



# 2024 School Health Profiles

## WEIGHTED LEAD HEALTH EDUCATION TEACHER SURVEY RESULTS

The School Health Profiles is a CDC-funded survey of middle and high school principals and lead health education teachers throughout the United States. In Minnesota, The Minnesota Center for Health Statistics administers this survey biennially on a statewide sample of public schools.

Profiles data is used to help state leaders and decision-makers assess gaps in policies and practices that may impact student health and academic performance.

This survey monitors the following areas:

- School health education requirements and content
- Physical education and physical activity
- Practices related to bullying and sexual harassment
- School health policies related to tobacco-use prevention and nutrition
- School-based health services
- Family engagement and community involvement
- School health coordination

In spring 2024, CDC used two questionnaires to collect data—one for school principals and one for lead health education teachers. CDC administered the two questionnaires online to 334 regular public schools containing any of grades 6 through 12 in Minnesota.

CDC received one or both questionnaires from 78% of eligible sampled schools. CDC received usable questionnaires from principals in 75% of schools and from lead health education teachers in 69% of schools.

## Questions and more information

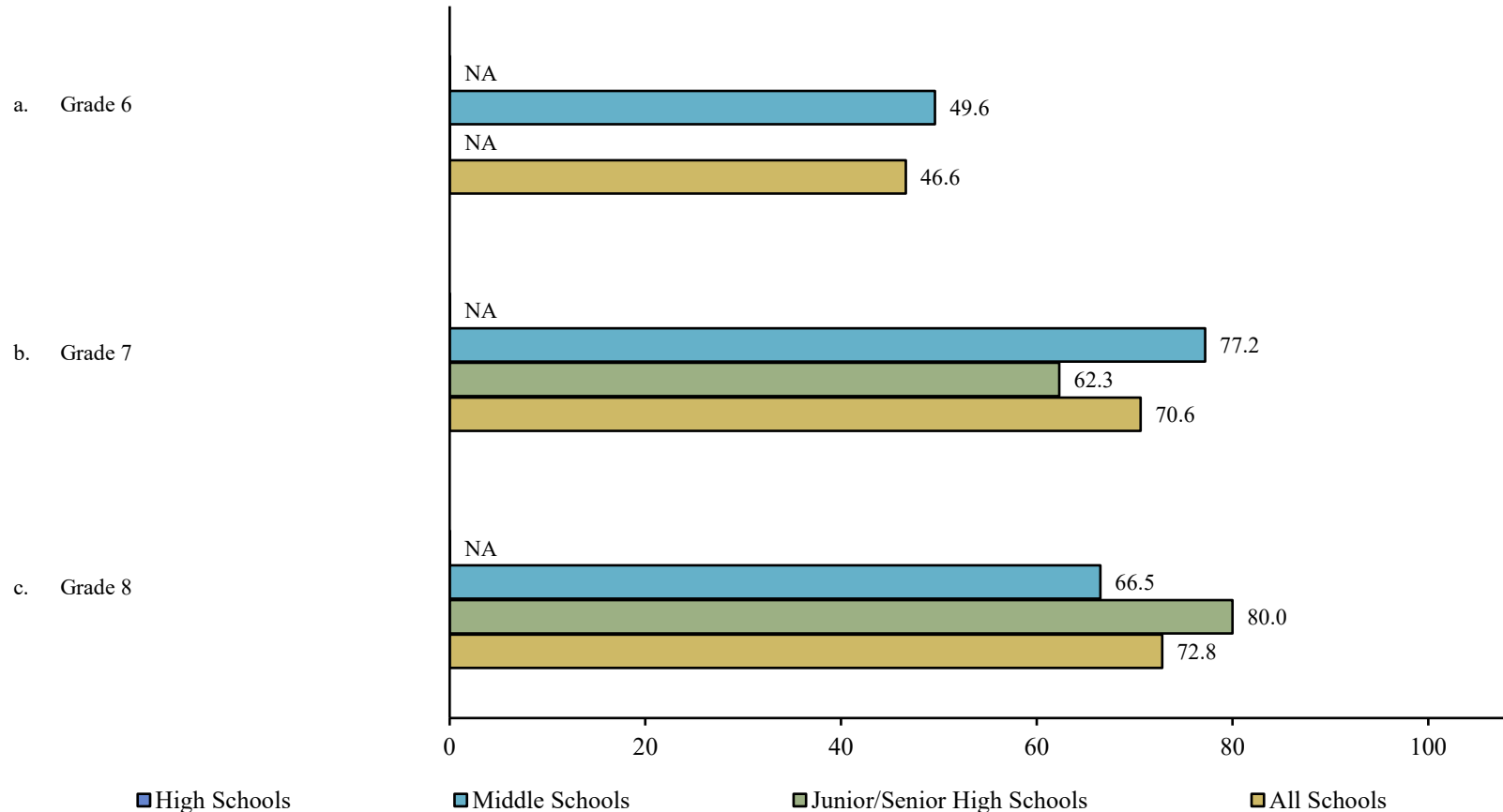
For more information on School Health Profiles in Minnesota, visit: [Minnesota Department of Health: School Health Profiles Survey \(https://www.health.state.mn.us/data/mchs/surveys/schoolhealthprofiles.html\)](https://www.health.state.mn.us/data/mchs/surveys/schoolhealthprofiles.html).

For Minnesota-specific data, questions regarding the administration of the survey, or to receive this information in a different format, please contact [Health.Profiles@state.mn.us](mailto:Health.Profiles@state.mn.us).

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools that taught a required health education course in each of the following grades.\*



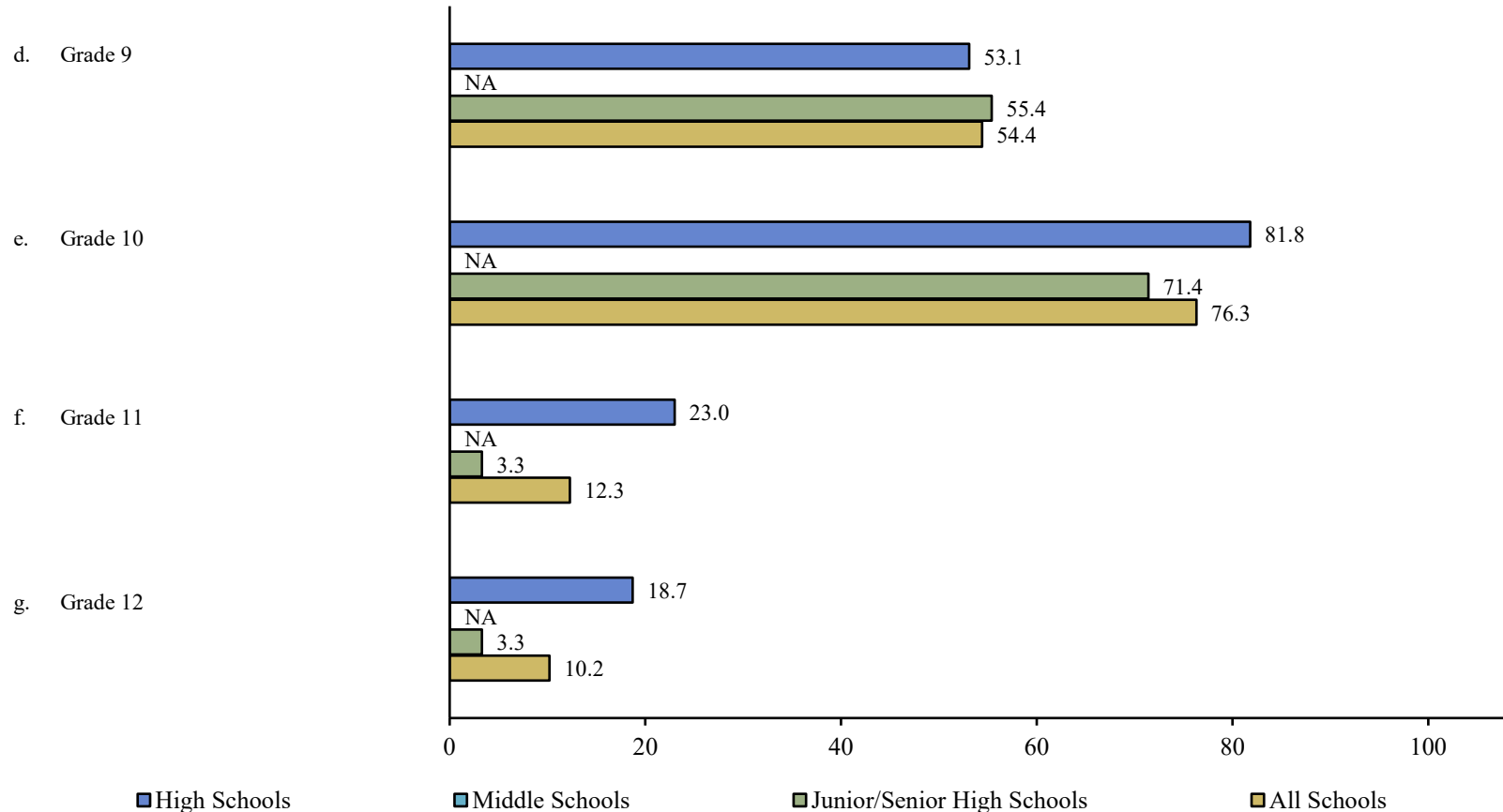
\*Among schools with students in that grade.

NA = Not available

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools that taught a required health education course in each of the following grades.\*



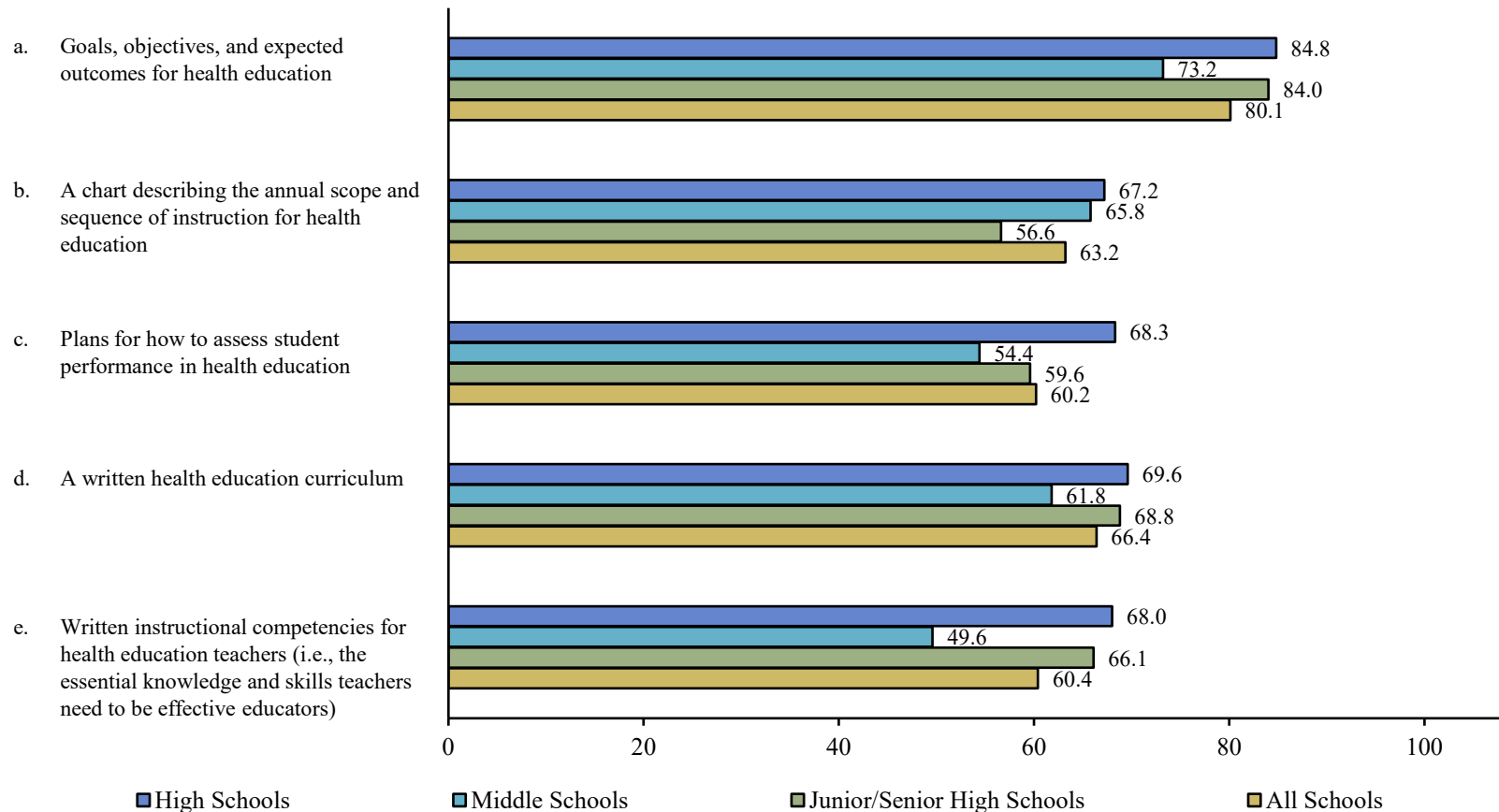
\*Among schools with students in that grade.

NA = Not available

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

2. Percentage of schools in which those who teach health education are provided with each of the following materials.\*

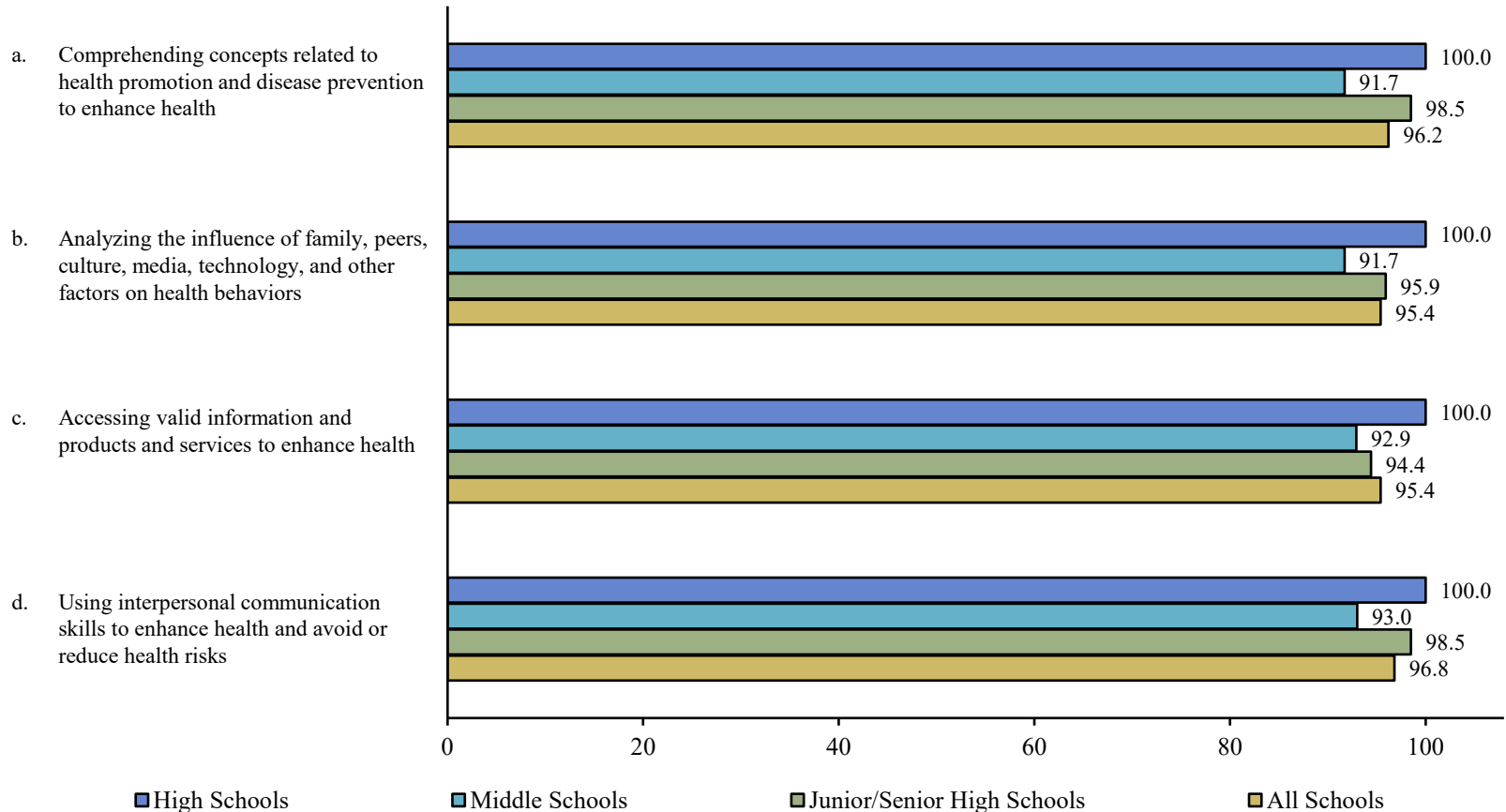


\*Among schools that teach health education. Respondents that answered "NA" are excluded.

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

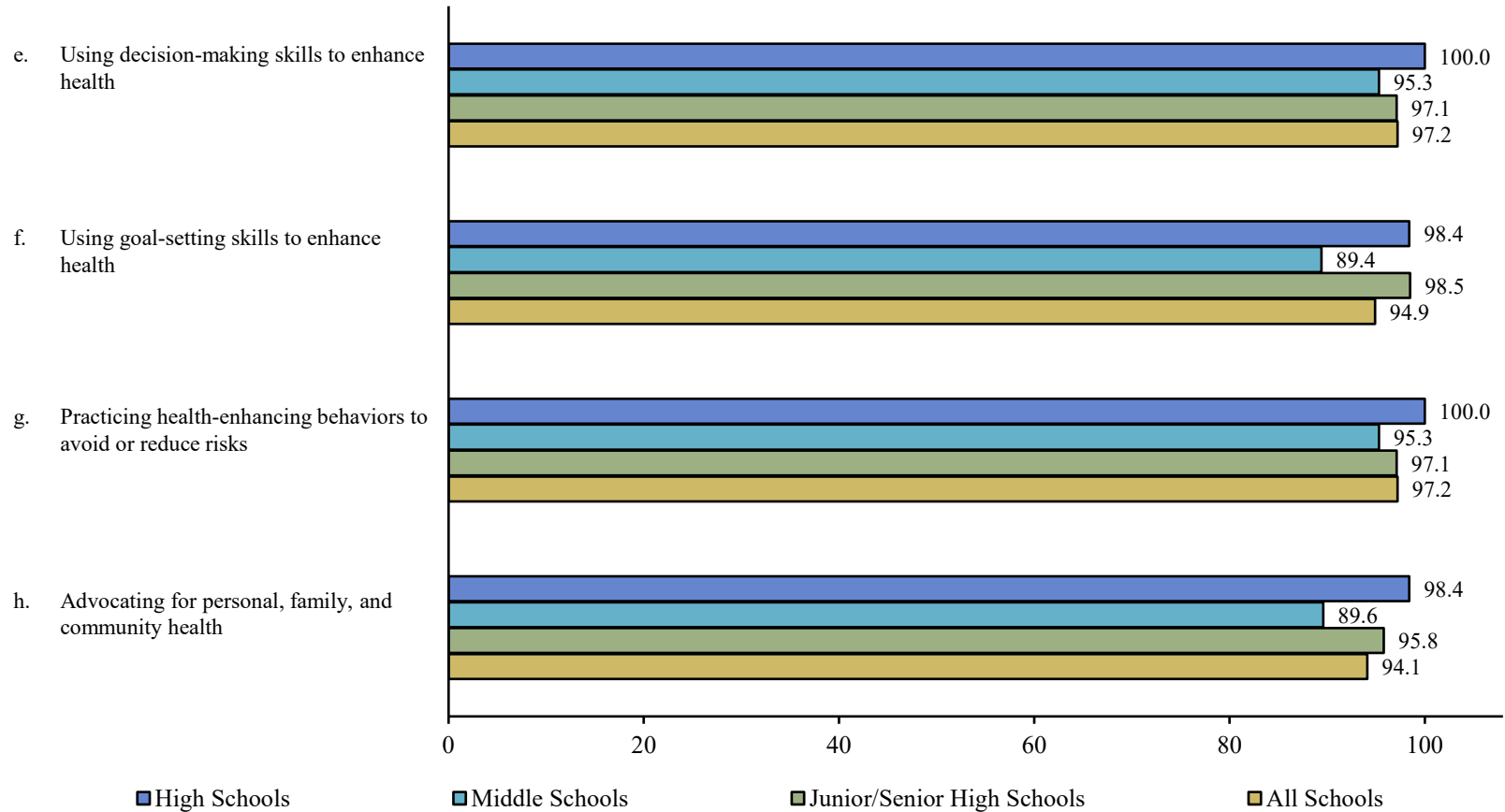
3. Percentage of schools in which the health education curriculum addresses each of the following skills.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

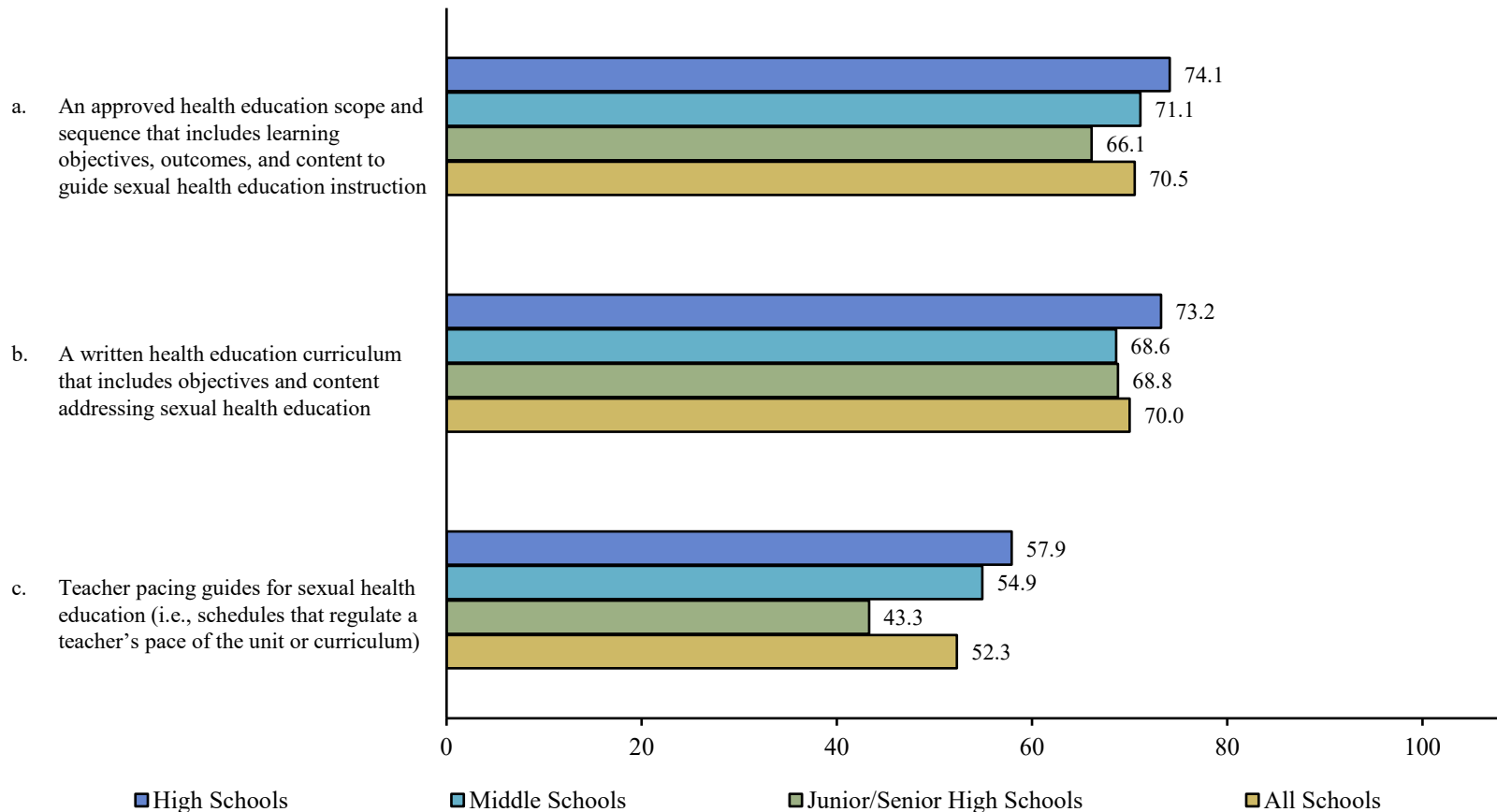
3. Percentage of schools in which the health education curriculum addresses each of the following skills.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

4. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*

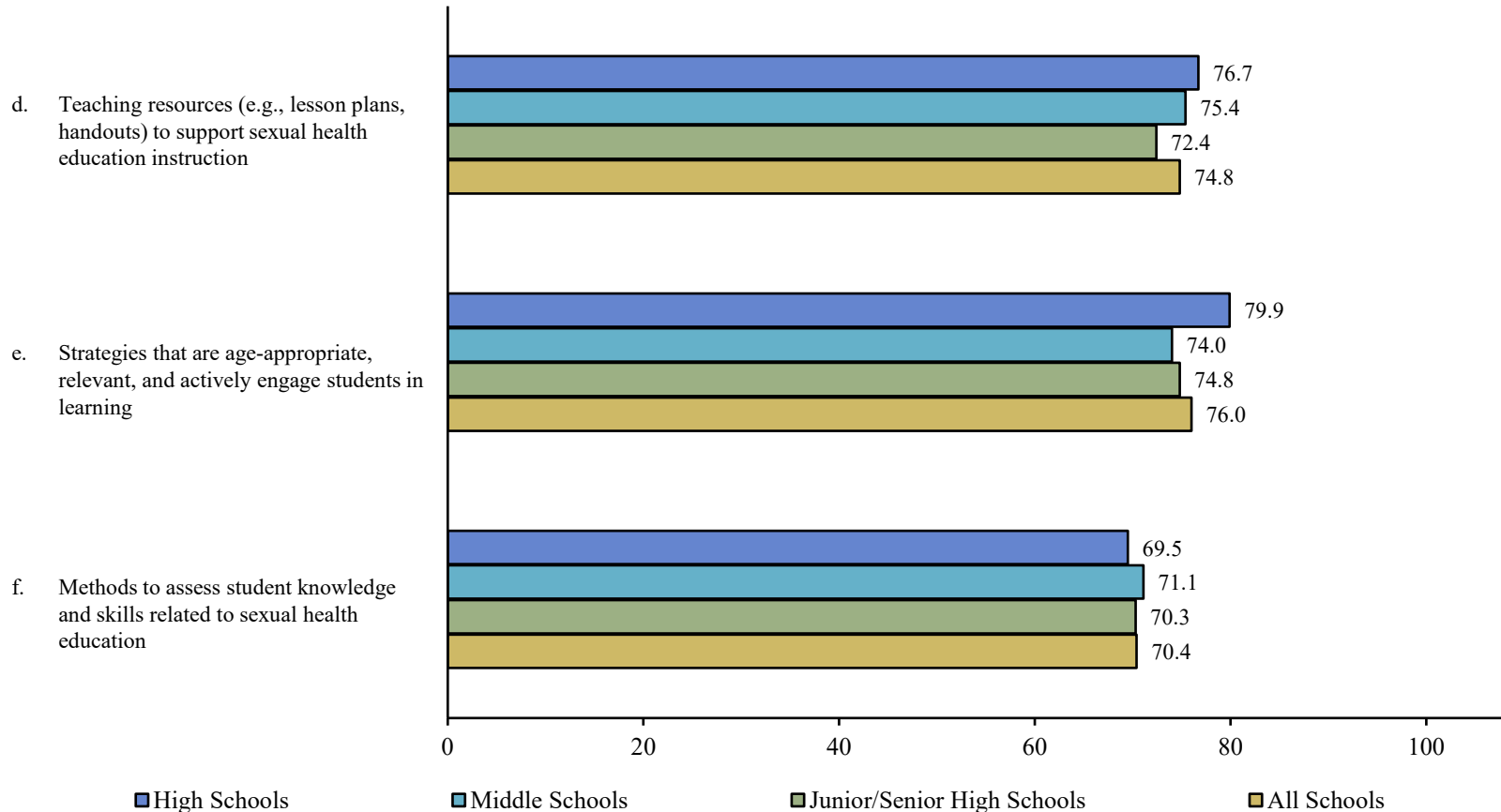


\*Among schools that teach sexual health education.

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

4. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*



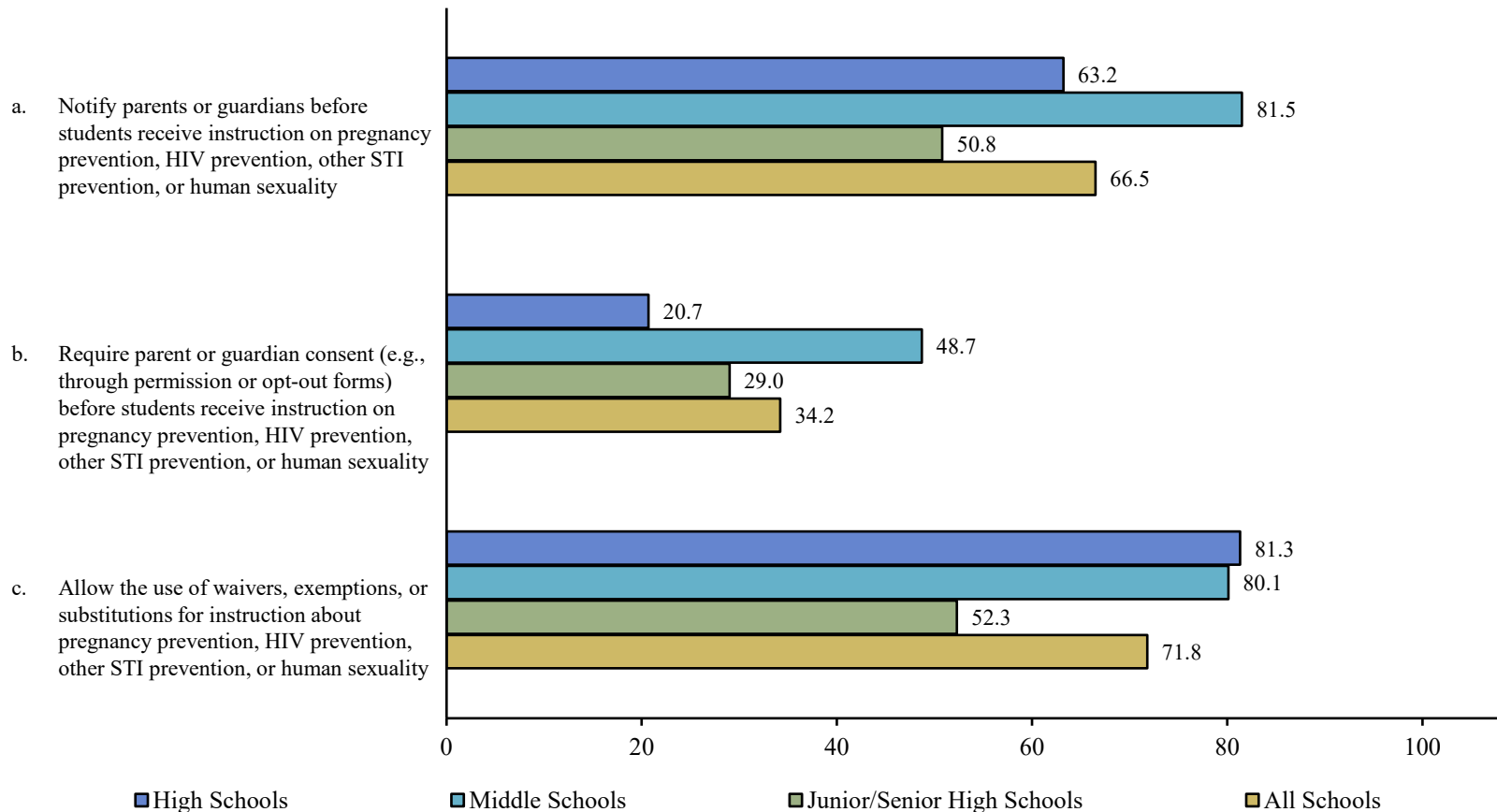
\*Among schools that teach sexual health education.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools that engage in each of the following practices related to sexual health education.

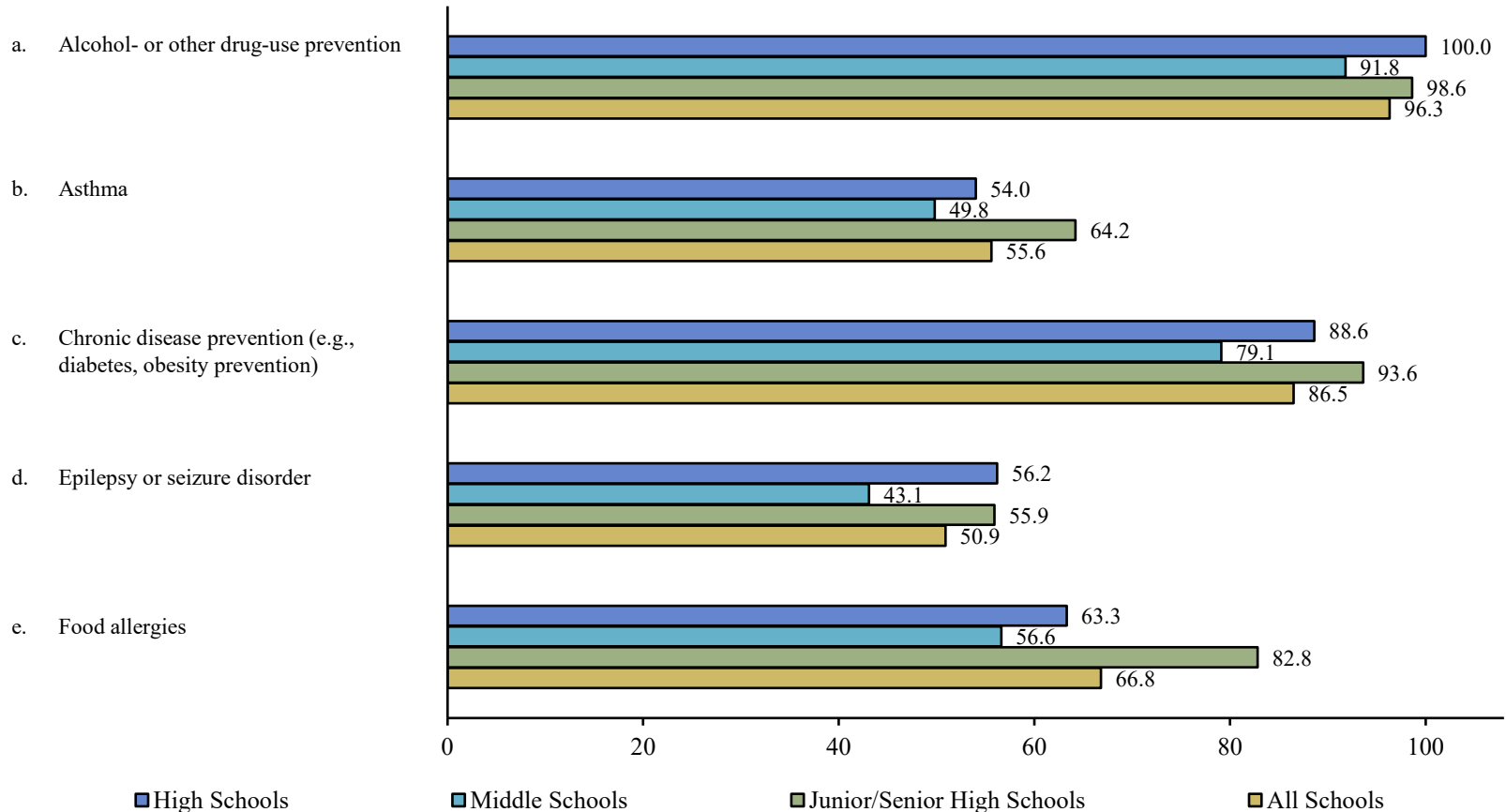


\*Among schools that teach sexual health education.

