have their children take the survey). A few school districts used an active consent process (meaning parents were required to return a signed permission slip before their children took the survey). Not every student who participated in the survey answered every question.

Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on page iv. The Grade 6 survey version was shorter than the Grade 9-12 version and did not include items appropriate only for older students. Items found on one version of the survey but not the other are identified on the tables.

New Questions and Year-to-Year Comparisons

Some of the 2007 survey instrument questions were changed from the 2004 survey instrument. While many questions stayed the same, there were questions that had updated or improved wording. Some entirely new questions were added and some questions were dropped. New questions and questions with changed wording are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

Validity of Responses

Approximately 3% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

**2007 MINNESOTA STUDENT SURVEY
TABLE OF CONTENTS**

Table	Subject Area	Page
DEMOGRAPHICS		
Table 1	Sample description	1
SCHOOL		
Table 2	Feelings about school, school plans, and truancy	2
Table 3	Academic performance and school programs	3
Table 4	Perceptions of school environment	4
Table 5	Perceptions of school and neighborhood safety	5
Table 6	Victimization at school	6
Table 7	Bullying	7
ACTIVITIES		
Table 8a-b	Use of time	8-9
Table 9a-b	Enrichment activities	10-11
Table 10	Reasons for participation in activities	12
FAMILY AND RELATIONSHIPS		
Table 11	Family composition and parental communication	13
Table 12	Perception of family and others caring	14
RISK FACTORS		
Table 13	Family substance abuse	15
Table 14a-b	Physical and sexual violence	16-17
HEALTH AND SAFETY		
Table 15	General health issues	18
Table 16	Weight-related issues	19
Table 17	Exercise	20
Table 18	Nutrition	21
Table 19	Seat belt use	22
Table 20	Sources of information on risk behaviors	23
MENTAL HEALTH		
Table 21a-b	Emotional well-being/distress	24-25
Table 22	Self-inflicted injury, suicidal thoughts and suicidal behavior	26
Table 23	Gambling behavior	27
Table 24	Destructive and antisocial behavior	28

Continued on the next page

2007 MINNESOTA STUDENT SURVEY
TABLE OF CONTENTS Continued

Table	Subject Area	Page
SUBSTANCE USE		
Table 25	Summary of substance use	29
Table 26	Cigarette use and age of first use	30
Table 27	Cigar and smokeless tobacco use and age of first use	31
Table 28	Access to tobacco	32
Table 29	Alcohol use frequency and quantity	33
Table 30	Age of first alcohol use	34
Table 31	Access to alcohol	35
Table 32	Drinking and driving	36
Table 33	Marijuana and other drug use and age of first use	37
Table 34	Marijuana, inhalants, hallucinogens and heroin	38
Table 35	Methamphetamine, cocaine and ecstasy	39
Table 36a-b	Prescription drugs	40-41
Table 37	Substance use patterns	42
Table 38	Social disapproval of substance use	43
Table 39	Perceived risk of harm from substance use	44
Table 40a-b	Consequences of substance use	45-46
SEXUAL HEALTH AND PROTECTIVE FACTORS		
Table 41a-b	Sexual behavior	47-48
Table 42	Reasons for sexual abstinence	49

Locating Minnesota Student Survey Items/Domains in the 2007 and 2004 Tables

SURVEY ITEM OR DOMAIN	Table #		SURVEY ITEM OR DOMAIN	Table #	
	2007	2004		2007	2004
Total number of surveys	1	1	Reasons for participating	10	NA
Gender	1	1	Reasons for not participating	10	NA
Age	1	1	Which adults do you live with	11	9
Race/ethnicity	1	1	Talk with father about problems	11	9
Feelings about school	2	2	Talk with mother about problems	11	9
School plans	2	2	Parents care about you	12	10
Truancy/skipping days of school	2	2	Other adult relatives care about you	12	10
Grades received in school	3	3	Friends care about you	12	11
Have or ever had an IEP	3	NA	Teachers/other adults at school care	12	11
Free/reduced-price lunch	3	NA	Church or spiritual leaders care	12	11
Changed schools	3	NA	Other adults in community care	12	11
Students are friendly	4	4	Family alcohol use problems	13	12
Students behave well	4	4	Family drug use problems	13	12
Students threatened students	4	4	Perpetrator of relationship violence	14A	NA
Teachers interested in student	4	4	Victim of relationship violence	14A	NA
Teachers show respect for students	4	4	Victim of relationship sexual assault	14A	NA
Feel safe going to and from school	5	5	Victim of physical abuse at home	14B	13
Feel safe at school	5	5	Witness to physical abuse at home	14B	13
Feel safe in neighborhood	5	NA	Victim of extrafamilial sexual abuse	14B	14
Bathrooms in school are safe	5	5	Victim of intrafamilial sexual abuse	14B	14
Illegal gang activity at school	5	5	Recency of last physical exam	15	15
Alcohol/drug use at school	5	5	Ever told had asthma	15	NA
Sold or given drug at school	6	6	Physical health problem	15	NA
Property stolen/damaged at school	6	6	Mental/emotional health problem	15	NA
Skipped school/felt unsafe	6	6	Ever treated for mental/emotional	15	NA
Threatened/assaulted at school	6	6	Ever treated for alcohol/drug problem	15	15
Sexual harassment at school	6	NA	Perception of current weight	16	16
Victim of bullying	7	NA	Activities to control weight*	16	16
Being a bully	7	NA	Weight status according to BMI	16	NA
Time on homework/study	8A	7A	Strenuous exercise lasting 20 minutes	17	17
Time reading	8A	7B	Physical activity lasting 30 minutes	17	17
Time doing volunteer work	8A	7C	Beverage consumption	18	18
Time working for pay	8A	7C	Servings of fruits/vegetables	18	18
Time watching TV/DVDs/videos	8B	7B	Use of seat belts	19	19
Time playing computer/video games	8B	7B	Information sources/risk behaviors	20	20
Time talking on phone/text messaging	8B	NA	Headaches/stomachaches/sickness	21A	NA
Time online	8B	NA	Irritable/angry	21A	NA
Time hanging out	8B	7C	Many fears/easily scared	21A	NA
Fine arts activities	9A	NA	Trouble concentrating	21A	NA
Private lessons	9A	NA	Restless	21A	NA
Club/community sports teams	9A	NA	Sleep trouble	21A	NA
School sports teams	9A	NA	Impulsive	21A	NA
Hobby/academic clubs	9B	NA	Unhappy/depressed/tearful	21A	NA
Community clubs/programs	9B	NA	Emotional well-being /distress	21B	22
Mentoring programs	9B	NA	Self-inflicted injury	22	NA
Religious activities	9B	NA	Suicidal thoughts and attempts	22	23

NA Not asked in 2004; new item(s) in 2007

* Question changes in 2007

Locating Minnesota Student Survey Items/Domains in the 2007 and 2004 Tables

SURVEY ITEM OR DOMAIN	Table #	
	2007	2004
Played cards for money	23	24
Bet on games of skill	23	24
Bet on sports teams/horseracing*	23	24
Bought lottery tickets	23	24
Gambled in a casino	23	24
Gambled for money online	23	NA
Running away from home	24	26
Vandalism	24	26
Physical fights	24	26
Shoplifting	24	26
Carrying a gun or other weapon	24	26
Use of any tobacco product past month	25	NA
Frequent use of any tobacco product	25	NA
Frequent binge drinking	25	27
Any alcohol/drug use past year	25	27
Frequency of cigarette use past month	26	28
Quantity of cigarettes past month	26	28
Age of first use of cigarettes	26	NA
Use of smokeless tobacco past month	27	NA
Use of cigars/cigarillos past month	27	NA
Age of first use of cigars/smokeless	27	NA
Sources for obtaining tobacco	28	30
Use of fake ID to purchase tobacco	28	30
Frequency of alcohol use past year	29	31
Frequency of alcohol use past month	29	31
Typical alcohol use quantity	29	31
Binge drinking past 2 weeks	29	31
Age of first alcohol use	30	NA
Sources for obtaining alcohol	31	32
Use of fake ID to purchase alcohol	31	32
Drinking and driving	32	33
Marijuana use past month	33	34
Age of first use of marijuana	33	NA
Use of other drugs past month	33	NA
Age of first use of other drugs	33	NA

SURVEY ITEM OR DOMAIN	Table #	
	2007	2004
Marijuana use past year*	34	34
Inhalant use past year*	34	34
LSD/hallucinogen use past year*	34	36
Heroin use past year*	34	36
Methamphetamine use past year*	35	35
Cocaine/crack use past year*	35	35
MDMA/ecstasy use past year*	35	35
Stimulant use past year	36A	NA
ADHD/ADD drug use past year	36A	NA
Pain reliever use past year	36A	NA
Tranquilizer use past year	36A	NA
Prescription drug use past year	36B	NA
Substance use before/during school	37	38
Talked about dangers of substance use	38	NA
Social disapproval of substance use	38	NA
Perceived risks from substance use	39	NA
Need more substance to get effect	40A	41A
Tried to reduce substance use	40A	41A
Substance use hurt relationships*	40A	41A
All day substance use or effects	40A	41A
Given up activities to use substances*	40A	41A
Use related emotional distress	40A	41A
Use related neglect of responsibilities*	40B	41B
Use related legal problems	40B	41B
Use related violent behavior	40B	41B
Use related memory problems	40B	41B
Substance use greater than intended	40B	41B
Sexual intercourse ever	41A	42A
Number of sexual partners	41A	42A
Pregnant or caused pregnancy	41A	42A
Talk with partner about STD risk	41B	42B
Talk about pregnancy prevention	41B	42B
Frequency of birth control	41B	42B
Frequency of condom use	41B	42B
Use of condom during last intercourse	41B	42B
Reasons for sexual abstinence*	42	43

