

Community Health Worker Training Courses

MDH CHW INITIATIVES

Free online training courses for CHWs are available to advance knowledge on health promotion and chronic disease prevention. Courses build upon the CHW Certificate Program competencies.

Trainings can be accessed through the [MDH e-learning center \(www.health.state.mn.us/about/tools/learningcenter.html\)](http://www.health.state.mn.us/about/tools/learningcenter.html).

Register for a free account to get started.



Sign up for free
trainings

Free training modules



Arthritis Management for CHWs

This short course explores the role of community health workers in supporting patient arthritis management including understanding risk factors, management, treatment, and referral.



CHW Role in Diabetes Care

In this course, learn about diabetes and how community health workers can play a vital role in managing this serious chronic health condition.



Heart Health Conditions: Education for CHWs

A short 10-minute course for community health workers that reviews the risk factors for heart health conditions and what can be done to reduce a client's risk.



Stroke Care for CHWs

A short 10-minute course for community health workers that reviews the risk factors for stroke and what can be done to reduce a client's risk.



Helping Clients with Asthma – A CHW Approach

This module provides the basic physiology and signs and symptoms of asthma; describes medications, presents the correct use of inhalers and spacers/holding chambers, and how to identify asthma triggers.

Additional trainings coming soon!

- **The Role of CHWs in Oral Health:** This course provides a brief overview of oral health issues, the CHW scope of practice in oral health, and resources for oral health promotion.
- **Brushing for Two:** This course provides an overview of dental conditions and oral health care during pregnancy and for infants and toddlers. The course also covers the CHW role for promoting oral health and providing resources.
- **Dementia Training for CHWs:** This five-part course provides an overview of Alzheimer's and dementia, risk reduction, dementia detection, living with dementia and caregiver support.
- **CHW's Role in High Blood Pressure Management:** This two-module course explains what high blood pressure is, why it's important, and how to support people in checking their blood pressure at home.

How to get started

1. Register for a free account in the [MDH Learning Center \(health.state.mn.us/about/tools/learningcenter.html\)](https://health.state.mn.us/about/tools/learningcenter.html).
2. Use the QR codes or search for the course title in the search bar at the top right of the portal.
3. Enroll in the course and complete it at your own pace.
4. Upon completion of each course, you will be asked to complete a course evaluation survey.
5. Once the survey is completed you will receive a certificate of completion.

Contact us

For more information, visit [MDH CHW Initiatives \(https://health.mn.gov/chw\)](https://health.mn.gov/chw).

For questions contact: health.chw.MDH@state.mn.us.

09/18/2025