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

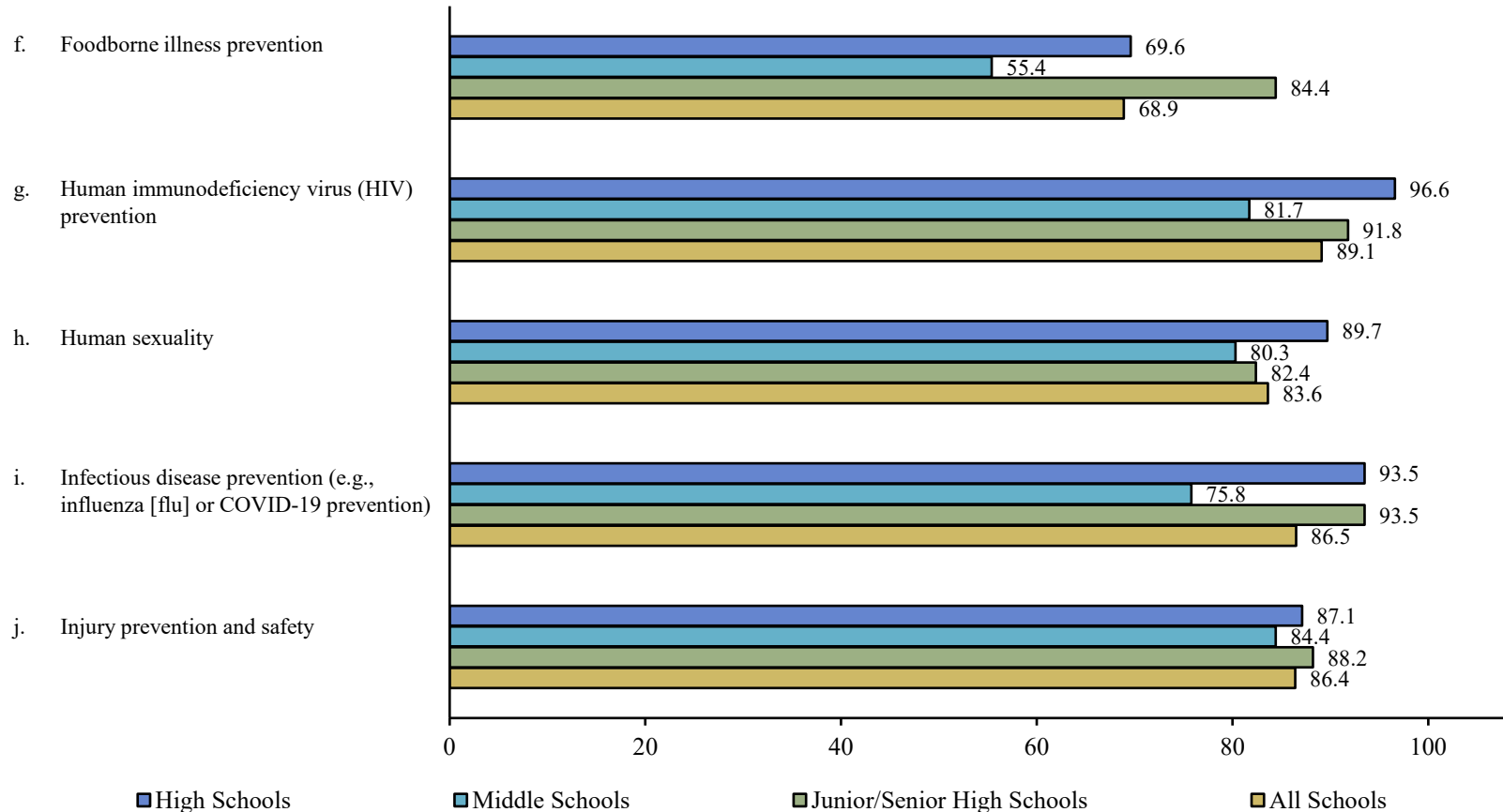
6. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

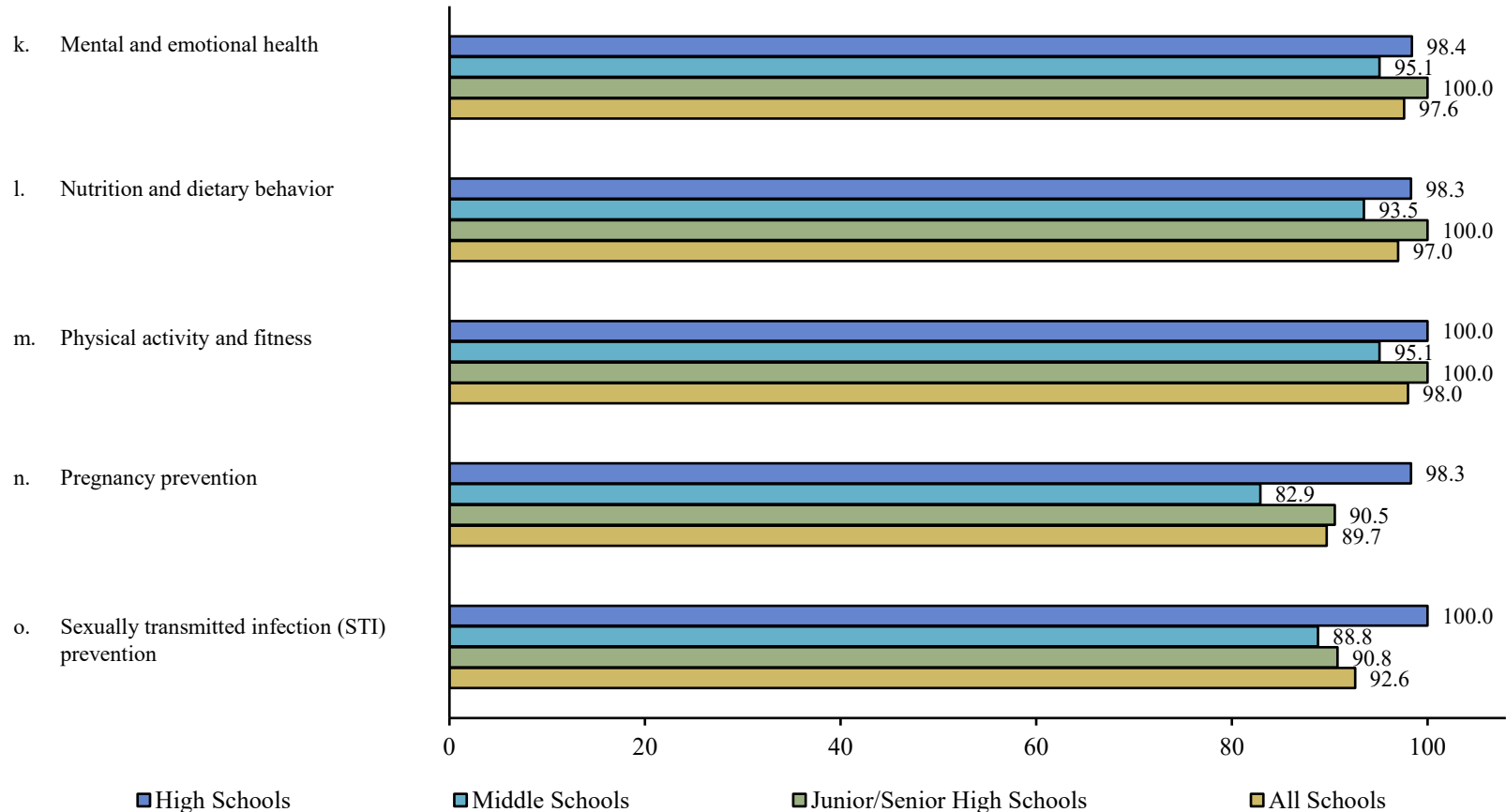
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## MINNESOTA

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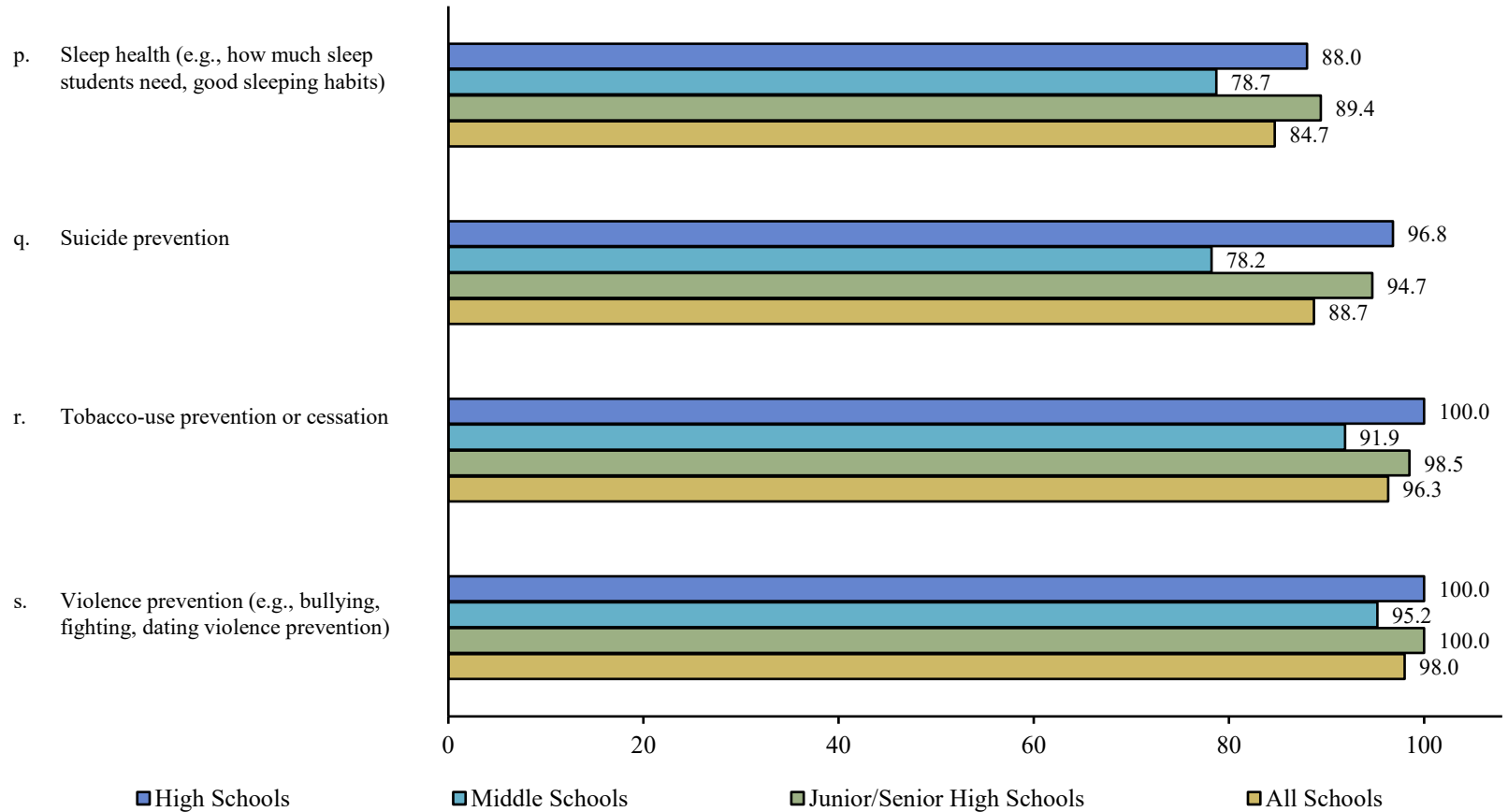
6. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.



## MINNESOTA

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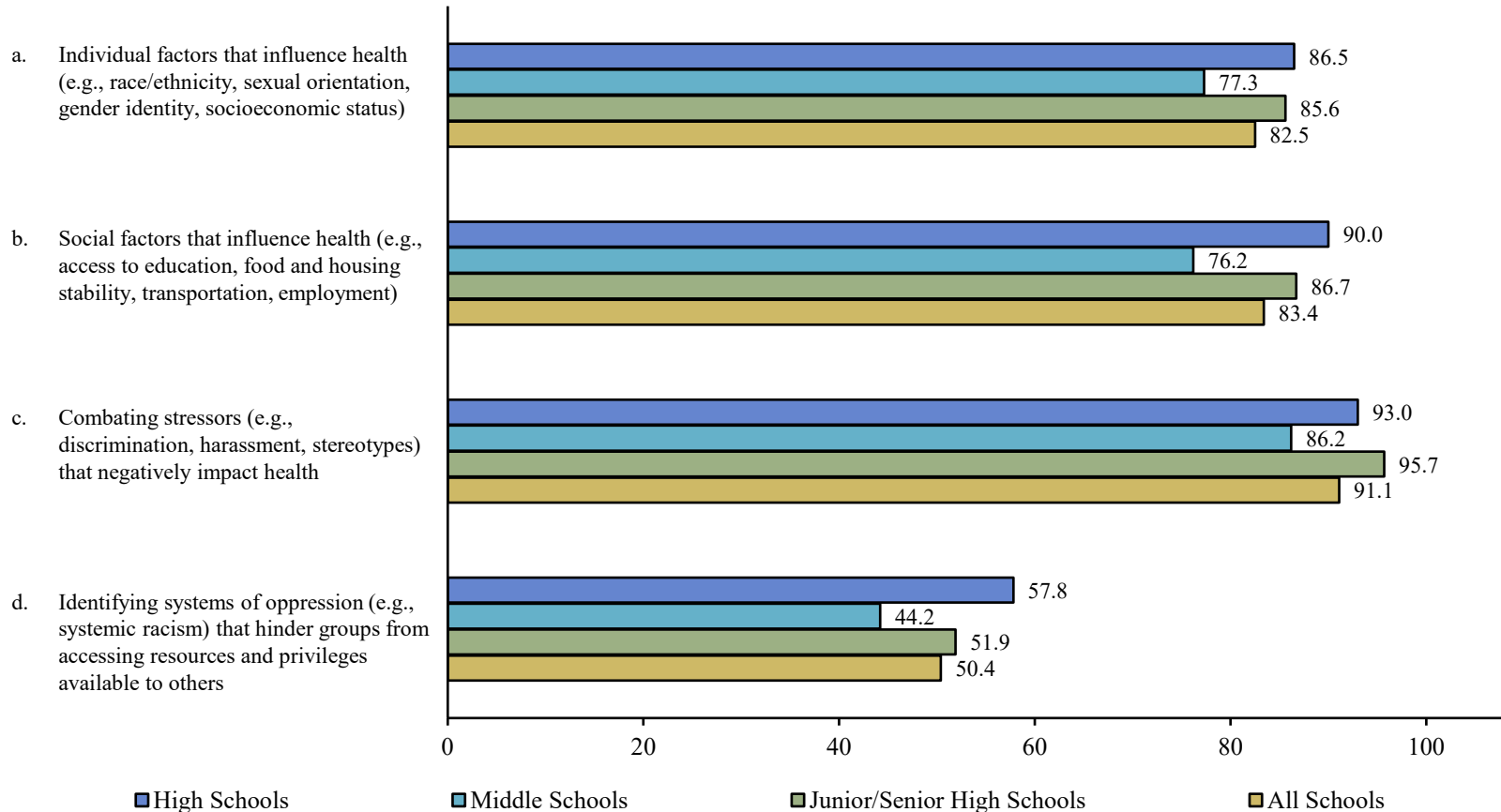
6. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

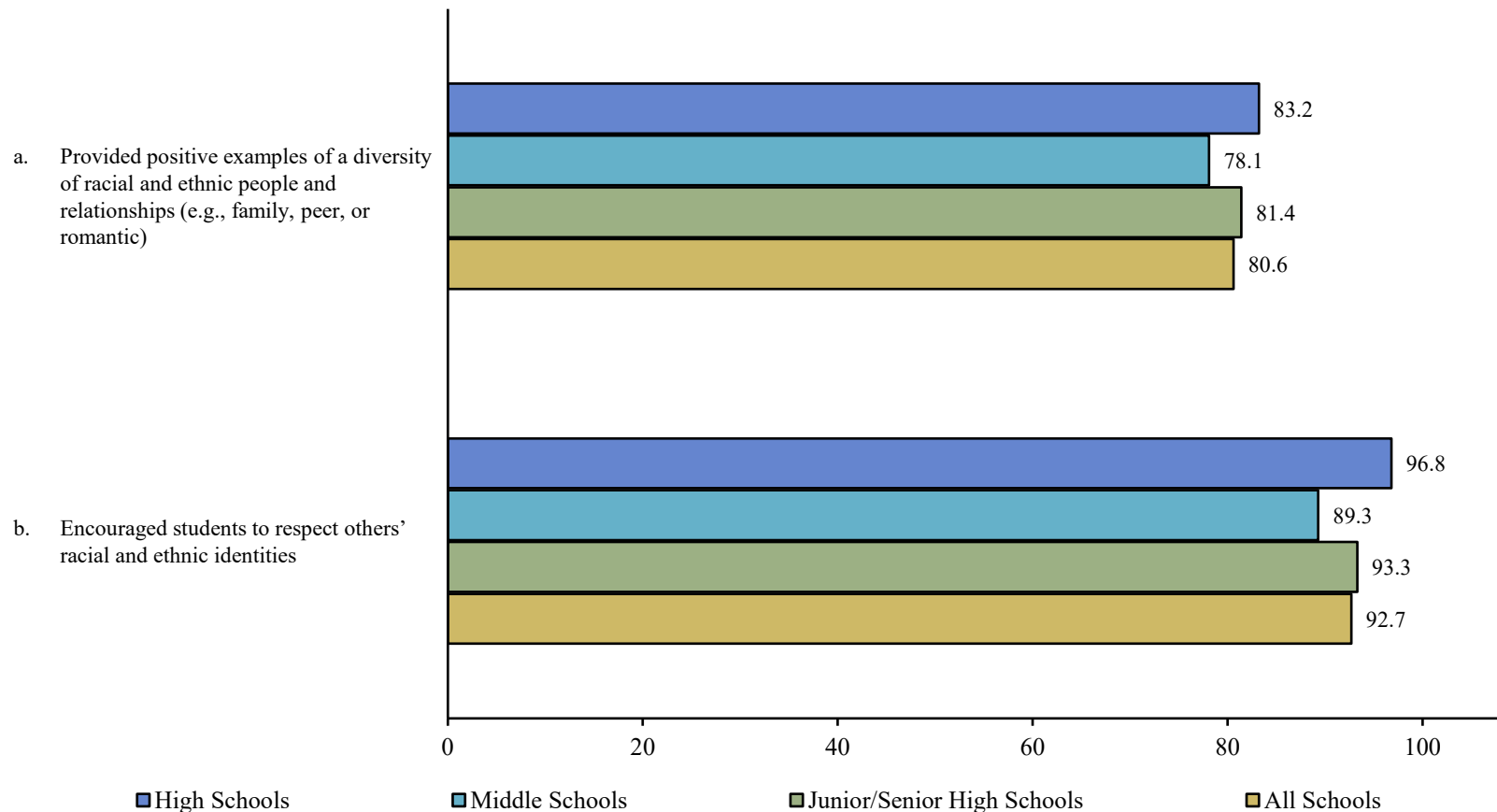
7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

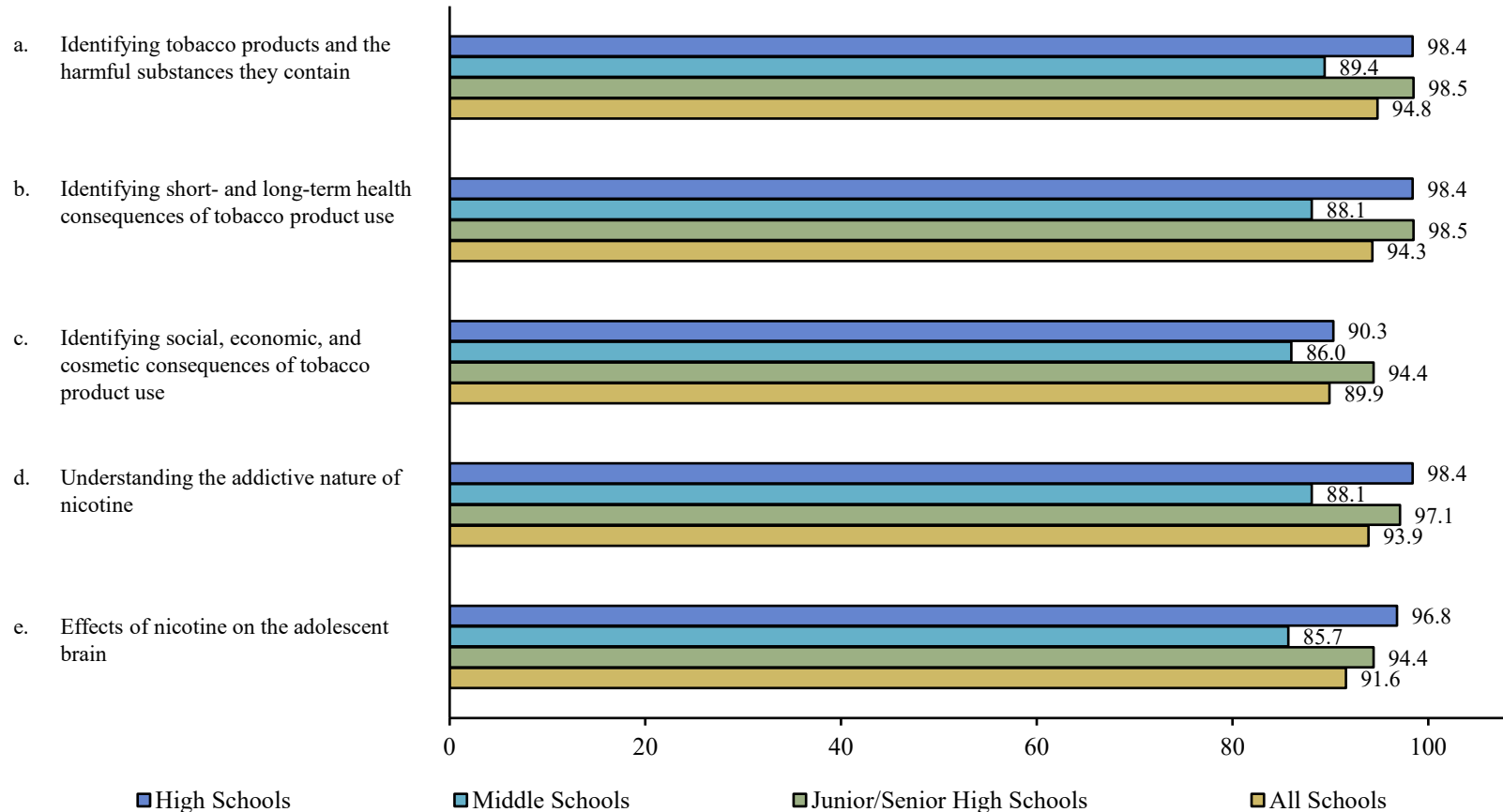
8. Percentage of schools in which teachers implemented the following culturally responsive and inclusive practices in a required course for students in grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.

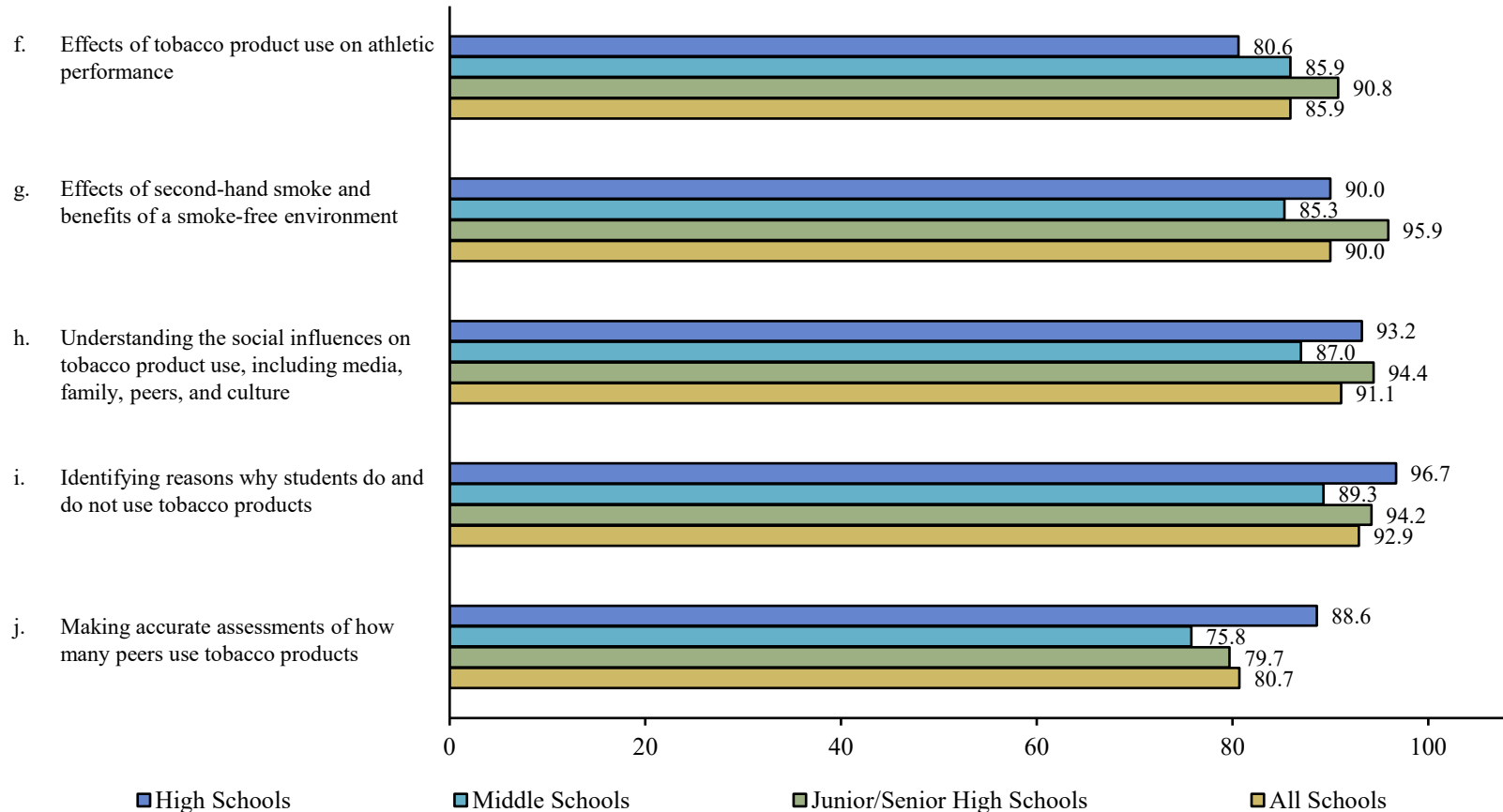




## MINNESOTA

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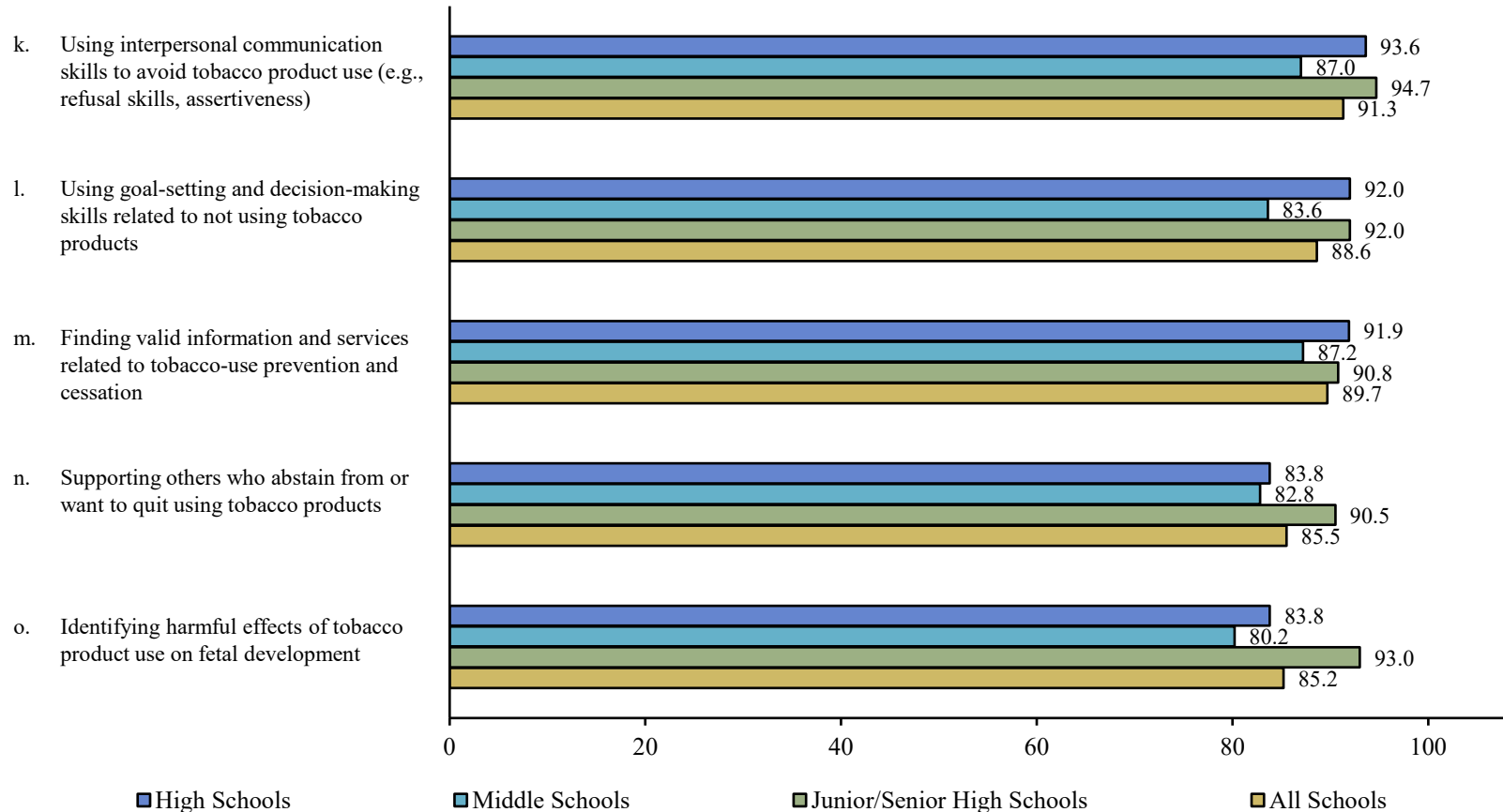
9. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

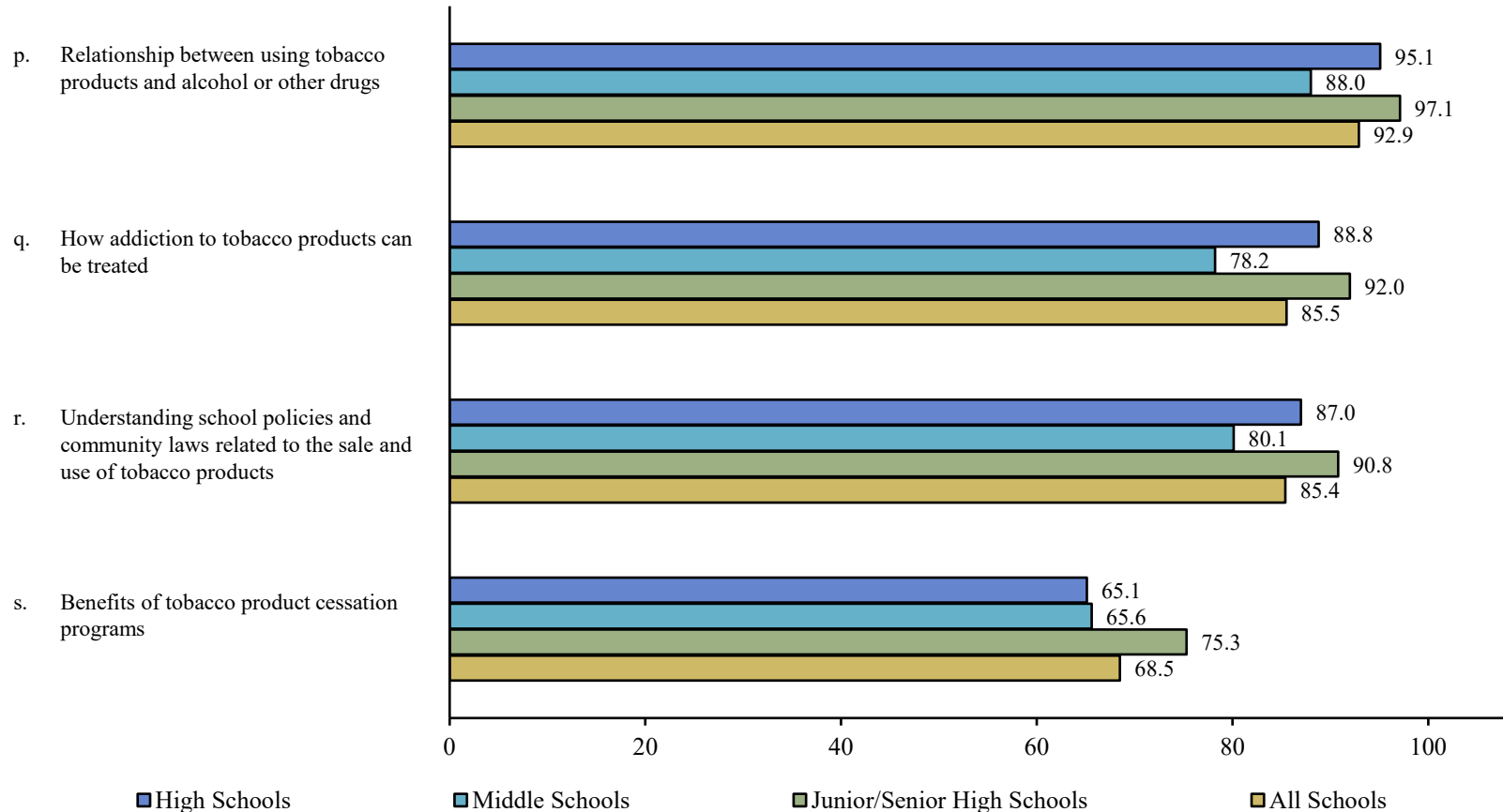
9. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.

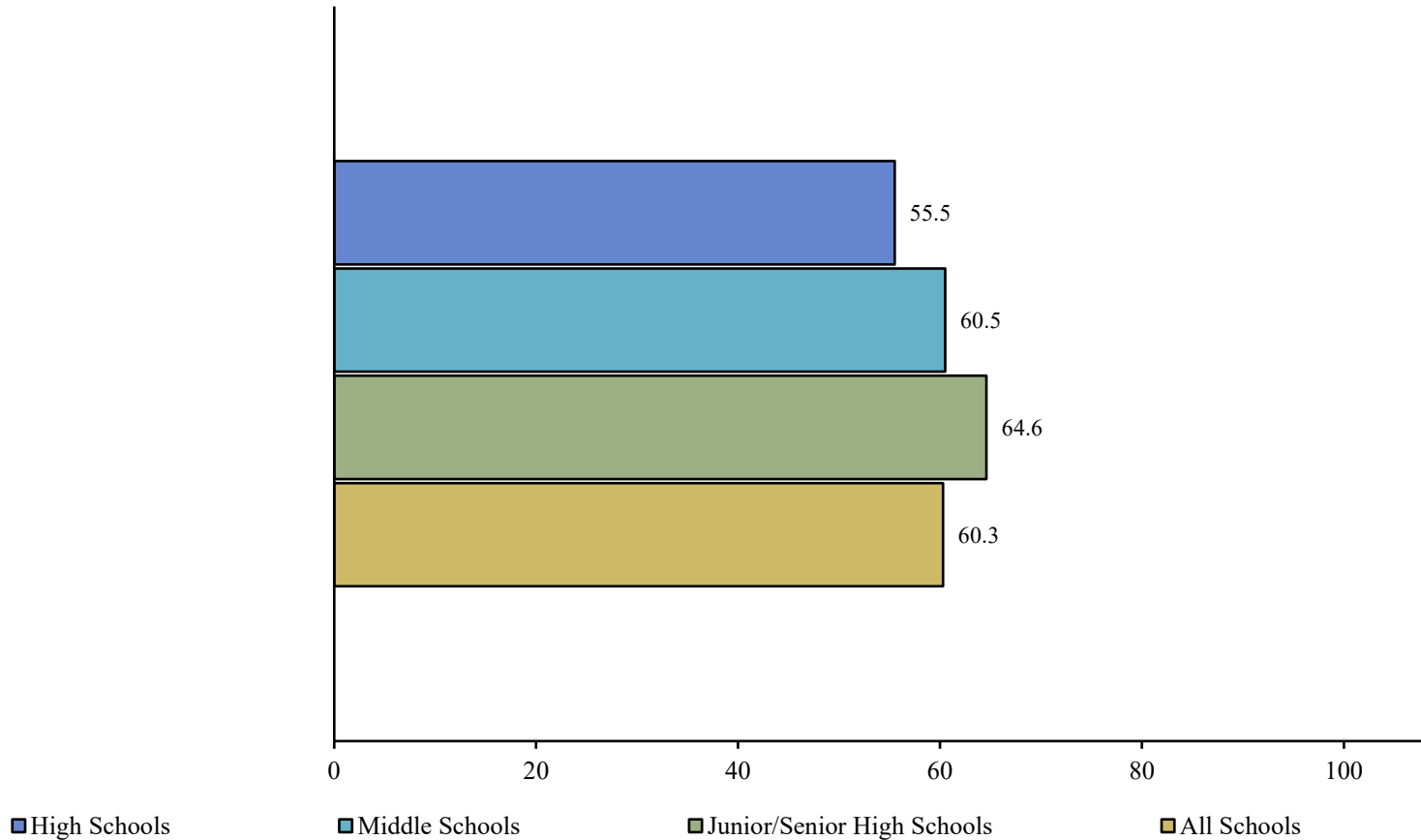


## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

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9N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.\*

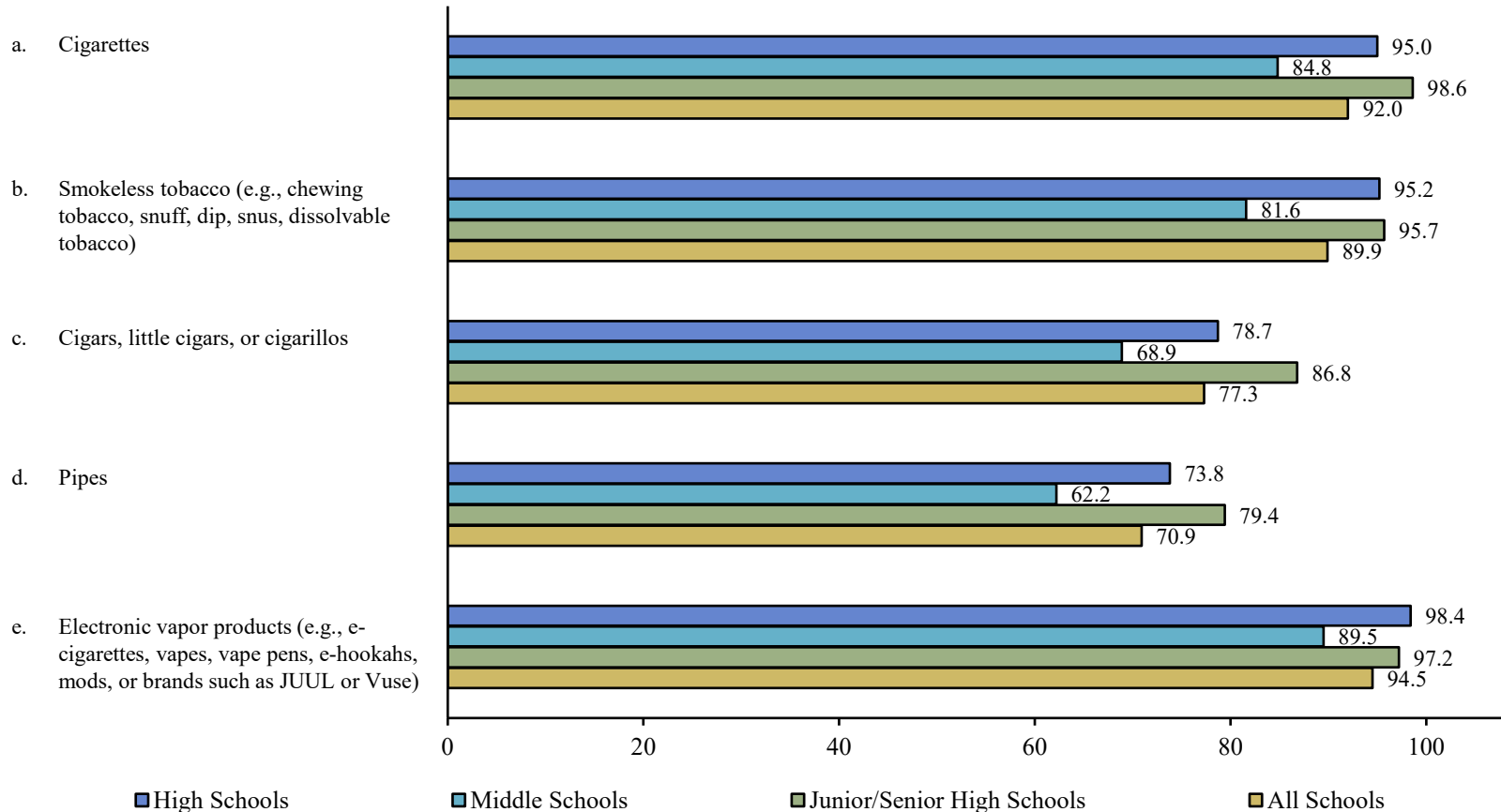


\*Responses to question 9 a through s all are "yes."