NA Not asked in 2004; new item(s) in 2007
 * Question changes in 2007

2007 Minnesota Student Survey

TABLE 1
DEMOGRAPHIC DESCRIPTION
Region 4 - East Central

		Grade					
		6th		9th		12th	
		N	%	N	%	N	%
Total number of surveys		5,882	100%	5,960	100%	4,328	100%
Gender	Male	2,960	50%	2,976	50%	2,204	51%
	Female	2,922	50%	2,984	50%	2,124	49%
Age	11 or younger	2,115	36%	0	0%	0	0%
	12	3,633	62%	0	0%	0	0%
	13	112	2%	4	0%	0	0%
	14	1	0%	1,944	33%	0	0%
	15	0	0%	3,805	64%	0	0%
	16	0	0%	164	3%	12	0%
	17	0	0%	11	0%	1,560	36%
	18	0	0%	0	0%	2,652	61%
	19-20	0	0%	0	0%	83	2%
	No answer	21	0%	32	1%	21	0%
Race/ethnicity	American Indian	122	2%	70	1%	24	1%
	Black or African American	123	2%	114	2%	55	1%
	Hispanic or Latino	113	2%	94	2%	54	1%
	Asian American or Pacific Islander	102	2%	116	2%	76	2%
	White	4,450	76%	5,035	84%	3,932	91%
	Mixed race (checked more than one race/ethnicity)	379	6%	351	6%	136	3%
	I don't know / no answer	593	10%	180	3%	51	1%

2007 Minnesota Student Survey

TABLE 2
FEELINGS ABOUT SCHOOL, SCHOOL PLANS, AND TRUANCY
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about going to school?	I like school very much	14%	24%	9%	13%	9%	10%
	I like school quite a bit	30%	39%	27%	38%	29%	39%
	I like school a little	32%	25%	36%	32%	36%	34%
	I don't like school very much	14%	8%	16%	11%	17%	12%
	I hate school	10%	4%	12%	5%	9%	5%
Which of these best describes your school plans? *	I would like to quit school as soon as I can			3%	1%	2%	0%
	I plan to finish high school but won't go to college			10%	5%	10%	4%
	I'd like to go to some kind of trade or vocational school			6%	2%	17%	7%
	I'd like to go to college after high school			62%	65%	54%	63%
	I'd like to go to college and then to graduate school			19%	27%	18%	26%
During the last 30 days, how often have you skipped or cut full days of school?	Never	78%	79%	80%	79%	61%	65%
	Once or twice	17%	15%	14%	15%	27%	24%
	3 to 5 times	4%	4%	3%	4%	8%	7%
	6 to 10 times	1%	1%	1%	1%	2%	3%
	More than 10 times	1%	0%	2%	1%	2%	1%

* 6th grade survey did not ask this question.

2007 Minnesota Student Survey

TABLE 3
ACADEMIC PERFORMANCE AND SCHOOL PROGRAMS
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Mark the two grades you get the most often.	A only	3%	3%	2%	2%	2%	3%
	A and B only	52%	65%	46%	59%	47%	67%
	B only	4%	3%	2%	1%	1%	1%
	B and C only	21%	15%	25%	20%	28%	19%
	C only	2%	2%	2%	1%	2%	0%
	C and D only	6%	4%	10%	8%	12%	6%
	D only	1%	0%	1%	1%	0%	0%
	D and F only	2%	1%	4%	2%	2%	1%
	F only	0%	0%	1%	0%	0%	0%
	Not applicable or no answer	10%	8%	7%	5%	4%	2%
Do you have or have you ever had an IEP (Individualized Education Plan)? **	Yes			19%	15%	16%	10%
	No			81%	85%	84%	90%
Do you currently get free or reduced-price lunch at school? ^	Yes	26%	26%	21%	22%	14%	17%
	No	74%	74%	79%	78%	86%	83%
Since the beginning of this school year, how many times have you changed schools? ^	0 times	93%	93%	94%	95%	96%	97%
	1 time	4%	4%	3%	4%	2%	2%
	2 times	1%	1%	1%	1%	1%	0%
	3 or more times	2%	2%	2%	1%	1%	1%

* 6th grade survey did not ask this question.

^ New question in 2007.

2007 Minnesota Student Survey

TABLE 4
PERCEPTIONS OF SCHOOL ENVIRONMENT
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How many students in your school are friendly?	All	3%	2%	3%	1%	5%	2%
	Most	52%	54%	53%	54%	62%	58%
	Some	34%	36%	35%	36%	26%	32%
	A few	10%	8%	8%	8%	5%	8%
	None	1%	0%	1%	0%	1%	0%
How many students in your school behave well in the hallways and lunchroom?	All	4%	3%	3%	2%	3%	2%
	Most	35%	34%	39%	38%	48%	44%
	Some	39%	40%	37%	40%	33%	39%
	A few	20%	21%	18%	17%	13%	15%
	None	2%	2%	3%	2%	2%	1%
How many students in your school have made fun of or threatened students of different races or backgrounds?	All	1%	1%	3%	2%	3%	2%
	Most	8%	7%	13%	10%	12%	10%
	Some	16%	16%	23%	24%	25%	25%
	A few	43%	43%	45%	48%	47%	52%
	None	32%	32%	16%	15%	13%	12%
How many of your teachers are interested in you as a person?	All	24%	28%	9%	7%	8%	7%
	Most	29%	32%	28%	29%	37%	40%
	Some	21%	19%	27%	29%	30%	30%
	A few	17%	15%	22%	24%	19%	19%
	None	9%	6%	14%	10%	6%	4%
How many of your teachers show respect for students?	All	53%	60%	30%	31%	23%	22%
	Most	30%	28%	41%	45%	48%	54%
	Some	9%	6%	15%	14%	17%	16%
	A few	6%	5%	9%	8%	10%	7%
	None	2%	1%	4%	2%	3%	1%

2007 Minnesota Student Survey

TABLE 5
PERCEPTIONS OF SCHOOL AND NEIGHBORHOOD SAFETY
Region 4 - East Central

<i>How much do you agree or disagree with the following statements?</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
I feel safe going to and from school	Strongly agree	47%	44%	47%	42%	55%	49%
	Agree	46%	49%	47%	53%	40%	47%
	Disagree	6%	6%	4%	4%	3%	2%
	Strongly disagree	2%	1%	2%	1%	2%	1%
I feel safe at school	Strongly agree	48%	51%	39%	38%	50%	43%
	Agree	43%	43%	51%	54%	43%	52%
	Disagree	7%	5%	7%	7%	5%	4%
	Strongly disagree	2%	1%	2%	1%	2%	1%
I feel safe in my neighborhood [^]	Strongly agree	55%	48%	59%	47%	61%	55%
	Agree	37%	43%	36%	47%	36%	41%
	Disagree	6%	8%	3%	5%	3%	4%
	Strongly disagree	1%	2%	2%	1%	1%	0%
Bathrooms in this school are a safe place to be	Strongly agree	29%	33%	30%	32%	42%	40%
	Agree	48%	49%	48%	53%	45%	49%
	Disagree	16%	14%	16%	12%	8%	8%
	Strongly disagree	6%	4%	7%	3%	5%	2%
Illegal gang activity is a problem at this school	Strongly agree	7%	5%	6%	2%	4%	1%
	Agree	9%	9%	11%	9%	9%	6%
	Disagree	27%	30%	43%	49%	36%	41%
	Strongly disagree	57%	56%	40%	39%	51%	52%
Student use of alcohol or drugs is a problem at this school	Strongly agree	8%	8%	19%	20%	19%	21%
	Agree	14%	12%	38%	41%	40%	47%
	Disagree	27%	28%	32%	31%	30%	27%
	Strongly disagree	51%	52%	11%	7%	11%	5%

[^] New question in 2007.

2007 Minnesota Student Survey

TABLE 6
VICTIMIZATION AT SCHOOL
Region 4 - East Central

		Grade						
		6th		9th		12th		
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
During the last 12 months, has anyone offered, sold, or given you an illegal drug on school property?	Yes	2%	2%	17%	12%	19%	11%	
	No	98%	98%	83%	88%	81%	89%	
During the last 12 months, how many times has someone stolen or deliberately damaged your property on school property?	0 times	61%	65%	63%	71%	71%	79%	
	1 time	19%	19%	19%	17%	17%	14%	
	2 or 3 times	13%	12%	13%	10%	9%	6%	
	4 or 5 times	3%	2%	3%	2%	1%	1%	
	6 or more times	4%	2%	3%	1%	2%	0%	
During the last 30 days, how many days did you not go to school because you felt unsafe at school or going to/from school?	0 days	94%	93%	94%	93%	94%	95%	
	1 day	3%	5%	3%	4%	3%	3%	
	2 or 3 days	1%	2%	1%	2%	1%	1%	
	4 or 5 days	1%	0%	1%	1%	1%	0%	
	6 or more days	0%	0%	1%	0%	1%	0%	
During the last 12 months, which of the following has happened to you on school property? Has a student:	Threatened you?	Yes	30%	19%	30%	18%	22%	10%
		No	70%	81%	70%	82%	78%	90%
	Pushed, shoved, or grabbed you?	Yes	65%	45%	55%	37%	39%	20%
		No	35%	55%	45%	63%	61%	80%
	Kicked, bitten, or hit you?	Yes	47%	30%	37%	20%	24%	9%
		No	53%	70%	63%	80%	76%	91%
	Stabbed you or fired a gun at you?	Yes	2%	0%	4%	1%	3%	0%
		No	98%	100%	96%	99%	97%	100%
	Touched, grabbed, or pinched you in a sexual way? **^	Yes			20%	25%	24%	18%
		No			80%	75%	76%	82%
	Made unwanted sexual comments, jokes, gestures, or looks toward you? **^	Yes			23%	35%	19%	26%
		No			77%	65%	81%	74%

* 6th grade survey did not ask this question.

^ New question in 2007.

2007 Minnesota Student Survey

**TABLE 7
BULLYING ^**

Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, how often has another student or group of students made fun of or teased you in a hurtful way, or excluded you from friends or activities?	Never	46%	42%	62%	54%	74%	68%
	Once or twice	33%	38%	25%	32%	17%	25%
	About once a week	7%	8%	4%	6%	3%	4%
	Several times a week	9%	7%	4%	5%	3%	2%
	Every day	5%	5%	5%	3%	3%	1%
During the last 30 days, how often have you, on your own or as part of a group, made fun of or teased another student in a hurtful way or excluded another student from friends or activities?	Never	53%	56%	47%	50%	56%	65%
	Once or twice	36%	37%	36%	39%	30%	29%
	About once a week	6%	3%	6%	6%	5%	4%
	Several times a week	4%	2%	5%	3%	4%	2%
	Every day	2%	1%	5%	2%	5%	1%

^ New questions in 2007.

2007 Minnesota Student Survey

**TABLE 8A
USE OF TIME**

Region 4 - East Central

<i>During the school year, how many hours in a typical week do you spend doing the following?</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Homework or study	0 hours	8%	4%	12%	4%	22%	6%
	1-2 hours	51%	46%	44%	36%	44%	36%
	3-5 hours	23%	28%	25%	32%	22%	33%
	6-10 hours	12%	14%	13%	18%	9%	16%
	11-20 hours	3%	5%	3%	7%	3%	7%
	21 hours or more	3%	3%	2%	2%	1%	2%
Reading for pleasure	0 hours	32%	22%	59%	40%	60%	39%
	1-2 hours	42%	46%	26%	35%	26%	37%
	3-5 hours	13%	16%	8%	13%	7%	13%
	6-10 hours	6%	8%	4%	6%	3%	6%
	11-20 hours	3%	4%	2%	3%	2%	3%
	21 hours or more	3%	4%	2%	3%	1%	2%
Volunteer work or community service	0 hours	75%	67%	72%	66%	71%	58%
	1-2 hours	19%	24%	19%	24%	20%	28%
	3-5 hours	4%	6%	6%	6%	5%	10%
	6-10 hours	1%	2%	2%	2%	2%	3%
	11-20 hours	1%	0%	2%	1%	1%	1%
	21 hours or more	0%	1%	1%	0%	1%	0%
Work for pay (including babysitting for others)	0 hours	52%	35%	49%	35%	23%	16%
	1-2 hours	25%	28%	19%	25%	8%	7%
	3-5 hours	13%	20%	13%	19%	7%	9%
	6-10 hours	6%	11%	8%	13%	11%	15%
	11-20 hours	2%	3%	6%	6%	24%	33%
	21 hours or more	2%	3%	5%	3%	27%	21%

2007 Minnesota Student Survey

TABLE 8B
USE OF TIME
Region 4 - East Central

<i>During the school year, how many hours in a typical week do you spend doing the following?</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Watching TV, DVDs or videos	0 hours	3%	4%	2%	3%	3%	4%
	1-2 hours	25%	32%	17%	23%	18%	22%
	3-5 hours	30%	31%	26%	29%	28%	36%
	6-10 hours	21%	18%	25%	26%	27%	25%
	11-20 hours	10%	8%	15%	12%	14%	9%
	21 hours or more	11%	6%	14%	7%	9%	4%
Playing computer or video games	0 hours	12%	24%	11%	33%	22%	51%
	1-2 hours	31%	40%	26%	32%	29%	28%
	3-5 hours	23%	18%	21%	16%	20%	11%
	6-10 hours	15%	10%	16%	9%	13%	6%
	11-20 hours	9%	5%	13%	6%	8%	2%
	21 hours or more	10%	3%	13%	4%	7%	1%
Talking on the phone or text messaging ^	0 hours	54%	33%	31%	14%	14%	8%
	1-2 hours	30%	37%	36%	29%	37%	28%
	3-5 hours	7%	14%	12%	17%	22%	23%
	6-10 hours	4%	7%	8%	15%	14%	20%
	11-20 hours	2%	5%	5%	12%	6%	10%
	21 hours or more	3%	4%	7%	13%	7%	10%
Online activities (e-mail, instant messaging, blogging, web surfing, etc.) ^	0 hours	49%	39%	27%	16%	25%	17%
	1-2 hours	30%	31%	30%	26%	31%	36%
	3-5 hours	10%	14%	17%	20%	19%	22%
	6-10 hours	5%	8%	12%	17%	13%	15%
	11-20 hours	3%	4%	7%	12%	6%	7%
	21 hours or more	3%	3%	8%	9%	5%	3%
Hanging out	0 hours	12%	8%	7%	5%	4%	3%
	1-2 hours	24%	24%	18%	16%	11%	13%
	3-5 hours	24%	25%	22%	22%	20%	22%
	6-10 hours	17%	20%	22%	22%	25%	29%
	11-20 hours	10%	11%	14%	17%	21%	19%
	21 hours or more	12%	13%	18%	18%	20%	15%

^ New question in 2007.

2007 Minnesota Student Survey

TABLE 9A
ENRICHMENT ACTIVITIES ^
Region 4 - East Central

<i>During the school year, how often have you participated in the following?</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Fine arts activities (band, choir, dance, drama, etc.)	Not available in my community	2%	1%	3%	1%	4%	1%
	Never	38%	15%	57%	30%	64%	44%
	A few times a year	6%	5%	7%	9%	7%	10%
	Monthly	2%	1%	2%	2%	2%	2%
	1-2 times per week	19%	25%	3%	5%	2%	3%
	3-4 times per week	15%	24%	8%	15%	3%	6%
	Every day	18%	28%	20%	38%	19%	35%
Private lessons (music, dance, etc.)	Not available in my community	7%	5%	5%	3%	5%	3%
	Never	72%	55%	77%	63%	79%	72%
	A few times a year	3%	6%	5%	8%	5%	7%
	Monthly	2%	3%	3%	5%	3%	4%
	1-2 times per week	13%	23%	7%	15%	4%	10%
	3-4 times per week	2%	4%	1%	4%	1%	2%
	Every day	2%	3%	2%	3%	2%	2%
Club or community sports teams	Not available in my community	4%	4%	3%	3%	5%	2%
	Never	36%	42%	48%	49%	54%	58%
	A few times a year	13%	13%	11%	12%	9%	11%
	Monthly	5%	6%	5%	5%	6%	6%
	1-2 times per week	15%	17%	6%	10%	8%	9%
	3-4 times per week	17%	13%	10%	9%	7%	6%
	Every day	9%	6%	16%	12%	11%	8%
School sports teams	Not available in my community	7%	6%	2%	1%	2%	1%
	Never	44%	55%	35%	36%	44%	52%
	A few times a year	13%	12%	11%	11%	7%	8%
	Monthly	5%	4%	4%	4%	4%	4%
	1-2 times per week	12%	10%	3%	3%	3%	3%
	3-4 times per week	12%	8%	11%	10%	9%	10%
	Every day	7%	4%	35%	35%	30%	23%

^ New questions in 2007.

2007 Minnesota Student Survey

**TABLE 9B
ENRICHMENT ACTIVITIES ^
Region 4 - East Central**

<i>During the school year, how often have you participated in the following?</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Hobby and academic clubs (chess, history, debate, math team, etc.)	Not available in my community	7%	7%	6%	5%	6%	5%
	Never	72%	73%	81%	80%	75%	70%
	A few times a year	7%	6%	5%	5%	6%	6%
	Monthly	3%	3%	2%	3%	3%	6%
	1-2 times per week	6%	6%	3%	4%	5%	8%
	3-4 times per week	2%	3%	2%	2%	2%	3%
	Every day	3%	2%	2%	2%	3%	3%
Community clubs and programs (4-H, Park and Rec, Community Ed., etc.)	Not available in my community	7%	4%	6%	4%	5%	2%
	Never	67%	61%	76%	72%	76%	73%
	A few times a year	10%	15%	8%	10%	8%	10%
	Monthly	5%	9%	4%	8%	5%	6%
	1-2 times per week	5%	6%	3%	3%	4%	5%
	3-4 times per week	2%	3%	1%	2%	1%	2%
	Every day	2%	2%	2%	1%	2%	2%
Mentoring programs	Not available in my community	10%	8%	7%	5%	6%	4%
	Never	80%	81%	85%	85%	81%	75%
	A few times a year	4%	4%	3%	4%	4%	8%
	Monthly	1%	2%	2%	2%	3%	4%
	1-2 times per week	3%	4%	2%	3%	3%	6%
	3-4 times per week	1%	1%	1%	1%	1%	1%
	Every day	1%	1%	1%	0%	2%	2%
Religious activities (religious services, education, youth group, etc.)	Not available in my community	5%	3%	4%	2%	4%	1%
	Never	39%	34%	40%	30%	54%	45%
	A few times a year	9%	10%	9%	10%	12%	15%
	Monthly	8%	7%	11%	11%	8%	11%
	1-2 times per week	34%	39%	30%	40%	17%	22%
	3-4 times per week	3%	4%	4%	5%	3%	4%
	Every day	2%	3%	2%	2%	2%	1%

^ New questions in 2007.

2007 Minnesota Student Survey

TABLE 10
REASONS FOR PARTICIPATION IN ACTIVITIES ^
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
In general, why do you participate in school-based or community-based activities and clubs? (Mark all that apply)	To have fun	79%	85%	80%	85%	83%	85%
	To learn new skills	53%	61%	42%	51%	36%	44%
	My parents or guardians want me to	20%	20%	20%	24%	11%	16%
	My friends participate	36%	42%	41%	50%	36%	42%
	To help me get into college	22%	23%	33%	43%	23%	38%
	Participate for other reasons	22%	24%	22%	21%	17%	17%
In general, why don't you participate in any school-based or community-based activities and clubs? (Mark all that apply)	Activities are not available in my community	3%	3%	3%	3%	5%	5%
	Activities cost too much	18%	26%	17%	26%	13%	23%
	My parents or guardians won't let me	9%	11%	5%	7%	3%	3%
	My friends don't participate	8%	11%	11%	15%	10%	9%
	I'm not interested	58%	49%	59%	55%	54%	51%
	I am too busy with other things	33%	47%	37%	47%	50%	67%
	I didn't make the team/pass the audition, etc.	2%	4%	4%	6%	3%	4%
	I was kicked off or removed	2%	0%	3%	1%	3%	1%
	Don't participate for other reasons	23%	25%	19%	21%	15%	13%

^ New questions in 2007.