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

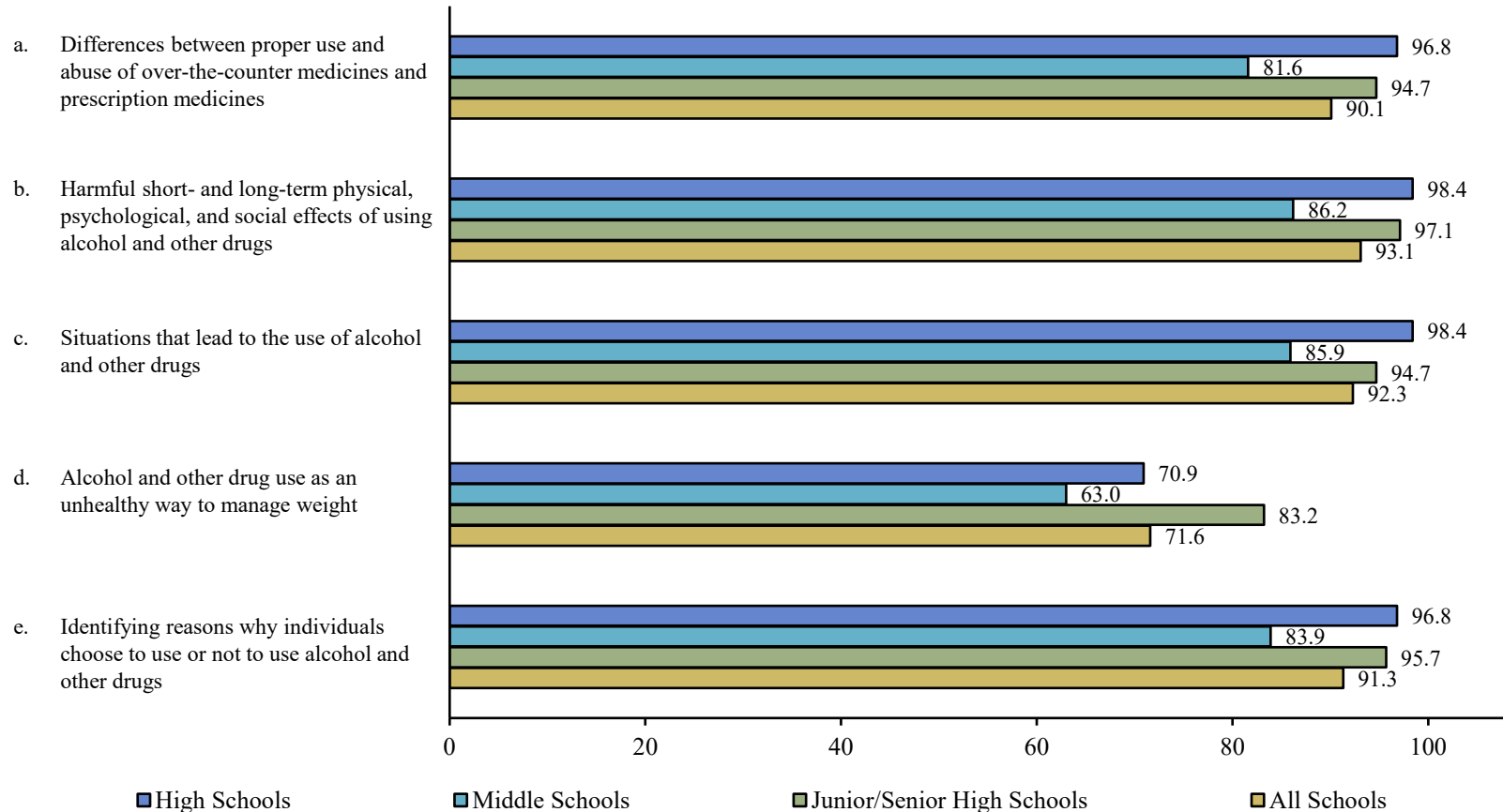
10. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

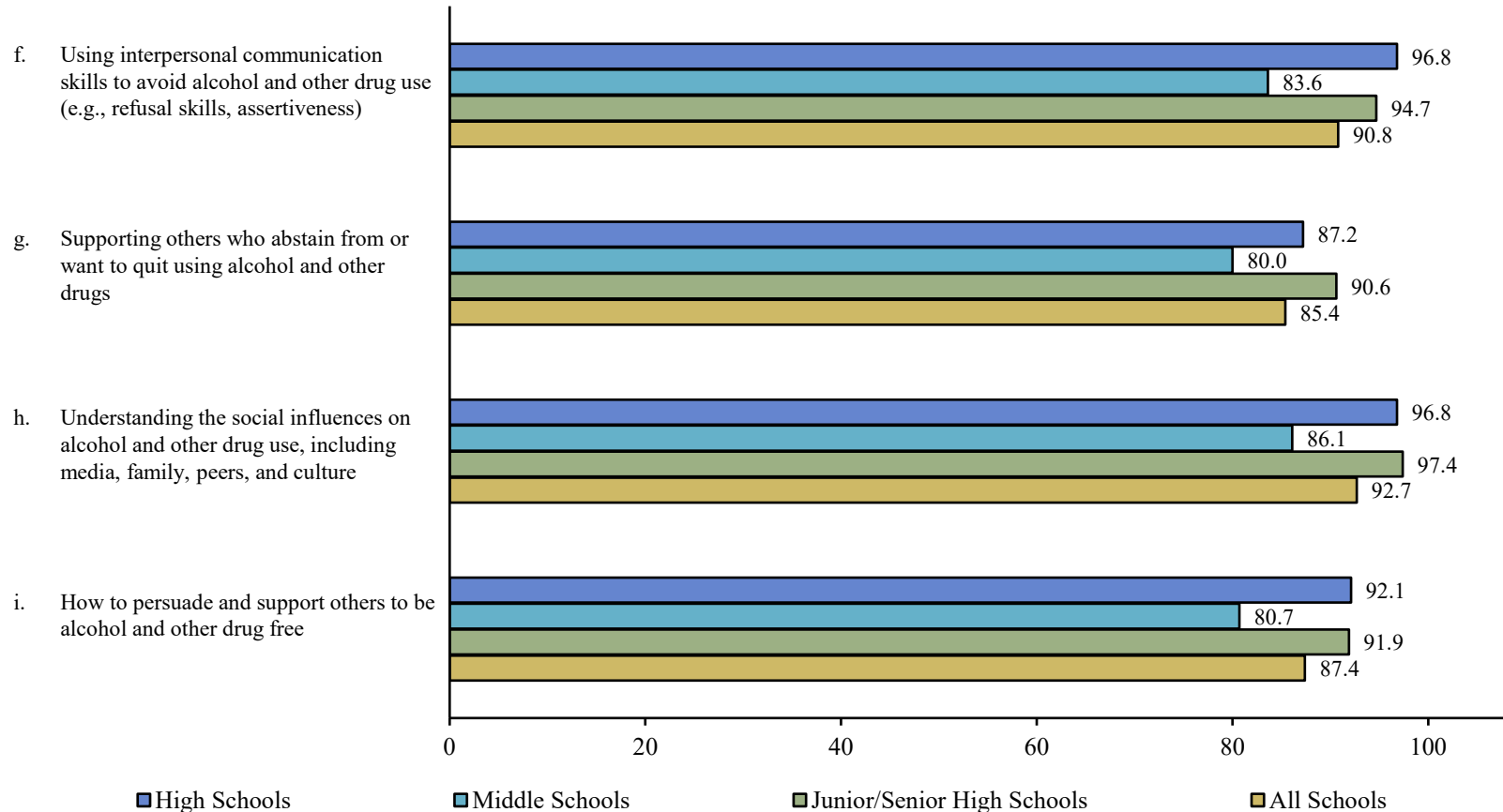
11. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

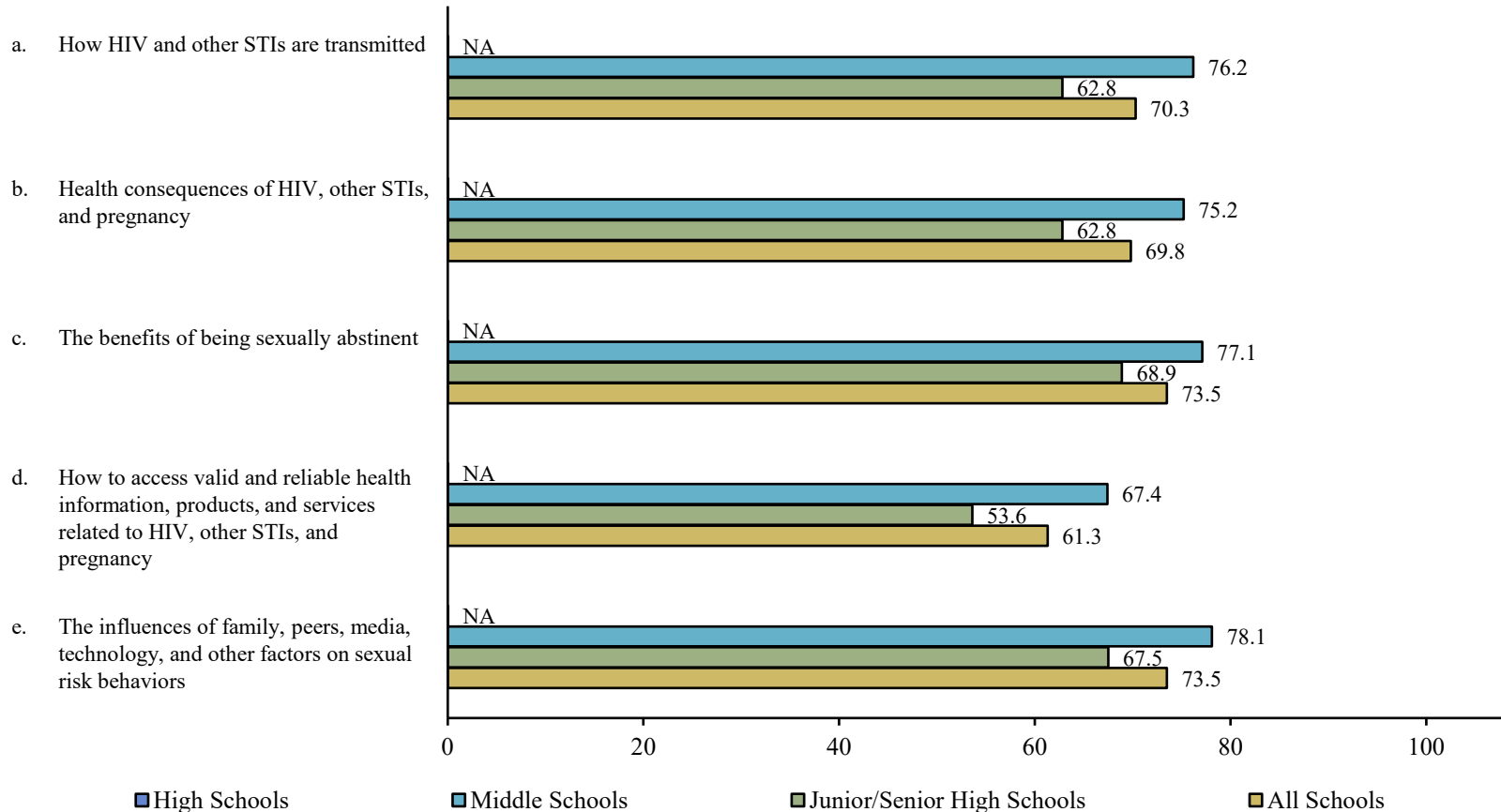
11. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.

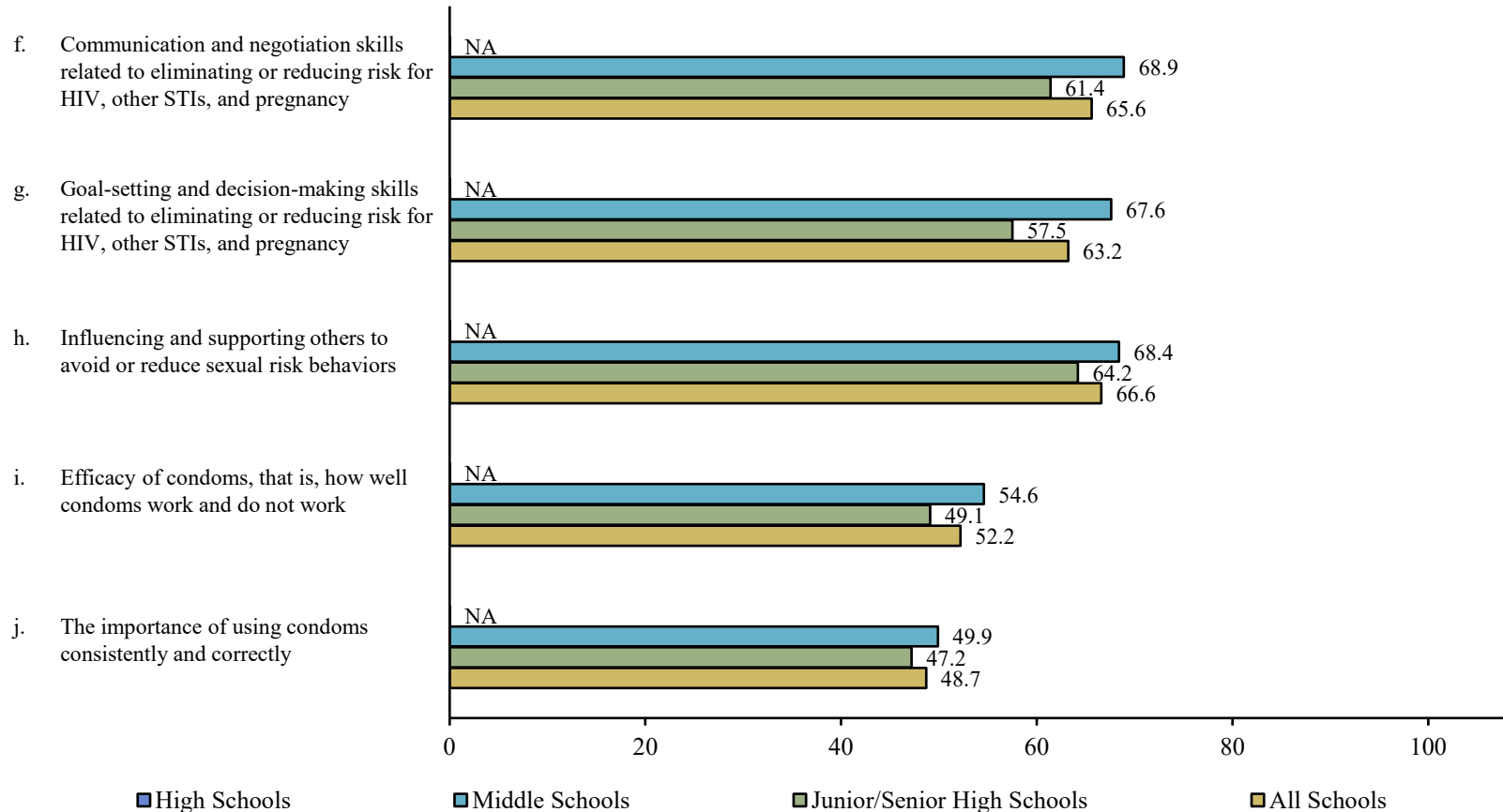




## MINNESOTA

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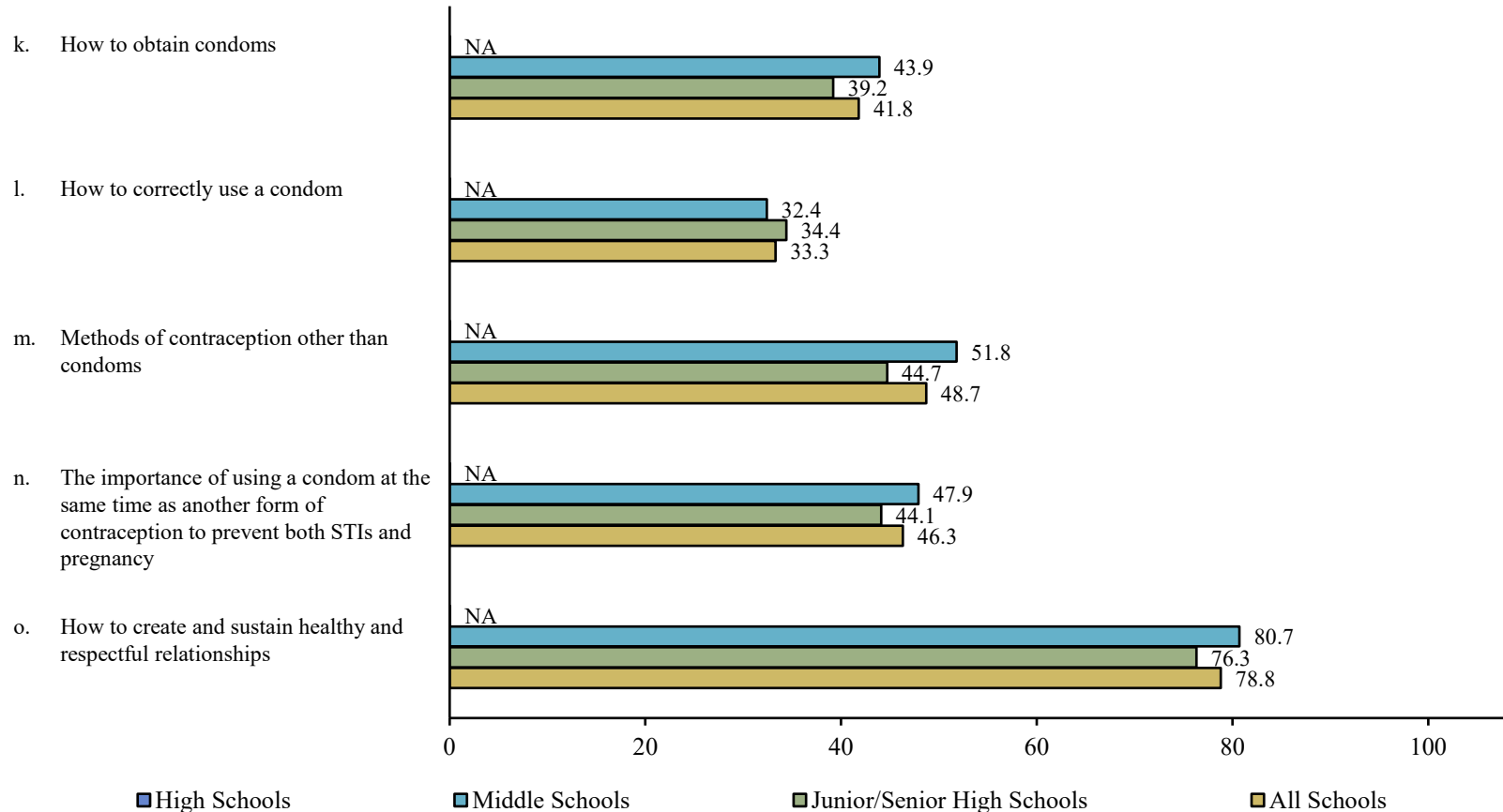
12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.



## MINNESOTA

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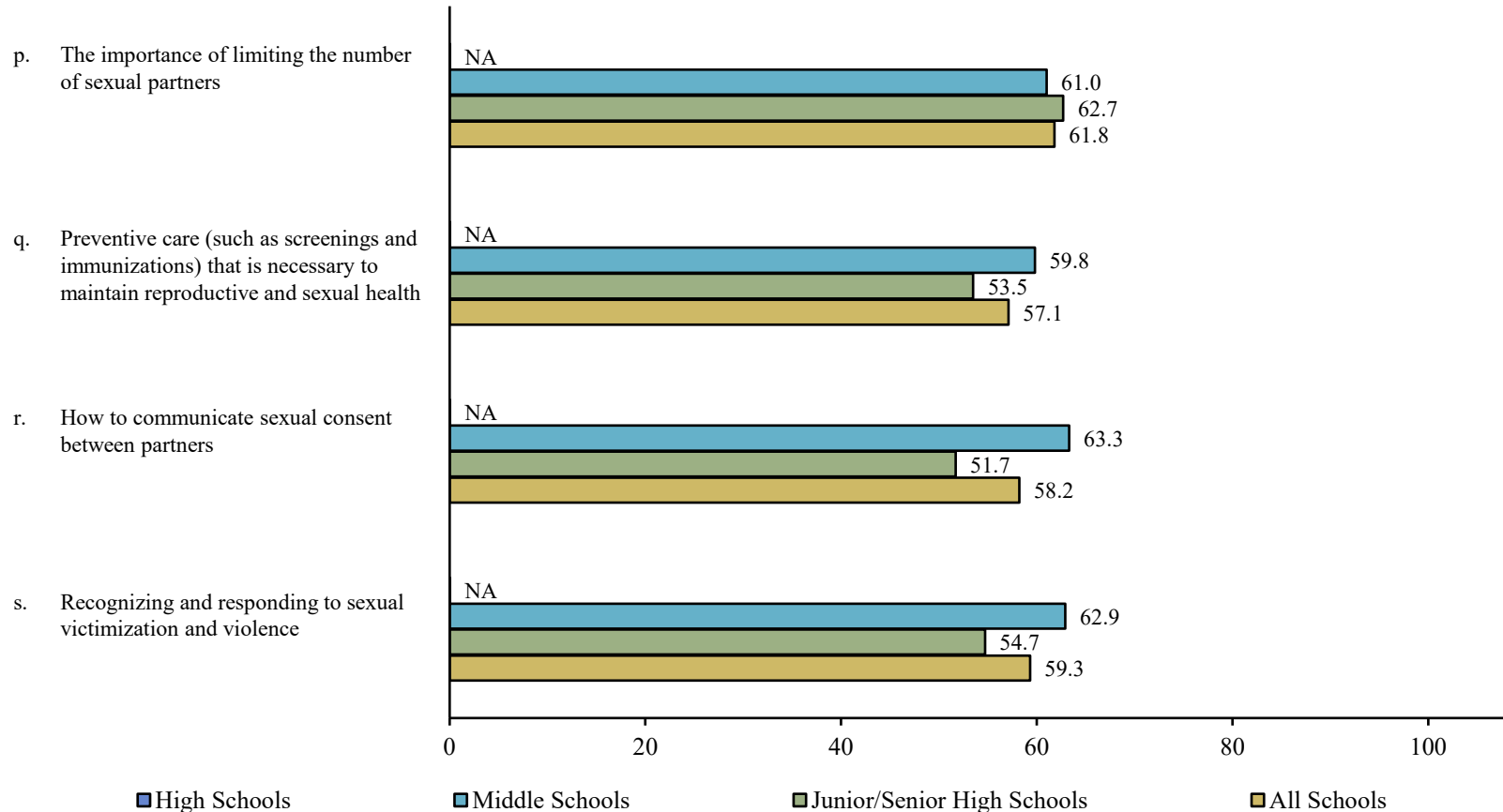
12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.



## MINNESOTA

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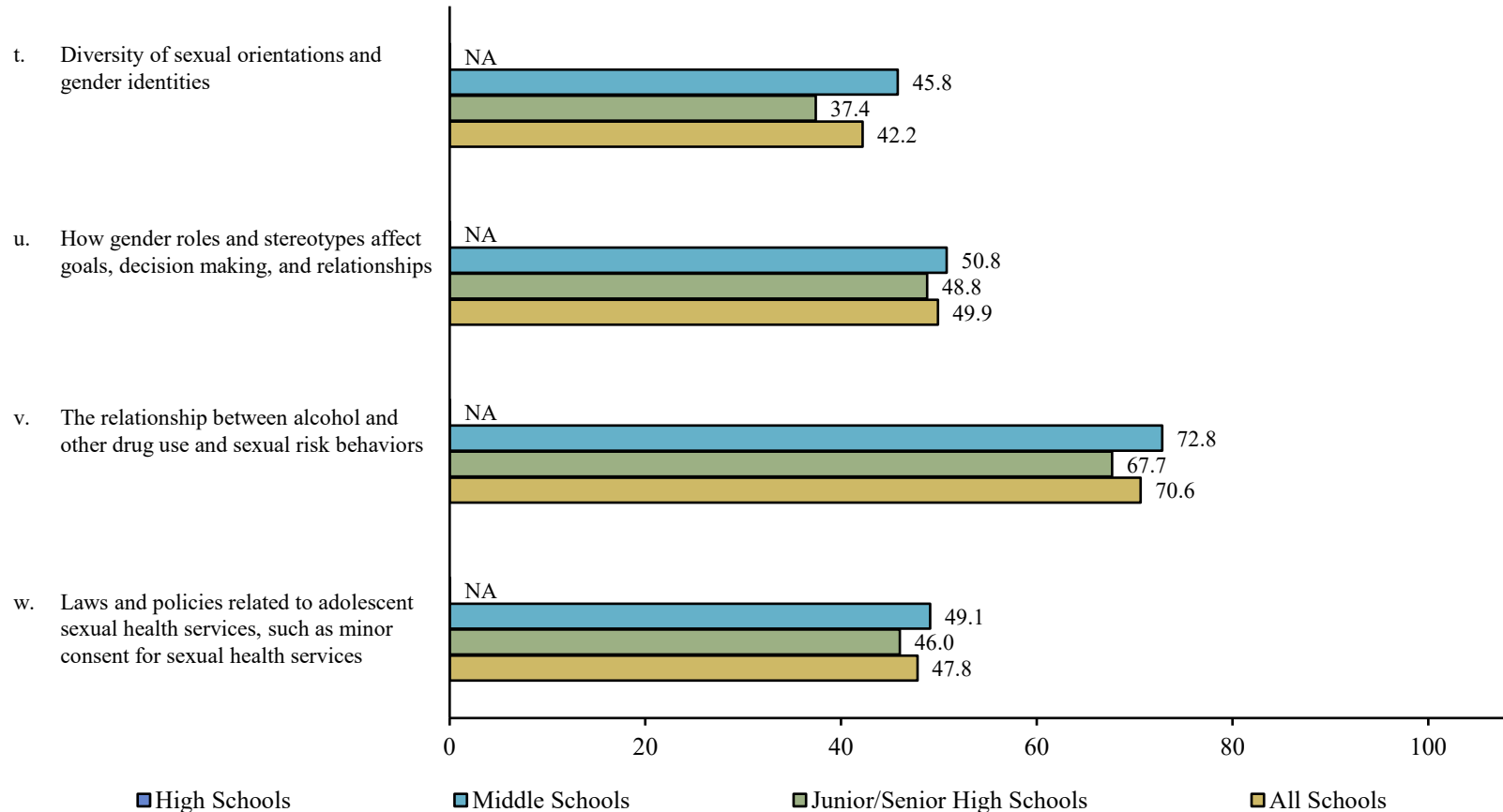
12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.



## MINNESOTA

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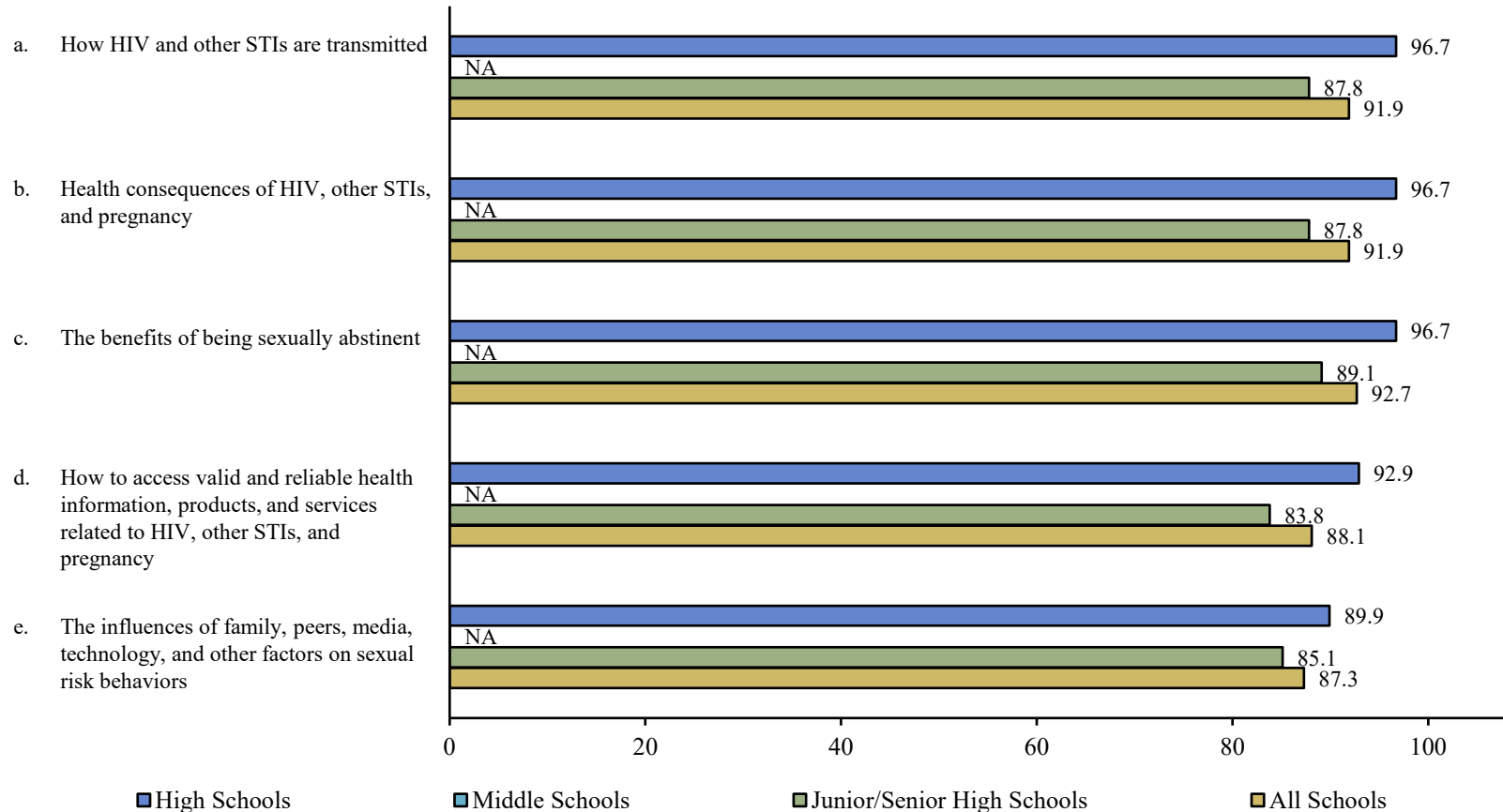
12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.



## MINNESOTA

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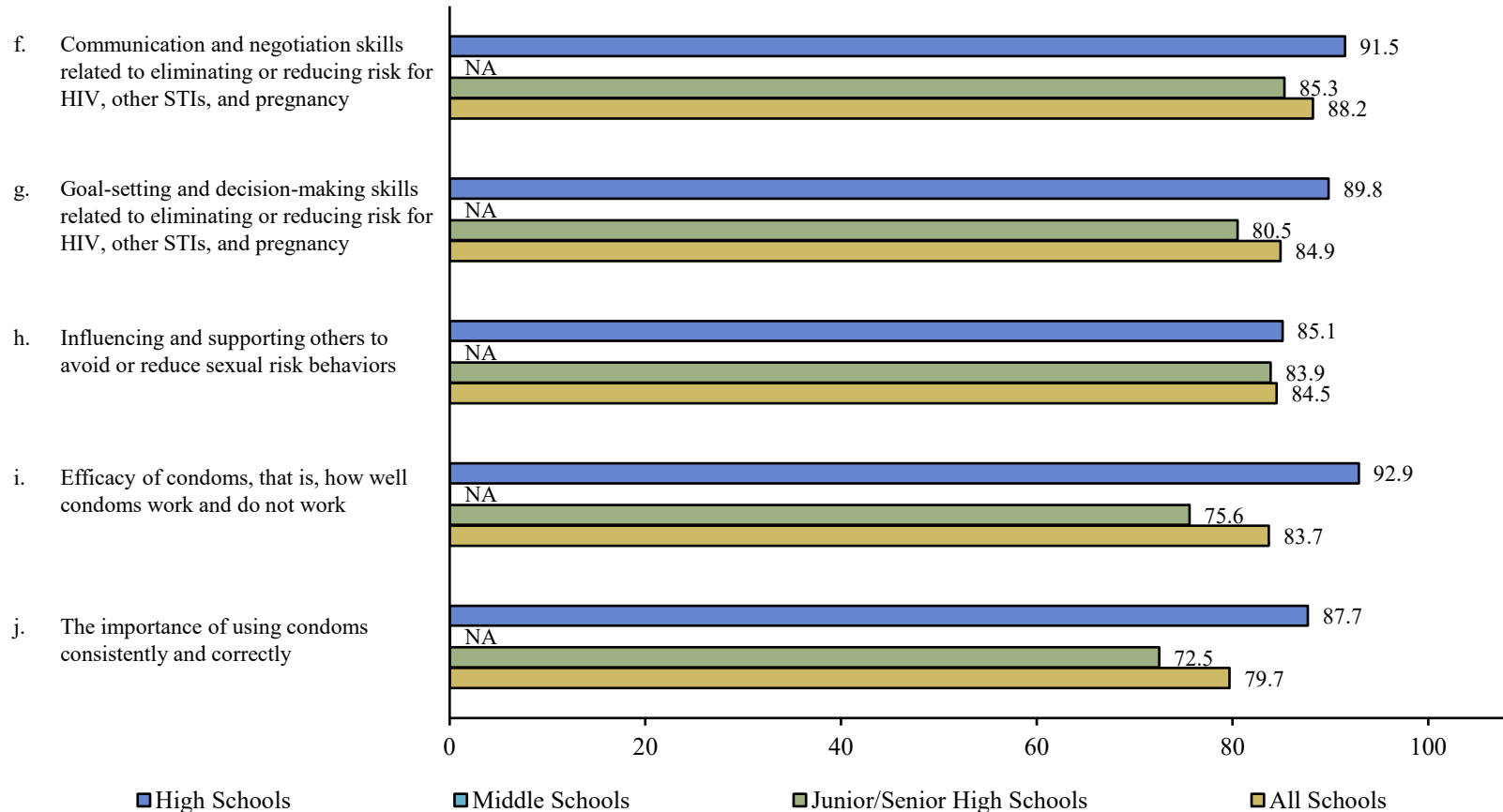
12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11 or 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

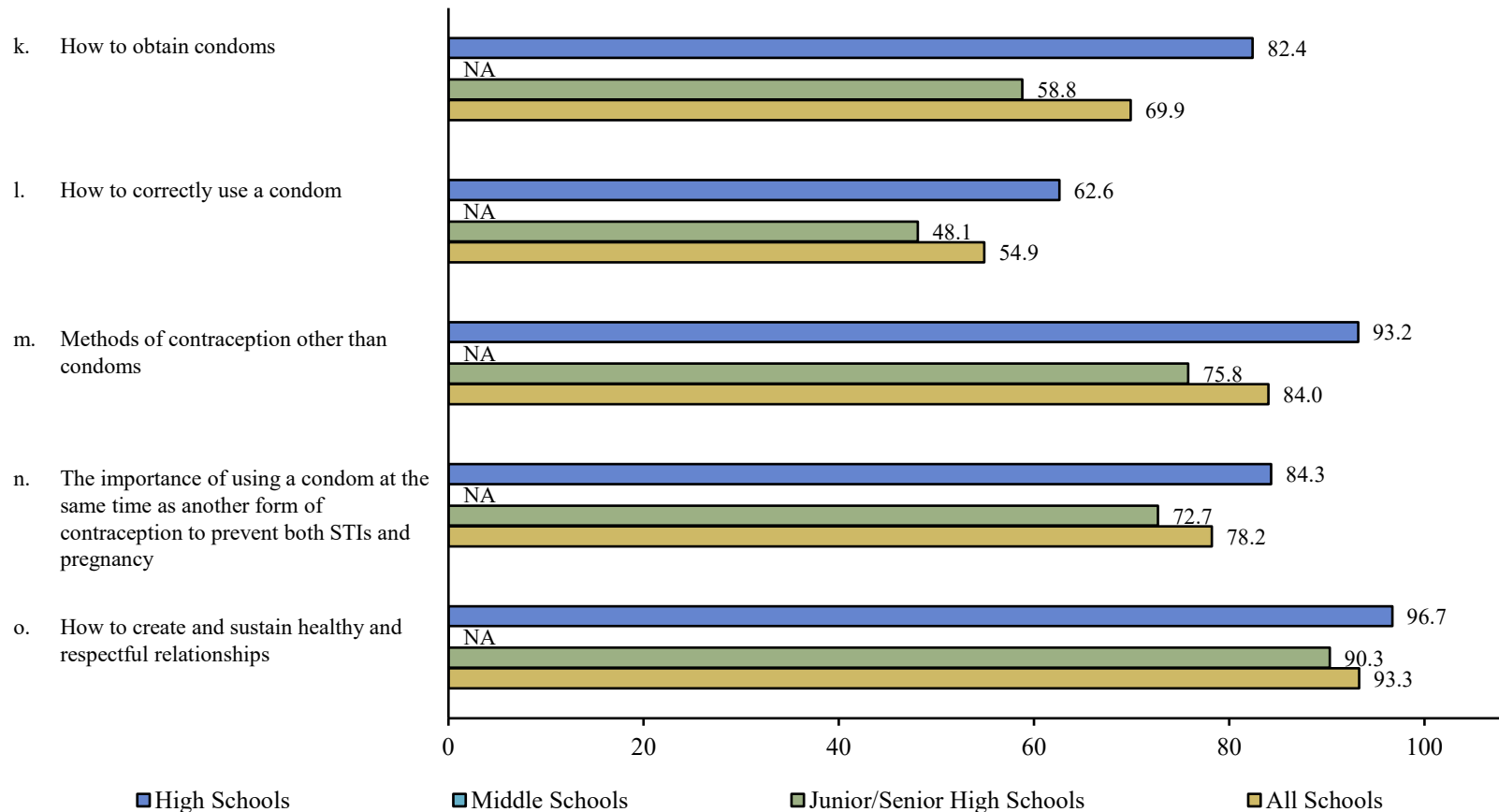
12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11 or 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

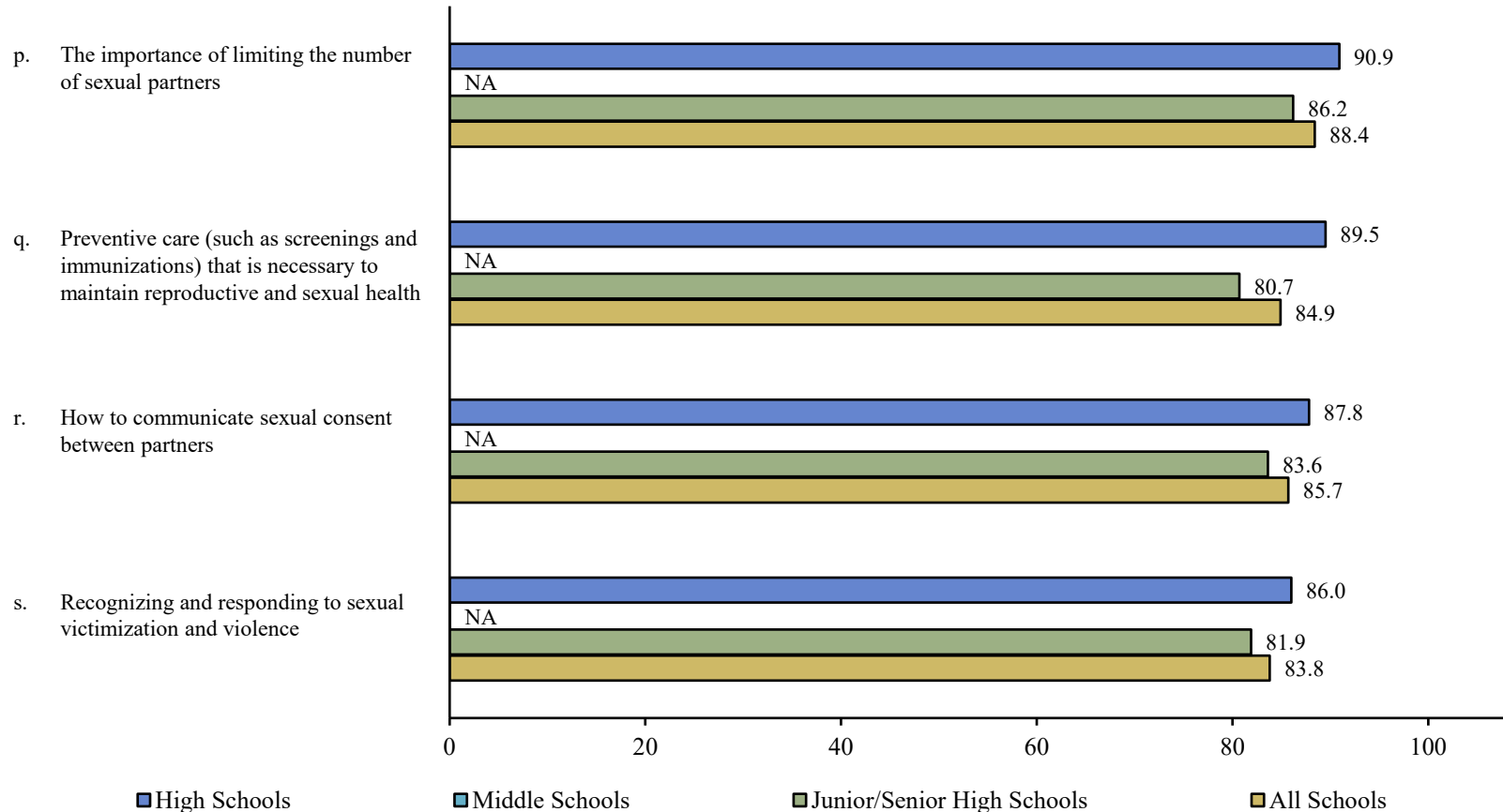
12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11 or 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11 or 12 during the current school year.