2007 Minnesota Student Survey

TABLE 11
FAMILY COMPOSITION AND PARENTAL COMMUNICATION
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Which adults do you live with?	Both biological parents	60%	62%	60%	58%	61%	62%
	Both adoptive parents	1%	1%	1%	1%	1%	1%
	Mother and stepfather	5%	6%	6%	8%	5%	6%
	Father and stepmother	1%	1%	2%	2%	2%	2%
	Mother only	11%	11%	14%	16%	14%	15%
	Father only	2%	1%	4%	2%	5%	3%
	Sometimes with mother, sometimes with father	14%	13%	8%	9%	4%	3%
	Other	4%	3%	4%	3%	5%	6%
	No adults or no answer	2%	1%	1%	0%	1%	1%
Can you talk to your father about problems you are having?	Yes, most of the time	47%	31%	44%	25%	45%	30%
	Yes, some of the time	30%	35%	28%	32%	28%	32%
	No, not very often	12%	19%	14%	22%	14%	20%
	No, not at all	4%	7%	6%	10%	7%	10%
	My father is not around	7%	7%	8%	10%	6%	9%
Can you talk to your mother about problems you are having?	Yes, most of the time	58%	68%	49%	51%	52%	54%
	Yes, some of the time	27%	23%	30%	30%	29%	30%
	No, not very often	9%	6%	13%	12%	12%	10%
	No, not at all	3%	2%	6%	5%	4%	3%
	My mother is not around	2%	1%	2%	2%	3%	2%

2007 Minnesota Student Survey

TABLE 12
PERCEPTIONS OF FAMILY AND OTHERS CARING
Region 4 - East Central

<i>How much do you feel ...</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
... your parents care about you?	Not at all	1%	1%	2%	1%	2%	1%
	A little	1%	1%	3%	4%	3%	2%
	Some	2%	2%	5%	6%	6%	5%
	Quite a bit	6%	5%	12%	13%	15%	13%
	Very much	90%	91%	78%	76%	73%	78%
... other adult relatives care about you?	Not at all	2%	1%	3%	2%	3%	1%
	A little	3%	1%	4%	5%	5%	4%
	Some	5%	4%	9%	9%	12%	11%
	Quite a bit	17%	14%	25%	22%	28%	27%
	Very much	74%	80%	59%	62%	52%	57%
... friends care about you?	Not at all	2%	1%	4%	1%	3%	1%
	A little	10%	6%	8%	5%	7%	5%
	Some	21%	11%	23%	13%	20%	16%
	Quite a bit	41%	31%	41%	30%	43%	35%
	Very much	27%	51%	25%	51%	28%	44%
... teachers/ other adults at school care about you? ^	Not at all	5%	3%	9%	6%	8%	5%
	A little	14%	10%	20%	20%	17%	17%
	Some	22%	22%	31%	32%	34%	36%
	Quite a bit	32%	35%	29%	31%	31%	32%
	Very much	27%	31%	11%	10%	11%	9%
... religious or spiritual leaders care about you? ^	Not at all	17%	12%	18%	16%	21%	19%
	A little	12%	11%	13%	12%	17%	16%
	Some	17%	15%	19%	19%	23%	23%
	Quite a bit	26%	27%	25%	27%	21%	23%
	Very much	28%	34%	24%	26%	17%	19%
... other adults in your community care about you?	Not at all	9%	6%	13%	11%	12%	11%
	A little	16%	13%	21%	20%	21%	22%
	Some	27%	23%	30%	30%	33%	33%
	Quite a bit	29%	32%	25%	27%	25%	25%
	Very much	19%	25%	11%	12%	9%	9%

^ Variations in wording for this item may affect year-to-year comparisons.

2007 Minnesota Student Survey

TABLE 13
FAMILY SUBSTANCE ABUSE
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Has alcohol use by any family member repeatedly caused family, health, job, or legal problems?	Yes	11%	14%	14%	22%	15%	21%
	No	89%	86%	86%	78%	85%	79%
Has drug use by any family member repeatedly caused family, health, job, or legal problems?	Yes	9%	10%	9%	14%	10%	13%
	No	91%	90%	91%	86%	90%	87%

2007 Minnesota Student Survey

**TABLE 14A
PHYSICAL AND SEXUAL VIOLENCE *[^]
Region 4 - East Central**

		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever physically or sexually hurt someone you were going out with? (This might include shoving, slapping, hitting or forcing them into sexual activities. This also includes threatening to do these things.)	Yes	3%	3%	3%	5%
	No	97%	97%	97%	95%
Has someone you were going out with ever hit you, hurt you, threatened you or made you feel afraid?	Yes	5%	10%	7%	15%
	No	95%	90%	93%	85%
Has someone you were going out with ever forced you to have sex or do something sexual when you didn't want to?	Yes	3%	8%	4%	13%
	No	97%	92%	96%	87%

* 6th grade survey did not ask these questions.

[^] New questions in 2007.

2007 Minnesota Student Survey

**TABLE 14B
PHYSICAL AND SEXUAL VIOLENCE**

Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Has any adult in your household ever hit you so hard or so often that you had marks or were afraid of that person?	Yes	12%	11%	9%	14%	5%	10%
	No	88%	89%	91%	86%	95%	90%
Has anyone in your family ever hit anyone else in the family so hard or so often that they had marks or were afraid of that person?	Yes	12%	14%	10%	16%	8%	13%
	No	88%	86%	90%	84%	92%	87%
Has any older person outside the family touched you sexually against your wishes or forced you to touch them sexually?	Yes	3%	6%	3%	10%	3%	10%
	No	97%	94%	97%	90%	97%	90%
Has any older/stronger member of your family touched you sexually or had you touch them sexually?	Yes	1%	3%	2%	6%	1%	4%
	No	99%	97%	98%	94%	99%	96%

2007 Minnesota Student Survey

TABLE 15
GENERAL HEALTH ISSUES
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
When was the last time you had a physical exam?	Within the last 12 months	48%	47%	36%	37%	31%	39%
	1-2 years ago	22%	26%	48%	49%	44%	42%
	3-4 years ago	6%	6%	10%	8%	16%	12%
	More than 4 years ago	7%	7%	2%	2%	5%	4%
	I have never had a physical exam	17%	14%	4%	4%	4%	3%
Has a doctor or nurse ever told you that you have asthma? ^	Yes	16%	12%	18%	18%	18%	21%
	No	84%	88%	82%	82%	82%	79%
Do you have a physical health condition or problem that has lasted at least 12 months? ^	No	86%	87%	88%	86%	89%	86%
	Yes	14%	13%	12%	14%	11%	14%
Do you have a mental or emotional health problem that has lasted at least 12 months? ^	No	93%	93%	92%	85%	92%	86%
	Yes	7%	7%	8%	15%	8%	14%
Have you ever been treated for a mental or emotional health problem? *^	No			90%	86%	90%	84%
	Yes, during the last year			5%	9%	5%	9%
	Yes, more than a year ago			6%	5%	5%	7%
Have you ever been treated for an alcohol or other drug problem? **^	No			96%	97%	94%	96%
	Yes, during the last year			3%	2%	4%	3%
	Yes, more than a year ago			1%	1%	2%	2%

* 6th grade survey did not ask this question.

^ New question in 2007.

^^ New response options in 2007.

2007 Minnesota Student Survey

TABLE 16
WEIGHT-RELATED ISSUES
Region 4 - East Central

			Grade						
			6th		9th		12th		
			Male	Female	Male	Female	Male	Female	
			%	%	%	%	%	%	
At the present time, do you think you are...	Underweight		13%	11%	11%	5%	11%	4%	
	About the right weight		69%	67%	72%	65%	71%	63%	
	Overweight		18%	22%	17%	30%	18%	33%	
During the last 12 months, have you done any of the following to lose or control weight? (Mark all that apply) *^	I am not trying to lose weight or control my weight	Yes			54%	29%	57%	28%	
		No			46%	71%	43%	72%	
	Fast or skip meals	Yes			11%	27%	11%	27%	
		No			89%	73%	89%	73%	
	Smoke cigarettes	Yes			4%	5%	5%	9%	
		No			96%	95%	95%	91%	
	Exercise	Yes			39%	62%	33%	58%	
		No			61%	38%	67%	42%	
	Use diet pills, speed or other drugs	Yes			2%	4%	2%	7%	
		No			98%	96%	98%	93%	
	Eat healthier	Yes			28%	56%	26%	58%	
		No			72%	44%	74%	42%	
	Vomit on purpose after eating	Yes			2%	5%	2%	5%	
		No			98%	95%	98%	95%	
	Use laxatives	Yes			2%	1%	1%	1%	
		No			98%	99%	99%	99%	
	Weight status * according to Body Mass Index (BMI) **	Not overweight				72%	80%	72%	81%
		At risk for overweight				15%	13%	15%	13%
Overweight				13%	7%	13%	6%		

* 6th grade survey did not ask these questions.

^ Variations in the number and order of these response options may affect year-to-year comparisons. Two response options are new in 2007.

** Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI can be used as a screening tool to identify possible weight problems for children and teens. The BMI number is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers because, unlike adults, BMI is both age-and sex-specific for children and teens. The CDC BMI-for-age growth charts take into account these differences and allow translation of a BMI number into a percentile for a child's sex and age. The CDC growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey. New questions in 2007.

Not overweight: Less than the 85th percentile
At risk of overweight: 85th to less than the 95th percentile
Overweight: Equal to or greater than the 95th percentile

2007 Minnesota Student Survey

**TABLE 17
EXERCISE**

Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
On how many of the last 7 days did you exercise or play sports that made you sweat or breathe hard for at least 20 minutes?	0 days	11%	9%	11%	11%	15%	22%
	1 day	6%	8%	5%	7%	8%	12%
	2 days	11%	12%	9%	12%	12%	17%
	3 days	12%	15%	10%	13%	11%	15%
	4 days	12%	14%	10%	12%	10%	9%
	5 days	16%	17%	20%	21%	17%	14%
	6 days	8%	8%	9%	9%	8%	5%
	7 days	23%	15%	25%	14%	18%	6%
On how many of the last 7 days were you physically active for a combined total of at least 30 minutes?	0 days	7%	5%	6%	8%	10%	18%
	1 day	6%	9%	4%	7%	7%	12%
	2 days	11%	14%	9%	12%	12%	17%
	3 days	11%	14%	9%	13%	9%	14%
	4 days	13%	15%	10%	13%	10%	11%
	5 days	16%	17%	18%	21%	17%	13%
	6 days	9%	9%	10%	10%	9%	5%
	7 days	27%	16%	33%	18%	25%	10%