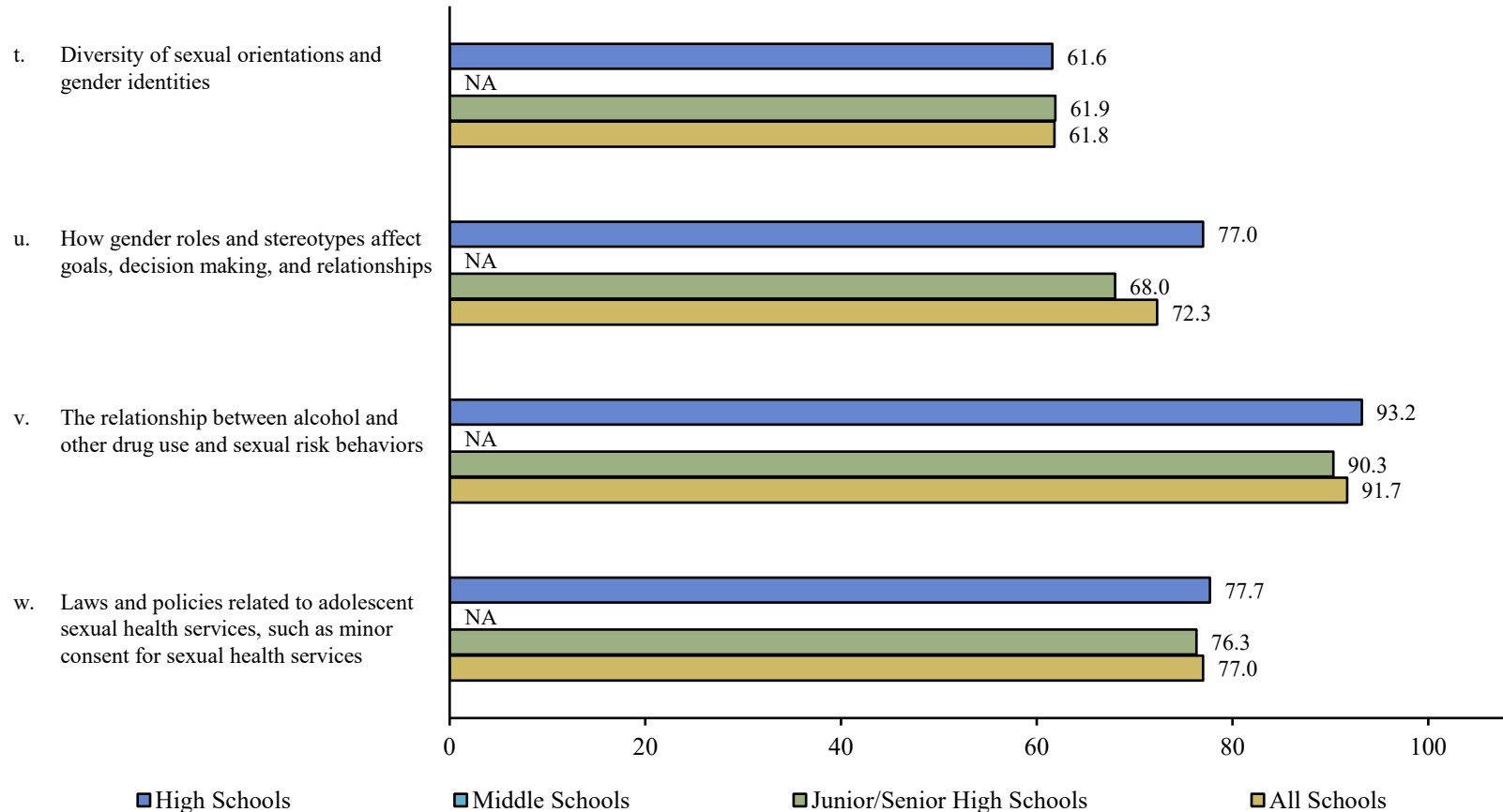




## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

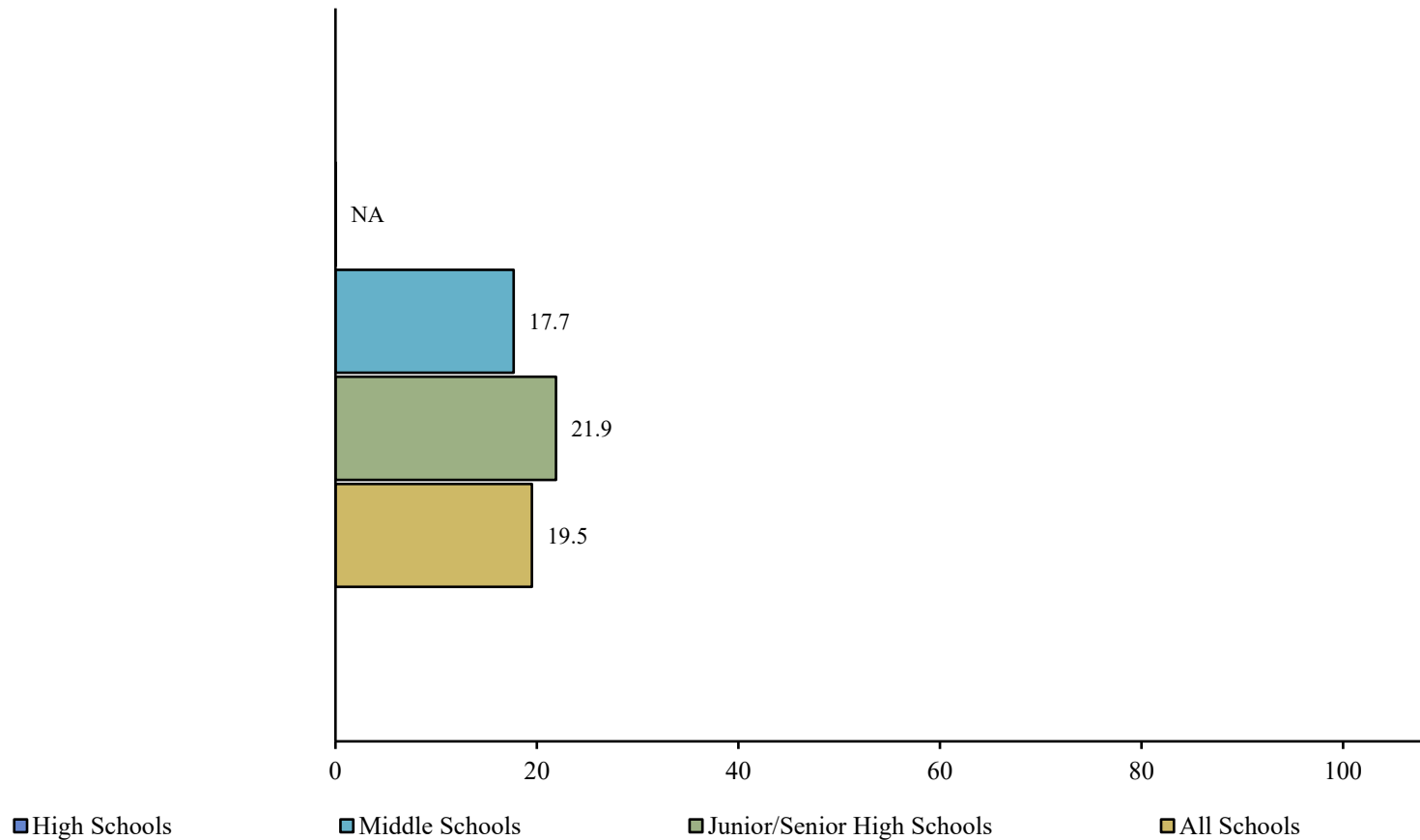
12. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11 or 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12N\_1. Percentage of schools that taught all 23 sexual health topics in any of grades 6, 7, or 8 during the current school year.\*



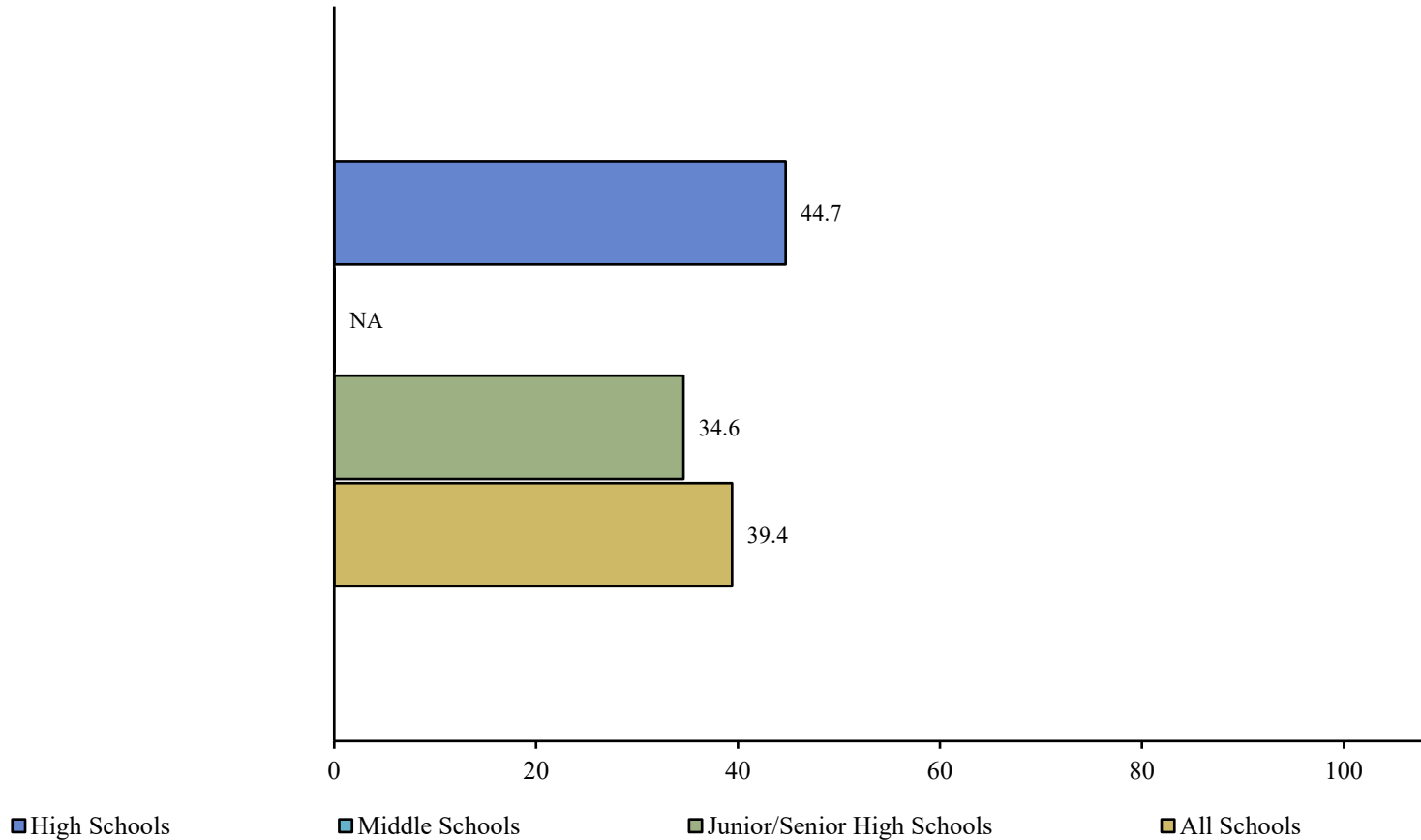
\*Responses to question 12 a through w all are “yes.”

NA = Not available

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12N\_2. Percentage of schools that taught all 23 sexual health topics in any of grades 9, 10, 11 or 12 during the current school year.\*



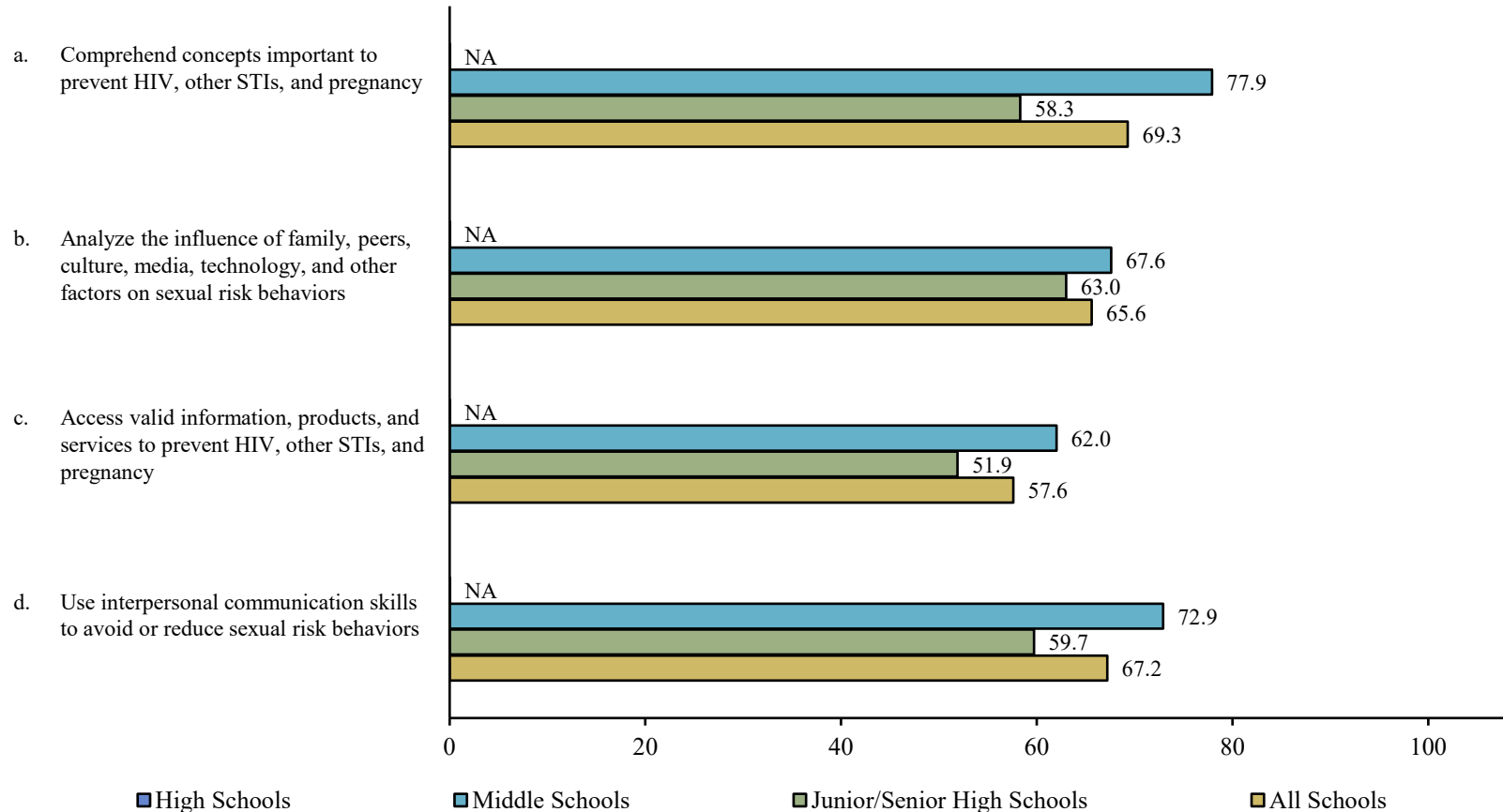
\*Responses to question 12 a through w all are “yes.”

NA = Not available

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

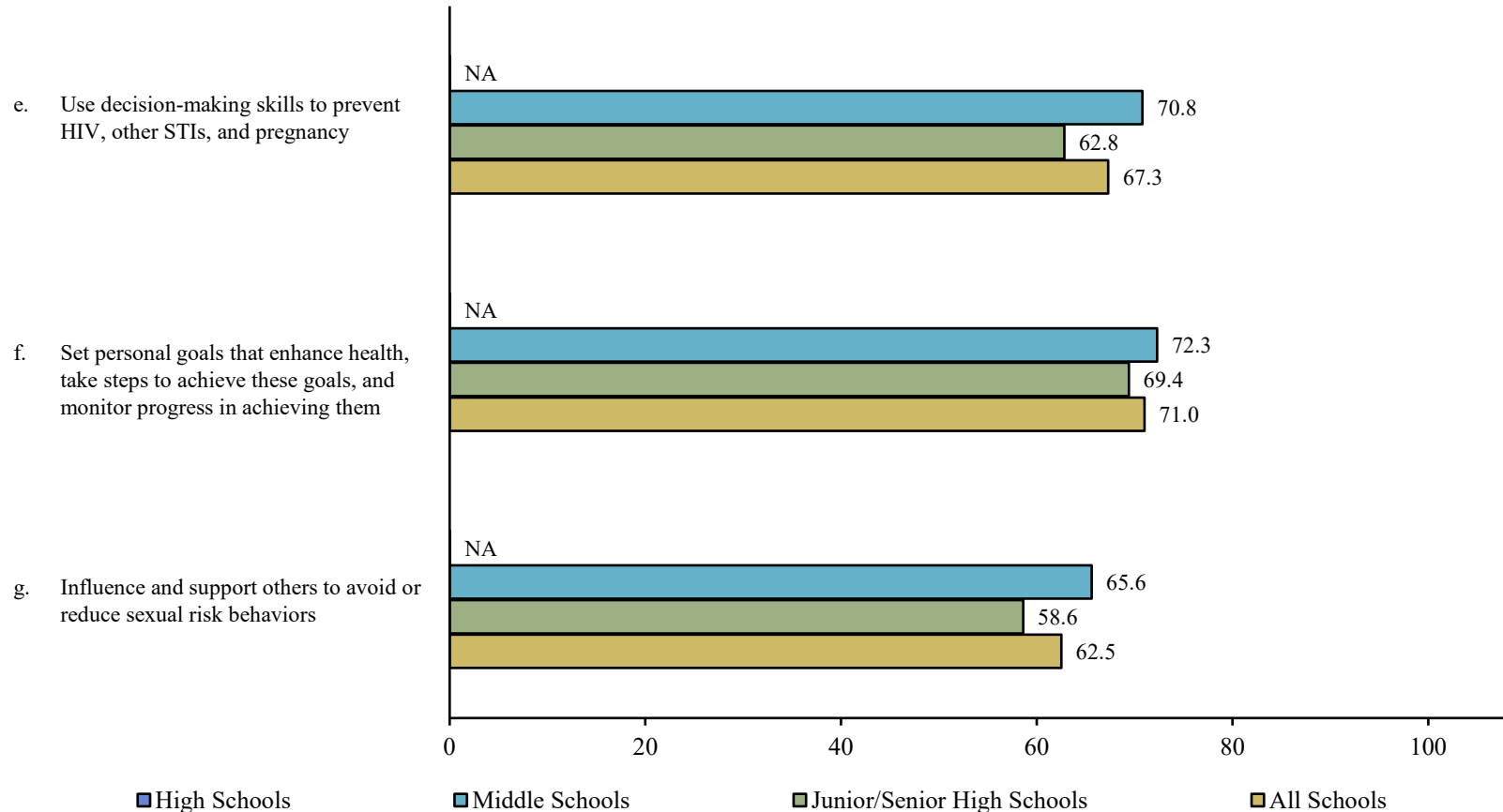
13. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

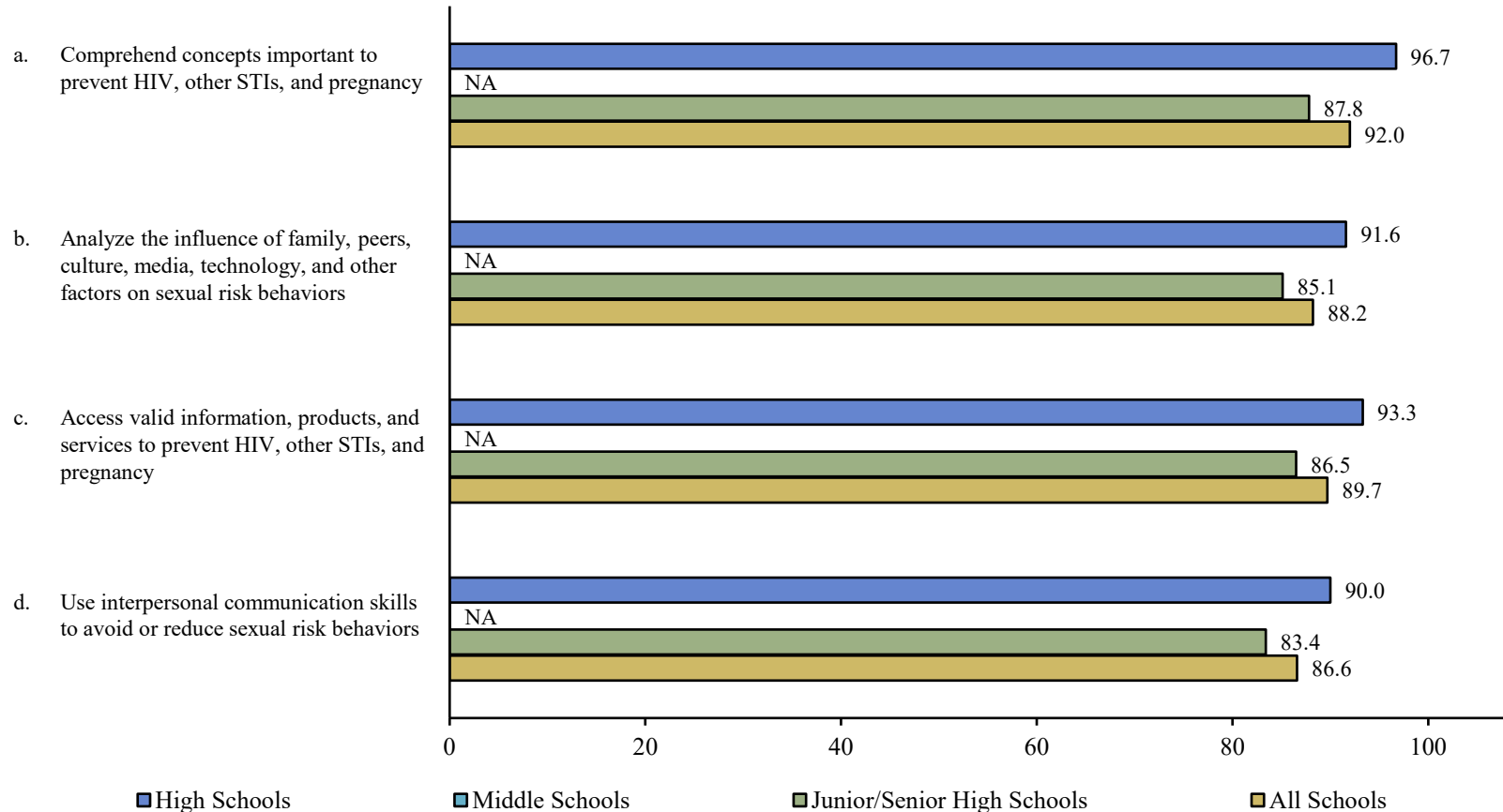
13. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

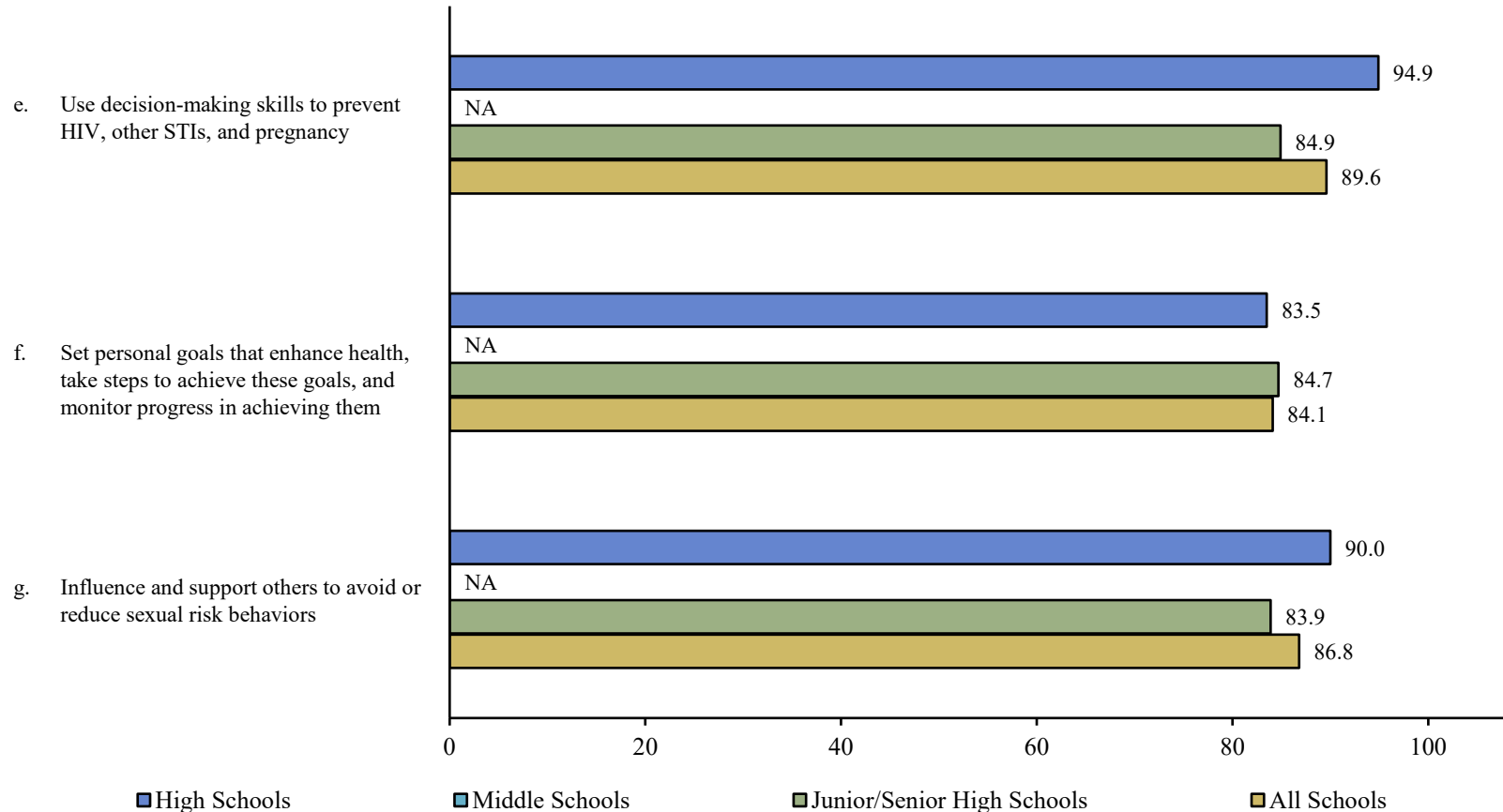
13. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

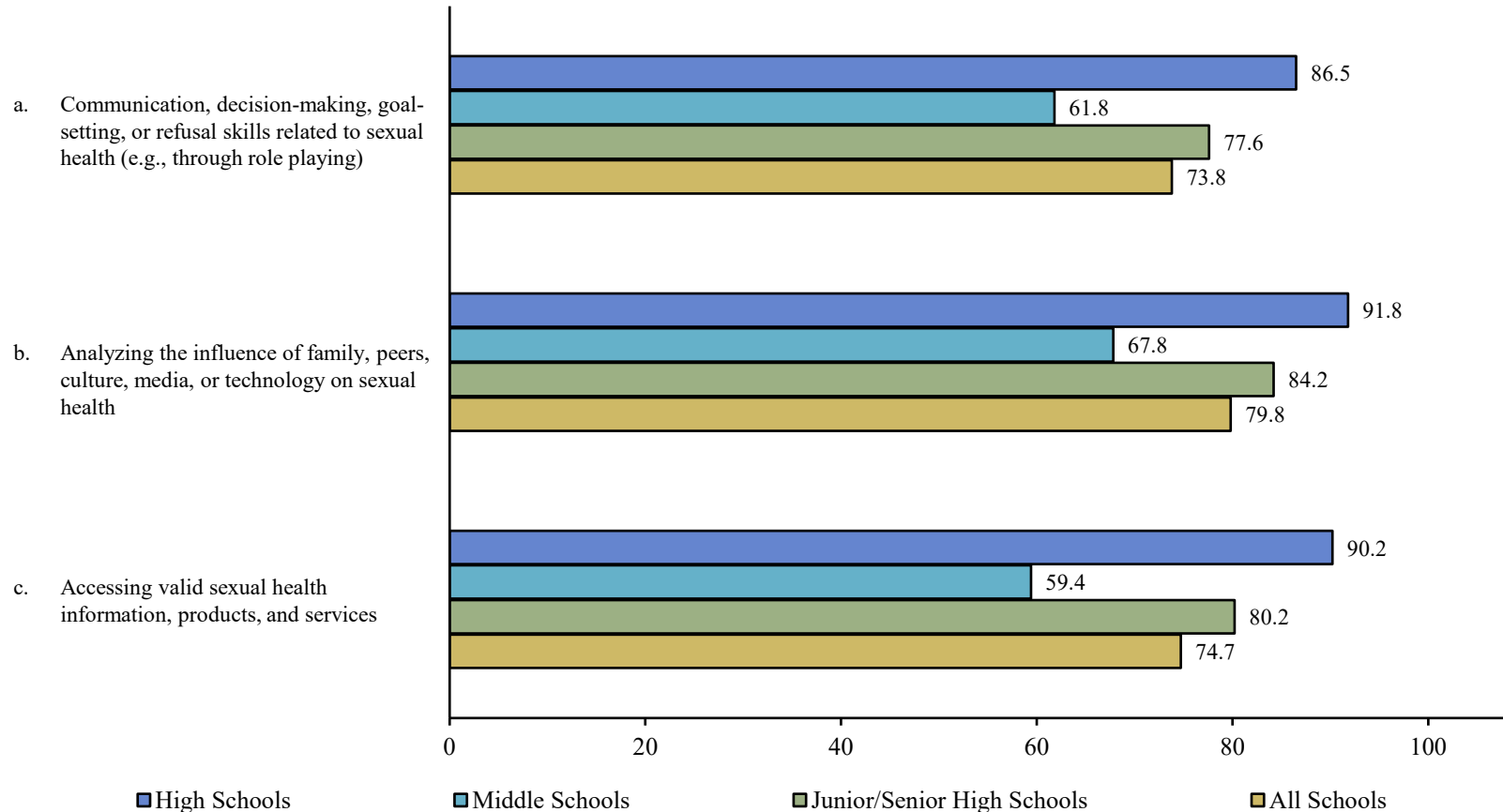
13. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

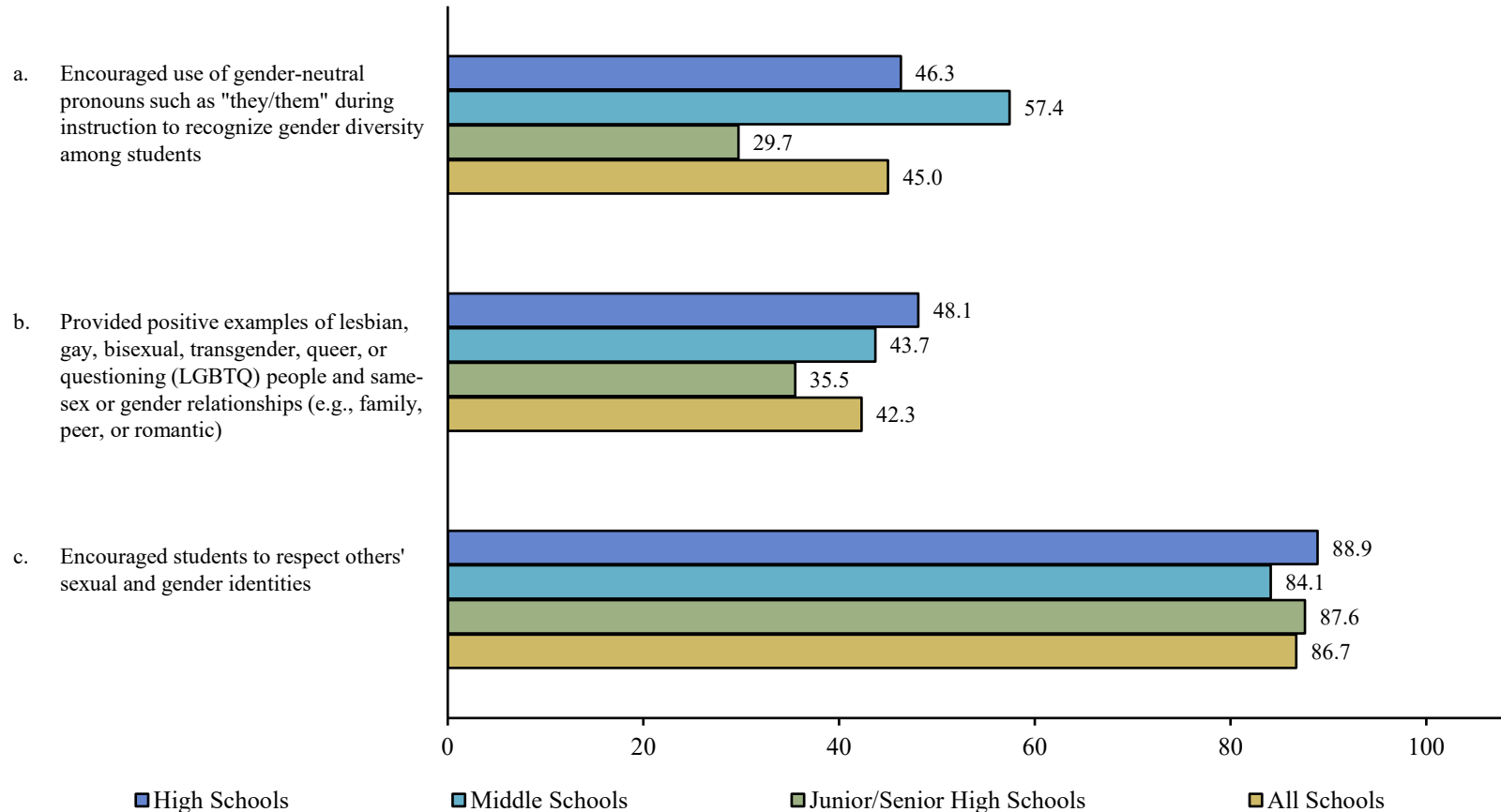




## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.\*

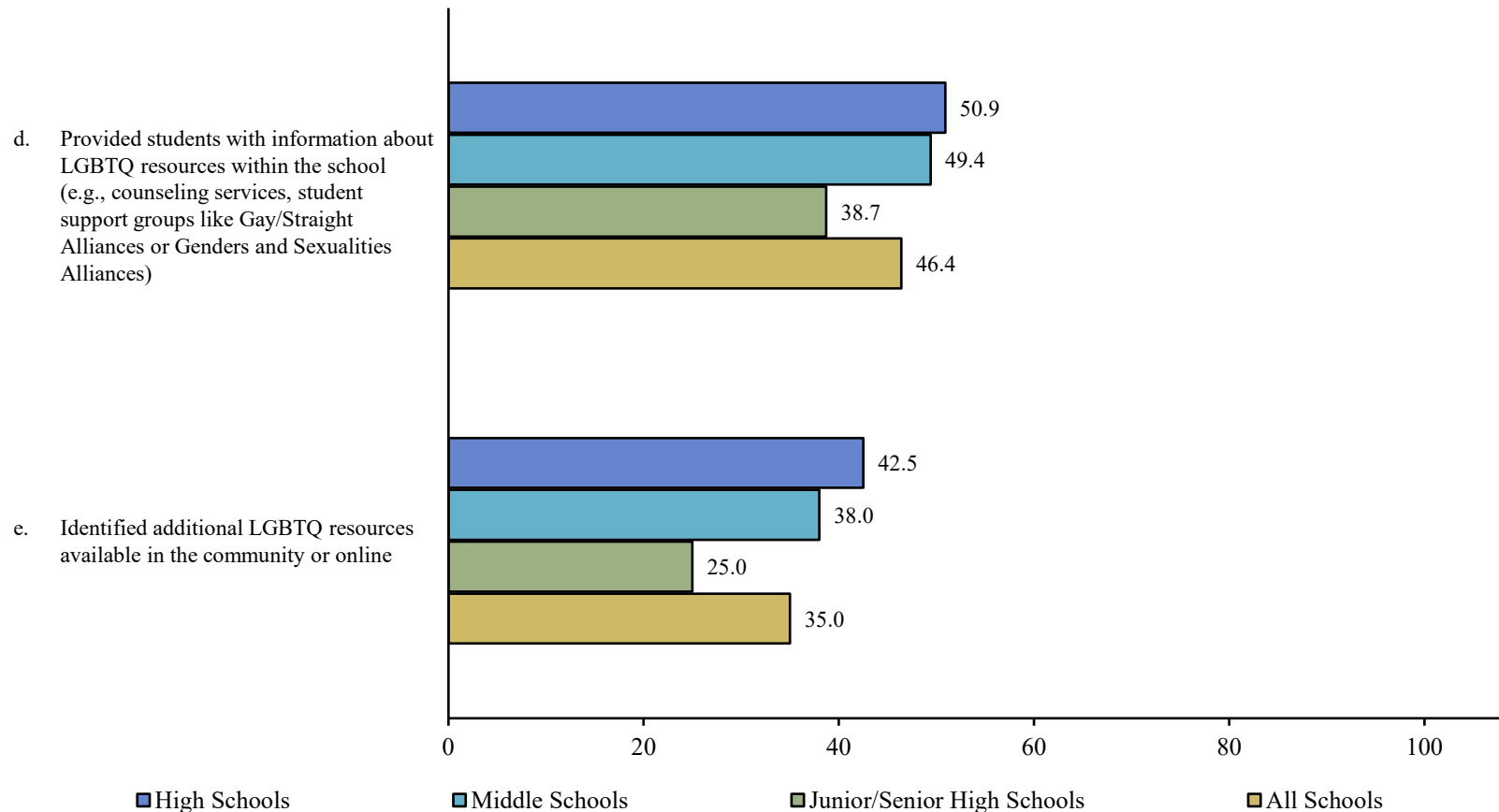


\*Among schools that teach sexual health education.

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.\*

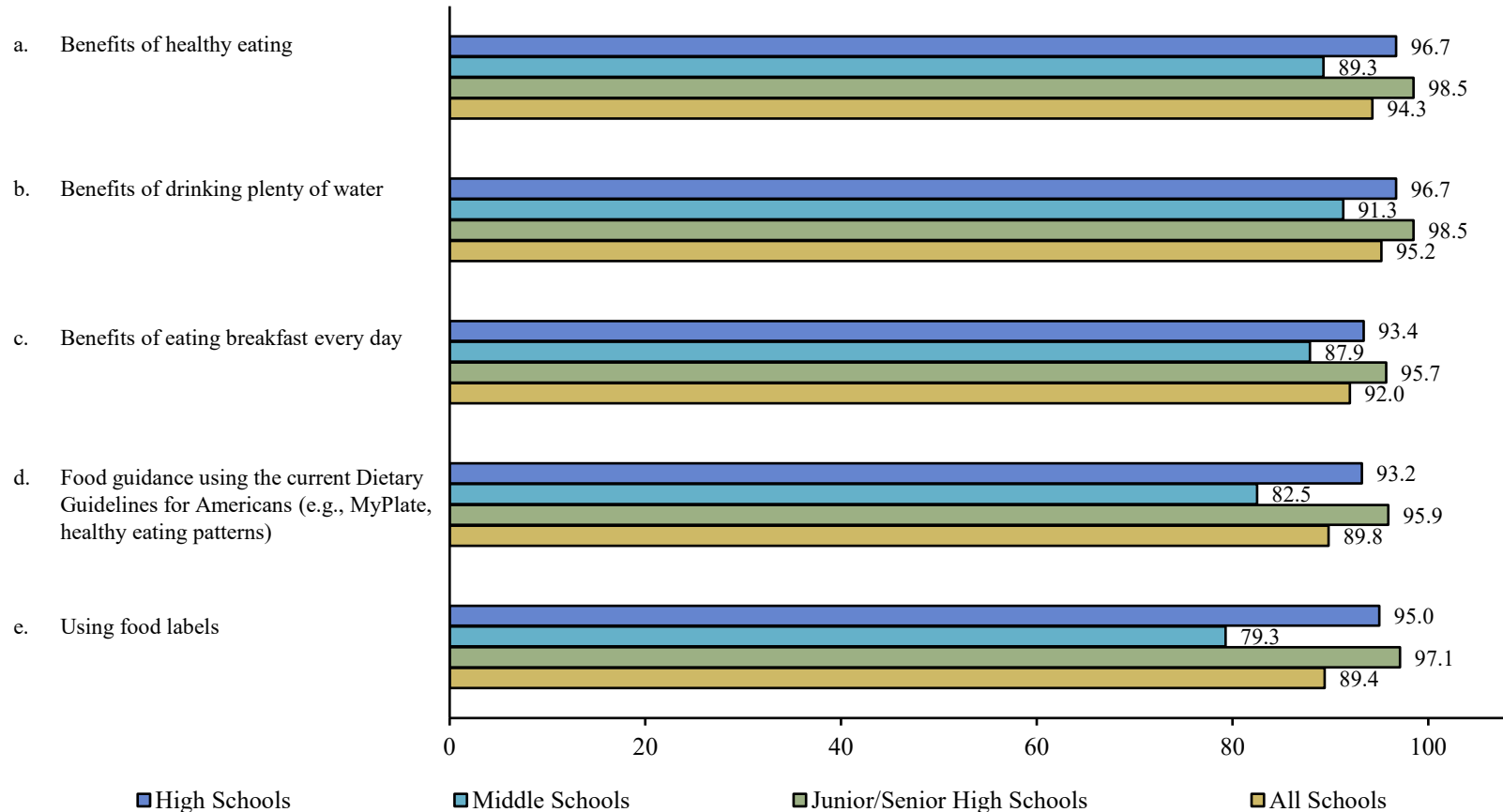


\*Among schools that teach sexual health education.

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

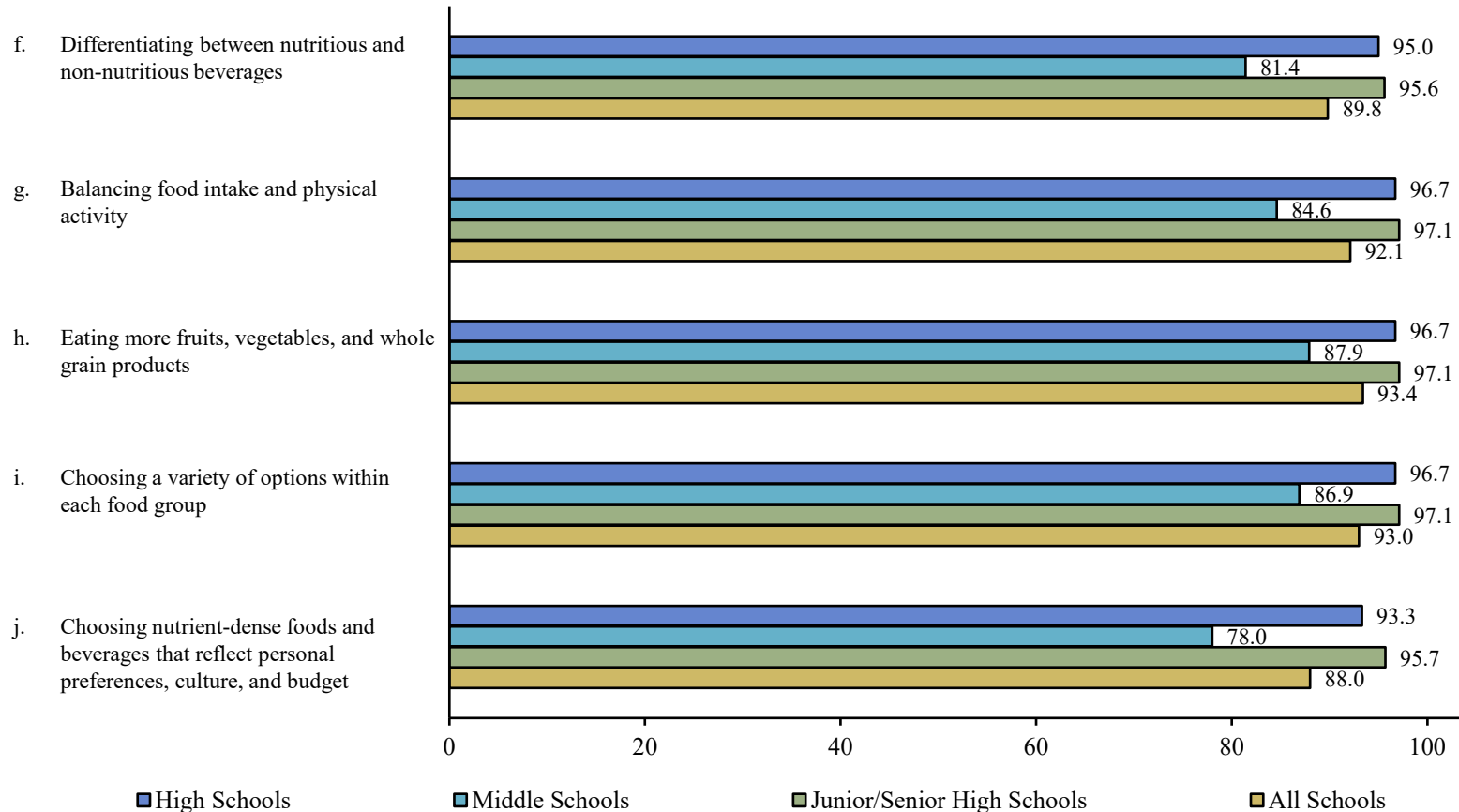
16. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

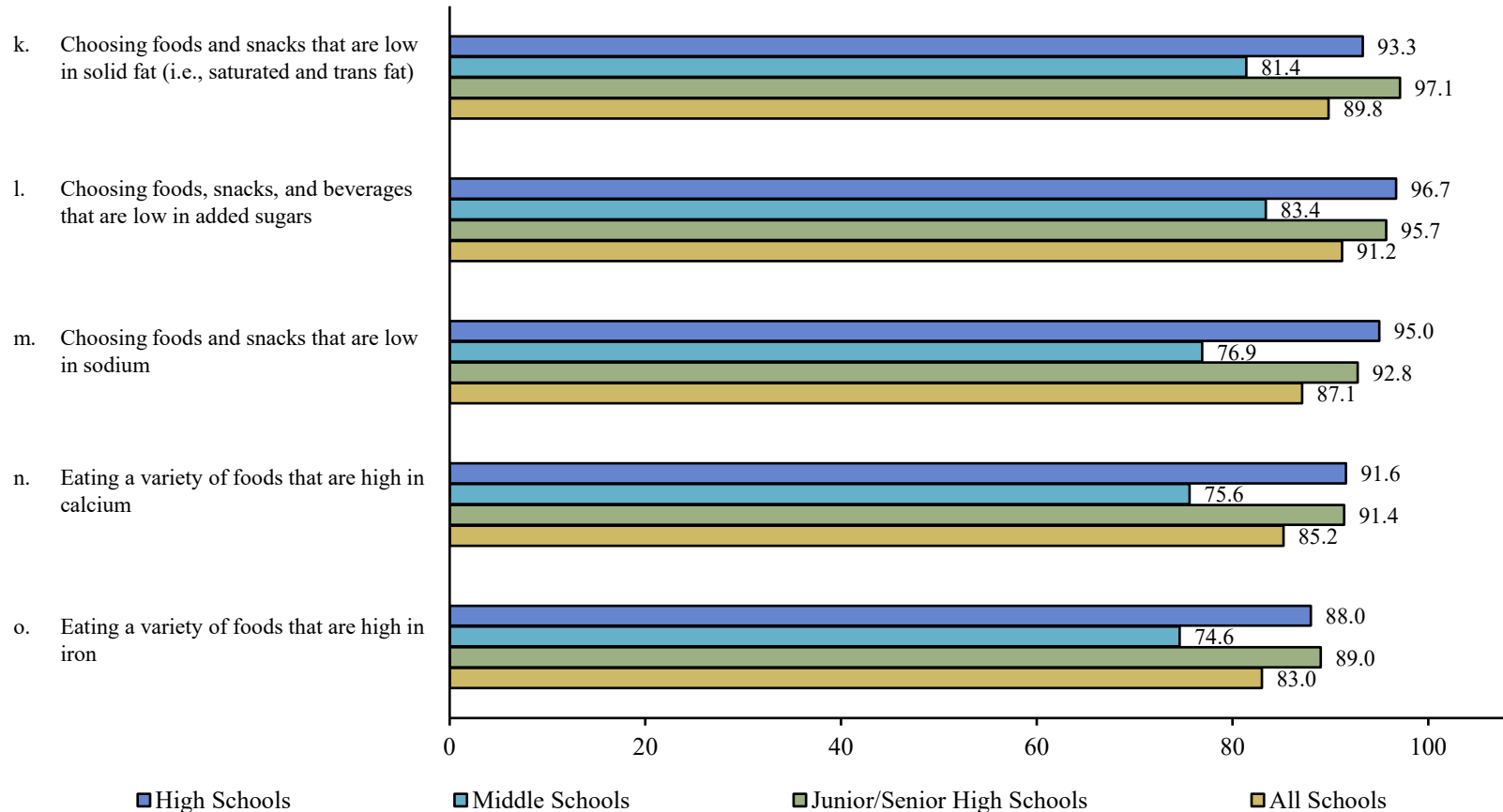
16. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

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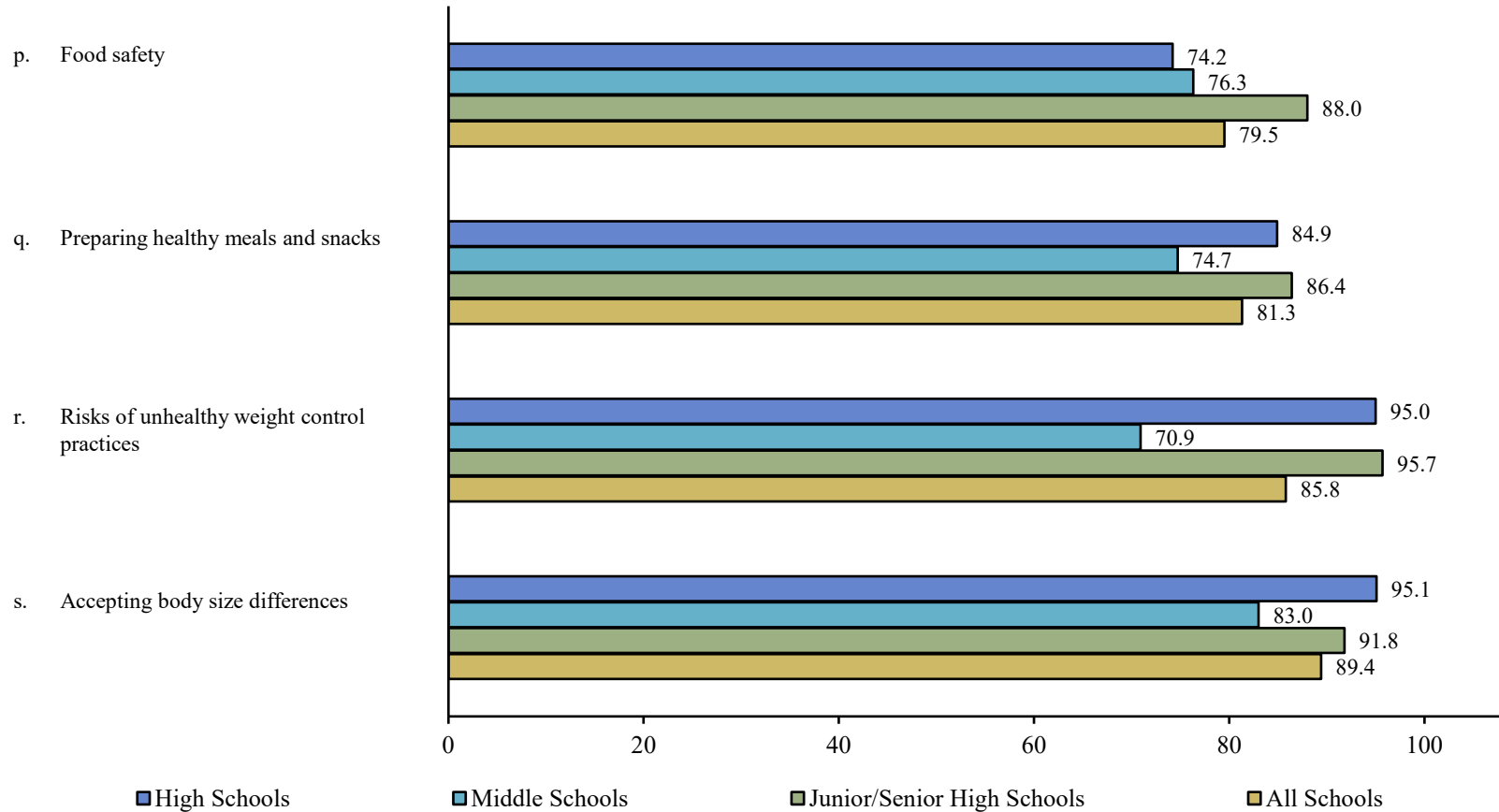
16. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

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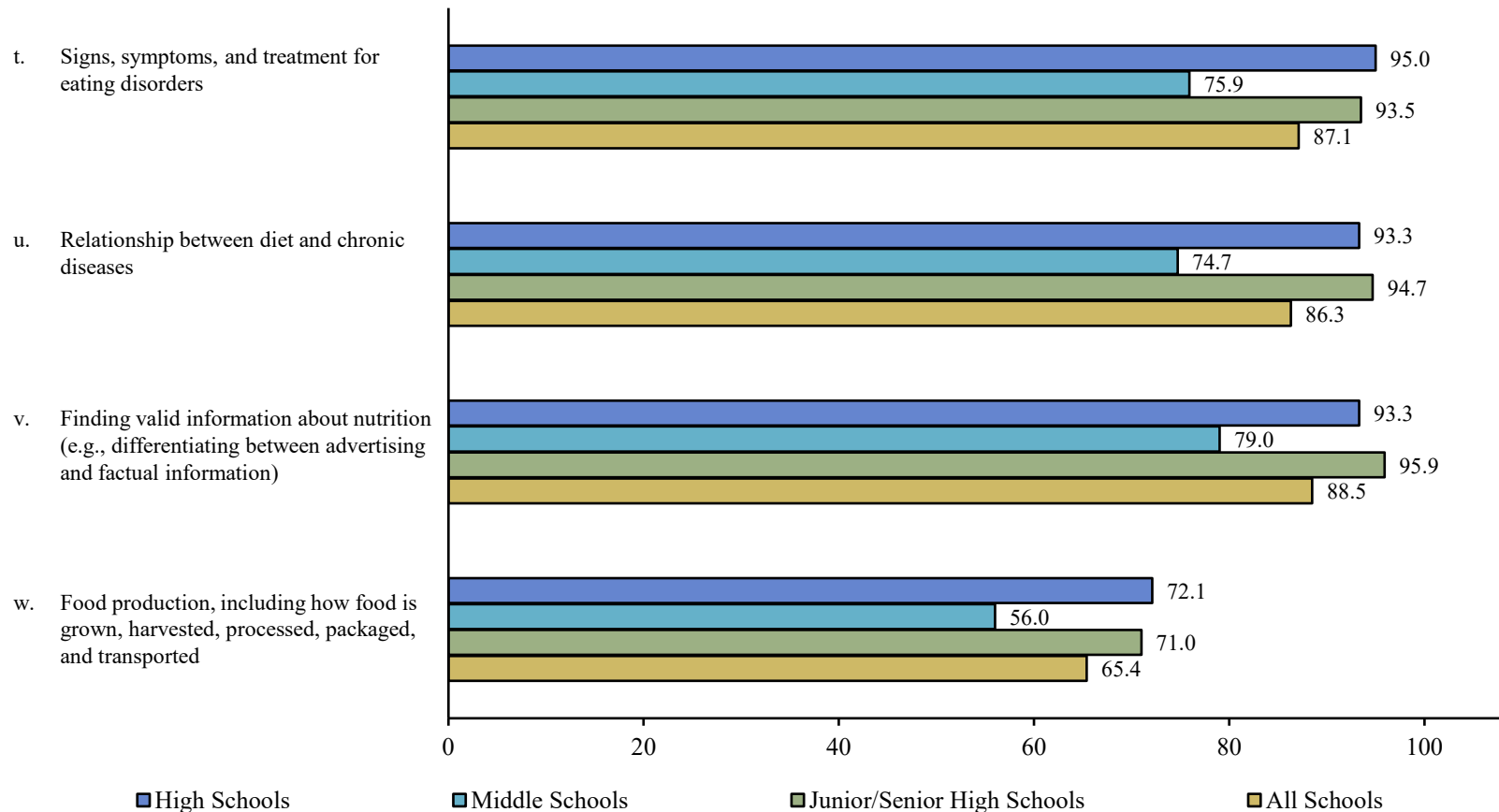
16. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

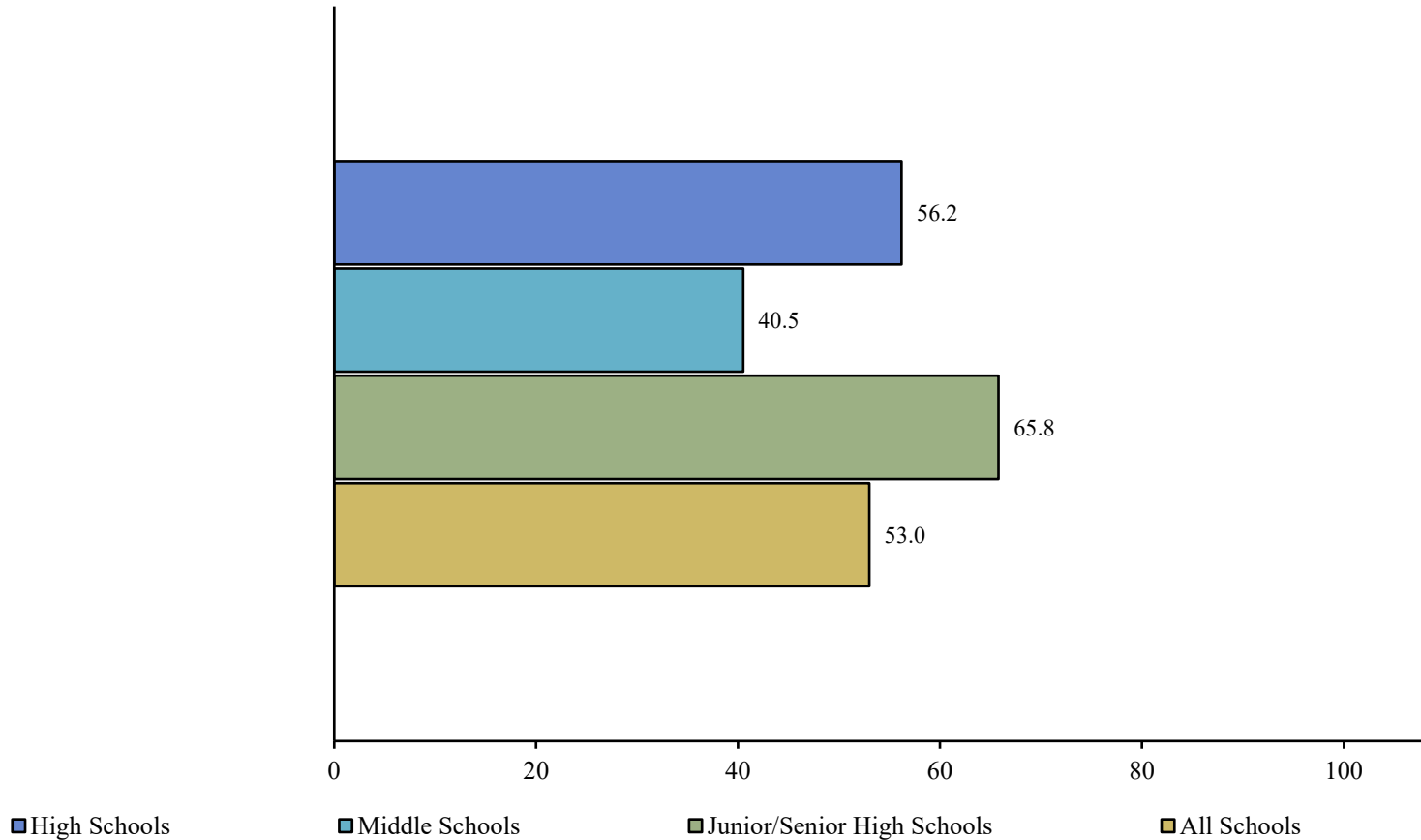


## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

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16N. Percentage of schools that taught all 23 nutrition and dietary behavior topics during the current school year.\*



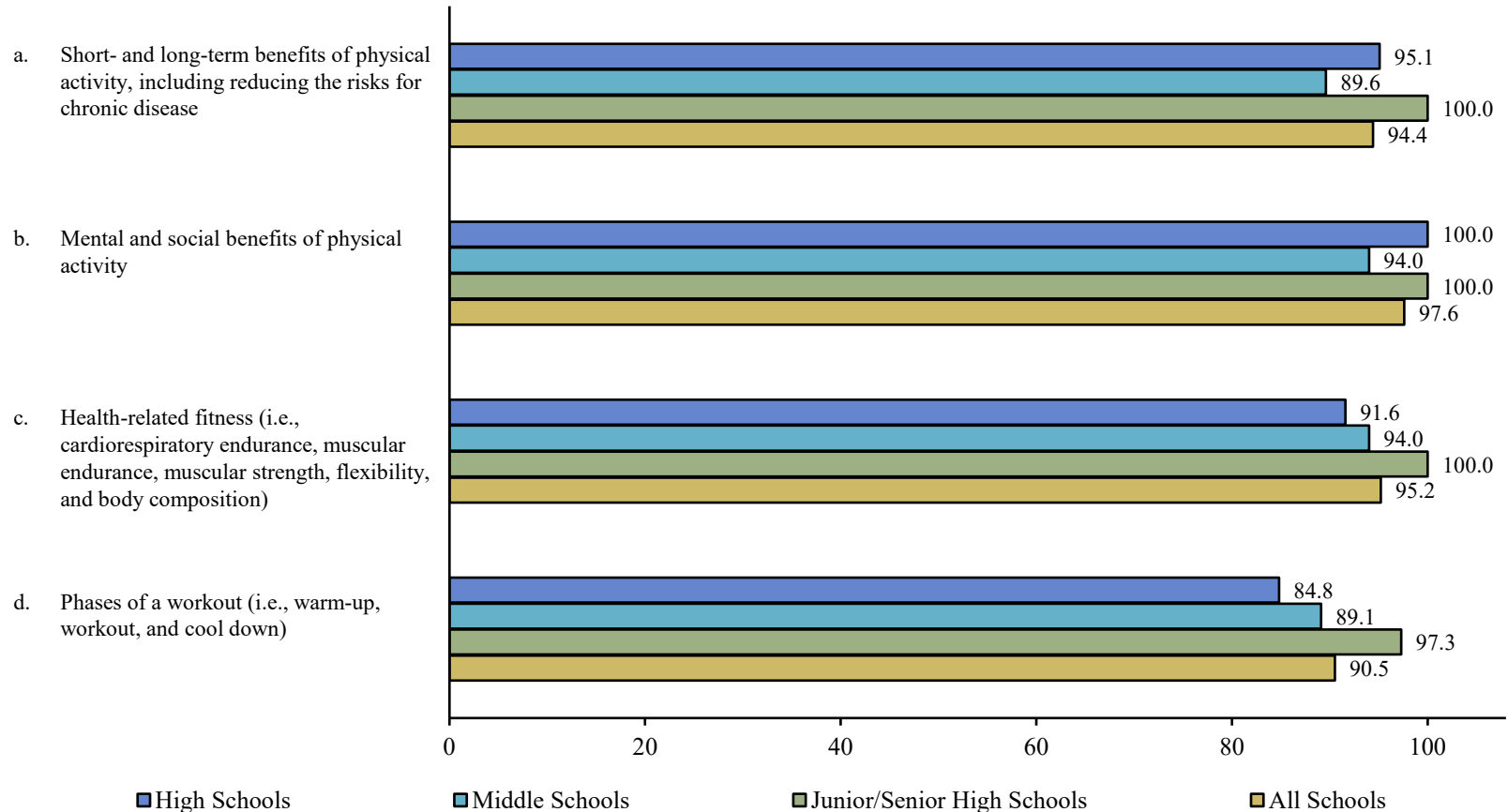
\*Responses to question 16a through w all are "yes."



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

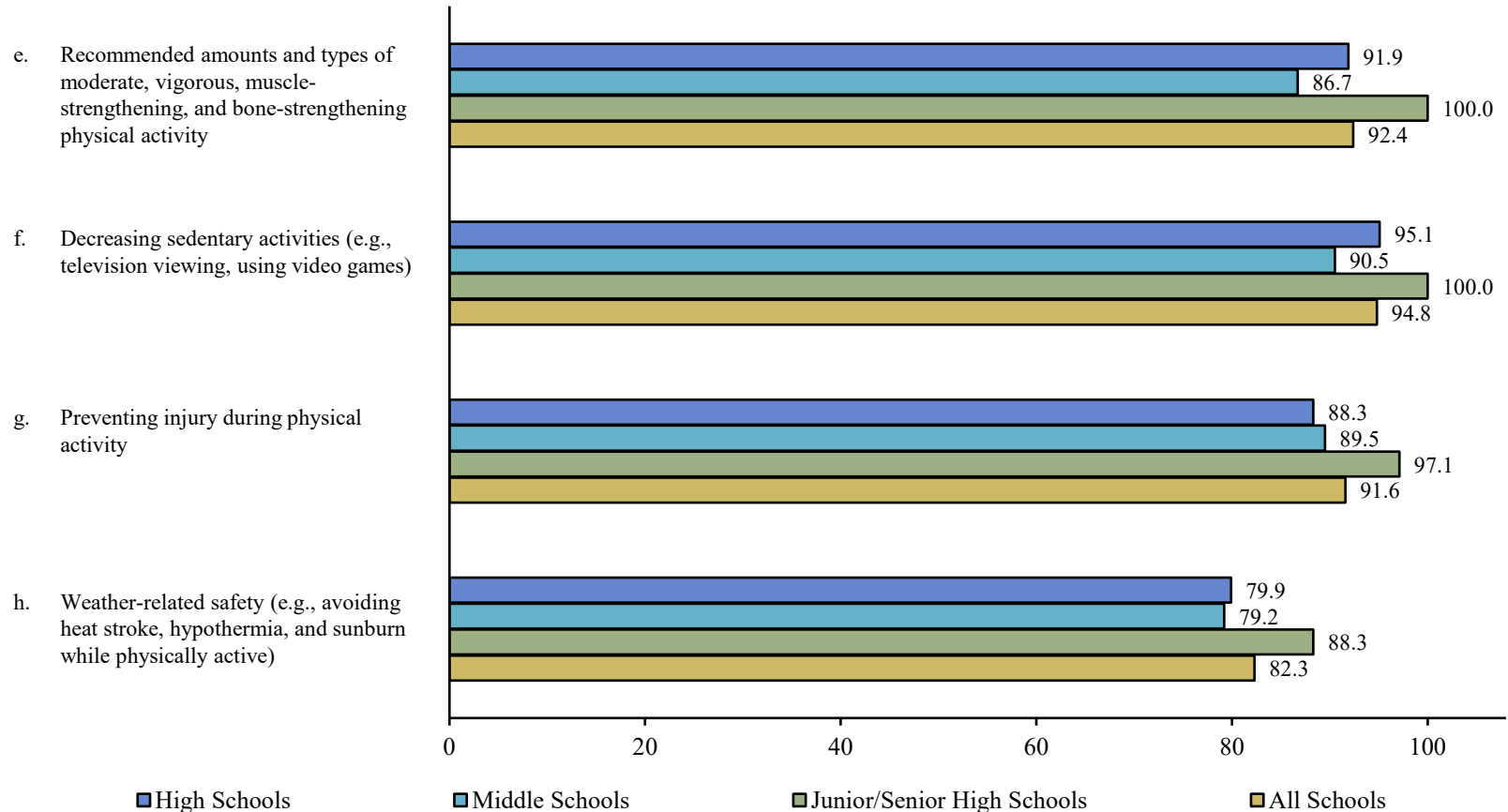
17. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

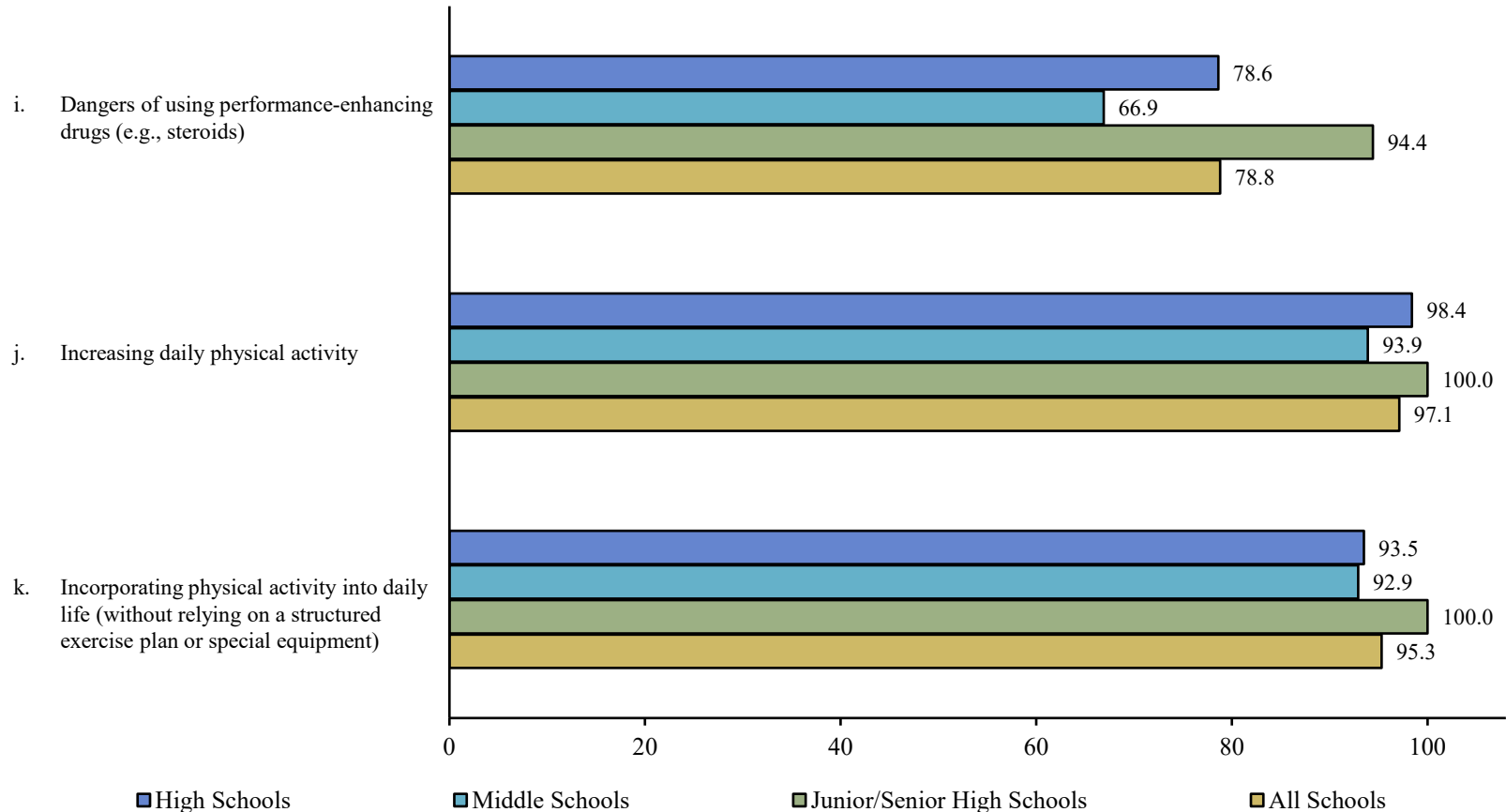
17. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