2007 Minnesota Student Survey

**TABLE 18
NUTRITION**

Region 4 - East Central

<i>How many glasses of each of the following did you drink yesterday?</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Milk	0 glasses	12%	15%	12%	21%	14%	26%
	1-2 glasses	47%	51%	45%	54%	48%	54%
	3-4 glasses	28%	26%	29%	19%	26%	16%
	5 or more glasses	13%	8%	14%	6%	11%	4%
100% fruit juice	0 glasses	47%	45%	44%	50%	45%	53%
	1-2 glasses	37%	40%	41%	37%	43%	40%
	3-4 glasses	11%	11%	10%	9%	8%	6%
	5 or more glasses	5%	4%	5%	3%	4%	1%
Fruit juice drinks	0 glasses	47%	48%	51%	56%	58%	65%
	1-2 glasses	38%	39%	35%	34%	31%	29%
	3-4 glasses	10%	8%	10%	7%	7%	4%
	5 or more glasses	5%	4%	5%	3%	3%	1%
Pop or soda	0 glasses	43%	53%	39%	53%	32%	54%
	1-2 glasses	39%	36%	38%	36%	39%	37%
	3-4 glasses	10%	7%	13%	8%	17%	7%
	5 or more glasses	8%	4%	10%	3%	11%	2%
Sports drinks	0 glasses	60%	72%	56%	70%	57%	82%
	1-2 glasses	23%	19%	27%	21%	29%	14%
	3-4 glasses	9%	5%	9%	5%	9%	3%
	5 or more glasses	8%	4%	8%	3%	5%	1%
Water	0 glasses	6%	5%	8%	7%	8%	7%
	1-2 glasses	24%	25%	26%	28%	30%	32%
	3-4 glasses	25%	27%	27%	29%	27%	31%
	5 or more glasses	44%	43%	39%	36%	35%	30%
How many servings of fruits, fruit juices, or vegetables did you eat yesterday?	0 servings	8%	4%	8%	6%	9%	7%
	1 serving	16%	13%	13%	13%	14%	14%
	2 servings	22%	21%	21%	24%	24%	25%
	3 servings	21%	23%	22%	23%	21%	24%
	4 servings	15%	19%	16%	18%	16%	17%
	5 or more servings	17%	20%	20%	16%	15%	14%

2007 Minnesota Student Survey

TABLE 19
SEAT BELT USE
Region 4 - East Central

<i>How often do you wear a seat belt when you ...</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<i>...ride in a car?</i>	Never	2%	1%	4%	2%	7%	2%
	Sometimes	11%	7%	16%	12%	18%	13%
	Often	23%	19%	26%	24%	21%	19%
	Always	63%	72%	54%	62%	53%	66%
<i>...drive a car? *</i>	I never do this activity			35%	47%	5%	4%
	Never			5%	3%	7%	2%
	Sometimes			6%	4%	13%	7%
	Often			6%	4%	11%	8%
	Always			48%	42%	64%	79%

* 6th grade survey did not ask this question.

2007 Minnesota Student Survey

TABLE 20
SOURCES OF INFORMATION ON RISK BEHAVIORS
Region 4 - East Central

<i>Where have you received most of your information about...</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...alcohol and other drugs? (Mark all that apply)	Friends or peers	24%	31%	57%	70%	73%	80%
	Parents	59%	69%	54%	63%	47%	50%
	Brothers or sisters	18%	23%	23%	32%	24%	29%
	School/teachers/counselors	68%	75%	63%	70%	53%	62%
	Clinics/doctors/nurses	19%	24%	14%	17%	7%	9%
	Religious/community groups ^	10%	14%	14%	19%	7%	9%
	Internet	9%	10%	19%	20%	20%	17%
	TV/radio/magazines/newspapers/books	33%	36%	37%	45%	35%	41%
	I do not know much about alcohol or other drugs	8%	8%	4%	4%	3%	3%
...sex? (Mark all that apply)	Friends or peers	30%	31%	61%	70%	72%	79%
	Parents	42%	51%	41%	55%	35%	43%
	Brothers or sisters	14%	15%	18%	23%	14%	17%
	School/teachers/counselors	34%	32%	51%	59%	49%	57%
	Clinics/doctors/nurses	8%	11%	9%	17%	6%	16%
	Religious/community groups ^	5%	7%	13%	19%	8%	11%
	Internet	11%	7%	29%	17%	31%	15%
	TV/radio/magazines/newspapers/books	21%	23%	34%	39%	35%	43%
	I do not know much about sex	19%	22%	3%	4%	3%	2%

^ New response option in 2007.

2007 Minnesota Student Survey

TABLE 21A
EMOTIONAL WELL-BEING/DISTRESS ^
Region 4 - East Central

<i>How much do you agree or disagree with the following statements?</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
I get a lot of headaches, stomachaches or sickness.	Agree	17%	24%	12%	24%	10%	23%
	Mostly agree	19%	23%	16%	25%	13%	24%
	Mostly disagree	28%	28%	27%	26%	28%	27%
	Disagree	36%	25%	44%	25%	50%	26%
I am often irritable and angry.	Agree	11%	11%	10%	14%	6%	10%
	Mostly agree	15%	15%	15%	18%	17%	17%
	Mostly disagree	33%	32%	36%	34%	37%	40%
	Disagree	41%	42%	40%	34%	40%	33%
I have many fears and am easily scared.	Agree	6%	13%	3%	11%	2%	7%
	Mostly agree	8%	19%	5%	16%	5%	14%
	Mostly disagree	29%	30%	25%	33%	23%	32%
	Disagree	57%	38%	66%	40%	70%	46%
I often have trouble concentrating.	Agree	16%	14%	16%	20%	12%	15%
	Mostly agree	19%	17%	22%	22%	25%	24%
	Mostly disagree	28%	30%	28%	29%	29%	33%
	Disagree	37%	39%	34%	28%	33%	28%
I am restless and cannot stay still for long.	Agree	21%	18%	18%	19%	13%	14%
	Mostly agree	20%	18%	22%	23%	24%	23%
	Mostly disagree	23%	24%	25%	26%	29%	31%
	Disagree	36%	40%	35%	31%	34%	32%
I often have trouble getting to sleep and staying asleep.	Agree	17%	18%	14%	19%	11%	16%
	Mostly agree	16%	17%	16%	19%	16%	20%
	Mostly disagree	23%	24%	26%	26%	30%	26%
	Disagree	43%	41%	45%	36%	42%	38%
I do things before I think.	Agree	21%	18%	17%	19%	11%	12%
	Mostly agree	27%	25%	25%	27%	24%	24%
	Mostly disagree	31%	33%	33%	33%	38%	38%
	Disagree	22%	25%	25%	21%	27%	26%
I am often unhappy, depressed or tearful.	Agree	7%	9%	5%	11%	5%	8%
	Mostly agree	9%	11%	7%	14%	9%	13%
	Mostly disagree	24%	25%	24%	26%	26%	31%
	Disagree	60%	55%	64%	49%	61%	47%

^ New questions in 2007.

2007 Minnesota Student Survey

TABLE 21B
EMOTIONAL WELL-BEING/DISTRESS
Region 4 - East Central

<i>During the last 30 days ...</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
... have you felt you were under any stress or pressure?	Yes, almost more than I could take	8%	10%	9%	17%	11%	20%
	Yes, quite a bit of pressure	9%	10%	12%	19%	20%	30%
	Yes, more than usual	10%	11%	13%	17%	18%	20%
	Yes, a little	43%	43%	43%	36%	36%	25%
	Not at all	30%	26%	23%	11%	15%	5%
... have you felt sad?	All the time	3%	4%	3%	6%	3%	4%
	Most of the time	6%	11%	5%	14%	5%	12%
	Some of the time	18%	26%	17%	31%	22%	36%
	Little of the time	48%	47%	44%	41%	46%	42%
	None of the time	25%	12%	32%	9%	25%	6%
... have you felt so discouraged or hopeless that you wondered if anything was worthwhile?	Extremely so, to the point that I have just about given up	5%	5%	4%	8%	4%	5%
	Quite a bit	6%	7%	5%	10%	7%	9%
	Some, enough to bother me	9%	12%	9%	15%	11%	17%
	A little bit	24%	29%	22%	25%	22%	25%
	Not at all	55%	48%	59%	41%	56%	44%
... have you felt nervous, worried, or upset?	All the time	4%	4%	3%	6%	3%	4%
	Most of the time	6%	10%	6%	12%	6%	11%
	Some of the time	20%	25%	19%	30%	22%	33%
	Little of the time	44%	45%	45%	41%	47%	44%
	None of the time	25%	15%	27%	11%	22%	8%

2007 Minnesota Student Survey

TABLE 22
SELF-INFLICTED INJURY, SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you ever hurt yourself on purpose ("cutting", burns, bruises)? ^	No	84%	88%	88%	73%	89%	73%
	Yes, during the last year	12%	8%	8%	18%	6%	10%
	Yes, more than a year ago	5%	4%	4%	9%	4%	17%
Have you ever thought about killing yourself?	No	84%	85%	81%	67%	80%	66%
	Yes, during the last year	10%	11%	12%	23%	12%	16%
	Yes, more than a year ago	5%	4%	7%	10%	9%	18%
Have you ever tried to kill yourself?	No	97%	97%	94%	91%	95%	90%
	Yes, during the last year	2%	2%	3%	5%	2%	3%
	Yes, more than a year ago	1%	1%	3%	4%	3%	7%

^ New question in 2007.

2007 Minnesota Student Survey

TABLE 23
GAMBLING BEHAVIOR *
Region 4 - East Central

<i>During the last 12 months, how often have you done these activities?</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
Played cards for money	Not at all	48%	80%	36%	74%
	Less than once a month	28%	14%	32%	19%
	About once a month	14%	4%	19%	5%
	About once a week	7%	1%	11%	2%
	Daily	3%	1%	3%	0%
Bet on games of personal skill like pool, golf, or bowling	Not at all	56%	87%	50%	87%
	Less than once a month	21%	9%	23%	9%
	About once a month	12%	2%	15%	2%
	About once a week	7%	1%	9%	1%
	Daily	3%	1%	2%	0%
Bet money on sports teams or horseracing [^]	Not at all	67%	90%	65%	91%
	Less than once a month	17%	7%	18%	7%
	About once a month	9%	2%	11%	2%
	About once a week	5%	1%	4%	0%
	Daily	2%	0%	2%	0%
Bought lottery tickets or scratch offs	Not at all	86%	91%	52%	68%
	Less than once a month	7%	6%	21%	20%
	About once a month	3%	2%	15%	7%
	About once a week	2%	1%	10%	4%
	Daily	2%	0%	2%	1%
Gambled in a casino	Not at all	94%	99%	64%	77%
	Less than once a month	2%	1%	20%	18%
	About once a month	1%	0%	10%	4%
	About once a week	1%	0%	4%	1%
	Daily	2%	0%	2%	0%
Gambled for money online ^{^^}	Not at all	92%	99%	91%	99%
	Less than once a month	3%	0%	3%	0%
	About once a month	2%	0%	2%	0%
	About once a week	1%	0%	2%	0%
	Daily	2%	0%	2%	0%

* 6th grade survey did not ask these questions.

[^] Variations in wording for this item may affect year-to-year comparisons.

^{^^} New question in 2007.