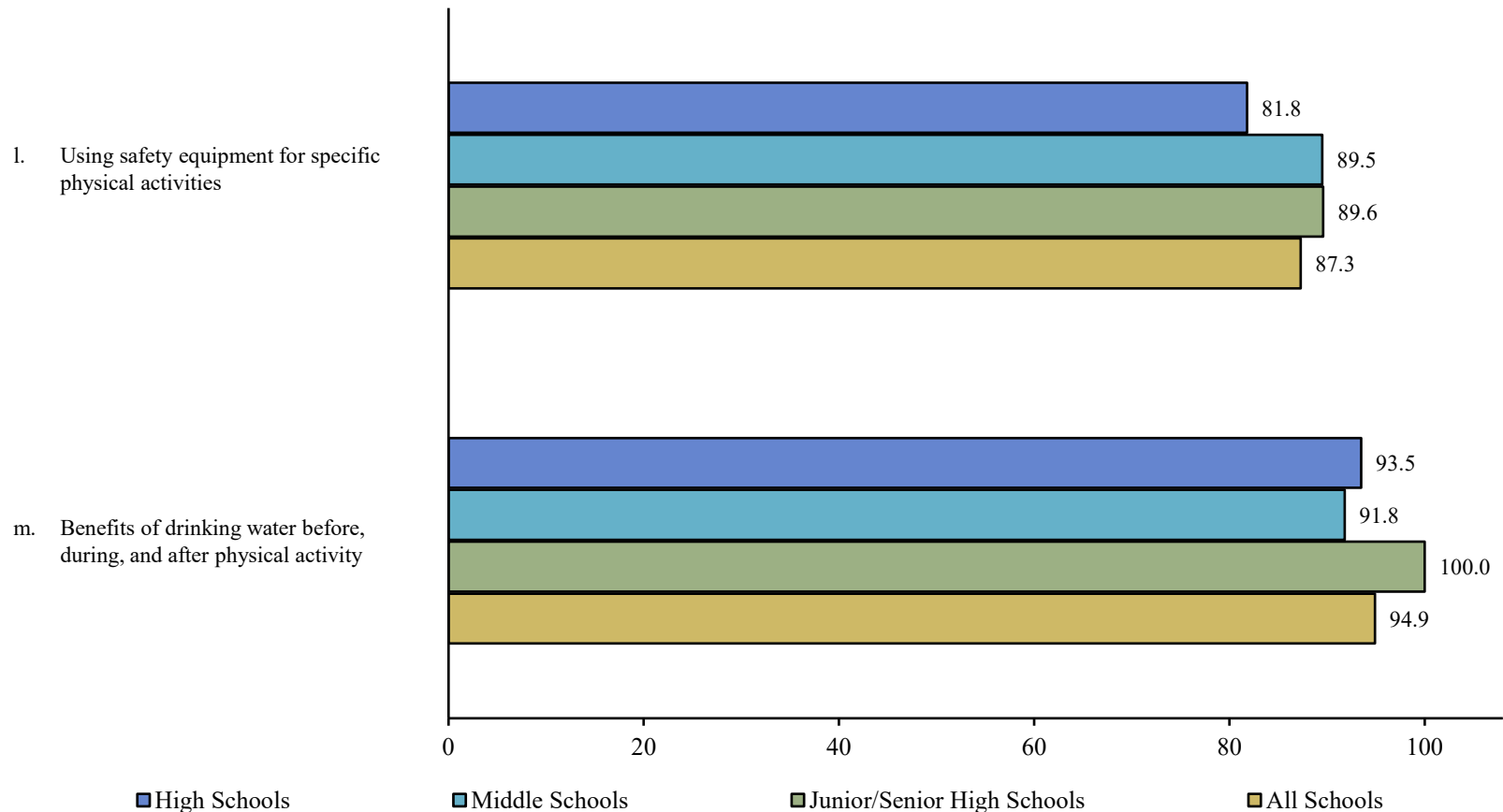
17. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

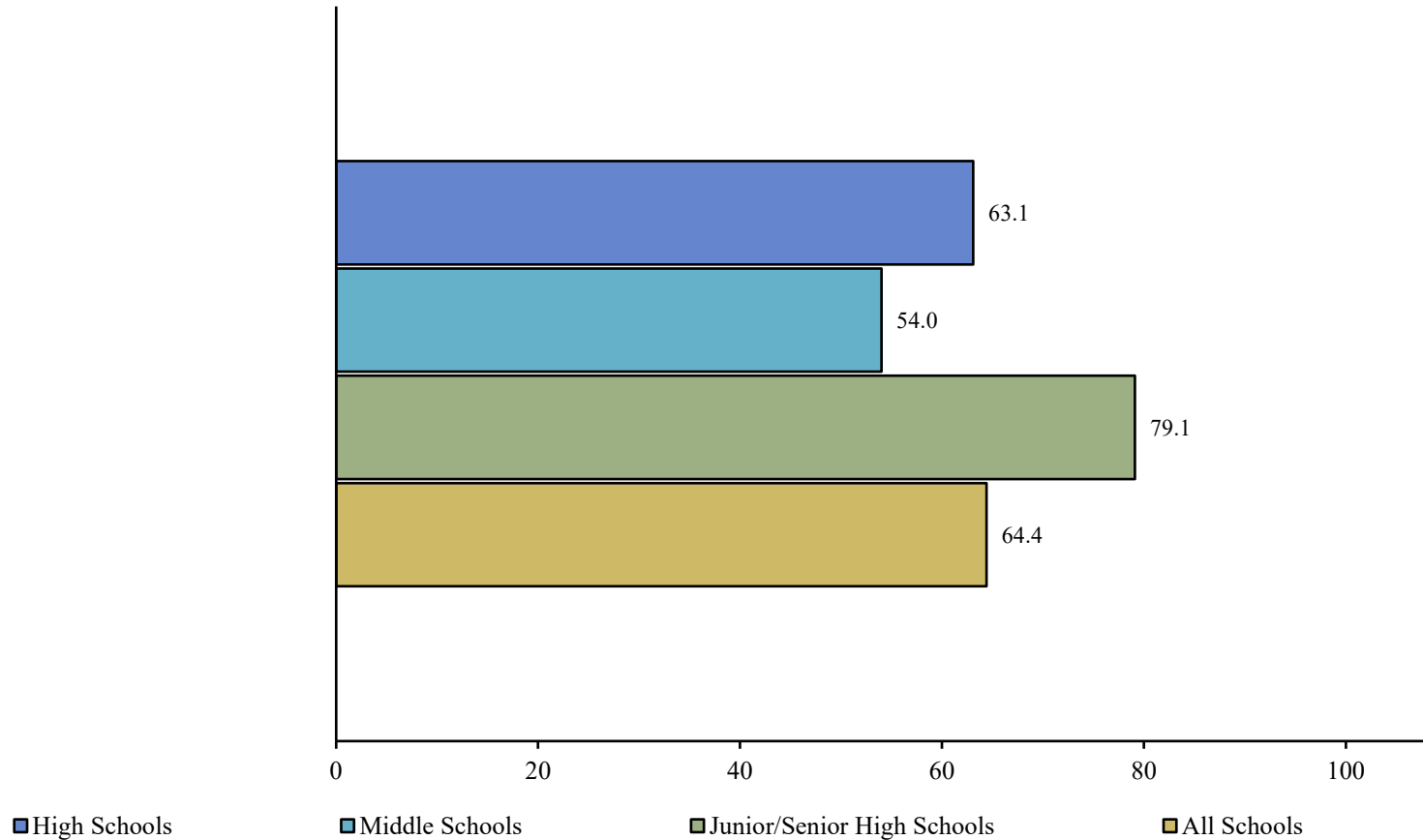


## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

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17N. Percentage of schools that taught all 13 physical activity topics during the current school year.\*

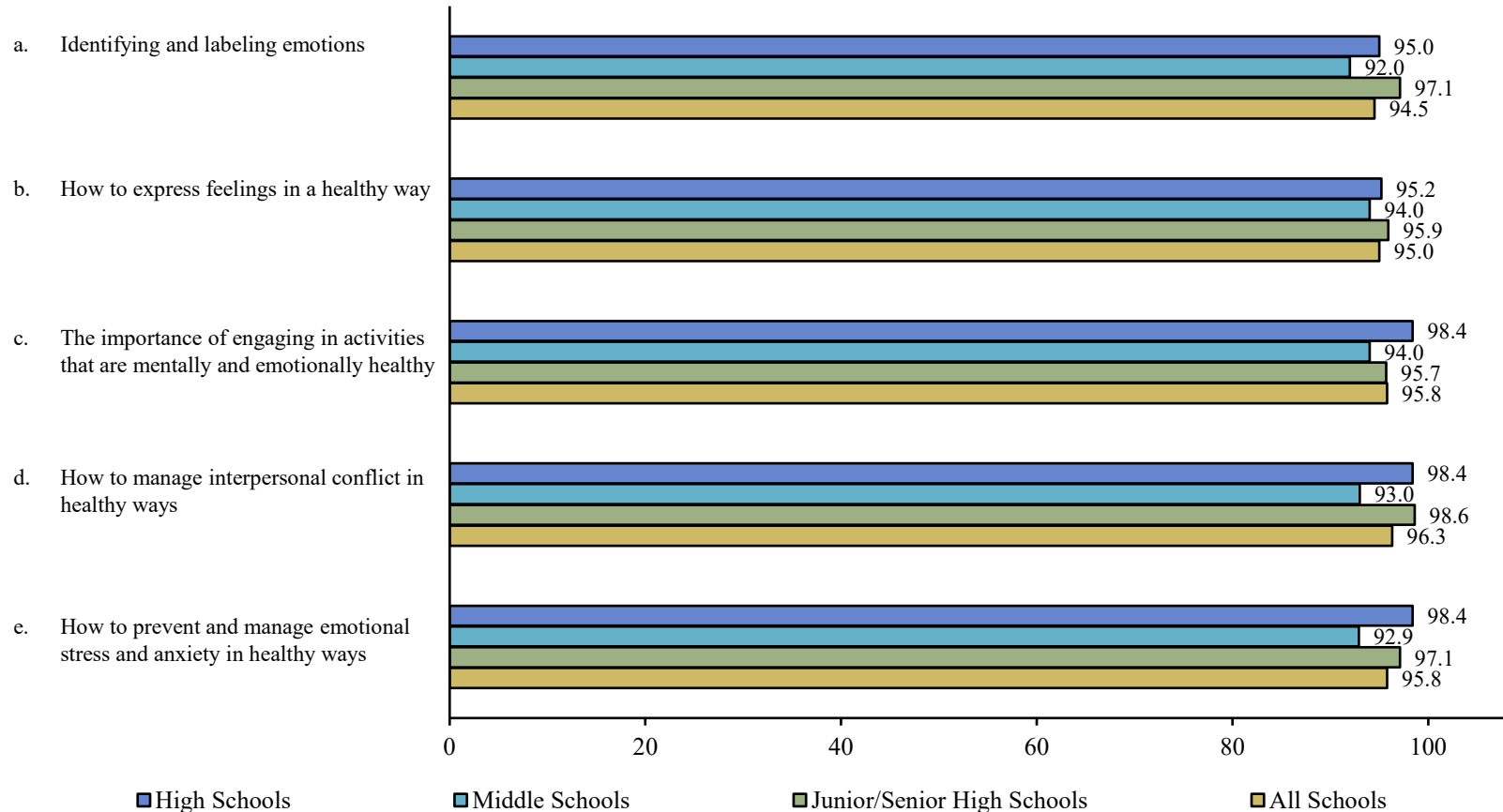


\*Responses to question 17a through m all are "yes."

## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

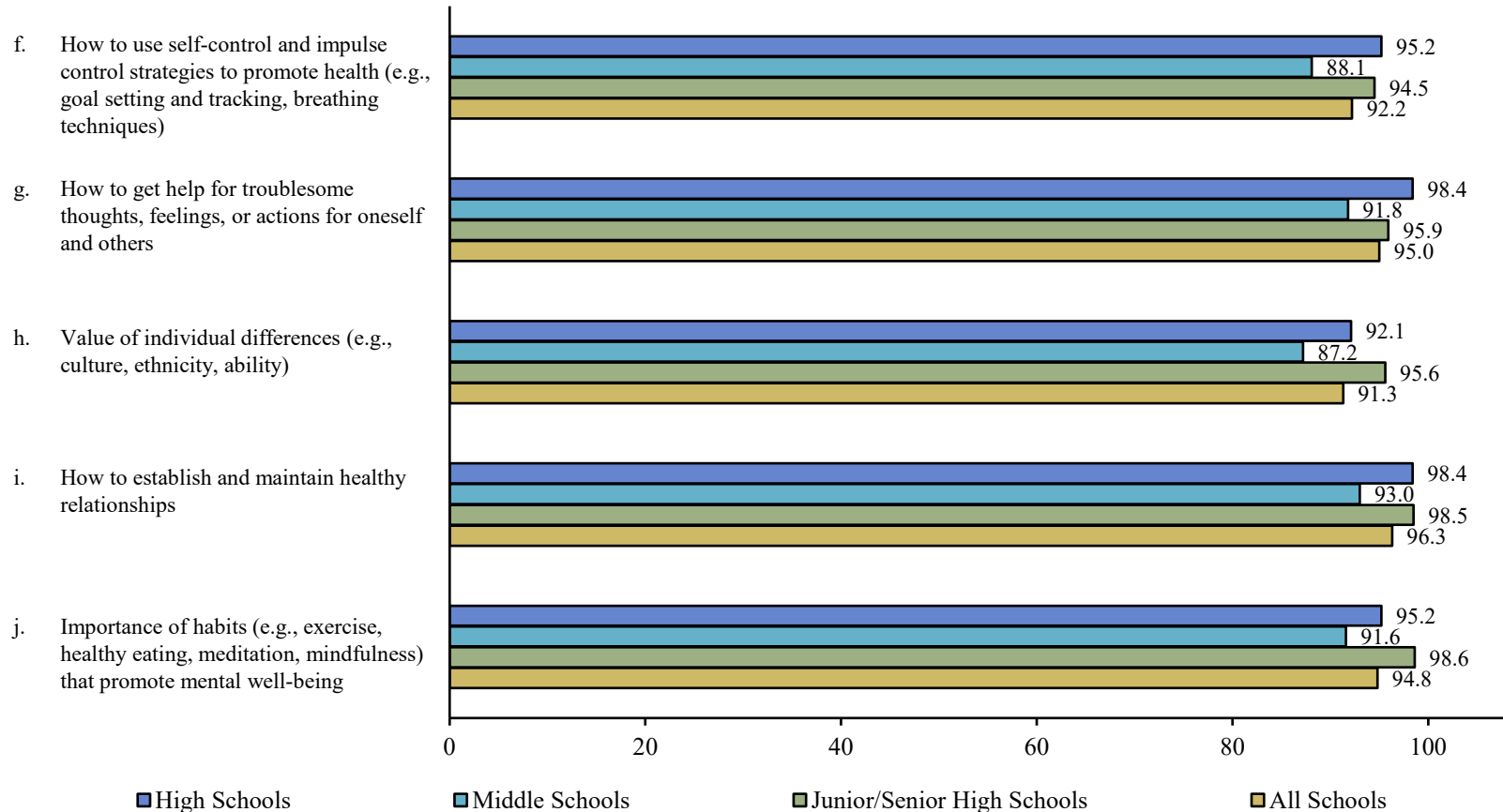
18. Percentage of schools in which teachers taught each of the following mental and emotional health topics in a required course for students in any of grades 6 through 12 during the current school year.



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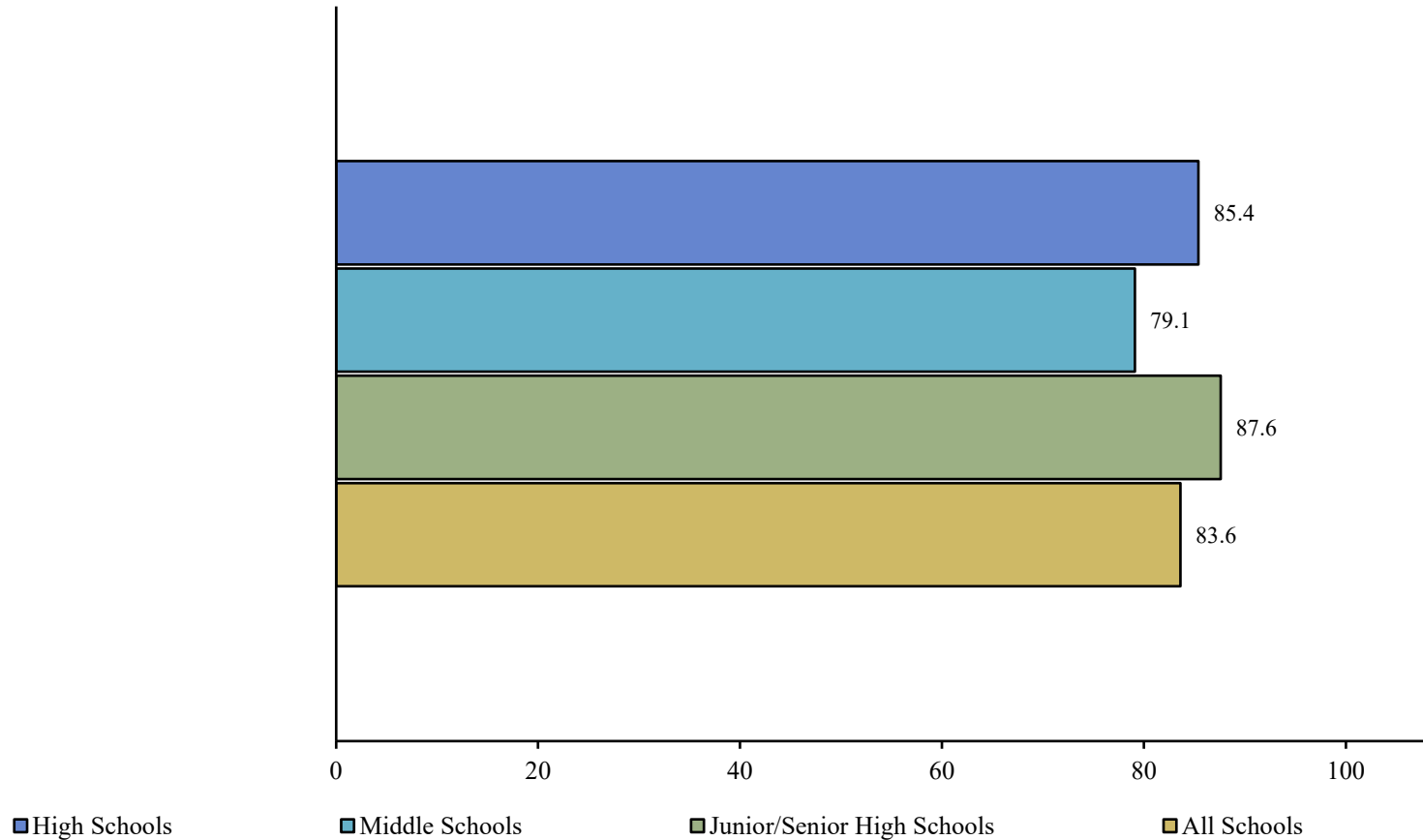
18. Percentage of schools in which teachers taught each of the following mental and emotional health topics in a required course for students in any of grades 6 through 12 during the current school year.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18N. Percentage of schools that taught all 10 mental and emotional health topics during the current school year.\*



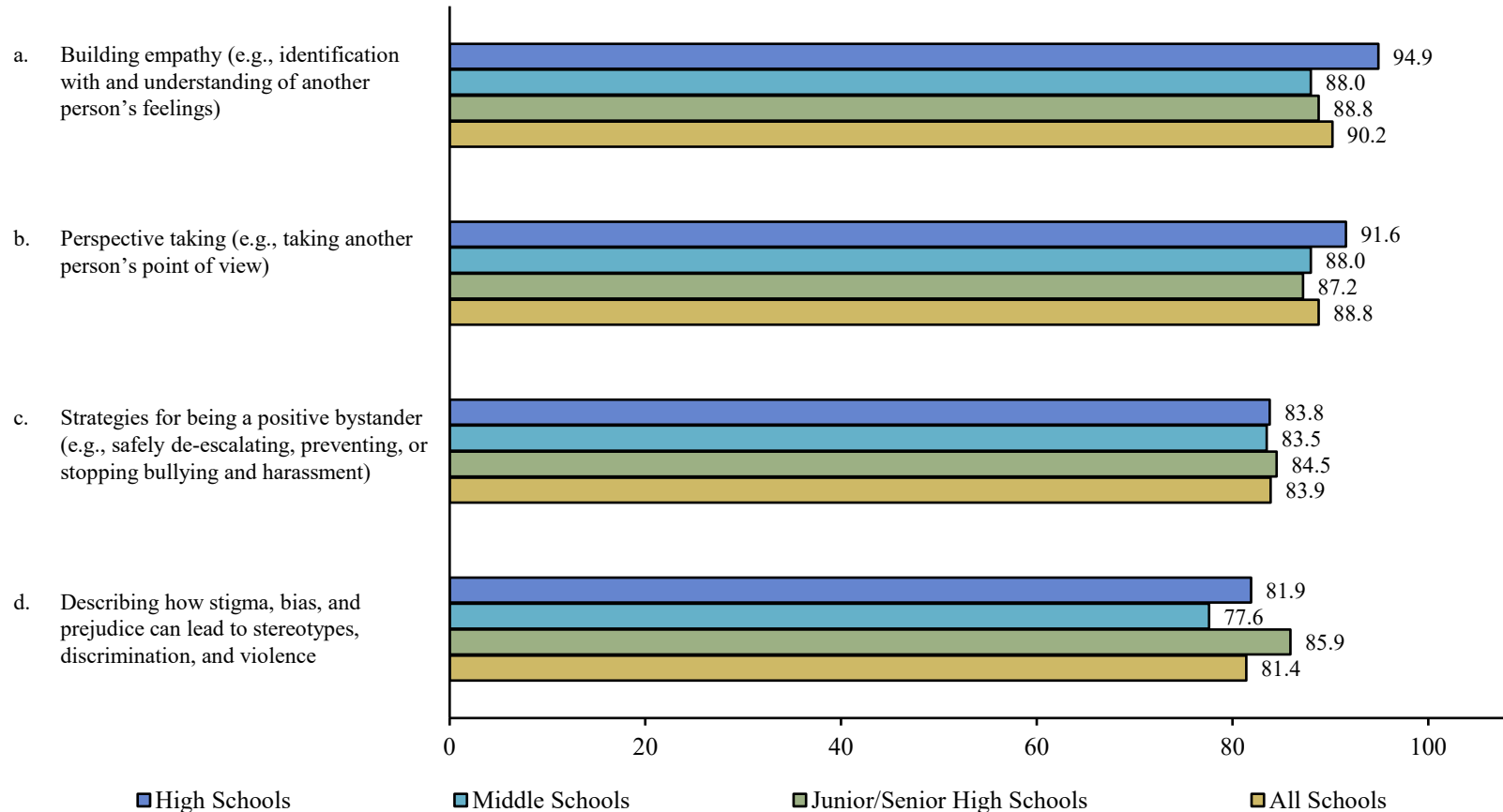
\*Responses to question 18a through j all are “yes.”



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

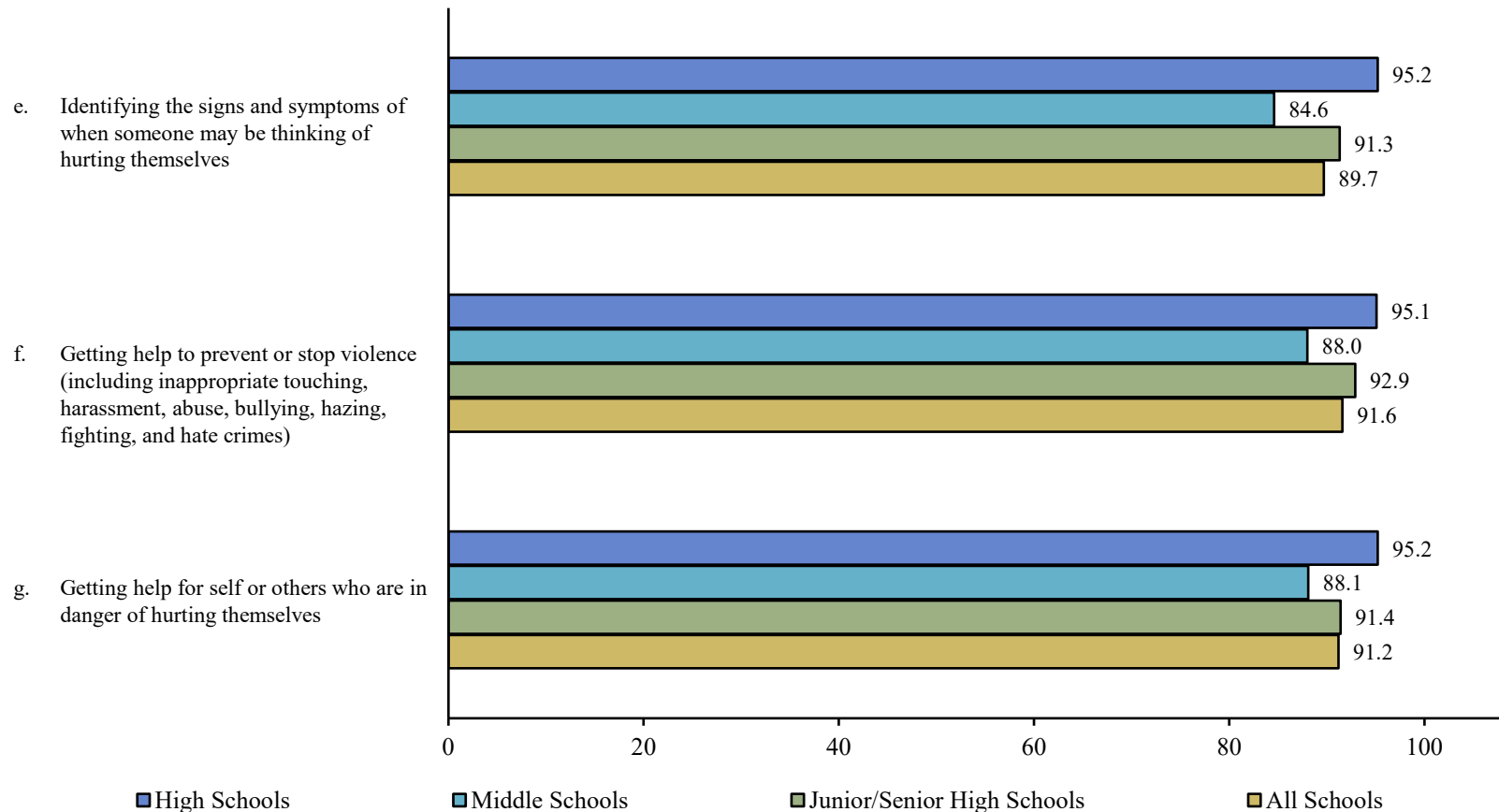
19. Percentage of schools in which teachers taught each of the following violence prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which teachers taught each of the following violence prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

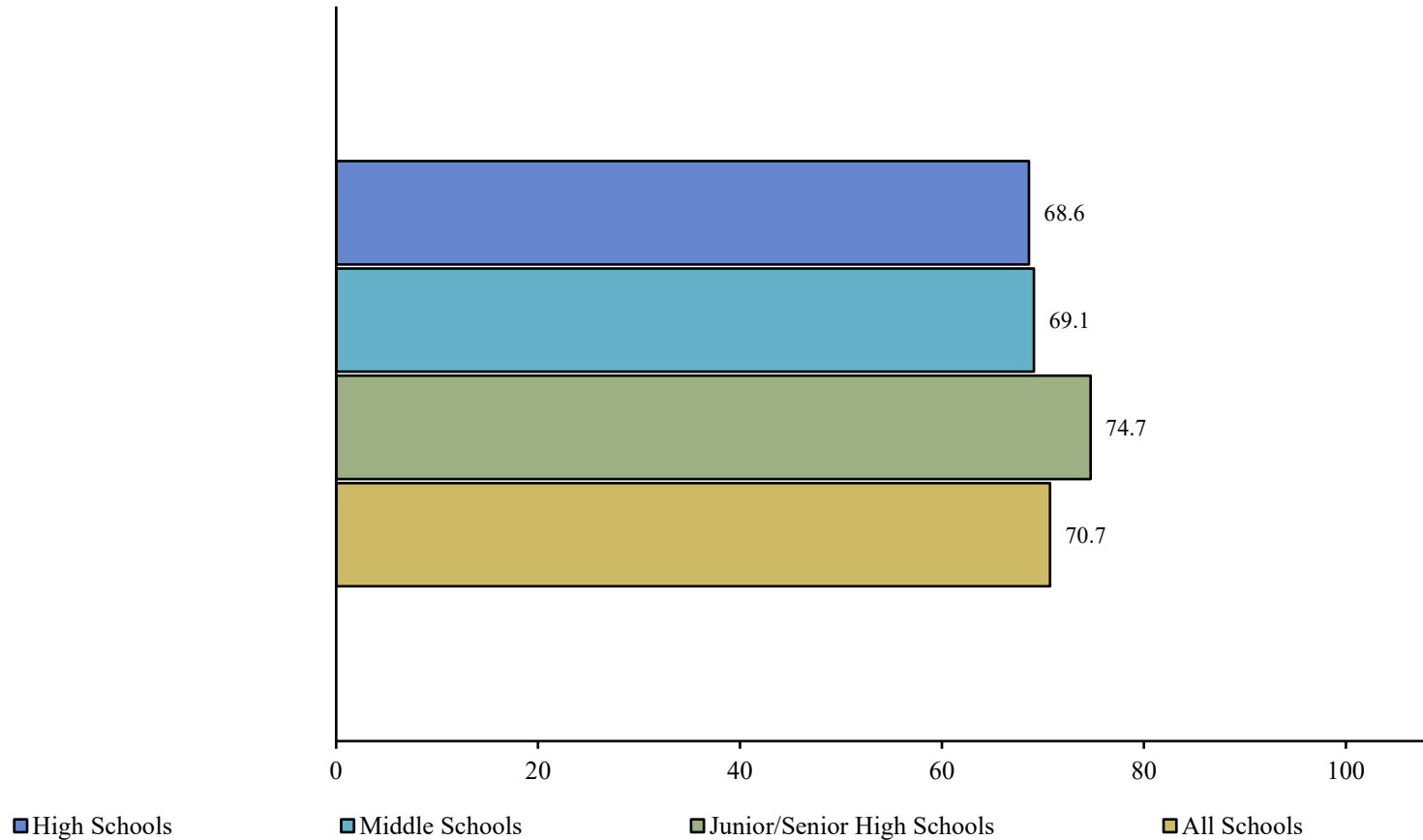


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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

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19N. Percentage of schools that taught all 7 violence prevention topics during the current school year.\*

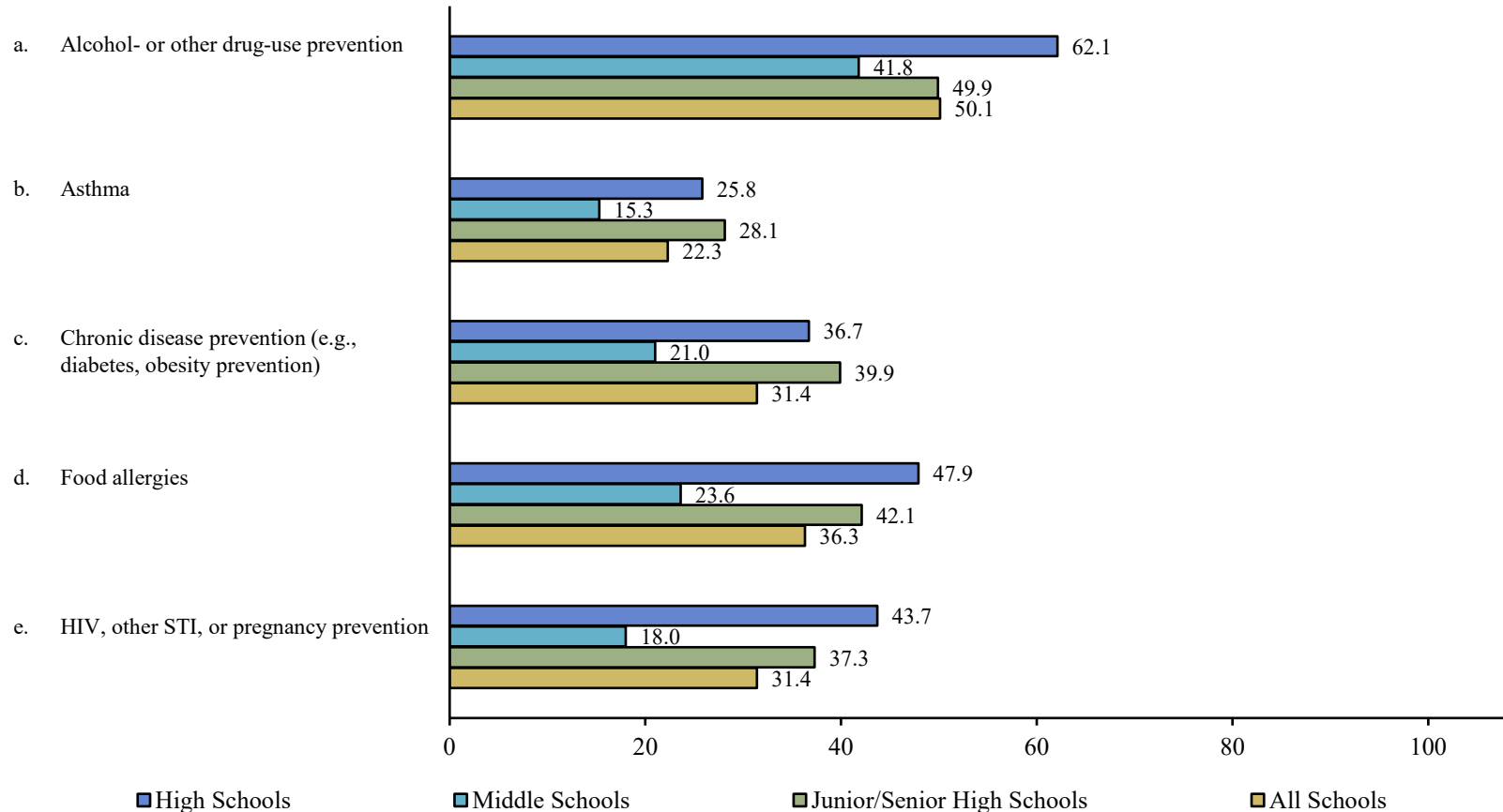


\*Responses to question 19a through g all are “yes.”

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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

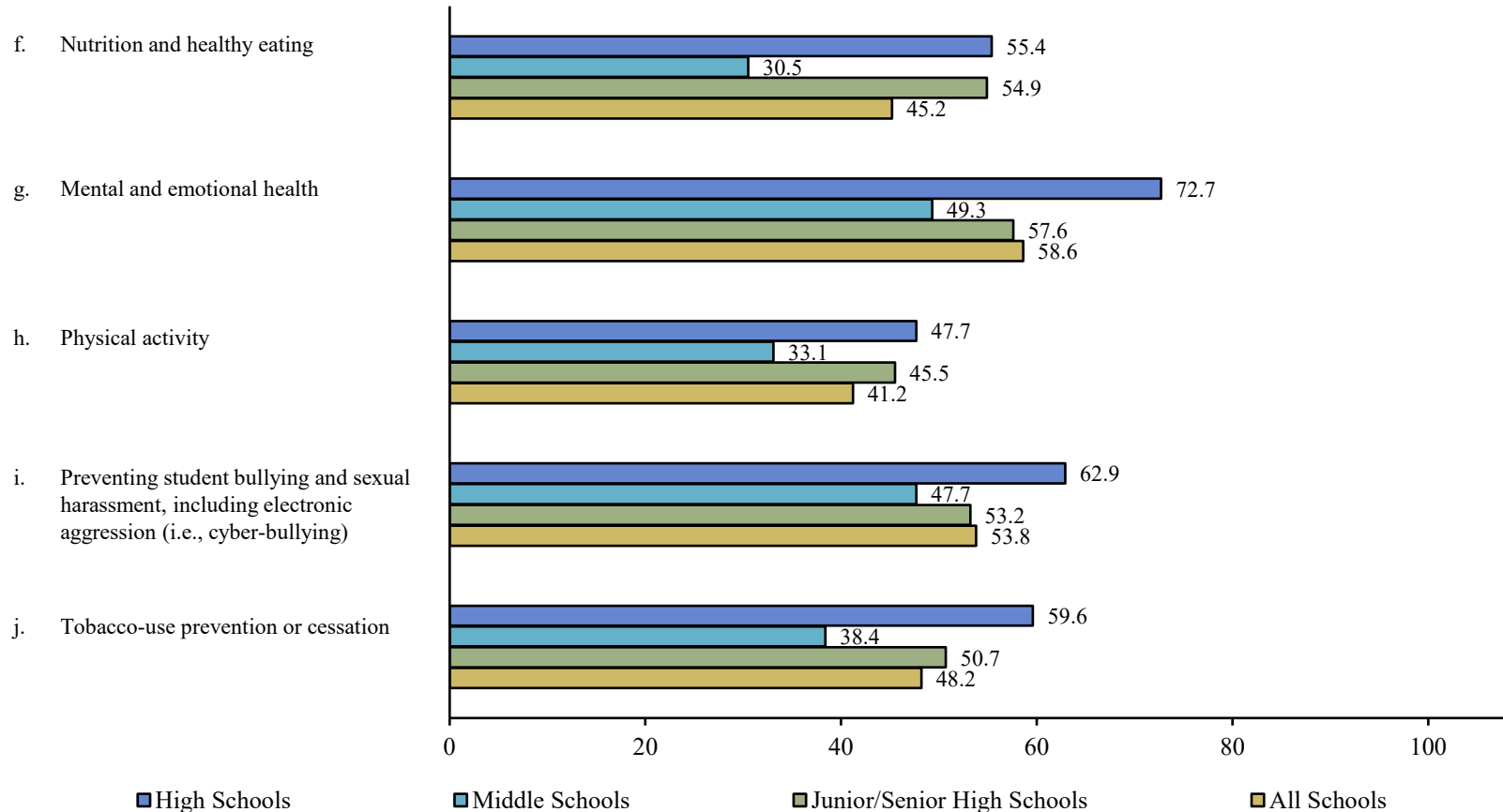
20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

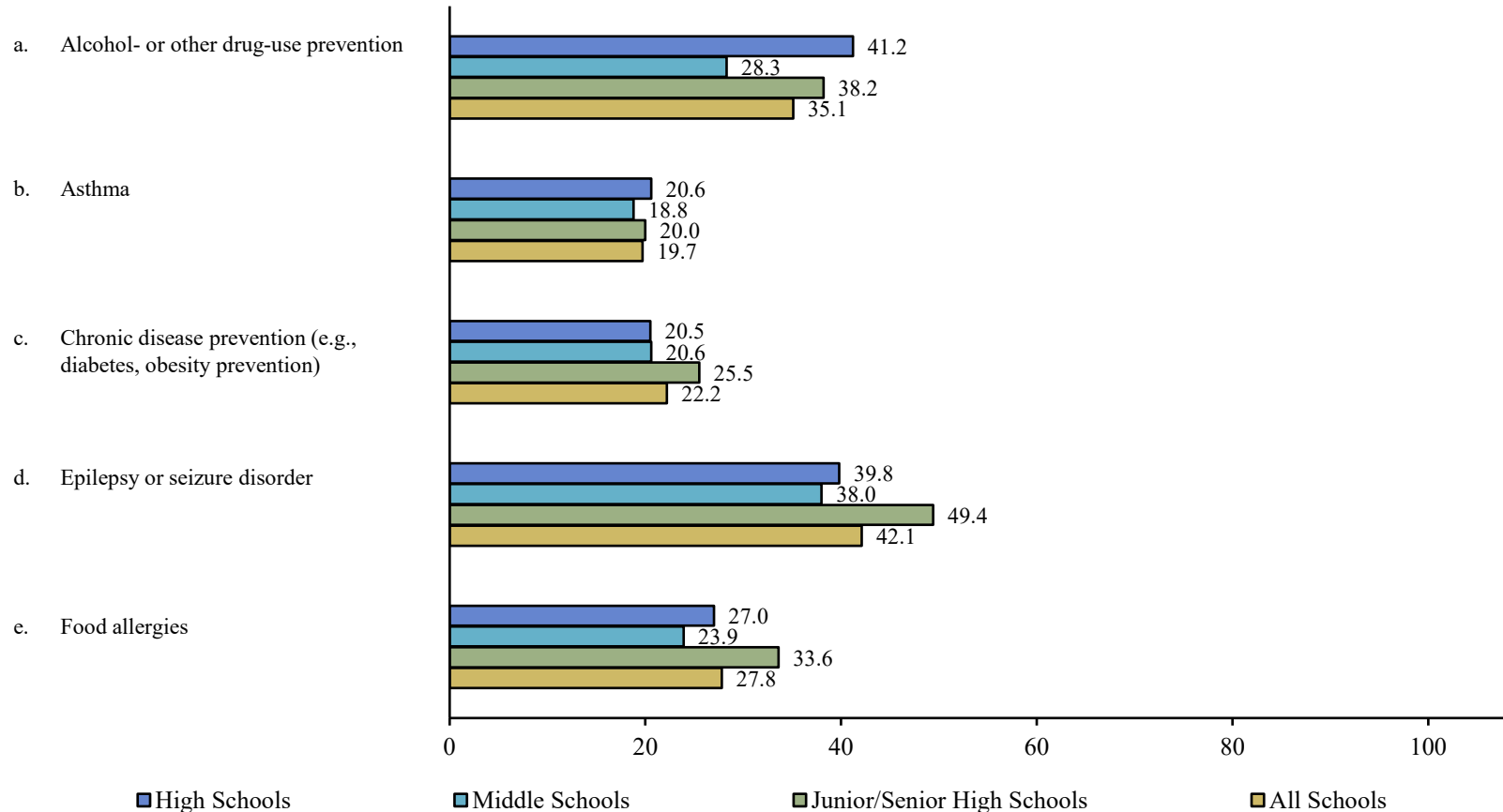
20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

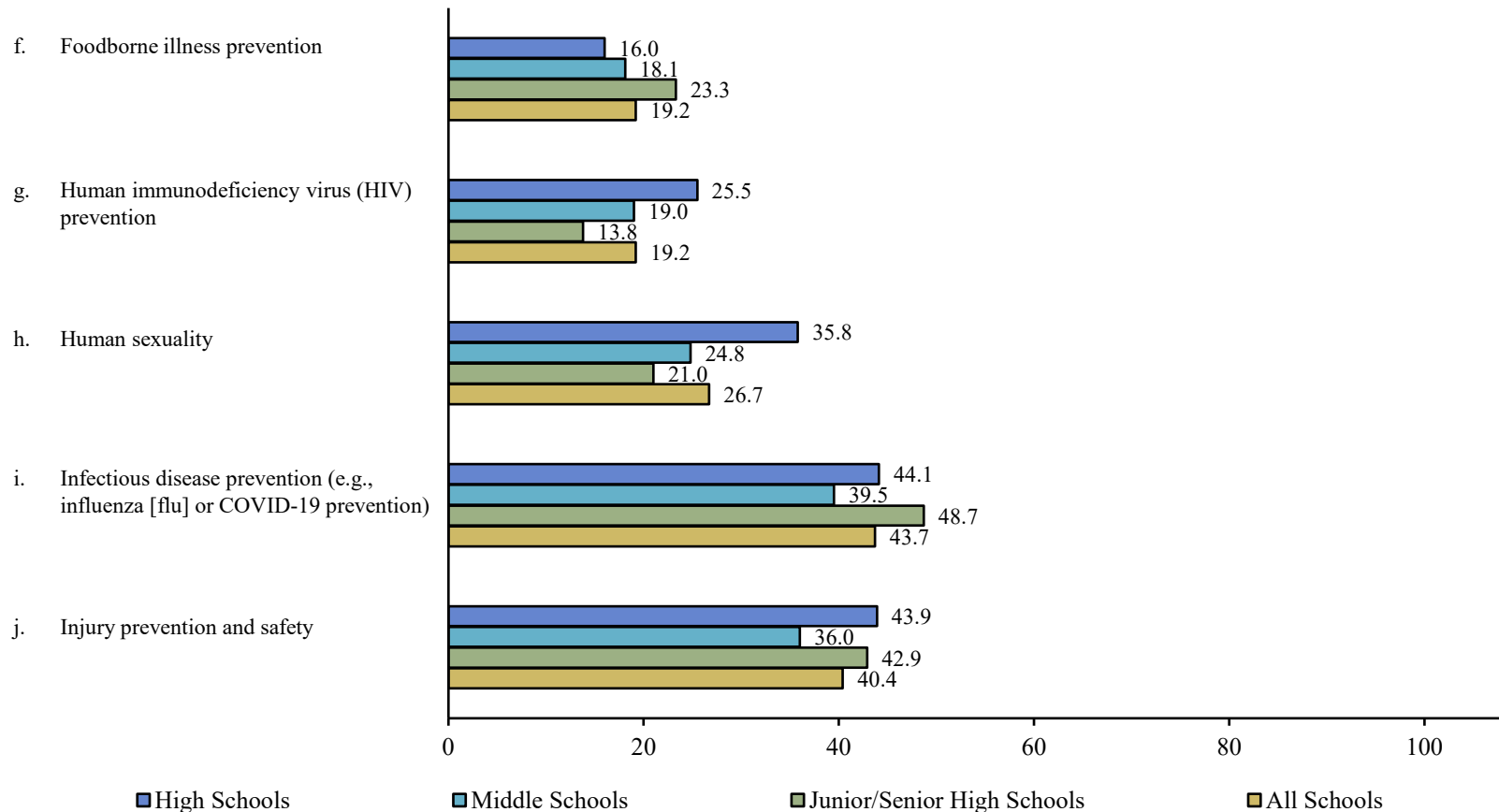
21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

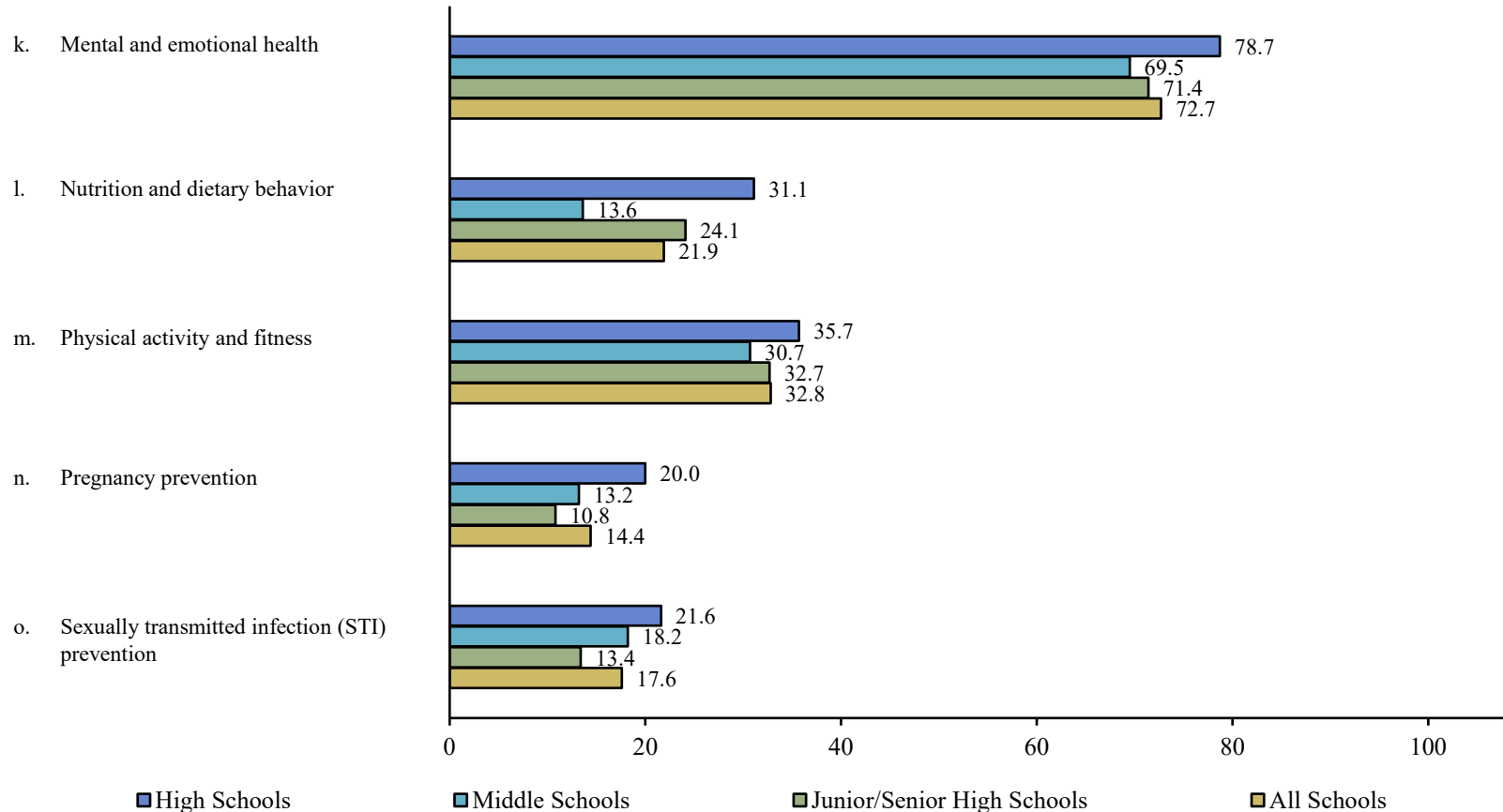
21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

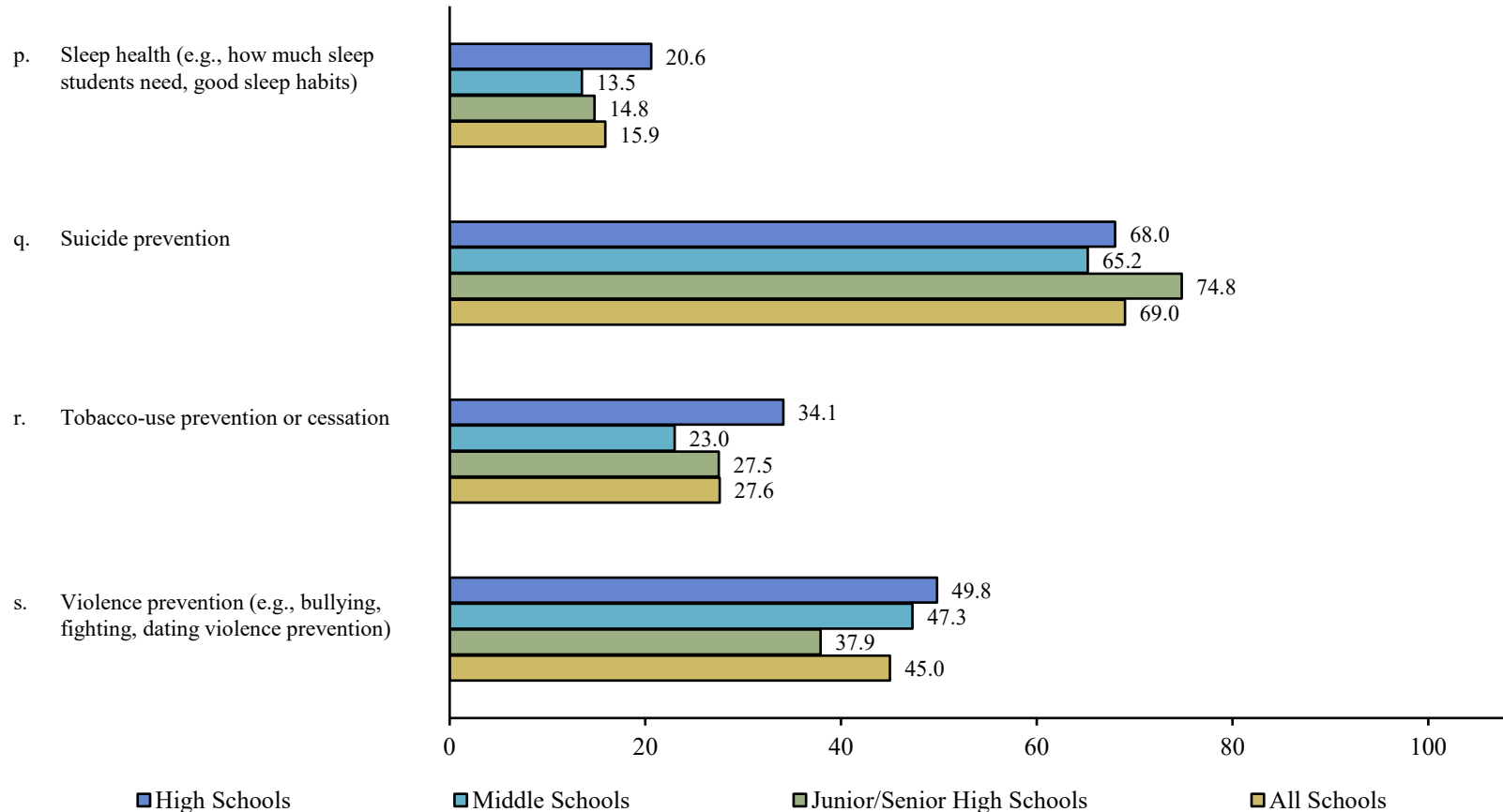




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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

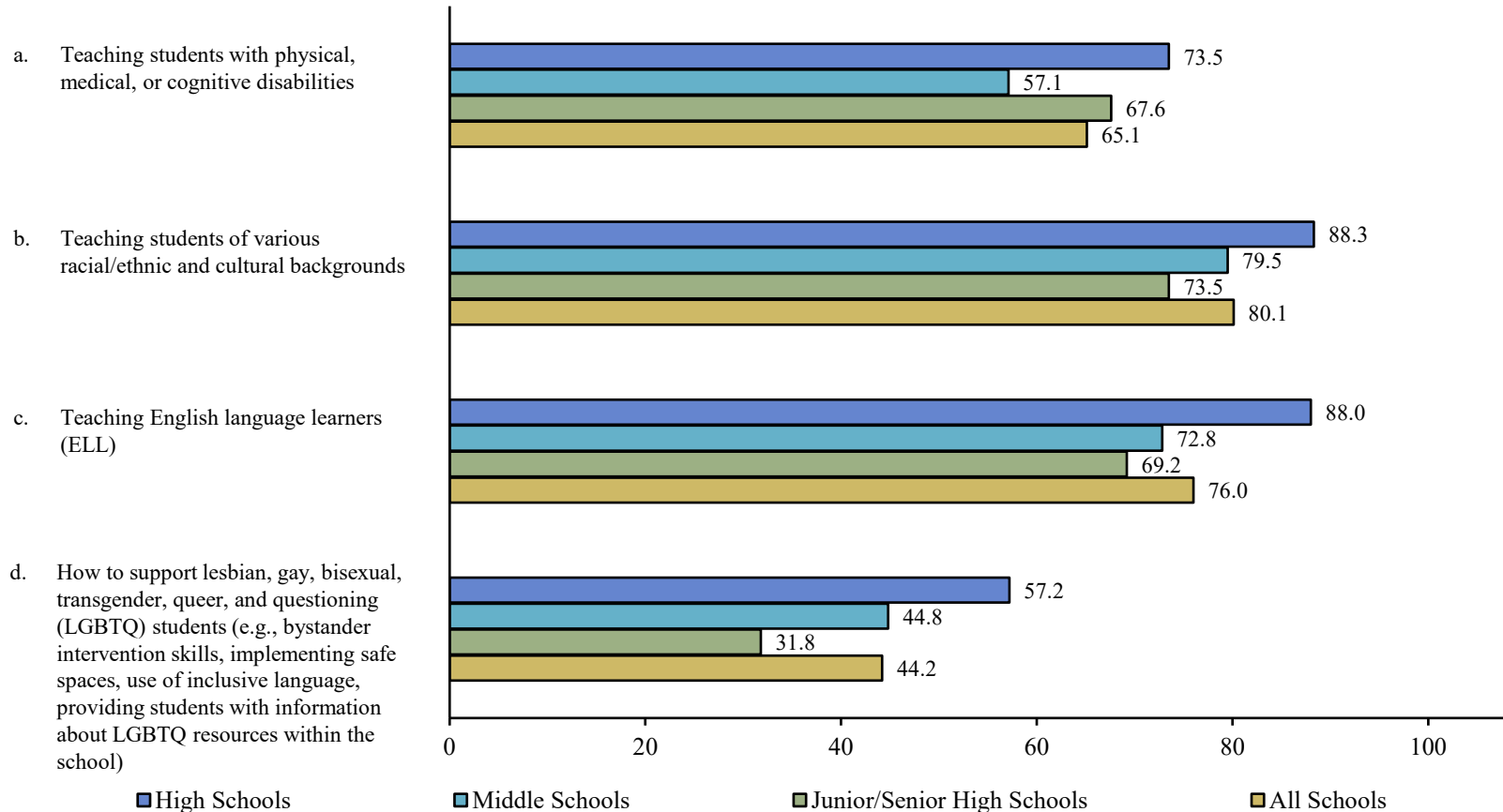
21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

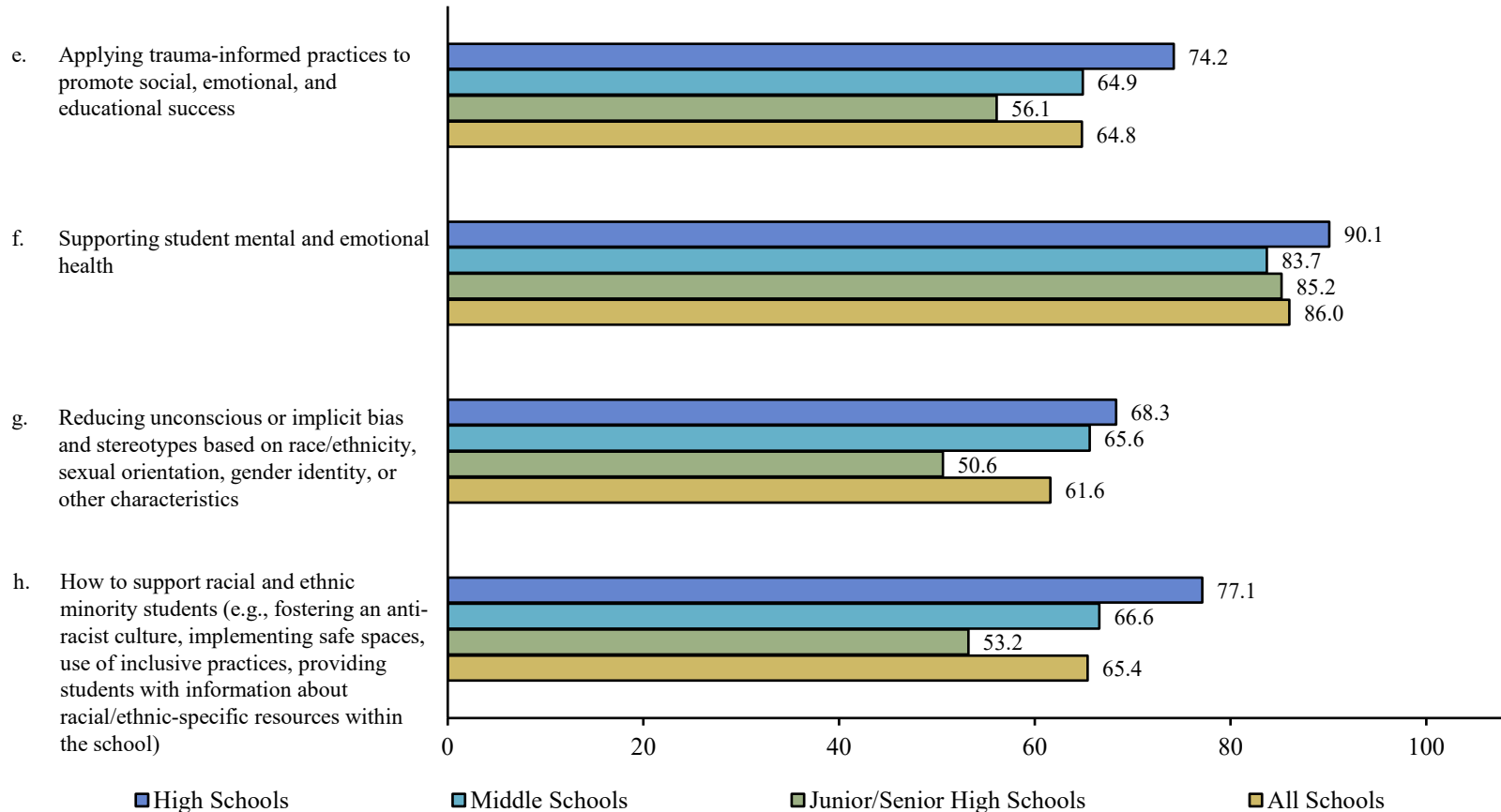
22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

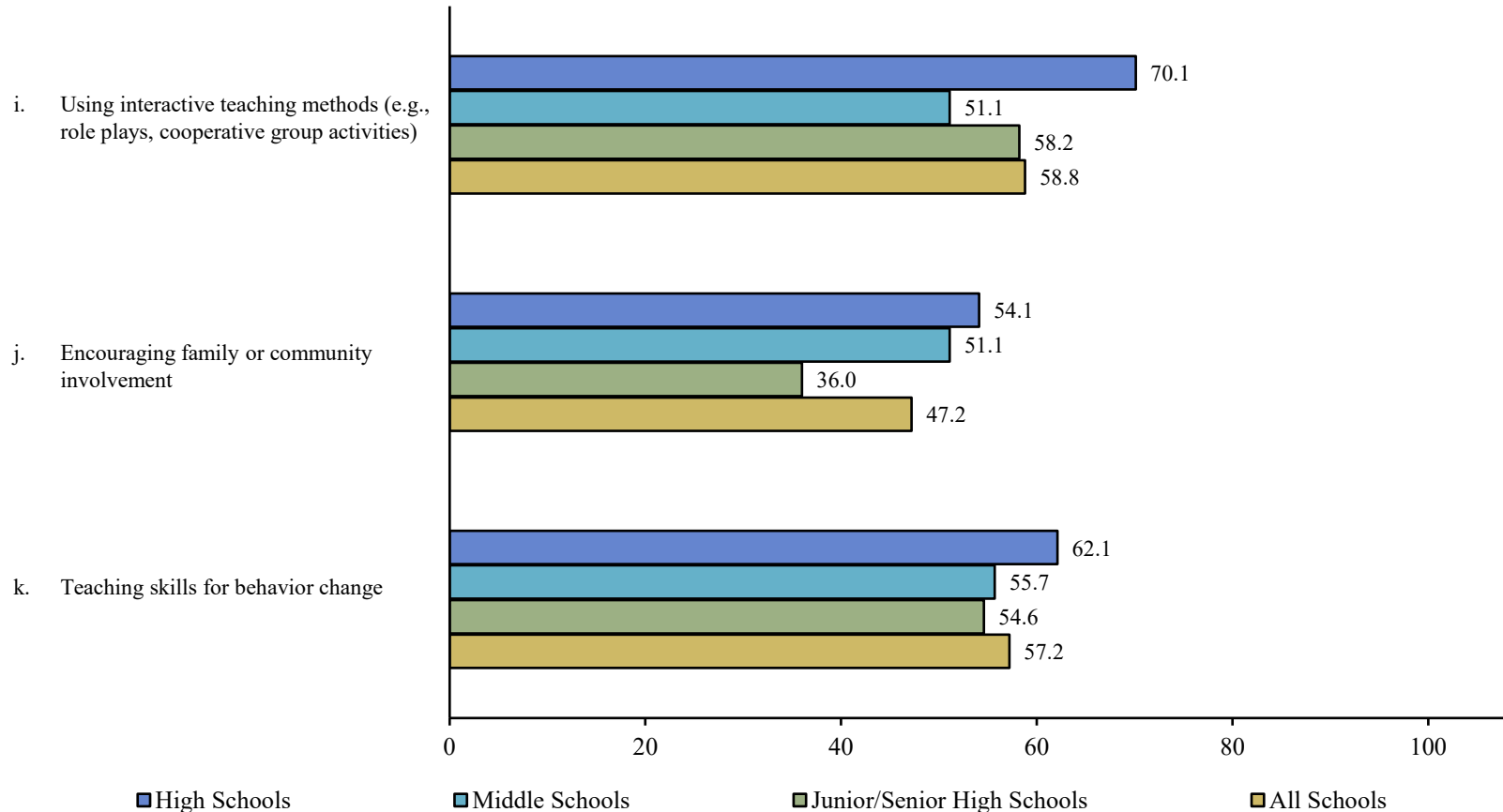
22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

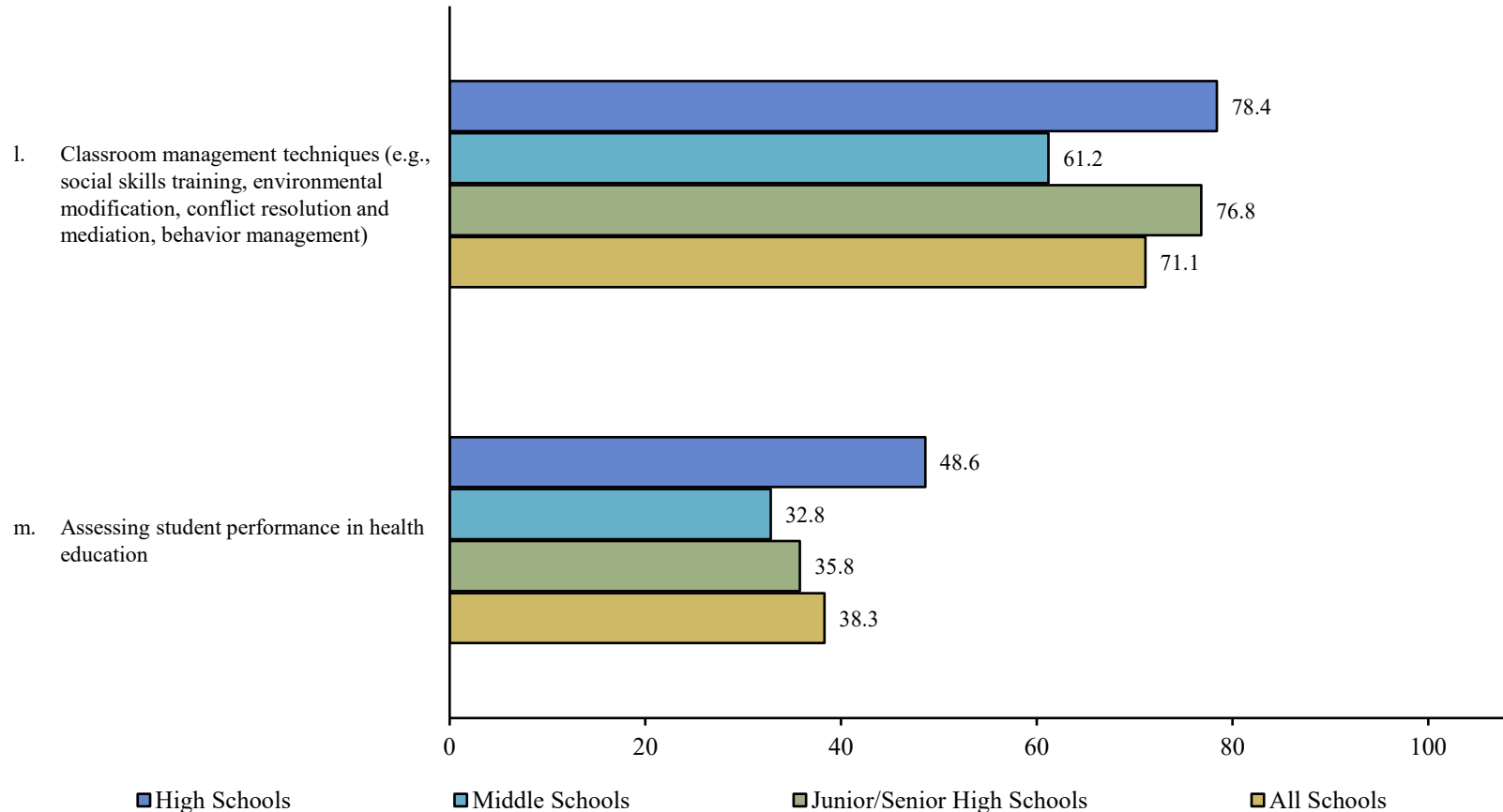
22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

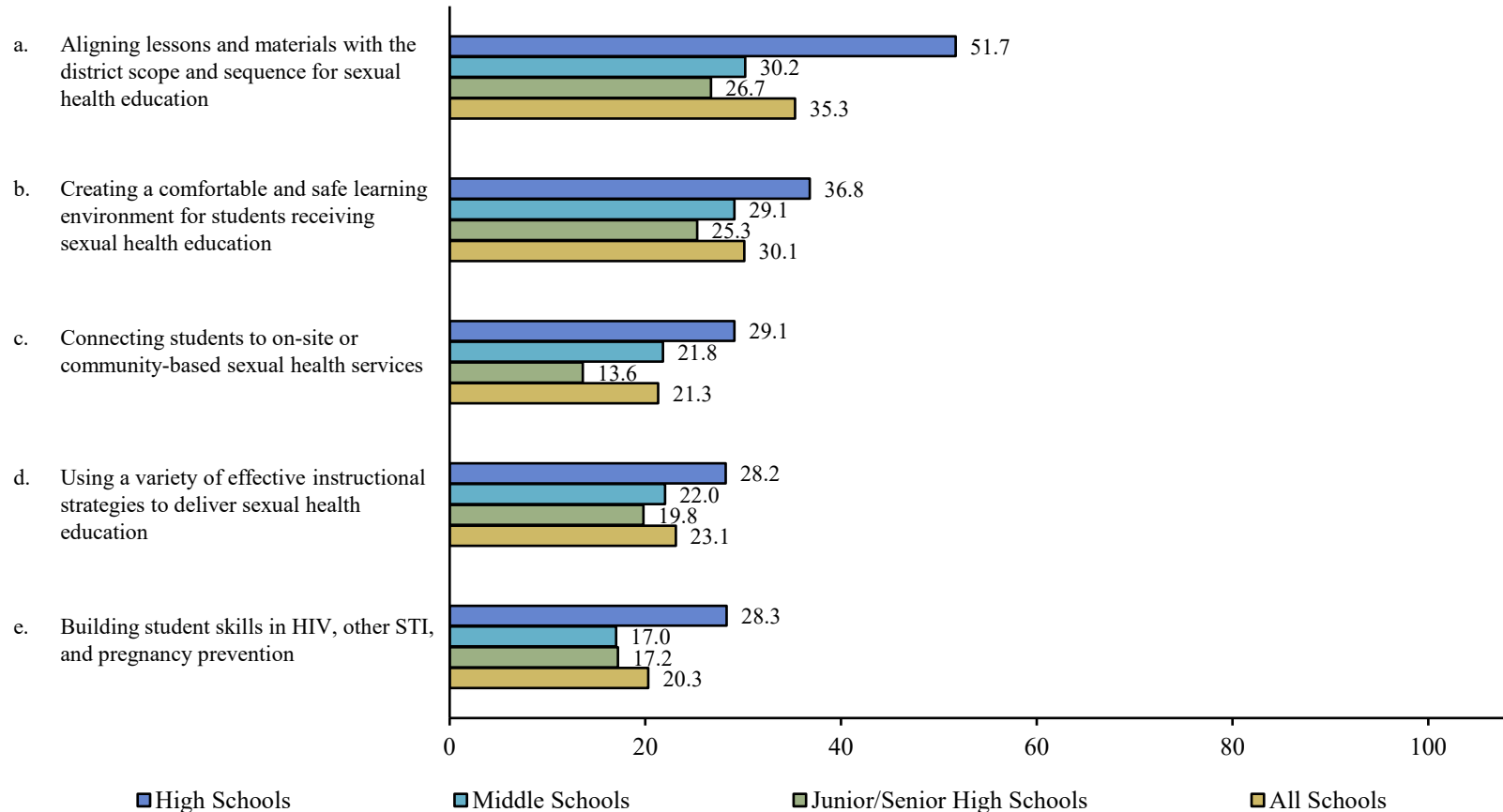
22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

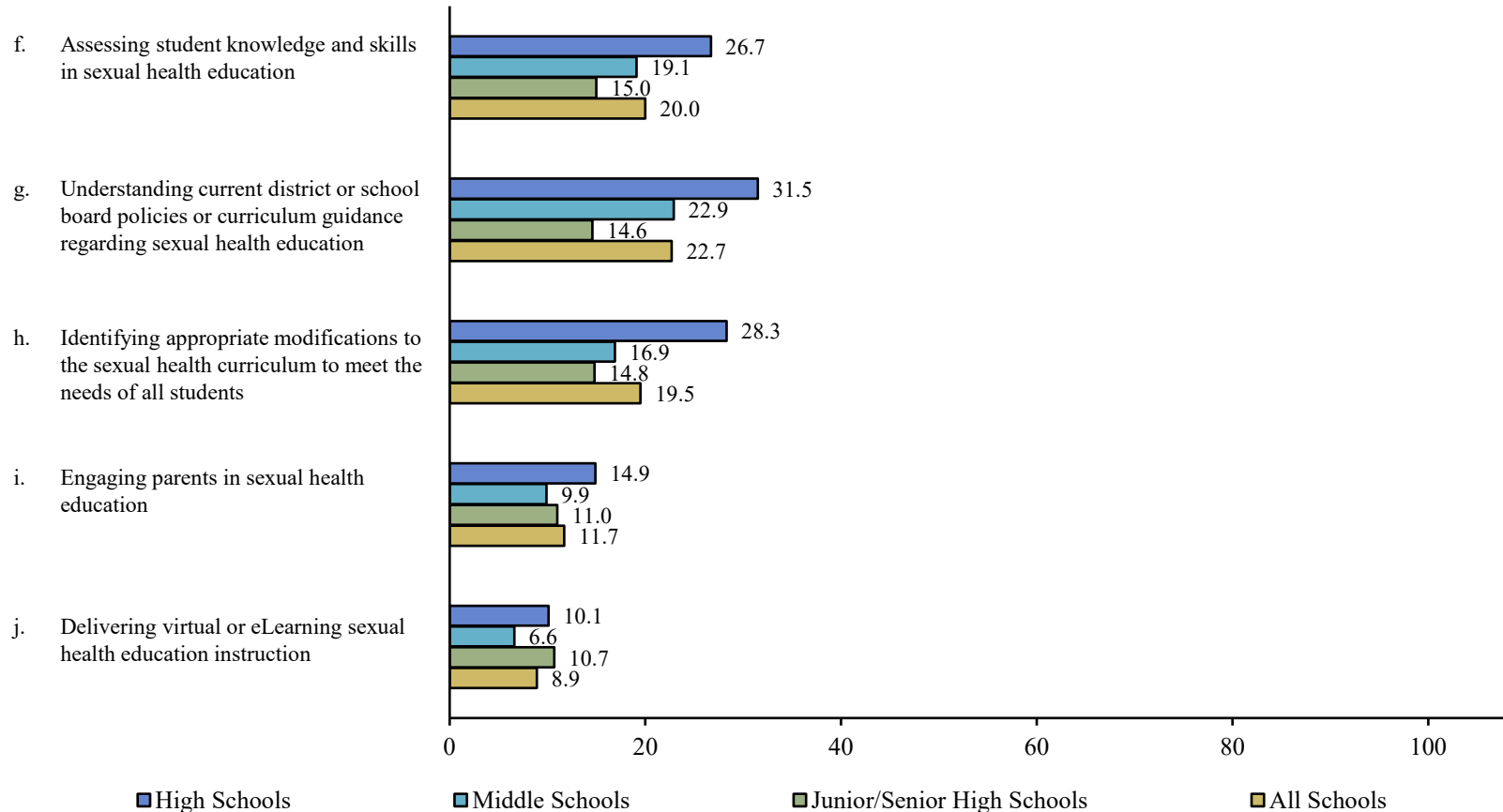
23. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

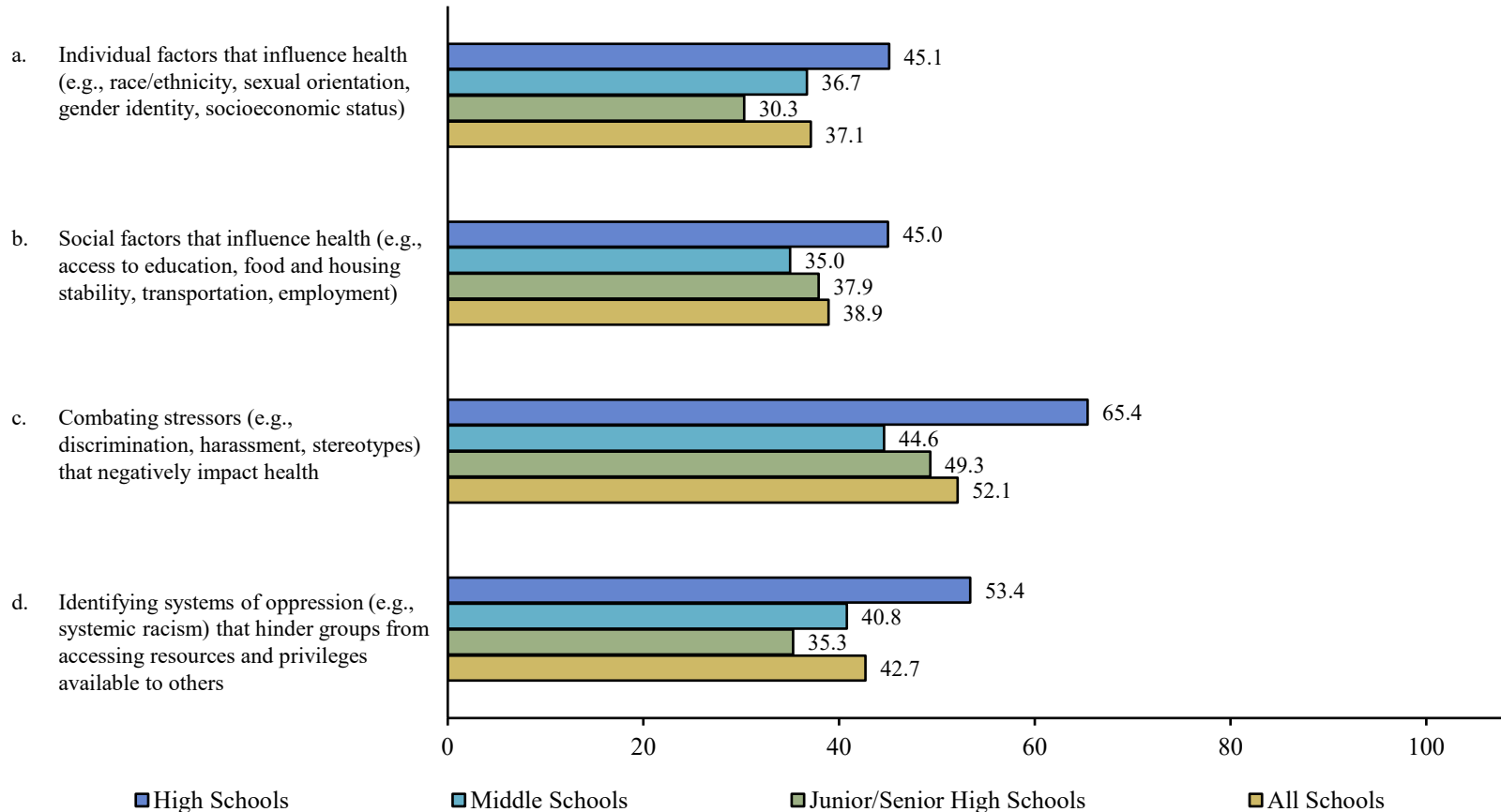
23. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the lead health education teacher received professional development on each of the following topics during the past two years.