2007 Minnesota Student Survey

TABLE 24
DESTRUCTIVE AND ANTISOCIAL BEHAVIOR
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, how often have you run away from home?	Never	92%	93%	92%	89%	93%	93%
	Once or twice	6%	6%	5%	9%	4%	5%
	3 to 5 times	1%	1%	1%	1%	1%	1%
	6 to 10 times	0%	0%	1%	0%	1%	0%
	More than 10 times	0%	0%	1%	0%	1%	0%
During the last 12 months, how often have you damaged or destroyed property at school or somewhere else?	Never	84%	93%	75%	88%	81%	93%
	Once or twice	12%	6%	16%	9%	14%	6%
	3 to 5 times	2%	0%	5%	2%	3%	1%
	6 to 10 times	1%	0%	2%	1%	1%	0%
	More than 10 times	1%	0%	3%	1%	2%	0%
During the last 12 months, how often have you hit or beat up another person?	Never	67%	82%	66%	81%	78%	89%
	Once or twice	24%	14%	24%	14%	15%	9%
	3 to 5 times	5%	2%	4%	2%	3%	2%
	6 to 10 times	1%	0%	2%	1%	1%	1%
	More than 10 times	3%	1%	4%	2%	3%	1%
During the last 12 months, how often have you taken something from a store without paying for it?	Never	93%	96%	78%	82%	76%	80%
	Once or twice	5%	4%	13%	10%	14%	11%
	3 to 5 times	1%	1%	3%	4%	4%	4%
	6 to 10 times	0%	0%	2%	2%	2%	2%
	More than 10 times	1%	0%	4%	3%	5%	3%
On how many of the last 30 days did you carry a gun on school property?	0 days	99%	100%	97%	99%	95%	99%
	1 day	0%	0%	1%	0%	1%	0%
	2 or 3 days	0%	0%	0%	0%	1%	0%
	4 or 5 days	0%	0%	0%	0%	0%	0%
	6 or more days	0%	0%	2%	0%	2%	0%
On how many of the last 30 days did you carry a weapon (other than a gun) on school property?	0 days	96%	99%	91%	97%	88%	98%
	1 day	3%	1%	4%	2%	3%	1%
	2 or 3 days	1%	0%	2%	1%	2%	1%
	4 or 5 days	0%	0%	1%	0%	1%	0%
	6 or more days	0%	0%	3%	1%	6%	1%

2007 Minnesota Student Survey

TABLE 25
SUMMARY OF SUBSTANCE USE **
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of any tobacco products during the past 30 days ^	No	97%	98%	82%	85%	57%	70%
	Yes	3%	2%	18%	15%	43%	30%
Frequent use of any tobacco products during the past 30 days (used tobacco on 20 or more of the past 30 days) ^	No	99%	100%	94%	95%	79%	86%
	Yes	1%	0%	6%	5%	21%	14%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	100%	100%	94%	96%	74%	84%
	Yes	0%	0%	6%	4%	26%	16%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or other drug use in the past year	83%	88%	58%	56%	31%	33%
	Used only alcohol in the past year	12%	8%	26%	27%	36%	39%
	Used only marijuana/other drugs in the past year	1%	2%	2%	2%	2%	1%
	Used both alcohol and marijuana/other drugs in the past year	3%	2%	14%	16%	30%	27%

** These are all computed variables based on combinations of responses to two or more survey items.

^ New computed variables in 2007.

2007 Minnesota Student Survey

TABLE 26
CIGARETTE USE AND AGE OF FIRST USE
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you smoke a cigarette?	0 days	98%	98%	88%	86%	71%	72%
	1 or 2 days	1%	1%	4%	4%	6%	6%
	3 to 5 days	0%	0%	1%	2%	3%	3%
	6 to 9 days	0%	0%	1%	2%	2%	2%
	10 to 19 days	0%	0%	2%	2%	3%	2%
	20 to 29 days	0%	0%	1%	2%	3%	3%
	All 30 days	0%	0%	3%	3%	11%	11%
During the last 30 days, how frequently have you smoked cigarettes?	Never	98%	98%	89%	87%	73%	74%
	Less than one cigarette per day	1%	1%	4%	6%	10%	10%
	One to five cigarettes per day	1%	1%	4%	5%	8%	9%
	About one-half pack per day	0%	0%	1%	1%	4%	5%
	About one pack per day	0%	0%	1%	0%	3%	2%
	About one and one-half packs per day	0%	0%	0%	0%	1%	0%
	Two packs or more per day	0%	0%	1%	0%	1%	0%
How old were you the first time you smoked part or all of a cigarette? ^	I have never smoked part or all of a cigarette	91%	93%	70%	69%	47%	49%
	10 years old or younger	6%	5%	10%	7%	10%	7%
	11 years old	2%	1%	3%	4%	4%	3%
	12 years old	1%	1%	5%	5%	5%	5%
	13 years old	0%	0%	5%	7%	6%	6%
	14 years old	0%	0%	5%	7%	6%	7%
	15 years old	0%	0%	2%	2%	7%	8%
	16 years old	0%	0%	0%	0%	8%	8%
	17 years old or older	0%	0%	0%	0%	8%	8%

^ New question in 2007.

2007 Minnesota Student Survey

TABLE 27
CIGAR AND SMOKELESS TOBACCO USE AND AGE OF FIRST USE ^
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you use chewing tobacco, snuff or dip?	0 days	98%	100%	90%	98%	76%	98%
	1 or 2 days	1%	0%	4%	1%	7%	1%
	3 to 5 days	0%	0%	1%	0%	2%	0%
	6 to 9 days	0%	0%	1%	0%	3%	0%
	10 to 19 days	0%	0%	1%	0%	3%	0%
	20 to 29 days	0%	0%	1%	0%	3%	0%
	All 30 days	0%	0%	2%	0%	7%	0%
During the last 30 days, on how many days did you smoke cigars, cigarillos or little cigars?	0 days	99%	99%	91%	96%	71%	91%
	1 or 2 days	1%	1%	4%	2%	16%	6%
	3 to 5 days	0%	0%	2%	0%	6%	1%
	6 to 9 days	0%	0%	1%	0%	3%	1%
	10 to 19 days	0%	0%	1%	0%	2%	0%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	1%	0%	2%	0%
How old were you the first time you smoked a cigar or used chewing tobacco?	I have never smoked a cigar or used chewing tobacco	95%	98%	75%	88%	41%	70%
	10 years old or younger	3%	1%	4%	2%	4%	1%
	11 years old	2%	0%	2%	1%	1%	1%
	12 years old	1%	0%	3%	1%	3%	1%
	13 years old	0%	0%	4%	3%	5%	2%
	14 years old	0%	0%	8%	4%	6%	2%
	15 years old	0%	0%	3%	1%	9%	5%
	16 years old	0%	0%	0%	0%	13%	8%
	17 years old or older	0%	0%	0%	0%	16%	10%

^ New questions in 2007.

2007 Minnesota Student Survey

TABLE 28
ACCESS TO TOBACCO *
Region 4 - East Central

<i>INCLUDES ONLY THOSE WHO USED TOBACCO IN THE LAST 30 DAYS</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
If you used tobacco, how did you get it in the last 30 days? (Mark all that apply)	Bought it at gas stations or convenience stores	21%	15%	70%	58%
	Bought it at bars or restaurants	4%	1%	7%	4%
	Bought it at grocery, discount, or drug stores	4%	3%	11%	13%
	Bought it at places like bowling alleys, video arcades, or pool halls	4%	2%	4%	1%
	Bought it from vending machines	3%	1%	2%	0%
	Bought it on the Internet	2%	0%	1%	0%
	Got it from friends	61%	65%	41%	52%
	Got it from my parents ^	10%	10%	6%	8%
	Got it from other family members ^	14%	17%	7%	9%
	Got it by getting someone else to buy for me	34%	41%	12%	21%
	Took it from my home	18%	26%	6%	7%
	Took it from a friend's home	14%	14%	5%	3%
	Took it from stores	10%	5%	6%	4%

<i>INCLUDES ONLY THOSE WHO BOUGHT TOBACCO IN THE LAST 30 DAYS</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
If you bought tobacco in the last 30 days, did you use a fake ID?	Yes	13%	7%	7%	3%
	No	87%	93%	93%	97%

* 6th grade survey did not ask these questions.

^ New response option in 2007.

2007 Minnesota Student Survey

TABLE 29
ALCOHOL USE FREQUENCY AND QUANTITY
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	86%	91%	60%	58%	34%	34%
	1-2	9%	7%	13%	15%	12%	13%
	3-5	3%	1%	8%	11%	11%	13%
	6-9	1%	0%	6%	7%	9%	12%
	10-19	0%	0%	5%	6%	12%	12%
	20-39	0%	0%	3%	2%	10%	9%
	40+	0%	0%	4%	2%	12%	8%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	95%	96%	75%	72%	49%	50%
	1 or 2 days	4%	3%	13%	16%	19%	24%
	3 to 5 days	1%	1%	6%	6%	14%	13%
	6 to 9 days	0%	0%	3%	3%	11%	8%
	10 to 19 days	0%	0%	2%	2%	5%	4%
	20 to 29 days	0%	0%	1%	0%	2%	0%
	All 30 days	0%	0%	1%	0%	1%	0%
If you drink beer/wine/wine coolers/hard liquor, generally, how much (if any) do you drink at one time?	I don't drink beer/wine/wine coolers/hard liquor	90%	94%	63%	61%	36%	35%
	1 glass, can, or drink	8%	5%	13%	15%	7%	10%
	2 glasses, cans, or drinks	1%	1%	6%	7%	6%	10%
	3 glasses, cans, or drinks	0%	0%	5%	6%	6%	12%
	4 glasses, cans, or drinks	0%	0%	3%	4%	7%	11%
	5 glasses, cans, or drinks	0%	0%	2%	2%	7%	8%
	6 or more glasses, cans, or drinks	0%	0%	8%	5%	30%	13%
Over the last 2 weeks, how many times (if any) have you had five or more drinks in a row? *	Never			86%	86%	62%	72%
	Once			6%	7%	12%	11%
	Twice			4%	4%	12%	9%
	3 - 5 times			3%	3%	10%	6%
	6 or more times			2%	1%	4%	2%

* 6th grade survey did not ask this question.

2007 Minnesota Student Survey

TABLE 30
AGE OF FIRST ALCOHOL USE ^
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How old were you when you had your first drink of alcohol other than a few sips?	I have never had a drink of alcohol other than a few sips	76%	84%	48%	48%	23%	25%
	10 years old or younger	17%	11%	14%	9%	9%	5%
	11 years old	5%	4%	5%	4%	3%	2%
	12 years old	2%	1%	8%	8%	6%	4%
	13 years old	0%	0%	10%	13%	7%	8%
	14 years old	0%	0%	11%	14%	10%	11%
	15 years old	0%	0%	4%	4%	14%	17%
	16 years old	0%	0%	0%	0%	15%	18%
	17 years old or older	0%	0%	0%	0%	13%	9%

^ New question in 2007.

2007 Minnesota Student Survey

**TABLE 31
ACCESS TO ALCOHOL ***
Region 4 - East Central

<i>INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS **</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
If you used alcohol, how did you get it in the last 30 days? (Mark all that apply)	Bought it at gas stations or convenience stores ^	5%	2%	3%	2%
	Bought it at bars or restaurants	6%	2%	5%	3%
	Bought it at stores	6%	4%	7%	4%
	Bought it on the Internet	2%	1%	1%	0%
	Got it from friends	55%	60%	65%	73%
	Got it from my parents ^	18%	20%	14%	15%
	Got it from other family members ^	17%	18%	14%	14%
	Got it by getting someone else to buy for me	23%	26%	36%	39%
	Got it at parties	35%	43%	38%	49%
	Took it from my home	28%	29%	14%	15%
	Took it from a friend's home	15%	15%	5%	7%
Took it from stores	5%	3%	3%	1%	

<i>INCLUDES ONLY THOSE WHO BOUGHT ALCOHOL IN THE LAST 30 DAYS</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
If you bought alcohol in the last 30 days, did you use a fake ID?	Yes	10%	5%	8%	2%
	No	90%	95%	92%	98%

* 6th grade survey did not ask these questions.

** Percentages are comparable to the 2001 and 2004 survey results. Percentages are based on all recent alcohol users, even if they skipped this question.

^ New response option in 2007.

2007 Minnesota Student Survey

TABLE 32
DRINKING AND DRIVING *
Region 4 - East Central

		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
During the last 12 months, how many times have you driven a motor vehicle after using alcohol or other drugs?	0 times or no use	94%	95%	74%	77%
	Once	3%	3%	9%	11%
	Twice	2%	1%	5%	4%
	3 or more times	1%	1%	12%	8%
Do you ever ride with friends after they have been using alcohol or drugs?	No	72%	71%	60%	62%
	Yes, but rarely	13%	16%	25%	28%
	Yes, often	5%	5%	12%	7%
	None of my friends use alcohol or other drugs	10%	8%	3%	3%

* 6th grade survey did not ask these questions.

2007 Minnesota Student Survey

TABLE 33
MARIJUANA AND OTHER DRUG USE AND AGE OF FIRST USE ^
Region 4 - East Central

		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you use marijuana or hashish?	0 days	99%	100%	91%	92%	81%	86%
	1 or 2 days	1%	0%	3%	4%	7%	6%
	3 to 5 days	0%	0%	2%	1%	3%	2%
	6 to 9 days	0%	0%	1%	1%	1%	2%
	10 to 19 days	0%	0%	1%	1%	2%	2%
	20 to 29 days	0%	0%	1%	1%	2%	2%
	All 30 days	0%	0%	2%	1%	4%	1%
How old were you when you tried marijuana for the first time?	I have never tried marijuana	98%	99%	83%	83%	59%	64%
	10 years old or younger	1%	1%	2%	1%	2%	0%
	11 years old	0%	0%	2%	1%	1%	1%
	12 years old	0%	0%	3%	2%	3%	2%
	13 years old	0%	0%	3%	4%	4%	3%
	14 years old	0%	0%	5%	6%	5%	6%
	15 years old	0%	0%	2%	2%	7%	8%
	16 years old	0%	0%	0%	0%	9%	9%
	17 years old or older	0%	0%	0%	0%	9%	6%
During the last 30 days, on how many days did you use any of these "other drugs"?	0 days	98%	99%	96%	94%	94%	96%
	1 or 2 days	1%	1%	2%	3%	2%	2%
	3 to 5 days	0%	0%	1%	1%	1%	1%
	6 to 9 days	0%	0%	0%	1%	1%	1%
	10 to 19 days	0%	0%	1%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	0%	0%
How old were you when you tried any of these "other drugs" for the first time?	I have never tried "other drugs"	97%	97%	93%	90%	88%	89%
	10 years old or younger	2%	2%	1%	1%	1%	0%
	11 years old	1%	1%	1%	1%	0%	0%
	12 years old	1%	0%	1%	1%	0%	0%
	13 years old	0%	0%	1%	2%	1%	1%
	14 years old	0%	0%	2%	4%	1%	2%
	15 years old	0%	0%	1%	1%	2%	2%
	16 years old	0%	0%	0%	0%	3%	3%
17 years old or older	0%	0%	0%	0%	3%	2%	

^ New questions in 2007.

2007 Minnesota Student Survey

TABLE 34
MARIJUANA, INHALANTS, HALLUCINOGENS AND HEROIN ^
Region 4 - East Central

During the last 12 months, on how many occasions (if any) have you ...		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
... used marijuana (bud, weed, pot) or hashish (hash, hash oil)?	0	98%	99%	86%	86%	69%	74%
	1-2	1%	1%	4%	5%	9%	9%
	3-5	0%	0%	2%	2%	5%	5%
	6-9	0%	0%	2%	2%	3%	3%
	10-19	0%	0%	1%	1%	4%	3%
	20-39	0%	0%	1%	1%	2%	2%
	40+	0%	0%	3%	2%	8%	4%
... sniffed glue, or breathed the contents of aerosol spray cans, or inhaled any other gases or sprays in order to get high?	0	97%	97%	97%	95%	97%	98%
	1-2	1%	2%	1%	2%	1%	1%
	3-5	1%	1%	1%	1%	1%	0%
	6-9	0%	0%	0%	1%	1%	0%
	10-19	0%	0%	0%	1%	0%	0%
	20-39	0%	0%	0%	0%	0%	0%
	40+	0%	0%	0%	0%	0%	0%
... used LSD ("acid"), PCP (wet sticks or dipped joints), or other psychedelics (like mescaline, mushrooms, peyote)? *	0			97%	97%	95%	98%
	1-2			1%	1%	2%	1%
	3-5			1%	0%	1%	1%
	6-9			0%	0%	1%	0%
	10-19			0%	0%	0%	0%
	20-39			0%	0%	0%	0%
	40+			0%	0%	0%	0%
... used heroin? *	0			99%	99%	98%	100%
	1-2			1%	0%	1%	0%
	3-5			0%	0%	0%	0%
	6-9			0%	0%	0%	0%
	10-19			0%	0%	0%	0%
	20-39			0%	0%	0%	0%
	40+			0%	0%	0%	0%

* 6th grade survey did not ask these questions.

^ Variations in wording for these items may affect year-to-year comparisons.

2007 Minnesota Student Survey

TABLE 35
METHAMPHETAMINE, COCAINE AND ECSTASY *^
Region 4 - East Central

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
... used methamphetamine (meth, glass, crank, crystal meth, ice) by any method?	0	99%	99%	97%	99%
	1-2	0%	0%	1%	1%
	3-5	0%	0%	1%	0%
	6-9	0%	0%	0%	0%
	10-19	0%	0%	0%	0%
	20-39	0%	0%	0%	0%
	40+	0%	0%	0%	0%
... used "crack" (cocaine in chunk or rock form), or cocaine in any other form?	0	98%	98%	95%	97%
	1-2	1%	1%	2%	2%
	3-5	0%	0%	1%	0%
	6-9	0%	0%	1%	0%
	10-19	0%	0%	1%	0%
	20-39	0%	0%	1%	0%
	40+	0%	0%	0%	0%
... used MDMA (E, X, "ecstasy"), GHB (G, Liquid E, Liquid X) or Ketamine ("Special K")?	0	97%	98%	96%	97%
	1-2	1%	1%	1%	1%
	3-5	1%	0%	1%	1%
	6-9	0%	0%	1%	0%
	10-19	0%	0%	0%	0%
	20-39	0%	0%	0%	0%
	40+	0%	0%	0%	0%

* 6th grade survey did not ask these questions.

^ Variations in wording for these items may affect year-to-year comparisons.

2007 Minnesota Student Survey

TABLE 36A
PRESCRIPTION DRUGS *^
Region 4 - East Central

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
... used stimulants like Benzedrine or diet pills that were not prescribed for you by a doctor, or that you took only to get high?	0	97%	96%	97%	97%
	1-2	1%	2%	1%	1%
	3-5	1%	1%	1%	1%
	6-9	0%	0%	1%	0%
	10-19	0%	0%	0%	0%
	20-39	0%	0%	0%	0%
	40+	0%	0%	0%	0%
... used your own or someone else's ADHD or ADD drugs like Ritalin (hyper pills) to get high?	0	97%	96%	96%	96%
	1-2	1%	2%	2%	1%
	3-5	1%	1%	1%	1%
	6-9	0%	0%	1%	1%
	10-19	0%	1%	1%	1%
	20-39	0%	0%	0%	0%
	40+	0%	0%	0%	0%
... used OxyContin, Percocet, Percodan, Vicodin or other pain relievers that were not prescribed for you by a doctor, or that you took only to get high?	0	96%	95%	94%	95%
	1-2	1%	2%	1%	2%
	3-5	1%	1%	2%	1%
	6-9	1%	0%	1%	0%
	10-19	0%	1%	1%	1%
	20-39	0%	0%	1%	1%
	40+	0%	0%	0%	0%
... used tranquilizers (Valium, Xanax, nerve pills) or sedatives or barbituates that were not prescribed for you by a doctor, or that you took only to get high?	0	98%	98%	97%	98%
	1-2	1%	1%	1%	1%
	3-5	0%	1%	1%	0%
	6-9	0%	0%	1%	0%
	10-19	0%	0%	0%	0%
	20-39	0%	0%	0%	0%
	40+	0%	0%	0%	0%

* 6th grade survey did not ask these questions.

^ New questions in 2007.

2007 Minnesota Student Survey

TABLE 36B
PRESCRIPTION DRUGS *^
Region 4 - East Central

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade	
		6th	
		Male	Female
		%	%
... used any prescription drugs that were not prescribed for you by a doctor, or that you took only to get high?	0	99%	99%
	1-2	0%	1%
	3-5	0%	0%
	6-9	0%	0%
	10-19	0%	0%
	20-39	0%	0%
	40+	0%	0%

* 9th-12th grade survey did not ask this question.