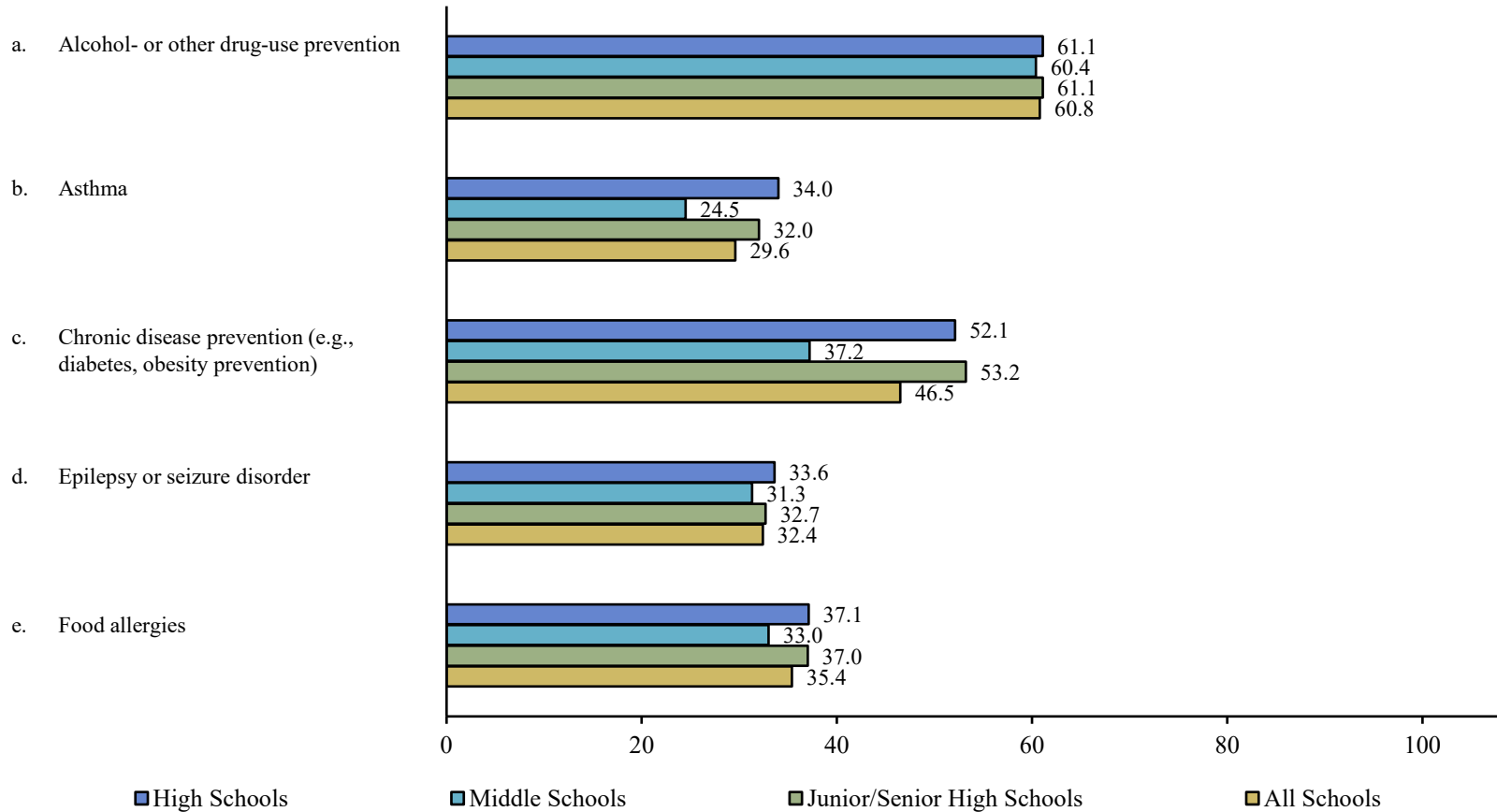




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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

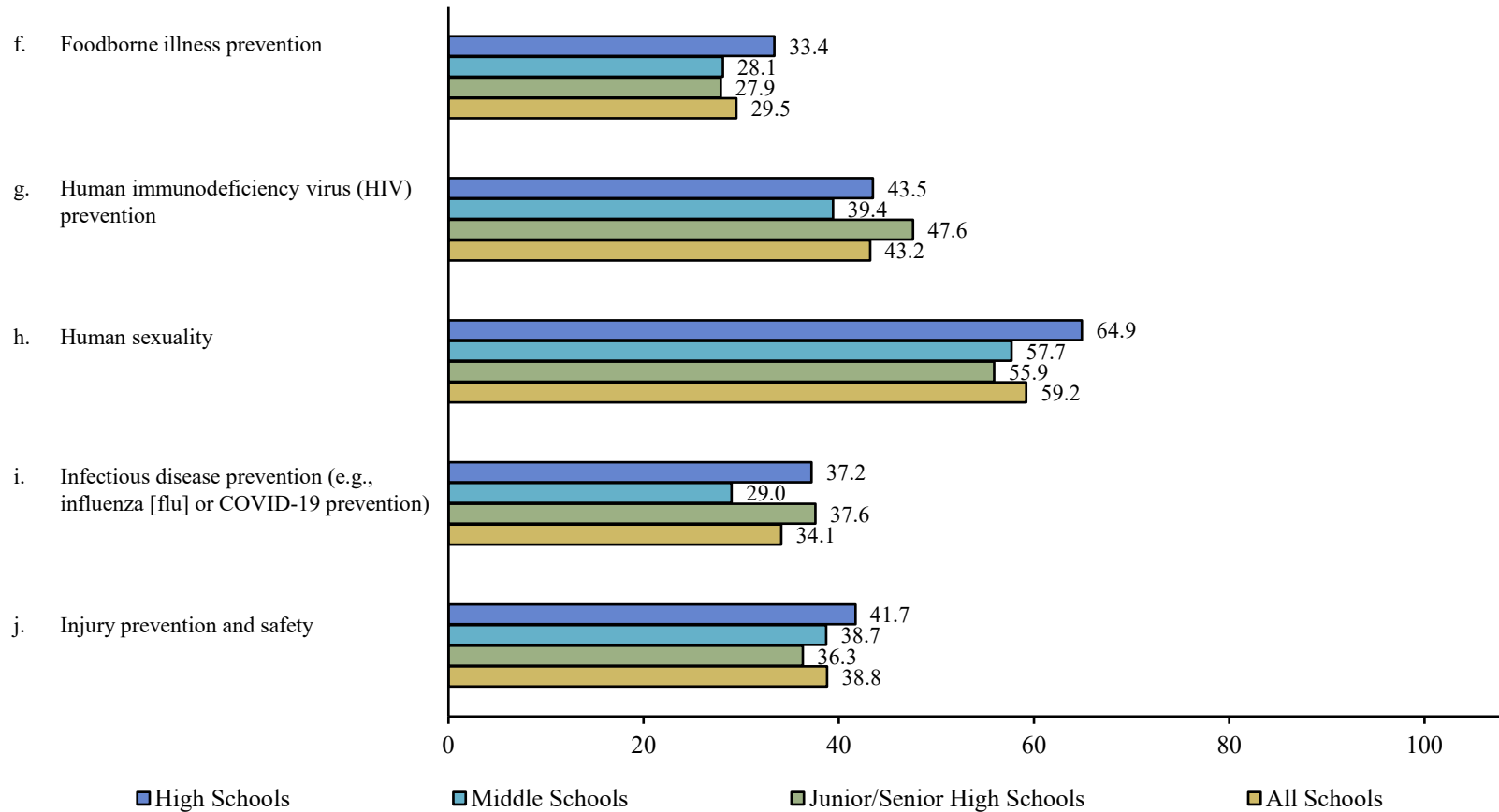
25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

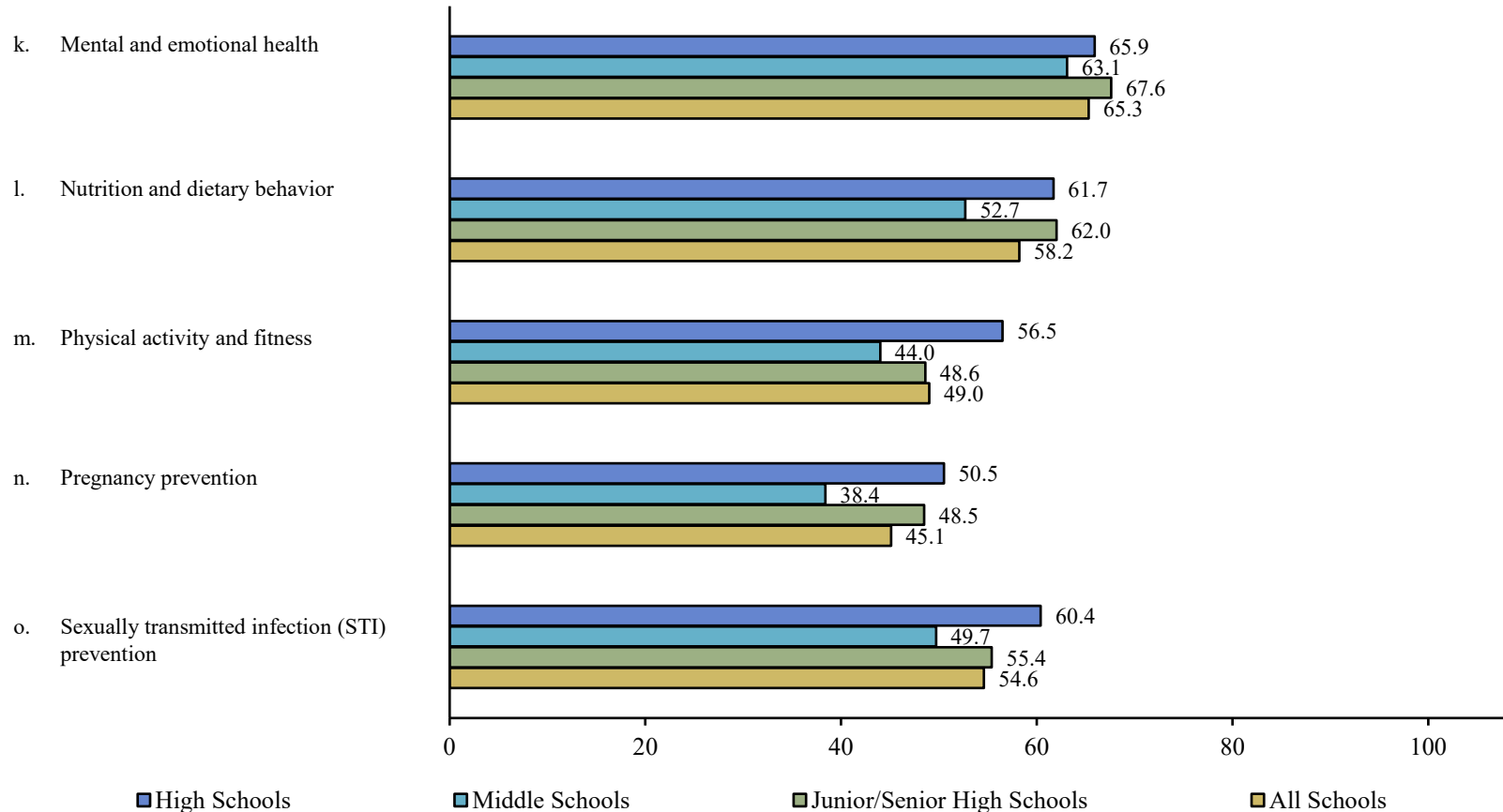
25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

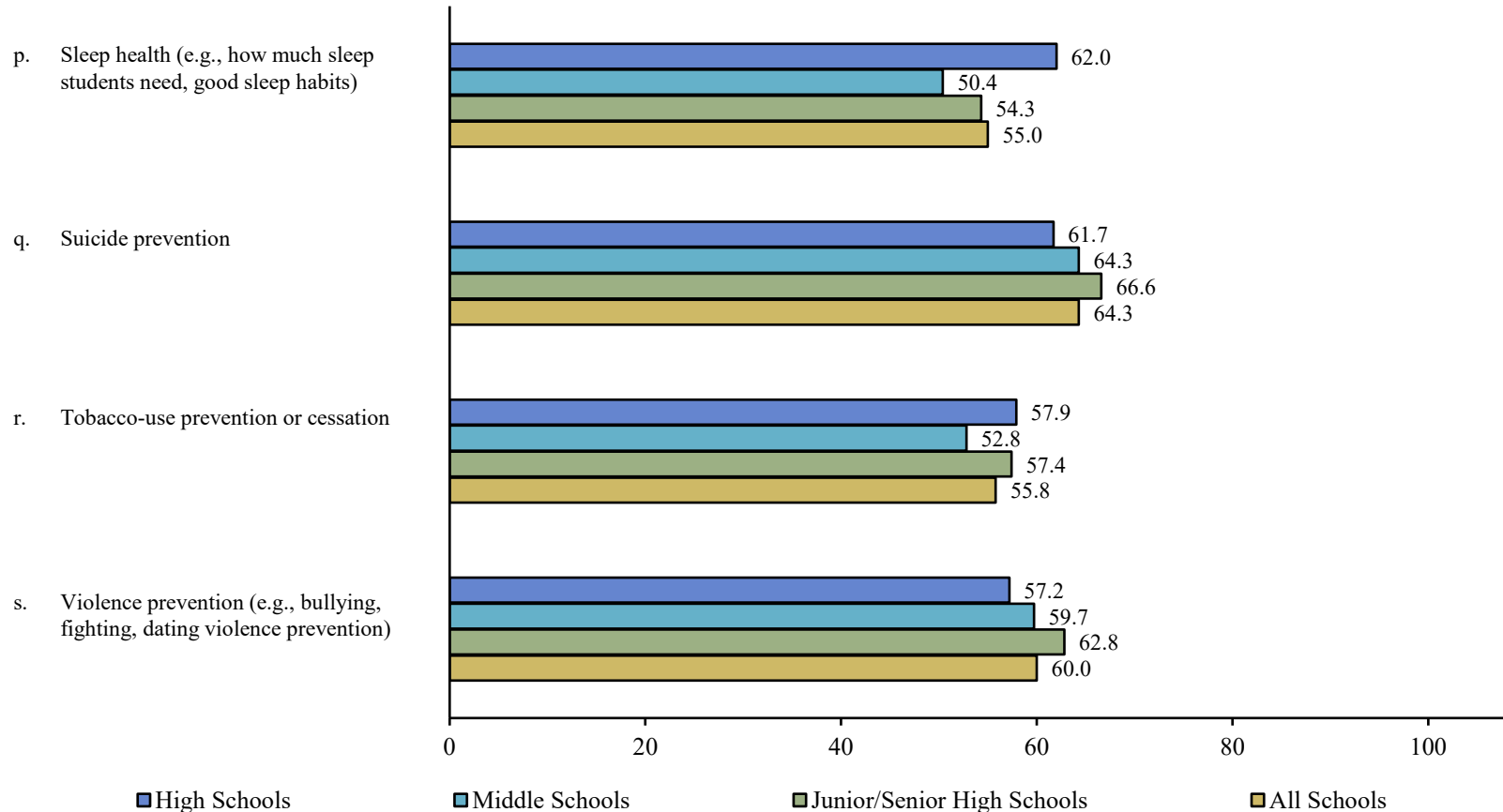
25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

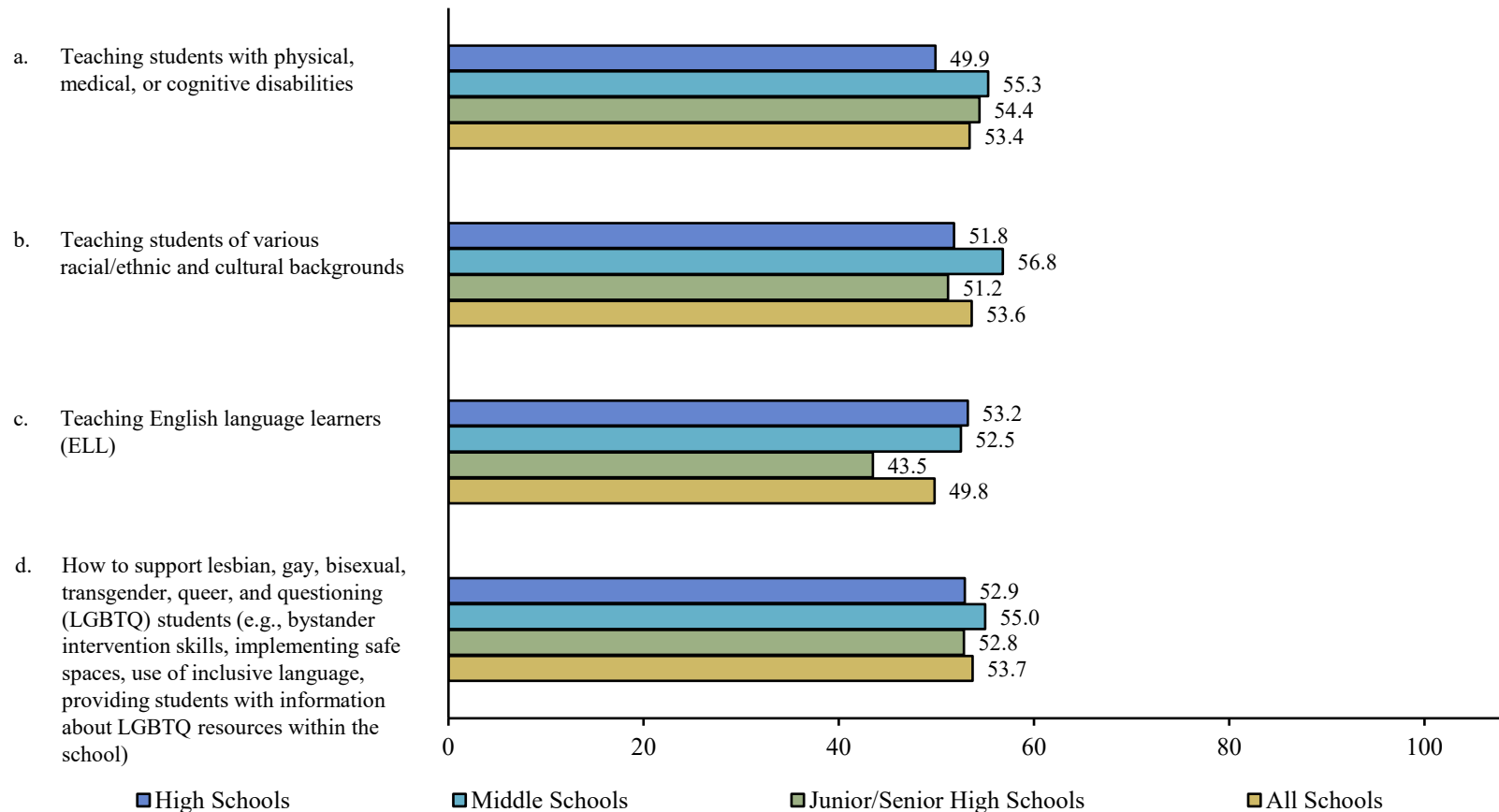
25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

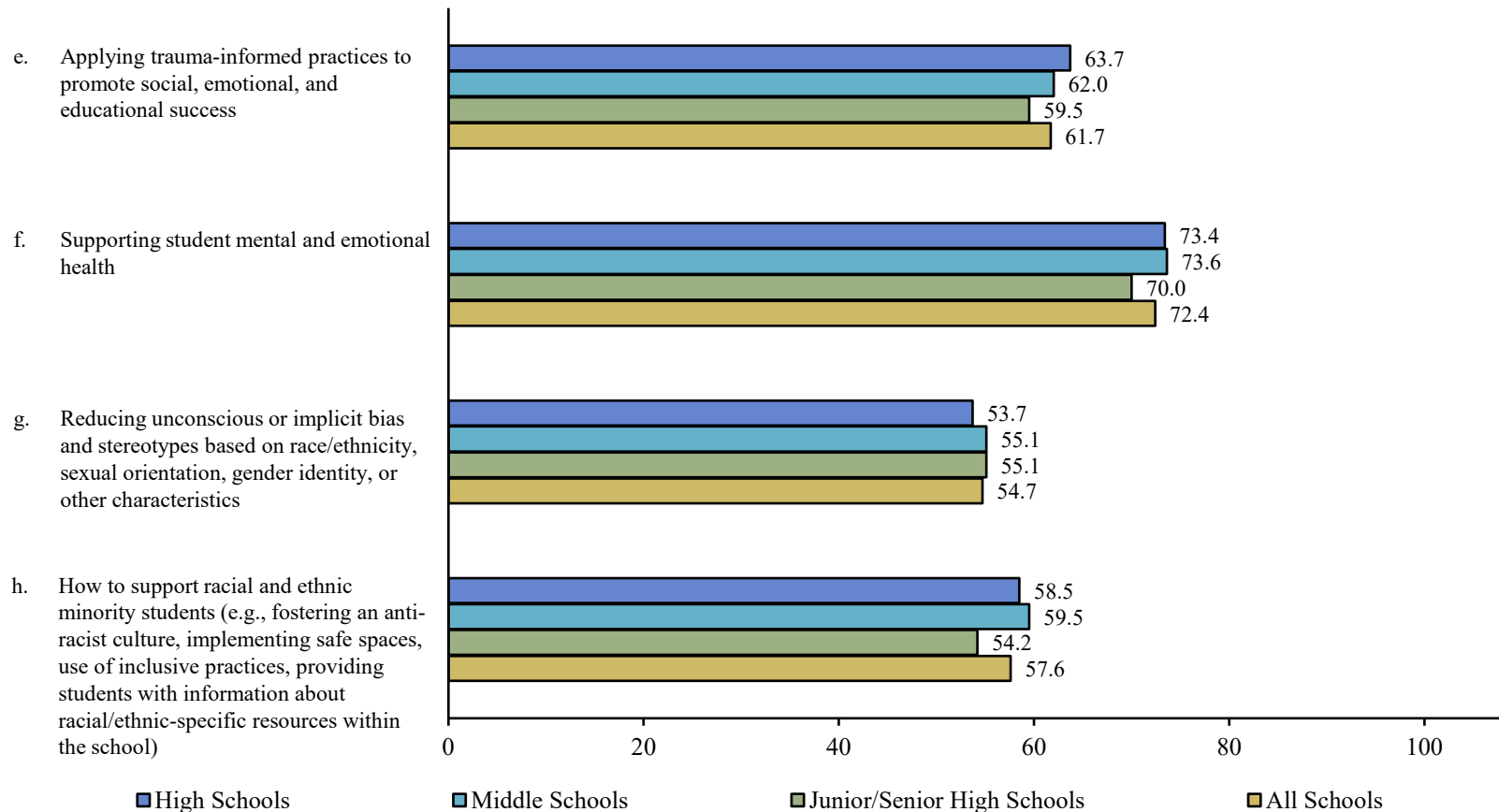
26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

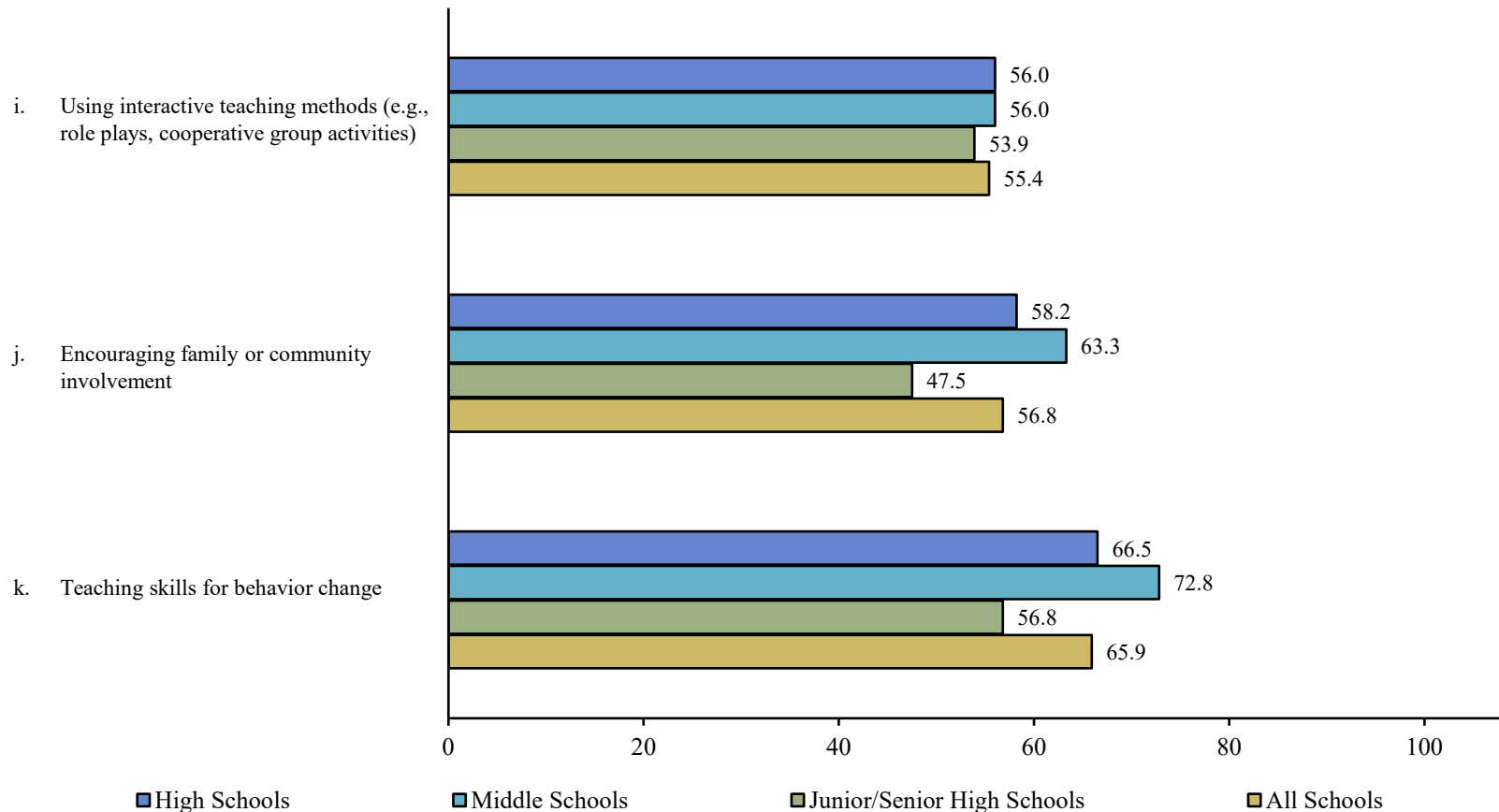
26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

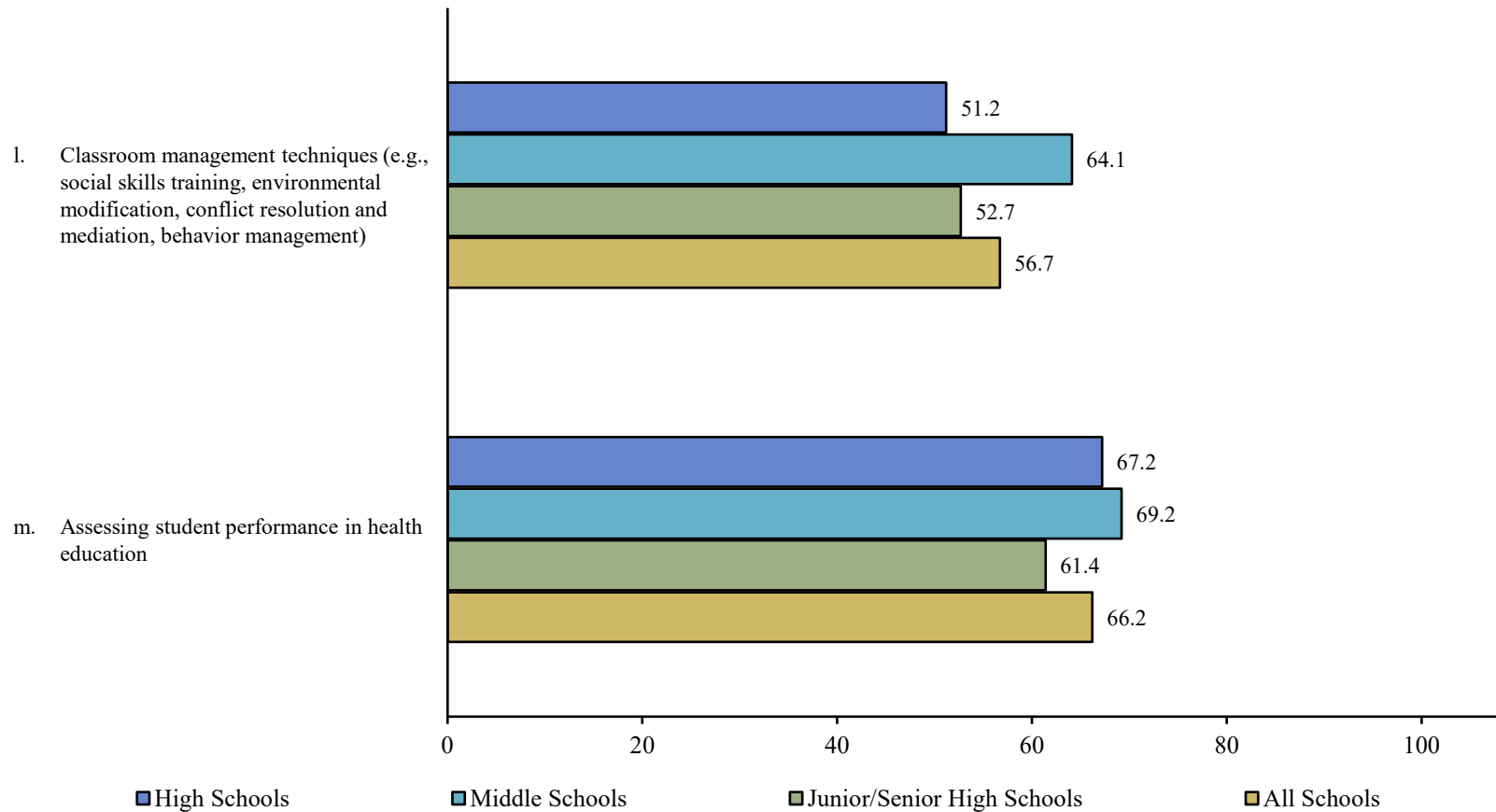
26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



## MINNESOTA

### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

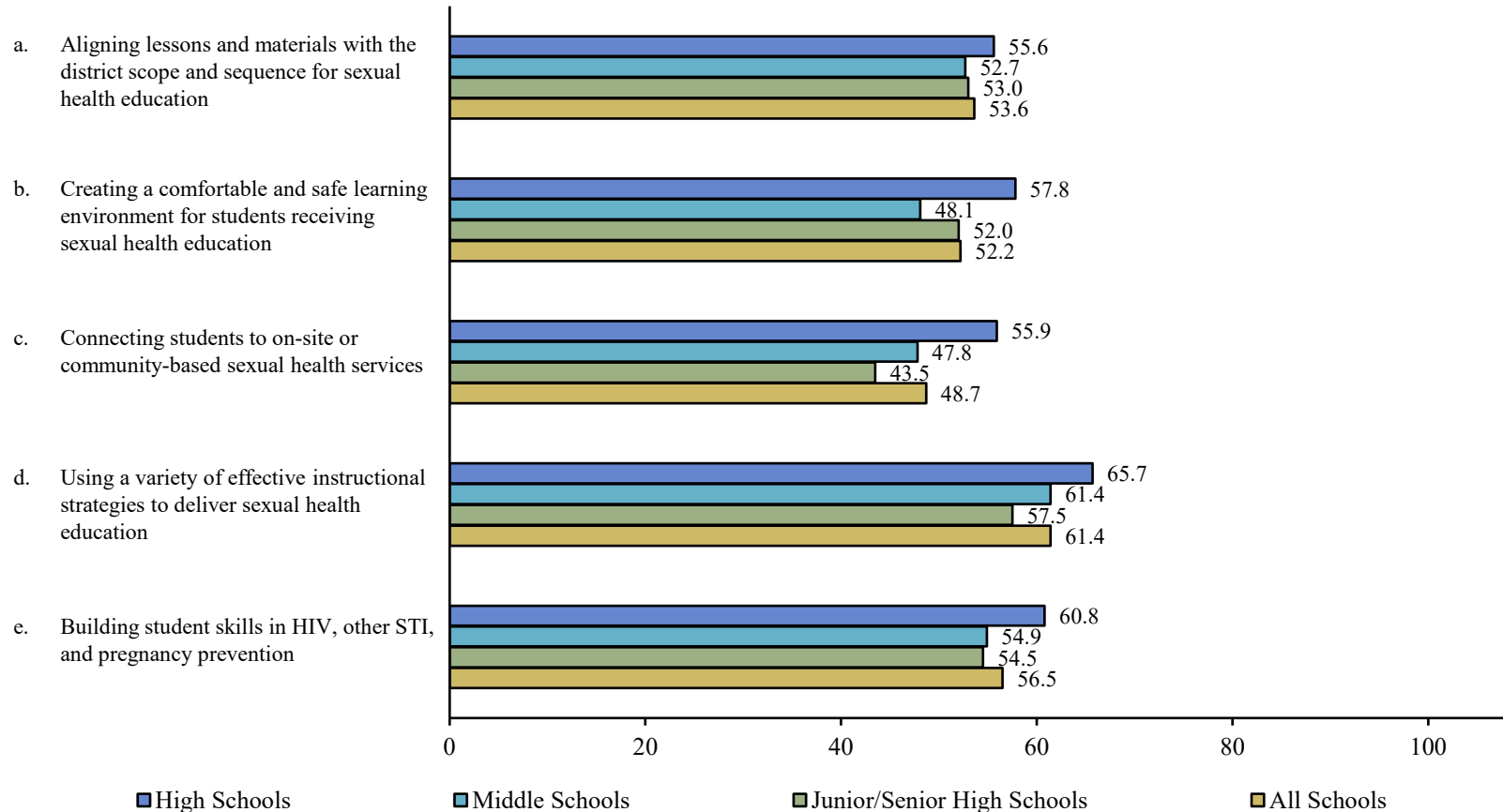




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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

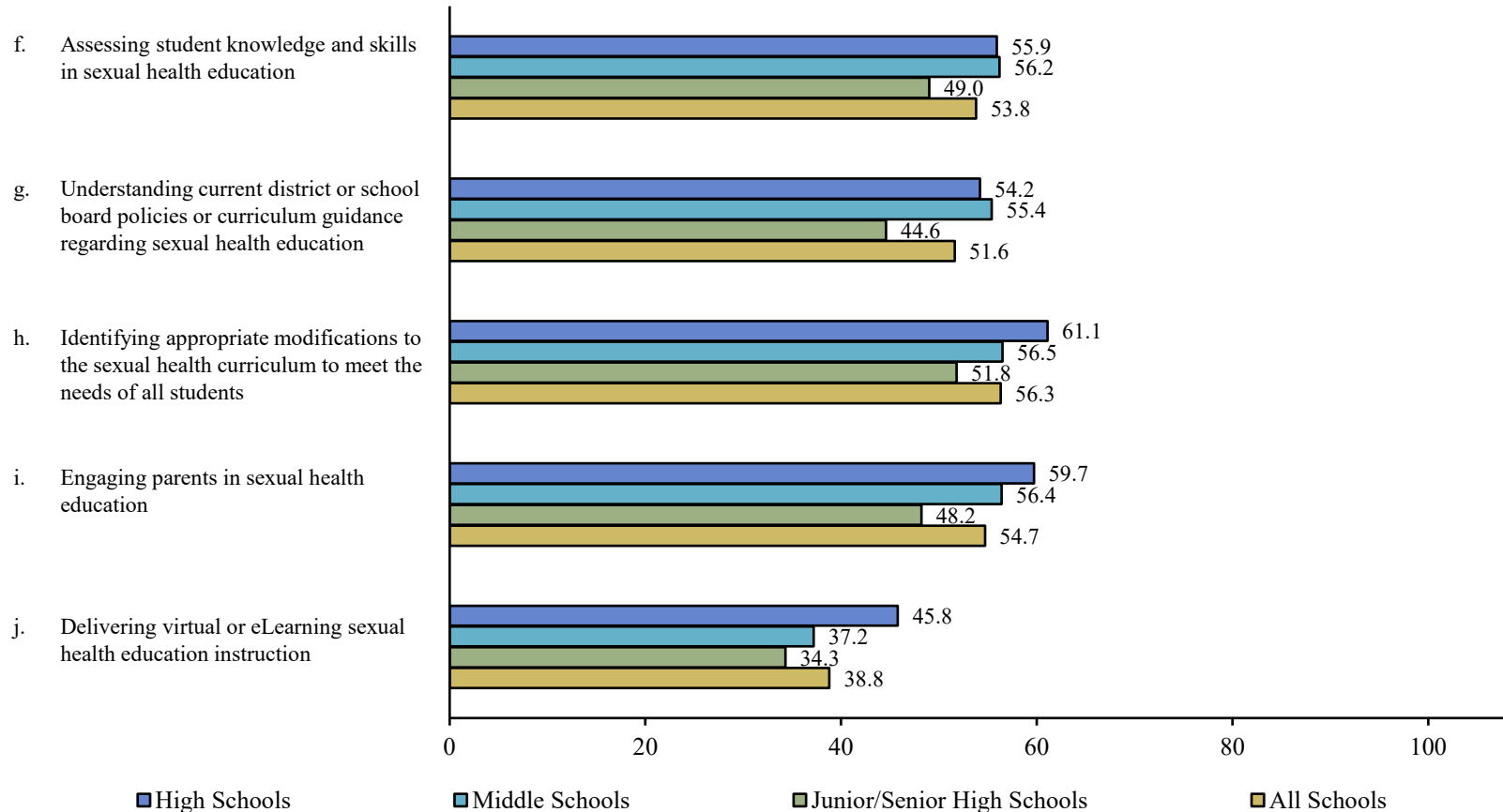
27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.



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### 2024 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

28. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