^ Variations in wording for this item may affect year-to-year comparisons.

2007 Minnesota Student Survey

TABLE 37
SUBSTANCE USE PATTERNS
Region 4 - East Central

<i>Do you ever use alcohol or other drugs ...</i>		Grade					
		6th		9th		12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...before school?	Yes	1%	1%	7%	7%	15%	9%
	No	99%	99%	93%	93%	85%	91%
...during school?	Yes	1%	0%	5%	5%	10%	5%
	No	99%	100%	95%	95%	90%	95%
...right after school?	Yes	2%	1%	12%	11%	20%	13%
	No	98%	99%	88%	89%	80%	87%

2007 Minnesota Student Survey

TABLE 38
SOCIAL DISAPPROVAL OF SUBSTANCE USE ^
Region 4 - East Central

		Grade						
		6th		9th		12th		
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
During the last 12 months, have you talked with at least one of your parents (or guardians) about the dangers of tobacco, alcohol, or drug use?	Yes	59%	62%	43%	53%	42%	45%	
	No	41%	38%	57%	47%	58%	55%	
How do you think your close friends would feel if you...	... smoked one or more packs of cigarettes per day?	They would approve	3%	2%	4%	3%	5%	2%
		They would not care at all	4%	3%	16%	11%	26%	20%
		They would disapprove	12%	7%	21%	18%	27%	24%
		They would strongly disapprove	81%	89%	59%	68%	42%	54%
	... have five or more drinks of an alcoholic beverage once or twice a week?	They would approve	3%	2%	7%	5%	13%	5%
		They would not care at all	6%	3%	25%	17%	40%	30%
		They would disapprove	14%	9%	21%	20%	20%	24%
		They would strongly disapprove	77%	87%	48%	59%	27%	41%
	... smoked marijuana once or twice a week?	They would approve	2%	2%	5%	4%	8%	4%
		They would not care at all	3%	2%	15%	9%	24%	17%
		They would disapprove	8%	4%	16%	12%	22%	18%
		They would strongly disapprove	86%	93%	65%	74%	46%	61%
	... used other drugs once or twice a week?	They would approve	2%	2%	3%	3%	4%	2%
		They would not care at all	3%	2%	11%	5%	12%	6%
		They would disapprove	8%	5%	15%	12%	18%	15%
		They would strongly disapprove	86%	92%	71%	80%	65%	78%

^ New questions in 2007.

2007 Minnesota Student Survey

TABLE 39
PERCEIVED RISK OF HARM FROM SUBSTANCE USE ^
Region 4 - East Central

			Grade					
			6th		9th		12th	
			Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%
How much do you think people risk harming themselves physically or in other ways if they...	... smoke one or more packs of cigarettes per day?	No risk	5%	4%	6%	3%	7%	2%
		Slight risk	6%	7%	8%	6%	10%	7%
		Moderate risk	22%	20%	21%	19%	23%	19%
		Great risk	67%	70%	66%	72%	60%	72%
	... have five or more drinks of an alcoholic beverage once or twice a week?	No risk	6%	4%	7%	3%	9%	2%
		Slight risk	15%	10%	16%	12%	25%	15%
		Moderate risk	30%	29%	28%	29%	31%	33%
		Great risk	50%	56%	48%	56%	35%	50%
	... smoke marijuana once or twice a week?	No risk	5%	4%	9%	5%	13%	5%
		Slight risk	5%	4%	11%	9%	20%	14%
		Moderate risk	14%	15%	19%	16%	24%	25%
		Great risk	75%	76%	61%	70%	43%	56%

^ New questions in 2007.

2007 Minnesota Student Survey

**TABLE 40A
CONSEQUENCES OF SUBSTANCE USE ***

Region 4 - East Central

<i>During the last 12 months ...</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
... have you found that you had to use a lot more alcohol or other drugs than before to get the same effect?	No or no use	92%	91%	83%	86%
	Yes	8%	9%	17%	14%
... have you tried to cut down on your use of alcohol or other drugs but couldn't?	No or no use	93%	93%	92%	93%
	Yes	7%	7%	8%	7%
... have you continued to use alcohol or other drugs even though you knew it was hurting your relationships with friends or family? ^	No or no use	93%	90%	89%	91%
	Yes	7%	10%	11%	9%
... how many times have you spent all or most of the day using alcohol or other drugs, or getting over their effects?	0 times or no use	86%	84%	73%	75%
	Once	7%	8%	10%	11%
	Twice	2%	3%	6%	6%
	3 or more times	4%	5%	11%	9%
... how many times have you given up important social or recreational activities like sports or being with friends or relatives in order to use alcohol or other drugs or to get over their effects? ^	0 times or no use	94%	91%	87%	87%
	Once	3%	5%	6%	7%
	Twice	2%	2%	3%	3%
	3 or more times	1%	2%	3%	3%
... how many times has alcohol or other drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	0 times or no use	93%	88%	86%	83%
	Once	3%	7%	6%	9%
	Twice	1%	3%	3%	3%
	3 or more times	2%	3%	4%	5%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2007 Minnesota Student Survey

**TABLE 40B
CONSEQUENCES OF SUBSTANCE USE ***
Region 4 - East Central

<i>During the last 12 months ...</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
... how many times have you missed work or school, or neglected other major responsibilities because of alcohol or other drug use? ^	0 times or no use	95%	94%	90%	90%
	Once	2%	3%	5%	5%
	Twice	2%	1%	3%	2%
	3 or more times	1%	1%	3%	2%
... how many times has alcohol or other drug use caused you problems with the law?	0 times or no use	95%	95%	88%	93%
	Once	2%	3%	7%	6%
	Twice	1%	1%	3%	1%
	3 or more times	1%	1%	2%	1%
... how many times have you hit someone or become violent while using alcohol or other drugs?	0 times or no use	94%	96%	89%	94%
	Once	3%	3%	5%	4%
	Twice	2%	1%	3%	1%
	3 or more times	1%	1%	2%	1%
... how many times have you used so much alcohol or other drugs that later you could not remember what you had said or done?	0 times or no use	87%	83%	70%	69%
	Once	5%	9%	11%	15%
	Twice	3%	4%	8%	8%
	3 or more times	5%	4%	11%	9%
... how many times have you used more alcohol or other drugs than you intended to?	0 times or no use	89%	84%	75%	71%
	Once	5%	8%	9%	12%
	Twice	3%	4%	6%	7%
	3 or more times	3%	4%	9%	9%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2007 Minnesota Student Survey

TABLE 41A
SEXUAL BEHAVIOR *
Region 4 - East Central

		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever had sexual intercourse ("had sex")? ^	No	81%	82%	54%	51%
	Yes, once or twice	9%	8%	10%	7%
	Yes, 3 times or more	10%	10%	36%	42%
During the last 12 months, with how many different male partners have you had sexual intercourse?	None	96%	83%	93%	52%
	1 person	2%	10%	4%	30%
	2 persons	1%	3%	1%	9%
	3 persons	0%	1%	0%	4%
	4 persons	0%	1%	0%	2%
	5 persons	0%	0%	0%	1%
	6 or more persons	1%	1%	1%	1%
During the last 12 months, with how many different female partners have you had sexual intercourse?	None	82%	98%	56%	98%
	1 person	9%	1%	25%	1%
	2 persons	3%	0%	8%	0%
	3 persons	1%	0%	4%	0%
	4 persons	1%	0%	2%	0%
	5 persons	1%	0%	1%	0%
	6 or more persons	4%	0%	3%	0%
How many times have you been pregnant or gotten someone pregnant?	0 times	96%	98%	95%	95%
	1 time	1%	1%	3%	4%
	2 or more times	1%	0%	1%	1%
	Not sure	2%	1%	1%	1%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2007 Minnesota Student Survey

TABLE 41B
SEXUAL BEHAVIOR *
Region 4 - East Central

<i>INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE</i>		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
Have you talked with your partner(s) about protecting yourselves from getting STDs/HIV/AIDS? **	Never	40%	41%	43%	29%
	Not with every partner	15%	15%	13%	15%
	At least once with every partner	45%	44%	44%	56%
Have you talked with partner(s) about preventing pregnancy? **	Never	40%	30%	29%	18%
	Not with every partner	12%	16%	12%	12%
	At least once with every partner	48%	55%	59%	70%
If you have sexual intercourse, how often do you and/or your partner use any birth control method?	Never	32%	38%	16%	13%
	Rarely	13%	10%	7%	6%
	Sometimes	9%	5%	7%	5%
	Usually	9%	9%	13%	13%
	Always	37%	38%	57%	64%
If you have sexual intercourse, how often is a condom used?	Never	12%	11%	12%	16%
	Rarely	6%	11%	9%	13%
	Sometimes	7%	6%	9%	11%
	Usually	12%	18%	18%	21%
	Always	62%	54%	52%	40%
The last time you had sexual intercourse, did you or your partner use a condom?	Yes	73%	67%	66%	54%
	No	27%	33%	34%	46%

* 6th grade survey did not ask these questions.

** The results for these questions are comparable to the 2001 and 2004 survey results.

2007 Minnesota Student Survey

TABLE 42
REASONS FOR SEXUAL ABSTINENCE *
Region 4 - East Central

		Grade			
		9th		12th	
		Male	Female	Male	Female
		%	%	%	%
If you do not have sexual intercourse, what factors influence your choice not to? (Mark all that apply)	One or both of my parents would object	55%	71%	40%	59%
	I don't want to have sex	23%	64%	21%	55%
	Most students in my school don't have sex	14%	9%	4%	2%
	My friends don't have sex	28%	42%	13%	23%
	I don't think it's right for a person my age to have sex	47%	72%	27%	48%
	I'm afraid of getting caught	24%	27%	12%	14%
	My religious or spiritual beliefs	32%	44%	31%	51%
	Sex education at school has shown me the advantages of waiting until I'm older	31%	43%	18%	25%
	I don't want to get a sexually transmitted disease	52%	68%	38%	54%
	Fear of pregnancy ^	36%	70%	39%	64%
	My parents have taught me the advantages of waiting until I'm older	31%	47%	21%	39%
	I have chosen to wait until I'm married	36%	54%	32%	52%
	Other reason(s) ^^	41%	34%	45%	33%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

^^ New response option in 2007.